

# WINTER 2022 DEAL OF THE SECOND SECOND

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Winter registration begins Saturday, December 4 at 9 am

# IN THIS ISSUE:

Ackerman Sports	
& Fitness Center	70م
Platform Tennis	68م
Sports Programs	34م
And much more!	





Revised 01/05/2022

# we're here to help!

Staff initials follow the program description for which they are responsible.

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# our mission

To foster diverse, community-based leisure opportunities, through a harmonious blend of quality recreation programs, facilities, and open space which will enhance the quality of life into the future.

# how to register

### Winter 2022 Registration Dates

**Residents:** 9:00 a.m. Saturday, December 4 **Nonresidents:** 9:00 a.m. Saturday, December 11

#### **Online Registration**

Log onto <u>www.gepark.org/register</u> to sign up for almost any class, program, or event. If you are a new user you must create a new account prior to registering online by clicking "Create an Account" and following the on-screen prompts.

### In Person & Drop Off Registration

Available at the Spring Avenue and Main Street Recreation Centers. For assistance by phone, please call (630) 858-2462.

Monday-Thursday: 8:30am-8:00pm Friday: 8:30am-5:00pm

Saturday: 9:00am-12:00pm

Sunday: Closed

**Special Hours:** Spring Avenue Recreation Center will be closed December 23-25, December 30-31, and January 1, and the registration office will have modified hours of 9:00am to 5:00pm December 20-22 and December 27-29. Main Street Recreation Center will be closed December 20-January 2.

### Mail/Fax Registration

Mail: Glen Ellyn Park District, Registration, 185 Spring Avenue, Glen Ellyn, 60137 Fax: (630) 389-8527

# BOARD of COMMISSIONERS For the Board meeting schedule, visit: gepark.org/board-meetings



Alex Durham President





Kathy Cornell Treasurer



Paul Bischoff Jr.



Ben Stortz





Michael Ward

Rob Weber

WINTER **2022 •** 2

# TABLE of CONTENTS



Adult, AOA, & Senior Interest 24
Dance59
Day Trips 33
Early Childhood Interest12
Events 6
Fitness <b>70</b>
Garden Plots31
Gymnastics 56
Nature 63
Outdoor Skating/Sledding
Park Information78



Platform Tennis68
Policies81
Preschool 9
Program Supervisors 2
Registration 2
Rentals75
Scholarship Program77
Sports
Spring Avenue Dog Park
Youth & Teen Interest15
WDSRA 80





# Spring 2022 Playbook & Summer Camp Guide

# **Coming March 1**

Resident registration for programs and events featured in the Spring & Camp editions will open March 5 at 9 a.m.

Playbooks are available online only at: gepark.org/playbook

#### WINTER 2022 · 3

# Improving our community

# Capital Projects

Coming Soon & Ongoing

# Shoreline Improvements at Lake Ellyn Park

The Glen Ellyn Park District has embarked on the next phase of Lake Ellyn Park improvements. A new shoreline path extending from the Lake Ellyn Boathouse to the fishing pier is under construction thanks to an anonymous donation. The 12-footwide path will feature permeable pavers as well as sections of masonry seat wall. Also included within the project scope is the addition of a concrete ramp to the existing boat ramp north of the Boathouse, bioswale buffer planting, and path lighting. The project is expected to be completed in May 2022, weather permitting.

# **Newton Park Improvements**

This 25-acre park is being renovated with both passive and active recreation opportunities, funded in part by a \$400,000 matching State of Illinois OSLAD grant. Planned enhancements include a new playground, skate park renovation, better connecting sidewalks, and a lacrosse practice wall. Phase 1 - Playground Improvements are underway and construction is anticipated to finish in spring 2022. The playground will have an ADA-inclusive focus, with amenities such as a sensory garden, shade-covered tables, bike racks, and new surfacing.

WINTER 2022 • 4

# Sunset Pool Deck & Shade Canopy

Pool visitors can look forward to an improved seating area in 2022. A shade canopy was recently installed adjacent to the concession building. Underneath, an area previously turf grass was converted to a hardscape plaza with tables.

Completed

# **Co-Op Park Renovation**

Improvements included a new and expanded playground, new site furniture, ADA improvements, and a new park sign. The playground equipment was purchased through a grant opportunity. Construction was executed in April and May, with the new playground opening for Memorial Day weekend. An exciting addition to the neighborhood, to replace and upgrade a playground from 1996.

# Village Green Park Pickleball Court Expansion

As the sport of pickleball continues to increase in participation and interest, the existing tennis court at Village Green was converted to additional pickleball courts. The layout of the new courts was determined in collaboration with representatives of the players. The west half of the courts was striped to have two properly spaced courts, including new nets and posts. This project was completed and opened to the public July 4.

# Village Green Park Back Area

The open grass area beyond baseball fields 3, 4, and 5 has had drainage challenges over the years resulting in reduced usage and maintenance challenges. In collaboration with the Village of Glen Ellyn, drainage from the open space area to Lambert Lake was repaired in the spring and improved drainage has already been observed.

# **Sunset Play Area Improvements**

The small playground within the gates of Sunset Pool had a sand surface below the playground. For the past several seasons, this area has been closed due to sand wasps and rendered unusable. The sand was removed and replaced with a soft blue playground surface in December 2020 and opened to the public during the 2021 pool season.

# **Other Projects**

- Little Libraries have been added to Surrey, Co-Op, and Lake Foxcroft Parks in partnership with the Glen Ellyn Public Library.
- As part of routine asphalt maintenance, the parking lot of Sunset Pool was resurfaced and striped.
- The Newton Park basketball court was repaired and resurfaced with a color coating and new court lines.

WINTER 2022 · 5





After careful consideration, the Glen Ellyn Park District and Glen Ellyn Chamber of Commerce have decided not to offer a Chocolate, Cheese, and Wine Tasting in 2022. With the mask mandate in effect for the foreseeable future, both organizations feel strongly that such an event will be more prudent and enjoyable once the mandate is lifted and look forward to the return of this fun and engaging occasion. Your understanding, adaptability, and continued support is appreciated.

The Donuts with Santa, Candy Cane Hunt, and Polar Express Pajama Party events featured in the Autumn 2021 Playbook are waiting list only. Please visit <u>gepark.org/register</u> and search for the event name to add yourself to the wait list.

Events are subject to change in accordance with the Restore Illinois Plan.



# Toys for Tots Toy Drive with Character Ages: All



Make a child's holiday a little brighter this year by participating in the Toys for Tots Toy Drive with Character. Bring a new, unwrapped toy to meet and take a picture with some of your favorite superheroes and princesses! It'll be a memorable holiday experience and a good deed done as a family. Offered in partnership with The Alliance of Legends. Characters subject to change. (sl)

Date: Sunday, December 5 Time: 1-3pm Location: Ackerman SFC R/NR: Free w/toy donation #/Link: No registration required

# Sports and Fun with Santa

Ages: 3-12

Santa Claus and his elves are taking a sleigh ride break! Team up with Santa's crew for some festive games, activities, and sports. Later, enjoy some pizza and water. It'll be a jolly good time. Min/Max 10/100. (sl)

Date: Saturday, December 18 Time: 11am-1pm Location: Ackerman SFC R/NR: \$20/\$30 #/Link: <u>124605</u> •

# Frozen Fest

Ages: All Meet and greet your favorite Frozen characters at the Polar Plaza in downtown Glen Ellyn. Hot cocoa, coffee, cookies, and a photo opportunity with the characters will be available. Learn to skate lessons will be provided by Center Ice of DuPage for registered participants 4 years of age and older. Bring your own ice skates from home. Frozen Fest is free, but registration is required for both adults and children. This is not a drop-off activity,

all children must be accompanied by an adult. Min/Max: 25/100. (dm/cs)

Date: Saturday, January 15 Time: 10am-12pm Location: Polar Plaza R/NR: Free w/registration #/Link: 124606 •

# Daddy Daughter Dance

Ages: 3-11 w/adult You're cordially invited! This sweet, Valentine's themed occasion is filled with music (thanks to a DJ), dancing, laughing, and making your own ice cream sundaes. Dress up and enjoy a magical evening creating everlasting memories. Corsages with customized ribbon color can be purchased for an additional fee when registering. Though the dance is primarily attended by dads and daughters, moms, sons, and other

> special adults are welcome to get in on the fun. Min/Max: 25/400. (cs)

> > Date: Friday, February 11 Time: 6:30-8:30pm Location: Abbington Banquets R/NR:

\$30/\$35 per person Fee is per person. Every adult and child attending must register.

#/Link: <u>124062</u> •



# Learn to Curl

#### Ages: 8 and up

What is curling? Come out to the Polar Plaza in downtown Glen Ellyn and learn from the Windy City Curling Club. You will learn how to throw a stone, sweep the ice, and basic strategy to get you started. Curling is fun for all ages and no experience or skates required. Reserve your group online (max of 8 per group). (ch)

Date: Sunday, February 6 • R/NR: \$20 per person

#/Link	Time Slot		#/Link	Time Slot	
<u>124624</u>	10-10:45am	•	<u>124628</u>	1-1 <b>:</b> 45pm	•
<u>124625</u>	10:45-11:30am	•	<u>124629</u>	1:45-2:30pm	•
<u>124626</u>	11:30-12:15pm	•	<u>124630</u>	2:30-3:15pm	•
<u>124627</u>	12:15-1pm	•	<u>124631</u>	3:15-4pm	•



# Senior Spring Fling

Ages: 60 and up

Connect and socialize with other active older adults and seniors in the community! Join us for a lively mix and mingle social featuring an "Oldies but Goodies" DJ, crafts, fitness classes, games, and activities like Golden Girls trivia. Snacks and beverages will also be served. Min/ Max: 10/100. (sl)

Date: Saturday, March 19 Time: 3-5:30pm Location: Ackerman SFC R/NR: \$10/\$15 #/Link: <u>124381</u> •



# 2K Glow Run/Walk

On your mark, get set, glow! This 1.25-mile nighttime fun run featuring black bubble lights and color stations is not to be missed. Before and after the race, enjoy a rockin' glow party with a DJ. Pre-race activities start at 7pm and the first wave of runners will take off at 7:45pm. Maximize your glow by wearing as much white or neon as possible. Fee includes t-shirt, glow sticks, and access to pre- and post-race event activities. More information will be emailed to registered participants ahead of race day. Min/Max: 30/400. (sl)

Date: Saturday, April 23 Time: 7-9pm Location: Ackerman Park

#### Register by 4/1 for the Early Bird rate. Price increases on 4/2. The deadline to register is 4/16.

Early Bird R/NR: \$25/\$37 Regular R/NR: \$30/\$42 #/Link: <u>124607</u> •

# HAPPY fitness events and HEALTHY

# New Year's Day Burn

#### January 1, 8-11am Held at Ackerman SFC

Jumpstart your resolution and help make hunger history. Head to Ackerman SFC for a morning of calorie-burning group fitness classes. The "fee" to participate is a nonperishable food item (or toiletry) donation. Donations will benefit the Glen Ellyn Food Pantry. No registration required. For ages 14 and up. (sl)

# Ackerman SFC Open House

#### January 2, 11am-1pm Held at Ackerman SFC

Stop by Ackerman SFC to take part in a variety of fitness and youth classes, tour the facility, and learn about our personal training options. There will also be giveaways for attendees. Anyone that signs up during the Open House will receive one month free on their membership. Free and open to the public. (sl)

# Free Fitness Week at Ackerman SFC

#### January 3 - January 9

Can't make it to the Open House? We're waiving the drop-in fee for the fitness center and most group fitness classes at Ackerman SFC during our "Free Fitness Week," which runs Jan. 3-9. This is your chance to experience the many benefits of a great workout at Ackerman and get your new year off to a healthy start. To take advantage of this special opportunity, just register at the Ackerman SFC front desk during Free Fitness Week. Please note, Cycle, BODYPUMP™, and Spring Avenue Fitness Center/ classes are not included. (sl)

# preschool 2022-2023 School Year



At our Preschool, children learn through an academic and play-based curriculum to facilitate learning concepts including writing, science, vocabulary, numbers, shapes, math, and other cognitive abilities. Program activities serve many developmental purposes; participants learn problem-solving skills and how to sort out and organize new ideas. They develop an understanding of social awareness, and investigate and experiment with new possibilities. The academics incorporated into the program will ensure students are prepared to move to the next level and eventually be Kindergarten-ready.

Our program is a mixture of teacher-guided activities and playtime, with small and large group activities based around a weekly theme. Children engage in fine and large motor skill activities, art projects, music, books, dramatic play, cooking, writing and more. Children also have monthly visits from B#Sharp Music for Children and the Park District Naturalist. Please contact Jeannie Robinson at (630) 942-7267 or jrobinson@gepark.org with questions.

# preschool open house

#### **REGISTRATION REQUIRED**

Register to attend an Open House to visit classrooms, meet teachers, and ask questions. Time slots are available on the days/hours below. Email <u>jrobinson@gepark.org</u> for a link to register. Children are welcome to attend with parents.

#### Main Street Recreation Center

February 2 • Between 6-7:30pm February 5 • Between 9:30-11am

#### Spring Avenue Recreation Center

February 3 • Between 6-7:30pm February 5 • Between 11:30am-1pm

# preschool programs and requirements

### 2-YEAR-OLDS:

Children must be 2 as of Mar. 15, 2022 for the Monday-Thursday classes or as of June 15, 2022 for the Friday class Geared toward having a successful first school-away-from-parent experience while preparing for the three-year-old program. Emphasis is placed on socialization skills and introduction to a structured class. In case of potty accidents, parents will be notified.

# **3-YEAR-OLDS:**

#### Children must be 3 as of Sept. 1, 2022

Geared toward having a successful first school experience. Emphasis is placed on social skills, fine motor skills, shapes, colors, name recognition, following direction, sharing and play. Must be able to use the restroom independently.

# 4-YEAR-OLDS:

Children must be 4 as of Sept. 1, 2022

Designed for developing kindergarten readiness. Emphasis is placed on the development of academics through structured activities, introducing math, lower/upper case letters, letter sound recognition, writing/site words, and developing independence. Must be able to use the restroom independently.

#### **5-YEAR-OLDS:** Children must turn 5 between Sept. 1, 2022 - Jan. 1, 2023

Designed for developing kindergarten readiness. Emphasis is placed on the development of academics through structured activities, simple math, lower/upper case letters, letter sound recognition, writing/site words, punctuation, capitalization, problem solving and developing independence.

#### WINTER 2022 · 9

# registration

Registration will be for the complete school year, September 2022-May 2023.

#### **PRIORITY REGISTRATION** for

returning participants will take place in January. Notifications regarding registration will be sent to current participants after winter break.

**OPEN REGISTRATION** for new families will begin February 7. New this year, families registering for the Preschool Program may do so online at <u>gepark.org/register</u>, or in person at the Spring Avenue or Main Street Recreation Centers. Parents must submit a copy of their child's birth certificate when registering in person. If registering online, birth certificates can be submitted to the office or by email to <u>jrobinson@gepark.org</u> by March 1, 2022. If a copy of your child's birth certificate is not received by March 1, your spot in the selected class may be forfeited.

#### Schedule

The 2022-2023 preschool year begins the week of September 6, 2022 and concludes the week of May 8, 2023. Classes will not meet on legal public holidays as determined by the District 41 school calendar. There may be additional dates, which will be stated in your Glen Ellyn Park District Preschool Calendar.



#### **Payment**

Preschool uses automatic billing/ payments. A separate nonrefundable deposit of \$75 will be required upon registration. The yearly class fee is divided into six equal amounts charged to your credit card or e-check each month July-December. You may also pay for the entire year at registration.

Class	Location	Room	Days/Dates	Time	R/NR Annual or Installment Fees	#/Link
<b>2-Year-Old</b> as of 6/15/22	Spring Avenue	Multi B	Fridays, Sept. 9-May 12	9am-11am	\$611/916.50 annually or \$101.83/\$152.75 six installments	<u>124539</u>
<b>2-Year-Old</b> as of 3/15/22	Spring Avenue	Multi B	M/W, Sept. 7-May 10	9am-11am	\$1,221/\$1,831.50 annually or \$203.50/\$305.25 six installments	<u>124540</u>
<b>2-Year-Old</b> as of 3/15/22	Spring Avenue	Multi B	Tu/Th, Sept. 8-May 11	9am-11am	\$1,221/\$1,831.50 annually or \$203.50/\$305.25 six installments	<u>124541</u>
<b>2-Year-Old</b> as of 3/15/22	Spring Avenue	Multi B	Tu/Th, Sept. 8-May 11	12pm-2pm	\$1,221/\$1,831.50 annually or \$203.50/\$305.25 six installments	<u>124542</u>
3-Year-Old	Main Street	Room 106	Tu/Th, Sept. 6-May 11	8:45am-11:15am	\$1,353/\$2,029.50 annually or \$225.50/\$338.25 six installments	<u>124544</u>
3-Year-Old	Main Street	Room 106	M/W/F, Sept. 7-May 12	8:45am-11:15am	\$2,030/\$3,045 annually or \$338.33/\$507.50 six installments	<u>124543</u>
3-Year-Old	Main Street	Room 204	Tu/Th, Sept. 6-May 11	8:45am-11:15am	\$1,353/\$2,029.50 annually or \$225.50/\$338.25 six installments	<u>124546</u>
3-Year-Old	Main Street	Room 204	M/W/F, Sept. 7-May 12	8:45am-11:15am	\$2,030/\$3,045 annually or \$338.33/\$507.50 six installments	<u>124545</u>
3-Year-Old	Spring Avenue	Preschool Room	Tu/Th, Sept. 6-May 11	8:45am-11:15am	\$1,353/\$2,029.50 annually or \$225.50/\$338.25 six installments	<u>124547</u>
4-Year-Old	Main Street	Room 114	M-Th, Sept. 6-May 11	8:45am-11:15am	\$2,838/\$4,257 annually or \$473/\$709.50 six installments	<u>124548</u>
4-Year-Old	Main Street	Room 204	M-Th, Sept. 6-May 11	12:15pm-2:45pm	\$2,838/\$4,257 annually or \$473/\$709.50 six installments	<u>124549</u>
4-Year-Old	Spring Avenue	Preschool Room	M/W/F, Sept. 7-May 12	8:45am-11:15am	\$2,129/\$3,193.50 annually or \$354.83/\$532.25 six installments	<u>124551</u>
4-Year-Old	Spring Avenue	Preschool Room	M-Th, Sept. 6-May 11	12:15pm-2:45pm	\$2,838/\$4,257 annually or \$473/\$709.50 six installments	<u>124550</u>
5-Year-Old	Main Street	Room 106	M-F, Sept. 6-May 12	12:15pm-2:45pm	\$3,713/\$5,569.50 annually or \$618.83/\$928.25 six installments	<u>124552</u>



Preschool Playtime

#### AFTER SCHOOL PROGRAM

#### Ages: 3-4

This structured after school playtime program at Main Street Recreation Center (Room 114) includes free play, crafts, games, and gym time for your little one to further explore school. Register from one to four days per week for the full school year. Billing is on a monthly basis, beginning September 1. Space is limited per day. Please choose your day(s) upon registration.

Priority registration for Preschool Playtime will take place for current families in January. Registration forms are available at Spring Avenue or Main Street Recreation Centers, or by emailing <u>jrobinson@gepark.org</u>. Registration for new families will open February 7 and may also be completed online. Min/Max: 8/12. (jr)

#### Full School Year (32 Weeks)

#### **R/NR**-\$560/\$840

#/Link	Day	Date	Time
<u>124558</u>	Μ	Sept. 12-May 8	11:45am-2:15pm
<u>124559</u>	Tu	Sept. 13-May 9	11:45am-2:15pm
<u>124560</u>	W	Sept. 14-May 10	11:45am-2:15pm
<u>124561</u>	Th	Sept. 15-May 11	11:45am-2:15pm



Kindergarten Enrichment

Ages: 5-6 (must be born by September 1, 2017, and enrolled in Kindergarten)

The Glen Ellyn Park District offers a quality enrichment experience for kindergarten-age children attending half-day Kindergarten. This popular program, held at Main Street Recreation Center (Room 304), is designed to enrich and enhance the regular district Kindergarten program in the areas of motor skills, language arts, music, and creative arts. The goal is to allow each child to mature academically and socially in a creative, encouraging, and challenging learning environment.

Classes offer a balance of both structured and unstructured activities. Activity areas to choose from include blocks, quiet time, dramatic play, small and large motor activities as well as areas for music, art, literacy, and science/discovery. We will provide a space for kids to eat lunch after (AM) or prior (PM) to KE. Please send a sack lunch if you plan to have your child eat lunch at KE.

Priority registration for Kindergarten Enrichment will take place for current families in January. Registration for new families will open February 7 and may also be completed online. Min/Max: 8/12. (jr)

**R/NR**-\$1,782/\$2,673 annually or \$297/\$445.50 six installments Plus a separate \$75 nonrefundable deposit.

#/Link	Day	Date	Time
<u>124555</u>	Tu & Th	Sept. 6-May 11	8:45am-11:30am
<u>124556</u>	Tu & Th	Sept. 6-May 11	12:30pm-3:15pm
<u>124553</u>	M & W	Sept. 7-May 10	8:45am-11:30am
<u>124554</u>	M & W	Sept. 7-May 10	12:30pm-3:15pm

WINTER 2022 • II



# early childhood interest

#### who to contact:

(cs) Chad Shingler, <u>cshingler@gepark.org</u>(dm) David MacDonald, <u>dmacdonald@gepark.org</u>

#### registration tip

If the class you want is full, add yourself to the waitlist (it's free). If you are on a waiting list and a spot becomes available, we will contact you. It is a good idea to put your name on the waiting list; but, this does not ensure that you will be admitted into the class.





#### WEE HEART MUSIC

# **Music Together Family Class**

Ages: Birth to 5 years

Enjoy nine weeks of music, movement, learning, and growth as you sing, dance, and play musically together. Each semester introduces a new song collection. Tuition includes materials for at home listening and play. There is a \$50 discount for the second child. Location: Spring Avenue Recreation Center. Min/Max: 5/12. (cs)

#/Link	Day	Date	Time	R/NR
<u>124006</u>	Μ	1/10-3/7	9:15-10am	\$190/\$285 •
<u>124007</u>	Μ	1/10-3/7	10:15-11am	\$190/\$285 •
<u>124008</u>	Μ	1/10-3/7	11:15am-12pm	\$190/\$285 •
<u>124009</u>	Th	1/13-3/10	9:15-10am	\$190/\$285 •
<u>124010</u>	Sa	1/15-3/12	9:15-10am	\$190/\$285 •
<u>124011</u>	Sa	1/15-3/12	10:15-11am	\$190/\$285 •

#### **ROCK N' KIDS**

### **Tot & Kid Rock**

#### Ages: 1-5

This interactive, parent/child class has everyone on their feet. We all learn together while engaging in fun, creative, music-based activities, while using rhythm instruments and movement props. All class procedures are designed to keep staff and students safe. Activities are age appropriate by class and include songs and rhymes, rhythm and coordination, fine and gross motor, imagination and sensory, listening and following directions skills. Location: Main Street Recreation Center. Min/Max: 4/20. (cs)

#/Link	Day	Date	Time	R/NR	
Tot Rock:	12-23 m	onths with adul	t		
<u>124034</u>	F	1/14-2/11	9:30-10:10am	\$60/\$95	•
<u>124035</u>	F	2/25-3/25	9:30-10:10am	\$60/\$95	•
Kid Rock I	: 2-3 wi	th adult			
<u>124036</u>	F	1/14-2/11	10:15-10:55am	\$60/\$95	•
<u>124037</u>	F	2/25-3/25	10:15-10:55am	\$60/\$95	•
Kid Rock I	II: 1-5 w	ith adult			
<u>124038</u>	F	1/14-2/11	11-11:40am	\$60/\$95	•
<u>124039</u>	F	2/25-3/25	11-11:40am	\$60/\$95	•

# MUSICREATORS Sing & Clap with Me

Ages: 1-4

Each music class is filled with fun and developmentally appropriate activities that will stimulate your child's imagination and improve their increasing vocabulary. Singing songs your child will gain independence, confidence, and learn self-expression. Using percussion instruments, scarves, hoops, and stick ponies; you will move with your child enjoying music time together while improving their gross and fine motor coordination. Every session is filled with new songs and new activities and many wonderful instruments. Location: Main Street Recreation Center. Min/Max: 5/12. No class 2/8 or 3/29. (cs)

#/Link	Day	Date	Time	R/NR	
<u>124077</u>	Tu	1/11-2/22	9:45-10:15am	\$80/\$115	•
<u>124078</u>	Tu	1/11-2/22	10:30-11am	\$80/\$115	•
<u>124079</u>	Tu	3/1-4/12	9:45-10:15am	\$80/\$115	٠
<u>124080</u>	Tu	3/1-4/12	10:30-11am	\$80/\$115	٠

# MUSICREATORS Songs of The Season

#### Ages: 3-5

Nurture growing independence through singing, instrument playing, chants and rhymes, listening activities, group dancing, literature and stories that are creatively brought to life on xylophones and percussion instruments. Musical concepts (tempo, dynamics, and steady beat) are taught through songs, stories, movement and instrumentation activities that are hands-on and centered on the current season, outdoor fun and nature. This is a parent/child class. Location: Main Street Recreation Center. Min/Max: 5/10. No class 2/8 or 3/29. (cs)

#/Link	Day	Date	Time	R/NR	
<u>124081</u>	Tu	1/11-2/22	11:15-11:55am	\$90/\$132	•
<u>124082</u>	Tu	3/1-4/12	11:15-11:55am	\$90/\$132	•

