## SPRING 2023

## Spring registration begins Saturday, February 4 *at* 9 am

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## new for spring

- Tails and Tales
- Sink-O De Mayo Mini Golf
- Fun with Ceramics
- Pickleball Spring Classic
- Earth Week
- Kids on the Course
- Family Wildflower Walk
- And so much more!

#### **MINIMUMS & MAXIMUMS**

Each program and program session has a set minimum and maximum number of participants based on providing quality instruction, space availability, supplies, number of instructors, and other factors. For some programs, we may be able to accommodate the wait list or add an extra session, while we may not be able to do so for others. Programs not meeting the minimum registration may be canceled, and patrons will be notified.

## our mission

To foster diverse, community-based leisure opportunities, through a harmonious blend of quality recreation programs, facilities, and open space which will enhance the quality of life into the future.

## we're here to help!

Staff initials follow the program description for which they are responsible.

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# beginning of spring registration

**Residents (In District):** Saturday, February 4, 2023, at 9am

Nonresidents (Out of District): Saturday, February 11, 2023, at 9am

## how to register

#### Online

Click the code number in the digital guide or visit <u>gepark.org/register</u>. New users must create an account prior to registering online by clicking "Create an Account."

#### **Drop Off Form or Register in Person**

Spring Avenue Recreation Center • 185 Spring Avenue Main Street Recreation Center • 501 Hill Avenue

Monday-Thursday: 8:30am-8pm Friday: 8:30am-5pm Saturday: 9am-12pm Sunday: Closed Check <u>gepark.org</u> for irregular hours on holidays.

#### Mail/Fax

Mail: Glen Ellyn Park District, Registration, 185 Spring Avenue, Glen Ellyn, 60137 Fax: (630) 389-8527

## **BOARD OF COMMISSIONERS**

For the Board meeting schedule, visit: gepark.org/board-meetings

Alex Durham Julia Nephew Kathy Cornell Mary Crickmore Ben Stortz Michael Ward Rob Weber President Vice President Treasurer Commissioner Commissioner Commissioner

## UPCOMING PLAYBOOK & GUIDE RELEASE DATES

The District reserves the right to change the release dates below.

- Summer 2023 Playbook: April 26, 2023
- Autumn 2023 Playbook: July 19, 2023
- Winter 2024 Playbook: October 25, 2023



## community events

## Summer Job Fair Free!

#### Jobs available for ages 15 and up

Summer is right around the corner. If you're looking for a great way to make new friends, learn valuable life skills, get job experience, and have a great time while doing it, then come to our Summer Job Fair.

You'll be able to learn about all the Glen Ellyn Park District's different departments, available jobs like lifeguard, camp counselor, concessions, manager on duty, and more, connect with hiring managers, and find the right summer job for you. No registration required. (Is)

Date: Thursday, March 2 Time: 6-8pm Location: Main Street Recreation Center

## Shot in the Dark

All ages

Join us for an after-hours round of mini golf at Holes & Knolls. Using lit golf balls, you'll navigate through our glowing obstacles and test your skills against your friends.

Children must be accompanied by an adult. No registration required. Pay at the door. (Is)

Dates: Saturday, April 29 Saturday, May 27 Time: 8:30-10pm Location: Holes & Knolls R/NR: \$10 per person

## Family Bingo Night All ages

Spend an evening at Ackerman SFC packed with bingo, pizza, and prizes. We'll play several rounds starting at 5pm. Prizes like gifts cards and candy will be awarded at the end of each round. Pre-registration is not required. Kids ages 15 and under must be accompanied by an adult. Drop in any time with the whole family and have some fun! (rb)

Date: Friday, May 19 Time: 5-7pm Location: Ackerman SFC R/NR Fee: \$1 per card

## Sportswap

All ages

Give and get gently used sports equipment at our spring Sportswap event with Go Green Glen Ellyn. Gear up for spring sports and activities at this community exchange.

Equipment will be collected the preceding week. Watch <u>gepark.org</u> and <u>gogreenglenellyn.org</u> for details, or email <u>lbellmar@gepark.org</u>. (lb)

Date: Sunday, March 12 Time: 12-2pm Location: Ackerman SFC

## Touch-A-Truck Free!

#### All ages

Touch-A-Truck is your child's chance to see their favorite big trucks and things on wheels, interact with the drivers, and take pictures. There will also be raffles and themed giveaways while supplies last. This free event is open to the public and all ages. Limited parking is available within Maryknoll Park. Overflow parking available at Roosevelt Glen Corporate Center. (Is)

Date: Saturday, May 6 Time: 10am-12pm Location: Maryknoll Park



#### DAY CAMPS • SPORTS • NATURE • AND MORE

# ready. set. summer.

Experience a summer of fun! Our full lineup of summer camps offers something for kids of all ages and interests. You're sure to find a camp your child will love.

view the 2023 summer camp guide »





## registered events

Most events have a set minimum and maximum number of participants based on providing a quality experience, space availability, number of instructors/staff/volunteers, supplies, and other factors. Events may reach the maximum prior to the registration deadline, if indicated. For some programs, the District may be able to accommodate the wait list or add an extra session, while we may not be able to do so for others.

## Reptile Road Show and Dino Dig

#### Ages 4-10 with adult

On your day off from school come and learn about reptiles and your very own dino dig. JG's Reptile Road Show will bring exciting, educational, interactive, and hands-on experience with reptiles found all over the world. Following the reptile road show each participant will have the opportunity to become an archeologist and try to excavate a fossilized dino egg. Snacks and refreshments served. Location: Main Street Recreation Center. Min/Max: 50/100. (dm)

#/Link	Day	Date	Time	R/NR
<u>127586</u>	Μ	2/20	2-4pm	\$15/\$25

## Tails and Tales Free!

Ages 2 and up with adult

Do you and your child love dogs? Stop by for this free event where kids will listen to a dog-themed story and then visit with loving therapy dogs from Rainbow Animal Assisted Therapy. Children will learn about dog safety and have the opportunity to teach old (and young) dogs new tricks. Adults, take advantage of the stress-relieving, wellness-boosting benefits of therapy dogs. Only children must register by must be accompanied by an adult. Donations for Rainbow Animal Assisted Therapy are appreciated. Location: Ackerman SFC. (rb)

#/Link	Day	Date	Time	R/NR
<u>128407</u>	W	3/8	3-4 <b>:</b> 30pm	Free w/registration
<u>128406</u>	W	4/12	12:30-2pm	Free w/registration
<u>128216</u>	W	5/17	12:30-2pm	Free w/registration

## **Adults-Only Egg Hunt**

#### Ages 21 and up

Egg hunts aren't just for the kids anymore. Break out your baskets and flashlights and head out for our adultsonly egg hunt. There will be hundreds of eggs hidden throughout the park and they won't all be easy to spot. Inside the eggs, you'll find coupons, gift cards, candy, and other special treats. Light snacks and beverages will be provided before the hunt begins. Be sure to dress for the weather, this event will be held outdoors rain or snow. Location: Lake Ellyn Boathouse. Min/Max: 25/125. (ks)

#/Link	Day	Date	Time	R/NR
<u>127939</u>	F	3/31	8:30-9:30pm	\$15/\$30







## Flashlight Egg Hunt

Ages 6-11

The Bunny has scattered some special treats around the park and it's your job to find them. Grab your flashlight and basket and head out to look for eggs filled with candy, toys, and prizes. Find one of the special eggs and redeem it for one of the grand prize baskets. Please be sure to bring a basket and your own flashlight to make egg hunting easier. Check-in starts at 7:30pm and 8:30pm. Dress for the weather. Children must be accompanied by an adult. Location: Churchill Park (park at Churchill school). Min/Max: 25/100. (ks)

#/Link	Age	Day	Date	Time	R/NR
127938	6-8	Th	4/6	7:45-8:15pm	\$10/\$20
<u>128370</u>	9-11	Th	4/6	8:45-9:15pm	\$10/\$20

## Eggs-traordinary Egg Hunt

Ages 6 and under

Have an egg-cellent egg hunting time this spring. Children up to the age of 6 are invited to join us for a springtime egg hunt with a chance to meet (and take a picture with) Hopper Cottontail – the Glen Ellyn Park District Bunny. Adults must accompany children; only children need to register. Prior to the egg hunt, the Bunny will be available for photos, and we'll have activities to keep the little ones entertained until "go time." Don't forget to bring your basket and dress for the weather – this event will be held rain, snow, or shine. Please check-in with the egg hunt staff when you arrive. Location: Maryknoll Park. Min/Max 25/100. (ls)

#/Link	Day	Date	Time	R/NR
<u>128381</u>	F	4/7	9:15-10:15am	\$8/\$12
<u>128383</u>	F	4/7	10:45-11:45am	\$8/\$12

## Hopper Cottontail and Friends Hoppy Party

Ages 2-8 with adult

Hopper Cottontail (Glen Ellyn's own Easter bunny) and some of your favorite character friends are coming to Ackerman SFC for two hours of egg-citing activities and games including egg-shaped cookie decorating, egg toss contest, and crafts (egg hunt not included). There will also be a bounce house, an opportunity to take photos, and a pizza lunch. Only children must register but must be accompanied by an adult. Location: Ackerman SFC. Min/Max: 20/200. (rb)

#/Link	Day	Date	Time	R/NR
<u>128056</u>	Sa	4/8	11am-1pm	\$25/\$40

## 2K Glow Run/Walk

All ages

On your mark, get set, glow! This 1.25-mile nighttime fun run featuring black bubble lights and color stations is not to be missed. Before and after the race, enjoy a rockin' glow party with a DJ. Pre-race activities start at 7pm and the first wave of runners will take off at 7:45pm. Maximize your glow by wearing as much white or neon as possible. Fee includes t-shirt, glow sticks, and access to pre- and post-race event activities. More information will be emailed to registered participants ahead of race day. Location: Ackerman Park. Min/Max: 30/500. (rb)

#### Register by 4/16

#/Link	Day	Date	Time	R/NR
<u>129076</u>	Sa	4/22	7-9pm	Early Bird (Now-April 1): \$25/\$37 Regular (April 2-16): \$30/\$42



## **Earth Week**

Celebrate Earth Day and Arbor Day in Glen Ellyn Park District natural areas. Starting on April 23, we'll offer six days of environmental experiences to get spring started with some fascinating fun. For more information, click on the code number or email <u>lbellmar@gepark.org</u>. (lb)

#/Link	Day	Date	Time	R/NR				
Forest Bathing Wellness Walk at Churchill Park								
<u>127876</u>	Su	4/23	1-3pm	\$15/\$20				
Wildflower	· Walk at	Lake Elly	n Park					
<u>127889</u>	Tu	4/25	9-10am	Free w/registration				
Relay Race	e for the	Earth at A	Ackerman SFC					
	•		3:45-5pm	\$10/\$15				
Library Sta	Library Storytime at Danby Park							
<u>127931</u>	'			Free w/registration				
Arbor Day	Tree Wa	lk at Lake	Ellvn					
<u>127932</u>			,	Free w/registration				
Buckthorn	Buckthorn Toy Workshop at Churchill Park							
		4/28		\$10/\$15				
Breakfast with the Birds at Churchill Park								
<u>128201</u>	Sa	4/29		\$5/\$7				

## Home Run Derby

## Canceled prior to publication.

## Sink-O De Mayo Mini Golf Tournament

Ages 21 and up

This event includes 18 holes of mini golf, drinks for purchase from Two Hound Red (one drink ticket included with registration), appetizers, prizes, and awards. Register your own foursome of golfers for a shotgun-start style scramble. Individual registrations will be paired with other golfers into foursomes. Location: Holes & Knolls. Min/Max: 12/24. (Is)

#/Link	Day	Date	Time	R/NR
128385	F	5/5	6:30-8:30pm	\$30/person

## Putt-Putt and Away Mini Golf Tournament

Ages 3-12 with adult

Come out for a super time at Holes & Knolls. Suit up in your best superhero costume and putt your way to victory with friends, complete challenges, and finish out the night with a soft drink and treat on our patio. Prizes for best individual costume, best group costume, and most creative costume will be awarded. Kids must be accompanied by an adult; only kids need to register. Location: Holes & Knolls. Min/Max: 10/50. (Is)

#/Link	Day	Date	Time	R/NR
128384	Sa	5/6	4-6pm	\$15

## **BYOB Mothers & Meditation**

#### Ages 21 and up

Start your Mother's Day weekend with some Zen and wine. Perfect for a mother/daughter outing or the kickoff to a girlfriend's brunch. Bring your beverage of choice to enjoy during a peaceful morning of yoga led by Ackerman SFC instructors. Participants will receive a goody bag and a raffle ticket for a chance to win gift baskets from local businesses. Yoga mats will be provided, or you can bring your own. Ackerman SFC members will receive \$5 off at time of registration. Location: Lake Ellyn Boathouse. Min/Max: 10/40. (rb)

#/Link	Day	Date	Time	R/NR
128077	Sa	5/13	9-11am	\$20/\$35

## Glen Ellyn Bike Rodeo Free!

#### Ages 5-13 with adult

Giddy up for the Bike Rodeo! This free event demonstrates bicycle safety skills through fun drills and activities. Learn important bicycle rules of the road and test your ability at multiple bike rodeo stations. Participants bring their own bike and wear a fitted bike helmet. Presented by Glen Ellyn Park District, Glen Ellyn Police Department, and Glen Ellyn Public Library. Location: Duane-Lorraine Commuter Lot. Min/Max: 25/200. (dm)

#/Link	Day	Date	Time	R/NR
<u>128004</u>	Sa	5/20	10am-12pm	Free w/registration

## "Encanto" Tea at the Lake

Ages 3 and up with adult

We won't talk about Bruno, but we will enjoy teas, lemonade, and light refreshments while having great fun with mom, grandma, aunt, or a special guest. All of our new Madrigal family and friends will also have a chance to visit with Mirabel and Isabela. Appropriate tea attire is recommended, and your favorite magical clothing is encouraged. It's sure to be a memorable day at the casita on the lake. Register each guest attending. Location: Lake Ellyn Boathouse. Min/Max: 30/75. (jr)

#/Link	Day	Date	Time	R/NR
128388	Su	5/21	9-10:30am	\$25/\$35
<u>128389</u>	Su	5/21	11:30am-1pm	\$25/\$35
<u>128390</u>	Su	5/21	2-3:30pm	\$25/\$35

## GLEN ELLYN GLEN ELLYN VES Blood Drives & Food Drives

We're hosting blood drives and drive-thru drop-off food drives at Ackerman SFC! Appointments are recommended for the blood drives but walkups are welcome. To donate nonperishable food items and toiletries to Glen Ellyn Food Pantry, just pull up to the main entrance and we'll do the rest.

Туре	Date	Donation Window	Blood Donation Appointment Link
Blood & Food Drive	Thursday, February 23	9am to 3pm	Schedule »
Blood & Food Drive	Tuesday, March 28	9am to 3pm	Schedule »
Blood & Food Drive	Saturday, April 22	9am to 3pm	Schedule »
Blood & Food Drive	Thursday, May 25	9am to 3pm	Schedule »

The blood drives are offered in partnership with State Representative Terra Costa Howard and Kiwanis Club of Glen Ellyn.

## preschool 2023-2024 School Year

## Curriculum

At our Preschool, children learn through an academic and play-based curriculum to facilitate learning concepts including writing, science, vocabulary, numbers, shapes, math, and other cognitive abilities. Program activities serve many developmental purposes; participants learn problem-solving skills and how to sort out and organize new ideas. They develop an understanding of social awareness, and investigate and experiment with new possibilities. The academics incorporated into the program will ensure students are prepared to move to the next level and eventually be Kindergarten-ready.

Our program is a mixture of teacher-guided activities and playtime, with small and large group activities based around a weekly theme. Children engage in fine and large motor skill activities, art projects, music, books, dramatic play, cooking, writing and more. Children also have monthly visits from B#Sharp Music for Children and the Park District Environmental Outreach Educator. Please contact Jeannie Robinson at (630) 942-7267 or jrobinson@gepark.org with questions.

## **Programs & Requirements**

#### 2-Year-Olds

## Children must be 2 as of March 15, 2023 for the Monday-Thursday classes or as of June 15, 2023 for the Friday class

Geared toward having a successful first school-away-from-caregiver experience while preparing for the three-year-old program. Emphasis is placed on socialization skills and introduction to a structured class. In case of potty accidents, caregivers will be notified.

PRESCHOOL

#### **3-Year-Olds**

#### Children must be 3 as of September 1, 2023

Geared toward having a successful first school experience. Emphasis is placed on social skills, fine motor skills, shapes, colors, name recognition, following direction, sharing and play. Must be able to use the restroom independently.

#### 4-Year-Olds/Pre-K

#### Children must be 4 as of September 1, 2023

Designed for developing readiness and success in kindergarten. Emphasis is placed on the development of academic skills through structured activities, including math concepts, lower/upper case letters, letter sound recognition, writing/sight words, and developing independence. Classes may also include students age 5 that are not yet ready for kindergarten in the fall.

## **Preschool Open House**

Register to attend an Open House to visit classrooms, meet teachers, and ask questions. Time slots are available on the days and hours listed to the right. Children are welcome to attend with parents.

#### Main Street Rec. Center

- February 1, 6-7:30pm
- February 4, 9:30-11am
- Register »

#### Spring Avenue Rec. Center

- January 31, 6-7:30pm
- February 4, 11:30am-1pm
- Register »

## Registration

### **Priority Registration**

Priority registration for returning participants took place in January. Some classes may be full at the time of this publication.

## **Open Registration**

Registration for new families will begin February 6. New families registering for the Preschool Program may do so online by visiting <u>gepark.org/register</u>, or in person at the Spring Avenue or Main Street Recreation Centers. Adults must submit a copy of their child's birth certificate when registering in person. If registering online, birth certificates can be submitted to the office or by email to <u>irobinson@</u> <u>gepark.org</u> by March 31, 2023. If a copy of your child's birth certificate is not received by March 31, your spot in the selected class may be forfeited.

### Schedule

The 2023-2024 preschool year begins the week of September 5, 2023, and concludes the week of May 13, 2024. Classes will not meet on legal public holidays as determined by the District 41 school calendar. There may be additional dates, which will be stated in your Glen Ellyn Park District Preschool Calendar.

#### Payment

Preschool uses automatic billing/payments. A nonrefundable commitment fee of \$75 will be required upon registration. The yearly class fee listed is divided into six equal amounts charged to your credit card each month July-December. You may also pay for the entire year at registration.

Class	Location	Room	Days/Dates	Time	R/NR Annual or Installment Fees	#/Link
<b>2-Year-Old</b> as of 6/15/23	Spring Avenue	Multi B	Fridays, Sept. 15-May 17	9-11am	\$660/\$792 annually or \$110/\$132 six installments	<u>127817</u>
<b>2-Year-Old</b> as of 3/15/23	Spring Avenue	Multi B	M/W, Sept. 11-May 15	9-11am	\$1,320/\$1,584 annually or \$220/\$264 six installments	<u>127818</u>
<b>2-Year-Old</b> as of 3/15/23	Spring Avenue	Multi B	Tu/Th, Sept. 12-May 16	9-11am	\$1,320/\$1,584 annually or \$220/\$264 six installments	<u>127819</u>
3-Year-Old	Main Street	Room 106	Tu/W/Th, Sept. 5-May 16	12:15-2:45pm	\$2,079/\$2,496 annually or \$346.50/\$416 six installments	<u>127820</u>
3-Year-Old	Spring Avenue	Preschool Room	M/W/F, Sept. 6-May 17	8:45-11:15am	\$2,079/\$2,496 annually or \$346.50/\$416 six installments	<u>127821</u>
3-Year-Old	Spring Avenue	Preschool Room	Tu/Th, Sept. 5-May 16	8:45-11:15am	\$1,386/\$1,662 annually or \$231/\$277 six installments	<u>127822</u>
3-Year-Old	Main Street	Room 204	Tu/Th, Sept. 5-May 16	8:45-11:15am	\$1,386/\$1,662 annually or \$231/\$277 six installments	<u>127823</u>
3-Year-Old	Main Street	Room 204	M/W/F, Sept. 6-May 17	8:45-11:15am	\$2,079/\$2,496 annually or \$346.50/\$416 six installments	<u>127824</u>
4-Year/Pre-K	Main Street	Room 114	M-Th, Sept. 5-May 16	8:45-11:15am	\$2,904/\$3,486 annually or \$484/\$581 six installments	<u>127825</u>
4-Year/Pre-K	Main Street	Room 204	M-Th, Sept. 5-May 16	12:15-2:45pm	\$2,904/\$3,486 annually or \$484/\$581 six installments	<u>127826</u>
4-Year/Pre-K	Spring Avenue	Preschool Room	M-Th, Sept. 5-May 16	12:15-2:45pm	\$2,904/\$3,486 annually or \$484/\$581 six installments	<u>127827</u>
4-Year/Pre-K	Main Street	Room 106	M-F, Sept. 5-May 17	8:45-11:15am	\$3,630/\$4,356 annually or \$605/\$726 six installments	<u>127828</u>





#### PRESCHOOL

## **Preschool Playtime** AFTER SCHOOL PROGRAM

#### Ages 3-4

This structured after school playtime program at Main Street Recreation Center (Room 114) includes free play, crafts, games, and gym time for your little one to further explore school. Register from one to four days per week for the full school year. Billing is on a monthly basis, beginning September 1. Space is limited per day. Please choose your day(s) upon registration.

Priority registration for Preschool Playtime will take place for current families in January. Registration forms are available at Spring Avenue or Main Street Recreation Centers, or by emailing <u>jrobinson@gepark.org</u>. Registration for new families will open February 6 and may also be completed online. Min/Max: 8/14. (jr)

#### Full School Year (32 Weeks)

R/NR-\$576/\$696 (\$72/\$87 monthly)

#/Link	Day	Date	Time
<u>127813</u>	Μ	Sept. 11-May 13	11:45am-2:15pm
<u>127814</u>	Tu	Sept. 12-May 14	11:45am-2:15pm
<u>127815</u>	W	Sept. 13-May 15	11:45am-2:15pm
<u>127816</u>	Th	Sept. 14-May 16	11:45am-2:15pm

## Coming Soon: Little Scholars Preschool Enrichment

New for the 2023-2024 school year, supplemental early childhood enrichment programs will be available for students to learn new skills and and build independence through age-appropriate activities. Families can choose from programs that will feature the arts, language, physical education, science, and more. Look for more details in the Summer Playbook.

## **Kindergarten Enrichment**

Ages: 5-6 (must be born by September 1, 2018, and enrolled in kindergarten)

The Glen Ellyn Park District offers a quality enrichment experience for kindergarten-age children attending halfday Kindergarten. This popular program, held at Main Street Recreation Center (Room 304), is designed to enrich and enhance the regular district Kindergarten program in the areas of motor skills, language arts, music, and creative arts. The goal is to allow each child to mature academically and socially in a creative, encouraging, and challenging learning environment.

Classes offer a balance of both structured and unstructured activities. Activity areas to choose from include blocks, quiet time, dramatic play, small and large motor activities as well as areas for music, art, literacy, and science/discovery. We will provide a space for kids to eat lunch after (AM) or prior (PM) to KE. Please send a sack lunch if you plan to have your child eat lunch at KE.

Priority registration for Kindergarten Enrichment will take place for current families in January. Registration for new families will open February 6 and may also be completed online. Min/Max: 8/12. (jr)

**Two Days R/NR**-\$1,782/\$2,136 annually or \$297/\$356 six installments plus a separate \$75 nonrefundable deposit.

**Three Days R/NR**-\$2,673/\$3,210 annually or \$445.50/\$535 six installments plus a separate \$75 nonrefundable deposit.

#/Link	Day	Date	Time
<u>127831</u>	Tu & Th	Sept. 5-May 16	8:45-11:30am
<u>127832</u>	Tu & Th	Sept. 5-May 16	12:30-3:15pm
<u>127829</u>	M/W/F	Sept. 6-May 17	8:45-11:30am
<u>127830</u>	M & W	Sept. 6-May 15	12:30-3:15pm

## SUNSET POOL SEASON PASSES

## Early Bird Sale ends April 30, 2023

Season passes go on sale March 1. Save on your season passes, which can be used for open or lap swim throughout the summer, by taking advantage of the Early Bird Sale from March 1 through April 30.

To purchase passes and get your Pool Photo ID (required for pool entry), please visit Spring Avenue Recreation Center, Main Street Recreation Center, or Ackerman Sports & Fitness Center. Pool passes may also be paid for online at gepark.org/membership prior to visiting a registration office to obtain your ID. Refunds are not given on season passes.

	Early Bird Sale R/NR	Regular Rates R/NR
	March 1-April 30	On/After May 1
Infant (under age 3)	Free	Free
Individual child (ages 3-17 years)	\$125/\$175	\$135/\$185
Individual adult (ages 18-59 years)	\$135/\$185	\$145/\$195
Individual senior (ages 60 and up)	\$70/\$90	\$80/\$100
Family of two	\$180/\$220	\$190/\$230
+ Additional family members	\$35/\$60	\$45/\$70

## COMING SOON

## Sunset Pool Improvements

As part of the voter approved referendum in 2022, improvements are coming to Sunset Pool. In our efforts to ensure a great 2024 season, the 2023 pool season will end on August 13. This will allow for construction to begin while weather is cooperative and provide the best opportunity for the pool to open for Memorial Day weekend 2024.

