



### RESIDENT **REGISTRATION:**

Opens 9am Saturday, June 5

Nonresident Registration:

Opens 9am Saturday, June 12



# Sunset Pool

ENJOY SOME FUN IN THE SUN!

#### We're Here to Help!

Staff initials follow the program description for which they are responsible.

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Website ......gepark.org

Registration/General Questions ..... (630) 858-2462

Refund Requests ......gepark.org/refund

Ackerman SFC Questions ...... (630) 317-0130

Closure/Cancellation Hotline...... gepark.org/hotline

#### **Our Mission**

To foster diverse, community-based leisure opportunities, through a harmonious blend of quality recreation programs, facilities, and open space which will enhance the quality of life into the future.

#### **How to Register**

#### **Online Registration**

Log onto <u>www.gepark.org/register</u> to sign up for almost any class, program or event. If you are a new user you must create a new account prior to registering online by clicking "Create an Account" and following the on-screen prompts.

#### In Person & Drop Off Registration

Available at the Spring Avenue and Main Street Recreation Centers. For assistance by phone, please call (630) 858-2462.

Monday-Thursday: 8:30am-8:00pm

**Friday:** 8:30am-5:00pm **Saturday:** 9:00am-12:00pm

Sunday: Closed

Offices will be closed on July 5 and September 6.

#### Mail/Fax Registration

**Mail:** Glen Ellyn Park District, Registration, 185 Spring Avenue, Glen Ellyn, 60137

Fax: (630) 389-8527









glenellynparks

subscribe!

## BOARD (COMMISSIONERS For the Board meeting schedule, visit: gepark.org/board-meetings



Alex Durham President



Julia Nephew Vice President



Kathy Cornell Treasurer



Paul Bischoff Jr.



Ben Stortz



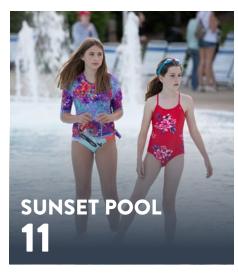
Michael Ward



Rob Weber

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# LOOK FOR THE AUTUMN 2021 PLAYBOOK ONLINE August 24th

To provide you with the most accurate program information, Playbooks are digital only and can be read online at: <a href="mailto:gepark.org/playbook">gepark.org/playbook</a>



### **FACE MASK POLICY UPDATE**

On Monday, May 17, Governor Pritzker issued an updated executive order to align Illinois mask guidance with the CDC, lifting the mask mandate and social distancing requirements for fully vaccinated individuals in most settings. During the Bridge to Phase 5 of Restore Illinois, the District will:



- Continue to follow operational guidelines put in place by the Illinois Department of Public Health and other regulatory agencies including those related to athletics, camps, and facility capacity limits until they are updated, or additional direction is provided. Supervisors will email program specific guidance as needed to registered participants.
- Allow fully vaccinated individuals to participate in Park District programs or visit facilities as a patron, spectator, or volunteer without a face covering.
- Require face coverings for individuals who are not fully vaccinated in our programs and facilities, except while actively swimming, within the splash park area, or during outdoor fitness activities. Face coverings for youth sports are also subject to additional regulatory agency guidance including, but not limited to the DCEO All Sports Policy, various athletic leagues and their governing bodies, IHSA and/or Glenbard High School District 87.
- Direct Glen Ellyn Park District employees and contractual program providers to continue to wear face coverings when working indoors or when social distancing cannot be maintained while working outdoors.

The Glen Ellyn Park District still encourages all patrons to continue using facial coverings indoors, as well as outdoors during activities and when social distancing of at least 6 feet is not practical. Regardless of vaccination status, please refrain from coming onto property when you have signs or symptoms of COVID-19. We thank you for your patience and understanding as we navigate this next phase together. As always, please continue to be respectful of the health, safety, and choices of others, and continue to refer to gepark.org for the most current information and updates.



#### A Reminder Regarding the Lake Ellyn Cardboard Regatta & Afternoon Festivities

As announced in early May, in planning for summer activities, Park District staff reviewed current State of Illinois COVID-19 guidance and at that time, concluded that the Lake Ellyn Cardboard Regatta and July 4th Afternoon Festivities at Lake Ellyn Park would not take place for the summer of 2021. While our region's COVID-19 statistics have been improving, it is challenging to determine what the guidelines will be in early July. Each year, a significant amount of advanced planning, time, and effort is expended by participants, volunteers, and the District towards organizing and implementing each of these events. To serve you better, the District will suspend these events for 2021 and reassess their return for 2022. In their place, resources generally reserved for these events will be allocated to smaller, more neighborhood focused, family events throughout the summer. These 'mini' events will be geared toward smaller groups in areas of our community that would not generally be able to have a large-scale activity in their neighborhood park.

# Family Fun in the Neighborhood

It's fun filled, family friendly, free evenings of activities and entertainment, close to your backyard. Meet us in your neighborhood park on select dates from 5:00pm-7:00pm for this new twist on the "Family Fun Night" tradition featuring interactive games and activities, face painting, arts and crafts, and more. Families are invited to pack a picnic.

All ages welcome. (jr)

#### **Dates & Locations**

Friday, June 25 ......Babcock Grove Park
Thursday, July 8 .....Surrey Park
Wednesday, July 28 .....Lake Foxcroft Park
Friday, August 13 .....Co-Op Park





## **Monday Miles**

Grab your running shoes and get moving! Over the course of eight nights, we will log miles on our course at Ackerman Park's outdoor path. Each night will feature a unique theme with special offers, discounts, prizes, and/or raffles. More competitive runners can go for the Gold Title, which will be awarded to the top 3 male and female runners with the most miles accumulated over all eight nights. Monday Miles will be canceled in inclement weather; check gepark.org/hotline for updates. Meet us in the park from 5:00pm to 7:00pm. All ages welcome. (sl)

#### **Themes**

June 14: Bark in the Park
June 21: Health and Wellness Night
June 28: Nature Night
July 5: No Monday Miles
July 12: Disc Golf Night

July 19: Kids' Night July 26: Sports Night

June 7: Ackerman Night

August 2: Raffle Run

# Register by June 7 to receive a t-shirt on the final night, or drop-in any night (no t-shirt).

Code	Туре	Fee
122946	Ackerman SFC Member	Free
122946	Non-Member	\$20
Drop-in	Ackerman SFC Member	Free
Drop-in	Non-Member	\$3

# **Boating in the Park**

Venture out and enjoy the beauty of Lake Ellyn. Instruction can be given on dry land before you try our canoes, kayaks, or a pedal boat. Children must fit properly in a life vest in order to get on the lake. Pets are not allowed in any boat. Boating in the Park is a drop-in activity; no registration required. (ts)

Available from Noon to 4:00pm on the dates below. Fee: \$10 per boat for 20 minutes. Cash only.

Sunday, June 27 Sunday, July 18 Sunday, August 1 Sunday, August 15





## Jazz in the Park

Enjoy free live concerts in the park by the Glen Ellyn Jazz Ensemble, a 16-member group, from 7:00pm to 9:00pm. Bring a blanket, lawn chairs and picnic dinner. In case of rain or severe weather, the concert will be cancelled. Please note, social distancing guidelines must be followed at all times and masks are required outdoors when six feet social distancing cannot be maintained between groups. No alcoholic beverages are permitted in the parks. All ages welcome. (jr)

#### **Dates & Locations**

Wednesday, July 21 ..........Newton Park Wednesday, Aug. 18 .....Lake Ellyn Park



# Pollinator BioBlitz

Saturday, June 19 • Registration required

Ages: Adults and Families. Help us document pollinators found at Churchill Park during National Pollinator Week. On the Saturday before, join us for a practice session where we will provide a brief overview and demonstrate protocol. See full details in the Nature section of the Playbook. (rf)



# **Unplug Illinois Day**

Saturday, July 10 • Multiple Locations Activities are free for all ages

Join us for Unplug Illinois Day! It's all about getting out, unplugging, and finding ways to play and engage with one another through experiences at your local park district - right here in Glen Ellyn. We have organized some activities throughout the District to get your family out in the parks to maybe try something new, or enjoy an old favorite. Celebrate all your community has to offer with one of these scheduled activities between 10:00am to 2:00pm:

10:00am-10:30am: Vegetable Garden Talk at Village Green Park (geared for adults)

10:00am-12:00pm: Arts, crafts, and photos with Gus the Gator at Sunset Park

10:00am-11:00am: Dance with Ms. Marissa at Spring Avenue Recreation Center

11:00am-12:00pm: Circle Time in the Park with Ms. Tinsley at Lake Ellyn Park

11:00am-12:00pm: Theatre Fun at Spring Avenue Recreation Center

All Day: Swing by Ackerman Park and watch 40 of the best 16U Girls Softball teams from around the country during the Demarini Invitational Softball Tournament or visit Village Green Park for the Annual Glen Ellyn Classic

Plus: \$5 mini golf at Holes & Knolls from 10:00am-2:00pm



## **Thirsty Thursdays** on the Deck

Ages: 21 and up. Grab a group of friends and head down to Lake Ellyn for a relaxing evening on the Boathouse patio and deck. Craft beer and wine will be available for purchase from Glen Ellyn's own, The Beer Cellar. Enjoy a beverage, mix and mingle, and we'll provide the live entertainment and light snacks to capoff a perfect night. Pre-registration available online; registration fee includes your first drink ticket. Tickets at the door will be cash-only, if available. (jr)

Code	Day	Date	Time	Fee
<u>123284</u>	Th	7/22	6:30-9:00pm	\$10
<u>123285</u>	Th	8/19	6:30-9:00pm	\$10

## **Brew & Boots Fest**

Saturday, August 28 • 2:00pm-5:00pm • Maryknoll Park

Ages: 21 and up. Join us as we wrap up the summer at Brew & Boots Fest. Come taste locally brewed beer while listening to live music and playing yard games for all to enjoy. Tickets include admission to the event and 2 beer tastings.

Tickets are \$20 for residents and \$25 for nonresidents, and can be purchased through code 123315. (ts)





# Ackerman SFC Fitness Open House

Saturday, September 18 • 11:00am-1:00pm

Take part in a variety of fitness and youth classes, tour the facility, and learn about our personal training options. There will also be giveaways for attendees. Plus, anyone that signs up during the Open House will receive one month free on their membership. Look for more details on our website in September. (sl)

## SAVE THE DATES

# Freedom Four 4-Mile Run

Sunday, July 4
Lake Ellyn Park
Race starts at 7:00am

More information will be posted at FreedomFourRun.com when available.

# Native Tree & Shrub Sale

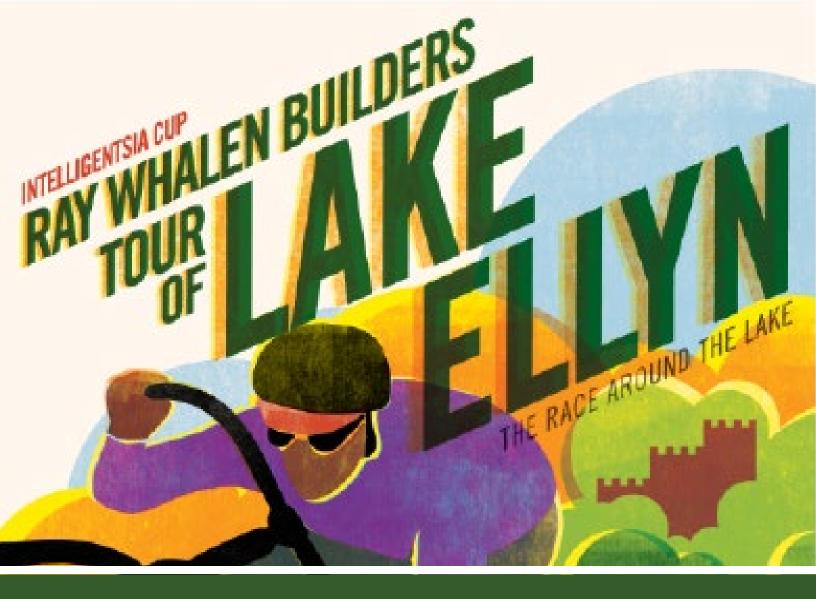
#### **Pre-Order Sale**

The species list and order form will be posted on the Park District website in August.

#### Touch-A-Truck

Saturday, September 25
Maryknoll Park
10:00am-12:00pm

More information will be available in the Autumn Playbook on August 24.



# Tour of Lake Ellyn and Duncan Law Group Family Fun Ride

Saturday, July 17 • 9:30 a.m. to 8:30 p.m. • Lake Ellyn Park

#### **TOUR OF LAKE ELLYN**

The Tour of Lake Ellyn professional bike races return to Glen Ellyn on Saturday, July 17 from 9:30 a.m. to 8:30 p.m. Bring the family to Lake Ellyn Park to watch and cheer on cyclists from around the world as they race around scenic Lake Ellyn. Sponsored by Ray Whalen Builders, the Tour returns for its fifth year in Glen Ellyn: the most popular race course on the Intelligentsia Cup Series schedule, and promises all of the excitement and action of a European road race right in your own backyard. Being a race spectator is hard work, so make sure you grab a bite to eat or a cup of Intelligentsia coffee at one of the local food and drink vendors . . . or relax and grab a craft beer from Alter Brewing Company on the deck at the Boathouse Beer Garden while you watch the racers fly by.

#### FREE DUNCAN LAW GROUP FAMILY FUN RIDE

Make sure to sign up for the popular FREE Duncan Law Group Family Fun Ride at 2:25 p.m. and give your family the chance to take a spin on the closed course alongside the pros. Pre-register for the family ride online at gepark.org/register, activity code #123636, or at the event the day of the race. Professional and amateur races are scheduled throughout the day. Learn more and view the event schedule at: <a href="http://intelligentsiacup.com/schedule/glen-ellyn/">http://intelligentsiacup.com/schedule/glen-ellyn/</a> or on the Tour of Lake Ellyn Facebook page.



## **Sunset Pool Operations During Phase 5**

**UPDATED: 6/18/21** 

Reservations are no longer required for open and lap swim and season pool passes have returned!

Season pool passes can be purchased online or in-person. Purchasers can choose to apply funds paid for 5-visit passes bought prior to June 11, 2021, toward the purchase of 2021 season passes by calling or visiting the locations below. Photos for new or replacement ID cards can also be taken at these locations during normal business hours. Click the facility name to view hours of registration.

Spring Avenue Recreation Center »

185 Spring Avenue, (630) 858-2462

Main Street Recreation Center » 501 Hill Avenue, (630) 858-2463

Ackerman Sports & Fitness Center » 800 St. Charles Road, (630) 317-0130

In addition to season passes, 5-visit passes will still be available for purchase or patrons may choose to pay daily admission. The concession stand will remain closed this summer. Guests may enjoy outside food and drinks within the concession stand area. No coolers, catered food or glass will be permitted, and food and drinks are not allowed on the pool deck.

Please <u>click here</u> to view the Phase 5 open and lap swim schedule.

Currently, swimming pool guidelines still require face coverings for unvaccinated children and unvaccinated adults when not in the water. Fully vaccinated individuals may visit the facility without wearing a face covering. Exceptions continue for those with qualified medical conditions and those under 2 years of age.

Please continue to refer to gepark.org for the most current information and updates.





Season pool passes can be purchased online or in-person at Spring Avenue Recreation Center, Main Street Recreation Center, or Ackerman SFC starting Friday, June 11. Photos for new or replacement ID cards, which are required for entry, can also be taken at these locations.

Туре	R/NR Fee
Child (Ages 2 years and under)	Free
Child (Ages 3-17 years)	\$70/\$100
Adult (Ages 18-59 years)	\$80/\$115
Senior (Ages 60 years and up)	\$50/\$70
Family of 2	\$120/\$175
+ Additional Family Members	\$20/\$25

#### **5-Visit Pool Pass**

Each 5-visit pool pass is for individual use and cannot be shared between family members. Visits will be tracked in your household account – you will not receive a physical pass. Passes are available for purchase online or inperson at Spring Avenue Recreation Center, Main Street Recreation Center, or Ackerman Sports & Fitness Center.

Туре	5-Visit Pass R/NR Fee
Child (Age 2 years & under)	Free
Child (Age 3-17 years)	\$25/\$35
Adult (Age 18-59 years)	\$40/\$50
Senior (Age 60 years and up)	\$25/\$35

#### **Daily Admission**

Those who prefer not to purchase a 5-visit or season pass may pay by day at the Sunset Pool office.

Туре	Daily Admission R/NR Fee
Child (Age 2 years & under)	Free
Child (Age 3-17 years)	\$6/\$9
Adult (Age 18-59 years)	\$9/\$12
Senior (Age 60 years and up)	\$5/\$8



Refunds on daily admission fees and pass visits will occur only if Sunset Pool does not open due to inclement weather, lightning, low temperature (under 68 degrees) or another unforeseen circumstance. Closing the pool is at the discretion of the Glen Ellyn Park District. Refunds will not be issued for unused pass visits at the end of the season.



## Learn to Swim

Learn to Swim provides a positive, fun-filled opportunity for children to learn skills that will help reduce the number of water accidents and to develop lifelong aquatic enjoyment. This year, the program will operate with new safety modifications in alignment with State and local health department guidelines. For current program and facility participation guidelines, please visit gepark.org/coronavirus. If you have any questions, please contact Chad Shingler at <a href="mailto:cshingler@gepark.org">cshingler@gepark.org</a> or (630) 317-0137.

#### **Preschool Learn to Swim**

Ages: 3-5

This swim lesson program covers swimming skills and water safety knowledge in a logical progression. Participants will learn and work on skills such as getting face/head wet, floating, gliding, and combined arm and leg action on front and back. All participants will be tested on the first day of class and placed into the correct level. Location: Sunset Pool. Min/Max: 4/16. (cs)

Code	Day	Date	Time	R/NR Fee
122949	M-Th	6/21-7/1	8:30-9am	\$45/\$60
122950	M-Th	6/21-7/1	9:20-9:50am	\$45/\$60
122951	M-Th	6/21-7/1	10:10-10:40am	\$45/\$60
122952	M-Th	6/21-7/1	11-11:30am	\$45/\$60
122953	M-Th	7/5-7/15	8:30-9am	\$45/\$60
122954	M-Th	7/5-7/15	9:20-9:50am	\$45/\$60
122955	M-Th	7/5-7/15	10:10-10:40am	\$45/\$60
122956	M-Th	7/5-7/15	11-11:30am	\$45/\$60
122957	M-Th	7/19-7/29	8:30-9am	\$45/\$60
122958	M-Th	7/19-7/29	9:20-9:50am	\$45/\$60
122959	M-Th	7/19-7/29	10:10-10:40am	\$45/\$60
122960	M-Th	7/19-7/29	11-11:30am	\$45/\$60

#### Youth Learn to Swim

Ages: 6-15

This swim lesson program covers swimming skills and water safety knowledge in a logical progression. Participants will learn and work on skills such as getting face/head wet, floating, gliding, front crawl with rotary breathing, backstroke, elementary backstroke, breaststroke, and butterfly. These classes will help prepare your child to transition to the Gators Swim Team program, if desired, and help them be confident and safe in the water. Location: Sunset Pool. Min/Max: 4/16. (cs)

Code	Day	Date	Time	R/NR Fee
122961	M-Th	6/21-7/1	8:20-9am	\$50/\$65
122962	M-Th	6/21-7/1	9:10-9:50am	\$50/\$65
122963	M-Th	6/21-7/1	10-10:40am	\$50/\$65
122964	M-Th	6/21-7/1	10:50-11:30am	\$50/\$65
122965	M-Th	7/5-7/15	8:20-9am	\$50/\$65
122966	M-Th	7/5-7/15	9:10-9:50am	\$50/\$65
122967	M-Th	7/5-7/15	10-10:40am	\$50/\$65
122968	M-Th	7/5-7/15	10:50-11:30am	\$50/\$65
122969	M-Th	7/19-7/29	8:20-9am	\$50/\$65
122970	M-Th	7/19-7/29	9:10-9:50am	\$50/\$65
122971	M-Th	7/19-7/29	10-10:40am	\$50/\$65
122972	M-Th	7/19-7/29	10:50-11:30am	\$50/\$65

#### **Parent/Tot Water Exploration**

Level I: 9-18 months with adult

Level II: 18 months-3 years with adult

Class is designed to make an infant's first experience in the water positive and fun. Instructor will facilitate the lesson while parents are the main instructor for the class. Class will help develop comfort in the water, swimming readiness, floating with assistance, and blowing bubbles. Parents will be taught how to prevent and manage an aquatic emergency and basic CPR instruction. Location: Sunset Pool. Min/Max: 4/16. (cs)

Code	Day	Date	Time	R/NR Fee
Level I				
122979	Sa	7/11 & 7/18	9:30-10am	\$25/\$40
Level II				
<u>122981</u>	Sa	7/11 & 7/18	8:50-9:20am	\$25/\$40

#### **Camp Caravan Swim Lessons**

Ages: 6-15

For participants of Full Day Camp Caravan only, this swim lesson program covers swimming skills and water safety knowledge in a logical progression. Participants will learn and work on skills such as getting face/head wet, floating, gliding, front crawl with rotary breathing, backstroke, elementary backstroke, breaststroke, and butterfly. These classes will help prepare your child to transition to the Gators Swim Team program, if desired, and help them be confident and safe in the water. Location: Sunset Pool. Min/Max: 4/8. (cs)

Code	Day	Date	Time	R/NR Fee
Code	Day	Date	Time	K/NK Fee
122973	M/W	6/21 & 6/23	12-12:30pm	\$20/\$35
122974	M/W	6/28 & 6/30	12-12:30pm	\$20/\$35
<u>122975</u>	M/W	7/5 & 7/7	12-12:30pm	\$20/\$35
<u>122976</u>	M/W	7/12 & 7/14	12-12:30pm	\$20/\$35
122977	M/W	7/19 & 7/21	12-12:30pm	\$20/\$35
<u>122978</u>	M/W	7/26 & 7/28	12-12:30pm	\$20/\$35

#### **Private Swim Lessons**

Ages: 6-15

Get a more personalized approach with our private swim lessons. These 30-minute one-on-one lessons are tailored to meet your personal needs and goals. You will be asked during registration your basic availability and skill level, from there an instructor will contact to set up the lesson. The wider your availability is, the easier it is for us to schedule your lesson. Requests for specific instructors are encouraged, but not guaranteed. Instructors will begin to set up lessons the first week of June. You must give 24-hours' notice if you need to cancel or reschedule a lesson. Contact Chad Shingler for group/family private lesson opportunities and pricing at <a href="mailto:cshingler@gepark.org">cshingler@gepark.org</a>. (cs)

Code	# of Lessons	R/NR Fee
122983	One	\$25/\$35
122984	Two	\$50/\$60
<u>122985</u>	Three	\$70/\$80
122986	Four	\$95/\$105
122987	Five	\$120/\$130