#### EARLY CHILDHOOD INTEREST



#### **T-REXPLORERS**

### **Dino Hour**

#### Ages: 3-5 with adult

Bring your little one for an hour of dinosaur discovery fun. They will see real dinosaur fossils, listen to a story, make a craft to take home, and dig in the sand to assemble dinosaur puzzle pieces. Registration closes one week prior to class start date. Location: Main Street Recreation Center. Min/Max: 6/12. (dm)

#/Link	Dav	Date	Time	R/NR	
124298	Sa	1/8	10-11am	\$35/\$53	
124299	Sa	1/8	11:30am-12:30pm	\$35/\$53	•
124305	W	2/23	4:30-5:30pm	\$35/\$53	•

# SHINING STAR PRODUCTIONS Little Actors Club

#### Ages: 3-6

Children love this innovative drama class that develops their imagination and introduces little actors to the performing arts in a fun and creative atmosphere. Each week is an exciting adventure into the imagination with changing themes, music, and games. Club members learn theatre terms and gain enhanced spontaneity, creativity, and self-esteem. Themes for upcoming classes will be announced on a weekly basis. Most themes are not repeated for two years. Location: Main Street Recreation Center. Min/Max: 6/10. (cs)

#/Link	Day	Date	Time	R/NR	
<u>123994</u>	W	1/12-2/9	5:30-6:15pm	\$65/\$100	•
<u>123998</u>	Th	1/13-2/10	12:30-1:15pm	\$65/\$100	•
<u>123995</u>	W	2/16-3/16	5:30-6:15pm	\$65/\$100	•
<u>123999</u>	Th	2/17-3/17	12:30-1:15pm	\$65/\$100	•

# Safe Kids

#### Ages: 3-5

This interactive class focuses on thinking safely and making safe choices in and around the home. Kids learn what to do in an emergency, when to call 911, and how to deal with strangers. Each child receives a safety packet to take home. Registration closes one week prior to class start date. Location: Spring Avenue Recreation Center. Min/Max: 6/10. (dm)

#/Link	Day	Date	Time	R/NR	
<u>124290</u>	Tu	3/8	4:15-5:15pm	\$25/\$37	•

# Safe Kids with First Aid

Ages: 3-5

Safety and first aid go hand in hand. Children learn simple rules to think safely and make safe choices at home and away. We also present basic first aid information including treatment of small cuts, bumps, bruises, nosebleeds, minor burns, and more. Each child receives a safety packet and creates a small first aid kit to take home. Registration closes one week prior to class start date. Location: Spring Avenue Recreation Center. Min/Max: 6/10. (dm)

Code	Day	Date	Time	R/NR	
124297	Tu	3/15	4:15-5:15pm	\$25/\$37	•

### DISCOVERY LANGUAGE

# **Introduction to Spanish**

Ages: 3-6

Discovery introduces the Spanish language in a recreational and simple format. Students will be given an "ear" for pronunciation and build confidence in speaking and learning about another language. Students will learn "everyday" language via repetition, games, songs, and hands-on activities. Each class is progressive and adaptable according to the ability of the student. Students receive materials for them to keep. Location: Main Street Recreation Center. Min/Max: 5/12. (dm)

#/Link	Day	Date	Time	R/NR	
124355	Μ	1/10-2/14	4:30-5:15pm	\$95/\$115	•
<u>124356</u>	Μ	2/21-3/28	4:30-5:15pm	\$95/\$115	•



# youth and teen interest

#### who to contact:

- (cs) Chad Shingler, <a href="mailto:cshingler@gepark.org">cshingler@gepark.org</a>
- (dm) David MacDonald, <u>dmacdonald@gepark.org</u>
- (rf) Renae Frigo, <u>rfrigo@gepark.org</u>
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# **Tween Night**

#### Ages: 8-12

Get out and have fun! Tweens will take over the gym and turf at Ackerman SFC for a night of sports, games, and other fun activities. We will have pizza and water for all participants. Parents must accompany their kids for check-in and check-out. Location: Ackerman SFC. Min/Max: 20/100. (sl)

#/Link	Day	Date	Time	R/NR	
124162	F	3/18	4:30-7:30pm	\$25/\$40	•

# **Sports & Fun with Santa**

Ages: 3-12

Santa Claus and his elves are taking a sleigh ride break! Team up with Santa's crew for some festive games, activities, and sports. Later, enjoy some pizza and water. It'll be a jolly good time. Location: Ackerman SFC. Min/Max 10/100. (sl)

#/Link	Day	Date	Time	R/NR	
124605	Sa	12/18	11am-1pm	\$20/\$30	•

#### **MYPLATE2YOURS**

### Kids Can Cook

Ages: 6-11

When kids cook, they learn life skills, and practice math and science. In this class, nutrition and kitchen skills are taught. At the end of the session, your child will sample two delicious recipes, understand the benefits of good nutrition, and have the confidence that kids can cook. Location: Spring Avenue Recreation Center. Min/Max: 6/12. (dm)

1/19: Cheesy Eggs in a Hole and No-Bake Peach Crisp

2/9: Chicken and Potato Packets and Antipasto Skewers

3/9: Leprechaun Green Apple Smoothie and Hint-o-Green Teriyaki Chicken Stir Fry

Day	Date	Time	R/NR	
W	1/19	4-5:30pm	\$35/\$48	•
W	2/9	4-5:30pm	\$35/\$48	•
W	3/9	4-5:30pm	\$35/\$48	•
	w w	W 1/19 W 2/9	W         1/19         4-5:30pm           W         2/9         4-5:30pm	W         1/19         4-5:30pm         \$35/\$48           W         2/9         4-5:30pm         \$35/\$48

#### MAGIC BY GARY KANTOR

# Abracadabra: Magic Class

#### Ages: 5-12

Children are guaranteed a great time as they learn ageappropriate tricks using cards, ropes, coins, mind-reading and more. The tricks appear difficult but are easy to learn and perform. All materials are provided; each child receives a magic kit to take home. Sign up for more than one session and learn new tricks each time. Location: Spring Avenue Recreation Center. Min/Max: 5/25. (dm)

#/Link	Day	Date	Time	R/NR	
<u>124357</u>	Th	1/27	4-4:55pm	\$22/\$33	•
<u>124358</u>	Μ	3/14	6:45-7:40pm	\$22/\$33	•



# **Babysitting for Success**

#### Ages: 10-15

Be the best babysitter you can be. In this class, students engage in discussion, role playing, and practical experiences to learn diapering, feeding, playing with children, child development, handling emergencies, and first aid. Students should bring a snack and a doll to class. Students are awarded certificates upon completion. Resource materials are included. Location: Spring Avenue Recreation Center. Min/Max: 8/12. (dm)

#/Link	Day	Date	Time	R/NR	
<u>124317</u>	Tu/Th/Tu	2/8-2/15	5-8pm (5-7pm on 2/15)	\$80/\$120	•

# Ackerman Arts & Crafts

#### Ages: 4-12

Young makers will dabble in all kinds of activities to spark their creativity such as paper art, jewelry making, clay sculpting, and more. Every session, we pick new kidfriendly projects themed around the season or holiday. All materials are provided. The best part? Kids take home their projects, but the mess stays at Ackerman. Location: Ackerman SFC. Min/Max: 5/25. (sl)

#/Link	Day	Date	Time	R/NR	
124097	Su	1/9-2/13	10-10:45am	\$50/\$65	•
<u>124161</u>	Su	2/20-3/27	10-10:45am	\$50/\$65	•

#### CHERYL RAUSCH ART

# Draw Your Favorite Furry Friend

Ages: 5-11

Create a colorful work of art of your favorite furry friend using colored pencil. Bring a color copy or photograph of your pet or animal of interest as a reference and the instructor will help you with the rest. Learn basic techniques to help bring your artwork to life. All supplies will be provided. Location: Spring Avenue Recreation Center. Min/Max: 5/15. (cs)

#/Link	Day	Date	Time	R/NR	
124083	Sa	1/8	10-11:30am	\$43/\$58	•

#### **CHERYL RAUSCH ART**

#### Procreate 101

#### Ages: 12-17

Go beyond traditional art making and discover the world of digital illustration. Procreate for the iPad is among the most popular and user-friendly digital illustration programs available for both amateur and professional artists alike. Learn the basics of this amazing app so you can create your own digital sketch, painting or design. Each artist must have their own iPad & Apple Pencil with the Procreate App installed. Location: Spring Avenue Recreation Center. Min/Max: 5/15. (cs)

#/Link	Day	Date	Time	R/NR	
<u>124086</u>	Th	1/6	6:30-8:30pm	\$43/\$58	٠

#### CHERYL RAUSCH ART

# Fun with Photography

#### Ages: 12-17

Learn design, layout, and shooting tips when photographing on your phone or DSLR camera. Bring your camera with you and get ready to listen - then practice what you've learned. Required: each attendee must have their own camera and a basic knowledge of how to work with their equipment. Location: Spring Avenue Recreation Center. Min/Max: 5/15. (cs)

#/Link	Day	Date	Time	R/NR	
<u>124088</u>	W	2/2	6:30-8:30pm	\$43/\$58	•

# CHERYL RAUSCH ART

# **Express Yourself!**

#### Ages: 5-11

Create expressive art that shows how you feel about anything and everything. What does happiness look like to you? Do you ever "feel blue" when you're sad? Do you ever "see red" when you're angry? Using color and shapes as your guide, you will learn how to translate those emotions onto paper. All supplies will be provided. Location: Spring Avenue Recreation Center. Min/Max: 5/15. (cs)

#/Link	Day	Date	Time	R/NR	
<u>124084</u>	Sa	2/5	10-11:30am	\$43/\$58	•

#### **CHERYL RAUSCH ART**

# **Create Your Self Portrait**

#### Ages: 5-17

How do you see yourself? As a princess, warrior, sports legend, or something completely different? Using colored pencils, you will create a portrait of yourself that shows who you are both inside and out. Learn basic techniques to help bring your artwork to life. Location: Spring Avenue Recreation Center. Min/Max: 5/15. (cs)

#/Link	Age	Day	Date	Time	R/NR	
124085	5-11	Th	3/3	6:30-8pm	\$43/\$58	•
<u>124089</u>	12-17	Sa	3/5	10am-12pm	\$58/\$83	•

# Sew Simple: Hand Sewing Class

#### Ages: 5-8

The art of sewing helps children develop their fine motor skills, practice patience, and build confidence. Learn hand sewing as you make fun projects with step-by-step instructions. Participants will learn various hand stitches, how to thread a needle, and how to sew on a button in this beginner level class. Location: Spring Avenue Recreation Center. Min/Max: 2/8. (dm)

#/Link	Project	Day	Date	Time	R/NR	
124359	Snowman	Tu	1/11	4-5:30pm	\$25/\$38	•
<u>124360</u>	Heart	Tu	2/8	4-5:30pm	\$25/\$38	•
<u>124361</u>	Shamrock	Tu	3/8	4-5:30pm	\$25/\$38	•

# Machine Sewing for Beginners

Ages: 7-13

Sewing beginners will expand their creativity by learning how to operate a sewing machine while making a small project to take home. The basic skills taught in this class will provide a great foundation for other sewing classes and projects. Bring your own sewing machine or use ours. All supplies provided. Location: Spring Avenue Recreation Center. Min/Max: 2/8. (dm)

#/Link	Day	Date	Time	R/NR	
124362	F	1/7	4:15-6pm	\$45/\$60	•

# Sew for You and Your Pet: Machine Sewing

#### Ages: 7-13

Treat your favorite pet with a cute winter gift while strengthening your sewing skills! Create a collar kerchief or snuggly using a sewing machine in this one-day workshop. Bring your sewing machine or use one of ours. All supplies provided. Prior sewing machine experience is recommended. Location: Spring Avenue Recreation Center. Min/Max: 2/8. (dm)

#/Link	Day	Date	Time	R/NR	
<u>124363</u>	Th	1/13	4-6pm	\$50/\$65	•

# Create a Fleece Hat: Machine Sewing

Ages: 7-13

Show 'em you are someone that wears many hats this winter! Flex your sewing skills and create your own fleece hat using a sewing machine in this one-day workshop. Bring your own sewing machine or use ours. All supplies provided. Prior sewing machine experience is recommended. Location: Spring Avenue Recreation Center. Min/Max: 2/8. (dm)

#/Link	Day	Date	Time	R/NR	
<u>124364</u>	Tu	1/18	4:15-6pm	\$50/\$65	•

# Sew Eco-Friendly Lunchbox: Machine Sewing

Ages: 7-13

Take a bite out of lunchroom waste and create your own reusable lunch box containers to keep food fresh. In this one-day class, you will sew a cute and simple lunchbox using a sewing machine that you will proudly take to school. Prior sewing machine experience is recommended. Location: Spring Avenue Recreation Center. Min/Max: 2/8. (dm)

#/Link	Day	Date	Time	R/NR	
<u>124365</u>	Th	1/20	4-6pm	\$50/\$65	•

# Doll Quilt Sewing: Machine Sewing

#### Ages: 6-10

Keep your favorite doll or stuffed animal warm this winter with a handmade quilt. In this two-session class, participants will sew a doll-sized quilt using a sewing machine. Bring your own sewing machine or use one of ours. Fabric and supplies provided. Location: Spring Avenue Recreation Center. Max/Min: 2/8. (dm)

#/Link	Day	Date	Time	R/NR	
<u>124366</u>	Th	2/17-2/24	4-5:30pm	\$100/\$125 •	

# Pillow Reading Buddy: Machine Sewing

#### Ages: 10-13

Make reading time more comfortable and create a custom reading pillow. Using a sewing machine, you will make a functional pillow equipped with a pocket to tuck away your favorite book, perfect for taking trips or lounging around the house. Fabric and supplies will be provided. Location: Spring Avenue Recreation Center. Min/Max: 2/8. (dm)

#/Link	Day	Date	Time	R/NR
124367	Th	3/3-3/10	4:15-6pm	\$100/\$125 •



### MONICA CORBETT Piano for Kids: Beginners

Ages: 5-8

Young children, new to the piano, require engaging, age-appropriate instruction combined with whole body movement that inspires a fun and solid understanding of musical concepts. Students will experience movement, singing games, finger exercises and imaginative stories as they apply what they learn to playing the piano. Students should have a piano or keyboard at home. An iPad is helpful but not necessary for additional at-home practice. A \$15 materials fee is due the first day of class. Students will showcase their work in a Spring Recital on April 19, 2022. Location: Main Street Recreation Center. Min/Max: 1/6. No class 2/21, 2/28, 3/14, or 3/28. (cs)

#/Link	Age	Day	Date	Time	R/NR
<u>124185</u>	5-7	Μ	1/31-4/18	4:15-5pm	\$160/\$200 •
<u>124186</u>	5-7	Μ	1/31-4/18	5:15-6pm	\$160/\$200 •
<u>124187</u>	6-8	Μ	1/31-4/18	6:15-7pm	\$160/\$200 •

#### **MONICA CORBETT**

# Piano for Kids: Private Lessons

#### Ages: 6-14

In-person 1:1 private and 2:1 semi-private lessons are available with Ms. Monica. Private lessons are also available in a hybrid in-person/online format. All students will participate in a Spring Recital on April 19, 2022. Please see the online description for more information. No class 1/18, 1/20, 3/29, or 3/31. (cs)

#/Link [	Day	Date	Time	R/NR
Semi-Private				
<u>124188</u>	Гu	1/11-4/12	4:30-5pm	\$300/\$438 •
Private: In-Per	rson			
<u>124189</u>	Гu	1/11-4/12	4-4:30pm	\$380/\$560 •
<u>124190</u>	Гu	1/11-4/12	5-5:30pm	\$380/\$560 •
<u>124191</u>	Гu	1/11-4/12	5:30-6pm	\$380/\$560 •
<u>124192</u>	Гu	1/11-4/12	6-6:30pm	\$380/\$560 •
<u>124193</u>	Гu	1/11-4/12	6:30-7pm	\$380/\$560 •
<u>124194</u>	Гu	1/11-4/12	7-7:30pm	\$380/\$560 •
Private: In-Per	rson/On	line Hybrid		
<u>124195</u>	Гh	1/13-4/14	4-4:30pm	\$380/\$560 •
<u>124196</u>	Γh	1/13-4/14	4:30-5pm	\$380/\$560 •
<u>124197</u>	Γh	1/13-4/14	5-5:30pm	\$380/\$560 •
<u>124198</u>	Γh	1/13-4/14	5:30-6pm	\$380/\$560 •
<u>124199</u>	Γh	1/13-4/14	6-6:30pm	\$380/\$560 •
<u>124200</u>	Γh	1/13-4/14	6:30-7pm	\$380/\$560 •
<u>124201</u>	Гh	1/13-4/14	7-7:30pm	\$380/\$560 •





### SHINING STAR PRODUCTIONS

# **Young Actors Club**

#### Ages: 6-8

This fast-paced drama class is a new and exciting adventure into the imagination with changing themes, music, and games. You'll even learn a short song and a new joke every week. Learn theater terms, enhance spontaneity, build selfesteem, and have a blast. Themes for upcoming classes will be announced on a weekly basis. Every session is different, and most themes are not repeated for two years. Location: Main Street Recreation Center. Min/Max: 6/10. (cs)

#/Link	Day	Date	Time	R/NR	
<u>124002</u>	W	1/12-2/9	6:30-7:15pm	\$65/\$100	•
<u>124003</u>	W	2/16-3/16	6:30-7:15pm	\$65/\$100	•

# **Mini Actors**

#### Ages: 6-8

Does your child love to perform? This class will teach them the fundamentals of acting, movement, voice for the stage, and many other theatre techniques. Each class will be filled with games and exercises to encourage creativity and engagement. A short performance on the last day of class will give the kids their time to shine. Location: Main Street Recreation Center. Min/Max: 4/20. (cs)

#/Link	Day	Date	Time	R/NR	
124040	Μ	1/10-2/7	4:45-5:30pm	\$50/\$65	•
<u>124041</u>	Μ	2/14-3/14	4:45-5:30pm	\$50/\$65	•

# **Theatre Prep**

Ages: 9-15

Working with scenes and other theatre materials, students will learn more advanced acting, voice, and movement techniques. This class will work with games and theatrical exercises, all geared towards getting your actor ready for the stage. We will finish the session with a short performance for family and friends. Location: Main Street Recreation Center. Min/Max: 4/20. (cs)

#/Link	Day	Date	Time	R/NR	
124043	Μ	1/10-2/7	5:45-6:30pm	\$50/\$65	•
<u>124044</u>	М	2/14-3/14	5:45-6:30pm	\$50/\$65	•

# **Theatre Improv & Games**

#### Ages: 8-13

This class will be full of acting games, high energy movement, and different techniques to expand your creativity and comfort. Participants will learn fundamentals of improvisation and work together to create unscripted fun. Location: Main Street Recreation Center. Min/Max: 4/20. (cs)

#/Link	Day	Date	Time	R/NR	
<u>124045</u>	Μ	1/10-2/7	6:45-7:30pm	\$50/\$65	•
<u>124046</u>	Μ	2/14-3/14	6:45-7:30pm	\$50/\$65	•

# GLEN ELLYN THEATRE COMPANY Spring Production: Seussical JR.



Ages: 7-18 Glen Ellyn Theatre Company is a recreational theatre program that creates quality theatre programs with young actors. Ageappropriate musicals, suitable for family viewing, are performed.

This season's production, Seussical JR., is inspired by the one and only Dr. Seuss. The Cat in the Hat narrates the story of Horton the Elephant, who discovers a speck of dust containing tiny people called the Whos. Horton must protect the Whos from a world of naysayers and dangers, and he must also guard an abandoned egg that's been left in his care by the irresponsible Mayzie La Bird. Although Horton faces ridicule, danger and a trial, the intrepid Gertrude McFuzz never loses faith in him. Ultimately, the powers of friendship, loyalty, family, and community are

challenged and emerge triumphant. (cs)

Auditions: Offered on December 15 and December 16 at Main Street Recreation Center. Registration is required and can be completed online at <u>gepark.org/</u> <u>register</u> (type Seuss into the Activity Search Bar). There is no fee to audition.

**Casting & Participation Fee:** All who are cast after auditions must pay a participation fee (\$250 for residents, \$275 for nonresidents) prior to the first rehearsal. Fee includes a t-shirt and cast party after the show.

**Rehearsals:** January 5-March 10, Wednesdays and Thursdays, 5:30-8pm. Some actors may not be called every rehearsal and a call sheet will



be sent out weekly. Additional Dance calls will take place January 22, February 5, and February 26 from 9am-12pm. Rehearsals are held at Main Street Recreation Center. Tech week will take place March 14-March 17 and will require all actors. A parent and all cast meeting will take place shortly after rehearsals begin.

**Performances:** March 18, 19, and 20. Parents will be asked to volunteer for the production. Tickets will be sold at an additional cost and costumes will need to be provided by participants closer to the performances. Min/Max: 10/50.

# Audition Workshop: Seussical JR.

#### Ages: 7-18

This is a supplemental class for participants preparing to register to audition for the Seussical JR. production. Amateur actors will learn all about the audition process as well as techniques to use when you try out for a theatre production. This workshop is designed to help our actors feel more confident and prepared. Audition materials will be supplied during the workshop. Location: Main Street Recreation Center. Min/Max: 6/20. (cs)

#/Link	Day	Date	Time	R/NR	
<u>124175</u>	W	12/8	6-7:30pm	\$10/\$15	٠
<u>124176</u>	Th	12/9	5:30-7pm	\$10/\$15	٠



#### YOUTH & TEEN INTEREST





# BRICKS 4 KIDZ LEGO® STEM Workshop: Transportation Timeline

Ages: 5-9

Students will explore the history of transportation from horse and buggy to the development of the automobile and flight. Each lesson introduces terminology related to each mode of transportation, like "lift and propulsion" for the airplane, as well as describes how each "vehicle" works. Students will use our proprietary project kits and model plans to build exciting moving LEGO® creations that incorporate gears, axles, motors and battery packs. Students create their vehicle, then customize it to their own specifications and take a mini-figure for a ride. Location: Main Street Recreation Center. Min/Max: 8/18. (dm)

#/Link	Day	Date	Time	R/NR	
<u>124368</u>	Μ	2/28-3/21	4:45-5:45pm	\$75/\$100	•

# BRICKS 4 KIDZ LEGO® STEM Workshop: Simple Machines

#### Ages: 5-9

Delve into the world of simple machines. Students will learn all about different simple machines like levers, pulleys, and inclined planes, and then get to build their own simple machines completely out of LEGO® bricks. Students will use our proprietary kits and model plans to construct exciting moving models. Our one-of-a-kind models incorporate gears, axles, pulleys, motors, and battery packs. We will discover all the simple machines that we use in our everyday lives. Location: Main Street Recreation Center. Min/Max: 8/18. (dm)

#/Link	Day	Date	Time	R/NR	
124369	Μ	4/11-5/2	4:30-5:30pm	\$75/\$100	•





#### **GLITZY GIRLZ**

# **Unicorn Rainbow Princess Glam**

#### Ages: 3-9

Escape the winter blues with some fantasy fun. Staff will pamper kids with a make-over (crown updo, hair sparkle, make-up) and manicure complete with unicorn nail stickers. They will also assist in designing a unique craft with unicorn and princess touches, paints, jewels, and embellishments. Each child will design a charming, beaded bracelet with princess/unicorn dangle. A cute fashion show complete with props ends the night and parents can come back for photos. Location: Spring Avenue Recreation Center. Min/Max: 5/20. (cs)

#/Link	Day	Date	Time	R/NR	
<u>123992</u>	Th	2/3	6-7pm	\$38/\$55	•

# DUNHAM WOODS FARM Horsemanship for Kids

Ages: 10-17

Join in the fun with beginning riding lessons. Participants will explore the proper ways to groom, tack, and handle horses. In the saddle, you will learn the basics of riding at the walk and trot. Lessons will be held in our indoor arena during inclement weather. Make up class held at the end of the 6 weeks. First day of class is orientation and groundwork. Riders should wear jeans or Jodhpur pants and hard soled riding or hiking boots with a small, low heel. Must have an approved riding helmet or bicycle helmet to ride. Location: Dunham Woods Farm, Elgin. Min/Max: 1/4. (dm)

#/Link	Day	Date	Time	R/NR	
<u>124354</u>	Sa	1/22-2/26	1:30-2:30pm	\$171/\$256	•

# LISA LOMBARDI Celebration Self-Esteem and Leadership Lab

#### Ages: 7-13

This self-esteem building experience offers incredible activities and games to boost your children's gifts and talents for 2022. Through wacky dramatizations and experiences, kids will have a chance to cultivate self-worth and will not even realize they are working on it. What to expect: Splat Ball Scatter, Resilient Rubber Bands, Lollipop Marathon, and so much more. Location: Spring Avenue Recreation Center. Min/Max: 7/15. (dm)

#/Link	Day	Date	Time	R/NR	
<u>124325</u>	Sa	1/15	11am-12pm	\$27/\$37	•

# LISA LOMBARDI Valen-Slime: A Stretchy Thinking Slime Lab

Ages: 7-13

Have the slime of your life making Valentine's Day themed slime. Customize your slime in the concoction center to smell like gourmet chocolates, fresh cut roses, or chocolate covered strawberries. Then, color it to be vibrant with the colors known for Cupid's Day. Kids take their slime home. Bonus: Attendees will receive a life coaching lesson on greed, gratitude, love, and removing winter worries. Location: Main Street Recreation Center. Min/Max: 7/15. (dm)

