# BRING 2024 Day book

Spring registration begins Saturday, February 3 *at*, 9 am

# IN THIS ISSUE:

Special Events 206 Swim Lessons 214 Tennis Lessons 275 Holes & Knolls 217 and much more!



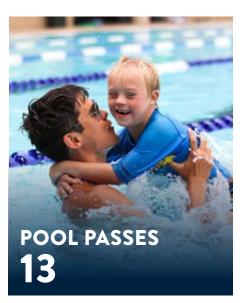


# what's inside





Active Older Adults40 Luncheons, bingo, clubs, and more
Adult Interest37
Aquatics
Dance 51
Day Trips 43
Directory04
Early Childhood Interest22
Events06
<b>Fitness78</b> Ackerman SFC, Spring Avenue Fitness Center, personal training, sports training
Gymnastics54
Holes & Knolls 17
Maryknoll Splash Park



Nature 45
Park Information87
Policies 89
Preschool 19
Racquet Sports72 Platform tennis, tennis, and pickleball
Registration03
Rentals85
Scholarship Program83
<b>Sports57</b> Early childhood, youth/teen, and adult classes and leagues
Spring Avenue Dog Park 44



# new for spring

- Laser Tag Tournament
- STEM Sleuths
- Eclipse Observation
- Youth Yoga
- Spring Clean Flea Market
- Trail Trial
- Meet Me at the Donut Bar
- And so much more!

### **MINIMUMS & MAXIMUMS**

Each program and program session has a set minimum and maximum number of participants based on providing quality instruction, space availability, supplies, number of instructors, and other factors. For some programs, we may be able to accommodate the wait list or add an extra session, while we may not be able to do so for others. Programs not meeting the minimum registration may be canceled, and patrons will be notified.



# spring registration start dates and times

**Residents (In District):** Saturday, February 3, 2024, at 9am

Nonresidents (Out of District): Saturday, February 10, 2024, at 9am

# subscribe to our e-newsletter

Receive the most up-to-date info on programs, events, and more. Sign up <u>here</u> or visit <u>gepark.org/enews</u>.

# our mission

To foster diverse, communitybased leisure opportunities, through a harmonious blend of quality recreation programs, facilities, and open space which will enhance the quality of life into the future.



# Summer 2024 Playbook

Mark your calendar for the online release of the Summer 2024 Playbook on **April 24, 2024** at <u>gepark.org</u>.

The District reserves the right to change the release date above.



# how to register

For registration assistance, call our registration offices at (630) 942-7280 or email <u>registration@gepark.org</u>.

### **Online:**

Click the code number in the digital guide or visit <u>gepark.org/register</u>. New users must create an account prior to registering online by clicking "Create an Account."

## Drop Off Form or Register in Person:

Visit our website to check for any special hours.

- Spring Avenue Recreation Center, 185 Spring Ave. Monday, Tuesday, and Friday: 8:30am-5pm Wednesday and Thursday: 8:30am-7pm Saturday: 9am-12pm Sunday: Closed
- Main Street Recreation Center, 501 Hill Ave. Monday-Thursday: 8:30am-8pm
   Friday: 8:30am-5pm
   Saturday: 9am-12pm
   Sunday: Closed
- Ackerman SFC, 800 St. Charles Rd. Monday-Thursday: 8:30am-9pm Friday: 8:30am-8pm Saturday: 7am-7pm Sunday: 7am-6pm

### Mail/Fax:

Mail: Glen Ellyn Park District, Registration, 185 Spring Avenue, Glen Ellyn, 60137 Fax: (630) 389-8527

# we're here to help!

Staff initials follow the program description for which they are responsible.

(bt)	Brad Thomas	<u>bthomas@gepark.org</u>	
(cg)	Chris Gutmann	<u>cgutmann@gepark.org</u>	
(cb)	Clint Babicz	<u>cbabicz@gepark.org</u>	
(dt)	Dan Tripp	<u>dtripp@gepark.org</u>	
(da)	Darshan Addanki	<u>daddanki@gepark.org</u>	
(dm)	David MacDonald	dmacdonald@gepark.org	
(ks)	Katy Speck	<u>kspeck@gepark.org</u>	
(lb)	Laurie Bellmar	lbellmar@gepark.org	
(ls)	Lisa Semetko	lsemetko@gepark.org	
(lw)	Lynn Wiltfong	lwiltfong@gepark.org	
(pz)	Piotr Zubek	pzubek@gepark.org	
(rb)	Rebecca Brush	<u>rbrush@gepark.org</u>	
(ss)	Susan Smentek	<u>ssmentek@gepark.org</u>	
Websitegepark.org			
Closure/Cancellation Hotlinegepark.org/hotline			

