

**Glen Ellyn Park District
Ackerman Sports and Fitness Center Advisory Committee Meeting Minutes
Spring Avenue Recreation Center
October 11, 2022, at 6:00 p.m.**

I. Call to Order

The meeting was called to order at 6:00pm.

II. Advisory Committee Introductions and Roll Call

ASFC Members Present: John Nevins, CJ Powers, Marion Michel, Gina Walch, Sim Kurup, Katie Brown

GEPD Commissioners Present: Commissioner Rob Weber and Commissioner Ben Stortz

GEPD Staff Present: Executive Director Dave Harris, Superintendent of Facilities Stacey Lim, Facility Manager Brad Thomas

III. 2022 Referendum Outcome and Update

Executive Director Harris provided information on the upcoming referendum as the referendum was successful in passing through 63% to 37%. Park District staff and the Board of Commissioners have begun preliminary planning and development of this large-scale project. Ackerman Sports and Fitness Center improvements will begin in 2023 with the expected completion of the project in 2025.

Executive Director Harris also highlighted other Park District projects to be included in the referendum:

- Rebuilding the Johnson Center (parks maintenance location)
- Collaborate with the Village of Glen Ellyn on redeveloping the current US Bank location
 - Includes lawn seating, a permanent stage, seating, bathrooms, kid's play area, and other features

The addition of a gymnastics center to the Ackerman Sports and Fitness will be approximately 6,000 square feet. Staff visited other gymnastics centers at other Park Districts to gain feedback and insight. Other areas that will be improved or redesigned are included below:

- Removal of rock wall and replace with multipurpose fitness studios
- Larger entry vestibule
- Improved customer service area
- Remodeling of Room 130
- Redeveloping storage and office areas
- Remodel back storage area behind the training room
- Remodel existing fitness studio
- Expanded parking areas on the east side of facility

Members Nevins inquired about the installation of additional security cameras for new access points and additional parking areas. The Park District is currently evaluating a universal service for the District.

IV. 2022 Highlights and 2023 Preview

Superintendent Lim and Manager Thomas provided an overview of the facility's growth and improvement through various programs, camps, birthday parties, memberships, and personal training.

Superintendent Lim and Manager Thomas also provided an update on future facility items:

- Improvements to training room are now complete.
- Cheerleading has been leaving trash after their usage. Additional trash receptacles and oversight will be provided.
- Sports performance training with GEPD trainers will be starting up with their Winter season.
- Advisory members were surveyed regarding moving Turkey Burn to the day after Thanksgiving. Due to feedback from the committee regarding attendance, no changes will be made at this time.
- Retention and appreciation events will be back in full swing for 2023.

V. Committee Discussion and Brainstorming Topics

Members indicated that their favorite group exercise classes are spin, pumped up strength, Tabata, and meditation.

Members indicated that trending group exercise classes are reformer Pilates and more intense yoga.

Members were surveyed about ideas for how to re-purpose the existing fitness studio:

- Create entrance points from fitness studio to fitness center to allow connectivity.
- Change the fitness studio to a dedicated stretching area.
- Archery in the new area on the second floor that will be created from the referendum.

Members were surveyed regarding the usage of the current childcare room. The Committee recommended for the Park District to survey all current ASFC members for their input.

Committee members also suggested the following equipment requests for the facility:

- Reformer Pilates machine
- Cycle instructor
- Additional 8-lb and 10-lb free weights
- Full sets of kettle bells
- Leg press machine issues
- Calf machine
- Additional personal trainers
- Some treadmills will need to be rotated

VI. Adjourn

Meeting was adjourned at 7:25pm.