#/Link	Day	Date	Time	R/NR	
124348	Tu	2/8	4:30-5:30pm	\$28/\$38	•

#### LISA LOMBARDI

# The Thrills and Chills of Spring Ice Cream

Ages: 5-12

Making and eating ice cream is a tasty way to introduce early chemistry teachings to children and helps build self-esteem. Kids can become experts on this billiondollar industry as they make a batch of homemade springthemed ice cream. We will explore the science and history of beloved amusement park treats, Dippin' Dots, waffle cones, and the first novelty ice cream bar, the Eskimo Pie. Then, we'll sit down for the most outrageous ice cream eating contest in town. Souvenirs included. Location: Main Street Recreation Center. Min/Max: 7/15. (dm)

#/Link	Day	Date	Time	R/NR	
124353	Tu	3/15	4:30-5:30pm	\$28/\$38	•

# **Bugsicles**

Ages: 3-12 (ages 3-4 with adult)

Did you know that some insects stay active in the winter? Dragonfly nymphs slowly cruise around under the frozen ponds, snow fleas surface from the soil on sunny days, and sowbugs huddle under logs. We'll go on a winter hike in search of cold-tolerant insects and other interesting invertebrates. Dress for the weather. Location: Ackerman Park. Min/Max: 5/14. (rf)

#/Link	Day	Date	Time	R/NR	
<u>124594</u>	Sa	1/8	1-2pm	\$10/\$15	•





# adult, aoa and senior interest

#### who to contact:

- (cs) Chad Shingler, <u>cshingler@gepark.org</u>
- (dm) David MacDonald, <u>dmacdonald@gepark.org</u>
- (sl) Stacey Lim, <u>slim@gepark.org</u>





# adult interest

#### **CHERYL RAUSCH ART**

### **Procreate 101**

#### Ages: 18 and up

Digitize your art skills with Procreate for the iPad! This app is among the most popular and user-friendly digital illustration programs available for both amateur and professional artists alike. Learn the basics of Procreate so you can create your own digital sketches, paintings and designs from start to finish. Each artist must have their own iPad & Apple Pencil with the Procreate App installed. Location: Spring Avenue Recreation Center. Min/Max: 5/15. (cs)

#/Link	Day	Date	Time	R/NR	
<u>124087</u>	W	1/12	6:30-8:30pm	\$43/\$58	•

#### CHERYL RAUSCH ART

# **Creating Landscapes in Watercolor**

#### Ages: 18 and up

Find out how to work with and enjoy the flexible and beautiful watercolor medium. Using tips and techniques acquired throughout this class, you will create your own landscape painting. All supplies will be provided. Location: Spring Avenue Recreation Center. Min/Max: 5/15. (cs)

#/Link	Day	Date	Time	R/NR	
<u>124091</u>	Sa	2/19	10am-12pm	\$58/\$83	•

#### **CHERYL RAUSCH ART**

# Learn Action Photography

#### Ages: 18 and up

Is it all a blur when you try to photograph a moving person and object? Capture the action clearly with your own camera with professional photographer Cheryl Rausch's proven techniques and tricks. Each attendee must have their own camera and a basic knowledge of how to work with their equipment. Location: Spring Avenue Recreation Center. Min/Max: 5/15. (cs)

#/Link	Day	Date	Time	R/NR Fee	
124090	Sa	3/19	10am-12pm	\$58/\$83	•

# Learn to Sew: Machine Sewing Class

#### Ages: 14 and up

Always wanted to sew or just want to be able to mend clothing and operate your machine? Join us as we sew a simple pillow and hot pad in this 2-session class. Snacks will be provided. Feel free to bring your own refreshments. Bring your own machine or use ours. Location: Spring Avenue Recreation Center. Min/Max: 2/6. (dm)

#/Link	Day	Date	Time	R/NR	
<u>124503</u>	Th	1/27-2/3	6:30-8:30pm	\$100/\$125	•

# **Community CPR/First Aid**

#### Ages: 15 and up

This Jeff Ellis and Associates certification class includes training and certification for CPR and AED use for adults, children, and infants along with first aid techniques. A written test is required to pass the course. Location: Main Street Recreation Center. Min/Max: 5/20. (cs)

#/Link	Day	Date	Time	R/NR	
<u>123956</u>	W	12/1	5-7pm	\$30/\$45	•
<u>124093</u>	W	1/12	5-7pm	\$30/\$45	•
<u>124094</u>	W	2/16	6-8pm	\$30/\$45	•
<u>124095</u>	W	3/9	5-7pm	\$30/\$45	•



#### **DANCIN' FEET**

# West Coast Swing

Ages: 18 and up

West Coast Swing (WCS) is a very popular form of swing dancing that has spread across the world. Although it's history and roots come from Lindy Hop, part of the appeal of WCS is that it is an adaptable dance; it can be danced to a variety of musical styles and genres. In addition, the dance itself creates room for improvisation and interaction between the partners like a conversation. Location: Spring Avenue Recreation Center. Min/Max: 4/10. (cs)

#/Link	Day	Date	Time	R/NR	
<u>124049</u>	W	1/5-2/9	7-8pm	\$55/\$70	•
<u>124050</u>	W	2/16-3/23	7-8pm	\$55/\$70	•

#### **DANCIN' FEET**

### **Swing Dance**

#### Ages: 18 and up

Swing dance, known also as Jitterbug and East Coast Swing, is a very popular and versatile dance. This class will teach you how to dance swing with ease and confidence. Basic lead and follow techniques will be covered in addition to many popular patterns. The class is open to couples, as well as singles. Location: Spring Avenue Recreation Center. Min/Max: 4/10. (cs)

#/Link	Day	Date	Time	R/NR	
<u>124051</u>	Th	1/6-2/10	6:30-7:30pm	\$55/\$70	•
<u>124052</u>	Th	2/17-3/24	6:30-7:30pm	\$55/\$70	•

# DANCIN' FEET Ballroom Dance

Ages: 18 and up

Here's your chance to tackle the dance floor while learning the basics of Waltz and Foxtrot. Register with your favorite partner, or individually, for this enjoyable, fun, and energypacked dance session. You'll be ready to hit the dance floor in no time. Location: Spring Avenue Recreation Center. Min/Max: 4/10. (cs)

#/Link	Day	Date	Time	R/NR	
<u>124053</u>	Th	1/6-2/10	7:30-8:30pm	\$55/\$70	•
<u>124054</u>	Th	2/17-3/24	7:30-8:30pm	\$55/\$70	•

# **Adult Tap**

#### Ages: 18 and up

Tap dance is an American art form that is not only entertaining to watch (and hear) but it's fun (and easy) to learn. Tap teaches rhythm, improves balance and provides a great workout. This class includes warm-ups, basic steps, and traveling combinations. Tap shoes are required and available for purchase through the Park District. Contact Chad Shingler at <u>cshingler@gepark.org</u> for questions regarding shoe purchase. Location: Spring Avenue Recreation Center. Min/Max: 4/20. (cs)

#/Link	Day	Date	Time	R/NR	
<u>124047</u>	Μ	1/10-2/7	8-9pm	\$50/\$65	•
<u>124048</u>	Μ	2/14-3/14	8-9pm	\$50/\$65	•

#### **ROC SOLID OBEDIENCE**

### **People Training Dogs**

#### Ages: 18 and up

Does your dog take you for a walk or run away when you call them? This educational class teaches you how to recognize and control problems before they become unmanageable. Your dog learns to heel, sit, down, stay, stand for a veterinary exam, and come when called. All dogs are required to be up to date on immunizations (Rabies, Parvo, and Distemper) with a negative stool sample checked no more than two weeks prior to the first class and documented by your pet's veterinarian. Please do not bring your dog to the first day of class. Dogs five months or older are welcome. First 3 classes are mandatory. Location: Wheaton Park District Community Center. Min/Max: 1/3. (dm)

#/Link	Day	Date	Time	R/NR
<u>124571</u>	Su	2/13-3/20	9-11am	\$140/\$175 •
<u>124572</u>	W	2/16-3/23	6-8pm	\$140/\$175 •

# ROC SOLID OBEDIENCE People Training Dogs Continued

#### Ages: 18 and up

This five-week class is designed to strengthen your dog's on-leash skills and prove basic level obedience commands already learned in the previous class. This class will begin the move toward off-leash control by adding more distance, duration, and distractions to your stationary exercises. New commands will include stand, formal finish, moving sit and down, and hand signals for commands. This class is only open to Roc Solid Obedience clients that have completed our basic six-week class. Location: Wheaton Park District Community Center. Min/Max: 1/4. (dm)

#/Link	Day	Date	Time	R/NR	
<u>124573</u>	Th	2/17-3/17	6:15-7:45pm	\$115/\$144	•

#### LANGUAGE IN ACTION

# **Spanish Acquisition for Adults**

Ages: 18 and up

Have you always wanted to learn a foreign language? Now is the perfect time. In this relaxed, small-class environment you will learn Spanish conversation, grammar, and phonetics which you can immediately begin using. This class will be tailored to fit the needs of the students enrolled. Location: Wheaton Park District Community Center. Min/Max: 1/6. No class 2/21. (dm)

#/Link	Day	Date	Time	R/NR	
<u>124534</u>	Μ	1/24-3/7	7-8pm	\$95/\$119	•

# DUNHAM WOODS FARM

# Adult Horsemanship

Ages: 18 & Up

Join in the fun at Dunham Woods Farm with beginning riding lessons. You'll learn all about the proper ways to groom, tack, and handle horses. In the saddle you will learn the basics of riding at the walk and trot. Lessons will be held in our indoor arena during inclement weather. Riders should wear jeans or Jodhpur pants and hard soled riding or hiking boots with a small, low heel. Bring an approved riding helmet or bicycle helmet. Make up class held at the end of the 6 weeks. Location: Dunham Woods Farm, Elgin. Min/Max: 1/4. (dm)

#/Link	Day	Date	Time	R/NR	
124439	W	1/19-2/23	7-8pm	\$171/\$256	•

# Personal Training

Our certified personal trainers will design a program that meets your specific fitness needs. They can help you reach and/or maintain your goal by guiding you through safe, productive, supervised workouts.



# LISA LOMBARDI Date Coaching: Never Be Single Again

#### Ages: 25 and up

Whether you are new to the dating scene or have been a frustrated dater for years, this class will help you put your single days behind you. Strategies will be applied to real-life struggles. Learn reasons why he/she didn't call back, how to choose the most effective profile pictures for online dating, and how to secure a third date while on your second date. Location: Main Street Recreation Center. Min/Max: 7/20. (dm)

#/Link	Day	Date	Time	R/NR	
<u>124511</u>	Th	2/10	6:30-8pm	\$20/\$30	•

# **Mindfulness Meditation**

Ages: 14 & Up

Train your mind the way you train your body. Learn centuries-old meditation techniques and breathing exercises as the perfect way to stay centered, reduce anxiety and stress, and increase your overall health and sense of well-bring. Led by Chopra Center certified instructor Stephanie Frantz. Location: Main Street Recreation Center. Min/Max: 3/15. (dm)

#/Link	Day	Date	Time	R/NR	
<u>124436</u>	Μ	1/10-1/31	7-7:50pm	\$70/\$85	•

# Tai Chi: Beginner & Intermediate

#### Ages: 18 and up

This ancient Chinese exercise promotes vitality, structural balance, strength, and longevity. Using special breathing techniques and slow, precise physical movements, Tai Chi can help with arthritis, respiratory diseases, high blood pressure, and improve concentration and mind/body awareness. Beginner starts with "Grasp the Sparrow's Tail," Intermediate with Yang Style Long Form - Sections 1 and 2. Instructor: Yvonne Czarniak, Tai Chi Chuan certified. Location: Wheaton Park District Community Center. Min/Max: 1/4. (dm)

#/Link	Day	Date	Time	R/NR
Beginner				
<u>124535</u>	Th	1/6-2/10	12-1pm	\$57/\$71 •
<u>124536</u>	Th	2/24-3/31	12-1pm	\$57/\$71 •
Intermediate				
<u>124537</u>	Th	1/6-2/10	12-1pm	\$57/\$71 •
<u>124557</u>	Th	2/24-3/31	12-1pm	\$57/\$71 •

# **Seated Tai Chi**

Ages: 18 and up

Clear-mindedness and better health come from the practice of Tai Chi. All ages can benefit from breath work, balancing both sides of the body, and improved upper body strength and flexibility. Instructor: Yvonne Czarniak, Tai Chi Chuan certified. Location: Wheaton Park District Mary Lubko Center. Min/Max: 1/4. (dm)

#/Link	Day	Date	Time	R/NR
<u>124563</u>	Th	1/6-2/10	10-11am	\$57/\$71 •
<u>124564</u>	Th	2/24-3/31	10-11am	\$57/\$71 •

# Free Fitness Week at Ackerman SFC Monday, January 3 - Sunday, January 9

We're waiving the drop-in fee for the fitness center and most group fitness classes at Ackerman SFC during our "Free Fitness Week," which runs Jan. 3-9. This is your chance to experience the many benefits of a great workout at Ackerman and get your new year off to a healthy start. To take advantage of this special opportunity, just register at the Ackerman SFC front desk during Free Fitness Week. Please note, Cycle, BODYPUMP<sup>™</sup>, and Spring Avenue Fitness Center/classes are not included. (sl)

#### ACTIVE OLDER ADULT & SENIOR INTEREST

# active older adult & senior interest



Free! Ages: 60 and up Free tax assistance for the elderly will be available on Mondays from AARP Tax-Aide volunteers. The volunteers are trained and certified through an Internal Revenue Service program. Note: Because of Covid procedures, operations may run differently than in the past. Be sure to bring all your tax information from prior tax filing year and all your tax documents for current tax filing year to your appointment. Location: Main Street Recreation Center. (dm)

#### Call (630) 858-2463 to book an appointment starting 1/3

			-
Da	iy Date	Appointment Times	R/NR
Μ	2/7-4/11	8:30am, 9:30am, 10:30am	Free w/appointment

# Senior Spring Fling

Ages: 60 and up

Connect and socialize with other active older adults and seniors in the community! Join us for a lively mix and mingle social featuring an "Oldies but Goodies" DJ, crafts, fitness classes, games, and activities like Golden Girls trivia. Snacks and beverages will also be served. Min/Max: 10/100. (sl)

Date: Saturday, March 19 • Time: 3-5:30pm Location: Ackerman SFC • R/NR: \$10/\$15 #/Link: 124381 •



# **Senior Bingo Drop-in**

Ages: 55 and up

Let's get together for bingo! Starting January 7, 2022, join us Friday evenings from 6-8pm at Ackerman Sports & Fitness Center. Enjoy several rounds of bingo while socializing with the community. Prizes will be awarded each night. Limit 25 participants each session. No registration required. \$1 per card. (sl)

# **SARC Senior Clubs**

Free! SARC Senior Clubs are free programs for all those over the age of 60. The clubs will meet at Spring Avenue Recreation Center, 185 Spring Avenue. Have an idea for a new club? We want to hear from you. Contact David MacDonald at (630) 924-7266.

#### **Book Club** Third Monday, 10-11am

Are you an avid reader and enjoy discussing the books you read? Join us as we host our monthly book club. Books can be checked out at the Glen Ellyn Park District. Call (630) 942-7266 to reserve a spot.

# Poker Club

#### Wednesdays, 1-3pm

Join us Wednesday afternoons for poker. Call (630) 942-7266 to reserve a spot.

### Senior Social Hour Thursdays, 9:30-11:30am

If you enjoy knitting, playing cards, or just chatting, this is the place for you. Bring your coffee and catch up with friends or meet new friends from the community on Thursday mornings. Call (630) 942-7266 to reserve a spot.

# **AARP Driver Safety Program**

Free! Ages: 55 and up Become a safer driver by sharpening your defensive driving skills. Our class combines discussion and text. Completion of this program entitles you to a reduction on your automobile insurance premium. Payment of \$20 for current AARP members and \$25 for non-members is payable to AARP at first meeting (cash or check only). No refund after attending first meeting. Location: Main Street Recreation Center. Min/Max: 5/25. (dm)

#/Link	Day	Date	Time	Fee
<u>124437</u>	W/Th	1/19-1/20	9am-1pm	Registration free, fee payable to AARP at first meeting.

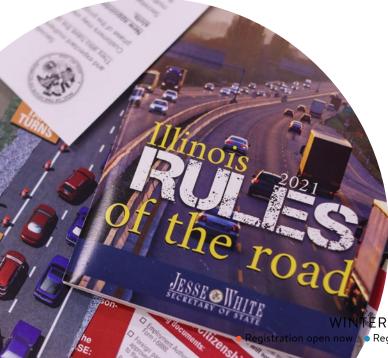
#### **ILLINOIS SECRETARY OF STATE**

# Free! Rules of the Road **Review Course**

#### Ages: 65 and up

The Rules of the Road Review Course is designed to give drivers - especially senior citizens and persons with disabilities - the knowledge and confidence needed to renew or obtain a driver's license. The review course combines an explanation of the driving exam with a practice written exam. Location: Main Street Recreation Center. Min/Max: 5/20. (dm)

#/Link	Day	Date	Time	R/NR	
124438	F	2/18	10am-12pm	Free w/registration	•



#### **MYPLATE2YOURS**

# **Healthy Comfort Food**

#### Ages: 55 and Up

Prepare comfort food designed with your well-being in mind in this hands-on cooking class. Learn and have fun as your instructor demonstrates how to make a tasty chicken cacciatore, a deliciously easy recipe you'll want to make again at home. Tasting and recipes will be available for all class attendees. Location: Spring Avenue Recreation Center, Min/Max: 6/16, (dm)

#/Link	Day	Date	Time	R/NR	
<u>124440</u>	W	1/19	12-1pm	\$25/\$35	•

### **MYPLATE2YOURS 30-Minute Soup**

#### Ages: 55 and Up

Transform everyday ingredients into an endless variety of soups. Quickly make small-batch broths instead of spending hours simmering. This uniquely quick-to-make soup will bring welcome warmth, flavor, and nutrition to you this winter. The instructor will demonstrate how to use chicken to create a hearty, homey, classic soup. On the menu today will be Italian chicken and orzo soup. Tasting and recipes will be available for all class attendees. Location: Spring Avenue Recreation Center. Min/Max: 6/16. (dm)

#/Link	Day	Date	Time	R/NR	
<u>124441</u>	W	2/9	12-1pm	\$25/\$35	•

#### **MYPLATE2YOURS**

# **Easy Supper for Two**

#### Ages: 55 and Up

Learn to plan an easy supper for two. Your instructor will provide you with a basic understanding of what it means to be in the kitchen, what supplies you'll need, and how to read recipes. On the menu for supper will be a 30-minute white turkey chili. This recipe is sure to become your tasty answer to the "what's for dinner" question. Tasting and recipes will be available for all class attendees. Location: Spring Avenue Recreation Center. Min/Max: 6/16. (dm)

#/Link	Day	Date	Time	R/NR	
<u>124442</u>	W	3/9	12-1pm	\$25/\$35	•

ER 2022 · 30 Registration opens at 9am December 4





Do you want to grow your own fresh produce but need the space? Garden plots can be rented within Village Green Park. Plot sizes are roughly 10'x 10' or 20' x 20'. The season runs May 2 to October 30, 2022, weather permitting.

Renters from 2021 have priority registration and most will renew. An average of 10 plots become available each year. Once priority registration is complete, remaining plots will be offered through a lottery.

**Priority Registration:** February 1-February 26, 2022 **Lottery Registration:** March 7-March 11, 2022

Туре	Size: 10' x 10'	Size: 20' x 20'
Resident (18-59)	\$20	\$30
Resident Senior (60+)	\$10	\$15
Nonresident	\$35	\$45

Spring Avenue Da Par

# WHERE PETS COME TO PLAY.

Unleash some fun at this popular outdoor park where dogs can exercise, play, and socialize off-leash. Your four-legged friend will pawsitively love it.

MEMBERSHIP OPTIONS & MORE »

Starting at **\$35** for residents

BLOOD/FOOD DRIVES & JOBS

# GILEN ELLYN Blood Drives & Food Drives

We're hosting blood drives and drive-thru drop-off food drives at Ackerman SFC! Appointments are recommended for the blood drives but walkups are welcome. To donate nonperishable food items and toiletries to help fill the shelves at Glen Ellyn Food Pantry, just pull up to the main entrance and we'll do the rest.

Туре	Date	Donation Window	Blood Donation Appointment Link
Blood Drive Only	Wednesday, December 22	9:30 a.m. to 3:30 p.m.	<u>Schedule »</u>
Blood & Food Drive	Thursday, January 20	9 a.m. to 3 p.m.	Schedule »
Blood & Food Drive	Thursday, February 24	9 a.m. to 3 p.m.	Schedule »
Blood & Food Drive	Tuesday, March 29	9 a.m. to 3 p.m.	<u>Schedule »</u>

The blood drives are offered in partnership with State Representative Terra Costa Howard and Kiwanis Club of Glen Ellyn.

# sunset pool summer jobs

### Applications accepted starting January 1

Sunset Pool will start taking applications January 1, 2022, for lifeguards, front desk, swim instructors, and pool maintenance. Anyone interested can apply online or contact Chad Shingler at cshingler@gepark.org.

WINTER **2022** • 32

# day trips

# Merry Milwaukee Bakery Bus Tour

Ages: 18 and up

It's the most wonderful time of the year for holiday sweets and treats. Wear your best ugly Christmas sweater and explore the sweet side of Milwaukee, Wisconsin on the new Christmas Bakery Bus Tour. Indulge in treats, samples, and shopping time at 4 to 6 bakeries and shops. In route to each location, this fully narrated tour covers the historic holiday traditions of Poland, Germany, Italy, Ireland and more. A generously portioned, sit-down lunch is also included. Menu unavailable at time of publication. Departs from Wheaton Park District Community Center. Min/Max: 2/10. (dm)

#/Link	Day	Date	Time	R/NR
<u>123802</u>	Tu	12/7	7:30am-4:30pm	\$129 •

# **Glen Ellyn Police Department Tour** *Free!* Ages: 55 and up Attend an informative talk about current "scams"

that are being seen throughout the area. This presentation will include different types of frauds including but not limited to IRS or electrical company phone scams, banking emails (phishing), and fictitious family emergency calls. Following the talk all participants will be taken on a tour of the Glen Ellyn Police Department. Coffee and light snacks will be served. Bus transportation is offered to all registered participants and will depart at 8:45am from Spring Avenue Recreation Center, Min/Max: 4/14. (dm)

#### Register by 2/2

#/Link	Day	Date	Time	R/NR	
<u>124435</u>	W	2/9	8:45-11am	Free w/registration	•

# **Glen Ellyn Cruisin' Crew**

Ages: 55 and up

Adventure to different destination restaurants, breweries, and locations with us each month. This is a great chance to socialize, try new things, and meet other local people in the area. Leave the driving to the park district for only \$5 per registrant. Participants are responsible for all other costs at the final destinations for the Cruisin' Crew. Registration is required for all attendees. We will follow all current State of Illinois guidelines for face coverings. The Cruisin' Crew will depart and return at the Spring Avenue Recreation Center. Min/Max: 5/14. (dm)

#### The deadline to register is 7 days before trip.

	-	-		•	
#/Link	Location	Day	Date	Time	
<u>124429</u>	Noon Whistle Brewing (Naperville)	W	1/12	11:30am-3pm	•
<u>124433</u>	Chuck's Southern Comforts Café (Burbank)	W	2/16	11:30am-3pm	•
<u>124434</u>	Ballydoyle Irish Pub (Downers Grove)	W	3/16	11:30am-3pm	•





# sports

#### who to contact:

- (bt) Brad Thomas, <u>bthomas@gepark.org</u>
- (cs) Chad Shingler, <u>cshingler@gepark.org</u>
- (ch) Christine Hartnett, <u>chartnett@gepark.org</u>
- (cb) Clint Babicz, <u>cbabicz@gepark.org</u>
- (dm) David MacDonald, <u>dmacdonald@gepark.org</u>
- (sl) Stacey Lim, <a href="mailto:slim@gepark.org">slim@gepark.org</a>





# early childhood sports

#### **ALL STAR SPORTS**

# Parent/Tot Super Sports Jr.

Ages: 2-3 with adult

Enjoy this opportunity to bond and have fun together while learning a variety of sports. Parent/Tot Sports offers a great opportunity to improve the simple motor skills of catching, throwing, batting, shooting, passing, and running, and also improves hand-eye coordination. Parents participate with their child playing soccer, basketball, hockey, T-Ball, and other sports. Equipment is provided. Location: Main Street Recreation Center. Min/Max: 5/16. (ch)

#/Link	Day	Date	Time	R/NR
<u>124108</u>	Tu	1/11-2/8	12-12:45pm	\$70/\$105 •
<u>124106</u>	W	1/12-2/9	9:15-10am	\$70/\$105 •
<u>124107</u>	Sa	1/15-2/12	9:15-10am	\$70/\$105 •
<u>124135</u>	Tu	2/22-3/22	12-12:45pm	\$70/\$105 •
<u>124133</u>	W	2/23-3/23	9:15-10am	\$70/\$105 •
<u>124134</u>	Sa	2/19-3/19	9:15-10am	\$70/\$105 •

# **Ackerman Parent & Tot Sports**

Ages: 2-5 with adult

Parents play an integral part in helping their tots develop basic sports movement and motor skills. Motor skills activities focus on hand-eye and hand-foot coordination. Sports equipment and instruction are provided to help guide your child through an introduction to organized sports. This is a parent/child class. Location: Ackerman SFC. Min/Max: 5/25. (sl)

#/Link	Day	Date	Time	R/NR	
<u>124065</u>	Sa	1/8-2/19	8:45-9:15am	\$60/\$75	•
<u>124067</u>	Sa	2/26-3/26	8:45-9:15am	\$45/\$60	•