Hours of operation will be included in our Summer Playbook, which will be posted online on April 26, 2023.

## holes & knolls mini golf

845 Pershing Avenue, Glen Ellyn

## **Mini Golf Fees**

## **Mini Golf Hours**

## **Mini Golf Party**

Your party includes a twohour rental of the Maryknoll Clubhouse party room and a discount on miniature golf admission. For more information and to book, please email <u>lsemetko@gepark.org</u>.

Must be a minimum of 50 degrees to open the courses. Check <u>gepark.org/hotline</u> for up-to-date information including weather-related closings

#### April 21 to May 28

Monday-Thursday	Closed
Friday	4pm-9pm
Saturday	11am-9pm
Sunday	11am-7pm

#### May 29 to August 6

Monday-Saturday	10am-10pm
Sunday	11am-8pm

#### August 7 to September 4

Monday-Saturday	10am-9pm
Sunday	11am-7pm

#### September 5 to October 30

Monday-Thursday	Closed
Friday	4pm-9pm
Saturday	
Sunday	11am-7pm

#### Holiday/Special Hours

April 29	11am-8pm
May 5	4pm-6pm
May 27	11am-8pm
May 29 (Memorial Day)	10am-3pm
July 4 (Independence Day)	10am-3pm
September 4 (Labor Day)	10am-3pm

## maryknoll splash park

845 Pershing Avenue, Glen Ellyn

Maryknoll Splash Park features 12 spray pieces including a water tower, team spray, water tunnel, and zero-depth pad. See rules and regulations at <u>gepark.org/splashpark</u>.

## **Splash Park Fees**

Infant admission (under age 1/adult) ..... Free Child admission (ages 1-14 w/adult) ...... \$3 Adult admission (ages 18 and up) ...... \$1

## **Splash Park Hours**

Must be a minimum of 65 degrees to open the splash park. Check <u>gepark.org/hotline</u> for up-to-date information including weather-related closings

#### Open from May 27 to September 24

Monday-Saturday	10am-6:30pm
Sunday	11am-7pm

#### Holiday/Special Hours

May 29 (Memorial Day)	.10am-3pm
June 21 (Jazz in the Park)	.10am-8:30pm
July 4 (Independence Day)	.10am-3pm
July 12 (Movie in the Park)	.10am-8:30pm
September 4 (Labor Day)	.10am-3pm



## **Splash Park Private Rental**

The splash pad is available for groups of 50 patrons or less outside of normal business hours. Available June through September; no private rentals on 7/4. To book, email Lisa Semetko at <u>lsemetko@gepark.org</u>.

## Splash Park Party

Host your child's party at the Maryknoll Splash Park. Reserve any of our Maryknoll Park rental spaces and receive a discount on the daily admission fee for your party. For details and to book, email Lisa Semetko at Isemetko@gepark.org.





# early childhood interest

#### who to contact:

(dm) David MacDonald, <u>dmacdonald@gepark.org</u>

- (ks) Katy Speck, <u>kspeck@gepark.org</u>
- (Ib) Laurie Bellmar, <u>Ibellmar@gepark.org</u>

## MUSICREATORS Play Musical Instruments with Me

Ages 1-4 with adult

Share in a music class that will help your child develop confidence and social skills while participating in activities that will improve memory skills, literacy development, and listening skills. Children will be introduced to many new instruments such as triangles, guiros, woodblocks, tambourines, and drums to teach musical skills. Using scarves, hoops, and stick ponies, you will move with your child enjoying music time together improving gross and fine motor coordination. Every session is filled with new songs and activities. Location: Main Street Recreation Center. Min/Max: 5/13. (ks)

#/Link	Day	Date	Time	R/NR
127965	Tu	4/4-5/2	9:45-10:15am	\$72/\$86
<u>127966</u>	Tu	4/4-5/2	10:30-11am	\$72/\$86

## MUSICREATORS Songs of The Season

Ages 3-5 with adult

Nurture growing independence through singing, instrument playing, chants and rhymes, listening activities, group dancing, literature, and stories that are creatively brought to life on xylophones and percussion instruments. Musical concepts (tempo, dynamics, and steady beat) are taught through songs, stories, movement, and instrumentation activities that are hands-on and centered on the current season, outdoor fun, and nature. Location: Main Street Recreation Center. Min/Max: 5/12. (ks)

#/Link	Day	Date	Time	R/NR
127967	Tu	4/4-5/2	11:15-11:55am	\$80/\$96

### WEE HEART MUSIC Music Together Family Classes

Ages 5 and under with adult

Enjoy eight weeks of music, movement, learning, and growth as you sing, dance, and play musically together. Each semester introduces a new song collection. Tuition includes materials for at home listening and play. There is a \$50 discount for the second child. Location: Main Street Recreation Center. Min/Max: 5/12. (ks)

#/Link	Day	Date	Time	R/NR
127944	Μ	4/3-5/22	9:15-10am	\$189/\$227
<u>127945</u>	Μ	4/3-5/22	10:15-11am	\$189/\$227
<u>127946</u>	Μ	4/3-5/22	11:15am-12pm	\$189/\$227
<u>127940</u>	Th	4/6-5/25	9:15-10am	\$189/\$227
<u>127941</u>	Th	4/6-5/25	10:15-11am	\$189/\$227
<u>127942</u>	Sa	4/8-5/27	9:15-10am	\$189/\$227
<u>127943</u>	Sa	4/8-5/27	10:15-11am	\$189/\$227

## ROCK N' KIDS Tot & Kid Rock

#### Ages 1-6 with adult

This interactive class has everyone on their feet. We all learn together while engaging in fun, creative, music-based activities, while using rhythm instruments and movement props. Activities are age appropriate by class and include songs and rhymes, rhythm and coordination, fine and gross motor, imagination and sensory, listening and following directions skills. All children must be accompanied by an adult. Location: Main Street Recreation Center. Min/Max: 4/15. (ks)

#/Link	Day	Date	Time	R/NR	
Tot Rock: A	Ages 12-23	3 months			
<u>128418</u>	F	4/14-5/26	8:45-9:25am	\$85/\$102	
<u>127964</u>	F	4/14-5/26	9:30-10:10am	\$85/\$102	
Kid Rock I	: Ages 2-3	1			
<u>127962</u>	F	4/14-5/26	10:15-10:55am	\$85/\$102	
Kid Rock III: Ages 1-6					
<u>127963</u>	F	4/14-5/26	11-11:40am	\$85/\$102	

## DISCOVERY LANGUAGE Introduction to Spanish

#### Ages 3-6

Discovery Language will introduce the Spanish language in a recreational and simple format. Students will be given an "ear" for pronunciation and build confidence in speaking and learning about another language. Students will learn "everyday" language via repetition, games, songs, and hands-on activities. Each class is progressive and adaptable according to the ability of the student. Students receive materials for them to keep. Location: Main Street Recreation Center. Min/Max: 5/12. (dm)

#/Link	Day	Date	Time	R/NR
<u>128030</u>	М	4/3-5/8	4:30-5:15pm	\$110/\$130

## T-REXPLORERS Dino Hour

Ages 3-5 with adult

Bring your little one for an hour of dinosaur discovery fun. They will see real dinosaur fossils, listen to a story, make a craft to take home, and dig in the sand to assemble dinosaur puzzle pieces. Location: Main Street Recreation Center. Min/Max: 8/12. (dm)

#/Link	Day	Date	Time	R/NR
128034	Sa	4/29	10-11am	\$40/\$57
<u>128035</u>	Sa	4/29	11:30am-12:30pm	\$40/\$57



## LITTLE MEDICAL SCHOOL LITTLE Doctor School

#### Ages 4-5

Our youngest future doctors will use a real stethoscope and other medical instruments, learn how muscles and nerves work together, cast a broken bone, and learn how to properly scrub their hands before surgery. Location: Main Street Recreation Center. Min/Max: 8/20. (dm)

#/Link	Day	Date	Time	R/NR
128006	Th	4/20-5/25	3-4pm	\$170/\$220

## LITTLE MEDICAL SCHOOL

## Little Veterinarian School – Dog

#### Ages 4-5

After "adopting" their very own plush puppy, students will roleplay the key responsibilities of a veterinarian, including how to properly perform a nose-to-tail exam. These future veterinarians will learn how to sew stitches, remove ticks, make healthy treats, and vaccinate their dog. Location: Main Street Recreation Center. Min/Max: 8/20. (dm)

#/Link	Day	Date	Time	R/NR
<u>128012</u>	Th	4/20-5/25	4:15-5:15pm	\$170/\$220

## COMPUTER EXPLORERS Beginning Fun-gineering

Ages 4-7

Young engineers will build working models of simple machines such as a seesaw, a rolling vehicle, and hockey player using Lego® Educational kits. Children will have a great time working on activities designed around creativity, exploring, investigating and problem solving in a fun group environment. While building these fun and interactive models, they will learn about levers, pulleys, gears, wheels, and axles. Location: Main Street Recreation Center. Min/Max: 6/10. (dm)

#/Link	Day	Date	Time	R/NR
<u>128391</u>	Th	5/4-5/25	6-7pm	\$80/\$100

### SHINING STAR PRODUCTIONS Little Actors Club

#### Ages 3-6

Children love this innovative drama class that develops their imagination and introduces little actors to the performing arts in a fun and creative atmosphere. Each week is an exciting adventure into the imagination with changing themes, music, costumes and props, and games. Club members learn theatre terms and gain enhanced spontaneity, creativity, and self-esteem. Location: Main Street Recreation Center. Min/Max: 6/14. (ks)

#/Link	Day	Date	Time	R/NR
127968	W	4/5-5/17	5:30-6:15pm	\$73/\$88

## Safe Kids

#### Ages 3-6

This interactive class focuses on thinking safely and making safe choices in and around the home. Kids learn what to do in an emergency, when to call 911, and how to deal with strangers. Each child receives a safety packet to take home. Location: Spring Avenue Recreation Center. Min/Max: 6/10. (dm)

#/Link	Day	Date	Time	R/NR
<u>128032</u>	Tu	4/4	4-5pm	\$28/\$40

## Safe Kids with First Aid

Ages 3-6

Safety and first aid go hand in hand. Children learn simple rules to think safely and make safe choices at home and away. We also present basic first aid information, including treatment of small cuts, bumps and bruises, nosebleeds, minor burns, and more. Each child receives a safety packet and creates a small first aid kit to take home. Location: Spring Avenue Recreation Center. Min/Max: 6/10. (dm)

#/Link	Day	Date	Time	R/NR
128033	W	4/5	4-5pm	\$28/\$40

## **Preschool Nature Outings**

#### Ages 2-5 with adult

Explore nature this spring. Each class will feature a different topic supported by a story, craft/project, and an easy exploratory hike. Min/Max: 4/12. (lb)

#/Link	Day	Date	Time	R/NR		
Coyotes at Ackerman Woods						
<u>127738</u>	F	2/17	10-11am	\$10/\$15		
Salamanders	at Churchil	l Park				
<u>127739</u>	F	3/3	10-11am	\$10/\$15		
Eggs at Mary	/knoll Park					
<u>127879</u>	F	3/31	10-11am	\$10/\$15		
Frogs at Chu	rchill Park					
<u>127880</u>	F	4/21	10-11am	\$10/\$15		
Baby Animal	Baby Animals at Lake Ellyn					
<u>127881</u>	F	5/5	10-11am	\$10/\$15		
Wildflowers at Churchill Park						
<u>127882</u>	F	5/26	10-11am	\$10/\$15		

## **Woodland Valentine Hunt**

#### All ages

We are giving animals some love this Valentine's Day. Follow the trail to find valentines to all the woodland animals. Follow clues to a hidden treat to leave for the wildlife, then find a valentine prize for you. Fee is per child. Adult accompaniment is required, as this is self-guided. Location: Churchill Park. Min/Max: 10/70. (Ib)

#/Link	Day	Date	Time	R/NR
<u>127759</u>	Sa	2/18	1-2pm	\$10/\$15

## Family Wildflower Walk

#### All ages

Many spring wildflowers bloom before the trees leaf out and are gone shortly afterwards. Take a walk to admire these ephemeral beauties and learn the adaptations that allow them to thrive. Children must be accompanied by an adult. Location: Lake Ellyn Park. Min/Max: 8/20. (Ib)

#/Link	Day	Date	Time	R/NR
<u>127934</u>	Sa	5/20	1-2pm	\$5/\$7



# youth and teen interest

## who to contact:

- (dm) David MacDonald, <u>dmacdonald@gepark.org</u>
- (ks) Katy Speck, <u>kspeck@gepark.org</u>
- (Ib) Laurie Bellmar, <u>Ibellmar@gepark.org</u>
- (Is) Lisa Semetko, <u>Isemetko@gepark.org</u>
- (rb) Rebecca Brush, <u>rbrush@gepark.org</u>



## **Tween Night**

#### Ages 8-12

Get out and have fun. Tweens will take over the gym and turf at Ackerman SFC for a night of sports, games, and other fun activities. We will have pizza for all participants. Adults must accompany their kids for check-in and checkout. Location: Ackerman SFC. Min/Max: 20/100. (rb)

#/Link	Day	Date	Time	R/NR
<u>128105</u>	F	4/21	6-9pm	\$25/\$40
<u>128144</u>	F	5/5	6-9pm	\$25/\$40

## **Kids' Night Out**

#### Ages 5-12

Children will enjoy a night out with friends participating in games, sports drills, and arts & crafts all while supervised by the Ackerman SFC team. Participants will receive a treat and water. Adults must accompany their children for check-in and check-out. Location: Ackerman SFC. Min/Max: 10/25. (rb)

#/Link	Day	Date	Time	R/NR
<u>127765</u>	F	3/17	6-8pm	\$25/\$35

## **E-Sports Tournaments**

Canceled prior to publication.

## Kids on the Course

#### Ages 6-12

Kids can swing on over to Holes & Knolls for a night out with their friends. They'll participate in challenges, compete to win prizes, and then have pizza and a soft drink of their choice. Adults must accompany their kids for check-in and check-out. Location: Holes & Knolls. Min/Max: 20/50. (Is)

#/Link	Day	Date	Time	R/NR
<u>128387</u>	F	5/12	6-8pm	\$25/\$35

## **Tween Golf**

#### Ages 9-12

Want an awesome night on the course with your friends? At Tween Golf, we'll have unlimited mini golf, prizes, and each ticket comes with pizza, pop, and chips. Adults must accompany their kids for check-in and check-out. Location: Holes & Knolls. Min/Max: 20/50. (Is)

#/Link	Day	Date	Time	R/NR
128386	F	5/19	6-8pm	\$25/\$40

#### Intro to Bowling

## Canceled prior to publication.

## DUNHAM WOODS FARM Horsemanship for Kids

#### Ages 9-17

Join in the fun with beginning riding lessons. Participants will explore the proper ways to groom, tack, and handle horses. In the saddle, you will learn the basics of riding at the walk and trot. Lessons will be held in our indoor arena during inclement weather. Make up class held at the end of the six weeks. First day of class is orientation and groundwork. Riders should wear jeans or Jodhpur pants and hard soled riding or hiking boots with a small, low heel. Must have an approved riding helmet or bicycle helmet to ride. Location: Dunham Woods Farm. Min/Max: 1/3. (dm)

#/Link	Day	Date	Time	R/NR
128097	Sa	4/1-5/6	1:30-2:30pm	\$195/\$250
<u>128098</u>	Sa	6/3-7/8	1:30-2:30pm	\$195/\$250

## **Babysitting for Success**

Ages 10-15

Be the best babysitter you can be. In this class, students engage in discussion, role playing, and practical experiences to learn diapering, feeding, playing with children, child development, handling emergencies, and first aid. Students should bring a snack and a doll to class. Students are awarded certificates upon completion. Resource materials are included. Location: Spring Avenue Recreation Center. Min/Max: 8/12. (dm)

#/Link	Day	Date	Time	R/NR
<u>127508</u>	Tu/Th/Tu	3/14-3/21	3/14 & 3/16: 4-7pm 3/21: 4-6pm	\$80/\$120
<u>128064</u>	M-Tu/Th	5/15-5/18	5/15 & 5/16: 4-7pm 5/18: 4-6pm	\$80/\$120



## LITTLE MEDICAL SCHOOL Little Doctor School

#### Ages 6-11

Through role-play and activities, students will learn the key responsibilities of a doctor and explore the heart, lungs, and digestion. Students will use real medical instruments (stethoscope, reflex hammer, and blood pressure cuff) and practice scrubbing, suturing, and tying knots like a real surgeon. Location: Main Street Recreation Center. Min/ Max: 8/20. (dm)

#/Link	Day	Date	Time	R/NR
<u>128009</u>	Th	4/20-5/25	5:30-6:30pm	\$170/\$220

## LITTLE MEDICAL SCHOOL Wilderness Medicine

Ages 6-11

Students will explore some of the dangers in the wild such as bug bites, snake bites, and poisonous plants. These future emergency medics will learn how to splint a broken leg, tie a tourniquet, filter dirty water, the effects of hypothermia, and twenty ways to use a bandana in emergencies. Location: Main Street Recreation Center. Min/Max: 8/20. (dm)

#/Link	Day	Date	Time	R/NR
<u>128036</u>	Th	4/20-5/25	6:45-7:45pm	\$170/\$220

## Mad Science

Ages 6-12

Each class is an interactive, age-appropriate exploration of the specific science topics such as biology, chemistry, earth science that are designed to captivate the curious nature of young children. Children enjoy engaging demonstrations, perform simple experiments, and will discover how science can help us better understand the world around us. Supplies included, and each child will get to take home a cool take-home every week. Location: Main Street Recreation Center. Min/Max: 12/25. (dm)

#/Link	Day	Date	Time	R/NR
<u>127308</u>	Th	4/6-5/11	4:30-5:30pm	\$190/\$240

## **Fun with Ceramics**

#### Ages 6-9

Children will build artistic skills and have fun while learning how to work with clay. Participants will create a personalized garden decoration with some clay, paint, and a bit of imagination. Ceramic creations will be ready to take home two weeks after the class as they need to be glazed, dried, and fired. This class will be taught by Gretchen from Whim, a Studio Space. Location: Spring Avenue Recreation Center. Min/Max: 7/15. (rb)

#/Link	Day	Date	Time	R/NR
<u>128218</u>	Tu	4/4	11am-1pm	\$35/\$40
<u>128374</u>	Tu	4/18	11am-1pm	\$35/\$40
<u>128375</u>	Tu	5/9	11am-1pm	\$35/\$40

## **Ackerman Arts and Crafts**

#### Ages 4-10

Young makers will dabble in all kinds of activities to spark their creativity such as paper art, jewelry making, clay sculpting, and more. Every session we pick new kidfriendly projects themed around the season or holiday. All materials are provided. The best part? Kids take home their projects, but the mess stays at Ackerman. Location: Ackerman SFC. Min/Max: 5/25. (rb)

#/Link	Day	Date	Time	R/NR
128086	Sa	4/8-4/29	10-10:45am	\$45/\$60
<u>128087</u>	Sa	5/13-6/3	10-10:45am	\$45/\$60

## **Create a Fleece Hat**

#### Ages 7-11

Show 'em you are someone that wears many hats this winter. Flex your sewing skills and create your own fleece hat using a sewing machine in this one-day workshop. Bring your own sewing machine or use ours. All supplies provided. Prior sewing machine experience is recommended. Location: Spring Avenue Recreation Center. Min/Max: 3/7. (dm)

#/Link	Day	Date	Time	R/NR
<u>128271</u>	Tu	3/7	4-6pm	\$40/\$50



## **Doll Quilt Sewing**

#### Ages 7-11

Keep your favorite doll or stuffed animal warm this winter with a handmade quilt. In this two-session class, participants will sew a doll-sized quilt using a sewing machine. Bring your own sewing machine or use one of ours. Fabric and supplies provided. Location: Spring Avenue Recreation Center. Min/Max: 3/7. (dm)

#/Link	Day	Date	Time	R/NR
<u>128272</u>	Th	3/16-3/23	4-6pm	\$80/\$100

## Fabric Book Bag Creations

Ages 7-11

Each participant will learn the step-by-step process of creating their own personalized stamp and fabric book bag. Once the stamp is created, we will use it and colored fabric paints to create designs on the book bag. All experience levels are welcome. Location: Spring Avenue Recreation Center. Min/Max: 3/8. (dm)

#/Link	Day	Date	Time	R/NR
128274	Th	4/6	4-6pm	\$40/\$50

## **DIY Fabric Book Cover**

#### Ages 7-11

Bring your favorite book from home for this machine sewing class. This class will teach you how to use a sewing machine to create a fabric book cover. All supplies provided and all experience levels are welcome. Bring your own sewing machine or use one of ours. Location: Spring Avenue Recreation Center. Min/Max: 3/8. (dm)

#/Link	Day	Date	Time	R/NR
<u>128371</u>	Th	5/11	4-6pm	\$40/\$50

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## Sew Simple: Hand Sewing

Ages 5-7

The art of sewing helps children develop their fine motor skills, practice patience, and build confidence. Learn hand sewing as you make fun projects with step-by-step instructions. Participants will learn various hand stitches, how to thread a needle, and how to sew on a button in this beginner level class. Location: Spring Avenue Recreation Center. Min/Max: 3/10. (dm)

#/Link	Project	Day	Date	Time	R/NR
<u>128267</u>	Stuffed Egg	Tu	4/4	4-5:30pm	\$25/\$30
<u>128268</u>	Flower Garland	Tu	5/2	4-5:30pm	\$25/\$30
<u>128269</u>	Spring Flower	Tu	5/9	4-5:30pm	\$25/\$30

## Sew Simple: Advanced Machine Sewing

#### Ages 8-12

A great class for experienced sewers who are very comfortable with machine sewing. Explore more involved projects and push your skill to the next level. Learn detailed construction techniques and how to use design elements, mixed materials, sizing, and more. Lots of guidance and opportunities to work independently. The skills taught in this class will provide a great foundation for other sewing classes and projects. Bring your own sewing machine or use ours. Participants are asked to bring a yard of woven cotton fabric; all other supplies will be provided. Location: Spring Avenue Recreation Center. Min/Max: 3/6. (dm)

#/Link	Day	Date	Time	R/NR
128270	F	3/3-3/10	3/3: 1-3pm & 3/10: 4-6pm	\$80/\$100

#### CHERYL RAUSCH ART Draw Your Favorite Pet Ages 5-11

Create a colorful work of art of your favorite pet friend using colored pencil. Bring a color copy or photograph of your pet or animal of interest as a reference, and the instructor will help you with the rest. Learn basic techniques to help bring your artwork to life. All supplies will be provided. Location: Spring Avenue Recreation Center. Min/Max: 5/15. (ks)

#/Link	Day	Date	Time	R/NR
<u>127969</u>	Sa	5/27	10-11:30am	\$43/\$58

## CHERYL RAUSCH ART Rock Painting

#### Ages 5-17

Create your own art rocks by simply using your imagination and the art supplies provided for you. This is a fun and easy alternative to making your own custom art. Location: Spring Avenue Recreation Center. Min/Max: 5/15. (ks)

#/Link	Age	Day	Date	Time	R/NR
<u>127284</u>	5-11	Sa	3/4	10-11:30am	\$43/\$58
<u>127970</u>	12-17	Th	4/27	4-5:30pm	\$43/\$58

## YOUNG REMBRANDTS Double the Fun Drawing

#### Ages 5-12

This class will awaken the inner artist. We explore all the basics of visual arts, in a fun and confident setting that ensures success for every child. Basic drawing, portraits, action, and cartooning. Students complete several different projects and learn to draw whimsical characters, animals, everyday objects, and action scenes. Location: Main Street Recreation Center. Min/Max: 7/12. (ks)

#/Link	Day	Date	Time	R/NR
<u>127495</u>	Sa	3/4-3/18	10am-12pm	\$98/\$113
<u>127973</u>	Sa	4/8-4/22	10am-12pm	\$98/\$113
<u>127974</u>	Sa	5/6-5/20	10am-12pm	\$98/\$113

## GLITZY GIRLZ Masquerade Glam

#### Ages 4-11

Join Glitzy Girlz for a night of glam – masquerade style. Staff will pamper kids with a masquerade make-over complete with mask, neon hair updo, makeup, and nail polish. Participants will decorate a wooden frame with feathers, paint, and sequins and design a unique beaded bracelet with charm. The night will end with a photo session and fashion show. Adults are welcome to come snap photos. Location: Spring Avenue Recreation Center. Min/Max: 6/25. (ks)

#/Link	Day	Date	Time	R/NR
127975	Th	4/13	6-7:15pm	\$38/\$55

### GLITZY GIRLZ May Memories

#### Ages 3-11 with adult

Whether you are an adult and child coming to make gifts for someone special or an adult wanting to spend an evening crafting with their child, this is a class to celebrate spring. Each adult and child pair will make three surprises: ceramic, wooden, and beaded with accents and charms. Items will be specially wrapped to conceal any surprises. Location: Spring Avenue Recreation Center. Min/Max: 6/25. (ks)

#/Link	Day	Date	Time	R/NR
<u>127976</u>	Tu	5/2	6-7pm	\$38/\$55

## Nature Maker Art with Liita Forsyth

#### Ages 7-14

Spend Mondays after school with Liita Forsyth - artist, naturalist, teacher, and proprietor of The Little Bits Workshop. Spring will be the theme of this session. Time will be spent observing nature firsthand at Lake Ellyn. Students will come inside the Boathouse for art class where they will experiment with different art styles, techniques, and fine motor skills. Location: Lake Ellyn Boathouse. Min/Max: 8/15. (Ib)