# Aquatic Programs

#### **Junior Lifeguard Program**

Ages: 10-14

Learn the skills required to become a Sunset Pool lifeguard. Participants must be skilled in swimming and will be tested on the first day. Skills required include 100 yards of swimming, treading water, and surface diving. Participants will develop lifesaving skills, leadership, and teamwork in an aquatic setting. The program will incorporate fun and games while learning lifelong skills in aquatic safety. Location: Sunset Pool. Min/Max: 4/16. (cs)

Code	Day	Date	Time	R/NR Fee
122988	M-Th	7/12-7/22	11:30am-1pm	\$100/\$125



#### **Sunday Aqua Aerobics**

Ages: 18 and up

A great workout using the smooth resistance of water. This class includes aerobic conditioning, muscular endurance, and core stability in deep or shallow water. Location: Sunset Pool. Min/Max: 4/16. (cs)

Code	Day	Date	Time	R/NR Fee
122989	Su	6/6-7/25	9-10am	\$75/\$95

#### **Water Polo Clinics**

Ages: 9-13

Participants will learn basic water polo skills such as shooting, passing and goalkeeping in a fun team environment. Participants must be comfortable treading water for an extended period of time and must be able to swim 100 yards without stopping. Location: Sunset Pool. Min/Max: 4/16. (cs)

Code	Day	Date	Time	R/NR Fee
122990	M-Th	7/26-7/29	9-10am	\$45/\$60
122991	M-Th	8/2-8/5	9-10am	\$45/\$60
122992	Su	7/11-8/1	9-10am	\$45/\$60

# Sunset Arts, Crafts & Swim with the Guards

Ages: 7-12

Join the Sunset Pool Lifeguards for arts and crafts and then pool games, relay races, and swimming. Participants must be comfortable in the water without assistance. Location: Sunset Pool. Min/Max: 4/16. (cs)

Code	Day	Date	Time	R/NR Fee
122995	Th	6/17	12-1:30pm	\$20/\$35
<u>122996</u>	Tu	7/13	12-1:30pm	\$20/\$35

# Sunset Pool Events

#### **Sunset Teen Summer Party**

Ages: 10-14

Join us for a pool party complete with games and a DJ. Pre-registration is required since space will be limited, and parents must be present for check-in and checkout. Face coverings are required anytime participants are not actively swimming and when entering/exiting the facility or using the locker rooms. Location: Sunset Pool. Max: 150. (cs)

Code	Day	Date	Time	R/NR Fee
121152	Sa	6/12	8-9:30pm	\$5/\$10

#### **Daddy/Daughter Luau**

Ages: 7-12 with adult

Calling all dads! Escort your daughter(s) for a hilarious night of limbo, bingo, water balloon toss, contests, and more. Uncles, grandfathers, or other male guardians welcome. Pizza will be served to end the night. All children must be accompanied by an adult. Fee is per child. Location: Sunset Pool. Min/Max: 4/16. (cs)

Code	Day	Date	Time	R/NR Fee
122997	Th	7/29	6-7:30pm	\$20/\$30

#### Mother/Son Beach Bash

Ages: 7-12 with adult

A perfect opportunity for moms to enjoy an evening with their son(s) poolside. This fun-filled evening will be full of water games, activities, a photo booth, followed by pizza and water. Moms, aunts, grandmas, and other female guardians are welcome. All children must be accompanied by an adult. Fee is per child. Location: Sunset Pool. Min/Max: 4/16. (cs)

Code	Day	Date	Time	R/NR Fee
122998	Th	8/5	6-7:30pm	\$20/\$30

YOU MAY ALSO LIKE...

Sunset Swim & Fun Camp in the Summer Camp section





#### Miniature Golf Fees

Ages 3-13	\$6 for 36 holes
Ages 14 & Up	\$7 for 36 holes
Seniors and Military (with ID)	\$6 for 36 holes

#### **Hours of Operation**

Mini golf is play and go. In case of cold weather or inclement weather, please check gepark.org/hotline for delayed openings or closures. Last round of golf goes out 45 minutes before closing time listed.

VIEW HOURS OF OPERATION »

## Participation Guidelines During Phase 5

Face coverings are optional if you are fully vaccinated. Face coverings must be worn by unvaccinated individuals ages 2 and up when in the Clubhouse and when social distancing cannot be maintained on the course.



AT MARYKNOLL PARK

The Splash Park features 12 spray pieces including water tower, team spray, water tunnel, aqua dome, and zero-depth pad.

#### **Splash Park Fees**

Child Admission (Ages 1-14 with Adult) ..... \$3 Adult Admission ...... \$1

#### **Hours & Reservations**

The 2021 season runs from May 29 to Labor Day. The temperature must be 70+ degrees to open the splash park. In case of cold weather or inclement weather, please check gepark.org/hotline for delayed openings or closures.

#### **REGULAR HOURS**

Monday-Saturday ...... 10am-7pm Sunday ...... 11am-7pm

#### **SPECIAL HOURS**

July 4	11am-4pm
September 6	10am-4pm

#### **Splash Park Rules**

- Face coverings are optional if you are fully vaccinated. Face coverings must be worn by unvaccinated individuals ages 2 and up when checking in and when unable to maintain social distancing, unless engaged in a swimming activity.
- No outside food or coolers allowed in the splash park.
- Stollers should be limited to infants, and we ask that you leave room for everyone to enjoy the tables and chairs.
- For safety reasons, no bikes, balls, toys with wheels, or squirt guns, are allowed inside the splash park.
- All children must be accompanied and supervised by an adult.
- Swim diapers are required for nontoilet trained babies
- All persons using the splash park do so at their own risk and sole responsibility.

# Early Chilchecol Interest

#### **Who To Contact**

Chad Shingler (cs)
<a href="mailto:cshingler@gepark.org">cshingler@gepark.org</a>
(630) 317-0137

Jeannie Robinson (jr) jrobinson@gepark.org (630) 942-7267 Taylor Stirmell (ts)
<a href="mailto:tstirmell@gepark.org">tstirmell@gepark.org</a>
(630) 942-7264

# Safety Protocols and Participation Guidelines

For information on safety protocols and participation guidelines due to COVID-19, please visit: <a href="mailto:gepark.org/coronavirus">gepark.org/coronavirus</a>

#### Ackerman Parent/Tot Arts & Crafts

Ages: 3-5 with adult

Parents play an integral part in helping their tots develop and explore their creative side through art. Instructors will facilitate the class and parents will guide the child through arts and crafts projects which may include coloring, building, sculpting clay, painting, and other crafts. Location: Ackerman SFC. Min/Max: 5/25. (cs)

Code	Day	Date	Time	R/NR Fee
122999	Sa	8/7-8/28	11-11:45am	\$40/\$55
<u>123000</u>	Sa	9/11-9/25	11-11:45am	\$30/\$45
<u>123001</u>	F	9/10-9/24	9-9:45am	\$30/\$45

#### Circle Time in the Park

Ages: 2.5-4 with adult

Grab your beach towel or blanket to sit upon while you and your little one enjoy this outdoor, socially-distant, interactive circle time in the park with Ms. Tinsley. For each gathering, friends will enjoy themed stories, music, and movement together in one of our local parks. Registered participants will receive a packet of art materials to take home and create a project to go along with the theme of the week. This program will be canceled and refunded in the event of inclement weather. Instructor: Jody Tinsley. Min/Max: 10/20. (jr)

#### Register by two weeks prior to event date

Code	Day	Date	Time	Location	R/NR Fee
123307	F	6/25	10-11am	Lake Ellyn Park	\$10/\$15
123308	F	7/23	10-11am	Lake Foxcroft Park	\$10/\$15
123309	F	8/20	10-11am	Sunset Park	\$10/\$15

#### **T-REXPLORERS**

#### Dino Hour in the Park

Ages: 3-5 with adult

Bring your little one for an hour of dinosaur discovery fun. They will see and touch real dinosaur fossils, listen to a story, make a craft to take home and dig in the sand to assemble dinosaur puzzle pieces. So much fun packed into an hour, don't miss this fun summer favorite. Location: Lake Ellyn Park. Min/Max: 6/10. (jr)

#### Register by 7/1

Code	Day	Date	Time	R/NR Fee
123287	Th	7/8	4-5pm	\$35/\$53
123288	Th	7/8	6-7pm	\$35/\$53



#### Safe Kids

Ages: 3-5

This interactive class focuses on thinking safely and making safe choices in and around the home. Kids learn what to do in an emergency, when to call 911 and how to deal with strangers. Location: Spring Avenue Recreation Center. Min/Max: 6/10. (jr)

#### Register by 7/16

Code	Day	Date	Time	R/NR Fee
123291	F	7/23	1-2pm	\$25/\$37

#### Safe Kids with First Aid

Ages: 3-5

Safety and first aid go hand in hand. Children learn simple rules to think safely and make safe choices at home and away. We also present basic first aid information, including treatment of small cuts, bumps and bruises, nosebleeds, minor burns, and more. Each child receives a safety packet and creates a small first aid kit to take home. Location: Spring Avenue Recreation Center. Min/Max: 6/10. (jr)

#### Register by 7/16

Code	Day	Date	Time	R/NR Fee
123292	F	7/23	2:15-3:15pm	\$25/\$37

#### SHINING STAR PRODUCTION

#### **Little Actors Club**

Ages: 3-6

Children love this innovative drama class that develops their imagination and introduces them to the performing arts in a fun and creative atmosphere. Each week is an exciting adventure into the imagination with changing themes, music, games, jokes, terminology, and costume suggestions designed to enhance spontaneity, build self-esteem, and promote creativity. Social distancing guidelines will be followed, and masks are required. Location: Main Street Recreation Center. Min/Max: 5/10. (ts)

Code	Day	Date	Time	R/NR Fee
123024	Μ	7/12-8/23	6-6:45pm	\$46/\$69

#### **ROCK N' KIDS**

#### **Tot & Kid Rock**

Wiggle, giggle, dance and sway. Tot Rock and Kid Rock are movement-based learning and imaginative play classes with music. All class procedures are designed to keep staff and students safe. Activities are age appropriate by class and will include songs and rhymes, rhythm and coordination, fine and gross motor, imagination and sensory, listening and following directions skills. With a focus on STEAM learning, each session will have a new educational theme. Location: Main Street Recreation Center. Min/Max: 5/10. (ts)

Code	Day	Date	Time	R/NR Fee
Tot Rock: 1.	2-23 mor	ths with adult		
<u>123026</u>	F	7/16-8/6	9:30-10:10am	\$46/\$69
123027	F	9/17-10/22	9:30-10:10am	\$70/\$105
Kid Rock I:	2-3 with	adult		
123028	F	7/16-8/6	10:15-10:55am	\$46/\$69
123029	F	9/17-10/22	10:15-10:55am	\$70/\$105
Kid Rock III: 1-5 with adult				
123030	F	7/16-8/6	11-11:40am	\$46/\$69
<u>123031</u>	F	9/17-10/22	11-11:40am	\$70/\$105

#### **WEE HEART MUSIC**

#### **Music Together Family Class**

Ages: Birth to 5 years

Enjoy eight weeks of music, movement, learning, and growth as you sing, dance, and play musically together. Each semester introduces a new song collection. Tuition includes materials for at home listening and play. There is a \$50 discount for the second child. Location: Main Street Recreation Center (indoor or outdoor). Min/Max: 5/12. (ts)

Code	Day	Date	Time	R/NR Fee
<u>123015</u>	Μ	9/13-11/8	9:15-10am	\$190/\$285
<u>123016</u>	Μ	9/13-11/8	10:15-11am	\$190/\$285
123017	Μ	9/13-11/8	11:15am-12pm	\$190/\$285
<u>123018</u>	Th	9/16-11/11	9:15-10am	\$190/\$285
123019	Sa	9/18-11/13	9:15-10am	\$190/\$285



#### **MUSICREATORS**

#### Songs of the Season

Ages: 3-5 with adult

This fun-filled, hands-on class is designed to nurture the growing independence of the 3 through 5-year olds and teach musical concepts. Activities will include singing, instrument playing, chants and rhymes, listening activities, group dancing, as well as, bringing literature and stories to to life on xylophones and percussion instruments. The class is centered on the current season, outdoor fun, and concepts of nature. Location: Main Street Recreation Center. Min/Max: 5/10. (ts)

Code	Day	Date	Time	R/NR Fee
123022	Tu	9/14-10/19	11:15-11:55am	\$88/\$132

#### **MUSICREATORS**

#### Dance & Sing with Me

Ages: 1-4

Each music class is filled with fun and developmentally appropriate activities that will stimulate your child's imagination and improve their increasing vocabulary. Singing songs, your child will gain independence, confidence, and learn self-expression. Using many percussion instruments, scarves, hoops, and stick ponies; you will move with your child enjoying music time together while improving their gross and fine motor coordination. Location: Main Street Recreation Center. Min/Max: 5/12. (ts)

Code	Day	Date	Time	R/NR Fee
123020	Tu	9/14-10/19	9:45-10:15am	\$76/\$114
<u>123021</u>	Tu	9/14-10/19	10:30-11am	\$76/\$114

#### **MUSICREATORS**

#### Sing with Me from Home (Virtual)

Ages: 1-5

Enjoy children's music classes with green screen animation so we can go anywhere the music tells us to go from the comfort of home. These fun, high-energy music classes are activity packed, entertaining and give children a positive, creative way to express themselves. Suggestions are given on using household items as instruments. You will receive an email each Thursday by 9:30am with a link to two 12-to 15-minute videos. Videos will remain available for the entire 6 weeks. Fee is per household. Min/Max: 5/10. (ts)

Code	Date	R/NR Fee
123023	9/23-10/28	\$60/\$90

# Youth&Teen Interest

#### **Who To Contact**

Chad Shingler (cs)
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(630) 942-7264

# Safety Protocols and Participation Guidelines

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#### 2K for Kids Color Bash Run

Ages: 4-10

We've put a new spin on the 2K for Kids Fun Run! This year, instead of completing challenges, runners will be doused head to toe in different colors at four different locations throughout the ~1.25-mile course! Prizes will be awarded to the top 3 runners in age and gender group. Groups will be divided by ages: 4-5 years, 6-7 years, and 8-10 years. Fee includes timing bib, t-shirt, and post-race colorful events. Location: Ackerman Park. Min/Max: 30/300. (sl)

#### Register by 7/24

Code	Day	Date	Time	R/NR Fee
<u>123486</u>	Sa	8/7	9am-12pm	\$25/\$37

#### **Tween Night**

Ages: 8-12

Tweens will enjoy an evening of fun playing sports like basketball and dodgeball and other activities including relay races, arts and crafts, and obstacle courses. Parents must accompany their kids for check-in and check-out. Location: Ackeman SFC. Min/Max: 20/100. (cs)

Code	Day	Date	Time	R/NR Fee
121503	F	7/23	6-9pm	\$25/\$35

#### Kids' Night Out

Ages: 5-12

Your children will enjoy a night out with friends participating in games, sports drills, and arts & crafts all while supervised by the Ackerman SFC Team. Participants will receive a treat and water. Parents must accompany their children for check-in and check-out. If weather permits, this will be held outdoors. Location: Ackerman SFC. Min/Max: 10/25. (cs)

Code	Day	Date	Time	R/NR Fee
122947	F	9/24	6-8pm	\$25/\$35

#### **Ackerman Arts & Crafts**

Ages: 6-12

Join us as we make a new art project each week including painting birdhouses, necklaces, clay sculptures and more. All you need to bring is your creativity. Location: Ackerman SFC. Min/Max: 5/25. (cs)

Code	Day	Date	Time	R/NR Fee
121476	Sa	7/10-7/24	10-11am	\$30/\$45
<u>123003</u>	Sa	8/7-8/28	10-11am	\$40/\$55
<u>123004</u>	Sa	9/11-9/25	10-11am	\$30/\$45
<u>123005</u>	W	9/8-9/29	4-5pm	\$40/\$55

#### **Sew Simple - Hand Sewing**

Ages: 5-7

Learn hand sewing as you make a cute teddy bear with step by step instructions. Sewers will learn hand stitching, how to thread a needle and sew on a button in this beginner class. Sign up with a friend for even more fun. Location: Spring Avenue Recreation Center. Min/Max: 3/8. (ts)

Code	Day	Date	Time	R/NR Fee
123067	Tu	9/14	4-5:30pm	\$22/\$33

#### **Sewing Machine Basics**

Ages: 8-13

Learn how to operate a sewing machine and make various different usable projects. Sign up with a friend for even more fun. Location: Spring Avenue Recreation Center. Min/Max: 2/4. (ts)

Code	Day	Date	Time	R/NR Fee
123068	Tu/Th	7/13-7/15	10am-12pm	\$143/\$215

#### **CHERYL RAUSCH ART**

#### **Creative Colored Pencils for Teens**

Ages: 11-18

Learn about the history, mystery, and beauty of colored pencils. Find out the different pencils available to you, what materials work best with this medium, and see the amazing works of other artists using colored pencil - some you already know. Colored pencils are convenient to find, reasonably priced, and endlessly flexible for those who want to learn more about colored art creation. Location: Spring Avenue Recreation Center. Min/Max: 5/15. (ts)

#### Register by 7/24

Code	Day	Date	Time	R/NR Fee
123038	Th	7/29	6-8pm	\$36/\$54

#### **CHERYL RAUSCH ART**

# Learning to Draw - It's Easier Than You Think for Kids

Ages: 5-10

During this class, you find out what drawing tools can be used, as well as learn tips & techniques to keep in mind while drawing. You will not only be taught the fundamentals, but will also be started on your own artistic journey. All the student needs to do is keep their class-provided paper & pencil handy, and be willing to learn something new. The goal is for you to enjoy yourself during this class, and hopefully continue your drawing adventure on your own. Location: Spring Avenue Recreation Center. Min/Max: 5/12. (ts)

#### Register by 7/19

Code	Day	Date	Time	R/NR Fee
<u>123037</u>	Sa	7/24	10:30am-12pm	\$28/\$42

#### **CHERYL RAUSCH ART**

#### **Colored Pencil Kids**

Ages: 5-10

Learn all about colored pencils and the various techniques you can create with them. From color mixing to texture making, students will learn all about the amazing flexibility of colored pencils. Location: Spring Avenue Recreation Center. Min/Max: 5/10. (ts)

#### Register by 8/2

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Code	Day	Date	Time	R/NR Fee
123039	Sa	8/7	10:30am-12pm	\$36/\$54

#### **CHERYL RAUSCH ART**

#### **Graphite - The Art of Black & White**

Ages: 11-18

During this interactive class, participants will learn the process and flexibility of using graphite pencils. Graphite pushes you past your need for color and helps you see the structural beauty of the artwork you're creating. Learn the history of this medium, what drawing tools can be used, as well as learning tips & techniques to keep in mind while tackling this medium. All materials will be provided during this class. Location: Spring Avenue Recreation Center. Min/Max: 5/10. (ts)

#### Register by 8/21

Code	Day	Date	Time	R/NR Fee
123040	Th	8/26	6-8pm	\$36/\$54

#### **Babysitting for Success**

Ages: 10-15

Be the best babysitter you can be. In this class, students engage in discussion, role playing and practical experiences to learn diapering, feeding, playing with children, child development, handling emergencies and first aid. Students should bring a snack and a doll to class. Students are awarded certificates upon completion. Resource materials are included. Location: Spring Avenue Recreation Center. Min/Max: 8/12. (jr)

Code	Day	Date	Time	R/NR Fee
123286	M/W/M	7/12, 7/14, & 7/19	7/12 & 14: 4-7pm 7/19: 4-6pm	\$80/\$120

#### **DUNHAM WOODS FARM**

#### Horsemanship for Kids

Ages: 9-17

In these beginning riding lessons, you will explore the proper ways to groom, tack, and handle horses. In the saddle, you will learn the basics of riding at the walk and trot. Riders should wear jeans or Jodhpur pants and hard soled riding or hiking boots with a small, low heel. Must have an approved riding helmet or bicycle helmet to ride. Location: Dunham Woods Farm, Elgin. Min/Max: 1/4. (ts)

#### Register by 8/20

Code	Day	Date	Time	R/NR Fee
123074	Sa	8/28-10/2	1:30-2:30pm	\$171/\$256

#### LISA LOMBARDI COACHING

# All Spun Up - Kids Life Coaching on Anxiety

Ages: 6-13

Are your kids feeling a little stressed out and spun up? While there's no miracle quick "fix", this class has the potential to be a transformational kick-off to managing it and building self-worth. Through funny and elaborate dramatizations like Cotton Candy Chaos, Ants at the Picnic, 1-2-3 WHACK, and more, kids will garner 9 strategic tools to use after they depart this workshop. Just for fun, we will also learn the science of cotton candy and enjoy this theme park treat. Location: Spring Avenue Recreation Center. Min/Max: 7/20. (ts)

#### Register by 7/2

Code	Day	Date	Time	R/NR Fee
<u>123276</u>	W	7/7	6-7pm	\$28/\$42

#### LISA LOMBARDI COACHING

#### Have the Slime of Your Life - Glow

Ages: 6-13

Let's get ready for Halloween and make some horrific haunted glow in the dark slime. Have the slime of your life in this fall themed lab. Kids take their slime home and a slimey surprise too. Location: Spring Avenue Recreation Center. Min/Max: 7/13. (ts)

#### Register by 8/7

Code	Day	Date	Time	R/NR Fee
<u>123071</u>	Th	9/30	5-6pm	\$35/\$49

#### LISA LOMBARDI COACHING

# Back to School Self-Esteem & Leadership Lab

Ages: 7-13

Summer is ending and kids will soon be headed back to school. Everyone is good at something; we just have to roll up our sleeves and figure it out. Interactive games like: Splat Ball Scatter, Lollipop Marathon, King's Throne, Balloon Bust, Whirling Confetti Storm, Compliment Café, and more. Kid's emotional "buckets" will get filled and will likely be overflowing with confidence when they depart this class. Location: Spring Avenue Recreation Center. Min/Max: 7/20. (ts)

#### Register by 8/7

Code	Day	Date	Time	R/NR Fee
123070	Th	8/12	6-7pm	\$28/\$42





#### STICKY FINGERS COOKING

## Thyme to Turnip the Beet on What Kids Eat

Ages: 6-11

Let your children release their inner masterchef. FUNda-mentals: In our first class, your kid chef will develop confidence in the kitchen by learning the FUN-da-mentals: measuring, mixing, mashing, blending, and more. These skills set the foundation for cooking and baking, and students will learn these skills while creating a delicious sweet treat with a nutritious twist. Location: Spring Avenue Recreation Center. Min/Max: 8/12. (ts)