# board of commissioners

For the Board meeting schedule, visit: <u>gepark.org/board-meetings</u>

Ben Stortz Julia Nephew Kathy Cornell Mary Crickmore Alex Durham Michael Ward Rob Weber President Vice President Treasurer Commissioner Commissioner Commissioner

<section-header>

DAY CAMPS • SPORTS • NATURE • AND MORE

# ready. set. summer.

Experience a summer of fun! Our full lineup of summer camps offers something for kids of all ages and interests. You're sure to find a camp your child will love.

view the 2024 summer camp guide »



# Glen Ellyn Park District's Ackerman Park Softball Fields Earn First DarkSky Approval in the State

In September 2023, Ackerman Park's softball fields achieved DarkSky approval, making them the first outdoor sports complex in Illinois to receive this certification.

The DarkSky Outdoor Sports Lighting Program is a certification process designed to help communities reduce light pollution while maintaining adequate lighting for outdoor sports activities. The award is reserved for outdoor lighting solutions that have been proven to substantially reduce light pollution relative to non-certified facilities of similar functions.

"We are thrilled to lead the way as the first outdoor sports complex in Illinois to attain this certification," said Dave Thommes, Executive



Director with the Glen Ellyn Park District. "This designation underscores our commitment to sustainability while providing our residents with high-quality recreational spaces."

To earn DarkSky approval, the softball fields underwent a comprehensive design review and onsite inspection process, focusing on the types of lighting fixtures, projection angles, controls, and the overall impact of the lighting on the surrounding environment. The fields are equipped with LED fixtures designed to direct light down onto the playing area, thereby reducing glare and light pollution.

"This project is a great example of responsible lighting design practices, thoughtful planning, and successful implementation. The DarkSky Approved Outdoor Sports Lighting Program provides the technical framework that allows forward-thinking communities like Glen Ellyn to avoid nuisance light, i.e. light trespass and glare, and protect their night sky resource," said James Brigagliano, Lighting Program Manager with DarkSky International.

For more information about the DarkSky Outdoor Sports Lighting Program, please visit <u>darksky.org</u>.



# community events

# Summer Job Fairs Free!

### Jobs available for ages 15 and up

Looking for a Summer Job with the Glen Ellyn Park District? We offer many opportunities for teens and others to develop skills, build confidence, gain valuable work experience, and make new friends. Come and explore the various job options available and participate in on-site interviews! We offer flexible work schedules, orientation and training, opportunities to work outside, work with friends and make new ones, free fitness membership while actively working and guest passes for multiple amenities.

Some of the positions include, Camp Counselor, Lifeguard/Swim Instructor, Maryknoll & Pool Admissions/Concessions/Support Staff, Parks Maintenance Staff, Manager on Duty, Nature Camp Instructors & Assistants, Athletics Camp Instructors, Birthday Party Hosts, and more. It's a fun place to work for the summer or throughout the year, and opportunities for growth if you return year after year. Come see what we have to offer and refer and bring a friend for an extra ticket(s) for raffle prizes. (Iw)

### **March Job Fair**

Date: Friday, March 1 Time: 2-6pm Location: Main Street Rec. Center

### **April Job Fair**

Date: Monday, April 1 Time: 5-8pm Location: Main Street Rec. Center

# Blood and Food Collection Drives

We are hosting blood and food drives at Ackerman SFC. Appointments are recommended for the blood drives, but you can also walk in without an appointment. If you would like to donate nonperishable food items and toiletries to Glen Ellyn Food Pantry, simply pull up to the main entrance, and we will take care of the rest. Visit <u>gepark.org/drives</u> for details. (bt)

### **February Blood & Food Drive**

**Date:** Wednesday, February 21 **Time:** 9am-3pm

April Blood & Food Drive Date: Tuesday, April 30 Time: 9am-1:30pm

### **May Blood & Food Drive**

Date: Thursday, May 23 Time: 9am-1:30pm



# Sportswap

All ages

Give and get gently used sports equipment at our Sportswap event with Go Green Glen Ellyn. Gear up for spring sports and activities at this community exchange and sale.

Equipment will be collected the preceding week. Watch for more details to be posted at <u>gepark.org</u>. Location: Ackerman SFC. (lb)

Date: Sunday, March 10 Time: 1-3pm Location: Ackerman SFC



# Family Bingo Night All ages

Spend an evening at Ackerman SFC packed with bingo, pizza, and prizes. We'll play several rounds starting at 5:30pm. Prizes, like gift cards and candy, will be awarded at the end of each round. Pre-registration is not required. Kids ages 15 and under must be accompanied by an adult. Drop in anytime with the whole family and have some fun. (rb)

Date: Friday, May 3 Time: 5-7pm Location: Ackerman SFC R/NR: \$1 per card



# Touch-A-Truck Free! All ages

Touch-A-Truck is your child's chance to see their favorite big trucks and things on wheels, interact with the drivers, and take pictures. There will also be a raffle and themed giveaways while supplies last. This free event is open to the public and all ages. Limited parking is available within Maryknoll Park. Overflow parking will be available at Roosevelt Glen Corporate Center. (Is)

Date: Saturday, May 4 Time: 10am-12pm Location: Maryknoll Park

# GLEN ELLYN PARK DISTRICT Rainout Line (Hotline)

Stay informed about program/event cancellations or facility closures due to adverse weather or other factors by utilizing the Glen Ellyn Park District's hotline, powered by Rainout Line.