#/Link	Day	Date	Time	R/NR
<u>127905</u>	Μ	4/17-5/8	3:45-5pm	\$60/\$70

#### CHESS WIZARDS Checkmate

#### Ages 6-12

Chess Wizards offers fun, intellectual, and challenging chess education and tournament experiences to children of all abilities and ages. In addition to weekly chess lessons and traditional gameplay, we incorporate variations of chess games that build teamwork and foster a genuine enjoyment of a game over a thousand years old. All experience levels are welcome. Location: Main Street Recreation Center. Min/Max: 10/20. (dm)

#/Link	Day	Date	Time	R/NR
<u>128058</u>	Tu	4/4-6/6	4-5pm	\$250/\$275

## MAGIC TEAM OF GARY KANTOR Abracadabra: Magic Class

#### Ages 5-12

Children are guaranteed a great time as they learn new, age-appropriate tricks each class: cards, ropes, coins, mind-reading, and more. The tricks appear difficult but are easy to learn and perform. All materials are provided; each child receives a magic kit to take home. Location: Spring Avenue Recreation Center. Min/Max: 5/40. (dm)

#/Link	Day	Date	Time	R/NR
127345	Th	3/9	6:45-7:40pm	\$22/\$33
<u>128061</u>	Th	5/25	5:15-6:10pm	\$22/\$33

### DISCOVERY LANGUAGE Beginners Spanish

#### Ages 6-12

This program aims to enhance each student's motor skills as well as linguistic skills. Movement and physical activity will be incorporated into each Spanish lesson. With our variety of immersion activities, from workbooks to relay races, art projects, and science experiments, your student will develop a love for learning and never lose interest in the Spanish language. Each class is progressive and adaptable according to the ability of the student. Students receive materials for them to keep. Location: Main Street Recreation Center. Min/Max: 5/12. (dm)

#/Link	Day	Date	Time	R/NR
<u>128076</u>	Μ	4/3-5/8	5:30-6:15pm	\$110/\$130

## Morning Adventure: Nordic Skiing at Arrowhead Golf Course

#### Ages 10-18

Try cross-country skiing on groomed trails. While we may see skiers preparing for races, the course has plenty of room for beginners as well. Dress in snow clothes and layers to enjoy this fun sport. Price includes rental boots, skis, and poles. Location: Arrowhead Golf Club. Min/Max: 6/12. (lb)

#/Link	Day	Date	Time	R/NR
<u>127760</u>	Μ	2/20	9-11am	\$25/\$30

## Adventure Trip: Meet Perry Mastodon

#### Ages 10-14

In 1963, a huge bone was found while excavating a backyard pond. Revisit the history of this discovery by traveling by Park District bus, making two stops. Learn about the mastodon remains that were found at Perry Pond in Glen Ellyn, then visit Wheaton College for a behind-the-scenes tour to see the reassembled mastodon and to learn about the excavation and restoration of the skeleton. We will also spend time in the geology museum at the Meyer Science Center. Drop off and pick up at Spring Avenue Recreation Center. Min/Max: 6/12. (Ib)

#/Link	Day	Date	Time	R/NR
127890	Μ	5/15	9am-12pm	\$20/\$25

## LISA LOMBARDI Tropical Island Lab

#### Ages 5-13

Paradise is calling. With spring break just a few weeks away, it's time to step into the ultimate STEM lab. Participants will be whisked away to enjoy marine and island life. Hands-on life coaching lessons based on tropical themes will be played throughout the program. Activities will involve coconuts, an earthquake-proof pool cabana, coral science, octopi's escapism, belugas whales, ocean plastic-palooza, snack shack science, palm tree adventures, and a seashell lab. Location: Main Street Recreation Center. Min/Max: 9/18. (dm)

#/Link	Day	Date	Time	R/NR
<u>127371</u>	W	3/8	4:30-5:30pm	\$33/\$45

## LISA LOMBARDI Confidence Through Comedy

#### Ages 5-13

Let's end the school year with loads of laughter. Whether your child is naturally funny or not, they will have the opportunity to develop and execute comedic skills, gain a higher sense of confidence with stacked successes, and perhaps learn to use humor in a social setting. This highenergy comedy class will offer electrifying lessons on humor such as impersonations, prank humor, slapstick, comic strips, improv, and witty situational. In a world immersed in technology where everyone is looking down at a phone or tablet, children could benefit from a healthy dose of interaction and comedy. All kids leave with a humor themed souvenir. Location: Main Street Recreation Center Min/Max: 9/25. (dm)

#/Link	Day	Date	Time	R/NR
<u>128219</u>	Μ	4/3	5-6pm	\$31/\$45





## LISA LOMBARDI Communication and Public Speaking Lab

Ages 6-13

In a world where everyone is looking down at a phone, our youth is evolving into a generation with limited skills in communication. Through an incredibly fun and high energy workshop, kids will have the chance to improve their communication and public speaking skills via dramatizations and games like: Carbonation Communication, Drive Thru Window, Giant Extendable Ear, Toothpaste Turmoil, It's a Delivery, Balloon Bonanza, and more. Thrilling group games are the ultimate way to elicit communication from children. Don't be surprised if they volunteer to get up in front of a crowd more, have higher confidence when test taking, and just have a bit more pep in their step. Location: Main Street Recreation Center. Min/Max: 9/20. (dm)

#/Link	Day	Date	Time	R/NR
<u>128220</u>	W	4/26	6-7pm	\$31/\$45

#### LISA LOMBARDI Piñata Palooza

#### Ages 6-13

This 60-minute power-packed life coaching workshop includes a lot of information to arm kids with strategic tools to help build self-esteem and navigate the world of a child. Warding off worrying, activating positivity, brain freezing a bully, managing clique chaos, triggering emotional self-control, propelling reputation protection, harnessing happiness, and confident communication is all covered in this electrifying workshop. Kids will write down their end of school year or life worries and then we will stuff them in our piñata. The class will collaboratively whack open the piñata to reveal their prizes. Location: Main Street Recreation Center. Min/Max: 9/25. (dm)

#/Link	Day	Date	Time	R/NR
<u>128221</u>	Th	5/4	6-7pm	\$31/\$45

### MYPLATE2YOURS Kids Can Cook

#### Ages 6-12

When kids cook, they learn life skills, and practice math and science. Nutrition and kitchen skills will be covered in this class. At the end of the session, your child will sample two delicious recipes, understand the benefits of good nutrition, and have the confidence that kids can cook. Location: Spring Avenue Recreation Center. Min/Max: 5/15. (dm)

#/Link	Day	Date	Time	R/NR	
Asian Beef and Pea Pod Stir-Fry					
<u>127352</u>	W	3/8	4-5:30pm	\$35/\$50	
Chicken Po	armesan witl	h Pasta Marin	ara		
<u>128101</u>	W	4/12	4-5:30pm	\$35/\$50	
Hamburger Sliders with Baked Potato Fries					
<u>128104</u>	W	5/10	4-5:30pm	\$35/\$50	

### SHINING STAR PRODUCTIONS Young Actors Club

#### Ages 6-8

This fast-paced drama class is a new and exciting adventure into the imagination with changing themes, music, and games. Children will even learn a short song and a new joke every week. Learn theatre terms, enhance spontaneity, build self-esteem, and have a blast. Every session is different, and most themes are not repeated for two years. Location: Main Street Recreation Center. Min/Max: 6/14. (ks)

#/Link	Day	Date	Time	R/NR
<u>127989</u>	W	4/5-5/17	6:30-7:15pm	\$73/\$88





## SHINING STAR PRODUCTIONS

#### Ages 9-13

Play, create, and laugh out loud in this exciting improvisation class. Learn comedic timing, the art of acting on the fly, and being spontaneous while creating characters and playing theatre games. Location: Main Street Recreation Center. Min/Max: 6/10. (ks)

#/Link	Day	Date	Time	R/NR
<u>127990</u>	W	4/5-5/17	7:30-8:15pm	\$73/\$88

## Stage Makeup Workshop

#### Ages 7-15

Learn how to use makeup and face paints to bring characters to life with guided directions and examples. Each week features a different character – perfect for a future costume or just for fun. Location: Main Street Recreation Center. Min/Max: 4/10. (ks)

#/Link	Day	Date	Time	R/NR
Maleficent <u>127604</u>	F	2/17	6-7:30pm	\$40/\$60
<b>Ursula</b> <u>127605</u>	F	2/24	6-7:30pm	\$40/\$60
<b>Beetlejuice</b> 127606	F	3/17	6-7:30pm	\$40/\$60
Wicked Witch	F	3/24	6-7:30pm	\$40/\$60
<b>Clowns</b> 128275	F	4/21	6-7:30pm	\$40/\$60
<b>Pop-Art</b> 128276	F	4/28	6-7:30pm	\$40/\$60
Porcelain Dol	•	5/19	·	\$40/\$60
<u>128277</u> Statues			6-7:30pm	
<u>128278</u>	F	5/26	6-7:30pm	\$40/\$60



## PINHEAD PIANO Introduction to Guitar

#### Ages 6-14

This ten-week introductory guitar class will teach participants how to play scales, chords, solo, read music, and play a song with audio. Participants will need to supply their own guitar. Location: Main Street Recreation Center. Min/Max: 2/5. (ks)

#/Link	Day	Date	Time	R/NR
<u>127991</u>	Th	4/6-6/8	7-7:45pm	\$162/\$210

#### MONICA CORBETT Piano for Kids: Private Lessons Ages 6-15

Start or continue your piano journey. In-person 1:1 private lessons are available with Ms. Monica at Main Street Recreation Center. Using the Faber Adventures Curriculum (purchased by student) and supplemented with a variety of piano learning resources, students will play songs, learn

about the treble and bass clef, key signatures, scales, and tempo. Location: Main Street Recreation Center. No lessons on 5/29, 5/30. (ks)

#/Link	Day	Date	Time	R/NR
127977	Μ	4/24-6/19	4-4:30pm	\$260/\$338
<u>127978</u>	Μ	4/24-6/19	4:30-5pm	\$260/\$338
<u>127979</u>	Μ	4/24-6/19	5-5:30pm	\$260/\$338
<u>127980</u>	Μ	4/24-6/19	5:30-6pm	\$260/\$338
<u>127981</u>	Μ	4/24-6/19	6-6:30pm	\$260/\$338
<u>127982</u>	Μ	4/24-6/19	6:30-7pm	\$260/\$338
<u>127983</u>	Tu	4/25-6/20	4-4 <b>:</b> 30pm	\$260/\$338
<u>127984</u>	Tu	4/25-6/20	4:30-5pm	\$260/\$338
<u>127985</u>	Tu	4/25-6/20	5-5:30pm	\$260/\$338
<u>127986</u>	Tu	4/25-6/20	5:30-6pm	\$260/\$338
<u>127987</u>	Tu	4/25-6/20	6-6:30pm	\$260/\$338
<u>127988</u>	Tu	4/25-6/20	6:30-7pm	\$260/\$338



# school's out programs

When the kids are off from school, we have you covered!

SO HAPP

## **Coyote Crossing**

#### **Kids Day Off Program**

Ages 5-12

Learn to recognize signs of coyotes and other animals. Make casts of animal tracks. Hike and look for signs of wildlife in the woods. Location: Ackerman SFC. Min/Max: 4/12. (lb)

#/Link	Day	Date	Time	R/NR
<u>127758</u>	F	2/17	1:30-3pm	\$10/\$15

## **Signs of Spring**

#### Kids Day Off Program

Ages 5-12

What changes let us know spring is coming? Take a walk in the woods, and learn about buds, leaves, animal babies, and more. Location: Ackerman SFC. Min/Max: 4/12. (Ib)

#/Link	Day	Date	Time	R/NR
<u>127887</u>	F	3/24	1:30-3pm	\$10/\$15

## Ackerman Sports & Fun Day-Off School Camp

Ages 5-12

This athletic camp emphasizes instruction, participation, and general fitness. Participants will learn more about sports and partake in individual activities while still being part of a group setting including skill drills, arts and crafts, relay races, exercising, and socializing. Location: Ackerman SFC. Min/Max: 15/50. (rb)

#/Link	Day	Date	Time	R/NR		
D41 Spring Break						
<u>127781</u>	M-F	3/27-3/31	9am-12pm	\$100/\$150		
<u>127782</u>	M-F	3/27-3/31	12:30-3:30pm	\$100/\$150		
D41 Non-	Attendan	ce Day				
<u>128412</u>	F	4/7	9am-12pm	\$25/\$30		
<u>128413</u>	F	4/7	12:30-3:30pm	\$25/\$30		
D41 SIP D	ay					
<u>128414</u>	F	4/28	9am-12pm	\$25/\$30		
<u>128415</u>	F	4/28	12:30-3:30pm	\$25/\$30		
Memorial Day						
<u>128416</u>	Μ	5/29	9am-12pm	\$25/\$30		
<u>128417</u>	Μ	5/29	12:30-3:30pm	\$25/\$30		

## **Spring Break Machine Sewing**

#### Kids Day Off Program

#### Ages 8-12

Sewing beginners will expand their creativity by learning how to operate a sewing machine, while participants with more experience will strengthen their sewing ability. Refresh your sewing skills in this one-day class and then enjoy sewing on your own the rest of spring break. Bring your own sewing machine or use one of ours and a yard of cotton fabric. Location: Spring Avenue Recreation Center. Min/Max: 3/6. (dm)

#/Link	Day	Date	Time	R/NR
128273	Μ	3/27	10am-12pm	\$40/\$50

## Main Street Spring Break Camp

#### Ages 6-12

Spend those long days during your spring break participating in a variety of activities. Campers will take part in recreational games, outdoor activities, making crafts, and gym activities. Bring a sack lunch and drink each day. Location: Main Street Recreation Center. Min: 10/50. (dm)

#/Link	Day	Date	Time	R/NR
128038	Μ	3/27	9am-3pm	\$45/\$60
<u>128040</u>	Tu	3/28	9am-3pm	\$45/\$60
<u>128043</u>	W	3/29	9am-3pm	\$45/\$60
<u>128044</u>	Th	3/30	9am-3pm	\$45/\$60
<u>128047</u>	F	3/31	9am-3pm	\$45/\$60
<u>128048</u>	Tu-Th	3/28-3/30	9am-3pm	\$120/\$150
<u>128052</u>	M-F	3/27-3/31	9am-3pm	\$180/\$225

## Spring Break Dance Academy Mini Camp

#### Ages 5-8

Experience four days of dance activities, including arts and crafts, group games, story time, and basic dance technique. No dance experience is necessary to join this camp. Dancers should wear comfortable clothing with dance or gym shoes and bring a snack with a water bottle. The last day of camp, our dancers will show off their new moves for friends and family. Location: Spring Avenue Recreation Center. Min/Max: 6/20. (ks)

#/Link	Day	Date	Time	R/NR
<u>127547</u>	M-Th	3/27-3/30	9:30-11:30am	\$80/\$120



## All About Eggs Kids Day Off Program

#### Ages 5-12

It isn't just chickens that lay eggs. With stories, art, and games, learn about the wild animals in Glen Ellyn natural areas whose babies hatch from eggs. Location: Maryknoll Park. Min/Max: 4/12. (lb)

#/Link	Day	Date	Time	R/NR
<u>127888</u>	F	4/7	10-11:30am	\$10/\$15

## **Buckthorn Toy Workshop**

#### Kids Day Off Program

Ages 5-12

Buckthorn is an unwanted shrub that invades our natural areas, creating a dense understory in our woodlands and preventing native shrubs and wildflowers from thriving. Learn how this invasive brush can be turned into fun and useful toys. Sean Shaffer is a Nature Play Specialist with the Chicago Park District. He will demonstrate the use of hand tools to create walking sticks, magic wands, action figures, fairy furniture, name necklaces, whammy doodles, and tinker toys. Children are encouraged to use their creativity to create new inventions. Interested adults are welcome. Location: Churchill Park. Min/Max: 8/20. (Ib)

#/Link	Day	Date	Time	R/NR
<u>127930</u>	F	4/28	2-4pm	\$10/\$15



# adult interest

### who to contact:

- (dm) David MacDonald, <u>dmacdonald@gepark.org</u>
- (ks) Katy Speck, <u>kspeck@gepark.org</u>
- (Ib) Laurie Bellmar, <u>Ibellmar@gepark.org</u>
- (Is) Lisa Semetko, <u>Isemetko@gepark.org</u>
- (rb) Rebecca Brush, <u>rbrush@gepark.org</u>

## ADULT INTEREST

Present Provide Provid

# adult interest

## Women in Wine

#### Ages 21 and up

Do you know women only represent 10% of wine makers around the world? Let's celebrate them by supporting female winemakers and winery owners. Participants will taste 5 delicious hand-crafted wines made with a woman's touch. Location: Lake Ellyn Boathouse. Min/Max: 10/30. (dm)

#/Link	Day	Date	Time	R/NR
<u>128190</u>	W	5/10	6-7:30pm	\$50/\$65

### DUNHAM WOODS FARM Adult Horsemanship

#### Ages 18 and up

Join in the fun at Dunham Woods Farm with beginning riding lessons. You'll learn all about the proper ways to groom, tack, and handle horses. In the saddle you will learn the basics of riding at the walk and trot. Lessons will be held in our indoor arena during inclement weather. Riders should wear jeans or Jodhpur pants and hard soled riding or hiking boots with a small, low heel. Bring an approved riding helmet or bicycle helmet. Make up class held at the end of the six weeks. Location: Dunham Woods Farm. Min/Max: 1/3. (dm)

#/Link	Day	Date	Time	R/NR
<u>128084</u>	W	3/29-5/3	7-8pm	\$195/\$260
<u>128085</u>	W	5/31-7/5	7-8pm	\$195/\$260

### CHERYL RAUSCH ART Rock Painting

#### Ages 18 and up

Create your own art rocks by simply using your imagination and the art supplies provided for you. This is a fun and easy alternative to making your own custom art. Location: Spring Avenue Recreation Center. Min/Max: 5/15. (ks)

#/Link	Day	Date	Time	R/NR
<u>127971</u>	Sa	4/29	10-11:30am	\$43/\$58

## CHERYL RAUSCH ART Uncorked Creatives

Ages 21 and up

Spend a fun evening creating a custom canvas painting with a spring fling theme. Paint bright spring flowers and add springtime holiday elements if desired. Attendees should bring a beverage of choice (we suggest wine!) and willingness to have fun with paint. All art supplies will be provided. Alcohol is not provided, but is permitted. Location: Lake Ellyn Boathouse. Min/Max: 5/15. (ks)

#/Link	Day	Date	Time	R/NR
<u>127497</u>	Th	3/23	6:30-8:30pm	\$52/\$63

## Life Drawing



## **Recreation Music Making Piano**

#### Ages 18 and up

Group lessons for the piano hobbyist with an emphasis on the joy of making music with others in a stress-free environment. A piano or keyboard for at-home playing is recommended. Participants may need to order music determined at first class. Location: Wheaton North High School. Min/Max: 5/5. (ks)

#/Link	Day	Date	Time	R/NR
<u>127992</u>	W	4/19-5/24	6:30-7:30pm	\$100/\$120



## Sink-O De Mayo Mini Golf Tournament

#### Ages 21 and up

This event includes 18 holes of mini golf, drinks for purchase from Two Hound Red (one drink ticket included with registration), appetizers, prizes, and awards. Register your own foursome of golfers for a shotgun-start style scramble. Individual registrations will be paired with other golfers into foursomes. Location: Holes & Knolls. Min/Max: 12/24. (Is)

#/Link	Day	Date	Time	R/NR
128385	F	5/5	6:30-9pm	\$30/person

## **Adult Beginner Tap**

#### Ages 18 and up

Tap dance is an American art form that is not only entertaining to watch (and hear) but it's fun (and easy) to learn. Tap teaches rhythm, improves balance, and provides a great workout. This class includes warm-ups, basic steps, and traveling combinations. Tap shoes are required and available for purchase through the Park District. For questions regarding shoe purchase, email <u>kspeck@gepark.org</u>. Location: Spring Avenue Recreation Center. Min/Max: 4/20. (ks)

#/Link	Day	Date	Time	R/NR
<u>127993</u>	Tu	4/4-5/9	8-9pm	\$60/\$75

## **Adult Beginner Ballet**

#### Ages 18 and up

A perfect class for those getting started or revisiting ballet again as an adult. This class will focus on alignment, foundation of technique, and movement quality. Location: Spring Avenue Recreation Center. Min/Max: 4/20. (ks)

#/Link	Day	Date	Time	R/NR
<u>127994</u>	Th	4/6-5/11	7-7:45pm	\$60/\$75

#### DANCIN' FEET West Coast Swing

#### Ages 18 and up

West Coast Swing (WCS) is a popular form of swing dancing that has spread across the world. Although its history and roots come from Lindy Hop, part of the appeal of WCS is that it is an adaptable dance; it can be danced to a variety of musical styles and genres. In addition, the dance itself creates room for improvisation and interaction between the partners like a conversation. Location: Spring Avenue Recreation Center. Min/Max: 4/12. (ks)

#/Link	Day	Date	Time	R/NR
<u>127503</u>	W	2/15-3/22	7-8pm	\$60/\$75
<u>128000</u>	W	4/5-5/10	7-8pm	\$60/\$75
<u>128001</u>	W	5/17-6/14	7-8pm	\$50/\$63

## DANCIN' FEET Swing Dance

#### Ages 18 and up

Swing dance, known also as Jitterbug and East Coast Swing, is a popular and versatile dance. This class will teach you how to dance swing with ease and confidence. Basic lead and follow techniques will be covered in addition to many popular patterns. The class is open to couples, as well as singles. Location: Spring Avenue Recreation Center. Min/Max: 4/12. (ks)

#/Link	Day	Date	Time	R/NR
<u>127501</u>	Th	2/16-3/23	6:30-7:30pm	\$60/\$75
<u>127998</u>	Th	4/6-5/11	6:30-7:30pm	\$60/\$75
<u>127999</u>	Th	5/18-6/15	6:30-7:30pm	\$50/\$63

### DANCIN' FEET Ballroom Dance

#### Ages 18 and up

Learn the basics of Waltz and Foxtrot. Register with your favorite partner, or individually, for this enjoyable, fun, and energy packed dance session. You'll be ready to hit the dance floor in no time. Location: Spring Avenue Recreation Center. Min/Max: 4/12. (ks)

#/Link	Day	Date	Time	R/NR
<u>127499</u>	Th	2/16-3/23	7:30-8:30pm	\$60/\$75
<u>128002</u>	Th	4/6-5/11	7:30-8:30pm	\$60/\$75
<u>128003</u>	Th	5/18-6/15	7:30-8:30pm	\$50/\$63

## **Mindfulness Meditation**

Ages 18 and up

Train your mind the way you train your body for the perfect way to stay centered. Learn centuries-old meditation techniques and breathing exercises from Chopra Center certified instructor Stephanie Frantz to reduce anxiety and stress and increase your overall health and sense of well-being. Location: Main Street Recreation Center. Min/Max: 3/14. (dm)

#/Link	Day	Date	Time	R/NR
<u>127434</u>	Sa	2/25-3/18	1-1:50pm	\$75/\$85
<u>128177</u>	Th	5/4-5/25	1-1:50pm	\$75/\$85

## **Seated Tai Chi**

#### Age 18 and up

Clear-mindedness and better health come from the practice of Tai Chi. All ages can benefit from breath work, balancing both sides of the body, and improved upper body strength and flexibility. Taught by Yvonne Czarniak, a certified instructor in Tai Chi Chuan. Location: Wheaton Park District Mary Lubko Center. Min/Max: 1/3. (dm)

#/Link	Day	Date	Time	R/NR
<u>127433</u>	Th	2/23-3/30	10-11am	\$57/\$70
<u>128178</u>	Th	4/13-5/25	10-11am	\$67/\$80

## Nature Walking Club Free!

#### Ages 18 and up

Bring your sense of adventure and wonder as we explore our natural heritage on local trails. These casual walks will highlight seasonal happenings and are held rain or shine. Min/Max: 4/12. (lb)

#/Link	Day	Date	Time	R/NR	
Winter Botany on the Prairie Path-East					
<u>127743</u>	F	2/10	9-10am	Free w/registration	
Wildlife Wa	itch on the	Prairie Pat	h-West		
<u>127744</u>	F	3/10	9-10am	Free w/registration	
Maryknoll	Exploratio	n			
<u>127891</u>	F	4/14	9-10am	Free w/registration	
Wildflower Walk at Churchill Park					
<u>127892</u>	F	5/19	9-10am	Free w/registration	

## Forest Bathing Wellness Walk with Jeanne lovinelli

#### Ages 18 and up

Forest bathing is a wellness practice that creates healing and rest for body and mind. A certified nature and forest therapy guide will provide gentle invitations that awaken the senses, encourage mindfulness, and reconnect you with the natural world. A tea ceremony (made with foraged herbs) concludes each experience, leaving participants replenished and revitalized. Jeanne lovinelli became a certified forest therapy guide in January 2019. She was trained under Amos Clifford, the founder of the Association of Nature and Forest Therapy Guides and Programs, at Sugarloaf Ridge State Park, Kenwood, CA. Location: Churchill Park. Min/Max: 4/12. (Ib)