Code	Day	Date	Time	R/NR Fee
123036	Tu	8/24-9/28	3:45-4:45pm	\$172/\$258

#### **MYPLATE2YOURS**

#### **Your Family Cooks Together**

Ages: All

Gather your family and sign up to cook a meal together that will be enjoyed on site. Registration is per person. Location: Spring Avenue Recreation Center. Min/Max: 8/16. (ts)

Code	Day	Date	Time	R/NR Fee
<u>123041</u>	W	8/18	5-7pm	\$26/\$39

#### **MYPLATE2YOURS**

#### **Kids CAN Cook**

Ages: 6-10

When kids cook, they learn life skills, practice math and science, and have fun. At the end of the session, your child will sample two delicious recipes and have the confidence that kids can cook. Location: Spring Avenue Recreation

Center. Min/Max: 5/16. (ts)

Code	Day	Date	Time	R/NR Fee
123047	W	9/8	4-6pm	\$32/\$48
123048	W	9/29	4-6pm	\$32/\$48

#### **GLITZY GIRLZ**

#### **Back to School Style**

Ages: 3-10

Come join Glitzy Girlz staff before heading back to school this year with some fun accessories. This unique craft class combines fun projects for school with paints, personalized options, jewels and more. Accessorize your first day outfit with a cool beaded piece and assorted fun charms. Location: Spring Avenue Recreation Center. Min/Max: 6/20. (ts)

Code	Day	Date	Time	R/NR Fee
123316	W	8/4	6-7pm	\$32/\$48

#### **MAGIC BY GARY KANTOR**

#### **Magic Class**

Ages: 5-12

Children are guaranteed a great time as they learn ageappropriate tricks: cards, ropes, coins, mind-reading and more. The tricks appear difficult but are easy to learn and perform. All materials are provided; each child receives a magic kit to take home. Sign up for more than one session and learn new tricks each time. Location: Spring Avenue Recreation Center. Min/Max: 5/20. (ts)

Code	Day	Date	Time	R/NR Fee
123072	W	7/7	6:45-7:40pm	\$22/\$33
123073	W	9/29	5:15-6:10pm	\$22/\$33

#### **BRICKS 4 KIDZ**

#### LEGO Engineering -Amusement Park Adventures

Ages: 5-9

Delve into the history and mechanics of your favorite amusement park rides in this imaginative unit. Students will use our proprietary LEGO® technic kits to construct a Ferris Wheel, Carousel Swing, Swing Boat Ride, and a Merry Go Round. Our one-of-a-kind kits incorporate beams, axles, gears, motors & battery packs to make our creations come to life. Lessons incorporate principles of physics, described in a way children can understand, such as "G-force" inertia and momentum, as well as math concepts. These engaging lessons will give students an understanding of the physical forces they experience every day. Location: Main Street Recreation Center. Min/Max: 10/20. No class 9/6. (ts)

Code	Day	Date	Time	R/NR Fee
123032	M	8/30-9/27	5-6pm	\$68/\$102

#### SHINING STAR PRODUCTION

#### **Young Actors Club**

Ages: 6-8

Join the fun in this wonderful and fast-paced creative drama class. Each week is a new and exciting adventure into the imagination with changing themes, music, games, jokes, theater terms, and costume suggestions. You'll even learn a new joke every week. This class enhances spontaneity, helps to build self-esteem, and promotes creativity. Social distancing guidelines will be followed and masks are required. Location: Main Street Recreation Center. Min/Max: 5/8. (ts)

Code	Day	Date	Time	R/NR Fee
123069	Μ	7/12-8/23	5-5:45pm	\$46/\$69

#### **Theater Prep**

Ages: 8-15

Kids will sing, dance, and learn short acting scenes from a variety of theatrical numbers. This is the perfect class to experience what it is like to be a part of a show. We will finish the session with a performance for the family. Location: Main Street Recreation Center. Min/Max: 5/10. No class 9/6. (ts)

Code	Day	Date	Time	R/NR Fee
123049	M	8/2-9/13	6:45-7:30pm	\$60/\$90
123050	M	9/20-10/25	6:45-7:30pm	\$60/\$90

#### **Mini Actors**

Ages: 6-8

Does your child love to perform? This class will teach them the fundamentals of acting, singing, movement, and many other theatre techniques. A short performance on the last day of class will give the kids time to shine. Location: Main Street Recreation Center. Min/Max: 5/10. No class 9/6. (ts)

Code	Day	Date	Time	R/NR Fee
<u>123051</u>	M	8/2-9/13	5:45-6:30pm	\$60/\$90
<u>123052</u>	Μ	9/20-10/25	5:45-6:30pm	\$60/\$90



# Glen Ellyn Theater Group Presents

Ages: 6-16

Join the Glen Ellyn Theater Group for their first production of Annie Jr.. During rehearsals, actors will rehearse their roles while receiving training in music, dance, and acting. This is a full production with costumes, make-up, sets, lighting and sound.

All those interested must register for an audition time slot. Rehearsal will be in-person following the IDPH guidelines. Rehearsals will be Wednesday and Thursday night from 5:30-7:30pm until tech week. Not all actors will be called to all rehearsal times. Schedules will become available after auditions. All rehearsals and auditions will be held at the Main Street Recreation Center.

Tickets to the performance will be an additional cost and sold prior to the show. All actors casted will be required to be at tech week and all performances. (ts)

Directors: Marissa Banker and James Demeny

Casting Fee: \$225/\$245

#### Auditions: Thursday, August 26th

Actors must register for an audition time to be considered for a role. Bring completed audition forms and non-returnable head shot marked with name and age to audition. Forms will be emailed to those registered. Min/Max: 1/3.

Code	Time	Code	Time
<u>123054</u>	5:30pm	123059	6:45pm
<u>123055</u>	5:45pm	<u>123060</u>	7:00pm
<u>123056</u>	6:00pm	<u>123061</u>	7:15pm
<u>123057</u>	6:15pm	<u>123062</u>	7:30pm
123058	6:30pm		

#### **Audition Workshops**

This optional workshop is designed to help our actors feel more confident and prepared for auditions. Registration is required.

Code	Day	Date	Time	Fee
<u>123065</u>	W	8/11	5:30-7pm	\$10
123066	W	8/18	5:30-7pm	\$10

#### Callbacks: August 27th

(Invitation only)

#### **Performances:**

Tech Week: November 8-11 Fri, November 12, 7pm Sat, November 13, 2pm & 7pm Sun, November 14, 2pm

### JUST FOR TEENS

# Generation.Next | Dale Carnegie's Youth and Leadership Program

Ages: 15-18

Generation.Next can help teens become more confident and better able to cope with the pressure and stress adolescents face. The program is designed to prepare young people for the real world. It gives them the skills they need to reach their goals and live up to their full potential – at school, home, and work. This program focuses on five key areas critical for future success – Building Self Confidence, Enhancing Communication Skills, Interpersonal Skill Development, Teamwork and Leadership Skills, and Effective Attitude Management. Fee includes the cost of materials. Each participant should bring their own lunch. Location: Main Street Recreation Center. (ch)

Code	Day	Date	Time	Fee
123314	Tu	8/3	9:30am-4:30pm	\$325

#### **MYPLATE2YOURS**

#### **College Cooking 101**

Ages: 16 and up

Make college cooking life easier and more affordable while learning tips and techniques that you will be able to use for the rest of your life. Location: Spring Avenue Recreation Center, Min/Max: 6/16. (ts)

Code	Day	Date	Time	R/NR Fee
<u>123046</u>	W	8/11	5-7pm	\$29/\$44

#### **Community CPR & First Aid**

Ages: 16 and up

This Jeff Ellis and Associates certification class includes training and certification for CPR and AED use for adults, children, and infants along with first aid techniques. A written test is required to pass the course. Location: Ackerman SFC. Min/Max: 10/25. (cs)

Code	Day	Date	Time	R/NR Fee
123008	Tu	9/14	5-8pm	\$20/\$25



#### **Sunset Swim & Fun Camp**

Ages: 9-13

This swim program emphasizes instruction, participation, and fun. Camp focuses on water sports and games including water polo, sharks and minnows, water dodgeball, diving fundamentals and more. Participants must be comfortable treading water for a long period of time and must be able to swim 100-yards without stopping. Location: Sunset Pool. Min/Max: 4/16. (cs)

Code	Day	Date	Time	R/NR Fee
122993	M-Th	7/26-7/29	10am-12pm	\$55/\$70
122994	M-Th	8/2-8/5	10am-12pm	\$55/\$70

#### **Ackerman Volleyball Skills Camp**

Grades: 2nd-8th

Quick, fast, and touches on the ball with all state coach Christine Giunta Mayer. These one-hour sessions will focus on everything your child needs to know about the game prior and during their seasons. Location: Ackerman SFC. Min/Max: 10/25. (cs)

Code	Grade	Day	Date	Time	R/NR Fee
122311	2nd/3rd	M-Th	6/28-7/1	8-9am	\$80/\$95
122312	4th/5th	M-Th	6/28-7/1	9-10am	\$80/\$95
122315	6th-8th Boys	M-Th	7/12-7/15	11am-12pm	\$80/\$95
122313	6th-8th Boys	M-Th	7/19-7/22	2:30-3:30pm	\$80/\$95
122314	6th-8th Girls	M-Th	7/19-7/22	3:30-4:30pm	\$80/\$95
<u>122306</u>	3rd/4th	M-Th	8/9-8/12	1-2pm	\$80/\$95
122307	5th/6th	M-Th	8/9-8/12	2-3pm	\$80/\$95
122308	7th/8th	M-Th	8/9-8/12	3-4pm	\$80/\$95

#### **Ackerman Floor Hockey Camp**

Ages: 6-12

Fast and fun, floor hockey develops speed, endurance, and coordination. Campers will work through a variety of drills, games, and competitions to develop their skills. Location: Ackerman SFC. Min/Max: 5/25. (cs)

Code	Day	Date	Time	R/NR Fee
121474	M-F	8/2-8/6	12:30-1:30pm	\$50/\$65

#### **Ackerman Flag Football Camp**

Ages: 6-10

Participants will be taught the fundamentals of football on the offensive and defensive sides of the ball and will go through a variety of drills, games, and contests to develop their skill set. Location: Ackerman SFC. Min/Max: 5/25. (cs)

Code	Day	Date	Time	R/NR Fee
<u>121466</u>	M-F	6/21-6/25	12:30-1:30pm	\$50/\$65
<u>121467</u>	M-F	7/12-7/16	12:30-1:30pm	\$50/\$65
<u>121468</u>	M-F	7/26-7/30	12:30-1:30pm	\$50/\$65
<u>121469</u>	M-F	8/9-8/13	12:30-1:30pm	\$50/\$65

#### **Ackerman Fun & Wellness Camp**

Ages: 6-12

This camp emphasizes fun and wellness all while following social distancing. Participants will learn more about sports and partake in individual activities while still being part of a group setting including individual skill drills, arts and crafts, relay races and exercising. Participants are asked to bring a water bottle and hand sanitizer to camp each day. Face coverings are required during the duration of camp. Location: Ackerman SFC. Min/Max: 5/25. (cs)

Code	Day	Date	Time	R/NR Fee
121483	M-F	6/28-7/2	9am-12pm	\$80/\$95
<u>121484</u>	M-F	6/28-7/2	12:30-3:30pm	\$80/\$95
<u>121485</u>	M-F	7/5-7/9	9am-12pm	\$80/\$95
<u>121486</u>	M-F	7/5-7/9	12:30-3:30pm	\$80/\$95
<u>121489</u>	M-F	7/12-7/16	9am-12pm	\$80/\$95
<u>121490</u>	M-F	7/12-7/16	12:30-3:30pm	\$80/\$95
<u>121491</u>	M-F	7/19-7/23	9am-12pm	\$80/\$95
<u>121492</u>	M-F	7/19-7/23	12:30-3:30pm	\$80/\$95
<u>121493</u>	M-F	7/26-7/30	9am-12pm	\$80/\$95
121494	M-F	7/26-7/30	12:30-3:30pm	\$80/\$95
<u>121495</u>	M-F	8/2-8/6	9am-12pm	\$80/\$95
<u>121496</u>	M-F	8/2-8/6	12:30-3:30pm	\$80/\$95
<u>121497</u>	M-F	8/9-8/13	9am-12pm	\$80/\$95
<u>121498</u>	M-F	8/9-8/13	12:30-3:30pm	\$80/\$95

#### Cyclones Volleyball Camp

Grades: 3rd-5th

The area's top club team, the Cyclones, will teach students the fundamentals of passing, setting, and spiking. The lesson plan directs the use of self- mastery training that helps each student reach a new level in preparation for the upcoming season. Location: Ackerman SFC. Min/Max: 10/24. (ch)

Code	Grade	Day	Date	Time	R/NR Fee
<u>123379</u>	3rd-5th	M-Th	7/26-7/29	4-6pm	\$120/\$180

#### Field Hockey Camp

Grades: 1st-8th

The camp will be lead by Glenbard West Coaches and teaches the fundamentals of field hockey to beginners and continues to develop skills and game play for returning players. All players are required to provide their own stick, mouth guard and shin guards. Location: Newton Park. Min/Max: 10/40. (ch)

Code	Grade	Day	Date	Time	Fee
123377	1st-5th	M-F	6/14-6/18	11am-12:30pm	\$75
123378	6th-8th	M-F	6/14-6/18	12:30-2:30pm	\$75

#### Girls Lacrosse Camp

Grades: PreK-8th

Led by Jerry Considine, East Ave Lacrosse Co-Founder and Girls Varsity Lacrosse Coach at Glenbard West, these camps focus on the fundamentals and mechanics of the game. Participants must bring their own stick, goggles, mouthguard and drink to camp. If needed, a limited amount of equipment is available to rent through East Ave Lacrosse. Email <a href="mailto:jerry@eastavelacrosse.com">jerry@eastavelacrosse.com</a> for equipment rental information. Not affiliated with Glenbard West High School. Location: Newton Park. (cb)

Code	Grade	Day	Date	Time	Fee
123317	PreK-K	M-F	6/7-6/11	11am-12pm	\$75
123318	1-4	M-F	6/7-6/11	12-1:30pm	\$100
123319	5-8	M-F	6/7-6/11	1:30-3pm	\$100
123320	PreK-K	M-F	7/19-7/23	11am-12pm	\$75
123321	1-4	M-F	7/19-7/23	12-1:30pm	\$100
123322	5-8	M-F	7/19-7/23	1:30-3pm	\$100



#### **Girls Softball Camp**

Grades: K-8th

Led by Mary McGrane, Varsity Softball Coach at Glenbard West, these camps focus on the fundamentals and mechanics of the game. Campers run the latest drills for hitting, pitching, throwing, fielding and base-running. Participants must bring their own glove, bat, and drink to camp. Not affiliated with Glenbard West High School. Location: Ackerman Park. (cb)

Code	Grade	Day	Date	Time	Fee
<u>123387</u>	K-4th	M-Th	6/21-6/24	9-10:30am	\$75
<u>123388</u>	5th-8th	M-Th	6/21-6/24	10:30am-12pm	\$75

#### **Youth Baseball Camp**

Grades: 3rd-8th

Led by Andy Schultz, Varsity Baseball Coach at Glenbard West, these camps focus on the fundamentals and mechanics of the game. Campers run the latest drills for hitting, pitching, throwing, fielding and base-running. Participants must bring their own glove, bat, and drink to camp. Not affiliated with Glenbard West High School. Location: Village Green Park. (cb)

Code	Grade	Day	Date	Time	Fee
<u>123385</u>	3rd-6th	M-W	6/14-6/23	9-10:15am	\$95
123386	7th-8th	M-W	6/14-6/23	10:30-11:45am	\$95

#### Multimedia Masterpieces

Ages: 6-12

Explore acrylic painting, sculpture, watercolor and more. Children will paint several pre-drawn images on canvas board and watercolor paper, boosting confidence and motivation. This summer's theme, "Four Seasons" will feature all things relating to the changing seasons. Students should bring a full roll of paper towels and a snack; all other supplies are provided. Wear old clothes and good shoes. Instructor: Tony & Friends Art Studio. Location: Spring Avenue Recreation Center. Min/Max: 5/16. (jr)

#### Register by 7/26

Code	Age	Day	Date	Time	R/NR Fee
<u>122549</u>	6-8	M-F	8/2-8/6	9am-12pm	\$175/\$263
122550	9-12	M-F	8/2-8/6	1-4pm	\$175/\$263

#### STICKY FINGERS COOKING

#### Farm to Table

Ages: 7-12

Bring the deliciousness of fresh produce to the table every day. Young chefs will also learn what makes certain ingredients so super for the body and how delicious they can taste, while practicing basic cooking skills and techniques on their way to becoming super chefs. Recipes include Portuguese Potato Caldo Verde Soup, Crispy Kale Chips, Summer Vegetable Radical "Ratatouille," Fancy Lemon Sorbet Shakes, and more. Location: Spring Avenue Recreation Center. Min/Max: 7/12. (ts)

Code	Day	Date	Time	R/NR Fee
<u>123033</u>	M-F	7/26-7/30	9am-12pm	\$372/\$558

#### STICKY FINGERS COOKING

#### **Kids Cooking Network**

Ages: 7-12

Do your kids love watching cooking shows on TV? We will learn how to use different cooking equipment and techniques, explore flavor pairings, and create 10 tasty mouthwatering full meal recipes from scratch for the week. Some of the 'Kids Cooking Network' recipes include Korean Japcha, Frosty Banana Milk Smoothies, "Bellisima" Basil Gnocchi, Lemon Carrot Polenta Zeppole, and Candied Lemon Carrots. Location: Spring Avenue Recreation Center. Min/Max: 7/12. (ts)

Code	Day	Date	Time	R/NR Fee
123034	M-F	8/2-8/6	9am-12pm	\$372/\$558

#### STICKY FINGERS COOKING

#### **Global Taste Buds**

Ages: 7-12

Cook (and eat) your way around the world. In this delicious camp, young chefs will cook recipes from countries all around the world and explore food history, explore customs, songs, geography, and languages associated with each recipe. Young chefs will cook and gobble up tasty, healthy cuisine from South America, Europe, Africa, and Asia. Location: Spring Avenue Recreation Center. Min/Max: 8/12. (ts)

Code	Day	Date	Time	R/NR Fee
123035	M-F	8/9-8/13	9am-12pm	\$372/\$558

# Addit Senior Interest

#### Who To Contact

**Brad Thomas (bt)** 

bthomas@gepark.org (630) 942-7288

Chad Shingler (cs)

cshingler@gepark.org (630) 317-0137

Taylor Stirmell (ts)

tstirmell@gepark.org (630) 942-7264

Stacey Lim (sl)

slim@gepark.org (630) 942-7275

#### Safety Protocols and Participation Guidelines

For information on safety protocols and participation guidelines due to COVID-19, please visit: <a href="mailto:gepark.org/coronavirus">gepark.org/coronavirus</a>









#### **Community CPR & First Aid**

Ages: 16 and up

This Jeff Ellis and Associates certification class includes training and certification for CPR and AED use for adults, children, and infants along with first aid techniques. A written test is required to pass the course. Location: Ackerman SFC. Min/Max: 10/25. (cs)

Code	Day	Date	Time	R/NR Fee
123008	Tu	9/14	5-8pm	\$20/\$25

#### Men's 12" Softball League

Ages: 18 and up

Teams play a 10-game regular season followed by a single-elimination tournament. Email Brad at <a href="mailto:bthomas@gepark.org">bthomas@gepark.org</a> for a copy of the league information packet. Location: Ackerman Park, Min/Max: 4/8, (bt)

#### Register by 8/16

Code	League	Date	Fee
123240	Monday - Open	8/23-10/25	\$700 per team

#### FREE Adult Pickleball Clinic

Ages: 18 and up

Learn to play the fast and fun game of Pickleball. Bring your paddle if you have one or you can borrow one of ours. Free juice and bagels will be provided for all players. Once you try it you will be hooked. Free, but registration required. Contact Mark Cunnington at <a href="mailto:gepaddlepro@gmail.com">gepaddlepro@gmail.com</a> for more information. Location: Village Green Park, Min/Max: 8/20. (bt)

Code	Day	Date	Time	Fee
123260	Sa	9/11	9:30-10:30am	Free w/registration
123261	Sa	9/11	10:45-11:45am	Free w/registration

#### Men's Basketball League

Ages: 18 and up

Teams plays an 8-game regular season followed by a single elimination postseason tournament for those teams that qualify. A first-come, first-serve policy will be followed. Email Brad at <a href="mailto:bthomas@gepark.org">bthomas@gepark.org</a> for a copy of the league information packet. Location: Ackerman SFC. Min/Max: 4/10. No games 9/26. (bt)

#### Register by 9/1

Code	League	Date	R/NR Fee
123246	Sunday - Open	9/12-11/7	\$625/\$725 per team

#### **Sunday Aqua Aerobics**

Ages: 18 and up

A great workout using the smooth resistance of water. This class includes aerobic conditioning, muscular endurance, and core stability in deep or shallow water. Location: Sunset Pool. Min/Max: 4/16. (cs)

Code	Day	Date	Time	R/NR Fee
122989	Su	6/6-7/25	9-10am	\$75/\$95

#### Adult Co-Ed Volleyball League

Ages: 18 and up

Teams play an 8-game regular season followed by a single elimination post-season tournament. League play begins September 14. Location: Ackerman SFC. (sl)

Code	Day	Date	Time	R/NR Fee
123014	F	9/10-11/12	8-10pm	\$545/\$645 per team

#### **DUNHAM WOODS FARM**

#### Horsemanship for Adults

Ages: 18 and up

Join the fun at Dunham Woods Farm with beginning riding lessons. You will learn the proper ways to groom, tack, and handle horses. In the saddle, you will learn the basics of riding at the walk or trot. Riders should wear jeans/jodhpur, hiking/riding boots and an approved riding/bicycle helmet. Location: Dunham Woods Farm, Elgin. Min/Max: 1/4. (ts)

#### Register by 8/20

Code	Day	Date	Time	R/NR Fee
<u>123131</u>	W	8/25-9/29	7-8pm	\$171/\$256

#### Men's Quick Start Paddle

Ages: 21 and up

This crash course will keep your skills fresh, so you're ready for the season. You will learn all of the basic paddle shots in this fun and fast paced lesson with our pro, Mark Cunnington. Platform Tennis Center member to receive the reduced member (M) fee; non-member pay the non-member fee. Location: Platform Tennis Center. Min/Max: 6/8. (bt)

Code	Day	Date	Time	M/NM Fee
123266	Tu	9/28-10/26	6-7pm	\$125/\$150

#### Women's Quick Start Paddle

Ages: 21 and up

This crash course will keep your skills fresh, so you're ready for the season. You will learn all of the basic paddle shots in this fun and fast paced lesson with our pro, Mark Cunnington. Platform Tennis Center member to receive the reduced member (M) fee; non-member pay the non-member fee. Location: Platform Tennis Center. Min/Max: 6/8. (bt)

Code	Day	Date	Time	M/NM Fee
123267	M	9/27-10/25	6-7pm	\$125/\$150

# Free Platform Tennis Clinics & Social

Learn the game of Platform Tennis while socializing and enjoying light snacks and beverages. Several of the area's top platform tennis professionals will be on hand to provide instruction on grips, rules, and strategies. See the Platform Tennis section for details.