# all star sports Super Sports Jr.

Ages: 3-6

Designed for the child who wants to "take a shot" at different sports! Kids stay active and work on balance, motor skills and hand-eye coordination while learning the rules of baseball, football, floor hockey, soccer, basketball and more. Each class focuses on a new sport, basic rules, and mechanics while games are played that keep everyone moving. There's no reason to pick a sport when they can play them all. Equipment is provided. Location: Main Street Recreation Center. Min/Max: 5/16. (ch)

#/Link	Day	Date	Time	R/NR
Ages 3-4				
<u>124099</u>	W	1/12-2/9	3:30-4:15pm	\$70/\$105 •
<u>124101</u>	Th	1/13-2/10	9:15-10am	\$70/\$105 •
<u>124104</u>	F	1/14-2/11	2-2:45pm	\$70/\$105 •
<u>124105</u>	Sa	1/15-2/12	11:45am- 12:30pm	\$70/\$105 •
<u>124126</u>	W	2/23-3/23	3:30-4:15pm	\$70/\$105 •
<u>124128</u>	Th	2/17-3/17	10-10:45am	\$70/\$105 •
<u>124131</u>	F	2/18-3/18	2-2:45pm	\$70/\$105 •
<u>124132</u>	Sa	2/19-3/19	11:45am- 12:30pm	\$70/\$105 •
Ages 4-6				
<u>124100</u>	W	1/12-2/9	4:15-5:15pm	\$70/\$105 •
<u>124102</u>	Th	1/13-2/10	10-11am	\$70/\$105 •
<u>124103</u>	F	1/14-2/11	1-2pm	\$70/\$105 •
<u>124127</u>	W	2/23-3/23	4:15-5:15pm	\$70/\$105 •
<u>124129</u>	Th	2/17-3/17	10:45-11:45am	\$70/\$105 •
<u>124130</u>	F	2/18-3/18	1-2pm	\$70/\$105 •



#### EARLY CHILDHOOD SPORTS



Ages: 3-6

Children are introduced to the fundamentals of different sports such as basketball, soccer, flag football, kickball, and other group games and activities. This is the first step in learning the core skills, rules, and team tactics for each sport. Classes focus on both skill work and game play each week. Location: Ackerman SFC. Min/Max: 5/25. (sl)

#/Link	Day	Date	Time	R/NR
<u>124153</u>	Th	1/6-2/10	11-11:45am	\$50/\$65 •
<u>124154</u>	Th	2/17-3/24	11-11:45am	\$50/\$65 •

#### **ALL STAR SPORTS**

# **Basketball Jr. & Basketball Skills**

Ages: 3-8

Designed to teach the game of basketball at a basic level while making sure the players stay active and engaged. Fun, basketball-like games will be played to teach the importance of each skill. Trainers focus on basic mechanics to build confidence then add larger challenges as players progress. We will work on dribbling with each hand, passing and shooting technique, and understanding basic offense and defense. Basketball Skills is the next level of this class and will build upon the basic skills learned in the Basketball Jr. class. Location: Main Street Recreation Center. Min/Max: 5/16. (ch)

#/Link	Age	Day	Date	Time	R/NR	
Basketb	all Jr.					
<u>124109</u>	3-4	Tu	1/11-2/8	10-10:45am	\$70/\$105	•
<u>124110</u>	4-6	Tu	1/11-2/8	10:45-11:45am	\$70/\$105	•
<u>124111</u>	4-5	Th	1/13-2/10	3-3:45pm	\$70/\$105	•
<u>124112</u>	3-5	F	1/14-2/11	9:15-10am	\$70/\$105	•
<u>124137</u>	3-4	Tu	2/22-3/22	10-10:45am	\$70/\$105	•
<u>124138</u>	4-6	Tu	2/22-3/22	10:45-11:45am	\$70/\$105	•
<u>124136</u>	3-4	Th	2/17-3/17	2:45-3:30pm	\$70/\$105	•
<u>124139</u>	3-5	F	2/18-3/18	9:15-10am	\$70/\$105	•
Basketb	all Skill	s				
<u>124114</u>	6-8	Tu	1/11-2/8	5-6pm	\$70/\$105	•
<u>124113</u>	6-8	W	1/12-2/9	5:30-6:30pm	\$70/\$105	•
<u>124115</u>	5-7	Th	1/13-2/10	3:45-4:30pm	\$70/\$105	•
<u>124142</u>	5-7	F	1/14-2/11	10-11am	\$70/\$105	•
<u>124141</u>	6-8	Tu	2/22-3/22	5-6pm	\$70/\$105	•
<u>124140</u>	5-7	F	2/18-3/18	10-11am	\$70/\$105	•

# ts

# ALL STAR SPORTS Soccer Jr.

#### Ages: 3-6

Soccer is a game that is action-packed so there's no sitting and waiting! The game of soccer is taught by hiding drills in fun games and using association techniques on the players' levels. Simple foot skills, dribbling, passing, shooting, basic rules and even work on spreading the field are covered. Kids also learn teamwork and sportsmanship. Equipment is provided. Location: Main Street Recreation Center. Min/Max: 5/16. (ch)

#/Link	Day	Date	Time	R/NR
Ages 3-4				
<u>124120</u>	W	1/12-2/9	10-10:45am	\$70/\$105 •
<u>124122</u>	Th	1/13-2/10	11-11:45am	\$70/\$105 •
<u>124123</u>	F	1/14-2/11	2:45-3:30pm	\$70/\$105 •
<u>124124</u>	Sa	1/15-2/12	10-10:45am	\$70/\$105 •
<u>124148</u>	Tu	2/22-3/22	3-3 <b>:</b> 45pm	\$70/\$105 •
<u>124150</u>	F	2/18-3/18	2:45-3:30pm	\$70/\$105 •
<u>124151</u>	Sa	2/19-3/19	10-10 <b>:</b> 45am	\$70/\$105 •
Ages 4-6				
<u>124121</u>	W	1/12-2/9	10:45-11:45am	\$70/\$105 •
<u>124125</u>	Sa	1/15-2/12	10:45-11:45am	\$70/\$105 •
<u>124149</u>	Tu	2/22-3/22	3:45-4:45pm	\$70/\$105 •
<u>124152</u>	Sa	2/19-3/19	10:45-11:45am	\$70/\$105 •

#### **FUTURE PROS**

# Parent/Tot Lakers Soccer

Ages: 2-3 with adult

This program provides the opportunity for you and your child to play soccer together. We will work on simple motor skills such as dribbling, passing, and shooting. Parents participate with their child. Each participant receives a soccer ball. If a class is cancelled, make-ups will be done at the end of each session, if possible. Location: Ackerman SFC. Min/Max: 8/20. (bt)

#/Link	Day	Date	Time	R/NR	
<u>124386</u>	F	1/7-3/11	9:30-10:15am	\$110/\$160	•

#### **FUTURE PROS**

#### **Little Lakers Soccer**

#### Ages: 4-6

Introduce your little one to the world's most popular sport. Your child will learn not only basic skills, but also a lifetime love for soccer. Each participant receives a soccer ball. If a class is cancelled, make-ups will be done at the end of each session, if possible. Location: Ackerman SFC. Min/Max: 8/20. (bt)

#/Link	Day	Date	Time	R/NR	
<u>124387</u>	F	1/7-3/11	10:30-11:15am	\$110/\$160	•

#### ALL STAR SPORTS

#### Floor Hockey Jr.

#### Ages: 4-7

Learn the game before the skates go on! Players will learn the proper mechanics of stick handling, puck control, passing and shooting. Offensive and defensive strategies will also be covered. Participants must bring a bike helmet and gloves. Shin, knee, and elbow pads are optional. Location: Main Street Recreation Center. Min/Max: 5/16. (ch)

#/Link	Age	Day	Date	Time	R/NR	
<u>124119</u>	5-7	Th	1/13-2/10	4:30-5:15pm	\$70/\$105	•
<u>124146</u>	4-5	Th	2/17-3/17	3:30-4:15pm	\$70/\$105	•
<u>124147</u>	5-7	Th	2/17-3/17	4:15-5:15pm	\$70/\$105	•

#### **Ackerman Tot T-Ball**

#### Ages: 3-7

This class will introduce baseball fundamentals and game play including batting, catching, throwing, base running, and the principles of good sportsmanship, in a noncompetitive and fun atmosphere. Location: Ackerman SFC. Min/Max: 5/25. (sl)

#/Link	Day	Date	Time	R/NR	
124070	Sa	1/8-2/19	10:15-11am	\$60/\$75	•
<u>124071</u>	Sa	2/26-3/26	10:15-11am	\$45/\$60	•

#### **ALL STAR SPORTS**

#### T-Ball Jr.

#### Ages: 3-6

T-Ball can be a boring game if taught incorrectly. This approach to baseball is one that engages players regardless of skill level. They learn basic building blocks in a fun, safe environment. Program keeps players moving and learning even while in the dugout! Mechanics and handeye coordination are the keys to early success. Players gain confidence as they learn the proper mechanics of catching, throwing, fielding, base running and batting. Participants must bring their own glove. Location: Main Street Recreation Center. Min/Max: 5/16. (ch)

#/Link	Age	Day	Date	Time	R/NR	
<u>124117</u>	3-4	Tu	1/11-2/8	3-3:45pm	\$70/\$105	•
<u>124118</u>	4-6	Tu	1/11-2/8	3:45-4:45pm	\$70/\$105	•
<u>124143</u>	3-4	W	2/23-3/23	10-10:45am	\$70/\$105	•
<u>124144</u>	4-6	W	2/23-3/23	10:45-11:45am	\$70/\$105	•
<u>124145</u>	3-4	Th	2/17-3/17	11:45-12:30pm	\$70/\$105	•

#### ALL STAR SPORTS Baseball Skills

#### Ages: 6-8

Kids learn the importance of proper throwing mechanics, rotational hitting, bunting, fielding, pitching and catching. Speed and agility techniques are added to increase core strength and mobility for added bat speed, range in the field and linear speed for base running. In-game strategies are included to increase each player's overall knowledge. Participants must bring their own glove. Location: Main Street Recreation Center. Min/Max: 5/16. (ch)

#/Link	Day	Date	Time	R/NR	
<u>124116</u>	W	2/23-3/23	5:30-6:30pm	\$70/\$105	•





#### CENTER ICE OF DUPAGE

#### Parent/Tot Ice Skating

Ages: 3-4 with adult

Parents and tots are on the ice together. Both must wear skates. This class teaches ice coordination, balance, and agility in a fun atmosphere. Location: Center Ice of DuPage. Min/Max: 1/10. No class 1/12-1/15, 3/30-4/2, or 4/13-4/16. (dm)

#/Link	Day	Date	Time	R/NR	
124464	Th	1/6-2/24	4:30-5pm	\$155 •	)
<u>124465</u>	Sa	1/8-2/26	9:10-9:40am	\$155 •	)
<u>124466</u>	Sa	1/8-2/26	11:20-11:50am	\$155 •	)
<u>124467</u>	Th	3/3-4/28	4:30-5pm	\$155 •	)
<u>124468</u>	Sa	3/5-4/30	9:10-9:40am	\$155 •	)
<u>124469</u>	Sa	3/5-4/30	11:20-11:50am	\$155 •	)

## CENTER ICE OF DUPAGE

#### Ages: 4-5

This class teaches progressive levels 1 to 4 providing children ages 4-5 with ice orientation, balance, agility, and fun. Skate rentals are available. Location: Center Ice of DuPage. Min/Max: 1/10. No class 1/12-1/15, 3/30-4/2, or 4/13-4/16. (dm)

#/Link	Day	Date	Time	R/NR	
124470	W	1/5-2/23	9:40-10:10am	\$145 •	
<u>124471</u>	Th	1/6-2/24	4:30-5pm	\$145 •	
<u>124472</u>	Sa	1/8-2/26	9:10-9:40am	\$145 •	
<u>124473</u>	Sa	1/8-2/26	11:20-11:50am	\$145 •	
<u>124474</u>	W	3/2-4/27	9:40-10:10am	\$145 •	
<u>124475</u>	Th	3/3-4/28	4:30-5pm	\$145 •	
<u>124476</u>	Sa	3/5-4/30	9:10-9:40am	\$145 •	
<u>124477</u>	Sa	3/5-4/30	11:20-11:50am	\$145 •	

#### CENTER ICE OF DUPAGE Parent/Tot Hockey

Ages: 3-4 with adult

Parents and tots, ages 3-4, are on the ice together. Both must wear skates. This class teaches ice coordination, balance, and agility in a fun atmosphere. Location: Center Ice of DuPage. Min/Max: 1/10. No class 1/12-1/15, 3/30-4/2, or 4/13-4/16. (dm)

#/Link	Day	Date	Time	R/NR	
<u>124450</u>	Sa	1/8-2/26	8:10-8:40am	\$155	•
<u>124451</u>	Sa	3/5-4/30	8:10-8:40am	\$155	•

## CENTER ICE OF DUPAGE

#### Ages: 3-5

For participants who have had no formal instruction. Kids will learn ice coordination, balance and agility in a fun atmosphere while wearing hockey equipment. Hockey skates and helmet required. Hockey stick is optional. Location: Center Ice of DuPage. Min/Max: 1/10. 1/12-1/15, 3/30-4/2, or 4/13-4/16. (dm)

#/Link	Day	Date	Time	R/NR	
<u>124480</u>	W	1/5-2/23	9:40-10:10am	\$145	•
<u>124481</u>	Th	1/6-2/24	4:30-5pm	\$145	•
<u>124482</u>	Sa	1/8-2/26	8:10-8:40am	\$145	•
<u>124483</u>	W	3/2-4/27	9:40-10:10am	\$145	•
<u>124484</u>	Th	3/3-4/28	4:30-5pm	\$145	•
<u>124485</u>	Sa	3/5-4/30	8:10-8:40am	\$145	•



#### **Family Curling**

#### Ages: 7 and up

Windy City Curling Club (WCCC) will teach you how to throw a stone, sweep the ice, and basic strategy to get you started on your Olympic run. During the first week, game basics and safety will be covered with instruction both on and off the ice. The following weeks are reserved for scrimmage games. Players from WCCC will be on hand to lead games and provide game play strategy. No experience or skates required. Location: Windy City Curling Club, Villa Park. Min/Max: 6/24. No class 1/17. (ch)

#### Fee is per person

#/Link	Day	Date	Time	R/NR	
<u>124522</u>	Μ	1/3-1/31	5-6pm	\$75/\$115	•

#### Youth Dodgeball Tournament

Grades: 3rd-6th

Dip, duck, and dive! The Glen Ellyn Youth Dodgeball Tournament is loaded with fun and competition. Brackets will be divided up based on age. Teams are guaranteed two matches followed by playoffs for those teams that qualify. Teams can have a maximum of 8 players as matches are played with 6 on the court. Location: Ackerman SFC. Min/Max: 6/12 teams. (bt)

#### Registration is completed on a team basis. The team captain should register your team.

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#/Link	Grade	Day	Date	Time	R/NR	
124402	3rd/4th	Su	1/9	9am-3pm	\$100/team <	
<u>124403</u>	3rd/4th	Su	2/6	9am-3pm	\$100/team <	
<u>124404</u>	3rd/4th	Su	3/6	9am-3pm	\$100/team <	
<u>124405</u>	5th/6th	Su	1/9	9am-3pm	\$100/team <	
<u>124406</u>	5th/6th	Su	2/6	9am-3pm	\$100/team <	
<u>124407</u>	5th/6th	Su	3/6	9am-3pm	\$100/team <	

#### **Ackerman Run for Fun Class**

#### Ages: 7-13

An informal introduction to running for boys and girls of all fitness levels. Running helps kids build endurance, confidence and coordination. It also provides a great foundation for other sports and activities. Fun drills, games, and relay races create a positive atmosphere in a non-competitive environment. Location: Ackerman SFC. Min/Max: 5/20. (sl)

#/Link	Day	Date	Time	R/NR	
124523	Tu	1/4-2/8	4-5pm	\$50/\$65	•
<u>124524</u>	Tu	2/15-3/22	4-5pm	\$50/\$65	٠



#### Fencing: Olympic Swordplay Class

#### Ages: 7-14

Learn the beginning skills and techniques of this unique sport without fighting. Fencing is an excellent sport for children and teens. It combines agility, strength, coordination, and critical thinking between attack and defensive strategies. Equipment is not provided but can be rented from the Fencing Club. Please contact them at (630) 678-0035 prior to the start of class. Location: Main Street Recreation Center. Min/Max: 4/12. No class 4/2. (ch)

#/Link	Day	Date	Time	R/NR	
124163	Sa	1/8-2/19	11:15am-12:10pm	\$90/\$135	•
<u>124164</u>	Sa	2/26-4/16	11:15am-12:10pm	\$90/\$135	•

#### Ackerman Tot Floor Hockey Class

#### Ages: 2-5

Fast and exciting, floor hockey develops speed, endurance, and coordination. Campers will work through a variety of drills, games, and competitions to develop their skills. Location: Ackerman SFC. Min/Max: 5/25. (sl)

#/Link	Day	Date	Time	R/NR	
<u>124155</u>	Th	1/6-2/10	9-10am	\$50/\$65	•
<u>124156</u>	Th	2/17-3/24	9-10am	\$50/\$65	•

#### BIG 3 SPORTS Speed Academy Class

#### Grades: 5th-8th

Give your young athlete the ability to rapidly change direction without loss of speed, coordination, balance, strength, or body control. Big 3 Sports coaching staff, which includes standout high school, college, and former professional athletes, will lead a small group of athletes through exercises to increase speed and performance for all sport types. Location: Ackerman SFC. Min/Max: 4/10. (sl)

#/Link	Grade	Day	Date	Time	R/NR	
124576	5th/6th	Th	1/6-1/27	3-3:45pm	\$80/\$95	•
<u>124577</u>	5th/6th	Th	2/3-2/24	3-3:45pm	\$80/\$95	•
<u>124578</u>	5th/6th	Th	3/3-3/24	3-3:45pm	\$80/\$95	•
<u>124579</u>	7th/8th	Th	1/6-1/27	4-4:45pm	\$80/\$95	•
<u>124580</u>	7th/8th	Th	2/3-2/24	4-4:45pm	\$80/\$95	•
<u>124581</u>	7th/8th	Th	3/3-3/24	4-4:45pm	\$80/\$95	•

#### **Junior Paddle**

#### Ages: 6-17

Kids will learn skills and drills and play games in this instructional class with Coach Cunnington, our Platform Tennis Pro. They'll be having such a great time; they might not even realize they're in an instructional class designed to develop their racquet skills and learn the sport. Location: Platform Tennis Center. Min/Max: 8/16. (bt)

#/Link	Age	Day	Date	Time	R/NR	
124374	6-10	Μ	1/10-2/7	4-5pm	\$125	•
<u>124375</u>	11-14	Tu	1/11-2/8	4:30-6pm	\$150	•
<u>124373</u>	14-17	Th	1/13-2/10	4:30-6pm	\$150	•

## baseball

#### Youth Baseball League

#### Grades: PreK to 8th (as of 9/1/21)

Youth Baseball is a Glen Ellyn Park District program run with the assistance of the Glen Ellyn Youth Baseball Association (GEYBA), a volunteer organization that strives to develop skills while promoting teamwork, sportsmanship, discipline, citizenship, and well-being.

Teams are formed in early March and Practices begin in April. The season runs through the end of June. Teams are formed by grade, not skill-level. Requests to "play-up" based on age/ skill exceptions will not be granted.

Interested in coaching? Register through the GEYBA website at glenellynbaseball.com. (cb)

T-BALL 1 (Pre-K/Ages 4-5): Kids learn to hit the ball off a tee. There is no catcher, and everyone bats and plays the field. Teams are divided up by schools that players will attend.

T-BALL 2 (Kindergarten): Kids hit off a tee but by the end of the year, a coach may pitch the ball from a few feet away. There is no catcher, and everyone plays the field and bats. Teams are divided up by schools.

BANTAM (1st Grade): Pitching machines are used the entire season, there is no catcher, and everyone plays the field and bats. Teams are divided up by schools.

SHETLAND (2nd Grade): A combination of kids/machine pitch. Ten players are allowed on the field including a catcher. Teams are divided up by multiple schools.

MAVERICK (3rd Grade) & STALLION (4th Grade): Players are drafted by ability based on a player evaluation. A postseason tournament determines a league champion for both. Teams are formed with no relation to schools, utilizing a full draft.

#### MUSTANG (5th/6th Grade) & PONY (7th/8th Grade): Age groups are combined, and players are drafted by ability based on a player evaluation. A post-season tournament determines

a league champion.



#### League Registration

**Regular Registration:** Ends 2/13 (first come, first serve) Late Registration: After 2/14 (if players are needed)

#/Link	Level	Age/Grade	Games Begin	R/NR Regular	R/NR Late
124207	T-Ball 1	Age 4-5	4/23	\$150	\$200 •
<u>124208</u>	T-Ball 2	Age 6 (K)	4/23	\$150	\$200 •
<u>124209</u>	Bantam	1st	4/23	\$150	\$200 •
<u>124210</u>	Shetland	2nd	4/16	\$150	\$200 •
<u>124211</u>	Maverick	3rd	4/16	\$200	\$250 •
<u>124212</u>	Stallion	4th	4/16	\$200	\$250 •
<u>124213</u>	Mustang	5th-6th	4/16	\$200	\$250 •
124214	Pony	7th-8th	4/16	\$200	\$250 •

#### **Player Evaluations**

Player Evaluations will be held at Ackerman SFC on the following dates. Please arrive no later than 30 minutes after time listed below. More details at www.glenellynbaseball.com.

#### T-Ball/Bantam/Shetland: No evaluations

#### Maverick/Stallion/Mustang:

Last name beginning A-K: February 20, 2022, 9am Last name beginning L-Z: February 27, 2022, 9am

**Pony:** February 27, 2022, 12pm

#### Youth Umpire Program

Umpires work under the supervision of Official Finders and are eligible to work games in the Maverick, Stallion, Mustang, and Pony leagues, Rebels Travel games, and Glen Ellyn Classic Tournament games. Experience and performance, not age (or grade) determines at what level league an umpire works. Should an umpire have any questions, they should reach out to Tim James of Official Finders at ti@officialfinders.com for more information.





## basketball

#### **BIG 3 SPORTS**

#### **Basketball Skills Class**

#### Grades: 3rd-8th

Camp will be run by Big 3 Sports coaching staff, which includes standout high school, college, and former professional players. Participants will learn and work on basic dribbling, shooting, and passing drills while learning correct fundamentals in a fun and team-oriented way. Location: Ackerman SFC. Min/Max: 5/25. No class 1/20. (sl)

#/Link	Grade	Day	Date	Time	R/NR	
<u>124582</u>	3rd/4th	Tu	1/4-1/25	3-4pm	\$96/\$112	•
<u>124583</u>	3rd/4th	Tu	2/1-2/22	3-4pm	\$96/\$112	•
<u>124584</u>	3rd/4th	Tu	3/1-3/22	3-4pm	\$96/\$112	•
<u>124585</u>	5th/6th	Tu	1/4-1/25	4-5pm	\$96/\$112	•
<u>124586</u>	5th/6th	Tu	2/1-2/22	4-5pm	\$96/\$112	•
<u>124587</u>	5th/6th	Tu	3/1-3/22	4-5pm	\$96/\$112	•
<u>124588</u>	7th/8th	Th	1/6-1/27	3-4pm	\$72/\$88	•
<u>124589</u>	7th/8th	Th	2/3-2/24	3-4pm	\$96/\$112	•
<u>124590</u>	7th/8th	Th	3/3-3/24	3-4pm	\$96/\$112	٠



## cheerleading

#### Poms Cheerleading Clinic

#### Ages: 5-8

Show your spirit! Young cheerleaders will go over some cheer basics and learn a Poms routine. Filled with high energy, encouragement, and fun, these 1-hour clinics are a great way to introduce kids to the sport of Poms cheerleading. Participants should wear comfortable clothes and be ready to move. Location: Main Street Recreation Center. Min/Max: 6/20. (cs)

#/Link	Day	Date	Time	R/NR	
<u>124538</u>	Th	2/17	6-7pm	\$15/\$30	•
<u>124562</u>	Μ	3/21	4:30-5:30pm	\$15/\$30	٠

#### **Cheerleading Clinic**

#### Ages: 9-16

Got cheer squad goals? Learn about the sport of cheerleading and its benefits such as coordination, teamwork and positive reinforcement. Participants will work on cheers, chants, jumps and stunting. Location: Ackerman SFC. Min/Max: 6/20. (cs)

#/Link	Age	Day	Date	Time	R/NR	
<u>124527</u>	9-11	Su	2/13	3-4pm	\$15/\$30	•
<u>124533</u>	9-11	Su	3/20	9-10:30am	\$15/\$30	•
<u>124526</u>	12-16	Su	2/13	2-3pm	\$15/\$30	•
<u>124528</u>	12-16	Su	3/20	10:30am-12pm	\$15/\$30	•





## field hockey

#### RISE Field Hockey: Winter Skills Class

#### Grades: 4th-12th

Keep skills sharp for the spring season with RISE's Winter Skills Class. The 4th to 7th grade program focuses on recreational-level skills and drills, and is appropriate for players of all levels from beginners to travel team members. Players in 8th-12th grade will work on high-level advanced skills such as shooting, hitting, corners, defensive tackling, and pulls that support competitive high school play; these practices are appropriate for all high school players and eighth graders of all levels intending to try out in high school. Location: Ackerman SFC. (ch)

#/Link	Grade	Day	Date	Time	R/NR	
124177	8th-12th	Th	1/6-1/27	7:30-9pm	\$90	•
<u>124778</u>	4th-7th	Th	2/3-2/24	7:30-9pm	\$90	•

#### RISE Field Hockey: Spring Recreation Class

#### Grades: 1st-8th

During the first two weeks, participants will focus on basic skill building and team formation. The remaining four weeks will be small-sided games. The full game schedule will be out on April 15. Athletes will need to purchase a reversible pinny for practice (\$15) and will need to bring a stick, mouthguard, and shin guards. Location: Ackerman SFC. (ch)

#/Link	Grade	Day	Date	Time	R/NR	
<u>124179</u>	1st-4th	Th	4/7-5/12	6:30-7:30pm	\$84	•
<u>124180</u>	5th-8th	Th	4/7-5/12	7:30-9pm	\$155	•





## rugby

#### **Glen Ellyn Youth Rugby**

Age: 8-18

Glen Ellyn Youth Rugby is open to children from 3rd grade to senior year of High School. Beginners are welcome at all age groups. We emphasize individual and team skill development, teamwork, sportsmanship, rugby etiquette and conditioning.