#/Link	Day	Date	Time	R/NR
<u>127876</u>	Su	4/23	1-3pm	\$15/\$20

## Forest Bathing Wellness Walk with Retta Hennessy

#### Ages 18 and up

Forest bathing is a wellness practice that creates healing and rest for body and mind. A certified nature and forest therapy guide will provide gentle invitations that awaken the senses, encourage mindfulness, and reconnect you with the natural world. A tea ceremony (made with foraged herbs) concludes each experience, leaving participants replenished and revitalized. Retta Hennessy is a certified forest therapy guide, completing her training at the Morton Arboretum in 2017. She is an Illinois Master Naturalist and an early childhood educator with a Master of Education degree. Leading forest bathing walks has enabled her to share a love of teaching and nature with people of all ages. Location: Churchill Park. Min/Max: 4/12. (Ib)

#/Link	Day	Date	Time	R/NR
<u>127877</u>	Sa	5/13	4-6pm	\$15/\$20



active older adults

#### who to contact:

- (dm) David MacDonald, <u>dmacdonald@gepark.org</u>
- (ks) Katy Speck, <u>kspeck@gepark.org</u>
- (rb) Rebecca Brush, rbrush@gepark.org

## active older adults

## **Holiday Luncheons**

#### Ages 55 and up

Join us for a delicious meal, fun activities, and great company. Food will be provided by local restaurants. The meal will include snacks, main dish, drink, and desserts. Lunch will be served by noon followed by fun activities or entertainment for you to enjoy. Register in person or online. All luncheons are held at the Main Street Recreation Center. Min/Max: 10/40. (dm)

#/Link	Day	Date	Time	R/NR
Shamrocks:	Corn Beef	and Cabbag	<i>je</i>	
<u>127464</u>	Tu	3/14	11:30am-1:30pm	\$10/\$12
Bunny Brun	ch: Eggs ar	nd French To	ast	
<u>128194</u>	Tu	4/11	11:30am-1:30pm	\$10/\$12
Kickoff to Summer: BBQ and Pasta Salad				
<u>128195</u>	Tu	5/16	11:30am-1:30pm	\$10/\$12

## Friday Night Senior Bingo

#### Ages 55 and up

Let's get together for bingo! Join us on the first Friday of every month from 6-8pm at Ackerman Sports & Fitness Center for Senior Bingo. Enjoy several rounds of bingo while socializing with the community. Prizes will be awarded each night, including a grand prize at the end of the last game. No registration required. \$1 per card. (rb)

## Donuts and Bingo Free!

#### Ages 55 and up

Play bingo at Main Street Recreation Center on the 2nd Thursday of each month. Visit with friends over coffee and donuts while playing everyone's favorite game. Bingo will be free to play, and games will start at 10:30am. One bingo card per participant. Coffee, donuts, and bingo cards will be provided, and prizes will be awarded to winners. This free drop-in program is offered in partnership with Glen Ellyn Public Library. Min/Max: 5/40. (dm)

## **AARP Driver Safety**

#### Ages 55 and up

Become a safer driver by sharpening your defensive driving skills. Our class combines discussion and text. Completion of this program entitles you to a reduction on your automobile insurance premium. Payment of \$20 for current AARP members and \$25 for non-members is payable to AARP at the first meeting (cash or check only). No refund after attending the first meeting. Location: Main Street Recreation Center. Min/Max: 5/25. (dm)

#/Link	Day	Date	Time	R/NR
128204	W-Th	4/19-4/20	9am-1pm	See description

## AARP Tax-Aide Free!

#### Ages 60 and up

Free tax assistance for the elderly will be available on Mondays from AARP Tax-Aide volunteers. The volunteers are trained and certified through an Internal Revenue Service program. Be sure to bring all your tax information from prior tax filing year and all your tax documents for current tax filing year to your appointment. Location: Main Street Recreation Center. (dm)

#### Appointments are required by calling (630) 858-2463

Day	Date	Appointment Times	R/NR
Μ	2/6-4/10	8:30am, 9:30am, or 10:30am	Free w/appointment

## The Gazette

Subscribe to receive The Gazette, a newsletter for seniors and active older adults, to your home! This FREE printed newsletter is mailed out quarterly to subscribers ages 60 and older. Please be sure to include your email address if you would also like to receive each edition via email.

Questions? Please contact David MacDonald at <u>dmacdonald@gepark.org</u> or (630) 942-7266.




## ILLINOIS SECRETARY OF STATE Rules of the Road Free!

Ages 65 and up

The Rules of the Road Review Course is designed to give drivers – especially senior citizens and persons with disabilities – the knowledge and confidence needed to renew or obtain a driver's license. The review course combines an explanation of the driving exam with a practice written exam. Location: Main Street Recreation Center. Min/Max: 5/20. (dm)

#/Link	Day	Date	Time	R/NR
<u>127435</u>	F	3/17	10am-12pm	Free w/registration

## CHERYL RAUSCH ART Create Your Own Note Cards

Ages 50 and up

Using a provided pack of blank note cards, create your own personal note cards. Bring your imagination and willingness to play with the art supplies provided for you. Location: Spring Avenue Recreation Center. Min/Max: 5/15. (ks)

#/Link	Day	Date	Time	R/NR
<u>127972</u>	W	5/31	11am-12:30pm	\$43/\$58

## CHERYL RAUSCH ART Making Mandalas

#### Ages 50 and up

Art mandalas are a wonderful way to encourage relaxation, as well as stimulate creativity. These geometric designs are not only beautiful, but they are also easy to create. During this class, you will be guided through the process of creating your own mandala. All art supplies will be provided. Location: Spring Avenue Recreation Center. Min/Max: 5/15. (ks)

#/Link	Day	Date	Time	R/NR
127550	W	3/8	11am-12:30pm	\$43/\$58



# **MSRC Senior Clubs**

MSRC Senior Club offerings for all those over the age of 60. Club meetups take place at the Main Street Recreation Center, 501 Hill Avenue. Reservations are encouraged to attend club meetings by calling (630) 858-2463. (dm)

#### American Mah-Jongg Club Free!

Make new friends every Friday between 10 a.m and 2 p.m. as you play one of the world's greatest tile-based games. All experience levels are welcome to learn and play.

## Book Club Free!

Are you an avid reader and enjoy discussing books? Join our book club which meets the third Monday of each month from 10 to 11 a.m. Snacks will be provided. Books can be checked out from Glen Ellyn Public Library.

March 20: The Language of Butterflies by Wendy Williams April 17: The Four Winds by Kristin Hannah May 15: Music of Bees by Eileen Garvin

#### Card Club Free!

Gather with other card game enthusiasts from 10 a.m. to 12 p.m. to play your favorite games every second and fourth Wednesday of the month. All levels of card players are welcome. Card decks will be provided.

## Poker Club Free!

Join us from 3 to 5 p.m. on the first and third Tuesday of the month for poker. All experience levels are welcome to join. Card decks and chips will be provided.

#### Trivia and Social Club Free!

Senior social club offers the opportunity to play games, learn something new, or even test your knowledge at themed trivia. The club meets on the third Thursday of each month from 10 to 11 a.m. Snacks and treats are served.

March 16: Luck of the Irish April 20: April Fools May 18: Armed Forces

# day trips



# **Glen Ellyn Cruisin' Crew**

Ages 55 and up

Join us as we venture out to St. Charles to celebrate St. Patrick's Day. This is a great chance to socialize and meet new people in the area while enjoying local fare. Following lunch at McNally's Pub, participants will have the opportunity to walk and tour downtown St. Charles. Take a ride on the Park District bus for just \$5. Participants are responsible for all costs at the different locations. Registration is required for all attendees. Bus will depart from Main Street Recreation Center. Min/Max: 4/14. (dm)

#/Link	Day	Date	Time
<u>127427</u>	W	3/8	11:30am-2:30pm

# **Rivers Casino Des Plaines**

Ages 21 and up

Looking for a way to beat the winter blues? Well, leave the driving to us and try your luck at Rivers Casino. Home to Chicago's hottest gaming action, Rivers Casino boasts the most slot jackpots and the biggest payouts on table games. Any gambling or food purchases are on your own. Be sure to bring a valid driver's license (not expired) or state ID with you on the day of the trip. Fee includes transportation. Departs from Main Street Recreation Center. Min/Max: 5/7. (dm)

#### Register by 2/20

#/Link	Day	Date	Time	R/NR
<u>127428</u>	Th	3/9	10am-3pm	\$20/\$25

# Frank Lloyd Wright Home Tour & Lunch

Ages 21 and up

Join us on a visit to Frank Lloyd Wright's Oak Park first home and studio. His first home was used to experiment with design concepts that contain the seeds of his architectural philosophy. In his adjacent studio, Wright and his associates developed a new American architecture the Prairie style. Trained interpreters offer insights into Wright's family life and architectural career. Fee includes transportation, tour, and lunch. Departs from Main Street Recreation Center. Min/Max: 10/14. (dm)

#### Register by 3/4

#/Link	Day	Date	Time	R/NR
<u>128379</u>	F	3/24	9:30am-3:30pm	\$70/\$85

# The Gazette

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Questions? Please contact David MacDonald at <u>dmacdonald@gepark.org</u> or (630) 942-7266.

# **Tacos & Tequila**

#### Ages 21 and up

Tacos and Tequila tour is designed to showcase the truly hidden gems of Milwaukee's Latino community. On this three-hour, narrated bus tour, we will visit 3 restaurants for entrees such as tacos, sopas, enchiladas, and more. Each location will be paired with a half-sized margarita or tequilainfused drink. Make sure to save room for dessert - churros from a woman-owned, local Hispanic bakery. This trip will involve getting on and off the bus multiple times and there will be stairs at some of the locations. Fee includes transportation, step on guide, guide gratuity, substantial food portions, 3 half-sized margaritas, and dessert. Departs from Main Street Recreation Center. Min/Max: 8/12. (dm)

#### Register by 3/21

#/Link	Day	Date	Time	R/NR
<u>128213</u>	Th	4/6	8:30am-4:30pm	\$139/\$144

# **Historic Pullman Tour & Lunch**

#### Ages 21 and up

Let's visit the Historic Pullman Exhibit Hall located in the Pullman neighborhood of Chicago. George Pullmans was an engineer and industrialist and known for the creation of the sleeping car and the company town, known as Pullman. The tour will provide an interpretive look at the creation of the company town, the Pullman Palace Car Company and their founder, George M. Pullman. After viewing the video and exhibits at the Exhibit Hall, your docent will take you on a short walk of modern neighborhood of Pullman, while providing informed commentary about the history of Pullman, its architecture, and the landmark historic community today. Fee includes transportation, tour, and lunch. Departs from Main Street Recreation Center. Min/ Max: 8/14. (dm)

#### Register by 4/1

#/Link	Day	Date	Time	R/NR
<u>128380</u>	F	4/14	9:30am-3:30pm	\$60/\$75

# School of Rock at the Paramount Theatre

#### Ages 21 and up

From the genius mind of Andrew Lloyd Webber comes a rousing, feel good, and inspirational story of kids at a prestigious prep school. Wannabe rocker Dewey Finn has just been kicked out of his band, he can't pay rent, and his life is falling apart. He scams his way into a teaching job meant for his roommate and turns a class of straight-A pupils into a guitar-shredding, bass-slapping, mindblowing rock band. Dewey's love of music and rock soon inspires the kids to pursue what they love. Fee includes transportation and main floor seating. Departs from Main Street Recreation Center. Min/Max: 5/7. (dm)

#### Register by 3/17

#/Link	Day	Date	Time	R/NR
<u>127430</u>	W	4/19	12:30-4:30pm	\$49/\$54

# Cantigny Park Self-Guided Tour & Lunch

#### Ages 21 and up

Discover the gift of a lifetime with a visit to Cantigny Park. Participants will enjoy self-guided tours of all the facilities at Cantigny with lunch served from Bertie's Café. Cantigny Park first opened to the public in 1958. It is home to the First Division Museum, Cantigny Gardens, walking trails that stretch nearly 3 miles as well as the Education and Visitor center. Fee includes transportation, parking, and lunch. Departs from Main Street Recreation Center. Min/ Max: 8/14. (dm)

#### Register by 4/25

#/Link	Day	Date	Time	R/NR
<u>128214</u>	F	5/12	9:30am-3:30pm	\$35/\$45



# nature

# DuPage River Sweep: Lake Ellyn Clean-up Free!

## Volunteer Opportunity

All ages

Please join us as we continue our tradition of helping to facilitate the annual DuPage River Sweep - cleaning the shorelines of the East Branch of the DuPage River. Our efforts this year will focus on Lake Ellyn, whose waters enter the river system. Lend a hand and help remove trash from the shoreline and throughout the park. If you have rubber boots or hip waders, please bring them. We will provide buckets, gloves, garbage bags, a limited number of garbage pickers, and fine meshed nets for smaller plastic debris. Registration through The Conservation Foundation is required at <u>theconservationfoundation.org/sweep</u>. Presented by Glen Ellyn Park District and The Conservation Foundation. Children should be accompanied by an adult. Location: Lake Ellyn Park. Min/Max: 4/60. (Ib)

Day	Date	Time	R/NR
Sa	5/20	9am-12pm	Free w/registration

# Blanding's Turtle Head Start Program with Dan Thompson Free!

Ages 14 and up

The Blanding's turtle is a medium-sized, freshwater turtle known for its yellow chin, throat, and speckled shell. Populations have been declining and was listed as stateendangered in 2009. The Forest Preserve District of DuPage County has been working since 1996 to hatch Blanding's turtles in captivity and then raise them for a year before releasing them into the wild. Come see what 27 years of effort has done to save this endangered species. Location: Spring Avenue Recreation Center. Min/Max: 15/40. (lb)

#/Link	Day	Date	Time	R/NR
<u>127878</u>	W	3/22	6:30-7:30pm	Free w/registration

# **Restoration Workday** Free!

#### **Volunteer Opportunity**

Ages 8 and up

Help clear invasive plants, cut, and stack brush, plant native flowers, trees, and seeds, maintain trails, and more. Please bring your own work gloves and water bottle. Contact Laurie at <u>lbellmar@gepark.org</u> if you have questions. (lb)

#/Link	Day	Date	Time	R/NR				
Ackerman W	Ackerman Woods							
<u>127746</u>	Sa	2/18	9-11am	Free w/registration				
Churchill Pa	rk							
<u>127747</u>	Sa	3/18	9-11am	Free w/registration				
Manor Park								
<u>127893</u>	Sa	4/15	9-11am	Free w/registration				
DuPage River Sweep at Lake Ellyn								
<u>127894</u>	Sa	5/20	9am-12pm	Free w/registration				

# **Preschool Nature Outings**

Ages 2-5 with adult

Explore nature this spring. Each class will feature a different topic supported by a story, craft/project, and an easy exploratory hike. Min/Max: 4/12. (lb)

#/Link	Day	Date	Time	R/NR			
Coyotes at Ackerman Woods							
<u>127738</u>	F	2/17	10-11am	\$10/\$15			
Salamanders	Salamanders at Churchill Park						
<u>127739</u>	F	3/3	10-11am	\$10/\$15			
Eggs at Mary	Eggs at Maryknoll Park						
<u>127879</u>	F	3/31	10-11am	\$10/\$15			
Frogs at Chu	rchill Park						
<u>127880</u>	F	4/21	10-11am	\$10/\$15			
Baby Animal	Baby Animals at Lake Ellyn						
<u>127881</u>	F	5/5	10-11am	\$10/\$15			
Wildflowers at Churchill Park							
<u>127882</u>	F	5/26	10-11am	\$10/\$15			

# **Kindergarten Nature Play**

#### Ages 5-6

Could your kindergartner benefit from additional time outside or more time to play? This series provides supervised child-directed play in a natural area, free from the classroom and technology. Participants develop motor skills, social skills, and imagination, in addition to learning first-hand about the natural world. Bring a water bottle and lunch, and dress appropriately for the weather. Play time will take place rain or shine but may be canceled for inclement weather. Transportation is not provided. Location: Churchill Park. Min/Max: 3/8. (lb)

#### For A.M. Kindergarten Students

Lunch at Churchill Park first, then play

#/Link	Day	Date	Time	R/NR
<u>127883</u>	W	4/19-5/3	11:45am-1:15pm	\$45/\$60
<u>127884</u>	W	5/10-5/24	11:45am-1:15pm	\$45/\$60

#### For P.M. Kindergarten Students

Play first, then eat lunch before school

#/Link	Day	Date	Time	R/NR
<u>127885</u>	W	4/19-5/3	10:45am-12:15pm	\$45/\$60
<u>127886</u>	W	5/10-5/24	10:45am-12:15pm	\$45/\$60

# **Woodland Valentine Hunt**

All ages

We are giving animals some love this Valentine's Day. Follow the trail to find valentines to all the woodland animals. Follow clues to a hidden treat to leave for the wildlife, then find a valentine prize for you. Fee is per child. Adult accompaniment is required, as this is self-guided. Location: Churchill Park. Min/Max: 10/70. (Ib)

#/Link	Day	Date	Time	R/NR
<u>127759</u>	Sa	2/18	1-2pm	\$10/\$15

# games, l areas wh Park. Mi 127888

# **Coyote Crossing**

#### Kids Day Off Program

#### Ages 5-12

Learn to recognize signs of coyotes and other animals. Make casts of animal tracks. Hike and look for signs of wildlife in the woods. Location: Ackerman SFC. Min/Max: 4/12. (Ib)

#/Link	Day	Date	Time	R/NR
<u>127758</u>	F	2/17	1:30-3pm	\$10/\$15

# Winter Terrarium

#### Ages 5-12

Build a tiny winter wonderland with items you collect and cute creatures you create with clay. Location: Spring Avenue Recreation Center. Min/Max: 4/12. (lb)

#/Link	Day	Date	Time	R/NR
<u>127761</u>	W	2/22	3:45-5pm	\$20/\$25

# Signs of Spring

#### Kids Day Off Program

Ages 5-12

What changes let us know spring is coming? Take a walk in the woods, and learn about buds, leaves, animal babies, and more. Location: Ackerman SFC. Min/Max: 4/12. (Ib)

#/Link	Day	Date	Time	R/NR
<u>127887</u>	F	3/24	1:30-3pm	\$10/\$15

# **All About Eggs**

#### Kids Day Off Program

Ages 5-12

It isn't just chickens that lay eggs. With stories, art, and games, learn about the wild animals in Glen Ellyn natural areas whose babies hatch from eggs. Location: Maryknoll Park. Min/Max: 4/12. (Ib)

#/Link	Day	Date	Time	R/NR
<u>127888</u>	F	4/7	10-11:30am	\$10/\$15

gistration for blue code numbers begins at 9am on February 4, 2023

#### **EARTH WEEK:**

# Forest Bathing Wellness Walk with Jeanne lovinelli

#### Ages 18 and up

Forest bathing is a wellness practice that creates healing and rest for body and mind. A certified nature and forest therapy guide will provide gentle invitations that awaken the senses, encourage mindfulness, and reconnect you with the natural world. A tea ceremony (made with foraged herbs) concludes each experience, leaving participants replenished and revitalized. Jeanne lovinelli became a certified forest therapy guide in January 2019. She was trained under Amos Clifford, the founder of the Association of Nature and Forest Therapy Guides and Programs, at Sugarloaf Ridge State Park, Kenwood, CA. Location: Churchill Park. Min/Max: 4/12. (Ib)

#/Link	Day	Date	Time	R/NR
<u>127876</u>	Su	4/23	1-3pm	\$15/\$20

## EARTH WEEK: Wildflower Walk Free!

#### Ages 18 and up

Many spring wildflowers bloom before the trees leaf out and are gone shortly afterwards. Take a walk to admire these ephemeral beauties and learn the adaptations that allow them to thrive. Location: Lake Ellyn Park. Min/Max: 4/12. (Ib)

#/Link	Day	Date	Time	R/NR
<u>127889</u>	Tu	4/25	9-10am	Free w/registration

# EARTH WEEK: Relay Race for the Earth

#### Ages 5-12

Smart strategies to reduce waste are an important part of sustainable communities. Celebrate Earth Day with fun and educational games, such as a recycling relay and a trash timeline (to learn how long it takes garbage to decompose). Location: Ackerman SFC. Min/Max: 4/12. (lb)

#/Link	Day	Date	Time	R/NR
<u>127929</u>	W	4/26	3:45-5pm	\$10/\$15

## EARTH WEEK: Library Storytime Free!

#### Ages 5 and under with adult

Glen Ellyn Park District is partnering with the Glen Ellyn Public Library for storytime in the park. Listen to a book about caring for the Earth, then take action with an activity where we will do just that. Location: Danby Park. Rain Location: Glen Ellyn Public Library. Children should be accompanied by an adult. Min/Max: 4/20. (lb)

#/Link	Day	Date	Time	R/NR
<u>127931</u>	Th	4/27	10:30-11:30am	Free w/registration

# EARTH WEEK: Arbor Day Tree Walk Free!

#### Ages 18 and up

Join us in celebration of Arbor Day. The program will begin with the planting of a new tree to add variety and biodiversity to the landscape. We will continue with a walk around the lake, observing bark, twigs, and leaves to identify trees in the park. Location: Lake Ellyn Park. Min/ Max: 4/20. (lb)

#/Link	Day	Date	Time	R/NR
<u>127932</u>	F	4/28	9-10am	Free w/registration

#### EARTH WEEK: Buckthorn Toy Workshop Kids Day Off Program

Ages 5-12

Buckthorn is an unwanted shrub that invades our natural areas, creating a dense understory in our woodlands and preventing native shrubs and wildflowers from thriving. Learn how this invasive brush can be turned into fun and useful toys. Sean Shaffer is a Nature Play Specialist with the Chicago Park District. He will demonstrate the use of hand tools to create walking sticks, magic wands, action figures, fairy furniture, name necklaces, whammy doodles, and tinker toys. Children are encouraged to use their creativity to create new inventions. Interested adults are welcome. Location: Churchill Park. Min/Max: 8/20. (Ib)

#/Link	Day	Date	Time	R/NR
127930	F	4/28	2-4pm	\$10/\$15



# EARTH WEEK: Breakfast with the Birds

#### All ages

Our Earth Week concludes with a celebration of birds. Many birds are resting and refueling on their journeys north to their breeding grounds. Join us for donuts and coffee or hot chocolate. See how many birds you can identify on a walk through the park. Participants will receive a bird passport to check off. Each passport can be entered in a drawing to win a gift basket. Children must be accompanied by an adult. Location: Churchill Park. Min/Max: 10/70. (lb)

#/Link	Day	Date	Time	R/NR
<u>128201</u>	Sa	4/29	9-10:30am	\$5/\$7

# **Endangered Species Day**

Ages 5-12

On Endangered Species Day, take action for local endangered animals and plants with a restoration project, educational activities, and art. We will learn about local scientists and the work they are doing to save threatened species. Location: Churchill Park. Min/Max: 4/12. (lb)

#/Link	Day	Date	Time	R/NR
127933	F	5/19	3:45-5pm	\$10/\$15

# Family Wildflower Walk

All ages

Many spring wildflowers bloom before the trees leaf out and are gone shortly afterwards. Take a walk to admire these ephemeral beauties and learn the adaptations that allow them to thrive. Children must be accompanied by an adult. Location: Lake Ellyn Park. Min/Max: 8/20. (Ib)

#/Link	Day	Date	Time	R/NR
<u>127934</u>	Sa	5/20	1-2pm	\$5/\$7

# Nature Maker Art with Liita Forsyth

#### Ages 7-14

Spend Mondays after school with Liita Forsyth - artist, naturalist, teacher, and proprietor of The Little Bits Workshop. Spring will be the theme of this session. Time will be spent observing nature firsthand at Lake Ellyn. Students will come inside the Boathouse for art class where they will experiment with different art styles, techniques, and fine motor skills. Location: Lake Ellyn Boathouse. Min/ Max: 8/15. (lb)

#/Link	Day	Date	Time	R/NR
127905	Μ	4/17-5/8	3:45-5pm	\$60/\$70

# Morning Adventure: Nordic Skiing at Arrowhead Golf Course

#### Ages 10-18

Try cross-country skiing on groomed trails. While we may see skiers preparing for races, the course has plenty of room for beginners as well. Dress in snow clothes and layers to enjoy this fun sport. Price includes rental boots, skis, and poles. Location: Arrowhead Golf Club. Min/Max: 6/12. (lb)

#/Link	Day	Date	Time	R/NR
<u>127760</u>	Μ	2/20	9-11am	\$25/\$30

# Adventure Trip: Meet Perry Mastodon

Ages 10-14

In 1963, a huge bone was found while excavating a backyard pond. Revisit the history of this discovery by traveling by Park District bus, making two stops. Learn about the mastodon remains that were found at Perry Pond in Glen Ellyn, then visit Wheaton College for a behind-the-scenes tour to see the reassembled mastodon and to learn about the excavation and restoration of the skeleton. We will also spend time in the geology museum at the Meyer Science Center. Drop off and pick up at Spring Avenue Recreation Center. Min/Max: 6/12. (Ib)

#/Link	Day	Date	Time	R/NR
<u>127890</u>	Μ	5/15	9am-12pm	\$20/\$25



# Nature Walking Club Free!

#### Ages 18 and up

Bring your sense of adventure and wonder as we explore our natural heritage on local trails. These casual walks will highlight seasonal happenings and are held rain or shine. Min/Max: 4/12. (lb)