#### **DANCIN FEET**

#### **West Coast Swing**

Ages: 18 and up

West Coast Swing is a very popular form of swing dancing that has spread across the world. Although it's history and roots come from Lindy Hop, part of the appeal of WCS is that it is an adaptable dance; it can be danced to a variety of musical styles and genres. In addition, the dance itself creates room for improvisation and interaction between the partners like a conversation. Location: Spring Avenue Recreation Center. Min/Max: 4/10. (ts)

Code	Day	Date	Time	R/NR Fee
123124	W	7/7-8/11	7-8pm	\$50/\$75
<u>123125</u>	W	8/18-9/22	7-8pm	\$50/\$75

#### **DANCIN FEET**

#### **Swing Dance**

Ages: 18 and up

Swing dance, known also as Jitterbug and East Coast Swing, in addition to many other names, is a very popular and versatile dance. This class will teach you how to dance swing with ease and confidence. Basic lead and follow techniques will be covered in addition to many popular patterns. Class is open to couples, as well as singles. Location: Spring Avenue Recreation Center. Min/Max: 4/10. (ts)

Code	Day	Date	Time	R/NR Fee
<u>123126</u>	Th	7/8-8/12	6:30-7:30pm	\$50/\$75
123127	Th	8/19-9/23	6:30-7:30pm	\$50/\$75

#### **DANCIN FEET**

#### **Ballroom Dance**

Ages: 18 and up

Learn the basics of Waltz and Foxtrot. Register with your favorite partner and spend an enjoyable, fun and energy-packed dance session. You'll be ready to hit the dance floor in no time. Class is open to couples as well as singles. Location: Spring Avenue Recreation Center. Min/Max: 4/10. (ts)

Code	Day	Date	Time	R/NR Fee
123128	Th	7/8-8/12	7:30-8:30pm	\$50/\$75
123129	Th	8/19-9/23	7:30-8:30pm	\$50/\$75

#### **CHERYL RAUSCH ART**

#### **Wonderful Watercolor**

Ages: 18 and up

Learn all about the flexibility, portability, and beauty of watercolors. Find out about the many different watercolors available, what materials work best, and take a look at the amazing works of other artists using this diverse medium. You will then create your own watercolor artwork with the supplies provided for you. Location: Spring Avenue Recreation Center. Min/Max: 5/10. (ts)

#### Register by 8/6

Code	Day	Date	Time	R/NR Fee
123117	Th	8/12	10am-12pm	\$36/\$54

#### **CHERYL RAUSCH ART**

#### **Photography Basics for Beginners**

Ages: 18 and up

Learn the basics of better photography using your camera or cell phone. Find out about basic design principles, optimal lighting, and different photographic techniques you can use to take more dynamic and interesting photographs. We will spend the first hour going through your training, and then spend the rest of our time outside (weather permitting) to practice the new techniques you just learned. Camera or cell phone required for class. Location: Spring Avenue Recreation Center. Min/Max: 5/10. (ts)

#### Register by 8/16

Code	Day	Date	Time	R/NR Fee
123118	Sa	8/21	10am-12pm	\$28/\$42

#### **CHERYL RAUSCH ART**

#### **Creative Colored Pencils**

Ages: 18 and up

Learn all about colored pencils and the various techniques you can create with them. From color mixing to texture making, participants will learn all about the amazing flexibility of colored pencils. Location: Spring Avenue Recreation Center. Min/Max: 5/18. (ts)

#### Register by 9/6

Code	Day	Date	Time	R/NR Fee
123123	Sa	9/11	10am-12pm	\$36/\$54

#### **CHERYL RAUSCH ART**

# Learning to Draw - It's Easier Than You Thinks

Ages: 18 and up

Participants are guided through the process of learning to draw. During this class, you find out what drawing tools can be used, as well as learn tips and techniques to keep in mind while drawing. You will not only be taught the fundamentals, but will also get started on your own artistic journey. All you need to do is keep your class-provided paper and pencil/ pen handy, and be willing to learn something new. The goal is for you to enjoy yourself during this class, and hopefully continue your drawing adventure on your own. Location: Spring Avenue Recreation Center. Min/Max: 5/18. (ts)

#### Register by 8/30

Code	Day	Date	Time	R/NR Fee
123119	Sa	9/4	10am-12pm	\$36/\$54

#### **CHERYL RAUSCH ART**

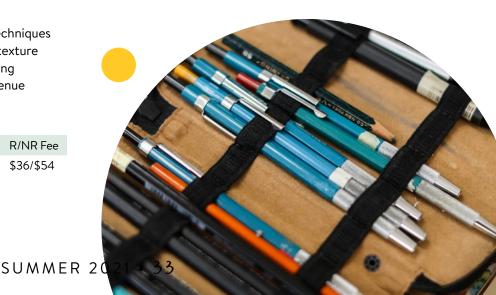
#### The Joy of Sketchbook Journaling

Ages: 18 and up

Spend each class learning all about the benefits of keeping a sketchbook to journal about your daily life. Not only does drawing in your sketchbook help you practice, but also helps you more fully experience the visual you're immersed in- as opposed to taking a single photograph and then moving on. Learn all about how other artists use this technique as a daily or weekly practice and find out how you can enjoy this experience as well. Location: Spring Avenue Recreation Center. Min/Max: 5/18. (ts)

#### Register by 7/12

Code	Day	Date	Time	R/NR Fee
123122	Sa	7/17	10am-12pm	\$36/\$54



#### **CHERYL RAUSCH ART**

#### **Uncorked Creatives**

Ages: 21 and up

Create your own acrylic painting on canvas while sipping your own favorite adult beverage. The instructor will guide you through the entire process from beginning to end. All you need to do is bring your drinks and be prepared to enjoy an evening of painting and creating something of your very own. Each class/event will have an already-created image for the participants to replicate. Location: Lake Ellyn Boathouse. Min/Max: 5/30. (ts)

#### Register by 7/3 for code 123120 and 9/11 for code 123121

Code	Day	Date	Time	R/NR Fee
123120	Th	7/15	7-9:30pm	\$50/\$75
<u>123121</u>	Th	9/16	7-9:30pm	\$50/\$75

#### Mindfulness Meditation Workshop

Ages: 14 and up

Chopra Center certified instructor Stephanie Frantz teaches you a simple mindfulness meditation technique and a stress-buster breathing exercise to relax and increase your overall sense of wellbeing. Explore the benefits of developing a regular meditation practice to improve health, strengthen the immune system and release stress and anxiety. Location: Main Street Recreation Center. Min/Max: 2/10. (ts)

Code	Day	Date	Time	R/NR Fee
123112	W	7/14	1-2pm	\$36/\$54
123113	W	8/18	7-7:50pm	\$36/\$54
<u>123114</u>	W	9/8	7-7:50pm	\$36/\$54



Senior Programs



SARC Senior Clubs are free programs for those over 60 to enjoy. All clubs will meet at Spring Avenue Recreation Center, 185 Spring Avenue. There is no fee to participate, but all participants must register in advance with Taylor Stirmell for each club meeting time by calling (630) 942-7264. Max: 10. (ts)

Book Club • Third Monday • 10-11am

Are you an avid reader and enjoy discussing the books you read? Join us as we host our monthly book club. Books can be checked out at the Glen Ellyn Park District.

**Poker Club •** Wednesdays • 1-3pm Join us Wednesday afternoons for poker.

**Senior Social Hour** • Thursdays • 9:30-11:30am Enjoy knitting, playing cards, or just chatting? This is the place for you. Bring your coffee and catch up with friends or meet new friends from the community.

#### T'ai Chi for Health

Ages: 55 and up

T'ai Chi for Health is a gentle, beautiful, and flowing exercise routine that is a joy to do, energizing, and deeply relaxing; it brings health and vitality to all who practice it. The movements are all done naturally and gently. The gentle rocking motions and stretching movements improve circulation and digestion; and reduce physical tension. The controlled breathing reduces stress and anxiety, helping calm the mind. It helps regulate heart rate and blood pressure, boosting energy. The exercises are very effective and easy to learn. Students may choose to sit or stand as needed; making this class suitable for all ages and abilities. Instructor: John Robertson. Location: Spring Avenue Recreation Center. Min/Max: 8/20. (ts)

Code	Day	Date	Time	R/NR Fee
123115	W	8/4-9/22	2:30-3:30pm	\$85/\$90
<u>123116</u>	W	9/29-11/17	2:30-3:30pm	\$85/\$90



#### **Managing Diabetes on Medicare**

Ages: 64 and up

An overview of how to manage diabetes while on Medicare.

Instructor: Simon Burke. Location: Spring Avenue

Recreation Center. Min/Max: 2/10. (ts)

Code	Day	Date	Time	Fee
123323	Th	6/17	11am-12pm	Free w/registration

#### **Medicare Preventative Services**

Ages: 64 and up

How Medicare can help you keep healthy. Instructor: Simon Burke. Location: Spring Avenue Recreation Center.

Min/Max: 2/10. (ts)

Code	Day	Date	Time	Fee
123324	Th	7/15	11am-12pm	Free w/registration

#### **Medicare Prescription Drug Coverage**

Ages: 64 and up

Prescription drugs with Medicare. Instructor: Simon Burke. Location: Spring Avenue Recreation Center.

Min/Max: 2/10. (ts)

Code	Day	Date	Time	Fee
<u>123325</u>	Th	8/12	11am-12pm	Free w/registration







#### **Kinky Boots**

Ages: 18 and up

Kinky Boots is Broadway's huge-hearted, high-heeled hit with songs by Grammy and Tony winning pop icon Cyndi Lauper. Charlie Price is a reluctant show maker. Lola is a fierce drag queen. These two could not be any more different, but when they find a common ground in shoes, they see a whole new world of possibilities open up to them that will turn their small-town upside down and just might save Charlie's failing show factory. We will be enjoying lunch at The White Chocolate Grill which will include four cheese spinach and artichoke appetizer, choice of entrée: 1) Rustic Club Sandwich, 2) Blackened Fish Sandwich, 3) Famous Chicken salad or 4) WCG Cheeseburger and a white chocolate brownie for dessert. Coffee/tea included. Please make selection upon registering. Departs from: Wheaton Park District Community Center, Wheaton. Min/Max: 5/10. (ts).

Code	Day	Date	Time	Fee
123139	W	9/15	10:30am-4:30pm	\$99

#### **Let Odyssey Show You Chicago**

Ages: 18 and up

Experience the new Odyssey Chicago River, a European-inspired ship fully glass-enclosed and ready to show you the city from a whole new perspective. The single-level, glass-enclosed boat will ply the waters of the Chicago River, offering stunning 360-degree views of the surrounding architecture. Every cruise promises unmatched views of the city's world-renowned architectural feats from Marina City and the Merchandise Mart to the Lyric Opera of Chicago, Willis Tower and more. Delight in upscale dining with a choice of meals. Meal choice available at time of registration. Coffee/tea included. Departs from: Wheaton Park District Community Center, Wheaton. Min/Max: 5/10. (ts)

Code	Day	Date	Time	Fee
<u>123138</u>	W	9/29	10:30am-4pm	\$115

#### Lunch and a Movie Drive on Your Own Trip

Ages: 18 and up

The Mary Lubko Center has rented out an entire theatre at Studio Movie Grill for our group and want you to join us for some classic movies this summer. Fees include your movie ticket in a private theatre with limited capacity, popcorn, tea/soda/bottled water and choice of 1) cheese or pepperoni pizza, 2) crispy chicken tenders, 3) Studio Movie Grill burger, or 4) garden salad with herb chicken. Drive on your own. Arrival time 2:30pm with a 3pm movie start time. Location: Studio Movie Grill, Wheaton. Min/Max: 5/10. (ts)

Code	Day	Date	Time	Fee			
Movie: Case	Movie: Casablanca						
<u>123135</u>	Th	6/17	2:30-5pm	\$30			
Movie: It's a Wonderful Life							
<u>123136</u>	Th	7/22	2:30-5pm	\$30			
Movie: Roman Holiday							
123137	Th	8/12	2:30-5pm	\$30			

#### Glen Ellyn Cruisin' Crew

Ages: 50 and up

Join us as we adventure to different restaurants, shopping centers, and locations to enjoy time together. This is a great chance to socialize and meet new people in the area. Take a ride with the Park District for just \$5. Participants are responsible for all costs at the different locations. Registration is required for all attendees. Bus will depart from Maryknoll Park. Due to current COVID-19 guidelines, bus spots are limited to 7 individuals. Face coverings will be required while on the bus and at all locations. Proper social distancing guidelines will be enforced. Min/Max: 4/7. (ts)

Code	Day	Date	Time	Fee		
Destination: Chicago Premium Outlets						
123132	Tu	7/13	10:30am-2:30pm	\$5 bus fee		
Destination: Georgio's Chicago Pizzeria & Pub						
<u>123133</u>	Tu	8/10	10:45am-1:45pm	\$5 bus fee		
Destination: Village Tavern and Grill						
<u>123134</u>	Tu	9/14	10:45am-1:45pm	\$5 bus fee		

# Rature Programs

#### **Who To Contact**

Renae Frigo (rf)
rfrigo@gepark.org
(630) 858-6037 x 6006

## Safety Protocols and Participation Guidelines

For information on safety protocols and participation guidelines due to COVID-19, please visit: <a href="mailto:gepark.org/coronavirus">gepark.org/coronavirus</a>

#### Friday Family Night Hike

Ages: All

Walking at night is truly a sensory experience. Join us for a nature stroll as the sun sets and the sky grows dark. Focus will be on nocturnal wildlife. Sign up only one member of your family to reserve a space. Location: Churchill Park. Min/Max: 4/10 families. (rf)

Code	Day	Date	Time	R/NR Fee
123013	F	7/23	8:30-9:30pm	Free w/registration

## Nature & Forest Therapy for Families

Ages: All

Bring your family to Churchill Park and join a certified Nature and Forest therapy guide to learn how to immerse yourself in natural settings through mindful actions and observations, gain insights into the natural world, and better understand the physical and mental benefits of getting outdoors. Location: Churchill Park. Min/Max: 4/12. (rf)

Code	Day	Date	Time	R/NR Fee
122024	Sa	7/24	10-11:30am	\$13/\$16 per person

## DuPage Monarch Project's Pollinator BioBlitz

Ages: Adults and Families

Help us document pollinators found at Churchill Park during National Pollinator Week. On the Saturday before, join us for a practice session. When you register, you will receive a link to tutorial sessions of the iNaturalist app, the tool used to report your sightings. Using your phone's camera, you will take photos of pollinators you spot. During the practice session, we will provide a brief overview and demonstrate protocol. The following week (June 21 – 27) head to the park on your own to participate when convenient to your schedule. Location: Churchill Park. Min/Max: 3/20. (rf)

Code	Day	Date	Time	R/NR Fee
123063	Sa	6/19	1-2pm	Free w/registration



#### **Nature Outings**

Ages: 2-5 with adult

Explore nature this summer with themed exploratory walks, supported by a story and an interactive activity. Join us for one or all sessions. Min/Max: 4/12. (rf)

#### Lake Life at Lake Ellyn Park

Code	Day	Date	Time	R/NR Fee
123010	F	6/18	10-11am	\$10/\$15

#### Veggie Gardens at Village Green Park

Code	Day	Date	Time	R/NR Fee
123011	F	7/16	10-11am	\$10/\$15

#### Pollinators at Maryknoll Park

Code	Day	Date	Time	R/NR Fee
<u>123012</u>	F	8/20	10-11am	\$10/\$15

#### Spiders at Churchill Park

Code	Day	Date	Time	R/NR Fee
123310	F	9/3	10-11am	\$10/\$15

#### Planting Day at Ackerman Park

Code	Day	Date	Time	R/NR Fee
123311	F	9/17	10-11am	\$10/\$15

#### **Exploring the Wilds**

Small pockets of wild plants, animals and places exist in our neighborhood parks. This series of programs is meant to re-connect your kids to nature. After a year of staring at screens – it is time to get outside, explore, and learn about your wild neighbors. We may get a little dirty scrambling through the woods, we may make some nature collections, we may splash through some wet areas, and we may succeed in motivating your kids to explore nature in the backyard and neighborhood more often. (rf)

Code	Day	Date	Time	Location	R/NR Fee
123312	Sa	8/21	11am-1:30pm	Ackerman Park	\$10/\$15
<u>123313</u>	Sa	9/11	11am-1:30pm	Churchill Park	\$10/\$15

#### Free Guided Nature Walks

Ages: 18 and up

These casual nature walks will highlight seasonal nature happenings and held rain or shine. For Churchill Park, meet in the main parking lot 0.25 miles east of Bloomingdale Road. For Glacial Ridge, park and meet at Walnut Glen Park, 860 Walnut Street. For Hidden Lake Forest Preserve, meet near the restroom which is located near the left/ north section of the parking lot. At Maryknoll Park, meet at the first pavilion as you enter the park. (rf)

Day	Date	Time	Location	Fee
F	6/11	9-10am	Churchill Park	Free
F	7/23	9-10am	Glacial Ridge	Free
F	8/27	9-10:30am	Hidden Lake Forest Preserve	Free
F	9/10	9-10am	Maryknoll Park	Free

#### **Nature & Forest Therapy Walks**

Ages: 18 and up

Learn how to immerse yourself in natural settings through mindful actions and observations, gain insights into local ecology, and better understand the physical and mental benefits of nature walks. Connecting with nature has many proven health benefits, so accompany a certified Nature and Forest Therapy Guide. The experience ends with reflection, Location: Lincoln Marsh, Min/Max: 4/9, (rf)

Code	Day	Date	Time	R/NR Fee
122027	F	8/27	10-11:30am	\$13/\$16

#### **Restoration Workdays**

Best suited for ages 8+.

Help clear invasive plants, cut and stack brush, plant native flowers, trees and seeds, maintain trails and more. Please bring your own work gloves and water bottle. We will follow current health guidelines. Please contact Renae at rfrigo@ gepark.org if you have questions. Free.

Day	Date	Time	Location
Sa	6/12	9-11am	Churchill Park
Sa	7/10	9-11am	Maryknoll Park
Sa	8/14	9-11am	Lake Ellyn Park
Sa	9/11	9-11am	Churchill Park

#### **Garden Talks**

Geared for Adults

Do you like to garden? Are you looking for ideas and examples to try in your landscape? Join us for these 30-minute talks to learn about featured plants and their attributes. (rf)

#### Perennial Plants at Lake Ellyn Park

Meet near the Lake Ellyn Boathouse

Day	Date	Time	Fee
W	6/9	10-10:30am	Free
Sa	6/12	10-10:30am	Free

#### Rain Gardens at Ackerman Park

Meet near the batting cages at the east entrance

Day	Date	Time	Fee
W	6/16	10-10:30am	Free
Sa	6/19	10-10:30am	Free

#### Vegetable Gardens at Village Green Park

Meet near the kiosk at the garden plots

Day	Date	Time	Fee
W	7/7	10-10:30am	Free
Sa	7/10	10-10:30am	Free

#### Color-Themed Plantings at Village Green Park

Meet near concession building

		<u> </u>	
Day	Date	Time	Fee
W	7/14	10-10:30am	Free
Sa	7/17	10-10:30am	Free

#### Pollinator Gardens at Maryknoll Park

Meet near the Maryknoll Splash Park

Day	Date	Time	Fee
W	8/18	10-10:30am	Free
Sa	8/21	10-10:30am	Free



# Native Tree & Shrub Sale

## Look for more details in August

Add native trees and shrubs to your yard this fall. They require less maintenance, are adapted to our climate, and support regional wildlife. The Park District, The Conservation Foundation and the Glen Ellyn Environmental Commission are partnering to offer this opportunity. The plants are in five-gallon containers and fit in most standard cars for transporting home.

This is a pre-order sale. Pick-up will be on Saturday, September 25. The species list and order form will be posted on the Park District website in August.



#### **Parent/Tot Dance**

Designed for our littlest dancers, this class introduces basic ballet, coordination, and gross motor skills through creative movement and interactive songs with a parent present. Ballet shoes are optional for parent/caregiver.

#### **Tiny Tot Dance**

Your child will learn dance concepts and develop rhythm, coordination, and balance while moving and grooving to music and using creative props to inspire imagination. Parents/guardians are required to stay within the building for the duration of each class, no exceptions. Children must be able to attend class without a parent present.

#### **Creative Movement**

This class develops motor skills, balance, cognitive awareness, creativity, rhythm, musicality and self-esteem. Parents/guardians are required to stay within the building for the duration of each class, no exceptions. Children must be able to attend class without a parent present.

#### **Creative Hip Hop**

This class develops creativity and musicality with a special focus on the rhythm, muscle memory, and coordination found in this urban dance style. Parents/guardians are required to stay within the building for

the duration of each class, no exceptions. Children must be able to attend class without a parent present.

#### **Pre-Ballet/Tap**

This class is divided into two units: ballet and tap. Your child will be taught core concepts, age-appropriate technique, and vocabulary in these two genres of dance.

#### Intro Ballet/Jazz

Your child will learn core concepts from both ballet and jazz. Both techniques will be taught in class at an age-appropriate level.

#### **Ballet 1**

This class will build a solid foundation of ballet terms and technique. Your child learn to have musicality within their movement, and gain strength. We will focus on core ballet concepts and build upon their previous dance knowledge.

#### Ballet 2

This class will use the foundations built in Ballet 1 but continue to grow and expand knowledge and ballet technique. Your child will learn more complex movement, and skills.

#### Jazz 1

This class is a focus on jazz technique and

style, and growing confidence in movement. Your child will learn basic technique to rhythmic songs, while also finding their own way of moving.

#### Tap 1

Your child will be taught core concepts, age-appropriate technique, and vocabulary in tap.

#### Hip Hop 1

Your child will learn the basics of hip hop in this class. This high energy style of dance encompasses many different urban dance styles and focuses on rhythm, muscle memory, and coordination. Gym shoes or sneakers are usually worn.

#### **Theatrical**

This class focuses on "performance" based dance. This class is a great way to learn to be more expressive on stage while dancing to songs from great Broadway musicals.