# registered events

Most events have a set minimum and maximum number of participants based on providing a quality experience, space availability, number of instructors/staff/volunteers, supplies, and other factors. Events may reach the maximum prior to the registration deadline, if indicated. For some programs, the District may be able to accommodate the wait list or add an extra session, while we may not be able to do so for others.

# **Magic Show**

### Ages 3 and up with adult

Come and enjoy a thrilling and entertaining magic show by Gary Kantor. The show is packed with vanishing acts, mind-reading tricks, and a variety of hilarious acts that will have the children rolling on the floor with laughter. The show is suitable for ages 3 and above, and even adults will have a blast. Only children need to register but must be accompanied by an adult. All registered participants will receive a magic trick to take home. Location: Main Street Recreation Center. Min/Max: 60/100. (dm)

#/Link	Day	Date	Time	R/NR
<u>130729</u>	Μ	2/19	10-10:45am	\$10/\$15

# **Bags and Brews Tournament**

### Ages 21 and up

Teams will consist of two players and play a doubleelimination tournament. Prizes will be awarded to the top two teams. Craft beer and seltzer will be available for purchase from Two Hound Red. One person will register as team captain. The tournament rules, bracket, and waiver form will be emailed to team captains prior to the event. Location: Ackerman SFC. Min/Max: 10/100. (rb)

#/Link	Day	Date	Time	R/NR
<u>130514</u>	F	2/23	6-10pm	\$60/\$70

# **Tails and Tales**

Ages 2 and up with adult

Do you have a child who loves dogs? Stop by for this event where kids will listen to dog-themed stories and visit with therapy dogs from Rainbow Animal Assisted Therapy. Children will learn about dog safety, play games, and participate in other activities with the therapy dogs. Adults, take advantage of the stress-relieving wellnessboosting benefits of therapy dogs. Register under the child's name. Location: Ackerman SFC. (rb)

#/Link	Day	Date	Time	R/NR
<u>131192</u>	W	3/6	11am-12:30pm	\$7
<u>131193</u>	W	3/20	4-5:30pm	\$7
<u>131194</u>	W	4/17	1-2:30pm	\$7
<u>131196</u>	W	5/15	1-2:30pm	\$7

# Grandparents and Me Day of Bingo

### Ages 3-12 with adult

Grab your grandparents and head over to Main Street for a chance to win prizes playing your favorite game of bingo. Prizes will be awarded for each round of bingo, with one lucky winner taking home a grand prize. Only children need to register but must be accompanied by an adult. Snacks and refreshments will be available. Location: Main Street Recreation Center. Min/Max: 20/50. (dm)

#/Link	Day	Date	Time	R/NR
<u>131323</u>	Tu	3/26	1-2:30pm	\$5/\$10





# Flashlight Egg Hunt

Ages 6-11

The Bunny has scattered some special treats around the park and it's your job to find them. Grab your flashlight and basket and head out to look for eggs, candy, toys, and prizes. Find one of the special eggs and redeem it for one of the grand prize baskets. Bring a basket and your own flashlight to make egg hunting easier. Check-in starts at 7:30pm and 8:30pm. Dress for the weather. Children must be accompanied by an adult. Location: Churchill Park (park at Churchill school). Min/Max: 25/100. (ks)

#/Link	Day	Date	Time	R/NR
Ages 6-8				
<u>131231</u>	Th	3/28	7:45-8:15pm	\$10/\$20
Ages 9-11				
<u>131232</u>	Th	3/28	8:45-9:15pm	\$10/\$20

# Eggs-traordinary Egg Hunt

Ages 6 and under

Have an egg-cellent egg hunting time this spring. Children up to the age of 6 are invited to join us for a springtime hunt for hidden eggs and goodies with a chance to meet (and take a picture with) Hopper Cottontail – the Glen Ellyn Park District Bunny. Adults must accompany children; only children need to register. Prior to the hunt, the Bunny will be available for photos and we'll have activities to keep the little ones entertained until "go time." Don't forget to bring your basket and dress for the weather – this event will be held rain, snow, or shine. Please check-in with the hunt staff when you arrive. Location: Maryknoll Park. Min/Max: 25/200. (Is)

