

**Glen Ellyn Park District
Ackerman Sports and Fitness Center Advisory Committee Meeting
Minutes
Ackerman Sports and Fitness Center
June 14, 2017
6:30 p.m.**

Call to Order

The meeting was called to order at 6:34pm

Roll Call

Members present were Co-chairman Alex Durham, John Nevins, Jim Cantone Jr., Adam Smith, Marion Michel and Beth Lily.

Staff present were Executive Director Dave Harris, Superintendent of Recreation Kathleen Esposito, and Facility Manager Jenny Clark.

Facility Manager Clark introduced new Board Liaisons, Alex Durham and Ben Stortz who had a prior commitment and was unable to attend, along with new Committee Members, John Nevins, Marion Michel, Adam Smith and Jim Cantone Jr.

Approve Minutes

John Nevins moved, seconded by Alex Durham to approve the Minutes from the November 10, 2016 Ackerman SFC Advisory Committee meeting.

Roll Call: Aye: Co-chairman Alex Durham, John Nevins, John Cantone Jr., Adam Smith, Marion Michel, Beth Lily

Nay: None

Motion Carried

2016 Highlights and Review

Facility Manager Clark provided a brief overview of 2016 budget, fitness memberships, group fitness, climbing wall, rentals and Fit N Play.

Several follow up suggestions and inquiries were raised. Member Michel inquired about an additional group fitness studio. Member Lily brought up the idea of putting a temporary wood floor d over the turf to hold classes during the day. Director Harris brought up the idea of holding classes in the gymnasium. Manager Clark explained that to date classes while some are near capacity have been able to accommodate most patrons and has rarely turned members away. However, as membership grows and group exercise interest continues to increase and evolving, efforts to review alternative options including the suggestions above will be made.

The goals and objectives completed in 2016, including, regular open gym hours, HGA lease, fitness equipment additions, upgraded water fountains, fitness center enhancements (lockers and cubbies), new furniture and parking lot enhancements were presented by Manager Clark.

Director Harris discussed the IGIG grant that was awarded by the State of Illinois but was since placed on hold for the parking lot. While initially advised to wait for the release of the funds, as there continues to be no agreement on a state budget for a third consecutive year, we have since been advised that the likelihood of the grant being released is very minimal. With that scenario, the District has tentatively determined that the lot should be improved in the summer of 2018 most likely as an asphalt lot.

Member Catone inquired if a new parking lot would be increased in size/capacity in either scenario. Director Harris reported it would not increase the parking lot, that increasing the lot would require a variance process with the Village. Member Smith inquired if it would be a similar process to what is happening on St. Charles Road. Director Harris explained he was not sure what the process would be at this time but would certainly follow up once determined

2017 Proposed Goals and Objectives

The 2017 proposed goals and objectives including developing a referral program, monthly membership retention and quarterly acquisition program, expanding personal trainers and group fitness instructors, LED lights in turf and gym, enhanced IT infrastructure and Advisory Committee member recruitment were reviewed. A brief look at 2018 goals and objectives would include replacing the carpet in the fitness center and turf area, as well as esthetic upgrades for the décor.

Member Lily inquired about the history being placed around the facility. Superintendent Esposito explained that following input from a previous advisory meeting, a portrait of Alonzo Ackerman was placed near the front desk. Additional research has been conducted regarding visual improvements to the stark interior of the facility and staff hopes to implement some of those ideas in the near future depending on available funding.

Upcoming Special Events

The following special events are coming up for Ackerman SFC, Freedom Four Run, 50% off drop in fitness member fees, July Patriotic Month, Senior Appreciation Week (8/7-8/11) and Tween Night (8/23).

Additional Comments/Questions

Member Lily inquired about a possible two months or two-week special for college students when they are home. Member Catone added he would agree with shorter memberships, that college students are trying to get as much as they can out of their payment.

Catone stated he would like to see more open gym time, possibly making one court for members only. Manager Clark explained that the facility did implement three time slots for open gym that

are available every week for members to provide a minimal yet consistent schedule during the peak season.

Lily inquired about GBW and GBS using the courts at Ackerman. Director Harris explained that the Glenbard high schools are challenged for gym availability and through an intergovernmental agreement, the Park district provides certain use of our facilities while the Park District in turn receives use of the high school facilities.

Catone reported that some of the lockers in the locker room are broken as they need a plastic piece to be replaced and without the plastic piece the lockers are not locking properly. Facility Manager will look into the matter.

Catone expressed his appreciation for the efforts regarding the fitness center. He did request the barbells get replaced and a possible platform added. Manager Clark reported we have been replacing them one at a time when needed and will research a platform. Smith also thought a platform would be a good addition. Lily cautioned us on purchasing a wood platform as it could crack from weights being dropped on it. Manager Clark will research.

Smith inquired if the District ever considered adding an indoor pool. Director Harris explained that a recent referendum to build an indoor pool at ASFC did not pass back in 2014.

Members Catone and Smith requested that the dumbbells be tightened. Member Smith also requested a curl bar attachment, this piece will be ordered.

Catone and Smith also asked in the future when replacing the racks to purchase one with more adjustments. They stated the racks currently in place are not bad but there are new racks out there with better adjustments. Manager Clark will take adjustments into account when purchasing new racks in the future.

Michel requested the vents on the track and around the treadmills get dusted more often. Manager Clark explained we were implementing more after hour cleaning and deep cleaning sessions every six months.

Catone expressed his appreciation for when the gym floors are r refinished. Manager Clark stated that the gym floors are refinished every two years and would be completed this year at the end of August.

Member Nevins inquired if staff is trained on how to use the AED's in the facility. Manager Clark informed him that everyone on staff goes through CPR and AED training.

Michel reports the temperatures in the facility has been good.

Smith inquired if a 40-yard dash measurement could be put in the turf area. Manager Clark likes the idea and will research the possibility of this addition.

Nevins inquired about how our personal trainers are paid. Manager Clark explained that personal trainers were paid per session at an hourly rate based on their experience.

Adjourn

Marion Michel motioned, seconded by Beth Lily, to adjourn the meeting at 7:43 p.m.

Roll Call: Aye: Co-chairman Alex Durham, John Nevins, John Cantone Jr., Adam Smith, Marion Michel, Beth Lily

Nay: None

Motion Carried