#### **SAFETY PROTOCOLS**

For information on safety protocols and participation guidelines due to COVID-19, please visit: gepark.org/coronavirus

#### Session I • Instructional Classes

Code	Class	Day	Age	Dates	Time	# of Classes	Min/Max	R/NR Fee
<u>123140</u>	Creative Movement	M	3-4	7/12-8/16	4:30-5:15pm	Six	5/12	\$60/\$90
123148	Pre-Ballet/Tap	M	4-5	7/12-8/16	5:20-6:05pm	Six	5/12	\$60/\$90
123166	Ballet 1	M	5-6	7/12-8/16	6:10-6:55pm	Six	5/12	\$60/\$90
123173	Ballet 2	M	7 & up	7/12-8/16	7-8pm	Six	5/12	\$80/\$120
123156	Parent/Tot	Tu	18-36 mo.	7/13-8/17	4:10-4:40pm	Six	5/12	\$40/\$60
123160	Tiny Tot	Tu	2.5-3	7/13-8/17	4:45-5:15pm	Six	5/8	\$40/\$60
123187	Tap 1	Tu	5-6	7/13-8/17	5:20-6:05pm	Six	5/12	\$60/\$90
123198	Theatrical	Tu	6 & up	7/13-8/17	6:10-6:55pm	Six	5/12	\$60/\$90
123174	Jazz 1	Tu	6 & up	7/13-8/17	7-8pm	Six	5/12	\$80/\$120
123159	Parent/Tot	W	18-36 mo.	7/14-8/18	9:15-9:45am	Six	5/12	\$40/\$60
123163	Tiny Tot	W	2.5-3	7/14-8/18	9:55-10:25am	Six	4/8	\$40/\$60
123142	Creative Movement	W	3-4	7/14-8/18	10:30-11:15am	Six	5/12	\$60/\$90
123151	Pre-Ballet/Tap	W	4-5	7/14-8/18	11:20am-12:05pm	Six	5/12	\$60/\$90
123224	Creative Hip Hop	W	3-4	7/14-8/18	4:30-5:15pm	Six	5/12	\$60/\$90
123235	Intro Ballet/Jazz	W	4-5	7/14-8/18	5:20-6:05pm	Six	5/12	\$60/\$90
123194	Нір Нор 1	W	6 & up	7/14-8/18	6:10-6:55pm	Six	5/12	\$60/\$90
123169	Ballet 1	W	5-6	7/14-8/18	7-7:45pm	Six	5/12	\$60/\$90
123152	Pre-Ballet/Tap	Th	4-5	7/15-8/19	9:30-10:15am	Six	5/12	\$60/\$90
123145	Creative Movement	Th	3-4	7/15-8/19	10:20-11:05am	Six	5/12	\$60/\$90
123155	Pre-Ballet/Tap	Sa	4-5	7/17-8/21	9-9:45am	Six	5/12	\$60/\$90
123170	Ballet 1	Sa	5-6	7/17-8/21	9:50-10:35am	Six	5/12	\$60/\$90
123146	Creative Movement	Sa	3-4	7/17-8/21	10:40-11:25am	Six	5/12	\$60/\$90
123164	Tiny Tot	Sa	2.5-3	7/17-8/21	11:30am-12pm	Six	5/8	\$40/\$60

#### **Session II • Instructional Classes**

Code	Class	Day	Age	Dates	Time	# of Classes	Min/Max	R/NR Fee
123141	Creative Movement	M	3-4	9/13-10/18	4:30-5:15pm	Six	5/12	\$60/\$90
123149	Pre-Ballet/Tap	M	4-5	9/13-10/18	5:20-6:05pm	Six	5/12	\$60/\$90
123167	Ballet 1	M	5-6	9/13-10/18	6:10-6:55pm	Six	5/12	\$60/\$90
123172	Ballet 2	M	7 & up	9/13-10/18	7-8pm	Six	5/12	\$80/\$120
123157	Parent/Tot	Tu	18-36 mo.	9/14-10/19	4:10-4:40pm	Six	5/12	\$40/\$60
123161	Tiny Tot	Tu	2.5-3	9/14-10/19	4:45-5:15pm	Six	5/8	\$40/\$60
123188	Tap 1	Tu	5-6	9/14-10/19	5:20-6:05pm	Six	5/12	\$60/\$90
123202	Theatrical	Tu	6 & up	9/14-10/19	6:10-6:55pm	Six	5/12	\$60/\$90

Continued on the next page »

#### Session II Continued • Instructional Classes

Code	Class	Day	Age	Dates	Time	# of Classes	Min/Max	R/NR Fee
<u>123175</u>	Jazz 1	Tu	6 & up	9/14-10/19	7-8pm	Six	5/12	\$80/\$120
123158	Parent/Tot	W	18-36 mo.	9/15-10/20	9:15-9:45am	Six	5/12	\$40/\$60
123162	Tiny Tot	W	2.5-3	9/15-10/20	9:55-10:25am	Six	4/8	\$40/\$60
123143	Creative Movement	W	3-4	9/15-10/20	10:30-11:15am	Six	5/12	\$60/\$90
123150	Pre-Ballet/Tap	W	4-5	9/15-10/20	11:20am-12:05pm	Six	5/12	\$60/\$90
123222	Creative Hip Hop	W	3-4	9/15-10/20	4:30-5:15pm	Six	5/12	\$60/\$90
123234	Intro Ballet/Jazz	W	4-5	9/15-10/20	5:20-6:05pm	Six	5/12	\$60/\$90
123193	Нір Нор 1	W	6 & up	9/15-10/20	6:10-6:55pm	Six	5/12	\$60/\$90
123168	Ballet 1	W	5-6	9/15-10/20	7-7:45pm	Six	5/12	\$60/\$90
123153	Pre-Ballet/Tap	Th	4-5	9/16-10/21	9:30-10:15am	Six	5/12	\$60/\$90
123144	Creative Movement	Th	3-4	9/16-10/21	10:20-11:05am	Six	5/12	\$60/\$90
123154	Pre-Ballet/Tap	Sa	4-5	9/18-10/23	9-9:45am	Six	5/12	\$60/\$90
123171	Ballet 1	Sa	5-6	9/18-10/23	9:50-10:35am	Six	5/12	\$60/\$90
123147	Creative Movement	Sa	3-4	9/18-10/23	10:40-11:25am	Six	5/12	\$60/\$90
123165	Tiny Tot	Sa	2.5-3	9/18-10/23	11:30am-12pm	Six	5/8	\$40/\$60



Ages: 6-17

The Glen Ellyn Dance Force is a competitive dance company that will work on increasing strength and technique while learning choreography and developing skills. Glen Ellyn Dance Force will compete at 2-3 competitions and perform at a variety of other events. Auditions are required, please register for auditions. Dancers will register for their level after auditions. Location: Spring Avenue Recreation Center. (ts)

**R/NR:** \$340/\$350. See Parent Guide for additional costs.

Rehearsal Dates: Released following auditions and placements.

Code	Level	Day	Date	Time
123255	Level 1	Th	9/9/21-5/12/22	4:30-5:30pm
123256	Level 2	Th	9/9/21-5/12/22	5:30-6:30pm

#### **Glen Ellyn Dance Force - Auditions**

Registration is required for auditions. Audition details will be emailed closer to audition dates. The Parent Guide will go into detail of the requirements to participate in the dance company. Parents and dancers are asked to review the Parent Guide before auditions. Location: Spring Avenue Recreation Center. (ts)

Code	Day	Date	Time	Fee
123241	Th	8/12	4:30-6:30pm	Free w/registration



#### **Who To Contact**

**Brad Thomas (bt)** 

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Jeannie Robinson (jr)

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Stacey Lim (sl)

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## Safety Protocols and Participation Guidelines

For information on safety protocols and participation guidelines due to COVID-19, please visit: gepark.org/coronavirus

#### **Ackerman Parent & Tot Sports**

Ages: 3-5 with adult

Parents play an integral part in helping their tots develop basic sports movement and motor skills. Motor skills activities focus on hand-eye and hand-foot coordination. Sports equipment and instruction are provided to help guide your child through an introduction to organized sports. Parent or caregiver participation is required. Location: Ackerman SFC. Min/Max: 5/25. (cs)

Code	Day	Date	Time	R/NR Fee
121456	Sa	7/10-7/31	9-9:45am	\$40/\$55
<u>121457</u>	Sa	8/7-8/28	9-9:45am	\$40/\$55
122446	Th	9/9-9/30	9-9:45am	\$40/\$55
<u>122450</u>	Sa	9/11-9/25	9-9:45am	\$30/\$45

#### **Ackerman Tot T-Ball**

Ages: 3-6

This class will introduce baseball fundamentals and game play including batting, catching, throwing, and base running and will include the principals of good sportsmanship, in a non-competitive and fun atmosphere. Location: Ackerman SFC. Min/Max: 5/25. (cs)

Code	Day	Date	Time	R/NR Fee
<u>121459</u>	Sa	7/10-7/31	11-11:45am	\$40/\$55
<u>121460</u>	Sa	8/7-8/28	11-11:45am	\$40/\$55
<u>122453</u>	Th	9/9-9/30	10-10:45am	\$40/\$55
122457	Sa	9/11-9/25	11:15am-12pm	\$30/\$45

#### **Ackerman Sports and More**

Ages: 3-6

Children are introduced to the fundamentals of different sports such as basketball, soccer, flag football, kickball, and other group games and activities. This is the first step in learning the core skills, rules, and team tactics for each sport. Classes focus on both skill work and game play each week. Location: Ackerman SFC. Min/Max: 5/25. (cs)

Code	Day	Date	Time	R/NR Fee
121462	Sa	7/10-7/31	12-12:45pm	\$40/\$55
<u>121463</u>	Sa	8/7-8/28	12-12:45pm	\$40/\$55
122948	Th	9/9-9/30	11-11:45am	\$40/\$55



#### **Little Sportsters**

Ages: 2-5

Sample a different sport each week. Children learn to warm up, cool down, and have fun while getting fit. Classes are designed to improve listening skills, instill a sense of teamwork, and enhance overall physical development in your child while having fun. Children 2-3 years must be accompanied by a parent; children 4-5 years may attend alone. Location: Spring Avenue Recreation Center. Min/Max: 6/10. No class 7/30. (jr)

#### Register by 7/9

Code	Day	Date	Time	R/NR Fee
123290	F	7/16-8/20	10-10:45am	\$50/\$75

#### **Little Pros**

Ages: 2-3 with adult

This is the perfect class for energetic children who love to run, jump, and play ball. You and your child will learn to warm up, cool down and have fun while getting fit. We introduce a different sport each week. All children must be accompanied by a participating parent. Location: Spring Avenue Recreation Center. Min/Max: 6/10. No class 7/30. (jr)

#### Register by 7/9

Code	Day	Date	Time	R/NR Fee
123289	F	7/16-8/20	11-11:45am	\$50/\$75









#### **ALL STAR SPORTS**

#### **Super Sports**

Ages: 3-6

We teach little superstars the importance of teamwork and sportsmanship, while attempting to spark an interest in playing a variety of sports. Sports covered will be favorites such as basketball, hockey, soccer, baseball, football, and many more. Location: Main Street Recreation Center. Min/Max: 5/12. (ch)

Code	Age	Day	Date	Time	R/NR Fee
122745	3-4	M/W	8/2-8/18	10-10:45am	\$78/\$117
122746	4-6	M/W	8/2-8/18	10:45-11:45am	\$78/\$117
122747	4-6	Tu/Th	8/3-8/19	4:15-5:15pm	\$78/\$117
122748	3-4	Tu/Th	8/3-8/19	5:15-6pm	\$78/\$117
122787	3-4	Tu	8/31-10/19	11:15am-12pm	\$104/\$156
122788	3-4	Th	9/2-10/21	10-10:45am	\$104/\$156
122789	4-6	Th	9/2-10/21	10:45-11:45am	\$104/\$156
122790	4-6	F	9/3-10/22	1-2pm	\$104/\$156
122791	3-4	F	9/3-10/22	2-2:45pm	\$104/\$156

#### **ALL STAR SPORTS**

#### **Basketball**

Ages: 3-7

This program will introduce your children to the game of basketball. Basic skills of dribbling, passing, shooting, and defense will be taught. Games will also be played to show the importance of teamwork in game situations. Basketball 2 is the next level of this class and will build upon the basic skills learned in the Basketball class. Location: Main Street Recreation Center. Min/Max: 5/12. (ch)

Code	Age	Day	Date	Time	R/NR Fee			
Basketball								
<u>122866</u>	3-4	M/W	8/2-8/18	11:45am-12:30pm	\$78/\$117			
122862	3-4	Tu	8/31-10/19	9:15-10am	\$104/\$156			
122863	4-6	Tu	8/31-10/19	10-11am	\$104/\$156			
<u>122864</u>	3-5	F	9/3-10/22	9:15-10am	\$104/\$156			
Basketball 2								
<u>122867</u>	5-7	M/W	8/2-8/18	12:30-1:30pm	\$78/\$117			
122865	5-7	F	9/3-10/22	10-11am	\$104/\$156			

#### **ALL STAR SPORTS**

#### **Parent/Tot Sports**

Ages: 2-3 with adult

This program gives you and your child the opportunity to bond and have fun together while learning a variety of sports. This class is great for simple motor skills such as: catching, throwing, batting, shooting, passing and anything that involves hand-eye coordination. Parents participate with their child as we play soccer, basketball, hockey, t-ball, and many other sports. Location: Main Street Recreation Center. Min/Max: 5/12. (ch)

Code	Day	Date	Time	R/NR Fee
122806	Sa	8/7-8/21	9:15-10am	\$39/\$59
122804	W	9/1-10/20	9:15-10am	\$104/\$156
122805	Sa	9/4-10/23	9:15-10am	\$104/\$156

#### **ALL STAR SPORTS**

#### Golf

Ages: 4-7

We introduce boys and girls to golf through fun drills and games that help them learn the complicated golf swing, rules, and proper etiquette. Clubs provided (may bring your own). Location: Main Street Recreation Center. Min/Max: 5/12. (ch)

Code	Age	Day	Date	Time	R/NR Fee
122894	4-6	Tu/Th	8/3-8/19	11:45am-12:30pm	\$78/\$117
<u>122895</u>	5-7	Tu/Th	8/3-8/19	3:30-4:15pm	\$78/\$117
122892	4-5	Th	9/2-10/21	3-3:45pm	\$104/\$156
122893	5-7	Th	9/2-10/21	3:45-4:30pm	\$104/\$156







#### **ALL STAR SPORTS**

#### **T-Ball & Baseball**

Ages: 3-10

We cover the basics of baseball in a fun and safe environment where no one stands around. We teach throwing, catching, hitting, fielding, running the bases, and how to play the game. Games are played every week. Baseball is a continuation of the T-ball class. Children who have been in the T-ball class more than once are encouraged to take the baseball class to improve on baseball skills. Participants must bring their own glove. Location: Main Street Recreation Center. Min/Max: 5/12. (ch)

Code	Age	Day	Date	Time	R/NR Fee
T-Ball					
<u>122875</u>	3-4	M/W	8/2-8/18	3-3:45pm	\$78/\$117
<u>122876</u>	4-6	M/W	8/2-8/18	3:45-4:45pm	\$78/\$117
122877	3-4	Sa	8/7-8/21	11:45am-12:30pm	\$39/59
122868	3-4	Tu	8/31-10/19	3-3:45pm	\$104/\$156
122869	5-7	Tu	8/31-10/19	3:45-4:45pm	\$104/\$156
<u>122870</u>	3-4	W	9/1-10/20	10-10:45am	\$104/\$156
<u>122871</u>	4-6	W	9/1-10/20	10:45-11:45am	\$104/\$156
122872	3-4	F	9/3-10/22	2:45-3:30pm	\$104/\$156
122873	3-4	Sa	9/4-10/23	10:45-11:30am	\$104/\$156
122874	4-6	Sa	9/4-10/23	11:30am-12:30pm	\$104/\$156
Baseball					
122878	6-9	M/W	8/2-8/18	4:45-5:45pm	\$78/\$117
<u>122879</u>	7-10	W	9/1-10/20	6-7pm	\$104/\$156

#### **ALL STAR SPORTS**

#### Floor Hockey

Ages: 4-7

Learn and play the fastest game in the world. This action-packed class emphasizes the importance of teamwork and sportsmanship, passing, shooting, and stick handling before the skates go on. Participants must bring a bike helmet and gloves. Shin, knee, and elbow pads are optional. Location: Main Street Recreation Center. Min/Max: 5/12. (ch)

Code	Age	Day	Date	Time	R/NR Fee
122880	4-5	W	9/1-10/20	4-4:45pm	\$104/\$156
122881	6-7	W	9/1-10/20	4:45-5:45pm	\$104/\$156

#### **ALL STAR SPORTS**

#### Soccer

Ages: 3-7

Children learn the basics of soccer in a fun, exciting way. Dribbling, passing and shooting are covered through fun games that keep everyone moving. This class is great for coordination and self-esteem. Location: Main Street Recreation Center. Min/Max: 5/12. (ch)

Code	Age	Day	Date	Time	R/NR Fee
122888	3-4	Tu/Th	8/3-8/19	10-10:45am	\$78/\$117
122889	5-6	Tu/Th	8/3-8/19	10:45-11:45am	\$78/\$117
122890	3-4	Sa	8/7-8/21	10-10:45am	\$39/\$59
<u>122891</u>	4-6	Sa	8/7-8/21	10:45-11:45am	\$39/\$59
122882	3-4	Tu	8/31-10/19	4:45-5:30pm	\$104/\$156
122883	5-7	Tu	8/31-10/19	5:30-6:30pm	\$104/\$156
122884	3-4	Th	9/2-10/21	11:45am-12:30pm	\$104/\$156
<u>122885</u>	3-5	Th	9/2-10/21	4:30-5:15pm	\$104/\$156
122887	5-7	Th	9/2-10/21	5:15-6:15pm	\$104/\$156
<u>122886</u>	3-4	Sa	9/4-10/23	10-10:45am	\$104/\$156

#### **FUTURE PROS**

#### **Parent/Tot Lakers Soccer**

Ages: 2-3 with adult

This program provides the opportunity for you and your child to play soccer together. This class will work on simple motor skills such as dribbling, passing, and shooting. Parents participate with their child. Each participant receives a soccer ball. If a class is canceled, make-ups will be done at the end of each session, if possible. Location: Ackerman SFC. Min/Max: 8/20. (bt)

Code	Day	Date	Time	R/NR Fee
123176	F	9/10-10/29	9:30-10:15am	\$80/\$120

#### **FUTURE PROS**

#### **Little Lakers Soccer**

Ages: 4-6

Introduce your little one to the world's most popular sport. Your child will learn not only basic skills, but also a lifetime love for soccer. Each participant receives a soccer ball. If a class is canceled, make-ups will be done at the end of each session, if possible. Location: Ackerman SFC. Min/Max: 8/20. (bt)

Code	Day	Date	Time	R/NR Fee
123177	F	9/10-10/29	10:30-11:15am	\$80/\$120

#### **FUTURE PROS**

#### **Junior Lakers Soccer**

Ages: 4-11

Weekly clinics focus on building individual and team soccer skills. Instruction, drills, and games will focus on dribbling, passing, shooting, defending, and offensive attacking skills. The clinics will be run by Future Pros professional trainers. Groups will be divided for skill-level-appropriate training each week. Players are required to bring their own ball, shoes, shin guards, and water for each class. Location: Ackerman SFC. Min/Max: 8/20. (bt)

Code	Age	Day	Date	Time	R/NR Fee
123179	4-6	F	9/10-10/29	4-5pm	\$80/\$120
<u>123178</u>	7-11	F	9/10-10/29	5-6pm	\$80/\$120

#### **Lakers Soccer Academy**

Grades: 1st-2nd

Lakers Academy is a program designed to enhance your child's recreational soccer experience. This program is for children who love soccer, want to play at a higher level, but are not ready to commit to the rigors of our Glen Ellyn Park District Lakers Futbol Club. Participation in both the Glen Ellyn Recreational League and Lakers Academy is encouraged. Training and games will be run by our Future Pros travel soccer trainers. Each player is required to bring their own soccer ball, shoes, shin guards, and water for each class. Location: Ackerman Park. Min/Max: 10/40. No games 9/25. (bt)

Code	Day	Date	Time	Fee
<u>123182</u>	Th/Sa	8/26-10/16	Th: 4:30pm-6pm	\$225

#### Fall House Soccer

#### **Registration Open Now**

Grades: Pre-K to 10th

This recreational/instructional league teaches soccer skills while promoting good sportsmanship, physical conditioning, and having fun. Participants are permitted to make one buddy request. If a request is not mutual between two participants, it is not guaranteed that they will be placed on the same team. Teams will still be organized as much as possible by geographic area/school, dependent on the number of coaches available from each area. If you are registering for Pre-K and not enrolled in school yet, please indicate which school they will be attending in the future.