#/Link	Day	Date	Time	R/NR
<u>131091</u>	F	3/29	9:15-10:15am	\$8/\$12
<u>131092</u>	F	3/29	10:45-11:45am	\$8/\$12

# Hopper Cottontail and Friends Hoppy Party

Ages 2-8 with adult

Hopper Cottontail (Glen Ellyn's own Easter bunny) and some of your favorite character friends are coming to Ackerman SFC for two hours of egg-citing activities and games, including egg-shaped cookie decorating, egg toss contest, and crafts (egg hunt not included). There will also be a bounce house, and an opportunity to take photos. Only children must register but must be accompanied by an adult. Location: Ackerman SFC. Min/Max: 20/200. (rb)

#/Link	Day	Date	Time	R/NR
<u>131198</u>	Sa	3/30	11am-1pm	\$25/\$40

# **Adults-Only Egg Hunt**

Ages 21 and up

Egg hunts aren't just for the kids anymore. Break out your baskets and flashlights and head out for our adultsonly egg hunt. There will be hundreds of goodies hidden throughout the park and they won't all be easy to spot. Light snacks and beverages will be provided before the hunt begins. Prize baskets will be given away following the hunt to a few lucky hunters. Be sure to dress for the weather, this event will be held outdoors rain or snow. Location: Lake Ellyn Boathouse. Min/Max: 25/125. (ks)

#/Link	Day	Date	Time	R/NR
<u>131233</u>	Th	3/21	8:30-9:30pm	\$15/\$30



# **Earth Week**

Celebrate Earth Week and Arbor Day in Glen Ellyn Park District natural areas. Starting on April 20, we'll offer seven days of environmental experiences to get spring started. For more information, please click on the code number, check the Nature section, or contact <u>lbellmar@gepark.org</u>. (lb)

### Volunteer Day at Ackerman Woods

olunteer	Day at Ac	kerman W	oods		
#/Link	Day	Date	Time	R/NR	
<u>131118</u>	Sa	4/20	9-11am	Free w	/registration
Forest Ba	thing Wellr	ness Walk	at Churchill P	ark	
#/Link	Day	Da	ate Ti	me	R/NR
<u>131175</u>	Su	4/	/21 1-	3pm	\$15/\$20
Library St	orytime at	Maryknol	ll Park		
#/Link	Day	Date	Time	R/NR	
<u>131176</u>	M	4/22	10:30-11am	Free w	/registratior
Wildflowe	w Walk at I	aka Eliva	and Benjamir	Cault Pird	Sanatuany
•		-	•		Sunctuary
#/Link	Day	Date	Time	R/NR	
<u>131177</u>	Tu	4/23	9-10am	Free w.	/registration
Trees for	Glen Ellyn (	at Newton	Park		
#/Link	Day	Date	Time	R/NR	
<u>131178</u>	W	4/24	9am-12pm	Free w/	registration
Migration	Morning I	Bird Walk	at Manor Parl	k	
#/Link	Day	Date	Time	R/NR	
<u>131128</u>	Th	4/25	8:30-10am	Free w/	registration
Breakfast	with the B	lirds at Ch	urchill Park		
#/Link					R/NR
	Day -	Dat			
<u>131179</u>	F	4/2	6 9-1	0:30am	\$5/\$7
Arbor Da	y Experiend	ce at Lake	Ellyn		
#/Link	Day	Dat	te Tir	ne	R/NR
<u>131180</u>	F	4/2	26 1:3	80-3pm	\$10/\$12



# **Spring Clean Flea Market**

All ages (to shop) | 18 and up (to sell)

Spring is here and it's time to clean out your closets. Do you have some used items that you no longer need, but still have some life in them? Sell them at our new Spring Clean Flea Market. At this market, you'll be able to sell, barter, or trade your gently used items with other members of the community. Vendors will receive one 10x10 area to set up their own table, booth, or stand from which to sell their wares. Event is free for shoppers. Registration fee is for vendors only; vendors keep all profits. Vendor set-up begins at 11am. Tables and chairs not provided. Min/Max: 10/100. (Is)

#/Link	Day	Date	Time	R/NR
<u>131098</u>	Sa	5/18	1-3pm	\$15/\$25

# **BYOB Mothers & Meditation**

### Ages 21 and up

Start your Mother's Day weekend with some Zen and wine. Perfect for a mother/daughter outing or the kickoff to a girlfriend's brunch. Bring your beverage of choice to enjoy during a peaceful morning of yoga led by Ackerman SFC instructors. Participants will receive a goody bag and a raffle ticket for a chance to win products from local businesses. Location: Lake Ellyn Boathouse. Min/Max: 10/40. (br)