#/Link	Day	Date	Time	R/NR		
Winter Botany on the Prairie Path-East						
<u>127743</u>	F	2/10	9-10am	Free w/registration		
Wildlife Wa	tch on the	Prairie Pat	h-West			
<u>127744</u>	F	3/10	9-10am	Free w/registration		
Maryknoll I	Exploratio	ז				
<u>127891</u>	F	4/14	9-10am	Free w/registration		
Wildflower Walk at Churchill Park						
<u>127892</u>	F	5/19	9-10am	Free w/registration		

# Winter Bird Walk Free!

#### Ages 18 and up

Winter can be a great time of year to begin birding or refine your skills. Without the leaves on trees, birds are easier to find with binoculars. Identifying birds is also easier without migrants passing through. A limited quantity of binoculars will be available for loan. (Ib)

#/Link	Day	Date	Time	R/NR
Manor Parl	k			
<u>127749</u>	Th	2/9	9-10am	Free w/registration
Ackerman	Woods			
<u>127750</u>	Th	3/2	9-10am	Free w/registration

# Migration Mornings Free!

#### Ages 18 and up

Join us as we experience the wonder and awe of the spring bird migration. Whether you are new to birding or have years of experience, you are welcome to practice your observation and identification skills with us. Thousands of birds pass through our area on their journey north. Take a casual walk with us to catch a glimpse of these beautiful birds and learn why they are so amazing. A limited quantity of binoculars will be available for Ioan. Min/Max: 4/12. (cg)

#/Link	Day	Date	Time	R/NR
Churchill Pa	,	2 4 6 6		
127895	г <b>к</b> Th	4/13	8:30-10am	Free w/registration
Ackerman P	ark			
<u>127897</u>	Th	4/20	8:30-10am	Free w/registration
Manor Park				
<u>127898</u>	Th	4/27	8:30-10am	Free w/registration
Churchill Pa	rk			
<u>127900</u>	Th	5/4	8:30-10am	Free w/registration
Ackerman P	ark			
<u>127901</u>	Th	5/11	8:30-10am	Free w/registration
Manor Park				
<u>127902</u>	Th	5/18	8:30-10am	Free w/registration
Churchill Pa	rk			
<u>127904</u>	Th	5/25	8:30-10am	Free w/registration

# Forest Bathing Wellness Walk with Retta Hennessy

#### Ages 18 and up

Forest bathing is a wellness practice that creates healing and rest for body and mind. A certified nature and forest therapy guide will provide gentle invitations that awaken the senses, encourage mindfulness, and reconnect you with the natural world. A tea ceremony (made with foraged herbs) concludes each experience, leaving participants replenished and revitalized. Retta Hennessy is a certified forest therapy guide, completing her training at the Morton Arboretum in 2017. She is an Illinois Master Naturalist and an early childhood educator with a Master of Education degree. Leading forest bathing walks has enabled her to share a love of teaching and nature with people of all ages. Location: Churchill Park. Min/Max: 4/12. (lb)

#/Link	Day	Date	Time	R/NR
127877	Sa	5/13	4-6pm	\$15/\$20



# sports

# who to contact:

- (dt) Dan Tripp, <u>dtripp@gepark.org</u>
- (dm) David MacDonald, <u>dmacdonald@gepark.org</u>
- (gb) Gabe Billings, <u>gbillings@gepark.org</u>
- (ks) Katy Speck, <u>kspeck@gepark.org</u>
- (rb) Rebecca Brush, <u>rbrush@gepark.org</u>



# early childhood

# ALL STAR SPORTS Adult/Tot Super Sports Jr.

Ages 2-3 with adult

Enjoy this opportunity to bond and have fun together while learning a variety of sports. Adult/Tot Super Sports offers a great opportunity to improve the simple motor skills of catching, throwing, batting, shooting, passing, and running, and improves hand-eye coordination. Adults participate with their child playing soccer, basketball, hockey, T-Ball, and other sports. Equipment is provided. Location: Main Street Recreation Center. Min/Max: 5/16. (dm)

#/Link	Day	Date	Time	R/NR
<u>128239</u>	W	4/12-5/24	9:15-10am	\$91/\$120
<u>128240</u>	Sa	4/8-5/20	9:15-10am	\$91/\$120

# **Ackerman Adult and Tot Sports**

#### Ages 2-5 with adult

Adults play an integral part in helping their tots develop basic sports movement and motor skills. Motor skills activities focus on hand-eye and hand-foot coordination. Sports equipment and instruction are provided to help guide your child through an introduction to organized sports. Adult participation is required. Location: Ackerman SFC. Min/Max: 5/30. (rb)

#/Link	Day	Date	Time	R/NR
<u>128157</u>	Sa	4/8-4/29	8:45-9:30am	\$48/\$72
<u>128158</u>	Sa	5/6-5/27	8:45-9:30am	\$48/\$72

# ALL STAR SPORTS Super Sports

#### Ages 3-6

Designed for the child who wants to "take a shot" at different sports. Kids stay active and work on balance, motor skills and hand-eye coordination while learning the rules of baseball, football, floor hockey, soccer, basketball and more. Each class focuses on a new sport, basic rules, and mechanics while games are played that keep everyone moving. There's no reason to pick a sport when they can play them all. Equipment is provided. Location: Main Street Recreation Center. Min/Max: 5/16. (dm)

#/Link	Day	Date	Time	R/NR
Ages 3-4				
128241	Tu	4/11-5/23	12-12:45pm	\$91/\$120
<u>128242</u>	Th	4/6-5/18	10-10:45am	\$91/\$120
<u>128243</u>	F	4/7-5/19	2:30-3:15pm	\$91/\$120
<b>Ages 3-5</b> <u>128244</u>	Sa	4/8-5/20	11:45am-12:30pm	\$91/\$120
Ages 4-6				
128245	Th	4/6-5/18	10:45-11:45am	\$91/\$120
<u>128246</u>	F	4/7-5/19	1:30-2:30pm	\$91/\$120

## ALL STAR SPORTS Basketball Jr. & Basketball Skills

#### Ages 3-7

Designed to teach the game of basketball at a basic level while making sure the players stay active and engaged. Fun, basketball-like games will be played to teach the importance of each skill. Trainers focus on basic mechanics to build confidence then add larger challenges as players progress. We will work on dribbling with each hand, passing and shooting technique, and understanding basic offense and defense. Basketball Skills is the next level of the Junior program and will build upon the basic skills learned in Basketball Jr. Location: Main Street Recreation Center. Min/Max: 5/16. (dm)

#/Link	Age	Day	Date	Time	R/NR		
Basketball Jr.							
<u>128247</u>	4-6	W	4/12-5/24	10-11am	\$91/\$120		
<u>128248</u>	3-4	W	4/12-5/24	11-11 <b>:</b> 45am	\$91/\$120		
<u>128249</u>	4-5	Th	4/6-5/18	3-3:45pm	\$91/\$120		
<u>128250</u>	3-5	F	4/7-5/19	10-10:45am	\$91/\$120		
Basketbal	Basketball Skills						
<u>128251</u>	5-7	Th	4/6-5/18	3:45-4:45pm	\$91/\$120		
<u>128252</u>	5-7	F	4/7-5/19	10:45-11:45am	\$91/\$120		

## ALL STAR SPORTS Baseball Skills

#### Ages 6-9

Kids learn the importance of proper throwing mechanics, rotational hitting, bunting, fielding, pitching, and catching. Speed and agility techniques are added to increase core strength and mobility for added bat speed, range in the field and linear speed for base running. In-game strategies are included to increase each player's overall knowledge. Participants must bring their own glove. Location: Main Street Recreation Center. Min/Max: 5/16. (dm)

#/Link	Day	Date	Time	R/NR
<u>128259</u>	Tu	4/11-5/23	4:45-5:45pm	\$91/\$120

## ALL STAR SPORTS **T-Ball Jr.**

#### Ages 3-6

T-Ball can be a boring game if taught incorrectly. This approach to baseball is one that engages players regardless of skill level. They learn basic building blocks in a fun, safe environment. Program keeps players moving and learning even while in the dugout. Mechanics and hand eye coordination are the keys to early success. Players gain confidence as they learn the proper mechanics of catching, throwing, fielding, base running, and batting. Participants must bring their own glove. Location: Main Street Recreation Center. Min/Max: 5/16. (dm)

#/Link	Day	Date	Time	R/NR
Ages 3-4				
<u>128260</u>	Tu	4/11-5/23	3-3:45pm	\$91/\$120
<u>128261</u>	F	4/7-5/19	3:15-4pm	\$91/\$120
Ages 4-6				
128262	Tu	4/11-5/23	3:45-4:45pm	\$91/\$120

# Ackerman Tot T-Ball

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#### Ages 3-5 with adult

This class will introduce baseball fundamentals and game play including batting, catching, throwing, and base running. Participants will also learn the importance of good sportsmanship in a non-competitive, fun atmosphere. Adult participation is required. Location: Ackerman SFC. Min/ Max: 5/30. (rb)

#/Link	Day	Date	Time	R/NR
<u>128170</u>	Sa	4/8-4/29	9:30-10:15am	\$48/\$72
<u>128378</u>	Sa	5/6-5/27	9:30-10:15am	\$48/\$72

# **Adult/Tot Hockey**

Ages 3-4 with adult

Introduce the exciting sport of ice hockey to your tot. Adults and tots are on the ice together enjoying the fastpaced sport. Both must wear skates. This class teaches coordination, balance, and agility in a fun atmosphere. Location: Center Ice of DuPage. Min/Max: 1/20. No class 3/29-4/1 or 6/8-6/10. (ks)

#/Link	Day	Date	Time	R/NR
128179	Sa	3/4-4/29	9:10-9:40am	\$165
<u>128180</u>	Sa	5/6-6/24	9:10-9:40am	\$165

# Little Hockey 1

#### Ages 3-5

For participants who have had no formal instruction. Kids will learn ice coordination, balance, and agility in a fun atmosphere while wearing hockey equipment. Hockey skates and helmet required. Hockey stick is optional. Location: Center Ice of DuPage. Min/Max: 1/20. No class 3/29-4/1 or 6/8-6/10. (ks)

#/Link	Day	Date	Time	R/NR
<u>128181</u>	W	3/1-4/26	9:40-10:10am	\$155
<u>128183</u>	Th	3/2-4/27	4:30-5pm	\$155
<u>128185</u>	Sa	3/4-4/29	9:10-9:40am	\$155
<u>128182</u>	W	5/3-6/7	9:40-10:10am	\$145
<u>128184</u>	Th	5/4-6/22	4:30-5pm	\$155
<u>128186</u>	Sa	5/6-6/24	9:10-9:40am	\$155

# Adult/Tot Ice Skating

#### Ages 3-4 with adult

Adults and tots are on the ice together. Both must wear skates. This class teaches ice coordination, balance, and agility in a fun atmosphere. Location: Center Ice of DuPage. Min/Max: 1/20. No class 3/29-4/1 or 6/8-6/10. (ks)

#/Link	Day	Date	Time	R/NR
<u>128798</u>	Th	3/2-4/27	4:30-5pm	\$165
<u>128223</u>	Sa	3/4-4/29	10-10:30am	\$165
<u>128224</u>	Sa	3/4-4/29	11-11:30am	\$165
<u>128225</u>	Th	5/4-6/22	4:30-5pm	\$165
<u>128226</u>	Sa	5/6-6/24	10-10:30am	\$165
<u>128227</u>	Sa	5/6-6/24	11-11:30am	\$165



# Ice Skating: Tot 1

#### Ages 4-5

This class teaches progressive levels 1 to 4 providing children with ice orientation, balance, agility, and fun. Skate rentals are available. Location: Center Ice of DuPage. Min/Max: 1/20. No class 3/29-4/1 or 6/8-6/10. (ks)

#/Link	Day	Date	Time	R/NR
128234	W	3/1-4/26	9:40-10:10am	\$155
<u>128228</u>	Th	3/2-4/27	4:30-5pm	\$155
<u>128229</u>	Sa	3/4-4/29	10-10:30am	\$155
<u>128230</u>	Sa	3/4-4/29	11-11:30am	\$155
<u>128235</u>	W	5/3-6/7	9:40-10:10am	\$145
<u>128231</u>	Th	5/4-6/22	4:30-5pm	\$155
<u>128232</u>	Sa	5/6-6/24	10-10:30am	\$155
<u>128233</u>	Sa	5/6-6/24	11-11:30am	\$155

# **Special Skater**

#### Ages 3 and up

This class will follow the Learn to Skate USA Adaptive and Basic Skills curriculum. Skating helps to foster social skills, balance, a team atmosphere, a sense of achievement, and fun. Location: Center Ice of DuPage. Min/Max: 1/20. No class 3/29-4/1 or 6/8-6/10. (ks)

#/Link	Day	Date	Time	R/NR
<u>128236</u>	Sa	3/4-4/29	12:10-1pm	\$130
<u>128237</u>	Sa	5/6-6/24	12:10-1pm	\$130

## FUTURE PROS Adult/Tot Lakers Soccer

#### Ages 2-3 with adult

This program provides the opportunity for you and your child to play soccer together. This class will work on simple motor skills such as dribbling, passing, and shooting. Adults participate with their child. Each participant receives a soccer ball. Location: Ackerman SFC. Min/Max: 8/20. (gb)

#/Link	Day	Date	Time	R/NR
<u>127896</u>	F	4/7-6/9	9:30-10:15am	\$110/\$160

# FUTURE PROS Little Lakers Soccer

#### Ages 4-6

Introduce your little one to the world's most popular sport. Your child will learn not only basic skills, but also a lifetime love for soccer. Each participant receives a soccer ball. Location: Ackerman SFC. Min/Max 8/20. (gb)

#/Link	Day	Date	Time	R/NR
127899	F	4/7-6/9	10:30-11:15am	\$110/\$160

#### ALL STAR SPORTS Soccer Jr. & Soccer Skills

#### Ages 3-7

There's no sitting and waiting in the action-packed game of soccer. The game is taught by hiding drills in fun games and using association techniques on the players' levels. Simple foot skills, dribbling, passing, shooting, basic rules, and even work on spreading the field are covered. Kids also learn teamwork and sportsmanship. Equipment is provided. Soccer Skills is the next level of the Junior program and will build upon the basic skills learned in Soccer Jr. Location: Main Street Recreation Center. Min/ Max: 5/16. (dm)

#/Link	Day	Date	Time	R/NR
Soccer Jr:	Ages 3-4	1		
<u>128254</u>	Tu	4/11-5/23	10-10:45am	\$91/\$120
<u>128255</u>	Sa	4/8-5/20	10-10:45am	\$91/\$120
<b>Soccer Jr:</b> <u>128256</u>	Ages 3-5 F	<b>5</b> 4/7-5/19	11:45am-12:30pm	\$91/\$120
<b>Soccer Jr:</b> <u>128257</u>	<b>Ages 4-0</b> Tu	<b>5</b> 4/11-5/23	10:45-11:45am	\$91/\$120
<b>Soccer Ski</b> <u>128258</u>	i <b>lls: Ages</b> Sa	<b>5-7</b> 4/8-5/20	10:45-11:45am	\$91/\$120

## ALL STAR SPORTS Golf Jr. & Golf Skills

#### Ages 4-7

Players will participate in several fun drills and games that help them learn the complicated golf swing, rules, and proper etiquette. Equipment will be provided but feel free to bring your own. Golf skills is the next level of the Junior program and will build upon the basic skills learned in Golf Jr. Location: Main Street Recreation Center. Min/Man: 5/16. (dm)

#/Link	Day	Date	Time	R/NR
Golf Jr.: A	ges 4-6			
<u>128265</u>	Th	4/6-5/18	11:45am-12:30pm	\$91/\$120
Golf Skills	: Ages 5-	7		
<u>128266</u>	W	4/12-5/24	3-3 <b>:</b> 45pm	\$91/\$120

# ALL STAR SPORTS Floor Hockey Jr.

#### Ages 5-7

Learn the game before the skates go on. Players will learn the proper mechanics of stick handling, puck control, passing, and shooting. Offensive and defensive strategies will also be covered. Participants must bring a bike helmet and gloves. Shin, knee, and elbow pads are optional. Location: Main Street Recreation Center. Min/Max: 5/16. (dm)

#/Link	Day	Date	Time	R/NR
<u>128253</u>	Th	4/6-5/18	5-6pm	\$91/\$120

#### **ALL STAR SPORTS**

## Lacrosse Jr. & Lacrosse Skills Ages 4-7

This lacrosse class is designed to teach the game of lacrosse in a fun and safe environment. Many mechanical skills will be taught while also covering game time situations and strategies. Lacrosse skills is the next level of the Junior program and will build upon the basic skills learned in Lacrosse Jr. Equipment to bring to class are a bike helmet, eye protection and gloves. Location: Main Street Recreation Center. Min/Man: 5/16. (dm)

#/Link	Day	Date	Time	R/NR	
Lacrosse J	r.: Ages 4-	5			
<u>128263</u>	Ŵ	4/12-5/24	4-4:45pm	\$91/\$120	
Lacrosse Skills: Ages 6-7					
<u>128264</u>	W	4/12-5/24	4:45-5:45pm	\$91/\$120	

# youth & teen

# Youth Dodgeball Tournament

Grades 3rd-6th

Dip, duck, and dive! The Glen Ellyn Youth Dodgeball Tournament is loaded with fun and competition. Brackets will be divided up based on age. Teams are guaranteed two matches followed by playoffs for those teams that qualify. Teams can have a maximum of 8 players; the maximum number of players allowed on the court at any given time is 6. Location: Ackerman SFC. Min/Max: 6/12 teams. (rb)

#### Registration is completed on a team basis. The team captain should register your team.

			· 9· · · · · /		
#/Link	Grade	Day	Date	Time	R/NR
128188	3rd-4th	Su	4/16	9am-3pm	\$100/team
<u>128189</u>	5th-6th	Su	4/16	9am-3pm	\$100/team

# **Ackerman Speed Academy**

#### Ages 10-14

Speed, agility, and quickness (also known as SAQ), are three of the top athletic qualities required to excel in many sports. Ackerman SFC personal training staff will lead a small group of athletes each week through exercises to increase the time it takes to cover a distance between two points (speed), the ability to change directions as fast as possible (agility), and the ability to react efficiently (quickness). This special training helps improve spatial awareness and motor skills for all sport types. Location: Ackerman SFC. Min/Max: 5/25. (rb)

#/Link	Day	Date	Time	R/NR
128196	W	4/5-4/26	4:30-5:30pm	\$60/\$75
<u>128197</u>	W	5/3-5/24	4:30-5:30pm	\$60/\$75
<u>128198</u>	W	5/31-6/21	4:30-5:30pm	\$60/\$75

# **Skateboard Lessons**

#### Ages 5-13

Appropriate for beginning and intermediate levels. Beginners learn how to start, stop, turn, basic ramp riding, and tricks; intermediate skaters learn skills based on ability. Skaters must bring a drink and wear a helmet. Knee, elbow, and wrist guards encouraged. Email <u>fpteamskateboard@</u> <u>yahoo.com</u> about a correct skateboard for this class. Location: Newton Park. Min/Max: 4/10. (dt)

#/Link	Day	Date	Time	R/NR
Ages 5-7				
<u>128041</u>	Μ	3/6-3/27	4-5pm	\$140
<u>128045</u>	Μ	4/3-4/24	4-5pm	\$140
<u>128050</u>	Μ	5/1-5/22	4-5pm	\$140
Ages 8-13				
<u>128042</u>	Μ	3/6-3/27	5-7pm	\$260
<u>128046</u>	Μ	4/3-4/24	5-7pm	\$260
<u>128051</u>	Μ	5/1-5/22	5-7pm	\$260

# Fencing – Olympic Swordplay

Ages 7-14

Learn the beginning skills and techniques of this unique sport without fighting. Fencing is an excellent sport for children and teens. It combines agility, strength, coordination, and critical thinking between attack and defensive strategies. Equipment is not provided but can be rented from the Fencing Club. Please contact them at (630) 678-0035 prior to the start of class. Location: Main Street Recreation Center. Min/Max: 4/12. (dt)

#/Link	Day	Date	Time	R/NR
<u>128062</u>	Sa	4/22-6/3	11:15am-12:10pm	\$90/\$135



# soccer

## FUTURE PROS Junior Lakers Soccer

#### Ages 4-6

Weekly clinics focus on building individual and team soccer skills. Instruction, drills, and games will focus on dribbling, passing, shooting, defending, and offensive attacking skills. Groups will be divided for skill-level-appropriate training each week. Each player is required to bring their own ball, cleats, shin guards, and water for each class. Location: Ackerman SFC. Min/Max 8/20. (gb)

#/Link	Day	Date	Time	R/NR
<u>127903</u>	F	4/7-6/9	4-5pm	\$110/\$160

# **Lakers Academy**

#### Grades 1st-2nd

Lakers Academy is a program designed to prepare players for the full-time Glen Ellyn Lakers travel soccer program. Training and games will be run by our Future Pros travel soccer trainers. Players are required to bring their own ball, cleats, shin guards, and water for each class. Location: Ackerman SFC. Min/Max: 10/40. (gb)

#/Link	Day	Date	Time	R/NR
<u>127908</u>	Th & Sa	4/6-5/27	Th: 4:30-6pm Sa: 2-3pm	\$250

# **Chicago Fire Soccer Clinics**

#### Ages 3-9

Chicago Fire FC After School programs offer a weekly, structured experience, directed by their professional coaching staff. Each player is required to bring their own ball, cleats, shin guards, and water for each class. Participants will receive a Chicago Fire FC game ticket. It is recommended that adults participate with their child for the 3- to 5-year-old class. Location: Ackerman SFC. Min/ Max: 6/20. (gb)

#/Link	Day	Date	Time	R/NR
<b>Ages 3-5</b> <u>127907</u>	Tu	5/2-5/23	4-5pm	\$90/\$135
<b>Ages 6-9</b> <u>127906</u>	Tu	5/2-5/23	5-6pm	\$90/\$135

# Summer House Soccer League

#### Ages 5-11

This is a great opportunity for boys and girls to keep their soccer skills fresh during summer. Each week, players will work on a particular skill and then scrimmage at the end of class. This program is instructed by Future Pros trainers, the same trainers used by the Glen Ellyn Lakers travel teams. Each player is required to bring their own ball, cleats, shin guards, and water for each class. Location: Ackerman Park. Min/Max: 15/50. (gb)

#/Link	Day	Date	Time	R/NR
<b>Ages 5-7</b> <u>127909</u>	Th	6/15-8/3	4:30-5:30pm	\$100/\$150
<b>Ages 8-11</b> <u>127910</u>	Th	6/15-8/3	5:30-7pm	\$125/\$185



# Lakers Travel Soccer

#### Ages 7-14

The Glen Ellyn Lakers Travel Soccer Program is a Glen Ellyn Park District program run with the assistance of the Lakers Volunteer Committee and volunteers throughout the club. Teams compete at a variety of skill levels in leagues across the Chicago area. The Lakers strive to provide a positive environment, which encourages the development of athletes who enjoy, understand, and are motivated to be successful at the sport of soccer. All age groups are trained and coached by a member of our professional training staff - Future Pros. Visit <u>gelakers.com</u> for more information. (gb)

#### Lakers Program Fees

Uniform fees are not included in the fees below

Birth Year	Fees	Includes
2016	\$1,250	Pre-season 3-day camp, training 2x week for 10 weeks in fall and spring, 2 tournaments, winter indoor turf training, winter indoor leagues, foot skill training, goalkeeper training.
2015-2014	\$1,350	Pre-season 5-day camp, training 2x week for 10 weeks fall and spring, 2 tournaments, winter indoor turf training, winter indoor leagues, foot skill training, goalkeeper training.
2013-2010 Premier	\$1,750	Pre-season 5-day camp, training 3x week for 10 weeks fall and spring, 3 tournaments, winter indoor turf training, winter indoor leagues, foot skill training, goalkeeper training.
2013-2010 White/Black	\$1,350	Pre-season 5-day camp, training 2x week for 10 weeks fall and spring, 2 tournaments, winter indoor turf training, winter indoor leagues, foot skill training, goalkeeper training.



#### 2023-2024 Team Tryouts

Tryouts are a two-day process and a requirement for any player interested in playing on a Lakers team, including current Lakers players. All players must attend both days of tryouts to be eligible to make a team. Age groups are determined by the birth year of the player. All tryouts will be held at Ackerman Park and conducted by Future Pros trainers. Please contact <u>gbillings@gepark.org</u> for any additional questions. All players must pre-register at <u>gepark.org/register</u>. Players have 24-hours to respond to their tryout invitation.