Practices start the week of August 16. Games are played on Saturdays from August 21-October 16 (Pre-K soccer will play on Saturdays only, with teams practicing prior to game kickoff). Parents will be notified of their child's team starting 8/4. Contact us if you have not heard from a coach by 8/11. (bt)

Regular Registration: Ends 7/12 Late Registration: 7/13-7/26

•	•	-	
Code	Grade	Regular R/NR Fee	Late R/NR Fee
121562	Co-Rec Pre-K	\$55/\$85	\$80/\$110
<u>121561</u>	Co-Rec K	\$75/\$105	\$100/\$130
<u>121545</u>	Co-Rec 1	\$75/\$105	\$100/\$130
<u>121546</u>	Co-Rec 2	\$75/\$105	\$100/\$130
<u>121547</u>	Co-Rec 3-4	\$100/\$130	\$125/\$155
121548	Girls 3-4	\$100/\$130	\$125/\$155
121549	Co-Rec 5-6	\$100/\$130	\$125/\$155
<u>121550</u>	Girls 5-6	\$100/\$130	\$125/\$155
<u>121551</u>	Co-Rec 7-8	\$100/\$130	\$125/\$155
<u>121552</u>	Co-Rec 9-10	\$100/\$130	\$125/\$155

#### **Supplemental Travel Soccer Tryouts**

Ages: 2014-2004 Birth Year

Supplemental travel soccer tryouts will be held to add additional players to existing Glen Ellyn Lakers and Midwest FC teams or create new teams if numbers allow. Lakers tryouts will be held at Ackerman SFC and Midwest FC tryouts will be held outside at Ackerman Park. (bt)

Code	Age	Day	Date	Time
123186	HS Boys	Th	10/14	7:45-9:15pm
<u>123185</u>	2014/2013	Μ	11/8	4-5pm
<u>123183</u>	2012/2011	Μ	11/8	5-6pm
<u>123184</u>	2010-2008	Μ	11/8	5-6pm



#### Coach Faulkner's Girls Basketball Academy

Grades: 3rd-8th

This program is designed to enhance your daughter's basketball skills. This Academy is led by Kristi Faulkner and her coaching staff. Each week, participants will work on skill development during their practice day and then play 3v3 games incorporating those skills on their game days. All participants should bring their own basketball each week, Location: Ackerman SFC, Min/Max: 10/20, (bt)

Code	Grade	Day	Date	Time	R/NR Fee
123189	3rd-5th	M/Sa	9/13-10/23	M: 4:30-5:30pm Sa: 1-2pm	\$250/\$300
123190	6th-8th	M/Sa	9/13-10/23	M: 5:30-6:30pm Sa: 1-2pm	\$250/\$300

#### **BIG 3 SPORTS**

#### **Boys Basketball Academy**

Grades: 3rd-6th

This program is designed to enhance your son's basketball skills. This Academy is led by Big 3 Sports and their coaching staff. Each week, participants will work on skill development during their practice day and then play 3v3 games incorporating those skills on their game days. All participants should bring their own basketball each week. Location: Ackerman SFC. Min/Max: 10/20. (bt)

Code	Grade	Day	Date	Time	R/NR Fee
<u>123191</u>	3rd-5th	Tu/Sa	9/14-10/23	Tu: 4:30-5:30pm Sa: 2-3pm	\$250/\$300
<u>123192</u>	6th-8th	Tu/Sa	9/14-10/23	Tu: 5:30-6:30pm Sa: 2-3pm	\$250/\$300

#### 5v5 Fall Youth Basketball

Grades: 1st-8th

Teams will have a maximum of 10 players and will have one weekly practice and 5v5 games on Saturdays. Practices and games will be held at the Ackerman Sports & Fitness Center. Each team will be coached by a parent volunteer. Games will be played against teams from Glen Ellyn and the Lombard Park District. Location: Ackerman SFC. (bt)

#### Register by 9/1 • Practices begin week of 9/13 Games begin 9/18 (no games 9/25) • Games end 10/30

Code	Grade	R/NR Fee
<u>123195</u>	1st/2nd Boys	\$90/\$135
<u>123196</u>	1st/2nd Girls	\$90/\$135
123197	3rd/4th Boys	\$90/\$135
123199	3rd/4th Girls	\$90/\$135
<u>123200</u>	5th/6th Boys	\$90/\$135
<u>123201</u>	5th/6th Girls	\$90/\$135
<u>123203</u>	7th/8th Boys	\$90/\$135

#### **BIG 3 SPORTS**

#### **Basketball Skill Drills Camp**

Grades: 3rd-4th

Camp will be run by the Big 3 Coaching staff, which includes standout high school, college, and former professional players. Participants will learn and work on basic dribbling, shooting, and passing drills while learning correct fundamentals in a FUN and team-oriented way. Location: Ackerman SFC. Min/Max: 10/25. (cs)

Code	Day	Date	Time	R/NR Fee
122442	Sa	9/8-9/29	5-6pm	\$85/\$100

Watch for... Winter Youth Basketball League information in the Autumn 2021 Playbook on August 24.

#### **RISE Field Hockey**

Grades: 1st-8th

Glen Ellyn Field Hockey now teams up with RISE Field Hockey! From beginner to college bound athletes, RISE Field Hockey programs come to Glen Ellyn to help you improve, learn and fall in love with the game of Field Hockey! Opportunities for additional higher-level travel team experiences will be available. (ch)

#### **RECREATIONAL CLASSES**

Our Fall Recreational program will work on basic skills of the game of field hockey, and we will play small sided games and scrimmages throughout the season. Classes are once a week at Ackerman SFC. Athletes will receive a reversible pinny for practice, and will need a stick, mouthguard, and shin guards.

Code	Grade	Day	Date	Time	Fee
123380	1-4	Th	9/9-10/24	5:30-6:30pm	\$84
<u>123381</u>	5-8	Th	9/7-10/24	6:30-8pm	\$155

#### **FALL RECREATIONAL LEAGUE**

Join the first recreational field hockey league in the area! Players will be assigned a team and compete against teams from Glen Ellyn and the surrounding Chicagoland area. Teams and game schedule will be released by 9/14. Game locations may include Memorial Field, Glen Ellyn; Oak Park River Forest HS, Oak Park; Robert Crown Turf, Evanston; Nike Park, Naperville; Hawthorn Park, Chicago. Athletes will need a stick, mouthguard, and shin guards. T-Shirt provided.

#### Register by 9/9

Code	Grade	Day	Date	# of Playdates	Fee
123487	1-2	Su	9/19-10/17	2	\$30
123488	3-4	Su	9/19-10/17	2	\$30
123489	5-6	Su	9/19-10/17	4	\$50
123490	7-8	Su	9/19-10/17	4	\$50

#### **Ackerman Youth Flag Football**

Ages: 6-10

Participants will be taught the fundamentals of football on the offensive and defensive sides of the ball and will go through a variety of drills, games, and contests to develop their skill set. Location: Ackerman SFC. Min/Max: 5/25. (cs)

Code	Day	Date	Time	R/NR Fee
<u>121470</u>	Sa	7/10-7/31	10-11am	\$40/\$55
<u>121471</u>	Sa	8/7-8/28	10-11am	\$40/\$55
122460	W	9/8-9/29	4-5pm	\$40/\$55
122461	Th	9/9-9/30	4-5pm	\$40/\$55
122462	Sa	9/11-9/25	10-11am	\$30/\$45



#### Fall Softball League

Grades: 1st-8th (as of September 1, 2021)
Fall Softball allows participants to continue to develop their softball skills during the fall season.
For more information, visit glenellynsoftball.com.
Location: Ackerman Park. (cb)

#### Register by 8/1

Code	Grade	Fee
<u>123237</u>	1-2	\$150
123243	3-4	\$150
<u>123244</u>	5-6	\$150
<u>123245</u>	7-8	\$150

#### Fall Baseball League

Grades: 1st-8th (as of September 1, 2021)
Fall Baseball allows kids to enjoy organized baseball in the fall while they continue to develop their baseball skills. Teams practice once per week with multiple games played on the weekend, weather permitting. A commitment of 80-90% participation in practices and games is encouraged. Please note: There are no age exceptions for this highly competitive program. For more information, please visit glenellynbaseball.com. Location: Village Green Park. (cb)

#### Register by 7/23

Code	Grade	Fee
123216	1	\$150
123217	2	\$150
123218	3-4	\$150
123219	5-6	\$150
123220	7-8	\$150

## 2021 Lightning Running Club: Fall Season

Ages: 6-14

Kids will build endurance and learn proper running form while training to run between a 2K and 4K in this informal, co-ed running club. Runners will be grouped by age and/ or ability level. The registration fee includes practice time, team t-shirt, home mock-meet and shirt, and entry to Away meets in October. Please indicate your child's t-shirt size when registering. Registration for this program will be capped based on the number of parent volunteers committed to run practices. If you are interested in becoming a volunteer coach please contact Christine Hartnett at <a href="mailto:chartnett@gepark.org">chartnett@gepark.org</a>. Min/Max: 10/30. (ch)

Code	Date	Day/Time/Location	R/NR Fee
122778	8/10-11/18	Tu: 6-6:45pm at Newton Park Sa: 8-8:45am at Maryknoll Park	\$90/\$100

#### **Ackerman Youth Run for Fun**

Ages: 9-13

An informal introduction to running for boys and girls of all fitness levels. Fun drills, games, and relay races create a positive atmosphere in a non-competitive environment. Location: Ackerman SFC. Min/Max: 5/25. (cs)

Code	Day	Date	Time	R/NR Fee
123002	Tu	9/14-9/28	4-5pm	\$30/\$45

#### **Cyclones Volleyball Skills & Drills**

Grades: 3rd-8th

One of the top volleyball clubs in the area, the Cyclones, will be teaching a fun and fundamental-style volleyball program to youth through tweens. With its unique combination of drills, competition and instruction, this program focuses on breaking volleyball down into different skill stations. These stations offer the most effective way to capitalize on skills, knowledge, drills, and techniques. No equipment needed. Location: Ackerman SFC. Min/Max: 6/15. (ch)

Code	Grade	Day	Date	Time	R/NR Fee
122807	3-4	Μ	9/13-10/4	4:30-5:30pm	\$60/\$90
122808	5-6	Μ	9/13-10/4	5:30-6:30pm	\$60/\$90
122809	7-8	Μ	9/13-10/4	6:30-8pm	\$90/\$135

#### **Ackerman Youth Floor Hockey**

Ages: 8-14

Fast and fun, floor hockey develops speed, endurance, and coordination. Campers will work through a variety of drills, games, and competitions to develop their skills. Location: Ackerman SFC. Min/Max: 5/25. (cs)

Code	Day	Date	Time	R/NR Fee
122443	W	9/8-9/29	5-6pm	\$40/\$55

#### **Bulldogs Boys' Fall Lacrosse**

**Grades 1st-4th:** Learn the fundamentals required to play lacrosse. Players will learn the necessary skills for cradling, ground balls, passing, shooting, and catching. Players should bring their own sticks. No additional equipment is needed.

**Grades 5th-8th:** Have some fun and keep your skills sharp with Fall Lacrosse. This program will be run in a pick-up game format. Coaches will divide the players into teams each week and act as coaching officials in the games. Full pads/equipment are required. Min/Max: 20/40. Location: Ackerman SFC. (cb)

Code	Grade	Day	Date	Time	Fee
123281	1-4	Μ	9/13-10/25	6:30-7:30pm	\$125
123282	5-6	Μ	9/13-10/25	7:30-8:30pm	\$125
123283	7-8	Μ	9/13-10/25	7:30-8:30pm	\$125

#### Girls' Fall Lacrosse

Grades: 1st-4th

After a successful spring for Glen Ellyn's first girls' lacrosse program, Jerry Considine, East Ave Lacrosse Co-Founder and Girls Varsity Lacrosse Coach at Glenbard West, and former and current Glenbard West players will provide instruction for players of all levels while creating a fun and welcoming environment. A stick, goggles, and a mouth guard are required. Location: Newton Park. Min/Max: 20/40. (cb)

Code	Grade	Day	Date	Time	Fee
123278	PreK-K	Su	9/12-10/24	12-1pm	\$85
<u>123279</u>	1-4	Su	9/12-10/24	12-1pm	\$85
123280	5-8	Su	9/12-10/24	1-2:30pm	\$125

#### **Summer Youth Tennis Lessons**

#### **Registration Open Now**

Our outdoor group tennis lessons on the courts at Glenbard West focus on teaching ball skills, fundamentals, and making sure your child loves tennis. All ability levels are welcome. Most lessons are held Monday through Thursday with weather make-up days on Fridays. Register by the week or purchase a 10- or 20-lesson pack. Please bring a racquet to class or indicate on the registration form if you would like to purchase a junior-sized racquet for \$25. Each participant in the summer program received a t-shirt. Min/Max: 4/24. (bt)

Code	Day	Date	Time	R/NR Fee			
Red Blast • Ages 4-6							
<u>121609</u>	M-Th	7/5-7/8	9-10am	\$90/\$130			
<u>121610</u>	M-Th	7/12-7/15	9-10am	\$90/\$130			
<u>121611</u>	M-Th	7/19-7/22	9-10am	\$90/\$130			
<u>121612</u>	M-Th	7/26-7/29	9-10am	\$90/\$130			
<u>121613</u>	M-Th	8/2-8/5	9-10am	\$90/\$130			
Orange Bl	ast • Ages	7-8					
<u>121620</u>	M-Th	7/5-7/8	10-11am	\$90/\$130			
<u>121621</u>	M-Th	7/12-7/15	10-11am	\$90/\$130			
121622	M-Th	7/19-7/22	10-11am	\$90/\$130			
<u>121623</u>	M-Th	7/26-7/29	10-11am	\$90/\$130			
121624	M-Th	8/2-8/5	10-11am	\$90/\$130			
Green Bla	st • Ages 9-	-10					
<u>121629</u>	M-Th	7/5-7/8	11am-12pm	\$90/\$130			
<u>121630</u>	M-Th	7/12-7/15	11am-12pm	\$90/\$130			
<u>121631</u>	M-Th	7/19-7/22	11am-12pm	\$90/\$130			
<u>121632</u>	M-Th	7/26-7/29	11am-12pm	\$90/\$130			
<u>121633</u>	M-Th	8/2-8/5	11am-12pm	\$90/\$130			

#### **Fall Youth Tennis Classes**

Fall Tennis classes are filled with fun games and drills designed to introduce new players to the sport and help develop the skills of more experienced players. Please bring a racquet to class or indicate on the registration form if you would like to purchase a junior-sized racquet for \$25. All ability levels welcome. Location: Sunset Park.

Min/Max: 4/14. (bt)

Code	Day	Date	Time	R/NR Fee			
Red Blast • Ag	es 4-6						
123251	M	9/20-10/11	4-5pm	\$110/\$150			
123249	W	9/22-10/13	4-5pm	\$110/\$150			
Orange Blast • Ages 7-8							
123252	M	9/20-10/11	5-6pm	\$110/\$150			
<u>123250</u>	W	9/22-10/13	5-6pm	\$110/\$150			
Green Blast • A	Ages 9-10						
123247	Tu	9/21-10/12	4-5pm	\$110/\$150			
123253	Th	9/23-10/14	4-5pm	\$110/\$150			
Junior Competitive • Grades 6-8							
123248	Tu	9/21-10/12	5-6pm	\$110/\$150			
123254	Th	9/23-10/14	5-6pm	\$110/\$150			

#### **Youth & Adult Archery Clinics**

Ages: 10 & up

Certified Archery Instructors Jim and Kandy will teach the joy of Archery in a fun, safe and educational environment. Exciting drills and fun games will be implemented in this clinic. Recurve bows, blunt tipped arrows and targets will be provided. Please meet in the outdoor pavilion. Location: Maryknoll Park. (ch)

Code	Age	Day	Date	Time	R/NR Fee
12349	10-14	Sa	8/21	1-2:30pm	\$20/\$25
12349	2 15 & Up	Sa	8/21	3-4:30pm	\$20/\$25



#### Skateboard Lessons

Ages: 5-13

Appropriate for beginning and intermediate levels: beginners learn how to start, stop, and turn, basic ramp riding, and tricks; intermediate skaters learn skills based on ability. Skaters must bring a drink & wear a helmet. Knee, elbow, and wrist guards strongly encouraged. Please email <a href="mailto:fpteamskateboard@yahoo.com">fpteamskateboard@yahoo.com</a> about a correct skateboard for this class. Location: Newton Park. Min/Max: 4/10. (ch)

Code	Age	Day	Date	Time	Fee
122762	5-7	Tu	6/15-7/6	4-5pm	\$85
122763	8-13	Tu	6/15-7/6	5-7pm	\$172
122764	5-7	W	6/16-7/7	4-5pm	\$85
122765	8-13	W	6/16-7/7	5-7pm	\$172
122766	5-7	Tu	7/13-8/3	4-5pm	\$85
122767	8-13	Tu	7/13-8/3	5-7pm	\$172
122768	5-7	W	7/14-8/4	4-5pm	\$85
122769	8-13	W	7/14-8/4	5-7pm	\$172
<u>122770</u>	5-7	Tu	8/10-8/31	4-5pm	\$85
<u>122771</u>	8-13	Tu	8/10-8/31	5-7pm	\$172
122772	5-7	W	8/11-9/1	4-5pm	\$85
122773	8-13	W	8/11-9/1	5-7pm	\$172
122774	5-7	Tu	9/7-9/28	4-5pm	\$85
<u>122775</u>	8-13	Tu	9/7-9/28	5-7pm	\$172
122776	5-7	W	9/8-9/29	4-5pm	\$85
122777	8-13	W	9/8-9/29	5-7pm	\$172

#### Fencing - Olympic Swordplay

Ages: 8-14

Learn the beginning skills and techniques of this unique sport without fighting. Fencing is an excellent sport for children and adults. It combines coordination of relaxed and fast moves, and critical thinking between attack and defensive strategies. Equipment not provided but can be rented from the Fencing Club. Please contact them at (630) 678-0035 prior to the start of class. Location: Main Street Recreation Center. Min/Max: 4/10. No class 9/4. (ch)

Code	Day	Date	Time	R/NR Fee
122755	Sa	7/17-8/7	11:15am-12:10pm	\$60/\$90
<u>122756</u>	Sa	8/14-9/11	11:15am-12:10pm	\$60/\$90
122896	Sa	9/18-10/23	11:15am-12:10pm	\$90/\$135

## Adult Leagues

#### Men's 12" Softball League

Ages: 18 and up

Teams play a 10-game regular season followed by a single-elimination tournament. Email Brad at <a href="mailto:bthomas@gepark.org">bthomas@gepark.org</a> for a copy of the league information packet. Location: Ackerman Park. Min/Max 4/8. (bt)

#### Register by 8/16

Code	League	Date	R/NR Fee
123240	Monday - Open	8/23-10/25	\$700 per team

#### Men's Basketball League

Ages: 18 and up

Teams plays an 8-game regular season followed by a single elimination postseason tournament for those teams that qualify. A first-come, first-serve policy will be followed. Email Brad at <a href="mailto:bthomas@gepark.org">bthomas@gepark.org</a> for a copy of the league information packet. Location: Ackerman SFC. Min/Max: 4/10. No games 9/26. (bt)

#### Register by 9/1

Code	League	Date	R/NR Fee
123246	Sunday - Open	9/12-11/7	\$625/\$725 per team

#### Adult Co-Ed Volleyball League

Ages: 18 and up

Teams play an 8-game regular season followed by a single elimination post-season tournament. League play begins September 10. Location: Ackerman SFC. (sl)

#### Register by 9/1

Code	Day	Date	Time	R/NR Fee
123014	F	9/10-11/12	8-10pm	\$545/\$645





### Jump, Flip & Tumble

The Glen Ellyn Park District Gymnastics program offers classes for children 18 months to 14 years old. All classes are held at Spring Avenue Recreation Center, 185 Spring Avenue. Developmental and Tumbling 2 are advanced classes and gymnasts must possess certain skills to participate. Instructors reserve the right to move participants to a different class if they are not developmentally ready and space is available. No new registration will be taken after the second week of class. We are unable to offer refunds or makeup classes while we are in Phase 4 of the Restore Illinois plan. There is no parent observation week during 4-week sessions.

**ATTIRE & WHAT TO BRING:** For safety and comfort, proper attire is mandatory for gymnastics participants; girls should wear a gymnastics leotard or shorts and t-shirt (no tights or jewelry). Boys should wear shorts or sweatpants and t-shirt. Bare feet are best. Please bring a water bottle to class; water fountains are unavailable.

**COVID-19 PROTOCOL**: View participation guidelines at: <u>gepark.org/coronavirus</u>

#### Parent/Tot

This fun-filled parent/tot play time program introduces your child to the exciting world of tumbling and gymnastics. Parent/
Tot features tumbling and gymnastics equipment, balls, hoops, circles and parachute play. Parent involvement is the key to this class. Please no siblings.

#### **Tiny Tumblers**

This introductory gymnastics class helps develop gross motor skills and body awareness and teaches self-confidence while having fun. A variety of gymnastic and tumbling stations will be set up each week to introduce your gymnasts to the basic skills used in this sport. Children must be able to attend class without a parent present.

#### **Preschool**

A variety of gymnastics and tumbling stations will be set up each week to introduce your gymnast to the basic skills used in this sport. Children must be able to attend class without a parent present.

#### Kindergarten

This class was designed to help refine and develop the gross motor skills taught in previous classes. A higher skill level of gymnastics stations will be set up each week to increase strength, flexibility and coordination.

#### **Pre-Developmental**

The focus of this program will be on floor exercise, springboard skills, bars and beam. Stretching and conditioning for muscle tone will be included. This is a beginner program.

#### **Developmental (Advanced)**

This class is a continuation of the Pre-Developmental class. Your child will focus on Olympic events including beam, floor exercise, vault and bars. Class will also include stretching, apparatus skills, and conditioning in a safe and controlled atmosphere. Participants must be able to perform cartwheels, round-offs, forward/backward rolls, and a bridge.

#### **Tumbling 1**

No skills required. Start out learning the proper way to perform handstands, cartwheels, and more. Participants will build on their skills each session.

#### **Tumbling 2 (Advanced)**

Participants should possess basic skills, such as; cartwheel, round-off, forward/backward rolls, handstand, and bridge.