Practices are held three days per week on Monday, Wednesday, and Friday at Newton Park starting in mid-March and the season runs through "State Championship" weekend (first weekend in June). Games take place on weekends at various locations. A mouth guard and soccer/ football cleats are required. A t-shirt, shorts and socks will be supplied. A \$75 fee will be charged for cancellations after February 28. Additional information is available online at the Youth Rugby website at <u>geyouthrugby.com</u>. Location: Newton Park. Min/Max: 12/50. (cb)

**Important Registration Information:** Participants are also required to register with USA Rugby and pay a separate fee. Visit <u>geyouthrugby.com</u> for directions on how to register.

**Regular Registration:** Ends 2/27 (first come, first serve) **Late Registration:** 2/28 or later (if players are needed)

#/Link	Grade	Date	R/NR Regular	R/NR Late	
<u>124488</u>	5th-6th Stingers	2/28-6/5	\$225	\$275	•
<u>124489</u>	7th-8th Stingers	2/28-6/5	\$225	\$275	•
<u>124490</u>	9th-10th Ducks	2/28-6/5	\$275	\$325	•
<u>124491</u>	11th-12th Duck	2/28-6/5	\$275	\$325	•

## football

#### **Ackerman Flag Football Class**

Ages: 6-10

Participants will be taught the fundamentals of football on the offensive and defensive sides of the ball and will go through a variety of drills, games, and contests to develop their football skill set. Location: Ackerman SFC. Min/Max: 5/25. (sl)

#/Link	Day	Date	Time	R/NR	
<u>124068</u>	Sa	1/8-2/19	9:30-10:15am	\$60/\$75	•
<u>124069</u>	Sa	2/26-3/26	9:30-10:15am	\$45/\$60	•

#### Golden Eagles Flag Football League

Grades: 1st-8th (as of 8/31/22)

Players learn and develop the fundamentals of football, teamwork, sportsmanship, and leadership in a supervised, organized, and safe environment. The flag program begins in August and ends in mid-October with practices held twice weekly until school starts and once weekly thereafter. Games/scrimmages are played on weekends at Newton Park. (cb)

**Regular Registration:** Ends 6/1 (first come, first serve) **Late Registration:** After 6/2-7/15 (if players are needed)

#/Link	Grade	R/NR Regular	R/NR Late	
<u>124223</u>	1st & 2nd	\$225	\$275	•
<u>124224</u>	3rd & 4th	\$225	\$275	•
<u>124225</u>	5th & 6th	\$225	\$275	•
<u>124226</u>	7th & 8th	\$225	\$275	•

#### Golden Eagles Tackle Football League

Age: 7-14 (as of 8/1/22)

The tackle program participates in the Bill George Youth Football League (www.bgyfl.org). Players learn and develop the fundamentals of tackle football, teamwork, sportsmanship, and leadership in a supervised, organized, and safe environment. This is a travel league that plays teams from surrounding suburbs. The tackle program begins the last week of July/first week of August and ends in early November. Teams practice daily in August and three days a week when school starts through the end of the season. Games are played on weekends at Newton Park and in surrounding communities. Teams are built based on age, weight restriction, ability, and experience. Coaching candidates are encouraged to apply. Additional details are available online at the Glen Ellyn Golden Eagles website at www.glenellynfootball.com. (cb)

YOUTH & TEEN SPORTS

**Regular Registration:** Ends 6/1 (first come, first serve) **Late Registration:** After 6/2-7/15 (if players are needed)

#/Link	Level	Age	Weight	R/NR Regular	R/NR Late	
124227	BG10U	Not 11	98 lbs.	\$400	\$450	•
<u>124228</u>	BG11U	Not 12	108 lbs.	\$400	\$450	•
<u>124229</u>	JV	Not 13	123 lbs.	\$400	\$450	•
<u>124230</u>	Varsity	Not 15	158lbs.	\$400	\$450	•

## ice skating & hockey

#### **CENTER ICE OF DUPAGE**

#### Ice Skating: Basic 1

#### Ages: 6-13

Intended for students with no previous formal instructions. Participants will learn 1- and 2-foot glides, forward and backward swizzles, and backward wiggles. Skate rentals are available. Min/Max: 1/10. Location: Center Ice of DuPage. No class 1/12-1/15, 3/30-4/2, or 4/13-4/16. (dm)

#/Link	Day	Date	Time	R/NR	
<u>124452</u>	W	1/5-2/23	9:40-10:20am	\$155	•
<u>124453</u>	Th	1/6-2/24	4:30-5:10pm	\$155	•
<u>124454</u>	Th	1/6-2/24	5:30-6:10pm	\$155	•
<u>124455</u>	Sa	1/8-2/26	9:10-9:50am	\$155	٠
<u>124456</u>	Sa	1/8-2/26	11:20am-12pm	\$155	٠
<u>124457</u>	W	3/2-4/27	9:40-10:20am	\$155	٠
<u>124458</u>	Th	3/3-4/28	4:30-5:10pm	\$155	٠
<u>124459</u>	Th	3/3-4/28	5:30-6:10pm	\$155	٠
<u>124460</u>	Sa	3/5-4/30	9:10-9:50am	\$155	٠
<u>124461</u>	Sa	3/5-4/30	11:20am-12pm	\$155	•

#### CENTER ICE OF DUPAGE Ice Skating: Teen/Adult Basic I

#### Ages: 14 and up

The class is "at your own pace" and is perfect for beginners, continuing skaters, or skaters who are returning to the ice after years of hiatus. Location: Center Ice of DuPage. Min/Max: 1/10. No class 1/12-1/15, 3/30-4/2, or 4/13-4/16. (dm)

#/Link	Day	Date	Time	R/NR	
124462	Th	1/6-2/24	4:30-5:10pm	\$155	•
<u>124463</u>	Th	1/6-2/24	5:30-6:10pm	\$155	•
<u>124478</u>	Sa	1/8-2/26	9:10 -9:50am	\$155	•
<u>124479</u>	Sa	1/8-2/26	11:20am-12pm	\$155	•
<u>124486</u>	Th	3/3-4/28	4:30-5:10pm	\$155	•
<u>124487</u>	Th	3/3-4/28	5:30-6:10pm	\$155	•
<u>124498</u>	Sa	3/5-4/30	9:10-9:50am	\$155	•
<u>124499</u>	Sa	3/5-4/30	11:20am-12pm	\$155	•

#### CENTER ICE OF DUPAGE Beginner Hockey

#### Ages: 6-13

For participants who have had no formal instruction. Kids will learn basic forward and backward skating while wearing hockey equipment. Hockey skates and helmet required. Hockey stick is optional. Min/Max: 1/10. Location: Center Ice of DuPage. No class 1/12-1/15, 3/30-4/2, or 4/13-4/16. (dm)

#/Link	Day	Date	Time	R/NR	
124444	W	1/5-2/23	9:40-10:20am	\$155	•
<u>124445</u>	Th	1/6-2/24	4:30-5:10pm	\$155	•
<u>124446</u>	Sa	1/8-2/26	8:10-8:50am	\$155	•
<u>124447</u>	W	3/2-4/27	9:40-10:20am	\$155	•
<u>124448</u>	Th	3/3-4/28	4:30-5:10pm	\$155	•
<u>124449</u>	Sa	3/5-4/30	8:10-8:50am	\$155	•

#### **CENTER ICE OF DUPAGE**

#### **Beginner Hockey: Teen/Adult**

#### Ages: 14 and up

The class is "at your own pace" and is perfect for beginners, continuing adult skaters or skaters who are returning to the ice after years of hiatus. Min/Max: 1/10. Location: Center Ice of DuPage. 1/12-1/15, 3/30-4/2, or 4/13-4/16. (dm)

#/Link	Day	Date	Time	R/NR	
<u>124496</u>	Sa	1/8-2/26	8:10-8:50am	\$155	•
<u>124497</u>	Sa	3/5-4/30	8:10-8:50am	\$155	•

#### **CENTER ICE OF DUPAGE**

#### **Special Skater**

#### Ages: 3 and up

This class will follow the Learn to Skate USA Adaptive and Basic Skills curriculum. Skating helps to foster social skills, balance, a team atmosphere, a sense of achievement and fun. Min/Max: 1/10. Location: Center Ice of DuPage. No class 1/12-1/15, 3/30-4/2, or 4/13-4/16. (dm)

#/Link	Day	Date	Time	R/NR	
124494	Sa	1/8-2/26	12:10-1:10pm	\$120	•
<u>124495</u>	Sa	3/5-4/30	12:10-1:10pm	\$120	•

### lacrosse

#### **Bulldogs Lacrosse**

The Bulldogs Lacrosse program is open to players of all skill levels, from beginners to experienced. Training sessions focus on mastering the fundamentals of passing, catching, ground balls, shooting, footwork and defense. The program also focuses on individual skill development, teamwork, and sportsmanship. Along with skills and drills games are scheduled each week. Beginner equipment packages can be rented through the Bulldogs. Information is available online at <u>gebulldogs.com</u>. Limited quantities available.

#### **Bulldogs: Winter Training Program**

Grades: 1st-5th

This program gives kids a chance to learn lacrosse fundamentals before the start of the spring season. Led by Bulldogs coaches, practices are divided into stations where groups focus on shooting, stick skills, passing, catching, and cradling. A mouthguard and stick are required. Face coverings required while in school facilities. Location: Glenbard West High School. Min/Max: 10/30. (cb)

#/Link	Grade	Day	Date	Time	R/NR	
<u>124500</u>	1st-4th	Μ	1/10-2/21	7-8pm	\$85/\$135	•
<u>124501</u>	5th-6th	Μ	1/10-2/21	8-9pm	\$85/\$135	•
<u>124502</u>	7th-8th	Μ	1/10-2/21	8-9pm	\$85/\$135	•

#### **Bulldogs: Preseason Training/Evaluations** Grades: 3rd-6th

These training sessi

These training sessions help players become familiar with their teammates and coaches as they prepare for the start of the spring season. This program also serves as player evaluations to determine team placement. A stick, helmet, shoulder pads, arm pads, gloves, and mouth guard are required by first day of practice. Location: True Lacrosse, Lombard. Min/Max: 12/40. (cb)

#/Link	Grade	Day	Date	Time	R/NR	
<u>124504</u>	3rd/4th	Tu	3/1-3/22	5-6pm	\$55/\$80	•
<u>124505</u>	5th/6th	Tu/Th	3/1-3/24	6-7:30pm	\$85/\$135	•
<u>124506</u>	7th/8th	Tu/Th	3/1-3/24	7:30-9pm	\$85/\$135	•

#### **Bulldogs: Spring House League**

#### Grades: 1st-2nd

Players meet on Tuesday evenings from 6pm-7:30pm for practice, to focus on building game play fundamentals such as cradling, scooping, passing, and catching. April practices are indoors on the turf at the Ackerman Sports & Fitness Center (ASFC). May-June practices are held at Newton Park. House League games are played on Saturday mornings at ASFC or Newton Park. There is a \$75 fee for cancellations after January 31 and no refunds after March 31. A stick, helmet, shoulder pads, arm pads, gloves, and mouth guard are required by the first day of practice. (cb)

Regular Registration: Ends 1/15 (first come, first serve) Late Registration: 1/16 or later (if players are needed)

#/Link	Day	Date	Time	R/NR Regular	R/NR Late	
<u>124507</u>	Tu/Sa	4/5-6/11	See above	\$160/\$235	\$210/\$285	•

#### **Bulldogs: Spring IBLA League**

Grades: 3rd-8th

Players participate in 90-minute practices at Newton Park on Tuesday and Thursdays, in approximately 10 league games through the Illinois Boys Lacrosse Association, and in a single-elimination tournament in early June. Team game schedules and locations are posted on the IBLA website in late March (home games played at Newton Park, away games at neighboring towns). Optional travel tournaments will be offered (additional fees apply). There is a \$75 fee for cancellations after January 31 and no refunds after March 31. A stick, helmet, shoulder pads, arm pads, gloves, and mouth guard are required by the first day of practice. (cb)

**Regular Registration:** Ends 1/15 (first come, first serve) **Late Registration:** 1/16 or later (if players are needed)

-	•		•	,	
#/Link	Day	Date	Time	R/NR Regular	R/NR Late
Grades: 3	rd/4th				
<u>124508</u>	Tu/Th	4/4-6/9	6-7:30pm	\$225/\$375	\$275/\$400 •
Grades: 5	th/6th				
<u>124509</u>	Tu/Th	4/4-6/9	6-7 <b>:</b> 30pm	\$225/\$375	\$275/\$400 •
Grades: 7	th/8th				
<u>124510</u>	Tu/Th	4/4-6/9	4:30-6pm	\$225/\$375	\$275/\$400 •

#### **East Ave Lacrosse**

After a successful year for Glen Ellyn's first girls' lacrosse program, Jerry Considine, East Ave Lacrosse Co-Founder and Girls Varsity Lacrosse Coach at Glenbard West, along with former and current Glenbard West players, continue to provide instruction for players of all levels while creating a fun and welcoming environment.

#### **Girls Lacrosse: Winter Training**

#### Grades: 1st-8th

Indoor training at Ackerman Sports & Fitness Center. A stick, goggles, and a mouth guard are required, along with face coverings, for participation and while indoors. (cb)

#/Link	Grade	Date	Time	R/NR	
<u>124520</u>	1st-4th	1/8-2/26	11am-12pm	\$120	•
<u>124521</u>	5th-8th	1/8-2/26	12-1pm	\$120	•

#### **Girls Lacrosse: Spring League**

#### Grades: Pre-K to 8th

Pre-K & K practice on Saturdays; Grades 3-8 practice on Saturdays with scrimmage games being played on Sundays between 11am-1pm (full schedule to be sent prior to the start of the season). Additional days and times may be added for scrimmage games later in the season. Participants must have a stick, googles, and mouth guard. Location: Newton Park. (cb)

#/Link	Grade	Date	Time	R/NR
<u>124512</u>	Pre-K & K	4/9-5/21	Sa: 3-4pm	\$85/\$120 •
<u>124513</u>	1st-4th	4/9-5/22	Sa: 3-4pm Su: Varies	\$165/\$240 •
<u>124514</u>	5th-8th	4/9-5/22	Sa: 4:30-6pm Su: Varies	\$200/\$290 •

## ackerman sports & fun camps

#### Winter & Spring Break Camps

Ages: 5-12

This athletic camp emphasizes instruction, participation, and general fitness. Participants will learn more about sports and partake in individual activities while still being part of a group setting including individual skill drills, arts and crafts, relay races, and exercising. Please bring a water bottle and hand sanitizer to camp each day. Location: Ackerman SFC. Min/Max: 5/50. (sl)

#/Link	Day	Date	Time	R/NR			
Winter Break Camps							
<u>123833</u>	M-W	12/20-12/22	9am-12pm	\$50/\$65	•		
<u>123834</u>	M-W	12/20-12/22	12:30-3:30pm	\$50/\$65	•		
<u>124021</u>	Th	12/23	9am-12pm	\$15/\$20	•		
<u>124022</u>	Th	12/23	12:30-3:30pm	\$15/\$20	٠		
<u>123836</u>	M-W	12/27-12/29	9am-12pm	\$50/\$65	٠		
<u>123837</u>	M-W	12/27-12/29	12:30-3:30pm	\$50/\$65	٠		
<u>124024</u>	Th	12/30	9am-12pm	\$15/\$20	٠		
<u>124023</u>	Th	12/30	12:30-3:30pm	\$15/\$20	٠		
Spring Break Camps							
<u>124060</u>	M-F	3/28-4/1	9am-12pm	\$70/\$85	•		
<u>124061</u>	M-F	3/28-4/1	12:30-3:30pm	\$70/\$85	•		

#### Day Off School Camps Ages: 5-9

A day off from school means the fun is on at Ackerman SFC! Keep your children entertained with sports,

games, and activities including arts and crafts. Wear comfortable clothing, sport some closed-toed shoes, and bring water and a nut-free snack. Register for the morning, afternoon, or both. Location: Ackerman SFC. Min/Max: 5/50. (sl)

#/Link	Day	Date	Time	R/NR	
<u>124073</u>	Μ	1/3	9am-12pm	\$40/\$55	٠
<u>124614</u>	Μ	1/3	12:30-3:30pm	\$40/\$55	٠
<u>124074</u>	Μ	1/17	9am-12pm	\$40/\$55	•
<u>124615</u>	Μ	1/17	12:30-3:30pm	\$40/\$55	•
<u>124075</u>	Μ	2/21	8-11am	\$40/\$55	٠
<u>124616</u>	Μ	2/21	11:30am-2:30pm	\$40/\$55	٠
<u>124076</u>	F	3/4	9am-12pm	\$40/\$55	٠
<u>124617</u>	F	3/4	12:30-3:30pm	\$40/\$55	٠

### martial arts

#### Tae Kwon Do

New students are required to purchase a uniform (\$45) prior to the first class. This fee is not included in the registration fee. Colored belt students are required to have complete sparring gear.

#### Little Dragons Tae Kwon Do

#### Ages: 4-5

This introductory class is designed to captivate the interest of our youngest students. Skills are developed through gentle instruction and appropriate games for their ability. This class focuses on developing balance, coordination, and respect for the discipline of martial arts training. All belts. Location: Spring Avenue Recreation Center. Min/Max: 4/15. No class 4/2. (ch)

#/Link	Day	Date	Time	R/NR
<u>124345</u>	Sa	1/8-4/30	11:30am-12:10pm	\$208/\$312 •

#### Parent/Child Tae Kwon Do

#### Ages: 7 and up with adult

This class provides families with a fun opportunity to spend time together while improving physical and mental conditioning through cardiovascular drills, calisthenics, and traditional Tae Kwon Do techniques including punching, kicking, and blocking. Fee is listed per person. All belts. Location: Spring Avenue Recreation Center. Min/Max: 4/15. No class 4/2. (ch)

#/Link	Day	Date	Time	R/NR
<u>124346</u>	Sa	1/8-4/30	1:10-2pm	\$208/\$312 •

#### Early Tae Kwon Do

#### Ages: 6-7

Designed especially for the younger children of 6-7 years, this program helps kids develop conditioning, coordination, listening skills, and self-confidence through creative activities. All belts. Location: Spring Avenue Recreation Center. Min/Max: 4/12. No class 4/2. (ch)

#/Link	Day	Date	Time	R/NR
124344	Sa	1/8-4/30	12:15-1:05pm	\$208/\$312 •

#### Youth Tae Kwon Do

#### Ages: 8-13

This program includes a balanced cardiovascular workout, including punching, kicking, and blocking skills, using the Tae Kwon Do tradition, and self-control. Participants will improve coordination, power of concentration, balance, and both physical and mental discipline. All belts. Location: Spring Avenue Recreation Center. Min/Max: 4/12. No class 4/2. (ch)

#/Link	Day	Date	Time	R/NR
<u>124347</u>	Sa	1/8-4/30	1:10-2pm	\$208/\$312 •

#### Shotokan Karate

#### **Pre-Karate**

#### Ages: 4-7

Children will develop agility, strength and coordination skills through fun and creative activities. Watch your child blossom while learning karate and having a blast at the same time! Uniforms and belt testing are options available through the instructor for an additional fee. (ch)

#### **Parent/Child Karate**

#### Ages: 7 and up

Learning martial arts is an excellent opportunity to spend quality time with your child while conditioning muscles, developing coordination and improving cardiovascular fitness. Uniforms and belt testing are options available through the instructor for an additional fee. Fees are per person. Min/Max: 5/10. (ch)

#### **Youth Karate**

#### Ages: 7-14

Youth karate classes offer a good mix of strength training, with cardiovascular and flexibility exercises. Children increase their coordination, agility and poise, as well as learn lasting personal safety skills. They also benefit from the mental stimulation of learning the choreographed moves of the kata and the discipline of conforming to the class rules. Min/Max: 5/10. (ch)



#/Link	Level	Day	Date	Time	R/NR
Pre-Karate	e at Wheaton Park District Con	nmunity	Center		
<u>124352</u>	Beginner/Continuing	W	1/5-3/23	4:10-4:55pm	\$150/\$225
<u>124351</u>	Inter/Adv.	W	1/5-3/23	5-5:45pm	\$150/\$225
<u>124349</u>	Beginner/Continuing	Sa	1/8-3/26	3:15-4pm	\$150/\$225
<u>124350</u>	Inter./Adv. (Orange & Up)	Sa	1/8-3/26	4:05-4:50pm	\$150/\$225
Parent/Ch	ild Karate at Wheaton Park Dis	strict Co	ommunity Ce	enter	
<u>124531</u>	Beg./Cont. White-Red	Sa	1/8-3/26	2-3pm	\$150/\$225
<u>124530</u>	Novice Orange-Blue	Sa	1/8-3/26	3-4pm	\$150/\$225
<u>124532</u>	Inter. Green-Purple	Sa	1/8-3/26	3-4pm	\$150/\$225
<u>124529</u>	Advanced Brown & Up	Sa	1/8-3/26	4-5pm	\$150/\$225
Youth Kard	ite at Main Street Recreation (	Center			
<u>124567</u>	Beg./Cont. White-Yellow	W	1/5-3/23	6:30-7:30pm	\$150/\$225
<u>124568</u>	Int./Adv. Blue-Black	W	1/5-3/23	7:30-8:30pm	\$150/\$225
Youth Kard	nte at Wheaton Park District C	ommuni	ity Center		
<u>124566</u>	Beg./Cont. White-Red	Sa	1/8-3/26	2-3pm	\$150/\$225
<u>124570</u>	Novice Orange-Blue	Sa	1/8-3/26	3-4pm	\$150/\$225
<u>124569</u>	Inter. Green-Purple	Sa	1/8-3/26	3-4pm	\$150/\$225
<u>124565</u>	Advanced Brown & Up	Sa	1/8-3/26	4-5pm	\$150/\$225







### soccer

#### **FUTURE PROS**

#### **Junior Lakers Soccer Class**

#### Ages: 4-11

Weekly clinics focus on building individual and team soccer skills. Instruction, drills, and games will focus on dribbling, passing, shooting, defending, and offensive attacking skills. The clinics will be run by Future Pros professional trainers. Groups will be divided for skill-level-appropriate training each week. Players are required to bring their own ball, shoes, shin guards, and water for each class. Location: Ackerman SFC. Min/Max: 8/20. (bt)

#/Link	Age	Day	Date	Time	R/NR	
<u>124388</u>	4-6	F	1/7-3/11	4-5pm	\$110/\$160	
<u>124389</u>	7-11	F	1/7-3/11	5-6pm	\$110/\$160	

#### **FUTURE PROS**

#### **Lakers Academy**

#### Grades: 1st-2nd

Lakers Academy is a program designed to prepare players for the full time Glen Ellyn Lakers travel soccer program. Training and games will be run by our Future Pros travel soccer trainers. Players are required to bring their own ball, shoes, shin guards, and water for each class. Location: Ackerman SFC. Min/Max: 10/40. (bt)

#/Link	Day	Date	Time	R/NR	
124408	Μ	1/3-3/14	4:30-5:30pm	\$200	•
<u>124621</u>	W	1/5-3/16	4-5pm	\$200	•



#### **Chicago Fire Soccer Clinic**

#### Ages: 3-8

Chicago Fire FC After School programs offer a weekly, structured experience, directed by their professional coaching staff. Each player is required to bring their own ball, cleats, shin guards, and water for each class. It is recommended that parents participate with their child for the 3- to 5-year-old class. Location: Ackerman SFC. Min/Max: 6/10. (bt)

#/Link	Age	Day	Date	Time	R/NR
<u>124392</u>	3-5	Tu	1/4-2/22	3-4pm	\$175/\$225 •
<u>124393</u>	3-5	Tu	1/4-1/25	3-4pm	\$90/\$135 •
<u>124394</u>	3-5	Tu	2/1-2/22	3-4pm	\$90/\$135 •
<u>124395</u>	6-8	Tu	1/4-2/22	4-5pm	\$175/\$225 •
<u>124396</u>	6-8	Tu	1/4-1/25	4-5pm	\$90/\$135 •
<u>124397</u>	6-8	Tu	2/1-2/22	4-5pm	\$90/\$135 •

#### **FUTURE PROS**

#### Winter House Soccer League

#### Ages: 5-11

This is a great opportunity for boys and girls to keep their soccer skills fresh during winter. Each week, players will work on a particular skill and then scrimmage at the end of class. This league is instructed by Future Pros trainers, the same trainers used by the Glen Ellyn Lakers travel teams. Each player is required to bring their own ball, shoes, shin guards, and water for each class. Location: Ackerman SFC. Min/Max: 10/50. (bt)

#/Link	Age	Day	Date	Time	R/NR	
<u>124400</u>	5-7	Μ	1/3-3/7	4-5pm	\$110/\$160	
<u>124398</u>	5-7	Th	1/6-3/10	4-5pm	\$110/\$160	
<u>124399</u>	8-11	Th	1/6-3/10	5-6:30pm	\$135/\$195 •	

#### **House Soccer League: Spring**

Grade: Pre-K to 10th

This recreational/instructional league teaches soccer skills while promoting sportsmanship, physical conditioning, and having fun. Teams will be organized as much as possible by geographic area/school. If you are registering for Pre-K and not enrolled in school yet, please indicate which school they will be attending in the future.