#/Link	Day	Date	Time	R/NR
<u>131060</u>	Sa	5/11	9-11am	\$25/\$35



# Glen Ellyn Bike Rodeo Free!

Ages 5-12 with adult

Giddy up for the Bike Rodeo! This free event demonstrates bicycle safety skills through fun drills and activities. Learn important bicycle rules of the road and test your ability at multiple bike rodeo stations. Participants should bring their own bike and wear a fitted bike helmet. Location: Main Street Recreation Center. Min/Max: 50/150. (dm)

#/Link	Day	Date	Time	R/NR
<u>131324</u>	Sa	5/18	1-3pm	Free w/registration

# **Trolls Tea at the Lake**

Ages 3 and up with adult

Enjoy teas, lemonade, and light refreshments with your favorite grown-up – and visit with your favorite Trolls, Poppy, and Branch. Appropriate tea attire is recommended, and magical clothing is encouraged. Register each guest attending. Location: Lake Ellyn Boathouse. Min/Max: 30/75. (dm)

#/Link	Day	Date	Time	R/NR
<u>131325</u>	Su	5/19	9:30-10:30am	\$25/\$40
<u>131326</u>	Su	5/19	11:15am-12:15pm	\$25/\$40

# 2K Glow Run/Walk

All ages

On your mark, get set, glow! This 1.25-mile nighttime fun run featuring light-up color stations is not to be missed. Before and after the race, enjoy a rockin' glow party with a DJ. Pre-race activities start at 7pm and the first wave of runners will take off at 7:45pm. Maximize your glow by wearing as much white or neon as possible.

Fee includes t-shirt, glow sticks, and access to pre- and post-race event activities. More information will be emailed to registered participants ahead of race day. Min/Max: 30/500. (rb)

Date: Saturday, April 20 Time: 7-9pm Location: Ackerman Park

Early Bird R/NR (February 3-April 1): \$25/\$37 Regular R/NR (April 1-16): \$30/\$42 #/Link: <u>131199</u>



# Freedom Four 4-Mile Run/Walk

Ages 5 and up

Start your July 4th holiday with a bang at the Freedom Four 4-Mile Run/Walk. A portion of the proceeds from this family-friendly event will go to the Friends of Glen Ellyn Parks' Scholarship Fund, which allows families in need access to recreation and athletic programs for little to no cost. The race kicks off at 7:30am "sharp". Awards are presented to the top two male and female finishers in each age division around 8:30am. Freedom Four t-shirts are guaranteed to those that register by the early bird deadline. Participants registering during regular registration or on the day of the race will receive a t-shirt while supplies last. (bt)

Date: Thursday, July 4 Time: Race will start at 7:30am Location: Lake Ellyn Park Early Bird R/NR (Now-June 24): \$27 per person Regular R/NR (June 25-July 3): \$32 per person Day of Race R/NR (July 4): \$40 per person

#### Link: FreedomFourRun.com

Registration is taken online only. Online registration is available until the start of the race.

### **Packet Pick-Up:**

Participants registered prior to July 2 can pick up their race packets at Ackerman SFC on June 30-July 1. Participants registered after July 2 can pick up their packets from 6:30-7:30am on Thursday, July 4 at Lake Ellyn Park.

# Sunset Pool Season Passes Early Bird Sale: March 1-April 30, 2024

Season passes will go on sale March 1. Save on your season passes, which can be used for open or lap swim throughout the summer, by taking advantage of the Early Bird Sale from March 1 through April 30.

To purchase passes and get your Pool Photo ID (required for pool entry), please visit Spring Avenue Recreation Center, Main Street Recreation Center, or Ackerman Sports & Fitness Center. Pool passes may also be paid for online at <u>gepark.org/membership</u> prior to visiting a registration office to obtain your ID. Refunds are not given on season passes.

	Early Bird Sale R/NR	Regular Rates R/NR
	March 1-April 30	On/After May 1
Infant (under age 3)	Free	Free
Individual child (ages 3-17 years)	\$125/\$175	\$135/\$185
Individual adult (ages 18-59 years)	\$135/\$185	\$145/\$195
Individual senior (ages 60 and up)	\$70/\$90	\$80/\$100
Family of two	\$180/\$220	\$190/\$230
+ Additional family members	\$35/\$60	\$45/\$70

Look for the 2024 Sunset Pool schedule in our Summer Playbook on April 24!

# IN PROGRESS

# Enhancements at Sunset Pool

As part of the voter-approved referendum in 2022, improvements are underway at Sunset Pool. Please note that dates and hours may change during the construction efforts. Keep an eye out for the 2024 pool schedule in our Summer Playbook as we finalize the improvements.