#### **Session I Class Schedule**

Code	Class	Day	Ages	Dates	Time	# of Classes	Min/Max	R/NR Fee
122820	Parent/Tot	W	18-36 mo.	7/28-8/18	9:15-9:45am	Four	5/10	\$40/\$60
122822	Tiny Tumblers	W	3	7/28-8/18	10:05-10:35am	Four	5/10	\$40/\$60
122818	Preschool/Kindergarten	W	4-6	7/28-8/18	10:55-11:40am	Four	5/12	\$48/\$72
122819	Kindergarten	W	5-6	7/28-8/18	4-4:45pm	Four	5/12	\$48/\$72
122821	Preschool	W	4-5	7/28-8/18	5:05-5:50pm	Four	5/12	\$48/\$72
122903	Parent/Tot	Th	18-36 mo.	7/29-8/19	9:15-9:45am	Four	5/10	\$40/\$60
122905	Preschool	Th	4-5	7/29-8/19	10:05-10:50am	Four	5/12	\$48/\$72
122906	Tiny Tumblers	Th	3	7/29-8/19	11:10-11:40am	Four	5/10	\$40/\$60
122904	Pre-Developmental	Th	6-12	7/29-8/19	4-5pm	Four	5/12	\$56/\$84
122907	Developmental*	Th	8-12	7/29-8/19	5:15-6:15pm	Four	5/12	\$56/\$84
122908	Tumbling 1	Th	7-14	7/29-8/19	6:30-7:15pm	Four	3/6	\$48/\$72
122909	Tumbling 2	Th	7-14	7/29-8/19	6:30-7:30pm	Four	3/6	\$56/\$84
122918	Parent/Tot	Sa	18-36 mo.	7/31-8/21	9-9:30am	Four	5/10	\$40/\$60
122921	Tiny Tumblers	Sa	3	7/31-8/21	9:45-10:15am	Four	5/10	\$40/\$60
122920	Preschool	Sa	4-5	7/31-8/21	10:30-11:15am	Four	5/12	\$48/\$72
122917	Kindergarten	Sa	5-6	7/31-8/21	11:30am-12:15pm	Four	5/12	\$48/\$72
122919	Pre-Dev./Developmental	Sa	6-12	7/31-8/21	12:30-1:30pm	Four	5/12	\$56/\$84

#### **Session II Class Schedule**

Code	Class	Day	Ages	Dates	Time	# of Classes	Min/Max	R/NR Fee
122811	Parent/Tot	M	18-36 mo.	9/13-10/18	9-9:30am	Six	5/10	\$60/\$90
122814	Tiny Tumblers	M	3	9/13-10/18	9:45-10:15am	Six	3/6	\$60/\$90
122813	Preschool	M	4-5	9/13-10/18	9:45-10:30am	Six	3/6	\$72/\$108
122810	Kindergarten	M	5-6	9/13-10/18	10:45-11:30am	Six	5/12	\$72/\$108
122812	Preschool/Kindergarten	M	4-6	9/13-10/18	1:30-2:15pm	Six	5/12	\$72/\$108
122817	Preschool/Kindergarten	Tu	4-6	9/7-10/19	2:30-3:15pm	Seven	5/12	\$84/\$126
122816	Pre-Developmental	Tu	6-12	9/7-10/19	4:30-5:30pm	Seven	5/12	\$98/\$147
122815	Developmental*	Tu	8-12	9/7-10/19	5:45-6:45pm	Seven	5/12	\$98/\$147
122899	Parent/Tot	W	18-36 mo.	9/8-10/20	9:15-9:45am	Seven	5/10	\$70/\$105
122902	Tiny Tumblers	W	3	9/8-10/20	10-10:30am	Seven	5/10	\$70/\$105
122897	Kindergarten	W	5-6	9/8-10/20	10:45-11:30am	Seven	5/12	\$84/\$126
122898	Kindergarten	W	5-6	9/8-10/20	4-4:45pm	Seven	5/12	\$84/\$126
122901	Preschool	W	4-5	9/8-10/20	5-5:45pm	Seven	5/12	\$84/\$126
122900	Preschool/Kindergarten	W	4-6	9/8-10/20	6-6:45pm	Seven	5/12	\$84/\$126
122910	Parent/Tot	Th	18-36 mo.	9/9-10/21	9:15-9:45am	Seven	5/10	\$70/\$105
122912	Preschool	Th	4-5	9/9-10/21	10-10:45am	Seven	5/12	\$84/\$126
122913	Tiny Tumblers	Th	3	9/9-10/21	11-11:30am	Seven	5/10	\$70/\$105
122911	Pre-Developmental	Th	6-12	9/9-10/21	4-5pm	Seven	5/12	\$98/\$147
122914	Developmental	Th	8-12	9/9-10/21	5:15-6:15pm	Seven	5/12	\$98/\$147
122915	Tumbling 1	Th	7-14	9/9-10/21	6:30-7:15pm	Seven	3/6	\$84/\$126
122916	Tumbling 2	Th	7-14	9/9-10/21	6:30-7:30pm	Seven	3/6	\$98/\$147
122922	Parent/Tot	Sa	18-36 mo.	9/11-10/23	9-9:30am	Seven	5/10	\$70/\$105
122925	Tiny Tumblers	Sa	3	9/11-10/23	9:45-10:15am	Seven	5/10	\$70/\$105
122924	Preschool	Sa	4-5	9/11-10/23	10:30-11:15am	Seven	5/12	\$84/\$126
122926	Kindergarten	Sa	5-6	9/11-10/23	11:30am-12:15pm	Seven	5/12	\$84/\$126
122923	Pre-Dev./Developmental	Sa	6-12	9/11-10/23	12:30-1:30pm	Seven	3/6	\$98/\$147
123500	Developmental	Sa	8-12	9/11-10/23	12:30-1:30pm	Seven	3/6	\$98/\$147

 $<sup>^*\</sup>mbox{Must}$  possess required skills to participate in class. See class description for details.



# **Grasshoppers Tumbling Team**

#### **Pre-Season Grasshoppers**

Ages: 5-14

Interested in joining the 2020-2021 Glen Ellyn Grasshoppers Tumbling Team? Want to get a feel for how practices are run and what a competitive routine looks like? Grasshoppers Pre-Season will help new and returning gymnasts enhance their skills. Coaches will teach participants a practice routine that they will get to test out at our "mock meet" at the end of the session. Location: Spring Avenue Recreation Center. (ch)

Code	Level	Day	Date	Time	R/NR Fee
123496	New	Μ	7/26-8/16	4-5pm	\$56/\$84
123497	Returning	Μ	7/26-8/16	5:15-6:15pm	\$56/\$84

#### Grasshoppers Team 2021-2022

Ages: 5-14

The Glen Ellyn Grasshoppers Tumbling Team focuses solely on tumbling and will compete in meets through the Illinois Park District Gymnastics Conference. New and returning participants are encouraged to register for the free Placement Day to determine their competitive level. If you are unable to make the placement day, coaches will assess new gymnasts at the first practice and assign levels and practice time. Practice times will be Mondays for an hour and 15 minutes between 4-7:45pm and Fridays for one hour between 4 and 7:30pm. Final practice schedule will be sent by 9/1. Additional information, including no meeting dates, will be provided in the Parent Handbook. No new registrations will be taken after 9/13. Location: Spring Avenue Recreation Center. (ch)

Informational Meeting	Placement Date
August 17, 6-7pm	August 17, 5-6pm
	Free with registration
	Code <u>123495</u>

#### Team Registration Register by 9/13

Code	Day	Date	R/NR Fee
123494	M & F	9/13-2/27	\$426/\$639



Uniforms and belt testing available through the instructor. Youth, Parent/Child and Adult classes may train together. Beginner students will not be permitted to register into the current session after the second class has met. Registration for continuers-advanced students will be accepted after the start date, but full class fee is required.

#### **Pre-Karate**

Ages: 4-7

Young children will develop flexibility, strength, and coordination in fun, yet disciplined activities. This program is specifically designed for growing minds and bodies to enhance memory and agility. Watch your child's confidence blossom and their skills improve. Min/Max: 5/10. (ch)

#### Parent/Child Karate

Ages: 7 and up with parent

This program is an excellent opportunity to spend quality time with your child, while conditioning muscles, developing coordination, and improving cardiovascular fitness. Fees are per person. Min/Max: 5/10. (ch)

#### **Youth Karate**

Ages: 7-14

Youth karate classes will put children in touch with their bodies and offer a good mix of strength training, with cardiovascular and flexibility exercises. Children increase their coordination, agility and poise, as well as learn lasting personal safety skills. They also benefit from the mental stimulation of learning the choreographed moves of the kata and the discipline of conforming to the class rules. Min/Max: 5/10. (ch)

#### **Adult Karate**

Ages: 15 and up

Release tension and develop total body fitness and build stamina and overall productivity. In addition to self-defense skills, karate increases flexibility, cardiovascular endurance, and muscle tone, while improving core strength. From work to home, the benefits of karate can be felt in all aspects of life. Min/Max: 5/10. (ch)

**CC:** Community Center, 1777 S. Blanchard Road, Wheaton **MSRC:** Main Street Recreation Center, 501 Hill Avenue, Glen Ellyn

**CAC:** Central Athletic Complex, 500 S. Naperville Road, Wheaton No classes: 11/24

#### **Session I Class Schedule**

Code	Туре	Level	Day	Date	Time	Location	R/NR Fee
123088	Pre-Karate	Beginner/Continuing	W	6/9-8/25	4:10-4:55pm	CC	\$141/\$212
123089	Pre-Karate	Inter/Adv.	W	6/9-8/25	5-5:45pm	CC	\$141/\$212
123087	Pre-Karate	Beginner/Continuing	Sa	6/12-8/28	3:15-4pm	CAC	\$141/\$212
<u>123086</u>	Pre-Karate	Inter./Adv. (Orange & Up)	Sa	6/12-8/28	4:05-4:50pm	CAC	\$141/\$212
123085	Parent/Child	Beg./Cont. White-Red	Sa	6/12-8/28	2-3pm	CAC	\$141/\$212
123084	Parent/Child	Novice Orange-Blue	Sa	6/12-8/28	3-4pm	CAC	\$141/\$212
123083	Parent/Child	Inter. Green-Purple	Sa	6/12-8/28	4-5pm	CAC	\$141/\$212
123082	Parent/Child	Advanced Brown & Up	Sa	6/12-8/28	5-6pm	CAC	\$141/\$212
123092	Youth	Beg./Cont. White-Yellow	W	6/9-8/25	6:30-7:30pm	MSRC	\$141/\$212
123093	Youth	Int./Adv. Blue-Black	W	6/9-8/25	7:30-8:30pm	MSRC	\$141/\$212
<u>123091</u>	Youth	Beg./Cont. White-Red	Sa	6/12-8/28	2-3pm	CAC	\$141/\$212
123095	Youth	Novice Orange-Blue	Sa	6/12-8/28	3-4pm	CAC	\$141/\$212
123094	Youth	Inter. Green-Purple	Sa	6/12-8/28	4-5pm	CAC	\$141/\$212
123090	Youth	Advanced Brown & Up	Sa	6/12-8/28	5-6pm	CAC	\$141/\$212
123081	Adult	Continuer Red-Blue	W	6/9-8/25	8:30-9:30pm	MSRC	\$141/\$252
123080	Adult	Inter./Adv. Green-Black	W	6/9-8/25	8:30-10pm	MSRC	\$183/\$275

#### Session II Class Schedule

No class 11/24

<b>Sessio</b>	n II Class 3c	neaule				No	class 11/24
Code	Туре	Level	Day	Date	Time	Location	R/NR Fee
<u>123102</u>	Pre-Karate	Beginner/Continuing	W	9/8-12/15	4:10-4:55pm	CC	\$168/\$252
<u>123104</u>	Pre-Karate	Inter/Adv.	W	9/8-12/15	5-5:45pm	CC	\$168/\$252
<u>123105</u>	Pre-Karate	Beginner/Continuing	Sa	9/11-12/18	3:15-4pm	CAC	\$180/\$270
<u>123103</u>	Pre-Karate	Inter./Adv. (Orange & Up)	Sa	9/11-12/18	4:05-4:50pm	CAC	\$180/\$270
<u>123101</u>	Parent/Child	Beg./Cont. White-Red	Sa	9/11-12/18	2-3pm	CAC	\$180/\$270
<u>123100</u>	Parent/Child	Novice Orange-Blue	Sa	9/11-12/18	3-4pm	CAC	\$180/\$270
123099	Parent/Child	Inter. Green-Purple	Sa	9/11-12/18	4-5pm	CAC	\$180/\$270
123098	Parent/Child	Advanced Brown & Up	Sa	9/11-12/18	5-6pm	CAC	\$180/\$270
<u>123108</u>	Youth	Beg./Cont. White-Yellow	W	9/8-12/15	6:30-7:30pm	MSRC	\$168/\$252
<u>123109</u>	Youth	Int./Adv. Blue-Black	W	9/8-12/15	7:30-8:30pm	MSRC	\$168/\$252
<u>123107</u>	Youth	Beg./Cont. White-Red	Sa	9/11-12/18	2-3pm	CAC	\$180/\$270
<u>123111</u>	Youth	Novice Orange-Blue	Sa	9/11-12/18	3-4pm	CAC	\$180/\$270
<u>123110</u>	Youth	Inter. Green-Purple	Sa	9/11-12/18	4-5pm	CAC	\$180/\$270
<u>123106</u>	Youth	Advanced Brown & Up	Sa	9/11-12/18	5-6pm	CAC	\$180/\$270
123097	Adult	Continuer Red-Blue	W	9/8-12/15	8:30-9:30pm	MSRC	\$168/\$252
<u>123096</u>	Adult	Inter./Adv. Green-Black	W	9/8-12/15	8:30-10pm	MSRC	\$217/\$326

#### **Little Dragons Taekwondo**

Ages: 4-5

This introductory class is designed to captivate the interest of our youngest students. Skills are developed through gentle instruction and appropriate games for their ability. This class focuses on developing balance, coordination, and respect for the discipline of martial arts training. A \$45 uniform fee is not included in class fee and is due at first class to instructor. Colored belt students are required to have complete sparring gear. Location: Spring Avenue Recreation Center. Min/Max: 4/15. No class 11/27. (ch)

Code	Day	Date	Time	R/NR Fee
123043	Sa	6/19-8/21	10-10:40am	\$130/195
123077	Sa	8/28-12/18	10-10:40am	\$208/\$312

#### **Early Taekwondo**

Ages: 6-7

Designed especially for the younger children of 6-7 years, this program helps kids develop conditioning, coordination, listening skills, and self-confidence through creative activities. A \$45 uniform fee is not included in class fee and is due at first class to instructor. Colored belt students are required to have complete sparring gear. Location: Spring Avenue Recreation Center. Min/Max: 4/12. No class 11/27. (ch)

Code	Day	Date	Time	R/NR Fee
123042	Sa	6/19-8/21	10:45-11:35am	\$130/\$195
<u>123076</u>	Sa	8/28-12/18	10:45-11:35am	\$208/\$312

#### Parent/Child Taekwondo

Ages: 7 & Up with Adult

This class provides families with a fun opportunity to spend time together while improving physical and mental conditioning through cardiovascular drills, calisthenics, and traditional Taekwondo techniques including punching, kicking, and blocking. Fee is listed per person. A \$45 uniform fee is not included in class fee and is due at first class to instructor. Colored belt students are required to have complete sparring gear. Location: Spring Avenue Recreation Center. Min/Max: 4/10. No class 11/27. (ch)

Code	Day	Date	Time	R/NR Fee
123044	Sa	6/19-8/21	12:35-1:30pm	\$130/\$195
<u>123078</u>	Sa	8/28-12/18	12:35-1:30pm	\$208/\$312

#### **Youth Taekwondo**

Ages: 8-13

This program includes a balanced cardiovascular workout, including punching, kicking, and blocking skills, using the Taekwondo tradition, and self control. Participants will improve coordination, power of concentration, balance, and both physical and mental discipline. A \$45 uniform fee is not included in class fee and is due at first class to instructor. Colored belt students are required to have complete sparring gear. Location: Spring Avenue Recreation Center. Min/Max: 4/12. No class 11/27. (ch)

Code	Day	Date	Time	R/NR Fee
123045	Sa	6/19-8/21	11:40am-12:30pm	\$130/\$195
123079	Sa	8/28-12/18	11:40am-12:30pm	\$208/\$312

#### **Adult Taekwondo**

Ages: 14 & Up

This program concentrates on Taekwondo technique through the study of forms, stances, and the skills of punching, kicking, and blocking. A \$45 uniform fee is not included in class fee and is due at first class to instructor. Colored belt students are required to have complete sparring gear. Location: Spring Avenue Recreation Center. Min/Max: 4/12. No class 11/27. (ch)

Code	Day	Date	Time	R/NR Fee
123053	Sa	6/19-8/21	12:35-1:30pm	\$130/\$195
123075	Sa	8/28-12/18	12:35-1:30pm	\$208/\$312



## Ice Skating & Hockey

Location: Center Ice, 1N450 Highland Avenue

#### Parent/Tot Ice Skating

Parents and tots, ages 3-4, are on the ice together. Both must wear skates. This class teaches ice coordination, balance, and agility in a fun atmosphere.

#### Ice Skating: Tot I

This class teaches progressive levels 1–4 providing children ages 4-5 with ice orientation, balance, agility, and fun. Skate rentals are available.

#### Ice Skating: Basic I

Intended for students with no previous formal instructions. Participants will learn 1 and 2 foot glides, forward and backward swizzles, and backward

wiggles. Skate rentals are available. Higher levels must register directly through Center Ice of DuPage.

#### Parent/Tot Hockey

Parents and tots, ages 3-4, are on the ice together. Both must wear skates. This class teaches ice coordination, balance, and agility in a fun atmosphere.

#### **Little Hockey**

Students will learn ice coordination, balance, and agility in a fun atmosphere while wearing hockey equipment. Hockey skates and hockey helmet required. Skate rentals are available.

#### **Beginner Hockey**

For participants who have had no formal instruction. Kids will learn basic forward and backward skating while wearing hockey equipment. Hockey skates and helmet required. Hockey stick is optional.

#### Special Skater

This class is designed for skaters with physical and/or intellectual disabilities. This class will help to foster social skills, balance, a team atmosphere, a sense of achievement and fun.

#### Class Schedule

Code	Class	Day	Ages	Date	Time	Min/Max	Fee
123305	Special Skater	Sa	All	7/10-8/14	11:20am-12pm	1/8	\$100
123298	Parent/Tot Ice Skating	Th	3-4 w/adult	7/8-8/12	4:30-5pm	1/8	\$145
123299	Parent/Tot Ice Skating	Sa	3-4 w/adult	7/10-8/14	9:10-9:40am	1/8	\$145
123300	Ice Skating: Tot 1	Th	4-5	7/8-8/12	4:30-5pm	1/8	\$135
123301	Ice Skating: Tot 1	Sa	4-5	7/10-8/14	9:10-9:40am	1/8	\$135
123295	Ice Skating: Basic 1	Th	6-13	7/8-8/12	4:30-5:10pm	1/8	\$145
<u>123296</u>	Ice Skating: Basic 1	Th	6-13	7/8-8/12	5:30-6:10pm	1/8	\$145
123297	Ice Skating: Basic 1	Sa	6-13	7/10-8/14	9:10-9:50am	1/8	\$145
123304	Parent/Tot Hockey	Sa	3-4 w/adult	7/8-8/12	8:10-8:40am	1/8	\$145
123302	Little Hockey	Th	3-4	7/8-8/12	4:30-5pm	1/8	\$135
123303	Little Hockey	Sa	3-4	7/10-8/14	8:10-8:40am	1/8	\$135
123293	Beginner Hockey	Th	5-13	7/8-8/12	4:30-5:10pm	1/8	\$145
123294	Beginner Hockey	Sa	5-13	7/10-8/14	8:10-8:50am	1/8	\$145



#### DuPage Medical Group

WE CARE FOR YOU

Keeping up with your family's healthcare needs is a challenge, especially right now. Whether you're seeking pediatric care for your kids or primary and specialty care for yourself, you deserve a care team you trust to help you navigate anything your family faces. At DuPage Medical Group you'll find safe, convenient care from physicians who are dedicated to providing the guidance and expert advice you need to keep your family well.

DuPageMedicalGroup.com

Set up an appointment today at ScheduleDMG.com.

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800 St. Charles Road, Glen Ellyn • (630) 317-0130 • AckermanSFC.com

#### **Facility Hours**

#### Fitness Center/Walking Track

Monday-Thursday	4:30am-10pm
Friday	4:30am-9pm
Saturday	6am-7pm
Sunday	7am-7pm

#### Front Desk

Monday-Friday	5am-9pm
Saturday	6am-5pm
Sunday	7am-5pm

#### **Holidays**

No group fitness classes will be offered Fourth of July (7/4) ......7am-1pm Labor Day (9/6).....7am-1pm

## Safety Protocols and Participation Guidelines

For the most recent information on safety protocols and participation guidelines due to COVID-19, please visit: <a href="mailto:gepark.org/coronavirus">gepark.org/coronavirus</a>

#### What's in the Gym

- PRECOR Adaptive Motion Trainers
- PRECOR EFX Ellipticals with Crossramp
- Matrix and Life Fitness Treadmills
- NuStep Recumbent Steppers
- Matrix, Octane, & Life Fitness Ellipticals
- Matrix ARC Trainers
- Matrix Bikes (Recumbent/Upright/Hybrid)
- Matrix Single Station Strength Machines
- Gauntlet Stairmasters
- Scifit Pro2 Trainers
- Concept 2 Rowing Machines
- Xerball & Medicine Ball
- Free Weights & Core Conditioning
- Stretching & CrossFit Area w/TRX Straps
- Cable Cross Weight Machines

#### **Amenities**

7,000+ square foot fitness center, 3 court gymnasium, 45-yard by 60-yard indoor turf field, 2 lane indoor track (10.3 laps = 1 mile), group fitness studio, locker rooms and shower facility, and free Wi-Fi.



- Open court/turf no longer require registration and is open to both members and non-members.
- Towel service has resumed.
- Gym mats are available.
- Fit & Play childcare remains closed until Phase 5.
- Indoor rock wall remains closed until further notice.

See Group Fitness
Schedule »

Indoor + Outdoor

View Personal Training Options »



#### Monthly Ackerman SFC Membership Fees

#### **\$0 ENROLLMENT FEE**

- Fitness center and indoor track access
- Free weekly group fitness classes
- Open court/turf time
- Orientation with a personal trainer
- Bring a guest on the first Wednesday of the month
- Use of the Spring Avenue Fitness Center

We will automatically charge your membership fees to the credit/debit card you place on file each month.

Membership Type*	Resident	Nonresident
Teen (14-17)	\$21	\$23
Senior (60+)	\$21	\$23
Active Military	\$21	\$23
Individual (18-59)	\$30	\$35
Couple	\$50	\$55
Family	\$60	\$65

#### Work in Glen Ellyn?

Ackerman SFC offers special membership rates to Glen Ellyn employees and teachers with proof of employment. Call or visit the Ackerman SFC front desk for details.

#### **Group Fitness Classes**

#### INDOOR + OUTDOOR

Group fitness classes are included as part of the Ackerman SFC member fee. With more than 55 options to choose from each week, you're sure to find a class to fall in love with. Classes are held indoors (studio, court, or turf), outdoors, or off-site as part of our new "Ackerman On Location" series! All in-person classes will be socially distanced. As of May 24, registration is no longer required for any class and exercise mats/towels are available.

#### VIEW THE CLASS SCHEDULE »



#### 90 Days for \$90 Student & Teacher Special

OFFER VALID THROUGH 06/15/21

Students (age 14+) and teachers can purchase a 90-day membership for just \$90 from now to June 15, 2021.

Must show a valid school ID or proof of employment.

<sup>\*</sup>Residents are defined as those living within Glen Ellyn Park District boundaries. Must provide proof of age if requested. A teen is defined as a person age 14-17 (age 11-13, if certified). Waiver must be signed by a parent or legal guardian. An individual is defined as a person age 18 & up. A senior is defined as a person age 60 & up. A family is defined as up to six immediate family members residing in the same household and children 26 years and younger living at home. Other relatives and individuals in the same household are not included in the family pass. Children 10 years and under have access to open turf, open gym, and open climb. Children 8 to 13 can access the track with a parent. Fitness center is available for children 14 years and older (age 11-13 after orientation; see front desk to set up an appointment). A couple is defined as two people living at the same address.



The track is free for Ackerman members. Ages 8-13 must be accompanied by a member age 18+ to use the walking track.

#### **DAILY DROP-IN FEES**

Ackerman SFC member	-ree
Resident	\$5
Nonresident	\$7

#### **ANNUAL PASSES**

Resident (Ages 8-59)	\$35
Nonresident (Ages 8-59)	\$50
Senior (Ages 60 & Up)	\$25

#### **Open Pickleball**

Pickleball combines many elements of tennis, badminton and ping-pong. Using a paddle, low net and a plastic ball with holes, this unique sport is enjoyed by people of all ages and athletic abilities thanks to its ease of play and straightforward rules.

#### **SCHEDULE**

To view the Open Pickleball schedule, please visit: <a href="ackermansfc.com/pickleball">ackermansfc.com/pickleball</a>

#### **FEES**

Ackerman SFC member	Free
Resident Daily Drop-in	\$5
Nonresident Daily Drop-in	\$7
Resident 5-Visit Punch Card	\$20
Nonresident 5-Visit Punch Card	\$30

#### **Open Court & Turf**

No reservations required. Please call the Ackerman SFC front desk for daily available open gym times. Open to both members and non-members.