- Selected players will be notified via email no later than two days after the final tryout dates.
- A \$300 commitment fee is due 24 hours after teams are announced

#/Link	Birth Year	Date	Time
127960	2016 Boys	4/24-4/25	4:30-6pm
127958	2015 Boys	4/24-4/25	4:30-6pm
<u>127956</u>	2014 Boys	4/24-4/25	4:30-6pm
<u>127954</u>	2013 Boys	4/24-4/25	4:30-6pm
<u>127952</u>	2012 Boys	4/24-4/25	6-7:30pm
<u>127950</u>	2011 Boys	4/24-4/25	6-7:30pm
<u>127949</u>	2010 Boys	4/24-4/25	6-7:30pm
<u>127961</u>	2016 Girls	4/26-4/27	4:30-6pm
<u>127959</u>	2015 Girls	4/26-4/27	4:30-6pm
<u>127957</u>	2014 Girls	4/26-4/27	4:30-6pm
<u>127955</u>	2013 Girls	4/26-4/27	6-7:30pm
<u>127953</u>	2012 Girls	4/26-4/27	6-7 <b>:</b> 30pm
<u>127951</u>	2011 Girls	4/26-4/27	6-7:30pm
<u>127995</u>	2010 Girls	4/26-4/27	6-7:30pm

# **Midwest FC Travel Soccer**

#### Ages 13-18

The Midwest FC travel soccer program strives to provide a positive, competitive environment to produce soccer players who have the desire to compete at the high school level. Teams will train locally, participate in college showcase tournaments, and work with licensed strength and conditioning trainers to create well-rounded soccer players. Teams will compete across the Chicagoland area in league play as well as attending out of state tournaments. All teams are trained and coached by a member of Future Pros, our professional training staff. Teams will also have league games and tournament games recorded on video for players to utilize for college recruitment. (gb)

#### **Midwest FC Program Fees**

Uniform fees are not included in the fees below

Birth Year	Fees	Includes
High School Boys (2009- 2005)	\$1,750	Winter indoor turf training 2x week, winter indoor leagues, training 3x week for 10 weeks in spring, 3 tournaments, strength and conditioning training, foot skills training, goalkeeper training, and Trace video analysis for players to utilize for college recruitment purposes.
High School Girls (2009- 2005)	\$1,800	Preseason 5-day camp, training 3x per week for 10 weeks fall, 3 tournaments, winter indoor turf training 2x week, winter indoor leagues, strength and conditioning training, foot skills training, goalkeeper training, and Trace video analysis for players to utilize for college recruitment purposes.

#### 2022-2023 Team Tryouts

Tryouts are a two-day process and a requirement of any player interested in playing on a Midwest FC team. All players must attend both days of tryouts to be eligible to be selected for a team. Due to US Club Soccer mandates, age cutoffs follow the birth year for all players. All tryouts are conducted by Future Pros trainers. All players must preregister at <u>gepark.org/register</u>.

#/Link	Birth Year	Date	Time
<u>127996</u>	Boys (2009-2005)	4/24-4/25	7:30-9pm
<u>127997</u>	Girls (2009-2005)	4/26-4/27	7:30-9pm



# running

# Lightning Running Club Spring Season 2023

Ages 6-14

Kids will build endurance and learn proper running form while training to run between a 2K and 4K in this informal, co-ed running club. Runners will be grouped by age and/or ability level. Registration fee includes practice time, team t-shirt, 2K Glow Run/Walk registration, and end of season meet. Registration for this program will be capped based on the number of volunteers committed to run practices. If you are interested in becoming a volunteer coach, email dtripp@gepark.org. A parent meeting will be held April 4 for participants to meet the volunteer coaches, review the new season and to set practice schedules for the age groups. Practices will be twice per week and held at Ackerman Park or Maryknoll Park. Practices will begin the week of April 11. Min/Max: 4/10. (dt)

#/Link	Age	Date	Time	R/NR
128028	6-8	4/11-6/3	Varies	\$65
<u>128206</u>	9-10	4/11-6/3	Varies	\$65
<u>128207</u>	11-12	4/11-6/3	Varies	\$65
<u>128208</u>	13-14	4/11-6/3	Varies	\$65

# field hockey

# RISE Field Hockey Spring Recreational League

During the first two weeks, participants will focus on basic skill building and team formation. The remaining four weeks will be small sided games. The full games schedule will be released in mid-April. Athletes need to purchase a reversible pinnie for practice (\$15) and will need to bring a stick, mouthguard, and shin guards. Pinnies will be available at first practice. Min: 1. Location: Ackerman SFC. (dt)

#/Link	Grade	Day	Date	Time	R/NR
<u>127653</u>	1st-4th	Th	4/6-5/11	6:30-7:30pm	\$110
<u>127654</u>	5th-8th	Th	4/6-5/11	7:30-9pm	\$155

# basketball

# **5v5 Summer Youth Basketball**

Grades K-8th

Teams will have a maximum of 10 players and will have one weekly practice and 5v5 games on Saturdays. Practices and games will be held at Ackerman SFC for 1st-8th graders and Main Street Recreation Center for kindergarteners. Each team will be coached by a parent volunteer. Min/Max: 20/40. (dt)

Practice Begins: Week of July 10 Games Begin: July 15 | Games End: August 19

#### Register by 6/5

#/Link	League	R/NR
<u>128021</u>	K Boys	\$65/\$95
<u>128022</u>	K Girls	\$65/\$95
<u>128014</u>	1st-2nd Boys	\$90/\$135
<u>128015</u>	1st-2nd Girls	\$90/\$135
<u>128016</u>	3rd-4th Boys	\$90/\$135
<u>128017</u>	3rd-4th Girls	\$90/\$135
<u>128018</u>	5th-6th Boys	\$90/\$135
<u>128019</u>	5th-6th Girls	\$90/\$135
<u>128020</u>	7th-8th Boys	\$90/\$135

# football

# Ackerman Youth Flag Football

Ages 8-12

Participants will be taught the fundamentals of football on the offensive and defensive sides of the ball and will go through a variety of drills, games, and contests to develop their football skill set. Location: Ackerman SFC. Min/Max: 5/40. (rb)

#/Link	Day	Date	Time	R/NR
<u>128191</u>	Sa	4/8-4/29	10:30-11:15am	\$48/\$72
<u>128192</u>	Sa	5/6-5/27	10:30-11:15am	\$48/\$72

# cheerleading

# Stunting and Conditioning for Cheer

Canceled prior to publication.



# Golden Eagles Non-Competitive Sideline Cheer

#### Grades K-8th (as of 8/1/2023)

Teams will practice one to two times per week through summer with practice times and dates to be communicated by April 14. As football season begins, teams will practice once per week and cheer at weekly football games and halftimes. Teams will also participate in an end-of-season Cheer Showcase for friends and family alongside the Golden Eagles competition teams to highlight what they have learned. If your athlete wants to participate in both Sideline/Football Cheer and Competitive Cheer, please only sign them up for Competitive Cheer. If you are interested in being a volunteer coach or for more information, email kspeck@gepark.org. (ks)

Practices: Week of July 31 to mid-October Mandatory Adult & Athlete Meeting: April 13, Time TBA

#### **Registration & Fees**

The cheer program provides a uniform with bow, poms, and t-shirt. Participants must provide their own white gym shoes. Athletes will be encouraged to fundraise for the program. No refunds will be issued effective 6/1. Please register based on the grade that the athlete will be in during the 2023-2024 school year. Min/Max: 10/20.

#### Registration: Ends 3/31 (first come, first serve)

			,	
#/Link	Grade	Practice Day	Practice Time	R/NR
128293	К	Th	TBD	\$200/\$250
<u>128285</u>	1st	Th	TBD	\$200/\$250
<u>128286</u>	2nd	Th	TBD	\$300/\$375
<u>128287</u>	3rd	Th	TBD	\$300/\$375
<u>128288</u>	4th	Th	TBD	\$300/\$375
<u>128289</u>	5th	Th	TBD	\$300/\$375
<u>128290</u>	6th	Th	TBD	\$300/\$375
<u>128291</u>	7th	Th	TBD	\$300/\$375
<u>128292</u>	8th	Th	TBD	\$300/\$375
<u>128289</u> <u>128290</u> <u>128291</u>	5th 6th 7th	Th Th Th	TBD TBD TBD	\$300/\$37 \$300/\$37 \$300/\$37

# Golden Eagles Competitive Sideline Cheer

Grades 3rd-8th (as of 8/1/2023)

Teams practice 2-3 times per week and compete in Illinois Cheer Association sanctioned competitions. While no prior experience is necessary, it is helpful to have dance or tumbling skills. Teams will also cheer at several weekend Golden Eagles football games and may be invited to appear at local events. Practices begin in early July and are held 3 days a week. Sideline/halftime cheering and competitions will begin in September. Missed practices may result in the athlete not being able to fully participate in halftime performances and/or competitions. The 3rd-4th grade teams participate in at least one competition and two stunt clinics, and 5th-8th grade teams in at least three competitions and two stunt clinics. All teams perform at the Cheer Showcase, and may participate in the State Championship (early December). Achieving a bid to the State Competition is the goal of the earlier season competitions. If you are interested in being a volunteer coach or for more information, email kspeck@gepark.org. (ks)

#### Practices: July 6 to TBD

**Practice Schedule:** Tuesdays and Thursdays between 5-9pm, Sundays between 10am-7pm. Each team will have an assigned practice timeslot on these days at Ackerman Sports & Fitness Center.

Mandatory Adult & Athlete Meeting: April 13, Time TBA

#### **Registration & Fees**

Uniform fees are not included, and participants must provide their own white cheer shoes. Athletes will be required to fundraise. The cheer program provides an organization t-shirt, practice space, early-season competition fees, and stunt clinics. Program fee does not include the State Championship registration fee if bid is achieved. No refunds will be issued effective 6/1. A payment plan is available. Please register based on the grade that the athlete will be in during the 2023-2024 school year. Min/Max: 10/18.

#### Registration: Ends 3/31 (first come, first serve)

#/Link	Grade	R/NR
<u>128279</u>	3rd	\$520/\$650
<u>128280</u>	4th	\$520/\$650
<u>128281</u>	5th	\$630/\$790
<u>128282</u>	6th	\$630/\$790
<u>128283</u>	7th	\$630/\$790
<u>128284</u>	8th	\$630/\$790

# hockey & ice skating

# Ice Skating: Basic 1

#### Ages 6-13

Intended for students with no previous formal instructions. Participants will learn 1- and 2-foot glides, forward and backward swizzles, and backward wiggles. Skate rentals are available. Location: Center Ice of DuPage. Min/Max: 1/20. No class 3/29-4/1 or 6/8-6/10. (ks)

#/Link	Day	Date	Time	R/NR
<u>128313</u>	W	3/1-4/26	9:40-10:20am	\$165
<u>128305</u>	Th	3/2-4/27	4:30-5:10pm	\$165
<u>128306</u>	Th	3/2-4/27	5:30-6:10pm	\$165
<u>128307</u>	Sa	3/4-4/29	10-10:40am	\$165
<u>128308</u>	Sa	3/4-4/29	11-11:40am	\$165
<u>128314</u>	W	5/3-6/7	9:40-10:20am	\$155
<u>128309</u>	Th	5/4-6/22	4:30-5:10pm	\$165
<u>128310</u>	Th	5/4-6/22	5:30-6:10pm	\$165
<u>128311</u>	Sa	5/6-6/24	10-10:40am	\$165
<u>128312</u>	Sa	5/6-6/24	11-11:40am	\$165

# **Beginner Hockey**

#### Ages 6-13

For participants who have had no formal instruction. Kids will learn basic forward and backward skating while wearing hockey equipment. Hockey skates and helmet required. Hockey stick is optional. Location: Center Ice of DuPage. Min/Max: 1/20. No class 3/29-4/1 or 6/8-6/10. (ks)

#/Link	Day	Date	Time	R/NR
Co-ed				
<u>128319</u>	Th	3/2-4/27	4:30-5:10pm	\$165
<u>128321</u>	Sa	3/4-4/29	9:10-9:50am	\$165
<u>128320</u>	Th	5/4-6/22	4:30-5:10pm	\$165
<u>128322</u>	Sa	5/6-6/24	9:10-9:50am	\$165
Girls				
<u>128317</u>	Th	3/2-4/27	4:30-5:10pm	\$165
<u>128315</u>	Sa	3/4-4/29	9:10-9:50am	\$165
<u>128318</u>	Th	5/4-6/22	4:30-5:10pm	\$165
<u>128316</u>	Sa	5/6-6/24	9:10-9:50am	\$165

# Beginner Hockey: Teen/Adult

YOUTH & TEEN SPORTS

#### Ages 14 and up

It is never too late to try a new sport. This class is "at your own pace" and teaches basic hockey skills. It is perfect for beginners, continuing adult skaters, or skaters who are returning to the ice after years of hiatus. Location: Center Ice of DuPage. Min/Max: 1/20. No class 3/29-4/1 or 6/8-6/10. (ks)

#/Link	Day	Date	Time	R/NR
<u>128323</u>	Sa	3/4-4/29	8:10-9:10am	\$175
<u>128324</u>	Sa	5/6-6/24	8:10-9:10am	\$175

# Ice Skating: Teen/Adult Basic 1

#### Ages 14 and up

There is no better feeling than gliding onto the ice for the first time or for the first time in forever. This "at your own pace" class is perfect for any level skater. You will learn basic ice skating skills in a comfortable and welcoming environment. Location: Center Ice of DuPage. Min/Max: 1/20. No class 3/29-4/1 or 6/8-6/10. (ks)

#/Link	Day	Date	Time	R/NR
<u>128325</u>	Th	3/2-4/27	4:30-5:10pm	\$165
<u>128326</u>	Th	3/2-4/27	5:30-6:10pm	\$165
<u>128327</u>	Sa	3/4-4/29	10-10:40am	\$165
<u>128328</u>	Sa	3/4-4/29	11-11:40am	\$165
<u>128329</u>	Th	5/4-6/22	4:30-5:10pm	\$165
<u>128330</u>	Th	5/4-6/22	5:30-6:10pm	\$165
<u>128331</u>	Sa	5/6-6/24	10-10:40am	\$165
<u>128332</u>	Sa	5/6-6/24	11-11:40am	\$165

# martial arts

# Taekwondo

New students are required to purchase a uniform (\$50) prior to the first class. This fee is not included in the registration fee. Colored belt students are required to have complete sparring gear.

# Little Dragons Taekwondo

#### Ages 4-5

This introductory class is designed to captivate the interest of our youngest students. Skills are developed through gentle instruction and appropriate games for their ability. This class focuses on developing balance, coordination, and respect for the discipline of martial arts training. All belts. Location: Spring Avenue Recreation Center. Min/Max: 4/15. No class 4/1. (dt)

#/Link	Day	Date	Time	R/NR
<u>128081</u>	Sa	4/8-5/20	11:30am-12:20pm	\$100/\$150

# Adult/Child Taekwondo

#### Ages 7 and up with adult

This class provides families with a fun opportunity to spend time together while improving physical and mental conditioning through cardiovascular drills, calisthenics, and traditional Tae Kwon Do techniques including punching, kicking, and blocking. Fee is listed per person. All belts. Location: Spring Avenue Recreation Center. Min/Max: 4/15. No class 4/1. (dt)

#/Link	Day	Date	Time	R/NR
<u>128078</u>	Sa	4/8-5/20	12:25-1:15pm	\$100/\$150

#### Early Taekwondo Ages 6-7

Designed especially for the younger children of 6-7 years, this program helps kids develop conditioning, coordination, listening skills, and self-confidence through creative activities. All belts. Location: Spring Avenue Recreation Center. Min/Max: 4/12. No class 4/1. (dt)

YOUTH & TEEN SPORTS

#/Link	Day	Date	Time	R/NR
128079	Sa	4/8-5/20	11:30am-12:20pm	\$100/\$150

# Youth Taekwondo

#### Ages 8-13

This program includes a balanced cardiovascular workout, including punching, kicking, and blocking skills, using the Tae Kwon Do tradition and self-control. Participants will improve coordination, power of concentration, balance, and both physical and mental discipline. All belts. Location: Spring Avenue Recreation Center. Min/Max: 4/12. No class 4/1. (dt)

#/Link	Day	Date	Time	R/NR
<u>128080</u>	Sa	4/8-5/20	12:25-1:15pm	\$100/\$150

# **Shotokan Karate**

## **Pre-Karate**

Ages 4-6

Children will develop flexibility, strength and coordination through fun and creative activities. Watch your child blossom while learning karate and having a blast at the same time. Uniforms and belt testing are options available through the instructor for an additional fee. (dt)

# **Adult/Child Karate**

Ages 7 and up

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Learning martial arts is an excellent opportunity to spend quality time with your child while conditioning muscles, developing coordination and improving cardiovascular fitness. Uniforms and belt testing are options available through the instructor for an additional fee. Fees are per person. Min/Max: 5/15. (dt)

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# Youth Karate

Ages 7-14

Youth karate classes offer a mix of strength training, with cardiovascular and flexibility exercises. Children increase their coordination, agility and poise, as well as learn lasting personal safety skills. They also benefit from the mental stimulation of learning the choreographed moves of the kata and the discipline of conforming to the class rules. Min/ Max: 5/15. (dt)

# **Adult Karate**

Ages 15 and up

In addition to teaching self-defense skills, karate develops flexibility, muscle tone and improves core strength. Continuing students need to purchase additional protective gear. Uniforms and belt testing are options available through the instructor for an additional fee. Location: Main Street Recreation Center. Min/Max: 8/25. (dt)

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#/Link	Level	Day	Date	Time	R/NR
Pre-Karati	e at Wheaton Park District Com	munity	Center		
128065	Beginner/Continuing	W	4/5-6/7	4:30-5:15pm	\$135/\$203
128066	Inter/Adv.	W	4/5-6/7	5:15-6pm	\$135/\$203
Adult/Chil	d Karate at Wheaton Park Dist	rict Co	mmunity Ce	nter	
<u>128070</u>	Beg./Nov. White-Orange	Sa	4/1-6/3	2-2:55pm	\$135/\$203
<u>128072</u>	Intermediate Yellow-Purple	Sa	4/1-6/3	3-3:55pm	\$135/\$203
<u>128075</u>	Advanced Brown & Up	Sa	4/1-6/3	4-4:55pm	\$135/\$203
Youth & Ad	dult Karate at Main Street Rec	Center			
<u>128067</u>	Beg./Nov. White-Yellow	W	4/5-6/7	6:45-7:40pm	\$135/\$203
<u>128068</u>	Int./Adv. Blue-Black	W	4/5-6/7	7:45-8:40pm	\$135/\$203
Youth Kard	ate at Wheaton Park District Co	ommun	ity Center		
<u>128071</u>	Beg./Nov. White-Orange	Sa	4/1-6/3	2-2:55pm	\$135/\$203
<u>128073</u>	Intermediate Yellow-Purple	Sa	4/1-6/3	3-3:55pm	\$135/\$203
<u>128074</u>	Advanced Brown & Up	Sa	4/1-6/3	4-4:55pm	\$135/\$203
Adult Kard	ate at Main Street Recreation C	enter			
<u>128069</u>	Int./Adv. Blue-Black	W	4/5-6/7	8:45-10pm	\$155/\$233



# adult

# **Adult Softball Leagues**

Ages 18 and up

Teams play a 10-game regular season followed by a singleelimination tournament. Email <u>dtripp@gepark.org</u> for more details. Location: Meadows Park, Lombard. Min/Max 4/8. (dt)

#### Register by 4/3

#/Link	League	Date	R/NR
Upper Leag	ues		
<u>128099</u>	12" Men Sunday	4/16-7/16	\$650/team
<u>128398</u>	12" Men Wednesday	4/19-7/19	\$650/team
<u>128399</u>	12" Men Thursday	4/20-7/20	\$650/team
<u>128400</u>	12" Men Friday	4/21-7/21	\$650/team
<u>128404</u>	12" Co-Ed Sunday	4/16-7/16	\$650/team
Lower Leag	les		
<u>128401</u>	12" Men Wednesday	4/19-7/19	\$650/team
<u>128402</u>	12" Men Thursday	4/20-7/20	\$650/team
<u>128403</u>	12" Men Friday	4/21-7/21	\$650/team
<u>128405</u>	12" Co-Ed Sunday	4/16-7/16	\$650/team

# Adult Dodgeball Tournament

#### Ages 18 and up

Relive your memories of middle school gym class! Run, throw, dodge, and duck your way to victory in our Adult Dodgeball Tournament at Ackerman SFC. Teams are guaranteed two matches followed by playoffs for those teams that qualify. There is an 8-player maximum per team as matches are played with 6 on the court. Location: Ackerman SFC. Min/Max: 6/12. (rb)

#/Link	Day	Date	Time	R/NR
<u>128202</u>	Su	4/16	12-3pm	\$100/team

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#### - YOU MAY ALSO LIKE

Adult Hockey & Ice Skatingpg. 56	)
Martial Artspg. 57	,
Racquet Sportspg. 66	)

# **Co-Ed Sand Volleyball Leagues**

#### Ages 21 and up

Teams play an 8-game regular season followed by a singleelimination postseason tournament. Team captains will register teams and must submit a roster with signed waivers prior to the first game. The league rules, schedule, and roster form will be emailed to team captains. Each team must consist of a minimum of six players. Two members of the opposite gender must be on the court at all times. The league will be self-officiated; however, final scores will be reported to a site supervisor. Food and alcoholic beverages will be available for purchase from on-site vendors at an additional cost. Location: Ackerman SFC. No games 7/4 or 7/6. Min/Max: 6/8 teams. (rb)

#/Link	Day/League	Date	Time	R/NR
<u>128199</u>	Monday (Competitive)	6/5-8/14	6-10pm	\$375/team
<u>128200</u>	Wednesday (Non-Competitive)	6/7-8/16	6-10pm	\$375/team

# dance academy



Please contact Katy Speck at <a href="mailto:kspeck@gepark.org">kspeck@gepark.org</a> with questions.

# class descriptions

# Adult/Tot Dance

Designed for our littlest dancers, this class introduces basic ballet, coordination, and gross motor skills through creative movement and interactive songs with a caregiver present. Ballet shoes are optional for adults/caregivers.

# **Tiny Tot**

Your child will learn dance concepts and develop rhythm, coordination, and balance while moving and grooving to music and using creative props to inspire imagination. Adults are required to stay within the building for the duration of each class, no exceptions. Children must be able to attend class without an adult/caregiver present.

# **Creative Movement**

This class develops motor skills, balance, cognitive awareness, creativity, rhythm, musicality, and self-esteem. Adults are required to stay within the building for the duration of each class, no exceptions. Children must be able to attend class without an adult/caregiver present.

# **Creative Hip Hop**

This class develops creativity and musicality with a special focus on the rhythm, muscle memory, and coordination found in this urban dance style. Adults are required to stay within the building for the duration of each class, no exceptions. Children must be able to attend class without an adult/caregiver present.

# Pre-Ballet/Tap

This class is divided into two units: ballet and tap. Your child will be taught core concepts, age-appropriate technique, and vocabulary in these two genres of dance.

# Ballet 1

This class will build a solid foundation of ballet terms and technique. Your child will learn to have musicality within their movement and gain strength. We will focus on core ballet concepts and build upon their previous dance knowledge.

## Jazz 1

This class is a focus on jazz technique and style, and growing confidence in movement. Your child will learn basic technique to rhythmic songs, while also finding their own way of moving

# Jazz 2

This class builds upon knowledge learned in Jazz 1. Your child will expand their musicality, technique, expression, and flexibility in the jazz style.

# Tap 1

Your child will be taught core concepts, age-appropriate technique, and vocabulary in tap.

# Tap 2

This class builds upon knowledge learned in Tap 1, ageappropriate technique, vocabulary in tap.

# Hip Hop 1

Your child will learn the basics of hip hop in this class. This high energy style of dance encompasses many different urban dance styles and focuses on rhythm, muscle memory, and coordination. Gym shoes or sneakers are usually worn.

# Hip Hop 2

This class builds upon knowledge learned in Hip Hop 1. Students will build strength, rhythm, muscle memory, and coordination. Gym shoes or sneakers are usually worn.

# Dance Conditioning and Techniques

This class will help dancers strengthen their bodies as well as their technique in all areas of dance. If you are looking to improve your skills for dance team or an audition, this class will help build your core muscles and perfect dance foundations to give a cleaner and more sharp performance.