Practices start the week of April 4 and are held once a week according to the volunteer coach's schedule. Games are played at Ackerman Park between 8am and 3pm on Saturdays from April 9-May 28 (Pre-K soccer will play on Saturdays only, with teams practicing prior to game kickoff). Parents will be notified of their child's team between March 23-24; email <u>bthomas@gepark.org</u> if you have not heard from a coach by March 25.

Please indicate if you are interested in volunteering as a coach when registering your child. Volunteers will be contacted by phone if needed and must attend a mandatory meeting on March 22 at Ackerman SFC. The child of a coach is assigned to the team the parent is coaching.

Participants are permitted to make one buddy request. If a request is not mutual between two participants, it is not guaranteed that they will be placed on the same team. (bt)

**Regular Registration:** Ends 2/13 (first come, first serve) Late Registration: 2/14-3/3 (if players are needed)

#/Link	Grade	Regular R/NR	Late R/NR
124418	Co-Rec Pre-K	\$60/\$90	\$85/\$115 •
<u>124417</u>	Co-Rec K	\$80/\$110	\$105/\$135 •
<u>124409</u>	Co-Rec 1st	\$80/\$110	\$105/\$135 •
<u>124410</u>	Co-Rec 2nd	\$80/\$110	\$105/\$135 •
<u>124411</u>	Co-Rec 3rd-4th	\$105/\$135	\$130/\$160 •
<u>124412</u>	Girls 3rd-4th	\$105/\$135	\$130/\$160 •
<u>124413</u>	Co-Rec 5th-6th	\$105/\$135	\$130/\$160 •
<u>124414</u>	Girls 5th-6th	\$105/\$135	\$130/\$160 •
<u>124415</u>	Co-Rec 7th-8th	\$105/\$135	\$130/\$160 •
<u>124416</u>	Co-Rec 9th-10th	\$105/\$135	\$130/\$160 •



## **House Soccer** League Clinics Free! Ages: 4-11 These free clinics are instructed by

professional soccer trainers from the Future Pros training staff - the same who also coach and train the Lakers travel teams. Participants must be enrolled in the Spring House Soccer season in order to participate. Space is limited and registration is required. Location: Ackerman Park. (bt)

#/Link	Day	Date	Time	R/NR
Ages 4-6				
<u>124419</u>	Μ	4/11	4:30-5:30pm	Free w/registration $ullet$
<u>124420</u>	Μ	4/18	4:30-5:30pm	Free w/registration •
<u>124421</u>	Μ	5/2	4:30-5:30pm	Free w/registration •
<u>124422</u>	Μ	5/16	4:30-5:30pm	Free w/registration $ullet$
Ages 7-11				
<u>124423</u>	Μ	4/11	5:30-6:30pm	Free w/registration $ullet$
<u>124424</u>	Μ	4/18	5:30-6:30pm	Free w/registration •
<u>124425</u>	Μ	5/2	5:30-6:30pm	Free w/registration •
<u>124426</u>	Μ	5/16	5:30-6:30pm	Free w/registration •

YOUTH & TEEN SPORTS

## softball

#### **Girls Softball League**

Grades: Pre-K to 8th (as of 9/1/21)

Run with the assistance of the Glen Ellyn Girls Softball Association, our softball program gives girls a chance to play and have fun while learning softball skills, teamwork, game rules, and sportsmanship. Leagues are recreational at the younger ages and become progressively more competitive as players grow older. We strive to provide development and options to keep it fun as our players grow older and play to their level of competition.

The spring program is the House League. Teams typically play two games per week (one weeknight/one Saturday) at Ackerman Park. Teams are formed in mid-March and practices begin in April. The season runs through the end of June. Team shirts and protective equipment are provided by age group. Girls must supply their own gloves, bats, and helmets. The program is highly dependent on volunteer coaches and assistants. The Glen Ellyn Girls Softball Association offers support through league commissioners, coaches' clinics, and training materials.

Interested in coaching? Please indicate interest on the registration form or visit the Glen Ellyn Girls Softball website at <u>www.glenellynsoftball.com</u>. (cb)

**Regular Registration:** Ends 2/13 (first come, first serve) **Late Registration:** After 2/14 (if players are needed)

#/Link	Level	Age/Grade	Games Begin	R/NR Regular	R/NR Late	
<u>124326</u>	Pixie	Pre-K to K (age 5-6)	4/16	\$150	\$200	•
124327	Pigtail 1	Grade 1	4/16	\$150	\$200	•
<u>124328</u>	Pigtail 2	Grade 2	4/16	\$150	\$200	•
124329	Ponytail	Grade 3-4	4/16	\$200	\$250	•
<u>124330</u>	Bobtail	Grade 5-6	4/16	\$200	\$250	•
<u>124331</u>	Junior	Grade 7-8	4/16	\$200	\$250	•

#### Softball Pitching Clinic

#### Ages: 8-17

Here's your chance to learn fastpitch pitching fundamentals and stay in shape during the off season. Pitchers will get an opportunity to learn new techniques and sharpen skills. Pitchers must supply their own catchers. Face coverings required while in school facilities. Instructor: Scott Swords. Location: Ben Franklin Elementary. Min/Max: 2/6. No class 1/17 or 2/21. (cb)

#/Link	Day	Date	Time	R/NR
124338	Μ	1/10-3/14	6-6:45pm	\$100 •
<u>124339</u>	Μ	1/10-3/14	6:45-7:30pm	\$100 •
<u>124340</u>	Μ	1/10-3/14	7:30-8:15pm	\$100 •
<u>124341</u>	Μ	1/10-3/14	8:15-9pm	\$100 •

#### **Softball Winter Clinic**

#### Grades: K-8th

Led by Glen Ellyn Girls Softball coaches and volunteers, join us for our Softball Winter Break Clinic. Bring your glove and gym shoes and enjoy a little softball in the winter. Face coverings required for participation. Location: Ackerman SFC. Min/Max: 1/75. (cb)

#/Link	Day	Date	Time	R/NR	
<u>124443</u>	Sa	1/2	12-2pm	\$5	•

#### **Travel Softball League**

For more information about the travel program, please refer to the Glen Ellyn Girls Softball website. House League participation is a requirement for the part-time travel program. At the conclusion of House League, tryouts are scheduled in July/August for the following year's travel programs. (cb)

## volleyball

#### Coach Giunta Mayer's Youth Volleyball Skills Class

#### Grades: 5th-6th

All-State Coach and the 2021 VolleyballMag.com's Coach of the Year Christine Giunta Mayer from Glenbard West offers her expertise to players looking to improve their volleyball skills and develop proper playing habits. These classes will focus on fundamental training and individual skills for passing, setting, blocking, and serving. Location: Ackerman SFC. Min/Max: 1/25. (sl)

#/Link	Day	Date	Time	R/NR	
<u>123984</u>	Th	1/6-1/20	4-5pm	\$65/\$80	•
<u>123985</u>	Th	1/27-2/10	4-5pm	\$65/\$80	•

#### Cyclones Jrs. Volleyball Skills & Drills Class

#### Grades: 3rd-8th

One of the top volleyball clubs in the area, the Cyclones, will be teaching a fun and fundamental-style volleyball program for youth through tweens. With its unique combination of drills, competition, and instruction, this program focuses on breaking volleyball down into different skill stations. These stations offer the most effective way to capitalize on skills, knowledge, drills, and techniques. No equipment needed. Location: COD Physical Education Center. Min/Max: 10/35. (ch)

#/Link	Grade	Day	Date	Time	R/NR	
<u>124165</u>	3rd/4th	Μ	1/24-2/21	6-7:15pm	\$90/\$135	•
<u>124166</u>	5th/6th	Μ	1/24-2/21	6-7:15pm	\$90/\$135	•
<u>124167</u>	7th/8th	Μ	1/24-2/21	6-7:15pm	\$90/\$135	•



#### **Cyclones Jrs. Volleyball League**

Grades: 3rd-6th

This fun, recreational league led by the Cyclones, one of the top volleyball teams in the area, is great for beginner and developing players. Practices take place on Monday evenings with games on Tuesdays. The game schedule will emailed in mid-March. Teams will be formed by the supervisor following a player evaluation on February 28. Team t-shirts will be provided for all participants. Players receive professional training from Cyclones' coaches and parent volunteers will assist with practice and facilitate games. Email <u>chartnett@gepark.org</u> if you are interested in volunteering to coach. Location: COD Physical Education Center. (ch)

Registration Deadline: 2/13 (first come, first serve) Player Evaluations: 2/28, 6:15-7:15pm Practices: Mondays, 3/7-5/9 (no practice 3/28) Games: Tuesdays, 4/5-5/10

#/Link	Grade	Time	R/NR
<u>124515</u>	3rd/4th Co-Ed	Between 6-8pm	\$135/\$185 •
<u>124516</u>	5th/6th Girls	Between 6-8pm	\$135/\$185 •
<u>124517</u>	5th/6th Boys	Between 6-8pm	\$135/\$185 •

#### **Private Volleyball Training**

All-State Coach Christine Giunta-Mayer from Glenbard West offers private lessons to any studentathlete/athletes that want to focus on specifics of their game. Sessions start at \$70.

Learn more »

## adult sports

#### Adult Dodgeball Tournament

Ages: 18 and up

Relive your memories of middle school gym class! Run, throw, dodge, and duck your way to victory in our Adult Dodgeball Tournament at Ackerman SFC. Teams are guaranteed two matches followed by playoffs for those teams that qualify. There is an 8-player maximum per team as matches are played with 6 on the court. Location: Ackerman SFC. Min/Max: 6/12 teams. (bt)

#### Registration is completed on a team basis. The team captain should register your team.

#/Link	Day	Date	Time	R/NR	
<u>124431</u>	Su	1/23	12-3pm	\$100/team	•
<u>124432</u>	Su	2/27	12-3pm	\$100/team	•

#### Martial Arts: ISKC Karate Class

#### Ages: 15 & Up

In addition to teaching self-defense skills, karate develops flexibility, muscle tone and improves core strength. Continuing students need to purchase additional protective gear. Uniforms and belt testing are options available through the instructor for an additional fee. Location: Main Street Recreation Center. Min/Max: 8/25. (ch)

#/Link	Day	Date	Time	R/NR			
Continuer Red-Blue							
<u>124575</u>	W	1/5-3/23	8:30-9:30pm	\$150/\$225 •			
Intermediate/Advanced Green-Black							
<u>124574</u>	W	1/5-3/23	8:30-10pm	\$192/\$288 •			

#### Hockey: Adult Beginner Class

Ages: 14 and up

An introductory class for adults with little to no prior hockey skating experience. Teaches the fundamentals of skating and provides instruction tailored to the individuals needs. Skaters will learn and master forward and backward skating, stops, edges, crossovers and turns. All classes are well-structured with the focus on proper skill development and mastery through professional instruction in a fun, safe, social and positive environment. Location: Center Ice of DuPage. No class 1/12-1/15, 3/30-4/2, or 4/13-4/16. (dm)

#/Link	Day	Date	Time	R/NR
<u>124496</u>	Sa	1/8-2/26	8:10-8:50am	\$155 •
<u>124497</u>	Sa	3/5-4/30	8:10-8:50am	\$155 •

#### Ice Skating: Adult Basic Class

#### Ages: 14 and up

The adult class is "at your own pace" and is perfect for beginners, continuing adult skaters, or skaters who are returning to the ice after years of hiatus. Location: Center Ice of DuPage. No class 1/12-1/15, 3/30-4/2, or 4/13-4/16. (dm)

#/Link	Day	Date	Time	R/NR	
	Duy	Dute			
<u>124462</u>	Th	1/6-2/24	4:30-5:10pm	\$155 <	
<u>124463</u>	Th	1/6-2/24	5:30-6:10pm	\$155 •	
<u>124478</u>	Sa	1/8-2/26	9:10 -9:50am	\$155 •	
<u>124479</u>	Sa	1/8-2/26	11:20am-12pm	\$155 •	
<u>124486</u>	Th	3/3-4/28	4:30-5:10pm	\$155 •	
<u>124487</u>	Th	3/3-4/28	5:30-6:10pm	\$155 •	
<u>124498</u>	Sa	3/5-4/30	9:10-9:50am	\$155 •	
<u>124499</u>	Sa	3/5-4/30	11:20am-12pm	\$155 •	

#### **Co-Ed Pickleball League**

Ages: 18 and up

Teams of 2 will play one match each week for 6 weeks. The top teams will compete in an end of season tournament (best 2 out of 3 matches to 11) with prizes. Players register as a team of two, but only 1 player must register. Games are self-officiated. Paddles and balls are supplied for use if players do not have their own. The schedule will be emailed to registered participants. (sl)

#/Link	Day/Level	Date	Time	R/NR
<u>124343</u>	M (Ranking 3.5+)	1/3-2/14	12-3pm	\$120/\$135 •
<u>124492</u>	Tu (Ranking below 3.5)	1/4-2/15	12-3pm	\$120/\$135 •
<u>124493</u>	W (Ranking 3.5+)	1/5-2/16	12-3pm	\$120/\$135 •
<u>124608</u>	M (Ranking 3.5+)	2/21-4/4	12-3pm	\$120/\$135 •
<u>124609</u>	Tu (Ranking below 3.5)	2/22-4/5	12-3pm	\$120/\$135 •
<u>124610</u>	W (Ranking 3.5+)	2/23-4/6	12-3pm	\$120/\$135 •

#### **Pickleball Start/Restart Class**

Ages: 18 and up

Interested in joining one of the fastest growing sports? Whether you're new to the sport of Pickleball or need a refresher, Pickleball Start/Restart covers the basic skills, grips, and strategies to the game. Players are required to provide their own paddle. Location: Ackerman SFC. Min/ Max: 6/12. (bt)

#/Link	Day	Date	Time	R/NR
<u>124384</u>	Th	1/6-2/24	10-11am	\$135/\$200 •
<u>124385</u>	Th	1/6-2/24	11am-12pm	\$135/\$200 •

#### **Quick Start Paddle**

Ages: 18 and up

This is a fun and dynamic crash course covers all the basics of Platform Tennis, including court positioning, stroke technique, screen play, communication, scoring, and rules of the game. Best for beginners and advanced beginners. Location: Platform Tennis Center. Min/Max: 4/12. (bt)

#/Link	Section	Day	Date	Time	R/NR	
124372	Women	Μ	1/10-2/7	5-6pm	\$125/\$150	•
<u>124371</u>	Men	Tu	1/11-2/8	6-7pm	\$125/\$150	•

#### Men's Indoor Soccer League

#### Ages: 18 and up

Teams play an 8-game regular season followed by a single elimination post-season tournament. For more details, visit <u>geparkathletics.org</u> or email <u>bthomas@gepark.org</u>. Location: Ackerman SFC. Min/Max: 4/8 teams. No games 2/13. (bt)

#### Register by 12/27

#/Link	Day	Date	R/NR	
<u>124428</u>	Sunday - Open	1/9-3/13	\$1,000/team	•

#### Men's Basketball League

#### Ages: 18 and up

Teams play a 10-game regular season followed by a single elimination post-season tournament. For more details, visit <u>geparkathletics.org</u> or email <u>bthomas@gepark.org</u>. Location: Ackerman SFC. Min/Max: 4/18. (bt)

#### Register by 12/27

#/Link	Day	Date	R/NR	
<u>124430</u>	Monday - Open	1/10-3/21	\$775/team	•

#### Men's Softball League

#### Ages: 18 and up

Teams play a 10-game regular season followed by a singleelimination tournament. Visit <u>geparkathletics.org</u> or email <u>bthomas@gepark.org</u> for more details. Location: Ackerman Park. Min/Max 4/8. (bt)

#### Register by 3/25

-	•			
#/Link	Day	Day	Date	R/NR
<u>124427</u>	12"	Monday	4/4-6/13	\$700/team •
<u>124642</u>	16"	Tuesday	4/5-6/14	\$700/team •



## gymnastics



Proper attire is mandatory for gymnastics participants. Girls should wear a gymnastics leotard or shorts and t-shirt (no tights or jewelry). Boys should wear shorts or sweatpants and t-shirt. Bare feet are required for all participants. Instructors reserve the right to move participants to a different class if they are not developmentally ready. No new registration will be taken after the second week of class. Please contact Christine Hartnett at <u>chartnett@gepark.org</u> with questions.

#### **Parent/Tot Gymnastics**

#### Ages: 18-36 months

This fun-filled parent/tot play time program introduces your child to the exciting world of tumbling and gymnastics. Parent/Tot features tumbling and gymnastics equipment, balls, hoops, circles, and parachute play. Parent involvement is the key. Please no siblings. Location: Spring Avenue Recreation Center. Min/Max: 5/12. No class 1/17 or 3/28-4/2. (ch)

<u>124181</u> M	1/3-2/14	9-9:30am		
		9-9:50am	\$66/\$99	٠
<u>124238</u> W	1/5-2/16	9:15-9:45am	\$77/\$115	•
<u>124301</u> Th	1/6-2/17	9:15-9:45am	\$77/\$115	•
<u>124321</u> Sa	1/8-2/19	9-9:30am	\$77/\$115	•
<u>124203</u> M	2/28-4/18	9-9:30am	\$77/\$115	•
<u>124292</u> W	3/2-4/20	9:15-9:45am	\$77/\$115	•
<u>124313</u> Th	3/3-4/21	9:15-9:45am	\$77/\$115	•
<u>124334</u> Sa	3/5-4/23	9-9:30am	\$77/\$115	•

#### **Tiny Tumblers Gymnastics**

#### Ages: 3

This introductory gymnastic class helps develop gross motor skills and body awareness and teaches selfconfidence while having fun. A variety of gymnastic and tumbling stations will be set up each week to introduce your gymnasts to the basic skills used in this sport. Children must be able to attend without a parent present. Location: Spring Avenue Recreation Center. Min/Max: 5/10. No class 1/17 or 3/28-4/2. (ch)

#/Link	Day	Date	Time	R/NR	
124184	Μ	1/3-2/14	9:45-10:15am	\$66/\$99	•
<u>124242</u>	W	1/5-2/16	10-10:30am	\$77/\$115	•
<u>124304</u>	Th	1/6-2/17	11-11:30am	\$77/\$115	•
<u>124324</u>	Sa	1/8-2/19	9:45-10:15am	\$77/\$115	•
<u>124206</u>	Μ	2/28-4/18	9:45-10:15am	\$77/\$115	•
<u>124296</u>	W	3/2-4/20	10-10:30am	\$77/\$115	•
<u>124316</u>	Th	3/3-4/21	11-11:30am	\$77/\$115	•
<u>124337</u>	Sa	3/5-4/23	9:45-10:15am	\$77/\$115	•



#### **Preschool Gymnastics**

Ages: 4-5

A variety of gymnastics and tumbling stations will be set up each week to introduce your gymnast to the basic skills used in this sport. Children must be able to attend class without a parent present. Location: Spring Avenue Recreation Center. Min/Max: 5/12. No class 1/17 or 3/28-4/2. (ch)

#### **Kindergarten Gymnastics**

Ages: 4-6

This class was designed to help refine and develop the gross motor skills taught in previous classes. A higher skill level of gymnastics stations will be set up each week to increase strength, flexibility, and coordination. Location: Spring Avenue Recreation Center. Min/ Max: 5/12. No class 1/17 or 3/28-4/2. (ch)

#/Link	Day	Date	Time	R/NR
Preschool				
<u>124239</u>	W	1/5-2/16	5-5:45pm	\$91/\$136
<u>124303</u>	Th	1/6-2/17	10-10:45am	\$91/\$136
<u>124323</u>	Sa	1/8-2/19	10:30-11:15am	\$91/\$136
<u>124293</u>	W	3/2-4/20	5-5:45pm	\$91/\$136
<u>124315</u>	Th	3/3-4/21	10-10:45am	\$91/\$136
<u>124336</u>	Sa	3/5-4/23	10:30-11:15am	\$91/\$136
Kindergarten				
124237	W	1/5-2/16	6-6:45pm	\$91/\$136
<u>124320</u>	Sa	1/8-2/19	11:30-12:15pm	\$91/\$136
<u>124291</u>	W	3/2-4/20	6-6:45pm	\$91/\$136
<u>124333</u>	Sa	3/5-4/23	11:30-12:15pm	\$91/\$136
Preschool & H	(indergarten (	(Combined Class)		
<u>124182</u>	Μ	1/3-2/14	10:30-11:15am	\$78/\$117
<u>124183</u>	Μ	1/3-2/14	1:30-2:15pm	\$78/\$117
<u>124221</u>	Tu	1/4-2/15	2:30-3:15pm	\$91/\$136
<u>124240</u>	W	1/5-2/16	10:45-11:30am	\$91/\$136
<u>124241</u>	W	1/5-2/16	4-4:45pm	\$91/\$136
<u>124204</u>	Μ	2/28-4/18	10:30-11:15am	\$91/\$136
<u>124205</u>	Μ	2/28-4/18	1:30-2:15pm	\$91/\$136
<u>124222</u>	Tu	3/1-4/19	2:30-3:15pm	\$91/\$136
<u>124294</u>	W	3/2-4/20	10:45-11:30am	\$91/\$136
124295	W	3/2-4/20	4-4:45pm	\$91/\$136

#### - Make-Up Policy -

We do not issue refunds for missed classes. Occasionally, we can offer make-up classes if the other sessions are not filled. Please contact Christine Hartnett at <u>chartnett@gepark.org</u> to see if make-ups can be accommodated.



### Stay & Play Open Gym

Children (preschool or younger) can stay active and play in the Spring Avenue Gymnastics Center. This safe and fun environment is the perfect spot for your child to interact with you and other peers. Pre-registration is not required but come early as space is limited to the first 30 participants. Children must be accompanied and supervised by an adult. Please pay inside the Gymnastics Center. (ch)

Days: Tuesdays and Fridays Time: 9-11am Dates: Jan. 4 to Mar. 25 Drop-in R/NR Fee: \$5/\$8 10-Visit Punch Card R/NR Fee: \$40/\$70

#### **Pre-Developmental Gymnastics**

Grades/Ages: 1st grade to age 12 The focus of this program will be on floor exercise, springboard skills, bars, and beam. Stretching and conditioning for muscle tone will be included. Location: Spring Avenue Recreation Center. Min/Max: See online. No class 1/17 or 3/28-4/2. (ch)

#/Link	Day	Date	Time	R/NR
<u>124202</u>	Μ	1/3-2/14	6:45-7:30pm	\$78/\$117 •
<u>124231</u>	Tu	1/4-2/15	4-5pm	\$105/\$157 •
<u>124219</u>	Tu	1/4-2/15	6:30-7:30pm	\$105/\$157 •
<u>124302</u>	Th	1/6-2/17	4-5pm	\$105/\$157 •
<u>124322</u>	Sa	1/8-2/19	12:30-1:30pm	\$105/\$157 •
<u>124215</u>	Μ	2/28-4/18	6:45-7:30pm	\$91/\$136 •
<u>124232</u>	Tu	3/1-4/19	4-5pm	\$105/\$157 •
<u>124220</u>	Tu	3/1-4/19	6:30-7:30pm	\$105/\$157 •
<u>124314</u>	Th	3/3-4/21	4-5pm	\$105/\$157 •
<u>124335</u>	Sa	3/5-4/23	12:30-1:30pm	\$105/\$157 •



#### **Developmental Gymnastics**

#### Grades/Ages: 3rd grade to age 12

This program is a continuation of Pre-Developmental Gymnastics. Participants must be able to perform roundoffs, cartwheels, forward/backward rolls, handstand, and a bridge in order to register. Location: Spring Avenue Recreation Center. Min/Max: See online. No class 1/17 or 3/28-4/2. (ch)

#/Link	Day	Date	Time	R/NR
<u>124217</u>	Tu	1/4-2/15	5:15-6:15pm	\$105/\$157 •
<u>124300</u>	Th	1/6-2/17	5:15-6:15pm	\$105/\$157 •
<u>124332</u>	Sa	1/8-2/19	12:30-1:30pm	\$105/\$157 •
<u>124218</u>	Tu	3/1-4/19	5:15-6:15pm	\$105/\$157 •
<u>124312</u>	Th	3/3-4/21	5:15-6:15pm	\$105/\$157 •
<u>124342</u>	Sa	3/5-4/23	12:30-1:30pm	\$105/\$157 •





#### **Tumbling 1**

Ages: 7-14

No skills required. Start out learning the proper way to perform handstands, cartwheels, and more. Participants will build on their skills each session. Location: Spring Avenue Recreation Center. Min/Max: 3/6. No class 1/17 or 3/28-4/2. (ch)

#/Link	Day	Date	Time	R/NR	
124307	Th	1/6-2/17	6:30-7:15pm	\$91/\$136	•
<u>124318</u>	Th	3/3-4/21	6:30-7:15pm	\$91/\$136	•

#### **Tumbling 2**

Ages: 7-14

Participants must possess basic skills such as cartwheel, round-off, forward/backward rolls, handstand, and bridge. Location: Spring Avenue Recreation Center. Min/Max: 3/6. No class 1/17 or 3/28-4/2. (ch)

#/Link	Day	Date	Time	R/NR
124310	Th	1/6-2/17	6:30-7:30pm	\$105/\$157 •
<u>124319</u>	Th	3/3-4/21	6:30-7:30pm	\$105/\$157 •

## dance academy



Please contact Chad Shingler at cshingler@gepark.org with questions.