# learn to swim

Learn to Swim provides a positive, fun-filled opportunity for children to learn skills that will help reduce the number of water accidents and to develop lifelong aquatic enjoyment. A testing day will take place on day one to ensure participants are placed into the correct level. Swim lessons run Monday through Thursday. In the event a class is cancelled due to thunder or lightning, the class will be made up on Friday at the same time. No more than two classes will be made up per session. Refunds will not be issued for missed classes. If you have any questions, contact Lisa Semetko at <u>Isemetko@gepark.org</u>.

# **Preschool Learn to Swim**

### Ages 3-5

This swim lesson program covers swimming skills and water safety knowledge in a logical progression. Participants will learn and work on skills such as getting face/head wet, floating, gliding, and combined arm and leg actions on front and back. All participants will be tested on the first day of class and placed into the correct level. Location: Sunset Pool. Min/Max: 4/30. No class on 7/4. (Is)

#/Link	Day	Date	Time	R/NR
<u>131633</u>	M-Th	6/3-6/13	8:30-9am	\$50/\$65
<u>131634</u>	M-Th	6/3-6/13	9:20-9:50am	\$50/\$65
<u>131635</u>	M-Th	6/3-6/13	10:10-10:40am	\$50/\$65
<u>131636</u>	M-Th	6/3-6/13	11-11:30am	\$50/\$65
<u>131637</u>	M-Th	6/17-6/27	8:30-9am	\$50/\$65
<u>131638</u>	M-Th	6/17-6/27	9:20-9:50am	\$50/\$65
<u>131639</u>	M-Th	6/17-6/27	10:10-10:40am	\$50/\$65
<u>131640</u>	M-Th	6/17-6/27	11-11:30am	\$50/\$65
<u>131641</u>	M-Th	7/1-7/11	8:30-9am	\$50/\$65
<u>131642</u>	M-Th	7/1-7/11	9:20-9:50am	\$50/\$65
<u>131643</u>	M-Th	7/1-7/11	10:10-10:40am	\$50/\$65
<u>131644</u>	M-Th	7/1-7/11	11-11:30am	\$50/\$65
<u>131645</u>	M-Th	7/15-7/25	8:30-9am	\$50/\$65
<u>131646</u>	M-Th	7/15-7/25	9:20-9:50am	\$50/\$65
<u>131647</u>	M-Th	7/15-7/25	10:10-10:40am	\$50/\$65
<u>131648</u>	M-Th	7/15-7/25	11-11:30am	\$50/\$65

# Youth Learn to Swim

### Ages 6-15

This swim lesson program covers swimming skills and water safety knowledge in a logical progression. Participants will learn and work on skills such as getting face/head wet, floating, gliding, front crawl with rotary breathing, backstroke, elementary backstroke, breaststroke, and butterfly. These classes will help prepare your child to transition to the Gators Swim Team program if desired, and help them be confident and safe in the water. Location: Sunset Pool. Min/Max: 4/30. No class on 7/4. (Is)

#/Link	Day	Date	Time	R/NR
131649	M-Th	6/3-6/13	8:20-9am	\$55/\$70
<u>131650</u>	M-Th	6/3-6/13	9:10-9:50am	\$55/\$70
<u>131651</u>	M-Th	6/3-6/13	10-10:40am	\$55/\$70
<u>131652</u>	M-Th	6/3-6/13	10:50-11:30am	\$55/\$70
<u>131653</u>	M-Th	6/17-6/27	8:20-9am	\$55/\$70
<u>131654</u>	M-Th	6/17-6/27	9:10-9:50am	\$55/\$70
<u>131655</u>	M-Th	6/17-6/27	10-10:40am	\$55/\$70
<u>131656</u>	M-Th	6/17-6/27	10:50-11:30am	\$55/\$70
<u>131657</u>	M-Th	7/1-7/11	8:20-9am	\$55/\$70
<u>131658</u>	M-Th	7/1-7/11	9:10-9:50am	\$55/\$70
<u>131659</u>	M-Th	7/1-7/11	10-10:40am	\$55/\$70
<u>131660</u>	M-Th	7/1-7/11	10:50-11:30am	\$55/\$70
<u>131661</u>	M-Th	7/15-7/25	8:20-9am	\$55/\$70
<u>131662</u>	M-Th	7/15-7/25	9:10-9:50am	\$55/\$70
<u>131663</u>	M-Th	7/15-7/25	10-10:40am	\$55/\$70
<u>131664</u>	M-Th	7/15-7/25	10:50-11:30am	\$55/\$70

# **Adult/Tot Water Exploration**

Class is designed to make an infant's first experience in the water positive and fun. Instructor will facilitate the lesson while caregivers are the main instructors for the class. Class will help develop comfort in the water, swimming readiness, floating with assistance, and blowing bubbles. Adults will be taught how to prevent and manage an aquatic emergency and basic CPR instruction. Location: Sunset Pool. Min/Max: 4/16. (Is)