# **Instructional Programs**

Instructional dance classes are offered on a seasonal basis. These participants do not participate in the annual spring dance recital. Download the Dance Academy Guide, which includes dance class dress codes, at <u>gepark.org/dance</u>. Location: Spring Avenue Recreation Center. (ks)

#/Link	Class	Day	Age	Date	Time	Min/Max	R/NR
<u>128005</u>	Нір Нор 1	Μ	6-8	4/10-5/15	4:30-5:15pm	5/12	\$60/\$75
<u>128007</u>	Creative Hip Hop	Μ	3-4	4/10-5/15	5:20-6:05pm	5/12	\$60/\$75
<u>128008</u>	Jazz 1	Μ	7-9	4/10-5/15	6:15-7:15pm	5/12	\$80/\$100
<u>128010</u>	Adult/Tot	Tu	18-36 mo.	4/11-5/16	4:10-4:40pm	5/12	\$40/\$50
<u>128011</u>	Tiny Tot	Tu	2.5-3	4/11-5/16	4:45-5:15pm	5/8	\$40/\$50
<u>128013</u>	Нір Нор 1	Tu	6-8	4/11-5/16	5:20-6:05pm	5/12	\$60/\$75
<u>128026</u>	Jazz 2	Tu	10-17	4/11-5/16	6:15-7:15pm	5/12	\$80/\$100
<u>128786</u>	Adult/Tot	W	18-36 mo.	4/12-5/17	9:15-9:45am	5/12	\$40/\$50
<u>128029</u>	Tiny Tot	W	2.5-3	4/12-5/17	9:55-10:25am	5/8	\$40/\$50
<u>128031</u>	Tap 1	W	6-11	4/12-5/17	4:30-5:15pm	5/12	\$60/\$75
128037	Tap 2	W	12-17	4/12-5/17	5:20-6:05pm	5/12	\$60/\$75
<u>128039</u>	Нір Нор 2	W	9-17	4/12-5/17	6:10-6:55pm	5/12	\$60/\$75
128049	Pre-Ballet/Tap	Th	4-5	4/13-5/18	9:30-10:15am	5/12	\$60/\$75
<u>128053</u>	Creative Movement	Th	3-4	4/13-5/18	10:20-11:05am	5/12	\$60/\$75
128054	Tiny Tot	Th	2.5-3	4/13-5/18	11:15-11:45am	5/8	\$40/\$50
<u>128055</u>	Pre-Ballet/Tap	Th	4-5	4/13-5/18	5:20-6:05pm	5/12	\$60/\$75

#/Link	Class	Day	Age	Date	Time	Min/Max	R/NR
<u>128057</u>	Dance Conditioning and Techniques	Th	10-17	4/13-5/18	6:10-6:55pm	5/12	\$60/\$75
<u>128059</u>	Tiny Tot	F	2.5-3	4/14-5/19	9:15-9:45am	5/8	\$40/\$50
<u>128060</u>	Creative Movement	F	3-4	4/14-5/19	9:50-10:35am	5/12	\$60/\$75
<u>128063</u>	Adult/Tot	F	18-36 mo.	4/14-5/19	10:45-11:15am	5/12	\$40/\$50
<u>128174</u>	Pre-Ballet/Tap	Sa	4-5	4/15-5/20	9-9:45am	5/12	\$60/\$75
<u>128172</u>	Ballet 1	Sa	5-6	4/15-5/20	9:50-10:35am	5/12	\$60/\$75
<u>128173</u>	Creative Movement	Sa	3-4	4/15-5/20	10:40-11:25am	5/12	\$60/\$75
<u>128175</u>	Tiny Tot	Sa	2.5-3	4/15-5/20	11:30am-12pm	5/8	\$40/\$50

# **Dance Camps**

# Spring Break Dance Academy Mini Camp

#### Ages 5-8

Experience four days of dance activities, including arts and crafts, group games, story time, and basic dance technique. No dance experience is necessary to join this camp. Dancers should wear comfortable clothing with dance or gym shoes and bring a snack with a water bottle. The last day of camp, our dancers will show off their new moves for friends and family. Location: Spring Avenue Recreation Center. Min/Max: 6/20. (ks)

#/Link	Day	Date	Time	R/NR
<u>127547</u>	M-Th	3/27-3/30	9:30-11:30am	\$80/\$120





# gymnastics



Proper attire is mandatory for gymnastics participants. Girls should wear a gymnastics leotard or shorts and t-shirt (no tights or jewelry). Boys should wear shorts or sweatpants and t-shirt. Bare feet are required for all participants. Instructors reserve the right to move participants to a different class if they are not developmentally ready. No new registration will be taken after the second week of class. Please contact Clint Babicz at <a href="mailto:cbabicz@cpark.org">cbabicz@cpark.org</a> with questions.

# **Adult/Tot Gymnastics**

#### Ages 18-36 months

This fun-filled adult/tot play time program introduces your child to the exciting world of tumbling and gymnastics. Adult/Tot features tumbling and gymnastics equipment, balls, hoops, circles, and parachute play. Parent involvement is the key. Please no siblings. Location: Spring Avenue Recreation Center. Min/Max: 5/12. (cb)

#/Link	Day	Date	Time	R/NR
128344	Μ	4/24-5/22	9-9:30am	\$55/\$82
<u>128345</u>	W	4/26-5/24	9:15-9:45am	\$55/\$82
<u>128346</u>	Th	4/27-5/25	9:15-9:45am	\$55/\$82
<u>128347</u>	Sa	4/29-5/20	9-9:30am	\$44/\$66

# **Tiny Tumblers Gymnastics**

#### Age 3

This introductory gymnastic class helps develop gross motor skills and body awareness and teaches selfconfidence while having fun. A variety of gymnastic and tumbling stations will be set up each week to introduce your gymnasts to the basic skills used in this sport. Children must be able to attend without a parent present. Location: Spring Avenue Recreation Center. Min/Max: 5/10. (cb)

#/Link	Day	Date	Time	R/NR
128348	М	4/24-5/22	9:45-10:15am	\$55/\$82
<u>128349</u>	W	4/26-5/24	10-10:30am	\$55/\$82
<u>128350</u>	Th	4/27-5/25	11-11:30am	\$55/\$82
<u>128351</u>	Sa	4/29-5/20	9:45-10:15am	\$44/\$66





# **Preschool Gymnastics**

Ages 4-5

A variety of gymnastics and tumbling stations will be set up each week to introduce your gymnast to the basic skills used in this sport. Children must be able to attend class without a parent present. Location: Spring Avenue Recreation Center. Min/Max: 5/12. (cb)

# **Kindergarten Gymnastics**

#### Ages 5-6

This class was designed to help refine and develop the gross motor skills taught in previous classes. A higher skill level of gymnastics stations will be set up each week to increase strength, flexibility, and coordination. Location: Spring Avenue Recreation Center. Min/ Max: 5/12. (cb)

#/Link	Devi	Data	T:	
#/LINK	Day	Date	Time	R/NR
Preschool				
<u>128352</u>	W	4/26-5/24	5-5:45pm	\$65/\$97
<u>128353</u>	Th	4/27-5/25	10-10:45am	\$65/\$97
<u>128354</u>	Sa	4/29-5/20	10:30-11:15am	\$52/\$78
Kindergarten				
<u>128355</u>	W	4/26-5/24	6-6:45pm	\$65/\$97
<u>128356</u>	Sa	4/29-5/20	11:30am-12:15pm	\$52/\$78
Preschoo/Kinde	ergarten (Con	nbined Class)		
<u>128357</u>	Μ	4/24-5/22	10:30-11:15am	\$65/\$97
<u>128358</u>	Μ	4/24-5/22	1:30-2:15pm	\$65/\$97
<u>128359</u>	Tu	4/25-5/23	2:30-3:15pm	\$65/\$97
<u>128360</u>	W	4/26-5/24	10:45-11:30am	\$65/\$97
<u>128361</u>	W	4/26-5/24	4-4:45pm	\$65/\$97

# Stay & Play Open Gym

Children (preschool or younger) can stay active and play in the Spring Avenue Gymnastics Center. This safe and fun environment is the perfect spot for your child to interact with you and other peers. Pre-registration is not required but come early as space is limited to the first 30 participants. Children must be accompanied and supervised by an adult. Please pay inside the Gymnastics Center. (cb)

Dates: Now to April 14 Day: Tuesdays & Fridays Time: 9am-11am

Dates: April 24 to May 26 Day: Tuesdays & Fridays Time: 9am-11am

Drop-in R/NR Fee: \$5/\$8 10-Visit Punch Card R/NR Fee: \$40/\$70





# **Pre-Developmental Gymnastics**

1st grade to age 12

The focus of this program will be on floor exercise, springboard skills, bars, and beam. Stretching and conditioning for muscle tone will be included. Location: Spring Avenue Recreation Center. Min/Max: See online. (cb)

#/Link	Day	Date	Time	R/NR
<u>128362</u>	Tu	4/25-5/23	4:30-5:30pm	\$88/\$132
<u>128363</u>	Th	4/27-5/25	4-5pm	\$88/\$132
<u>128364</u>	Sa	4/29-5/20	12:30-1:30pm	\$70/\$105

# **Developmental Gymnastics**

#### Ages 8-12

This program is a continuation of Pre-Developmental Gymnastics. Participants must be able to perform roundoffs, cartwheels, forward/backward rolls, handstand, and a bridge in order to register. Location: Spring Avenue Recreation Center. Min/Max: See online. (cb)

#/Link	Day	Date	Time	R/NR
128365	Tu	4/25-5/23	5:45-6:45pm	\$88/\$132
<u>128366</u>	Th	4/27-5/25	5:15-6:15pm	\$88/\$132



# **Tumbling 1**

Ages 7-14

No skills required. Start out learning the proper way to perform handstands, cartwheels, and more. Participants will build on their skills each session. Location: Spring Avenue Recreation Center. Min/Max: See online. (cb)

#/Link	Day	Date	Time	R/NR
<u>128367</u>	Th	4/27-5/25	6:30-7:15pm	\$65/\$97

# **Tumbling 2**

Ages 7-14

Participants must possess basic skills such as cartwheel, round-off, forward/backward rolls, handstand, and bridge. Location: Spring Avenue Recreation Center. Min/Max: See online. (cb)

#/Link	Day	Date	Time	R/NR
128368	Th	4/27-5/25	6:30-7:30pm	\$75/\$113

# **Middle School Gymnastics**

Grades 6-8

Led by Glenbard West Assistant Coach Sam Gehringer, this program will focus on skill building on floor, beam, uneven bars and vault. Location: GBW Gymnastics Balcony. Min/ Max: 6/12 (cb)

#/Link	Day	Date	Time	R/NR
128369	Tu/Th	4/11-5/18	6-8pm	\$180

# racquet sports

# Platform Tennis Center Memberships

Open year-round, the Glen Ellyn Platform Tennis Center located within Maryknoll Park (845 Pershing Avenue) features six courts and modern Paddle Hut. A membership is required to use the facility, but non-members are welcome to sign up for private lessons and classes (when available). Platform tennis is the only racquet sport that players can enjoy outdoors in any climate. You don't need to have prior knowledge of the game as it's easy to learn.

# **Member Benefits**

- No additional court fees to play year-round.
- Unlimited access to court time when not programmed with leagues, lessons or events.
- Access to the Paddle Hut between 7am and 11pm.
- Privilege of making court reservations 7 days in advance. Note: four courts are reserved for the Glen Ellyn Platform Travel Club on Tuesday, Wednesday, and Thursday evenings from October-March.
- Discount on lessons.

## Partial Year Membership Valid now to August 31, 2023

Туре	Resident	Nonresident	Add'l Child
Adult (18 and up)	\$200	\$260	-
<u>Junior (6-17)</u>	\$50	\$75	-
<u>Family</u>	\$450	\$540	\$15/child

Family includes 2 adults (same household) or 2 adults and 2 children (age 17 and under) per household. Youth members must be accompanied by an adult and do not receive a key to the Paddle Hut.

# Platform Tennis Private Lessons

Our Director of Racquet Sports, Mark Cunnington, can tailor lessons to your specific needs. Mark comes to the Park District highly skilled in the sport of platform tennis as well as tennis. USPTA and PPTA certified, Mark has over 10 years' experience in coaching platform tennis. To get started, email gepaddlepro@gmail.com. Pricing below is listed per person; semi-private lessons are for two players.

Туре	Member	Nonmember
Private 30-Minute	\$35	\$40
Private 60-Minute	\$70	\$80
Semi-Private 30-Minute	\$18	\$22
Semi-Private 60-Minute	\$35	\$40
3 & A Pro 30-Minute	\$15	\$20
3 & A Pro 60-Minute	\$25	\$30
5 Private 60-Minute	\$300	\$360

# **Quick Start Paddle**

#### Ages 18 and up

This is a fun and dynamic crash course covering all the basics of Platform Tennis, including court positioning, stroke technique, screen play, communication, scoring, and rules of the game. Best for beginners and advanced beginners. Location: Platform Tennis Center. Min/Max 4/12. (bt)

#/Link	Day	Date	Time	R/NR
Women				
<u>128164</u>	Μ	4/17-5/15	6-7pm	\$125/\$150
<u>128167</u>	Tu	4/18-5/16	9:30-10:30am	\$125/\$150
Men				
<u>128163</u>	Tu	4/18-5/16	6-7pm	\$125/\$150

# Monday Spring Co-Rec In-House League

#### Ages 21 and up

This popular league is open to Glen Ellyn Platform Tennis Center members only and is designed to help introduce new players to the game and enhance the experience for advanced beginners. Sign up is first come, first serve. Players will be ranked by the Director of Racquet Sports and placed on teams. All games are played on platform tennis courts at Maryknoll Park. Saturday leagues are geared towards beginner level players. Email gepaddlepro@ gmail.com for more information. Location: Platform Tennis Center. Min/Max: 16/84. (bt)

#### Register by 4/10

#/Link	Day	Date	Time	R/NR
128166	Μ	4/17-5/22	7-10pm	\$90/\$115

# Wednesday Spring In-House Women's League

#### Ages 21 and up

This league is geared towards female players. Members will be evaluated by our Director of Racquet Sports and placed on teams. Teams will play a weekly match on our courts with other Glen Ellyn Park District Platform Tennis Members. Must hold a Glen Ellyn Platform Tennis Membership to play in this league. Contact Mark Cunnington at gepaddlepro@ gmail.com for more information. Location: Platform Tennis Center. Min/Max: 16/40. (bt)

#### Register by 4/10

#/Link	Day	Date	Time	R/NR
<u>128165</u>	W	4/19-5/24	5-6:30pm	\$90/\$115

# Glen Ellyn Pickleball Spring Classic

#### Ages 21 and up

Join us for the inaugural Glen Ellyn Park District Spring Pickleball Classic tournament. There will be multiple brackets for teams with a ranking below 3.5 and brackets with a ranking above 3.5. Brackets will be assigned based on the number of teams who register and will be sent via email to team captains. There will be food and beverages available for purchase on-site. Prizes will be awarded to the winning teams. Teams are comprised of two players and the team captain should register the team. Location: Village Green Park. Min/Max: 8/24. (bt)

#/Link	Day	Date	Time	R/NR
<u>128341</u>	Sa	6/3	9am-5pm	\$100/team

# **Pickleball Start/Restart**

Ages 18 and up

Interested in joining one of the fastest growing sports? Whether you're new to the sport of pickleball or need a refresher, Pickleball Start/Restart covers the basic skills, grips, and strategies to the game. Players are required to provide their own paddle. Location: Village Green Park. Min/Max 6/24. (bt)

#/Link	Day	Date	Time	R/NR
Beginner				
128342	Μ	4/10-5/15	10-11am	\$135/\$170
<u>128804</u>	Tu	4/11-5/16	6-7pm	\$135/\$170
<u>128160</u>	Th	4/13-5/18	10-11am	\$135/\$170
Intermediat	e			
<u>128343</u>	Μ	4/10-5/15	11am-12pm	\$135/\$170
<u>128808</u>	Tu	4/11-5/16	7-8pm	\$135/\$170
<u>128161</u>	Th	4/13-5/18	11am-12pm	\$135/\$170

# **Pickleball In-House League**

#### Ages 18 and up

Interested in joining one of the fastest growing sports? Join this recreational league where participants will receive basic instruction during the first week of the session. Players will be divided up in teams by our staff with match schedules to be played for the remainder of the season. Players are required to provide their own paddle. Location: Village Green Park. Min/Max 8/32. (bt)

#/Link	Day	Date	Time	R/NR
<u>128162</u>	Th	4/13-6/1	5-6:30pm	\$75/\$105



# Spring Youth Tennis Classes

Looking to get a jump start on your tennis skills? This is the perfect activity to learn in five short weeks. Please bring a racquet to class or you can purchase one online for \$30 using code  $\frac{#127935}{2}$ . All ability levels are welcome. Location: Sunset Park. Min/Max: 4/14. (bt)

#/Link	Day	Date	Time	R/NR		
Red Blast: Ages 4-6						
<u>128095</u>	Μ	4/17-5/15	4-5pm	\$110/\$150		
<u>128096</u>	W	4/19-5/17	4-5pm	\$110/\$150		
Orange Bla	st: Ages 7-	8				
<u>128093</u>	Μ	4/17-5/15	5-6pm	\$110/\$150		
<u>128094</u>	W	4/19-5/17	5-6pm	\$110/\$150		
Green Blast	: Ages 9-10	0				
<u>128089</u>	Tu	4/18-5/16	4-5pm	\$110/\$150		
<u>128090</u>	Th	4/20-5/18	4-5pm	\$110/\$150		
Junior Competitive: Grades 6th-8th						
<u>128091</u>	Tu	4/18-5/16	5-6pm	\$110/\$150		
<u>128092</u>	Th	4/20-5/18	5-6pm	\$110/\$150		

# Saturday Adult/Child Tennis

Ages 5-10 with adult

Adult/child tennis classes are a great opportunity to learn tennis together in a fun environment. All ability levels are welcome. The class will focus on learning the game in a unique and friendly environment. Fee is per adult/child couple. Location: George Ball Park. Min/Max: 4/36. (bt)

#/Link	Day	Date	Time	R/NR
<u>128102</u>	Sa	6/3-6/24	9-10am	\$120/\$160
<u>128103</u>	Sa	7/8-7/29	9-10am	\$120/\$160

# Summer Youth Tennis Lessons

#### Ages 4-10

Our outdoor group tennis lessons on the courts at George Ball Park focus on teaching ball skills, fundamentals, and making sure your child loves tennis. All ability levels are welcome. Most lessons are held Monday through Thursday with weather make-up days on Fridays. Register by the week or purchase a 10- or 20-lessons pack. Please bring a racquet to class or you can purchase one online for \$30 using code <u>#127935</u>. Each participant in the summer program receives a t-shirt. Min/Max: 4/36. (bt)

#/Link	Day	Date	Time	R/NR
Red Blast:	Ages 4-6			
<u>128127</u>	M-Th	6/5-6/8	9-10am	\$90/\$130
<u>128128</u>	M-Th	6/12-6/15	9-10am	\$90/\$130
<u>128129</u>	M-Th	6/19-6/22	9-10am	\$90/\$130
<u>128130</u>	M-Th	6/26-6/29	9-10am	\$90/\$130
<u>128131</u>	W-F	7/5-7/7	9-10am	\$65/\$95
<u>128132</u>	M-Th	7/10-7/13	9-10am	\$90/\$130
<u>128133</u>	M-Th	7/17-7/20	9-10am	\$90/\$130
<u>128134</u>	M-Th	7/24-7/27	9-10am	\$90/\$130
<u>128135</u>	M-Th	7/31-8/3	9-10am	\$90/\$130
Orange Blo	ast: Ages 7-	8		
<u>128118</u>	M-Th	6/5-6/8	10-11am	\$90/\$130
<u>128119</u>	M-Th	6/12-6/15	10-11am	\$90/\$130
<u>128120</u>	M-Th	6/19-6/22	10-11am	\$90/\$130
<u>128121</u>	M-Th	6/26-6/29	10-11am	\$90/\$130
<u>128122</u>	W-F	7/5-7/7	10-11am	\$65/\$95
<u>128123</u>	M-Th	7/10-7/13	10-11am	\$90/\$130
<u>128124</u>	M-Th	7/17-7/20	10-11am	\$90/\$130
<u>128125</u>	M-Th	7/24-7/27	10-11am	\$90/\$130
<u>128126</u>	M-Th	7/31-8/3	10-11am	\$90/\$130
Green Blas	t: Ages 9-10	)		
<u>128109</u>	M-Th	6/5-6/8	11am-12pm	\$90/\$130
<u>128110</u>	M-Th	6/12-6/15	11am-12pm	\$90/\$130
<u>128111</u>	M-Th	6/19-6/22	11am-12pm	\$90/\$130
<u>128112</u>	M-Th	6/26-6/29	11am-12pm	\$90/\$130
<u>128113</u>	W-F	7/5-7/7	11am-12pm	\$65/\$95
<u>128114</u>	M-Th	7/10-7/13	11am-12pm	\$90/\$130
<u>128115</u>	M-Th	7/17-7/20	11am-12pm	\$90/\$130
<u>128116</u>	M-Th	7/24-7/27	11am-12pm	\$90/\$130
<u>128117</u>	M-Th	7/31-8/3	11am-12pm	\$90/\$130
Lesson Pac				
<u>128107</u>		Pack (come to a	,	\$240
<u>128108</u>	20-Class	Pack (come to a	any 20 lessons)	\$380

# **Junior Competitive**

#### Grades 6th-12th

This program is offered for beginner through intermediate players who are looking for a summer-long experience at learning and improving their tennis skills. Players will achieve success as they progress through a series of gamebased drills. Players will be instructed in game strategy, while also focusing on improvement on form, footwork and sportsmanship. This program is instructed by Mark Cunnington, Director of Racquet Sports, and Glenbard West coaches Tad Keely and Kevin Graham. Location: George Ball Park. Min/Max 8/36. No class 7/3-7/6. (bt)

#/Link	Day	Date	Time	R/NR		
Grades 6	Grades 6th-8th					
<u>128136</u>	M/W	6/5-7/26	12-1:30pm	\$215/\$240		
<u>128137</u>	Tu/Th	6/6-7/27	12-1:30pm	\$215/\$240		
<u>128139</u>	Summer l	Pass (attend a	ll M-Th classes)	\$350/\$400		
<u>128138</u>	20-Class	Pack (come to	o any 20 classes)	\$285/\$310		
Grades 9th-12th (Beginner/JV2 Level)						
<u>128140</u>	M/W	6/5-7/26	1:30-3pm	\$215/\$240		
<u>128141</u>	Tu/Th	6/6-7/27	1:30-3pm	\$215/\$240		
<u>128143</u>	Summer l	Pass (attend a	ll M-Th classes)	\$350/\$400		
<u>128142</u>	20-Class Pack (come to any 20 classes)			\$285/\$310		
Grades 9th-12th (JV1/Varsity Level)						
<u>128408</u>	M/W	6/5-7/26	1:30-3pm	\$215/\$240		
<u>128409</u>	Tu/Th	6/6-7/27	1:30-3pm	\$215/\$240		
<u>128410</u>	Summer Pass (attend all M-Th classes)			\$350/\$400		
<u>128411</u>	20-Class Pack (come to any 20 classes)			\$285/\$310		



# Adult Start/Restart

#### Ages 18 and up

This class is designed for beginner through intermediate level tennis players. Focus is on developing consistency and control in your game while learning singles and doubles strategies. The class will include drills and point play in a relaxed and friendly environment. Location: George Ball Park. Min/Max: 4/32. No class 7/4. (bt)

#/Link	Day	Date	Time	R/NR
<u>128153</u>	Tu	6/6-7/25	6-7pm	\$155/\$185

# **Adult Practice/Play**

#### Ages 18 and up

This class is designed for the beginner through intermediate level tennis player. The program will focus on fast-paced drills, advanced technical instruction, strategy at the singles and doubles level and much more. This is a perfect environment to get in good playing time while improving your game. Location: George Ball Park. Min/Max: 4/32. No class 7/3-7/4. (bt)

#/Link	Day	Date	Time	R/NR
128149	Μ	6/5-7/24	7-8pm	\$155/\$185
<u>128150</u>	Tu	6/6-7/25	7-8pm	\$155/\$185
<u>128151</u>	Tu	6/6-7/25	10-11am	\$155/\$185
<u>128152</u>	W	6/7-7/26	7-8pm	\$155/\$185

# **Adult Cardio Tennis**

#### Ages 18 and Up

This class is designed for all levels of tennis and will focus on moving and hitting tennis balls at a fast-paced level with the pro. Sign up for this aerobic workout and improve your cardio fitness while enjoying the game of tennis. Location: Glenbard West Tennis Courts. Min/Max: 4/32. No class 7/3 or 7/5. (bt)

#/Link	Day	Date	Time	R/NR
<u>128145</u>	Μ	6/5-7/24	6-7pm	\$155/\$185
<u>128147</u>	W	6/7-7/26	6-7pm	\$155/\$185
<u>128146</u>	Th	6/8-7/27	7-8am	\$155/\$185



# Clay Tennis Court Season Passes

A season pass, valid April 1 to November 1, must be purchased annually to use the clay tennis courts at Lake Ellyn Park. Pass holders will receive a roster of other players and volunteer for minor court maintenance. The courts are open daily, dawn to dusk.

The season pass fee may be paid online or at Spring Avenue Recreation Center starting March 1; however, members must pick up their key in-person at Spring Avenue Recreation Center.

The courts are scheduled for significant improvements within the next 10-18 months. The project will require the courts to be closed during the construction. Once additional information is available, players will be notified. At that time fees will be adjusted if needed. Thank you for your understanding. (bt)

**R/NR:** \$55/\$80 **#/Link:** <u>128154</u>



# Outdoor Tennis Courts

Hard court tennis courts are free for public use when they are not scheduled for Park District programs or lessons. Nets are taken down each winter and replaced each spring in mid-March, weather permitting. Outdoor tennis court lights, where available, are on from mid-March through mid-November.

#### **George Ball Park**

800 Elm Street. Six tennis courts with timer-controlled lights. Close daily at 10pm.

#### Sunset Park

483 Fairview Avenue. Two tennis courts with timer-controlled lights. Close daily at 10pm.

#### **Newton Park**

707 Fairview Avenue. Two unlighted courts. Close daily at dusk.



# Outdoor Pickleball Courts

Outdoor pickleball courts are free for public use when they are not scheduled for Park District programs or lessons. Nets are taken down each winter and replaced each spring in mid-March, weather permitting. Courts are available on a first-come, first-served basis. Please limit play when courts are in demand as a courtesy to other players.

#### Village Green Park

130 S. Lambert Road. Six unlighted pickleball courts.

#### **Newton Park**

The unlighted tennis courts at Newton Park, 707 Fairview Avenue, are also lined for pickleball. Note, the nets cannot be lowered.

#### **George Ball Park**

The lighted courts at George Ball Park, 800 Elm Street, also have three courts lined for pickleball. Note, the nets cannot be lowered.