## kids & teens

#### Parent/Tot Dance

Designed for our littlest dancers, this class introduces basic ballet, coordination, and gross motor skills through creative movement and interactive songs with a parent present. Ballet shoes are optional for parent/caregiver.

#### **Tiny Tot**

Your child will learn dance concepts and develop rhythm, coordination, and balance while moving and grooving to music and using creative props to inspire imagination. Parents/guardians are required to stay within the building for the duration of each class, no exceptions. Children must be able to attend class without a parent present.

#### **Creative Movement**

This class develops motor skills, balance, cognitive awareness, creativity, rhythm, musicality, and self-esteem. Parents/guardians are required to stay within the building for the duration of each class, no exceptions. Children must be able to attend class without a parent present.

#### **Creative Hip Hop**

This class develops creativity and musicality with a special focus on the rhythm, muscle memory, and coordination

found in this urban dance style. Parents/guardians are required to stay within the building for the duration of each class, no exceptions. Children must be able to attend class without a parent present.

#### Pre-Ballet/Tap

This class is divided into two units: ballet and tap. Your child will be taught core concepts, age-appropriate technique, and vocabulary in these two genres of dance.

#### Intro Ballet/Jazz

Your child will learn core concepts from both ballet and jazz. Both techniques will be taught in class at an ageappropriate level.

#### Ballet 1

This class will build a solid foundation of ballet terms and technique. Your child will learn to have musicality within their movement and gain strength. We will focus on core ballet concepts and build upon their previous dance knowledge.

#### Ballet 2

This class will use the foundations built in Ballet 1 but continue to grow and expand knowledge and ballet technique. Your child will learn more complex movement, and skills.

DANCE ACADEMY

#### Jazz 1

This class is a focus on jazz technique and style, and growing confidence in movement. Your child will learn basic technique to rhythmic songs, while also finding their own way of moving.

#### Tap 1

Your child will be taught core concepts, age-appropriate technique, and vocabulary in tap.

#### Hip Hop 1

Your child will learn the basics of hip hop in this class. This high energy style of dance encompasses many different urban dance styles and focuses on rhythm, muscle memory, and coordination. Gym shoes or sneakers are usually worn.

#### Modern

This class will center around modern techniques and finding your dancer's center. It will help dancers to find meaning in the movements they are doing and express that outwardly. We explore new ways of moving while building core strength and flexibility. (cs)



#### Ages: All

Go beyond the average tap class and get private, individualized instruction from professional tap dancer and instructor James Demeny. Firsttimers can start off on the right foot learning basic techniques. Those already familiar with tap can learn anything from improvisation and jazz to musical theatre, or explore historical choreography and the choreography process. Lessons take place at Spring Avenue Recreation Center. Email <u>cshingler@gepark.org</u> to book your private lesson. (cs)

R/NR: \$60/\$90 per 1-hour lesson

#### Dance Recital Programs

This year's recital theme is Through the Decades. The recital will take place at 11am Saturday, June 4. A mandatory dress rehearsal will take place Friday, June 3.

Costume fee (\$65) is included in the registration fee. Dancers will need to supply their own shoes and tights. Registration will be accepted through February 1. Costume refunds will not be given after February 20. Min/Max: 5/12. Location: Spring Avenue Recreation Center. No class 3/28-4/2. (cs)

#/Link	Class	Day	Age	Date	Time	R/NR
<u>124216</u>	Creative Movement	Μ	3-4	1/10-5/23	4:30-5:15pm	\$265/\$300 •
<u>124233</u>	Pre-Ballet/Tap	Μ	4-5	1/10-5/23	5:20-6:05pm	\$265/\$300 •
124234	Ballet 1	Μ	5-6	1/10-5/23	6:10-6:55pm	\$265/\$300 •
<u>124235</u>	Ballet 2	Μ	7-8	1/10-5/23	7-8pm	\$325/\$375 •
<u>124236</u>	Tap 1	Tu	5-6	1/11-5/24	5:20-6:05pm	\$265/\$300 •
<u>124243</u>	Modern	Tu	7-9	1/11-5/24	6:10-6:55pm	\$265/\$300 •
124244	Jazz 1	Tu	7-9	1/11-5/24	7-8pm	\$325/\$375 •
124246	Creative Movement	W	3-4	1/12-5/25	10:30-11:15am	\$265/\$300 •
<u>124245</u>	Pre-Ballet/Tap	W	4-5	1/12-5/25	11:20am-12:05pm	\$265/\$300 •
<u>124247</u>	Creative Hip Hop	W	3-4	1/12-5/25	4:30-5:15pm	\$265/\$300 •
<u>124248</u>	Intro Ballet/Jazz	W	4-5	1/12-5/25	5:20-6:05pm	\$265/\$300 •
<u>124249</u>	Нір Нор 1	W	6-8	1/12-5/25	6:10-6:55pm	\$265/\$300 •
<u>124250</u>	Ballet 1	W	5-6	1/12-5/25	7-7:45pm	\$265/\$300 •
<u>124251</u>	Tap 1	Th	12-17	1/13-5/26	4:30-5:15pm	\$265/\$300 •

#### **Instructional Programs**

Instructional dance classes are offered on a seasonal basis. These participants do not participate in the annual spring dance recital. Download the Parent Guide, which includes dance class dress codes, at <u>gepark.org/dance</u>. Location: Spring Avenue Recreation Center. (cs)

#/Link	Class	Day	Age	Date	Time	Min/Max	R/NR
Winter Sess		Day	Aye	Date	11115	/*\111/ /*\dX	N/INK
			<u> </u>	1/10 2/7	F-20 ( 05	F /10	¢ ⊑ ⊑ /¢ ¬ ⊃
<u>124252</u>	Hip Hop 1	M	6-8	1/10-2/7	5:20-6:05pm	5/12	\$55/\$70
<u>124253</u>	Creative Hip Hop	M	3-4	1/10-2/7	6:10-6:55pm	5/12	\$55/\$70
<u>124254</u>	Parent/Tot	Tu	18-36 mo.	1/11-2/8	4:10-4:40pm	5/12	\$35/\$50
124255	Tiny Tot	Tu	2.5-3	1/11-2/8	4:45-5:15pm	5/8	\$35/\$50
124256	Parent/Tot	W	18-36 mo.	1/12-2/9	9:15-9:45am	5/12	\$35/\$50
124257	Tiny Tot	W	2.5-3	1/12-2/9	9:55-10:25am	4/8	\$55/\$70
<u>124258</u>	Tap 1	W	6-11	1/12-2/9	4:30-5:15pm	5/12	\$55/\$70
<u>124259</u>	Tap 1	W	12-17	1/12-2/9	6:10-6:55pm	5/12	\$55/\$70
<u>124260</u>	Pre-Ballet/Tap	Th	4-5	1/13-2/10	9:30-10:15am	5/12	\$55/\$70
<u>124261</u>	Creative Movement	Th	3-4	1/13-2/10	10:20-11:05am	5/12	\$55/\$70
<u>124262</u>	Tiny Tot	Th	2.5-3	1/13-2/10	11:15-11:45am	5/8	\$35/\$50
<u>124263</u>	Pre-Ballet/Tap	Th	4-5	1/13-2/10	5:20-6:05pm	5/12	\$55/\$70
<u>124265</u>	Ballet 1	Th	5-6	1/13-2/10	6:10-6:55pm	5/12	\$55/\$70
<u>124266</u>	Ballet 2	Th	7 -8	1/13-2/10	7-8pm	5/12	\$65/\$80
<u>124264</u>	Pre-Ballet/Tap	Sa	4-5	1/15-2/12	9-9:45am	5/12	\$55/\$70
<u>124267</u>	Ballet 1	Sa	5-6	1/15-2/12	9:50-10:35am	5/12	\$55/\$70
<u>124268</u>	Creative Movement	Sa	3-4	1/15-2/12	10:40-11:25am	5/12	\$55/\$70
<u>124269</u>	Tiny Tot	Sa	2.5-3	1/15-2/12	11:30am-12pm	5/8	\$35/\$50
Winter Sess	ion 2						
<u>124270</u>	Нір Нор 1	Μ	6-8	2/14-3/14	5:20-6:05pm	5/12	\$55/\$70
<u>124271</u>	Creative Hip Hop	Μ	3-4	2/14-3/14	6:10-6:55pm	5/12	\$55/\$70
<u>124272</u>	Parent/Tot	Tu	18-36 mo.	2/15-3/15	4:10-4:40pm	5/12	\$35/\$50
<u>124273</u>	Tiny Tot	Tu	2.5-3	2/15-3/15	4:45-5:15pm	5/8	\$35/\$50
124274	Parent/Tot	W	18-36 mo.	2/16-3/16	9:15-9:45am	5/12	\$35/\$50
<u>124640</u>	Tiny Tot	W	2.5-3	2/16-3/16	9:55-10:25am	4/8	\$55/\$70
<u>124275</u>	Tap 1	W	6-11	2/16-3/16	4:30-5:15pm	5/12	\$55/\$70
<u>124276</u>	Tap 1	W	12-17	2/16-3/16	6:10-6:55pm	5/12	\$55/\$70
124277	Pre-Ballet/Tap	Th	4-5	2/17-3/17	9:30-10:15am	5/12	\$55/\$70
<u>124278</u>	Creative Movement	Th	3-4	2/17-3/17	10:20-11:05am	5/12	\$55/\$70
124279	Tiny Tot	Th	2.5-3	2/17-3/17	11:15-11:45am	5/8	\$35/\$50
124280	Pre-Ballet/Tap	Th	4-5	2/17-3/17	5:20-6:05pm	5/12	\$55/\$70
124282	Ballet 1	Th	5-6	2/17-3/17	6:10-6:55pm	5/12	\$55/\$70
124283	Ballet 2	Th	7 -8	2/17-3/17	7-8pm	5/12	\$65/\$80
124281	Pre-Ballet/Tap	Sa	4-5	2/19-3/19	9-9:45am	5/12	\$55/\$70
124284	Ballet 1	Sa	5-6	2/19-3/19	9:50-10:35am	5/12	\$55/\$70
124285	Creative Movement	Sa	3-4	2/19-3/19	10:40-11:25am	5/12	\$55/\$70
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## dance camps

#### **Dance Academy Mini Camp**

Ages: 5-8

Experience 4 days of dance activities, including arts and crafts, group games, story time, and basic dance technique. No dance experience is necessary to join this camp. Dancers should wear comfortable clothing with dance shoes and bring a snack with a water bottle. The last day of camp, our dancers will show off their new moves for friends and family. Location: Spring Avenue Recreation Center, Min/Max: 6/20, (cs)

#/Link	Day	Date	Time	R/NR	
<u>124055</u>	M-Th	12/20-12/23	9:30-11:30am	\$80/\$120	•
<u>124056</u>	M-Th	3/28-3/31	9:30-11:30am	\$80/\$120	٠

#### **Day Off School Dance Camp**

Ages: 5-8

Fill the school day off with dance activities including arts and crafts, group games, story time, and basic dance technique. No dance experience is necessary to join this camp. Dancers should wear clothes that allows them to move around and dance shoes, and should bring a water bottle and snack. Location: Spring Avenue Recreation. Min/Max: 6/20 (cs)

#/Link	Day	Date	Time	R/NR	
124057	Μ	1/17	9:30-11:30am	\$20/\$35	•
<u>124058</u>	Μ	2/21	9:30-11:30am	\$20/\$35	•

## adult dance All classes are held at Spring Avenue Recreation Center

#### **Adult Tap**

This class includes warm-ups, basic steps, and traveling combinations. Tap shoes are required.

#### West Coast Swing

Although it's history and roots come from Lindy Hop, part of the appeal of West Coast Swing is that it is an adaptable dance; it can be danced to a variety of musical styles and genres. In addition, the dance itself creates room for improvisation and interaction between the partners like a conversation.

#### **Swing Dance**

This class will teach you how to dance swing with ease and confidence. Basic lead and follow techniques will be covered in addition to many popular patterns. The class is open to couples or singles.

#### **Ballroom Dance**

Here's your chance to tackle the dance floor while learning the basics of Waltz and Foxtrot. Register with your favorite partner, or individually, for this enjoyable, fun, and energypacked dance session. (cs)

#### Min/Max #/Link Class Age Day Date Time Instructor R/NR 124047 Adult Tap 18 +Μ 1/10-2/7 8-9pm 4/20 James Demeny \$50/\$65 124048 Adult Tap 18+ 2/14-3/14 8-9pm 4/20 \$50/\$65 Μ James Demeny 1/5-2/9 4/10 124049 West Coast Swing 18+ W 7-8pm Dancin' Feet \$55/\$70 W 2/16-3/23 4/10 Dancin' Feet 124050 West Coast Swing 18+ 7-8pm \$55/\$70 18+ 1/6-2/10 4/10 Dancin' Feet <u>124051</u> Swing Dance Th 6:30-7:30pm \$55/\$70 2/17-3/24 4/10 Dancin' Feet 124052 Swing Dance 18+ Th 6:30-7:30pm \$55/\$70 124053 Ballroom 18+ Th 1/6-2/10 7:30-8:30pm 4/10 Dancin' Feet \$55/\$70 2/17-3/24 4/10 Dancin' Feet 124054 Ballroom 18+ Th 7:30-8:30pm \$55/\$70

#### **Location: Spring Avenue Recreation Center**



#### Spring Stream Clean-Up

Free! Ages: Best for ages 5 and up We're teaming up with the Glen Ellyn Public Library to do some cleaning. Help remove trash in and along the waterways that run through Ackerman Park. Wear clothes and shoes (rubber boots work best) that can get wet and muddy. Also bring a pair of work gloves.

Meet in the northwest corner of the parking lot of Ackerman Sports & Fitness Center, 800 St. Charles Road. Minors must be accompanied by an adult. Registration is required so that we can secure the needed equipment. (rf)

Date: Saturday, March 19 Time: 9-10:30am R/NR: Free w/registration #/Link: 124599 •

#### **Guided Nature Walks**

**Free!** Ages: 18 and up These casual walks will highlight seasonal natural happenings and are held snow, rain, or shine. Meet in the eastern parking lot for Churchill Woods Forest Preserve. For Hidden Lake Forest Preserve, please meet by the restroom on the north half of the parking lot. The George Ball Tennis Courts are located at the end of Elm Street, west of Riford Road (the hike will be within Churchill Woods Forest Preserve). For Ackerman Park, please meet by the playground. No registration required. (rf)

#### **Churchill Woods Forest Preserve**

**Date:** Friday, December 10 **Time:** 9-10am

#### **Hidden Lake Forest Preserve**

**Date:** Friday, January 14 **Time:** 9-10:30am

#### Churchill Woods Forest Preserve (George Ball Tennis Courts) Date: Friday, February 18

**Time:** 9-10am

#### **Ackerman Park**

Date: Friday, March 18 Time: 9-10am



Learn from local experts!

## eco-lecture serie

#### Ages: 12 and up

We are pleased to present this new series geared for adults. Teens interested in the topics are welcome to join. Local experts will share information about ecological subjects and provide action steps we can take towards making positive eco-improvements at home. Location: Spring Avenue Recreation Center. (rf)

## Decluttering Without the Dumpster

Presented by Kay McKeen of SCARCE

Looking to downsize or declutter to start out the new year? Learn how to minimize your impact on the planet while minimizing your possessions. We'll go over where to donate, what to recycle, and how to safely dispose of items as you clean out at home.



#### Growing Native Flowers at Home

Presented by Bruce Blake of Prairie Wind Native Plants

Learn how to garden with native plants and bring butterflies and birds to your home. We will show you how to start your own native garden from seeds. Participants will also take home seeds to grow from a professional native nursery.



#### Three Things to Help Birds Presented by Denis Kania

Join Denis and learn a few things you can do at home to help support birds that utilize our suburban areas. As global bird populations continue to drop, we can help improve their chances for survival.

#### Introducing Go Green Glen Ellyn

Presented by Jacquelyn Casazza and Karin Daly

It's not easy to be green but it can be with community support. Learn more about Go Green Glen Ellyn - a new environmental community group that is dedicated to meeting you wherever you are in your journey towards being greener. Find out how you can "Learn," "Do," and "Participate" to create a greener and more sustainable community. The session will introduce Go Green Glen Ellyn and we will talk about simple ways to green up your life and your village, plus discuss your ideas as well.

#### Veggies in Pots

Presented by Ana Vitek, horticulturalist Growing food in containers is a great way to eat local and healthy, while reducing your carbon footprint and creating beautiful spaces. Ana will share tips and examples of a variety of veggies and herbs that do well in our zone.

For Saving Butterflies and Shedding Light on the Dark, see descriptions online.

#/Link	Торіс	Day	Date	Time	R/NR
<u>124600</u>	Decluttering Without the Dumpster	Th	1/20	6:30-7:30pm	Free w/registration
<u>124601</u>	Growing Native Flowers at Home	Th	2/3	6:30-7:30pm	Free w/registration •
<u>124618</u>	Three Things to Help Birds	Th	2/17	6:30-7:30pm	Free w/registration
<u>124602</u>	Introducing Go Green Glen Ellyn	Th	2/24	6:30-7:30pm	Free w/registration
<u>124643</u>	Veggies in Pots	Th	3/3	6:30-7:30pm	Free w/registration •
<u>124604</u>	Saving Butterflies	Th	3/10	6:30-7:30pm	Free w/registration •
<u>124603</u>	Shedding Light on the Dark	Th	3/24	6:30-7:30pm	Free w/registration •

#### **Nature Outings**

Ages: 2-5 with adult Explore nature this winter. Each class will feature a different topic supported by a story, a take home craft/project, and an easy exploratory hike. Registration closes one week prior to the date of the program. Min/Max: 4/12. (rf)

#### **TOPIC: TREES**

Date: Friday, January 7 Time: 10-11am R/NR: \$10/\$15 Location: Lake Ellyn Park #/Link: 124591 •

#### **TOPIC: ANIMAL CLUES**

Date: Friday, February 11 Time: 10-11am R/NR: \$10/\$15 Location: Churchill Park #/Link: <u>124592</u> •

#### **TOPIC: SPRING VEGGIES**

**Date:** Friday, March 11 **Time:** 10-11am **R/NR:** \$10/\$15 **Location:** Panfish Park **#/Link:** <u>124593</u> •

#### **Bugsicles**

Ages: 3-12 (ages 3-4 with adult) Did you know that some insects stay active in the winter? Dragonfly nymphs slowly cruise around under the frozen ponds, snow fleas surface from the soil on sunny days, and sowbugs huddle under logs. We'll go on a winter hike in search of cold-tolerant insects and other interesting invertebrates. Dress for the weather. Location: Ackerman Park. Min/Max: 5/14. (rf)

**Date:** Saturday, January 8 **Time:** 1-2pm **R/NR:** \$10/\$15 #**/Link:** <u>124594</u> •

#### **Nature Treks**

Ages: 5 and up (ages 3-4 with adult) No topics, just a hike in nature to discover what is happening along the way. We may follow tracks in the snow or mud, perhaps see how many nests we can find, search for animals' homes, or look for interesting winter plants. Dress for the cold. Geared for children and families, but all ages are welcome. Location: See online description. Min/Max: 5/14. (rf)

Date: Saturday, January 22 Time: 1-2pm R/NR: \$10/\$15 #/Link: <u>124595</u> •

**Date:** Saturday, February 12 **Time:** 1-2pm **R/NR:** \$10/\$15 **#/Link:** <u>124596</u> •

Date: Saturday, March 12 Time: 1-2pm R/NR: \$10/\$15 #/Link: <u>124597</u> •

#### **Moonlight Hike**

Ages: All

The nearly full moon will be rising during this brisk and crisp winter walk. Grab the kids, bundle up, and join us for night hike at Churchill Park. Learn which mammals and birds stay active during the winter and what they eat, where they find shelter, and how they stay warm. Location: Churchill Park. Min/Max: 3/10 families. (rf)

Date: Friday, February 18 Time: 8-9pm R/NR: Free w/registration #/Link: <u>124598</u> • Register just one member of your family.



#### VOLUNTEER OPPORTUNITY Restoration Workdays

Best suited for ages 8+. Help clear invasive plants, cut and stack brush, plant native flowers, trees and seeds, maintain trails, and more. Please bring your own work gloves and water bottle. We will follow current health guidelines. Please contact Renae at <u>rfrigo@gepark.org</u> if you have questions. Free.

Saturday, December 11 Location: Churchill Park Time: 9-11am

Saturday, January 8 Location: Churchill Park Time: 9-11am

Saturday, February 12 Location: Ackerman Park Time: 9-11am

Saturday, March 12 Location: Glen Ellyn Manor Park Time: 9-11am

# Holiday Light RECYCLING

Think green! Before tossing those broken light strands in the trash and adding to the landfill, consider recycling them instead!

#### **COLLECTION BINS ARE AVAILABLE THROUGH JAN. 31 AT**

Ackerman SFC, 800 St. Charles Road Spring Avenue Recreation Center, 185 Spring Avenue Main Street Recreation Center, 501 Hill Avenue

#### **ACCEPTED LIGHT TYPES**

Mini lightsRope lightsC7 lightsLED lightsC9 lightsExtension cords



OUTDOOR SKATING & SLEDDING

## skating sledding

Lace up your skates and head to the "coolest" spots in town! Skating and sledding opportunities are unsupervised and at your own risk. Skate rentals are not available.

Check the status of the skating areas »

#### Polar Plaza Synthetic Ice Rink

The Polar Plaza ice rink is open from now until February 21, 2022. Free to residents and visitors to the area, the rink has a synthetic (plastic) surface which replicates a regular ice surface. For more details, please visit: <u>gepark.org/polarplaza</u>

#### Lake Ellyn & Newton Park Natural Ice Rinks

Each winter in Glen Ellyn is unique and there is no guarantee that weather will allow for safe skating on Lake Ellyn or to make ice at Newton Park. The best way to stay up-to-date on the status of either rink is to sign up for alerts through the <u>Park District hotline</u>. Visit <u>gepark.org/skating</u> to learn more about these rinks.

#### **Newton Park Sled Hill**

The park district has designated a sled hill located at Newton Park. No other hills are maintained for sledding. Sledding is allowed only during daylight hours from dawn until dusk. Users are responsible for determining if the conditions are appropriate for sledding. Learn more at: <u>gepark.org/sledding</u>

## POLAR PLAZA CURING Ianes



Try the Winter Olympic sport of curling! Starting December 2, two iceless curling lanes will be available at the Polar Plaza. Visitors can play for up to 40-minutes using equipment checked out from the on-site curling shelter attendant. It's free!

Learn more and view hours »

## At form tennis center



Open year-round, the Glen Ellyn Platform Tennis Center features six courts and modern Paddle Hut. A membership is required to use the facility, but non-members are welcome to sign up for private lessons and classes (when available). Platform tennis is the only racquet sport that players can enjoy outdoors in any climate. You don't need to have prior knowledge of the game as it's easy to learn. The game is primarily played in the winter and is geared toward 4 players.

#### **Membership Rates & Benefits**

- No additional court fees to play year-round.
- Unlimited access to court time when not programmed with leagues, lessons or events.
- Access to the Paddle Hut between 7am and 11pm.
- Privilege of making court reservations 7 days in advance. Note: four courts are reserved for the Glen Ellyn Platform Travel Club on Tuesday, Wednesday, and Thursday evenings from October-March.
- Discount on lessons.

#### **Partial Year Membership** Valid January 1, 2022 to August 31, 2022

Туре	Resident	Nonresident	Add'l Child
Adult (18 and up)	\$200	\$260	-
Junior (6-17)	\$50	\$75	-
Family	\$450	\$540	\$15/child

Family includes 2 adults (same household) or 2 adults and 2 children (age 17 & under) per household. Youth members must be accompanied by an adult and do not receive a key to the Paddle Hut.

Purchase memberships online »

#### **Private Lessons**

Our Platform Tennis Professional, Mark Cunnington, can tailor lessons to your specific needs. Mark comes to the Park District highly skilled in the sport of platform tennis as well as tennis. USPTA and PPTA certified, Mark has over 6 years experience in coaching platform tennis and is currently ranked in the top 40 in the nation. To get started, email at gepaddlepro@gmail.com. Pricing below is listed per person; semi-private lessons are for two players.