#/Link	Day	Date	Time	R/NR
Level I: 9-1	8 months	with adult		
<u>131665</u>	Su	6/9 & 6/16	10:15-10:45am	\$26/\$42
<u>131666</u>	Su	7/16 & 7/23	9:30-10am	\$26/\$42
Level II: 18	months-	3 years with an a	dult	
<u>131667</u>	Su	6/11 & 6/18	8:45-9:15am	\$26/\$42
<u>131668</u>	Su	6/11 & 6/18	9:30-10am	\$26/\$42
<u>131669</u>	Su	7/16 & 7/23	9:30-10am	\$26/\$42
<u>131670</u>	Su	7/16 & 7/23	10:15-10:45am	\$26/\$42

# **Private Swim Lessons**

### Ages 6-15

Get a more personalized approach with our private swim lessons. These 30-minute one-on-one lessons are tailored to meet your personal needs and goals. During registration, you will be asked for your availability and skill level. Then, an instructor will contact you to set up the lesson. The wider your availability, the easier it is for us to schedule your lesson. Instructors will begin to set up lessons in early June. You must give 24-hours notice if you need to cancel or reschedule. Contact Lisa Semetko for group/family private lesson opportunities and pricing at <u>lsemetko@gepark.org</u>. (ls)

#/Link	# of Lessons	R/NR
<u>131671</u>	One	\$30/\$40
<u>131672</u>	Two	\$50/\$70
<u>131673</u>	Three	\$75/\$90
<u>131674</u>	Five	\$125/\$140

# Earn Money · Be a Leader · Save Lives Now Hiring Lifeguards

# apply at gepark.org/jobs

- Competitive wages
- Paid training
- Free individual Ackerman SFC membership\*
- Free individual Sunset Pool membership\*
- One-time use passes to Holes & Knolls mini golf
- One-time use Sunset Pool guest passes
- One-time use Ackerman SFC guest passes
- Must be 15 years of age or older

# **Gators Swim Team**

### Ages 5-18 (as of 6/1/23)

Gators is a recreational swim team made up of youth ages 5-18 years. Participants are expected to attend practice Monday-Friday where they will learn the techniques and discipline of competitive swimming, and the value of sportsmanship and team spirit. The swim team will be divided into two teams, "A" which is more competitive and "B" which is for less experienced swimmers. Each swimmer can compete in up to six intramural swim meets which will take place on Tuesday and Thursday evenings at Sunset Pool throughout the season. Caregivers will be asked to volunteer their time at two meets. For questions on the program, contact Lisa Semetko at Isemetko@gepark.org.

Meet the Coaches: May 28, 6-7:30pm (optional) Gators Season: June 3-July 21 Mandatory Practice Meet: May 29 (last names A-L) May 30 (last name M-Z) Championship Meet: July 20 (rainout date: July 21) Recognition Night: July 21

Swim Team is not a lesson program. To have an enjoyable experience and safely take part, 5- and 8-years-olds must be able to comfortably swim 25 yards of freestyle and 25 yards of backstroke without stopping. Participants over 9-years-old must be able to swim 50 yards freestyle and backstroke without stopping. (Is)



# **Registration & Fees**

### Open registration will begin on February 3 at 9am.

The program fee includes a team t-shirt and sweatshirt; team swimsuit must be purchased separately. More information is available at <u>www.gegators.com</u>. Additional children must be in the same family.

### Register by 5/28 (first come, first serve)

#/Link	Age	Practice Time	R/NR	Add'l Child Fee
Boys Regi	stration			
<u>131079</u>	7-8	7-7:55am	\$350/\$425	\$320
<u>131080</u>	9-10	8-8:55am	\$350/\$425	\$320
<u>131081</u>	11-12	9-9:55am	\$350/\$425	\$320
<u>131082</u>	9-10	10-10:55am	\$350/\$425	\$320
<u>131088</u>	13+	10-10:55am	\$350/\$425	\$320
<u>131100</u>	5-6	11-11:45am	\$350/425	\$320
Girls Regi	stration			
<u>131083</u>	7-8	7-7:55am	\$350/\$425	\$320
<u>131084</u>	9-10	8-8:55am	\$350/\$425	\$320
<u>131085</u>	11-12	9-9:55am	\$350/\$425	\$320
<u>131086</u>	9-10	10-10:55am	\$350/\$425	\$320
<u>131089</u>	13+	10-10:55am	\$350/\$425	\$320
<u>131101</u>	5-6	11-11:45am	\$350/\$425	\$320