#### **DAILY DROP-IN FEES**

Ackerman SFC memberFr	ree
Youth R/NR\$	4/\$5
Adult R/NR\$	5/\$6



#### **Personal Training**

Our certified personal trainers will design a program that meets your specific fitness needs. They can help you reach and/or maintain your goal by guiding you through safe, productive, supervised workouts.

# of Sessions	Length	Member	Non-Member
One	30 minutes	\$29	\$49
Three	30 minutes	\$84	\$126
Six	30 minutes	\$150	\$225
Twelve	30 minutes	\$282	\$423
One	1 hour	\$45	\$60
Three	1 hour	\$130	\$175
Six	1 hour	\$255	\$340
Twelve	1 hour	\$500	\$638

#### **Sports-Specific Training**

Visit the Ackerman SFC front desk for more information or to setup your sessions.

#### **VOLLEYBALL TRAINING**

All-State Coach Christine Giunta-Mayer from Glenbard West offers private lessons to any student-athlete/athletes that want to focus on specifics of their game. Boys and Girls 5th grade through college are given an opportunity to learn from Coach Giunta-Mayer and to work on their game. Sessions start at \$70

#### **BASKETBALL TRAINING**

Sign up for private lessons from Skill Development Coach Brett Love. Brett has high school and collegiate level playing experience with the credentials to train players to take their skills to the next level. Sessions start at \$45.



185 Spring Avenue, Glen Ellyn • (630) 858-2462

#### **Membership Fees**

Annual memberships are valid for one year from the date of purchase.

Ackerman SFC fitness members have full access to Spring Avenue Fitness Center and group fitness classes.

#### **INDIVIDUAL FEES (AGES 14-59)**

Annual Pass	\$245R/\$365NR
3-Month Pass	\$135R/\$195NR
1-Day Pass	\$7R/\$8NR

#### **SENIOR FEES (AGES 60 & UP)**

Annual Pass	\$120R/\$180NR
1-Day Pass	\$4R/\$6NR

#### **SilverSneakers**

If your Medicare health plan, Medicare supplement carrier, or group retiree plan includes SilverSneakers as part of your benefit package, you can work out at no extra cost. Visit the Spring Avenue front desk to learn more.

#### **Center Hours**

Monday-Thursday	9am-8pm
Friday	9am-5pm
Saturday	9am-12pm
Sunday	Closed

#### **HOLIDAY HOURS**

Members may use Ackerman SFC with photo ID at no cost during holiday closings. July 4 & 5......Closed

September 6......Closed

#### What You'll Find

- Treadmills, Ellipticals, Rowing Machine
- Recumbent Bikes
- Free Weights
- Dual-Station Strength Machines
- Lockers and Showers
- Equipment Orientation

## Safety Protocols and Participation Guidelines

For the most recent information on safety protocols and participation guidelines due to COVID-19, please visit: <a href="mailto:gepark.org/coronavirus">gepark.org/coronavirus</a>



SUMMER 2021 • 65



## Transforming young lives through excellence in music education and choral singing

- Visit animasingers.org to arrange a placement hearing\* & register for one of our choruses:
  - Touring Chorus \*
  - Concert Chorus \*
  - Treble & Treble Plus Chorus \*
  - KidSingers (Kindergarten 1st Grade)

#### Sing with us!

Make music with some of the finest professional musicians in Chicagoland

- Grant Park Music Festival Orchestra and Chorus
- Chicago Symphony
   Orchestra and Chorus
- Music of the Baroque

Perform locally, and on tours around the world

#### Get in touch!

Phone: 630-858-2471

Email: Sing@AnimaSingers.org

Follow us: @AnimaSingers on Twitter, FB, Insta, YouTube

#### **Support our young singers!**

Visit animasingers.org/donate to learn how you can help support Anima - Glen Ellyn Children's Chorus.



845 Pershing Avenue, Glen Ellyn (within Maryknoll Park)

Open year-round, the Glen Ellyn Platform Tennis Center features six courts and modern Paddle Hut. A membership is required to use the facility, but non-members are welcome to sign up for private lessons and classes (when available). Platform tennis is the only racquet sport that players can enjoy outdoors in any climate. You don't need to have prior knowledge of the game as it's easy to learn. The game is primarily played in the winter and is geared toward 4 players.

#### **Membership Benefits**

- No additional court fees to play year-round.
- Unlimited access to court time when not programmed with leagues, lessons or events.
- Access to the Paddle Hut between 7am and 11pm. Under Phases 1-4 of the Restore Illinois Plan, the Hut is for restroom use only.
- Privilege of making court reservations 7 days in advance. Note: four courts are reserved for the Glen Ellyn Platform Travel Club on Tuesday, Wednesday, and Thursday evenings from October-March.
- · Discount on lessons.

REFER A FRIEND: Returning members from the 2020/2021 season may refer a new member and receive a \$25 discount on your membership. Offer valid September 1-October 31.

#### Full Year Membership Sept. 1, 2021 to Aug. 31, 2022

Туре	Resident	Nonresident	Add'l Child
Adult (18 & Up)	\$260	\$310	-
Junior (6-17)	\$50	\$75	-
Family	\$500	\$590	\$15/child

Includes 2 adults (same household) or 2 adults and 2 children (age 17 & under) per household. Youth members must be accompanied by an adult and do not receive a key to the Paddle Hut.

#### **Private Lessons**

Our Platform Tennis
Professional, Mark
Cunnington, can tailor lessons
to your specific needs. Mark
comes to the Park District
highly skilled in the sport
of platform tennis as well
as tennis. USPTA and PPTA
certified, Mark has over 6
years experience in coaching
platform tennis and is currently
ranked in the top 40 in the nation. To get
started, email at gepaddlepro@gmail.com.
Pricing below is listed per person; semi-private
lessons are for two players.

Туре	M/NM Fee
Private 30-Minute	\$35/\$40
Private 60-Minute	\$70/\$80
Semi-Private 30-Minute	\$18/\$22
Semi-Private 60-Minute	\$35/\$40
3 & A Pro 30-Minute	\$15/\$20
3 & A Pro 60-Minute	\$25/\$30
5 Private 60-Minute	\$300/\$360



## Platform Tennis Lessons & Leagues

#### Men's Quick Start Paddle

Ages: 21 and up

This crash course will keep your skills fresh, so you're ready for the season. You will learn all of the basic paddle shots in this fun and fast paced lesson with our pro, Mark Cunnington. Location: Platform Tennis Center.

Min/Max: 6/8. (bt)

Code	Day	Date	Time	M/NM Fee
<u>123266</u>	Tu	9/28-10/26	6-7pm	\$125/\$150

#### Women's Quick Start Paddle

Ages: 21 and up

This crash course will keep your skills fresh, so you're ready for the season. You will learn all of the basic paddle shots in this fun and fast paced lesson with our pro, Mark Cunnington. Location: Platform Tennis Center. Min/Max: 6/8. (bt)

WIII//Wax: 0/0. (DL)

Code	Day	Date	Time	M/NM Fee
123267	Μ	9/27-10/25	6-7pm	\$125/\$150

#### Free Platform Tennis Clinics & Social

Ages: 6 and up

Learn the game of Platform Tennis and how to become involved in the program while socializing and enjoying light snacks and beverages. Several of the area's top platform tennis professionals will be on hand to provide instruction on grips, rules, and strategies. The clinic will end with a Pro Exhibition and open play from 8pm-9pm. This event is free, but registration is required. Location: Platform Tennis Center. (bt)

Code	Group	Day	Date	Time	Fee
123264	Juniors (6-17)	F	9/10	5-6pm	Free w/registration
<u>123265</u>	Women	F	9/10	6-7pm	Free w/registration
123263	Men	F	9/10	7-8pm	Free w/registration

#### Men's and Women's Travel League

The Glen Ellyn Park District works in conjunction with the Glen Ellyn Platform Tennis Club (GEPTC) to provide travel leagues. The GEPTC Men's Travel program has many teams playing in various levels (series) of play. These teams participate in the Chicago Platform Tennis Charities and South West Leagues. Teams travel to other communities, as well as hosting home matches in the evenings. The Women's Travel League participates in the North Shore and South West Leagues and travels during the day. Please contact Mark Cunnington at <a href="mailto:gepaddlepro@gmail.com">gepaddlepro@gmail.com</a> for more information. All travel members must also hold a Glen Ellyn Park District membership.



Planning your next big event? We offer a wide variety of affordable indoor and outdoor venues. Deposits may be required with some rentals. Space is available on a first come, first served basis.

Bookings are still being accepted; however, maximum event/rental attendance will be determined by the current Phase or Tier guidelines of the Restore Illinois Plan. Additional restrictions may apply.



#### **Ackerman SFC**

800 St. Charles Road, Glen Ellyn

Three full-size basketball courts and an indoor artificial turf field are available to rent for practices, games, parties, and more. The facility also features two 30' climbing walls, an outdoor volleyball court, and a party room.

Contact: Ryan Miller at (630) 317-0134



#### **Sunset Pool**

483 Fairview Avenue, Glen Ellyn

Private pool rentals are perfect for picnics, neighborhood parties, birthdays, group outings, and more. The pool is available to rent on Friday and Saturday evenings from early June through late August. **Contact:** Chad Shingler at (630) 317-0137



## Spring Avenue Recreation Center

**185 Spring Avenue, Glen Ellyn** Spring Avenue Recreation Center can

Spring Avenue Recreation Center car accommodate a variety of events. A single classroom (up to 30 people) or the craft lab (up to 50 people) are available to rent. **Contact:** Christine Hartnett at (630) 942-7268



#### Maryknoll Park Clubhouse Party Room

845 Pershing Avenue, Glen Ellyn

Room rental includes tables and chairs. Renter may bring in their own food. Alcohol is permitted with a liability contract. The maximum number of guests during Phase 4 is 30. Room size is 25' x 40'. R/NR Fee: \$85/\$110 per hour; add \$210 for alcohol liability. The outdoor patio is available to rent with your room rental for a \$30 fee. Contact: Christine Hartnett at (630) 942-7268



## Main Street Recreation Center

501 Hill Avenue, Glen Ellyn

Conveniently located near downtown Glen Ellyn. Rent a single classroom (up to 30 people), double classroom (up to 50 people), or elementary-sized gymnasium. **Contact:** Christine Hartnett at (630) 942-7268



## Maryknoll Park Picnic Pavilion

845 Pershing Avenue, Glen Ellyn

This pavilion can accommodate groups of 50 patrons or less. There is a maximum of 6 picnic tables that can be set up for your exclusive use. No alcohol, grills, pets, inflatables, additional tables or piñatas allowed. **Contact:** Christine Hartnett at (630) 942-7268



#### **Athletic Fields**

The Glen Ellyn Park District has fields available for soccer, baseball or softball: Ackerman Park, 800 St. Charles Road; Village Green, 130 S. Lambert Road; or Newton Park, 707 Fairview Avenue.

#### Village Green & Newton Parks: (630) 942-7290

**Ackerman Park:** 

Grass Fields: (630) 942-7288 Synthetic Turf Field: (630) 317-0134

#### 2-Hour Rental Fees:

1-30 Guests .....\$50R/\$75NR 31-50 Guests .....\$80R/\$105NR

Maryknoll Park Public Shelter with bathrooms is not meant for groups or patrons staying more than 30 minutes. This shelter is for small groups of patrons wishing to have a quick snack or lunch between park play.









# Lake Ellyn Boathouse

#### 645 Lenox Road, Glen Ellyn • (630) 942-7267

Located just 25 miles from downtown Chicago, this unique landmark house was built in 1937 as a community facility and was fully restored to its historic beauty in 2016. Beautifully placed along Lake Ellyn, the Boathouse has been home to numerous wedding ceremonies, receptions, anniversary parties, birthdays, and more.

Bookings are being accepted; however, maximum event/rental attendance will be determined by the current Phase or Tier guidelines of the Restore Illinois Plan. Additional restrictions may apply.

**NOW BOOKING** 













The scholarship program is available to all Glen Ellyn Park District residents that qualify. Scholarship funds can be used for non-contractual camps and classes, pool passes, trips, preschool, fitness, athletics, etc., where fees are required. Funds are not eligible for equipment purchases or rental fees. Residents who qualify are eligible to receive up to \$400 maximum per person per calendar year (January 1-December 31) based on need and availability of funds.

Applicants must be able to provide proof of residency and income as defined on the application. Copies of the application are available at gepark.org/financial-aid or by visiting the Spring Avenue (185 Spring Avenue) or Main Street (501 Hill Avenue) Recreation Centers.

A completed application form along with copies of supporting documents must be returned in person or mailed to: Executive Assistant, Glen Ellyn Park District, 185 Spring Avenue, Glen Ellyn, IL 60137. Please allow up to 3 weeks for the application process. Applicants will be notified by letter or phone of the decision made concerning the scholarship.

If you have further questions, call (630) 858-2462.



## SCHOLARSHIP PROGRAM

Parks & Activities for Everyone

## EXPLORE Your PARKS





		Walking Paths/Trail	Playground	Baseball/Softball Field	Basketball Court	Tennis Court (Hard Court)	Pickleball Court	Platform Tennis	Sand Volleyball Court	Synthetic Turf Athletic Field	Open Play Area/Grass Fields	Outdoor Fitness Equipment	Picnic Shelter	Outdoor Pool	Fishing Pier	Splash Park	Mini Golf	Disc Golf	Skate Park	lce Skating	Sled Hill
Park Features	<ul> <li>Denotes also lined for Pickleball</li> </ul>	Wal	Play	Base	Bas	Ten	Pic	Plat	San	Syn	Ö	ŏ.	Pic	ğ	Fish	Spla	Αij	Disc	Ska	<u>8</u>	Sled
Ackerman Park	800 St. Charles Rd.	•	•	•					•	•	•	•									
Babcock Grove Park	324 Linden St.		•								•										
Churchill Park	271 St. Charles Rd.	•											•								
Co-Op Park	515 Wilson Ave.		•								•										
Danby Park	280 Duane St.	•	•								•										
Ellynwood Preserve	801 Ellynwood Dr.																				
Benjamin Gault	625 N. Main St.	•																			
George Ball Park	801 Elm St.					•					•		•								
Glen Ellyn Manor Park	375 Illinois St.	•	•								•										
Glen Oak Park	350 Woodstock Ave.		•								•										
Greenbriar Park	430 Second Place Glendale Heights	•	•								•		•								
Frank Johnson Center	490 Kenilworth Ave.		•								•										
Lake Ellyn Park	645 Lenox Rd.	•	•								•				•					•	
Lake Foxcroft Park	2S540 Lambert Rd.	•	•								•		•		•					•	
Main Street Rec. Ctr.	501 Hill Ave.		•		•						•										
Maryknoll Park	845 Pershing Ave.	•	•					•			•		•			•	•	•			
Newton Park	707 Fairview Ave.		•	•	•	•				•	•		•						•	•	•
Panfish Playground	Maintained by GEPD		•								•										
Sam Perry Preserve	735 Grand Ave.																				
Pfuetze Park	400 N. Park Blvd.										•										
Prairie Path Park	565 Steward Ave.																				
President's Park	265 Cumnor		•								•										
Spalding Park	22W325 2nd St.		•								•		•								
Spring Avenue Rec. Ctr.	185 Spring Ave.										•										
Stacy Park	50 Geneva Rd.		•		•						•		•						•		
Sunset Park	483 Fairview Ave.		•			•					•			•							
Surrey Park	95 Surrey Dr.		•		•						•										
Village Green Park	130 S. Lambert Rd.		•	•	•	•	•				•		•			•					
Walnut Glen Park	860 Walnut St.		•																		

#### **The Fun Starts Here**





## **Community-Based Recreational Programs and Inclusion Services For Park District Programs**

## WDSRA RECREATIONAL & SOCIAL PROGRAMS: IN-PERSON & VIRTUAL

WDSRA provides fun, engaging recreational and social programs, trips, and special events for children, teens, and adults with special needs. Programs are structured to allow everyone to participate at their own ability level. Through WDSRA each individual has the opportunity to grow personally, connect with their community and discover their potential.

- Sports
- Special Olympics
- Music and Dance
- Art and Drama
- Bowling
- Social Clubs
- Special Events
- Adaptive Sports
- Overnight Outings
- Weeklong Trips
- And much more!

#### **INCLUSION SERVICES**

Inclusion Services are designed to provide the least restrictive environment while providing the maximum opportunity to participate in regular park programs. There is no charge for WDSRA support. To register for services, simply indicate that special accommodations are needed on the park district registration form. Two-week advance notice is requested for inclusion support.



**Western DuPage Special Recreation Association** 630-681-0962 • www.wdsra.com

## DISTRICT POLICIES

#### **DEFINITION OF RESIDENCY**

Not all Glen Ellyn residents are in the Park District. Anyone living within the geographic boundaries of the Glen Ellyn Park District is considered a resident. Glen Ellyn Park District residents, via property taxes, make financial contributions to the operation of the park system. Non-residents are charged higher fees for programs than residents to compensate for property tax disparity.

Residents of Glen Ellyn who are not residents of the Glen Ellyn Park District or any other park district may receive all the privileges of belonging to the Glen Ellyn Park District by paying the equivalent of Park District taxes annually. This membership allows for priority registration, pool passes, and any other services provided to our residents at the resident rate.

#### **WAIVERS OF LIABILITY**

To participate in any Glen Ellyn Park District program you must sign a waiver releasing the Park District of any liability.

#### **REFUNDS, CANCELLATIONS**

The Glen Ellyn Park District reserves the right to cancel, postpone or combine classes, or change instructors. If insufficient enrollment causes a class to be canceled, notification will be given 7 days in advance, and full tuition refunded. Withdrawals prior to the start of a class will be assessed at minimum a \$5.00 service charge. Refunds for moving, injury/illness, or schedule changes will be pro-rated according to the date the request for a refund is made.

#### **COMMITMENT TO QUALITY**

To encourage first time participation as well as repeat participation, the Park District has a refund policy highlighted by a satisfaction guarantee. This special refund policy provides us with timely feedback about dissatisfaction regarding our services. We can then take prompt action to improve services. If you are not completely satisfied, tell us and we will either: invite you to repeat the class at no charge; allow you a credit that can be applied to another program; issue you a full refund

Our guarantee is based on fulfilling our promise to deliver the published expectations describing the service you have used. A refund will be granted if you were dissatisfied with the experience due to circumstances under the Park District's control.

Requests for the above-mentioned options must be made before the midpoint of the program or within two weeks of a single meeting activity. All refund requests must be submitted in writing and returned to the Spring Avenue Recreation Center or the Main Street Recreation Center. Satisfaction Guarantee does not apply to trips, special events with prepaid admissions and tickets, and athletic programs where equipment has already been ordered.

#### FINANCIAL ASSISTANCE

The Glen Ellyn Park District recognizes there are community residents who may suffer economic setbacks that might preclude their participation in Glen Ellyn Park District programs. Financial assistance forms are available at the Spring Avenue and Main Street Recreation Center. All requests remain confidential. Questions? Contact Kimberly Dikker at (630) 942-7256.

A referral for additional scholarship assistance is also available to qualified resident children under the age of 18 through the Milton Township Youth Committee's Family Youth Scholarship Fund.

#### **INSURANCE**

The Glen Ellyn Park District does not provide medical insurance coverage for individuals who participate in our programs or use our facilities. To do so would make programs and user fees cost prohibitive.

#### **AMERICANS WITH DISABILITIES ACT**

The Americans with Disabilities Act (ADA) prohibits discrimination on the basis of a disability. The Glen Ellyn Park District will make reasonable accommodations in recreation programs to enable participation by an individual with a disability that meets essential eligibility requirements for that leisure program and facility.

If you have questions or believe you have been unfairly discriminated against by the Park District, please contact Nick Cinquegrani at (630) 942-7257. Those who use the Telecommunications Device for the deaf may reach the Park District by calling the Illinois Relay Line at (800) 526-0844.

#### NON-DISCRIMINATION STATEMENT

The Glen Ellyn Park District prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, marital or family status.

#### **BEHAVIOR POLICY**

Participants are always expected to exhibit appropriate behavior. The following guidelines have been developed to help make Park District programs safe and enjoyable for all participants. Additional rules may be developed for specific programs and athletic leagues as deemed necessary by staff. Participants shall:

- Show respect to all participants and staff, take direction from staff
- 2. Refrain from using abusive or foul language.
- Refrain from causing bodily harm to self, other participants or staff.
- 4. Show respect for equipment, supplies and facilities.

A positive approach will be used regarding discipline. Staff will periodically review rules with participants during the program session. If inappropriate behavior occurs, prompt resolution will be sought specific to each individual situation. The Park District reserves the right to dismiss a participant whose behavior endangers the safety of themself or others.

#### **PARENT'S CODE OF ETHICS**

- I will encourage good sportsmanship by demonstrating positive support for players, coaches, and officials at every game and practice.
- I will place the emotional and physical well-being of my child ahead of my personal desire to win.
- I will insist that my child play in a safe and healthy environment.
- I will require that my child's coach be trained in the responsibilities of being a youth sports coach.
- I will remember that the game is for youth not adults.
- I will do my very best to make youth sports fun for my child.
- I will ask my child to treat other players, coaches, and officials with respect regardless of race, gender creed, or ability.
- I agree with these rules and understand that the Glen Ellyn Park District Associations have adopted a Zero-Tolerance Policy and that not abiding by these rules may restrict me from attending future games and practices.

#### **PETS AT EVENTS**

The Glen Ellyn Park District asks that everyone please exercise good judgment and leave pets at home when attending events that draw large crowds. Please show respect for other people, yourself and your pet by helping the Park District maintain a safe and healthy environment where all people have the opportunity to participate and enjoy themselves.

#### NOTICE OF POSSIBLE CHANGES IN PLAYBOOK LISTINGS

The policies, procedures, requirements, programs, fees and facility availability contained in this Playbook represent Park District program and policies at the time of publication. Sometimes changes in the programs (including fees, locations, times, etc.) and policies are necessary after Playbook publication but prior to program commencement or facility operation.

To provide the best services, programs and facilities to the public, the Park District reserves the right to add, to change, modify or delete any program or policies after they have been published. The Park District will attempt to make a reasonable effort to give prompt public notice of any material changes in the programs and policies, but notice cannot be assured. We apologize for any inconvenience this may cause and appreciate your understanding and cooperation.

#### **PHOTO/VIDEO POLICY**

The Glen Ellyn Park District uses pictures or videos of participants to publicize recreation opportunities in ou social media, print, and online marketing. If you do not want a picture taken, please tell our photographer. If the picture has already been taken, please contact the Park District at (630) 942-7260.