Туре	M/NM
Private 30-Minute	\$35/\$40
Private 60-Minute	\$70/\$80
Semi-Private 30-Minute	\$18/\$22
Semi-Private 60-Minute	\$35/\$40
3 & A Pro 30-Minute	\$15/\$20
3 & A Pro 60-Minute	\$25/\$30
5 Private 60-Minute	\$300/\$360

## platform tennis programs

#### **Mixed Doubles Tournaments**

#### Ages: 21 and up

Grab a partner and participate in our Mixed Doubles events. Teams will be scheduled in different flights based on their skill level. Team fees include matches, match balls, and prizes. Email <u>gepaddlepro@gmail.com</u> for more information. One player from each pair should register your duo. Location: Platform Tennis Center. Min/Max: 8/20. (bt)

#/Link	Day	Date	Time	R/NR
<u>124379</u>	Sa	1/15	9am-3pm	\$125/team •
<u>124380</u>	Sa	2/19	9am-3pm	\$125/team •
<u>124382</u>	Sa	3/12	9am-3pm	\$125/team •

#### Men's & Women's Quick Start Paddle

#### Ages: 18 and up

This is a fun and dynamic crash course covers all the basics of Platform Tennis, including court positioning, stroke technique, screen play, communication, scoring, and rules of the game. Best for beginners and advanced beginners. Location: Platform Tennis Center. Min/Max: 4/12. (bt)

#/Link	Section	Day	Date	Time	R/NR	
124372	Women	Μ	1/10-2/7	5-6pm	\$125/\$150	•
<u>124371</u>	Men	Tu	1/11-2/8	6-7pm	\$125/\$150	•

#### **Junior Paddle**

#### Ages: 6-17

Kids will learn skills and drills and play games in this instructional class with Coach Cunnington, our Platform Tennis Pro. They'll be having such a great time; they might not even realize they're in an instructional class designed to develop their racquet skills and learn the sport. Location: Platform Tennis Center. Min/Max: 8/16. (bt)

#/Link	Age	Day	Date	Time	R/NR	
<u>124374</u>	6-10	Μ	1/10-2/7	4-5pm	\$125	•
<u>124375</u>	11-14	Tu	1/11-2/8	4:30-6pm	\$150	•
<u>124373</u>	14-17	Th	1/13-2/10	4:30-6pm	\$150	•

#### Monday Winter In-House League

Ages: 21 and up

This popular league is open to Glen Ellyn Platform Tennis Center members only and is designed to help introduce new players to the game and enhance the experience for advanced beginners. Sign up is first come, first serve. Players will be ranked by the Platform Tennis Pro and placed on teams. All games are played on platform tennis courts at Maryknoll Park. Email gepaddlepro@gmail.com for more information. Min/Max: 16/84. (bt)

#### Register by 1/5

5	,				
#/Link	Day	Date	Time	R/NR	
<u>124378</u>	Μ	1/10-3/14	7-10pm	\$90/\$115	•

#### Wednesday Winter In-House Women's League

#### Ages: 21 and up

This league is geared toward female players. Members will be evaluated by the Platform Tennis Pro and placed on teams. Teams will play a weekly match on the courts at Maryknoll Park. A Glen Ellyn Platform Tennis Membership is required to participate. Email gepaddlepro@gmail.com for more information. Min/Max: 16/40. (bt)

#### Register by 1/5

#/Link	Day	Date	Time	R/NR	
<u>124377</u>	W	1/12-3/16	5-6:30pm	\$90/\$115	•

#### Men's and Women's Travel League

The Glen Ellyn Park District works in conjunction with the Glen Ellyn Platform Tennis Club (GEPTC) to provide travel leagues. The GEPTC Men's Travel program has many teams playing in various levels (series) of play. These teams participate in the Chicago Platform Tennis Charities and Southwest leagues. Teams travel to other communities, as well as hosting home matches in the evenings. The Women's Travel league participates in the North Shore and Southwest leagues and travels during the day. Email gepaddlepro@gmail.com for more information. All travel members must also hold a Glen Ellyn Park District Platform Membership.

## ackerman sfc.com



#### ackerman SFC facility hours

#### **Fitness Center/Walking Track**

Monday-Thursday	4:30am-10pm
Friday	4:30am-9pm
Saturday	6am-7pm
Sunday	7am-7pm

#### **Front Desk**

Monday-Friday	5am-9pm
Saturday	6am-5pm
Sunday	7am-5pm

#### Holidays

Christmas Eve (12/24)	7am-1pm
Christmas Day (12/25)	Closed
New Year's Eve (12/31)	7am-1pm
New Year's Day (1/1)	7am-3pm

#### what's in the gym

- PRECOR Adaptive Motion Trainers
- PRECOR EFX Ellipticals with Crossramp
- Matrix and Life Fitness Treadmills
- NuStep Recumbent Steppers
- Matrix, Octane, & Life Fitness Ellipticals
- Matrix ARC Trainers
- Matrix Bikes (Recumbent/Upright/Hybrid)
- Matrix Single Station Strength Machines
- Gauntlet Stairmasters
- Scifit Pro2 Trainers
- Concept 2 Rowing Machines
- Xerball & Medicine Ball
- Free Weights & Core Conditioning
- Stretching & CrossFit Area w/TRX Straps
- Cable Cross Weight Machines

#### amenities

7,000+ square foot fitness center, 3 court gymnasium, 45-yard by 60-yard indoor turf field, 2 lane indoor track (10.3 laps = 1 mile), group fitness studio, locker rooms and shower facility, and free Wi-Fi.

#### See the Group Fitness Schedule »

View Personal Training Options »

WINTER 2022 • 70

### membership rates and benefits

UNDER ARIO

#### **\$0 ENROLLMENT FEE**

- Fitness center and indoor track access
- Free weekly group fitness classes
- Open court/turf time
- Orientation with a personal trainer
- Bring a guest on the first Wednesday of the month
- Use of the Spring Avenue Fitness Center

We will automatically charge your membership fees to the credit/debit card you place on file each month.

Membership Type*	Resident	Nonresident
Teen (14-17)	\$21	\$23
Senior (60+)	\$21	\$23
Active Military	\$21	\$23
Individual (18-59)	\$30	\$35
Couple	\$50	\$55
Family	\$60	\$65

#### work in glen ellyn?

Ackerman SFC offers special membership rates to Glen Ellyn employees and teachers with proof of employment. Call or visit the Ackerman SFC front desk for details.



### **30 Days for \$30** student & teacher special

Teachers and Students: Ackerman SFC 30-day membership are now available for a limited time. Stay active over holiday break by purchasing a membership good for 30 days for only \$30 any time between now and January 16, 2022. A valid school ID or proof of employment is required at time of purchase. *Must be 14 years of age or older.* 

#### MEMBERSHIP ADD-ON college of dupage lap swimming

Active Ackerman SFC fitness members (ages 16+) may purchase a lap swimming monthly membership to swim at College of DuPage's indoor pool for just \$20 per member per month. Members that are ages 16-17 must have a parent/guardian sign the College's waiver of liability. Walking track only members are not eligible for this offer. To sign up, visit the College's Member Service Office where they will setup your membership. C.O.D. indoor pool hours are available at: www.gepark.org/COD

\*Residents are defined as those living within Glen Ellyn Park District boundaries. Must provide proof of age if requested. A teen is defined as a person age 14-17 (age 11-13, if certified). Waiver must be signed by a parent or legal guardian. An individual is defined as a person age 18 & up. A senior is defined as a person age 60 & up. A family is defined as up to six immediate family members residing in the same household and children 26 years and younger living at home. Other relatives and individuals in the same household are not included in the family pass. Children 10 years and under have access to open turf, open gym, and open climb. Children 8 to 13 can access the track with a parent. Fitness center is available for children 14 years and older (age 11-13 after orientation; see front desk to set up an appointment). A couple is defined as two people living at the same address.



#### group fitness classes

Group fitness classes are included as part of the Ackerman SFC member fee. With more than 50 options to choose from each week, you're sure to find a class to fall in love with. Classes do not require registration, and may take place on the court, turf, or in the 2nd floor fitness studio.

VIEW THE CLASS SCHEDULE »

#### walking track

The track is free for Ackerman members. Ages 8-13 must be accompanied by a member age 18 years or older to use the walking track.

#### DAILY DROP-IN

Ackerman SFC member	.Free
R/NR Daily Drop-in	.\$5/\$7

#### **ANNUAL PASSES**

Resident (Ages 8-59)	\$35
Nonresident (Ages 8-59)	\$50
Senior (Ages 60 & Up)	\$25

#### open pickleball

Using a paddle, low net and a plastic ball with holes, this unique sport is enjoyed by people of all ages and athletic abilities thanks to its ease of play and straightforward rules.

#### SCHEDULE

To view the schedule, visit: <u>ackermansfc.com/pickleball</u>

#### FEES

Ackerman SFC member	Free
R/NR Daily Drop-in	\$5/\$7
R/NR 5-Visit Punch Card	\$20/\$30

#### open court & turf

No reservations required. Please call the Ackerman SFC front desk for daily available open gym times. Open to both members and non-members.

#### DAILY DROP-IN FEES

Ackerman SFC member	.Free
Youth R/NR Daily Drop-in	.\$4/\$5
Adult R/NR Daily Drop-in	\$5/\$6



#### personal training

Our certified personal trainers will design a program that meets your specific fitness needs. They can help you reach and/or maintain your goal by guiding you through safe, productive, supervised workouts.

**SPORTS &** 

RMA

FITNESS CENTER

# of Sessions	Length	Member	Non-Member
One	30 minutes	\$29	\$49
Three	30 minutes	\$84	\$126
Six	30 minutes	\$150	\$225
Twelve	30 minutes	\$282	\$423
One	1 hour	\$45	\$60
Three	1 hour	\$130	\$175
Six	1 hour	\$255	\$340
Twelve	1 hour	\$500	\$638

#### sports-specific training

Visit the Ackerman SFC front desk for more information or to setup your sessions.

#### **VOLLEYBALL TRAINING**

All-State Coach Christine Giunta-Mayer from Glenbard West offers private lessons to any student-athlete/athletes that want to focus on specifics of their game. Boys and Girls 5th grade through college are given an opportunity to learn from Coach Giunta-Mayer and to work on their game. Sessions start at \$70.

#### **BASKETBALL TRAINING**

Sign up for private lessons from Skill Development Coach Brett Love. Brett has high school and collegiate level playing experience with the credentials to train players to take their skills to the next level. Sessions start at \$45.

#### WINTER 2022 · 72

## New programs coming to former HGA space

After ten years at Ackerman Sports & Fitness Center, Hard Gainers Athletics (HGA) determined that due to their continued growth and need for expansion, the sports performance provider would relocate to 1120 Main Street, Glendale Heights.

Since its founding by Clint Foley in 2011, HGA and the Glen Ellyn Park District have been outstanding partners in providing high end sports and fitness training for Glen Ellyn and beyond. Over the years, HGA expanded from a one-person operation out of the second-floor fitness center to a team of trainers centralized out of an 8,000 square foot dedicated training studio on the first floor. Clint and the HGA team have been an integral part of Ackerman SFC, supplementing and complimenting the many services and programs the Park District offers.

The move was completed at the end of October 2021, and the Glen Ellyn Park District and Ackerman SFC wish Clint Foley and HGA much success with their transition.



The space in which HGA occupied will be repurposed and programmed by the Glen Ellyn Park District.

- Group exercise classes
- Youth programming
- Baseball and softball training
- Personal training
- Speed and agility training

185 SPRING AVENUE, GLEN ELLYN • (630) 858-2462

• Facility rentals

spring avenue fitness

Ackerman SFC members use Spring Avenue Fitness Center for free as part of their membership!

#### membership fees

Annual memberships are valid for one year from the date of purchase.

Ackerman SFC fitness members have full access to Spring Avenue Fitness Center and group fitness classes.

#### **INDIVIDUAL FEES (AGES 14-59)**

Annual Pass	\$245R/\$365NR
3-Month Pass	\$135R/\$195NR
1-Day Pass	.\$7R/\$8NR

#### SENIOR FEES (AGES 60 & UP)

Annual Pass	.\$120R/\$180NR
1-Day Pass	.\$4R/\$6NR

### center hours

Monday-Thursday	9am-8pm
Friday	9am-5pm
Saturday	9am-12pm
Sunday	Closed

#### HOLIDAY HOURS

#### what you'll find

- Treadmills, Ellipticals, Rowing Machine
- Recumbent Bikes
- Free Weights
- Dual-Station Strength Machines
- Lockers and Showers
- Equipment Orientation

#### **SilverSneakers**

If your Medicare health plan, Medicare supplement carrier, or group retiree plan includes SilverSneakers as part of your benefit package, you can work out at no extra cost. Visit the Spring Avenue front desk to learn more.

WINTER 2022 • 73

## Healthier Makes Happier.

DuPage Medical Group is now known as Duly Health and Care. At Duly, we're committed to going beyond the expected to deliver the extraordinary – all in the ongoing pursuit of a healthier, happier you.

12.12

Get to know us at dulyhealthandcare.com



WINTER 2022 • 74

## rentals

Planning your next big event? We offer a wide variety of affordable indoor and outdoor venues. Deposits may be required with some rentals. Space is available on a first come, first served basis.







#### Ackerman SFC 800 St. Charles Road, Glen Ellyn

Three full-size basketball courts and an indoor artificial turf field are available to rent for practices, games, parties, and more. The facility also features two 30' climbing walls, an outdoor volleyball court, and a party room. **Contact:** Ryan Miller at (630) 317-0134



#### Spring Avenue Recreation Center

185 Spring Avenue, Glen Ellyn Spring Avenue Recreation Center can accommodate a variety of events. A single classroom (up to 30 people) or the craft lab (up to 50 people) are available to rent. **Contact:** Christine Hartnett at (630) 942-7268



#### Main Street Recreation Center

501 Hill Avenue, Glen Ellyn Conveniently located near downtown Glen Ellyn. Rent a single classroom (up to 30 people), double classroom (up to 50 people), or elementary-sized gymnasium. **Contact:** Christine Hartnett at (630) 942-7268



#### **Athletic Fields**

The Glen Ellyn Park District has fields available for soccer, baseball or softball: Ackerman Park, 800 St. Charles Road; Village Green, 130 S. Lambert Road; or Newton Park, 707 Fairview Avenue.

Village Green & Newton Parks: (630) 942-7290

Ackerman Park: Grass Fields: (630) 942-7288 Synthetic Turf Field: (630) 317-0134



### Sunset Pool

483 Fairview Avenue, Glen Ellyn

Private pool rentals are perfect for picnics, neighborhood parties, birthdays, group outings, and more. The pool is available to rent on Friday and Saturday evenings from early June through late August. **Contact:** Chad Shingler at (630) 317-0137



#### Maryknoll Clubhouse Party Room

845 Pershing Avenue, Glen Ellyn

Room rental includes tables and chairs. Renter may bring in their own food. Alcohol is permitted with a liability contract. Room size is 25' x 40'. **R/NR Fee:** \$85/\$110 per hour; add \$210 for alcohol liability. The outdoor patio is available to rent with your room rental for a \$30 fee. **Contact:** Christine Hartnett at (630) 942-7268



#### Maryknoll Park Picnic Pavilion

845 Pershing Avenue, Glen Ellyn

This pavilion can accommodate groups of 50 patrons or less. There is a maximum of 6 picnic tables that can be set up for your exclusive use. No alcohol, grills, pets, inflatables, additional tables or piñatas allowed. **Contact:** Christine Hartnett at (630) 942-7268

#### 2-Hour Rental Fees:

1-30 Guests	\$50R/\$75NR
31-50 Guests	\$80R/\$105NR





## Boathouse 645 Lenox Road, Glen Ellyn

Located just 25 miles from downtown Chicago, this unique landmark house was built in 1937 as a community facility and was fully restored to its historic beauty in 2016. Beautifully placed along Lake Ellyn, the Boathouse has been home to numerous wedding ceremonies, receptions, anniversary parties, birthdays, and more.

#### **NOW BOOKING**

Call Jeannie Robinson at (630) 942-7267 for more details.

SCHOLARSHIP PROGRAM

### Glen Ellyn Park District ScholarShip PARKS & ACTIVITIES FOR EVERYONE

The scholarship program is available to all Glen Ellyn Park District residents that qualify. Scholarship funds can be used for non-contractual camps and classes, pool passes, trips, preschool, fitness, athletics, etc., where fees are required. Funds are not eligible for equipment purchases or rental fees. Residents who qualify are eligible to receive up to \$400 maximum per person per calendar year (January 1-December 31) based on need and availability of funds.

Applicants must be able to provide proof of residency and income as defined on the application. Copies of the application are available at gepark.org/financial-aid or by visiting the Spring Avenue (185 Spring Avenue) or Main Street (501 Hill Avenue) Recreation Centers.

A completed application form along with copies of supporting documents must be returned in person or mailed to: Executive Assistant, Glen Ellyn Park District, 185 Spring Avenue, Glen Ellyn, IL 60137. Please allow up to 3 weeks for the application process. Applicants will be notified by letter or phone of the decision made concerning the scholarship. If you have further questions, call (630) 858-2462.

WINTER 2022 • 77



		hs/Trail		îtball Field	ourt	Tennis Court (Hard Court)	ourt	nis	ball Court	Synthetic Turf Athletic Field	Open Play Area/Grass Fields	Outdoor Fitness Equipment	-	PARK INFORMATION							
park features	<ul> <li>Denotes also lined for Pickleball</li> </ul>	Walking Paths/Trail	Playground	Baseball/Softball Field	<b>Basketball Court</b>	<b>Tennis Court</b>	Pickleball Court	Platform Tennis	Sand Volleyball Court	Synthetic Tu	Open Play A	Outdoor Fit	<b>Picnic Shelter</b>	Outdoor Pool	Fishing Pier	Splash Park	Mini Golf	Disc Golf	Skate Park	lce Skating	Sled Hill
Ackerman Park	800 St. Charles Rd.	•	•	•					•	•	•	•									
Babcock Grove Park	324 Linden St.		•								•										
Churchill Park	271 St. Charles Rd.	•											•								
Co-Op Park	515 Wilson Ave.		•								•										
Danby Park	280 Duane St.	•	•								•										
Ellynwood Preserve	801 Ellynwood Dr.																				
Benjamin Gault	625 N. Main St.	•																			
George Ball Park	801 Elm St.					•					•		•								
Glen Ellyn Manor Park	375 Illinois St.	•	•								•										
Glen Oak Park	350 Woodstock Ave.		•								•										
Greenbriar Park	430 Second Place Glendale Heights	•	•								•		•								
Frank Johnson Center	490 Kenilworth Ave.		•								•										
Lake Ellyn Park	645 Lenox Rd.	•	•								•				•					•	
Lake Foxcroft Park	2S540 Lambert Rd.	•	•								•		•		•					•	
Main Street Rec. Ctr.	501 Hill Ave.		•		•						•										
Maryknoll Park	845 Pershing Ave.	•	•					•			•		•			•	•	•			
Newton Park	707 Fairview Ave.		•	•	•	•				•	•		•						•	•	•
Panfish Playground	Maintained by GEPD		•								•										
Sam Perry Preserve	735 Grand Ave.																				
Pfuetze Park	400 N. Park Blvd.										•										
Prairie Path Park	565 Steward Ave.																				
President's Park	265 Cumnor		•								•										
Spalding Park	22W325 2nd St.		•								•		•								
Spring Avenue Rec. Ctr.	185 Spring Ave.										•										
Stacy Park	50 Geneva Rd.		•		•						•		•						•		
Sunset Park	483 Fairview Ave.		•			•					•			•							
Surrey Park	95 Surrey Dr.		•		•						•										
Village Green Park	130 S. Lambert Rd.		•	•	•	•	•				•		•			•					
Walnut Glen Park	860 Walnut St.		•																		

#### WINTER 2022 • 79

## **The Fun Starts Here**

Community-Based Recreational Programs and Special Recreation Association

## WDSRA RECREATIONAL & SOCIAL PROGRAMS: IN-PERSON & VIRTUAL

WDSRA provides fun, engaging recreational and social programs, trips, and special events for children, teens, and adults with special needs. Programs are structured to allow everyone to participate at their own ability level. Through WDSRA each individual has the opportunity to grow personally, connect with their community and discover their potential.

- Sports
- Special Olympics
- Music and Dance
- Art and Drama
- Bowling
- Social Clubs

- Special Events
- Adaptive Sports
- Overnight Outings
- Weeklong Trips
- And much more!

#### **INCLUSION SERVICES**

Inclusion Services are designed to provide the least restrictive environment while providing the maximum opportunity to participate in regular park programs. There is no charge for WDSRA support. To register for services, simply indicate that special accommodations are needed on the park district registration form. Two-week advance notice is requested for inclusion support.



Western DuPage Special Recreation Association 630-681-0962 • www.wdsra.com

WINTER 2022 . 80

## district policies

#### **DEFINITION OF RESIDENCY**

Not all Glen Ellyn residents are in the Park District. Anyone living within the geographic boundaries of the Glen Ellyn Park District is considered a resident. Glen Ellyn Park District residents, via property taxes, make financial contributions to the operation of the park system. Non-residents are charged higher fees for programs than residents to compensate for property tax disparity.

Residents of Glen Ellyn who are not residents of the Glen Ellyn Park District or any other park district may receive all the privileges of belonging to the Glen Ellyn Park District by paying the equivalent of Park District taxes annually. This membership allows for priority registration, pool passes, and any other services provided to our residents at the resident rate.

To participate in any Glen Ellyn Park District program, you must sign a waiver releasing the Park District of any liability.

#### **REFUNDS, CANCELLATIONS**

The Glen Ellyn Park District reserves the right to cancel, postpone or combine classes, or change instructors. If insufficient enrollment causes a class to be canceled, notification will be given 7 days in advance, and full tuition refunded. Withdrawals prior to the start of a class will be assessed at minimum a \$5.00 service charge. Refunds for moving, injury/illness, or schedule changes will be pro-rated according to the date the request for a refund is made.

#### **COMMITMENT TO QUALITY** To encourage first time participation as well as repeat

participation, the Park District has a refund policy highlighted by a satisfaction guarantee. This special refund policy provides us with timely feedback about dissatisfaction regarding our services. We can then take prompt action to improve services. If you are not completely satisfied, tell us and we will either: invite you to repeat the class at no charge; allow you a credit that can be applied to another program; issue you a full refund.

Our guarantee is based on fulfilling our promise to deliver the published expectations describing the service you have used. A refund will be granted if you were dissatisfied with the experience due to circumstances under the Park District's control.

Requests for the above-mentioned options must be made before the midpoint of the program or within two weeks of a single meeting activity. All refund requests must be submitted in writing and returned to the Spring Avenue Recreation Center or the Main Street Recreation Center. Satisfaction Guarantee does not apply to trips, special events with prepaid admissions and tickets, and athletic programs where equipment has already been ordered.



#### **FINANCIAL ASSISTANCE**

The Glen Ellyn Park District recognizes there are community residents who may suffer economic setbacks that might preclude their participation in Glen Ellyn Park District programs. Financial assistance forms are available at the Spring Avenue and Main Street Recreation Center. All requests remain confidential. Questions? Contact Kimberly Dikker at (630) 942-7256.

A referral for additional scholarship assistance is also available to gualified resident children under the age of 18 through the Milton Township Youth Committee's Family Youth Scholarship Fund.

#### **INSURANCE**

The Glen Ellyn Park District does not provide medical insurance coverage for individuals who participate in our programs or use our facilities. To do so would make programs and user fees cost prohibitive.

#### AMERICANS WITH DISABILITIES ACT The Americans with Disabilities Act (ADA) prohibits

discrimination on the basis of a disability. The Glen Ellyn Park District will make reasonable accommodations in recreation programs to enable participation by an individual with a disability that meets essential eligibility requirements for that leisure program and facility.

If you have questions or believe you have been unfairly discriminated against by the Park District, please contact Nick Cinquegrani at (630) 942-7257. Those who use the Telecommunications Device for the deaf may reach the Park District by calling the Illinois Relay Line at (800) 526-0844.

NON-DISCRIMINATION STATEMENT The Glen Ellyn Park District prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, marital or family status.

#### **BEHAVIOR POLICY**

Participants are always expected to exhibit appropriate behavior. The following guidelines have been developed to help make Park District programs safe and enjoyable for all participants. Additional rules may be developed for specific programs and athletic leagues as deemed necessary by staff. Participants shall:

- 1. Show respect to all participants and staff, take direction from staff.
- 2. Refrain from using abusive or foul language.
- 3. Refrain from causing bodily harm to self, other participants or staff.
- 4. Show respect for equipment, supplies and facilities.

A positive approach will be used regarding discipline. Staff will periodically review rules with participants during the program session. If inappropriate behavior occurs, prompt resolution will be sought specific to each individual situation. The Park District reserves the right to dismiss a participant whose behavior endangers the safety of themself or others.

#### PARENT'S CODE OF ETHICS

- I will encourage good sportsmanship by demonstrating positive support for players, coaches, and officials at every game and practice.
- I will place the emotional and physical well-being of my child ahead of my personal desire to win.
- I will insist that my child play in a safe and healthy environment.
- I will require that my child's coach be trained in the
- responsibilities of being a youth sports coach. • I will remember that the game is for youth - not
- adults. • I will do my very best to make youth sports fun for
- my child.
- I will ask my child to treat other players, coaches, and officials with respect regardless of race, gender, creed, or ability.
- I agree with these rules and understand that the Glen Ellyn Park District Associations have adopted a Zero-Tolerance Policy and that not abiding by these rules may restrict me from attending future games and practices.

#### PETS AT EVENTS

The Glen Ellyn Park District asks that everyone please exercise good judgment and leave pets at home when attending events that draw large crowds. Please show respect for other people, yourself and your pet by helping the Park District maintain a safe and healthy environment where all people have the opportunity to participate and enjoy themselves.

#### **NOTICE OF POSSIBLE**

CHANGES IN PLAYBOOK LISTINGS The policies, procedures, requirements, programs, fees and facility availability contained in this Playbook represent Park District program and policies at the time of publication. Sometimes changes in the programs (including fees, locations, times, etc.) and policies are necessary after Playbook publication but prior to program commencement or facility operation.

To provide the best services, programs and facilities to the public, the Park District reserves the right to add, to change, modify or delete any program or policies after they have been published. The Park District will attempt to make a reasonable effort to give prompt public notice of any material changes in the programs and policies, but notice cannot be assured. We apologize for any inconvenience this may cause and appreciate your understanding and cooperation.

#### **PHOTO/VIDEO POLICY**

The Glen Ellyn Park District uses pictures or videos of participants to publicize recreation opportunities in our social media, print, and online marketing. If you do not want a picture taken, please tell our photographer. If the picture has already been taken, please contact the Park District at (630) 942-7260.