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# ackerman SFC facility hours

#### Fitness Center/Walking Track

Monday-Thursday	4:30am-10pm
Friday	4:30am-9pm
Saturday	6am-7pm
Sunday	7am-7pm

#### **Front Desk**

Monday-Friday	5am-9pm
Saturday	6am-5pm
Sunday	7am-5pm

#### Holidays

April 9	7am-1pm
May 26	7am-1pm

# what's in the gym

- PRECOR Adaptive Motion Trainers
- PRECOR EFX Ellipticals with Crossramp
- Matrix and Life Fitness Treadmills
- NuStep Recumbent Steppers

- Matrix, Octane, & Life Fitness Ellipticals
- Matrix ARC Trainers
- Matrix Bikes (Recumbent/Upright/Hybrid)
- Matrix Single Station Strength Machines
- Gauntlet Stairmasters
- Scifit Pro2 Trainers
- Concept 2 Rowing Machines
- Xerball & Medicine Ball
- Free Weights & Core Conditioning
- Stretching & CrossFit Area w/TRX Straps
- Cable Cross Weight Machines

# amenities

7,000+ square foot fitness center, 3 court gymnasium, 45-yard by 60-yard indoor turf field, 2 lane indoor track (10.3 laps = 1 mile), group fitness studio, Ackerman Training Room with batting cages, locker rooms and shower facility, and free Wi-Fi.

#### Group Fitness Schedule »

Personal Training Packages »

**ACKERMAN SPORTS & FITNESS CENTER** 



# membership rates and benefits

# **\$0 ENROLLMENT FEE**

- Fitness center and indoor track access
- Free weekly group fitness classes
- Open court/turf time
- Orientation with a personal trainer
- Bring a guest on the first Wednesday of the month
- Use of the Spring Avenue Fitness Center

We will automatically charge your membership fees to the credit/debit card you place on file each month.

Membership Type*	Resident	Nonresident
Teen (14-17)	\$21	\$23
Senior (60+)	\$21	\$23
Active Military	\$21	\$23
Individual (18-59)	\$30	\$35
Couple	\$50	\$55
Family	\$60	\$65

# work in glen ellyn?

Ackerman SFC offers special membership rates to Glen Ellyn employees and teachers with proof of employment. Call or visit the Ackerman SFC front desk for details.



Home for break?

# **Student & Teacher Specials**

# \$15 Spring Break Passes

Don't go on break from your workout. Teachers and students (ages 14+) can purchase a 1-week membership for just \$15 at Ackerman SFC. Sign up for an Ackerman SFC membership good for 7 days for only \$15 any time between March 1, 2023, to April 20, 2023.

# 90 Days for \$90

Avoid a summer slump and keep up with your workouts over the break. Sign up for an Ackerman SFC membership good for 90 days for only \$90 any time between May 1 through June 15, 2023.

A valid school ID or proof of employment is required at time of purchase. Must be 14 years of age or older. 30-day and 1-week memberships do not renew automatically.

\*Residents are defined as those living within Glen Ellyn Park District boundaries. Must provide proof of age if requested. A teen is defined as a person age 14-17 (age 11-13, if certified). Waiver must be signed by a legal guardian. An individual is defined as a person age 18 and up. A senior is defined as a person age 60 and up. A family is defined as up to six immediate family members residing in the same household and children 26 years and younger living at home. Other relatives and individuals in the same household are not included in the family pass. Children 10 years and under have access to open court and turf. Children 8 to 13 can access the track with an adult. Fitness center is available for children 14 years and older (age 11-13 after orientation; see front desk to set up an appointment). A couple is defined as two people living at the same address.

# group fitness classes

Group fitness classes are included as part of the Ackerman SFC member fee. With more than 50 options to choose from each week, you're sure to find a class to fall in love with. Classes do not require registration, and may take place on the court, turf, or in the 2nd floor fitness studio.

#### Group Fitness Schedule »

# walking track

The track is free for Ackerman members. Ages 8-13 must be accompanied by a member age 18 years or older to use the walking track.

#### DAILY DROP-IN

Ackerman SFC member	.Free
R/NR Daily Drop-in	.\$5/\$7

#### **ANNUAL PASSES**

Resident (Ages 8-59)	\$35
Nonresident (Ages 8-59)	\$50
Senior (Ages 60 & Up)	\$25

#### MEMBERSHIP ADD-ON

# college of dupage lap swimming

Active Ackerman SFC fitness members (ages 16+) may purchase a lap swimming monthly membership to swim at College of DuPage's indoor pool for just \$20 per member per month. Members that are ages 16-17 must have an adult/guardian sign the College's waiver of liability. Walking track only members are not eligible for this offer. To sign up, visit the College's Member Service Office where they will setup your membership. C.O.D. indoor pool hours are available at: gepark.org/cod

# open pickleball

Using a paddle, low net and a plastic ball with holes, this unique sport is enjoyed by people of all ages and athletic abilities thanks to its ease of play and straightforward rules.

#### SCHEDULE

To view the schedule, visit: ackermansfc.com/pickleball

#### FEES

Ackerman SFC member ......Free R/NR Daily Drop-in.....\$5/\$7 R/NR 5-Visit Punch Card ......\$20/\$30

# open court & turf

No reservations required. Please call the Ackerman SFC front desk for daily available open gym times. Open to both members and non-members.

#### DAILY DROP-IN FEES

Ackerman SFC member	.Free
Youth R/NR Daily Drop-in	.\$4/\$5
Adult R/NR Daily Drop-in	\$5/\$6

# ackerman kids zone

Get your workout in as your little ones take part in fun activities like Tot Tumbling, Arts and Crafts, Story Pajama Time, and other formats with the new Ackerman Kids Zone, available 8:30 to 10:30am Monday, Wednesday, and Friday. Sign your child up for monthly unlimited classes (\$20/month for the 1st child and \$12/month for each additional child), or drop-in for \$7 per child.

Kids Zone is currently available to Ackerman SFC members only. Spots are limited to 15 kids per class Visit <u>ackermansfc.com/kid-zone</u> to learn more.



# personal training

Our certified personal trainers will design a program that meets your specific fitness needs. They can help you reach and/or maintain your goal by guiding you through safe, productive, supervised workouts.

# of Sessions	Length	Member	Non-Member
One	30 minutes	\$29	\$49
Three	30 minutes	\$84	\$126
Six	30 minutes	\$150	\$225
Twelve	30 minutes	\$282	\$423
One	1 hour	\$45	\$60
Three	1 hour	\$130	\$175
Six	1 hour	\$255	\$340
Twelve	1 hour	\$500	\$638

# sports training

Visit the Ackerman SFC front desk for more information or to setup your sessions.

#### SPORTS PERFORMANCE TRAINING

Strength and Conditioning Coach Mike Nishimura can help players in all sports programs increase their athleticism. Sessions focus on the three major goals of improving athletic performance, reducing athletic injuries, and teaching lifelong fitness and movement skills. You'll receive a customized workout plan to target different areas of the body and learn how to properly use workout equipment. Sessions start at \$29.

#### **VOLLEYBALL TRAINING**

All-State Coach Christine Giunta-Mayer offers private lessons for student athletes in 5th grade through college. Private lessons are perfect for players that want to focus on specifics of their game. Sessions start at \$70.

#### **BASKETBALL TRAINING**

Sign up for private lessons from Skill Development Coach Brett Love. Brett has high school and collegiate level playing experience with the credentials to train players to take their skills to the next level. Sessions start at \$45.

# rentals & parties

# batting cage rentals

Four batting cage tunnels are available to rent at Ackerman SFC. Rental includes use of a batting cage tunnel and one L screen. This facility requires visitors to bring their own sport-specific ball. Guests of high school age and older may use the batting cages independently. Guests in 8th grade and below must be accompanied by an adult at all times. Please note, the use of batting cages is not included with memberships, punch cards, or daily drop ins. Batting cages can be reserved in advance by calling (630) 317-0134 or emailing <u>bthomas@gepark.org</u>.

# facility rentals

Three full-size basketball courts and an indoor artificial turf field are available to rent for practices, games, and more. The facility also features an outdoor volleyball court, training room, fitness/dance studio, and a party room. (630) 317-0134 or emailing <u>bthomas@gepark.org</u>.

# birthday parties

Our birthday party packages are bursting with activities for kids in an environment that is fun, safe, and truly unique. Choose from a wide variety of age-appropriate themes for kids ages 3 and up. View package options at <u>ackermansfc.</u> <u>com/birthday-parties</u>. Email <u>daddanki@gepark.org</u> to book. Ackerman SFC members use Spring Avenue Fitness Center for free as part of their membership!

# spring avenue, glen ellyn • (630) 858-2462

# membership fees

Annual memberships are valid for one year from the date of purchase.

Ackerman SFC fitness members have full access to Spring Avenue Fitness Center and group fitness classes.

#### **INDIVIDUAL FEES (AGES 14-59)**

Annual Pass	.\$245R/\$365NR
3-Month Pass	\$135R/\$195NR
1-Day Pass	.\$7R/\$8NR

#### SENIOR FEES (AGES 60 & UP)

Annual Pass	\$120R/\$180NR
1-Day Pass	\$4R/\$6NR

# center hours

Monday-Thursday	9am-8pm
Friday	9am-5pm
Saturday	9am-12pm
Sunday	Closed

# what you'll find

- Treadmills, Ellipticals, Rowing Machine
- Recumbent Bikes
- Free Weights

Spring Avenue

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- Dual-Station Strength Machines
- Lockers and Showers
- Equipment Orientation



# **SilverSneakers**

If your Medicare health plan, Medicare supplement carrier, or group retiree plan includes SilverSneakers as part of your benefit package, you can work out at no extra cost. Visit the Spring Avenue front desk to learn more.

# WHERE PETS COME TO PLAY.

Unleash some fun at this popular outdoor park where dogs can exercise, play, and socialize off-leash. Your four-legged friend will pawsitively love it. Starting at **\$35** for residents

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# Growing together.

Duly Health and Care is in your community to help partner with you on your health journey. With more than 150 locations, we have same-day appointments for urgent health care needs, wellness check-ups and specialty visits. We offer telehealth options, convenient care and online scheduling so that you can enjoy every season to its fullest.



earn More



To schedule an appointment today, visit dulyhealthandcare.com/community

# rentals

Planning your next big event? We offer a wide variety of affordable indoor and outdoor venues. Deposits may be required with some rentals. Space is available on a first come, first served basis.





## Ackerman SFC 800 St. Charles Road, Glen Ellyn

Ackerman SFC has three full-size basketball courts, an indoor artificial turf field, and four batting cages available to rent for practices, games, parties and more. The facility also features an outdoor sand volleyball court and outdoor turf field. **Contact:** Brad Thomas at (630) 317-0134



# Spring Avenue Recreation Center

**185 Spring Avenue, Glen Ellyn** Spring Avenue Recreation Center can accommodate a variety of events. A single classroom (up to 25 people) or the craft lab (up to 40 people) are available to rent. **Contact:** Katy Speck at (630) 942-7268



# Main Street Recreation Center

501 Hill Avenue, Glen Ellyn Conveniently located near downtown Glen Ellyn. Rent a single classroom (up to 30 people), double classroom (up to 50 people), or elementary-sized gymnasium. **Contact:** David MacDonald at (630) 942-7266



# **Athletic Fields**

The Glen Ellyn Park District has fields available for soccer, baseball or softball: Ackerman Park, 800 St. Charles Road; Village Green, 130 S. Lambert Road; or Newton Park, 707 Fairview Avenue.

Village Green & Newton Parks: (630) 942-7290

Ackerman Park: Grass Fields: (630) 317-0134 Synthetic Turf Field: (630) 317-0134



# Sunset Pool

483 Fairview Avenue, Glen Ellyn

Private pool rentals are perfect for picnics, neighborhood parties, birthdays, group outings, and more. The pool is available to rent on Friday and Saturday evenings from early June through late August. **Contact:** Lisa Semetko at (630) 942-7264





# Maryknoll Clubhouse Party Room

#### 845 Pershing Avenue, Glen Ellyn

Enjoy a gathering with friends, family and co-workers. Room rental includes tables and chairs. Renter may bring in own food, and alcohol is permitted with a liability contract. Maximum number of guests is 50. Room size is 25' x 40'.

# Maryknoll Park Pavilion & Shelter

#### 845 Pershing Avenue, Glen Ellyn

Two covered outdoor venues are available to rent. Each can accommodate up to 50 guests. Renters receive special discounts on splash park entry and/or rounds of mini golf.

# Maryknoll Splash Park

845 Pershing Avenue, Glen Ellyn Rental includes private use of the splash park outside of normal business hours.

**Contact:** Lisa Semetko at (630) 942-7264 for Maryknoll Park rentals.





# Boathouse 645 Lenox Road, Glen Ellyn

Located just 25 miles from downtown Chicago, this unique landmark house was built in 1937 as a community facility and was fully restored to its historic beauty in 2016. Beautifully placed along Lake Ellyn, the Boathouse has been home to numerous wedding ceremonies, receptions, anniversary parties, birthdays, and more.

# **NOW BOOKING**

Call Jeannie Robinson at (630) 942-7267 for more details.

# Glen Ellyn Park District ScholarShip PARKS & ACTIVITIES FOR EVERYONE

The scholarship program is available to all Glen Ellyn Park District residents that qualify. Scholarship funds can be used for non-contractual camps and classes, pool passes, trips, preschool, fitness, athletics, etc., where fees are required. Funds are not eligible for equipment purchases or rental fees. Residents who qualify are eligible to receive up to \$400 maximum per person per calendar year (January 1-December 31) based on need and availability of funds.

Applicants must be able to provide proof of residency and income as defined on the application. Copies of the application are available at <u>gepark.org/financial-aid</u> or by visiting the Spring Avenue (185 Spring Avenue) or Main Street (501 Hill Avenue) Recreation Centers.

A completed application form along with copies of supporting documents must be returned in person or mailed to: Scholarship Program, Glen Ellyn Park District, 185 Spring Avenue, Glen Ellyn, IL 60137. Please allow up to 3 weeks for the application process. Applicants will be notified by letter or phone of the decision made concerning the scholarship. If you have questions, email <u>scholarships@gepark.org</u>.

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# explore your parks greenbriar Park

- 2 Spalding Park
- 3 Churchill Park
- 4 Stacy Park
- 5 Ackerman Park
- 6 George Ball Park
- 7 Joseph Sam Perry Nature Preserve
- 8 Babcock Grove Park
- 9 Benjamin Gault Bird Sanctuary
- 10 Lake Ellyn Park
- 11 Ellynwood Nature Preserve
- 12 Walnut Glen Park
- 13 Frank Johnson Center
- 14 Danby Park
- 15 Prairie Path Park
- 16 Pfuetze Park
- 17 Glen Oak Park
- 18 Marie Ulhorn/President's Park
- 19 Glen Ellyn Manor Park
- 20 Sunset Park
- 21 Newton Park
- 22 Surrey Park
- 23 Village Green Park
- 24 Co-Op Park
- 25 Panfish Playground
- 26 Maryknoll Park
- 27 Lake Foxcroft Park

# facilities

- A Ackerman SFC 800 St. Charles Road
- **B** Lake Ellyn Boathouse 645 Lenox Road
- C Main Street Recreation Center 501 Hill Avenue
  - D Sunset Pool 483 Fairview Avenue
- **E** Spring Avenue Recreation Center 185 Spring Avenue
  - F Holes & Knolls, Maryknoll Splash Park, and Platform Tennis Center 845 Pershing Road

# schools 1

- G Ben Franklin School
- H Forest Glen School
- I Churchill School
- J Hadley Junior High
- K Glenbard South
- L Glenbard West
- M Glen Crest

🗟 Registration Office

- N Lincoln School
- Memorial Field
- P Park View School



		s/Trail		ball Field	urt	(Hard Court)	ť	is	ill Court	Synthetic Turf Athletic Field	Open Play Area/Grass Fields	Outdoor Fitness Equipment	PARK INFORMATI								ION
park features	<ul> <li>Denotes also lined for Pickleball</li> </ul>	Walking Paths/Trail	Playground	Baseball/Softball Field	Basketball Court	Tennis Court (Hard Court)	Pickleball Court	Platform Tennis	Sand Volleyball Court	Synthetic Turf	Open Play Are	<b>Dutdoor Fitne</b>	<b>Picnic Shelter</b>	Outdoor Pool	Fishing Pier	Splash Park	Mini Golf	Disc Golf	Skate Park	lce Skating	Sled Hill
Ackerman Park	800 St. Charles Rd.	•	•	•	_	-	_	-	•	•	•	•	-	Ū	_	•••	-	-	•.	-	•
Babcock Grove Park	324 Linden St.		•								•										
Churchill Park	271 St. Charles Rd.	•											•								
Co-Op Park	515 Wilson Ave.		•								•										
Danby Park	280 Duane St.	•	•								•										
Ellynwood Preserve	801 Ellynwood Dr.																				
Benjamin Gault	625 N. Main St.	•																			
George Ball Park	801 Elm St.					•					•		•								
Glen Ellyn Manor Park	375 Illinois St.	•	•								•										
Glen Oak Park	350 Woodstock Ave.		•								•										
Greenbriar Park	430 Second Place Glendale Heights	•	•								•		•								
Frank Johnson Center	490 Kenilworth Ave.		•								•										
Lake Ellyn Park	645 Lenox Rd.	•	•								•				•					•	
Lake Foxcroft Park	2S540 Lambert Rd.	•	•								•		•		•					•	
Main Street Rec. Ctr.	501 Hill Ave.		•		•						•										
Maryknoll Park	845 Pershing Ave.	•	•					•			•		•			•	•	•			
Newton Park	707 Fairview Ave.		•	•	•	•				•	•		•						•	•	•
Panfish Playground	Maintained by GEPD		•								•										
Joseph Sam Perry Preserve	735 Grand Ave.																				
Pfuetze Park	400 N. Park Blvd.										•										
Prairie Path Park	565 Steward Ave.																				
President's Park	265 Cumnor		•								•										
Spalding Park	22W325 2nd St.		•								•		•								
Spring Avenue Rec. Ctr.	185 Spring Ave.										•										
Stacy Park	50 Geneva Rd.		•		•						•		•						•		
Sunset Park	483 Fairview Ave.		•			•					•			•							
Surrey Park	95 Surrey Dr.		•		•						•										
Village Green Park	130 S. Lambert Rd.		•	•	•	•	•				•		•			•					
Walnut Glen Park	860 Walnut St.		•																		

# **The Fun Starts Here**

Western DuPage Special Recreation Association

# WDSRA RECREATIONAL & SOCIAL PROGRAMS: IN-PERSON & VIRTUAL

WDSRA provides fun, engaging recreational and social programs, trips, and special events for children, teens, and adults with special needs. Programs are structured to allow everyone to participate at their own ability level. Through WDSRA each individual has the opportunity to grow personally, connect with their community and discover their potential.

- Sports
- Special Olympics
- Music and Dance
- Art and Drama
- Bowling
- Social Clubs

- Special Events
- Adaptive Sports
- Overnight Outings
- Weeklong Trips
- And much more!

# **INCLUSION SERVICES**

Inclusion Services are designed to provide the least restrictive environment while providing the maximum opportunity to participate in regular park programs. There is no charge for WDSRA support. To register for services, simply indicate that special accommodations are needed on the park district registration form. Two-week advance notice is requested for inclusion support.



#### BE A PART OF THE FUN!

We are looking for people who are optimistic and enthusiastic.

Flexibility. Training. Choice.

Western DuPage Special Recreation Association

> For details visit ww.wdsra.com Join Our Team.

Western DuPage Special Recreation Association 630-681-0962 • www.wdsra.com

# district policies

#### **DEFINITION OF RESIDENCY**

Not all Glen Ellyn residents are in the Park District. Anyone living within the geographic boundaries of the Glen Ellyn Park District is considered a resident. Glen Ellyn Park District residents, via property taxes, make financial contributions to the operation of the park system. Non-residents are charged higher fees for programs than residents to compensate for property tax disparity.

Residents of Glen Ellyn who are not residents of the Glen Ellyn Park District or any other park district may receive all the privileges of belonging to the Glen Ellyn Park District by paying the equivalent of Park District taxes annually. This membership allows for priority registration, pool passes, and any other services provided to our residents at the resident rate.

#### WAIVERS OF LIABILITY

To participate in any Glen Ellyn Park District program, you must sign a waiver releasing the Park District of any liability.

#### **REFUNDS, CANCELLATIONS**

The Glen Ellyn Park District reserves the right to cancel, postpone or combine classes, or change instructors. If insufficient enrollment causes a class to be canceled, notification will be given 7 days in advance, and full tuition refunded. Withdrawals prior to the start of a class will be assessed at minimum a \$5.00 service charge. Refunds for moving, injury/illness, or schedule changes will be pro-rated according to the date the request for a refund is made.

#### **COMMITMENT TO QUALITY**

Io encourage first time participation as well as repeat participation, the Park District has a refund policy highlighted by a satisfaction guarantee. This special refund policy provides us with timely feedback about dissatisfaction regarding our services. We can then take prompt action to improve services. If you are not completely satisfied, tell us and we will either: invite you to repeat the class at no charge; allow you a credit that can be applied to another program; issue you a full refund.

Our guarantee is based on fulfilling our promise to deliver the published expectations describing the service you have used. A refund will be granted if you were dissatisfied with the experience due to circumstances under the Park District's control.

Requests for the above-mentioned options must be made before the midpoint of the program or within two weeks of a single meeting activity. All refund requests must be submitted in writing and returned to the Spring Avenue Recreation Center or the Main Street Recreation Center. Satisfaction Guarantee does not apply to trips, special events with prepaid admissions and tickets, and athletic programs where equipment has already been ordered.

#### **FINANCIAL ASSISTANCE**

The Glen Ellyn Park District recognizes there are community residents who may suffer economic setbacks that might preclude their participation in Glen Ellyn Park District programs. Financial assistance forms are available at the Spring Avenue and Main Street Recreation Center. All requests remain confidential. If you have questions, please call (630) 858-2462 or email <u>scholarships@gepark.org</u>.

A referral for additional scholarship assistance is also available to qualified resident children under the age of 18 through the Milton Township Youth Committee's Family Youth Scholarship Fund.

#### INSURANCE

The Glen Ellyn Park District does not provide medical insurance coverage for individuals who participate in our programs or use our facilities. To do so would make programs and user fees cost prohibitive.

#### AMERICANS WITH DISABILITIES ACT

The Americans with Disabilities Act (ADA) prohibits discrimination on the basis of a disability. The Glen Ellyn Park District will make reasonable accommodations in recreation programs to enable participation by an individual with a disability that meets essential eligibility requirements for that leisure program and facility.

If you have questions or believe you have been unfairly discriminated against by the Park District, please contact Nick Cinquegrani at (630) 942-7257. Those who use the Telecommunications Device for the deaf may reach the Park District by calling the Illinois Relay Line at (800) 526-0844.

#### NON-DISCRIMINATION STATEMENT

The Glen Ellyn Park District prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, marital or family status.

#### **BEHAVIOR POLICY**

Participants are always expected to exhibit appropriate behavior. The following guidelines have been developed to help make Park District programs safe and enjoyable for all participants. Additional rules may be developed for specific programs and athletic leagues as deemed necessary by staff. Participants shall:

1. Show respect to all participants and staff, take direction from staff.

- 2. Refrain from using abusive or foul language.
- 3. Refrain from causing bodily harm to self, other participants or staff.
- 4. Show respect for equipment, supplies and facilities.

A positive approach will be used regarding discipline. Staff will periodically review rules with participants during the program session. If inappropriate behavior occurs, prompt resolution will be sought specific to each individual situation. The Park District reserves the right to dismiss a participant whose behavior endangers the safety of themself or others.

#### **ADULT'S CODE OF ETHICS**

- I will encourage good sportsmanship by demonstrating positive support for players, coaches, and officials at every game and practice
- I will place the emotional and physical well-being of
- my child ahead of my personal desire to win. • I will insist that my child play in a safe and healthy environment.
- I will require that my child's coach be trained in the
- responsibilities of being a youth sports coach. • I will remember that the game is for youth – not
- adults. • I will do my very best to make youth sports fun for
  - ny child.
- and officials with respect regardless of race, gender, creed, or ability.
- I agree with these rules and understand that the Glen Ellyn Park District Associations have adopted a Zero-Tolerance Policy and that not abiding by these rules may restrict me from attending future games and practices.

#### PETS AT EVENTS

The Glen Ellyn Park District asks that everyone please exercise good judgment and leave pets at home when attending events that draw large crowds. Please show respect for other people, yourself and your pet by helping the Park District maintain a safe and healthy environment where all people have the opportunity to participate and enjoy themselves.

#### NOTICE OF POSSIBLE CHANGES IN PLAYBOOK LISTINGS

The policies, procedures, requirements, programs, fees and facility availability contained in this Playbook represent Park District program and policies at the time of publication. Sometimes changes in the programs (including fees, locations, times, etc.) and policies are necessary after Playbook publication but prior to program commencement or facility operation.

To provide the best services, programs and facilities to the public, the Park District reserves the right to add, to change, modify or delete any program or policies after they have been published. The Park District will attempt to make a reasonable effort to give prompt public notice of any material changes in the programs and policies, but notice cannot be assured. We apologize for any inconvenience this may cause and appreciate your understanding and cooperation.

#### **PHOTO/VIDEO POLICY**

The Glen Ellyn Park District uses pictures or videos of participants to publicize recreation opportunities in our social media, print, and online marketing. If you do not want a picture taken, please tell our photographer. If the picture has already been taken, please contact the Park District at (630) 942-7260.