# **Inclusive Gators Program**

### Ages 7-18

If your swimmer has mild or moderate sensory difficulties that interfere with swimming, this program is for you. This unique swim team helps swimmers learn the ritual and routine of a swim practice. We'll prepare your swimmer to be successful in Gators by including them in a positive group experience that teaches them the skills they need for a more advanced swim team challenge. A mini swim meet will take place during the last practice. Each participant receives a shirt. Inclusive Gators Program runs M-Th except the week of 5/27, which will run Tu-F. Location: Sunset Pool. Min/Max: 5/15. (Is)

#/Link	Day	Date	Time	R/NR
<u>131102</u>	M-Th	6/3-6/27	11:45am-12:15pm	\$175/\$200
<u>131103</u>	M-Th	7/1-7/25	11:45am-12:15pm	\$175/\$200

# holes & knolls mini golf

845 Pershing Avenue, Glen Ellyn

# **Mini Golf Fees**

Child admission (ages 3-13)......\$7 Regular admission (ages 14 and up) ......\$8 Seniors (ages 60 and up) and military ......\$7

# **Mini Golf Hours**

Must be a minimum of 50 degrees to open the courses. Check <u>gepark.org/hotline</u> for up-to-date information including weather-related closings

### April 19 to May 26

Monday-Thursday	Closed
Friday	4pm-9pm
Saturday	11am-9pm
Sunday	11am-7pm

### May 28 to August 4

Monday-Saturday	10am-10pm
Sunday	11am-8pm

### August 5 to September 2

Monday-Saturday	10am-9pm
Sunday	11am-7pm

### September 3 to October 30

Monday-Thursday	Closed
Friday	4pm-9pm
Saturday	
Sunday	

### Holiday/Special Hours

May 4 (Touch-A-Truck)	1pm-9pm
May 27 (Memorial Day)	10am-3pm
July 4 (Independence Day)	10am-3pm
September 2 (Labor Day)	10am-3pm
July 4 (Independence Day)	10am-3pm

# **Mini Golf Parties**

Your party includes a two-hour rental of the Maryknoll Clubhouse party room and a discount on miniature golf admission or exclusive use of the red course for 1.5 hours. For more information and to book, please email <u>Isemetko@gepark.org</u>.

# maryknoll splash park

845 Pershing Avenue, Glen Ellyn

Maryknoll Splash Park features 12 spray pieces including a water tower, team spray, water tunnel, and zero-depth pad. See rules and regulations at <u>gepark.org/splashpark</u>.

# **Splash Park Fees**

New for the 2024 season, the Splash Park will be free and open to the public during daily open hours!

# **Splash Park Hours**

Must be a minimum of 65 degrees to open the splash park. Check <u>gepark.org/hotline</u> for up-to-date information including weather-related closings

### Open from May 26 to September 22

Monday-Saturday	10am-6:30pm
Sunday	11am-7pm

### Holiday/Special Hours

May 27 (Memorial Day)	.10am-3pm
July 4 (Independence Day)	.10am-3pm
September 2 (Labor Day)	.10am-3pm



# **Splash Park Private Rental**

The splash park is available for groups of 50 patrons or less outside of normal business hours. Available June through September; no private rentals on 7/4. To book, email Lisa Semetko at <u>lsemetko@gepark.org</u>.

# **Splash Park Party**

Host your child's party at the Maryknoll Splash Park. Reserve any of our Maryknoll Park rental spaces and head over to the splash park for some fun. For details and to book, email Lisa Semetko at <u>Isemetko@gepark.org</u>.



preschool 2024/25 School Year



# Preschool Open House

Register to attend an Open House to visit classrooms, meet teachers, and ask questions. Time slots are available on the days/hours below. Children are welcome to attend with adults/caregivers. For more information, email <u>dmacdonald@</u> <u>gepark.org.</u>

## Spring Avenue Recreation Center:

- January 31: Between 6-7pm
- February 3: Between 9:30-11am
- <u>Registration Link »</u>

## Main Street Recreation Center:

- February 1: Between 6-7pm
- February 3: Between 11:30am-1pm
- <u>Registration Link »</u>

At our Preschool, children learn through an academic and play-based curriculum to facilitate learning concepts including writing, science, vocabulary, numbers, shapes, math, and other cognitive abilities. Program activities serve many developmental purposes; participants learn problem-solving skills and how to sort out and organize new ideas. They develop an understanding of social awareness and investigate and experiment with new possibilities. The academics incorporated into the program will ensure students are prepared to move to the next level and eventually be Kindergarten-ready.

Our program is a mixture of teacher-guided activities and playtime, with small and large group activities based around a weekly theme. Children engage in fine and large motor skill activities, art projects, music, books, dramatic play, cooking, writing, and more. Children also have monthly visits from B#Sharp Music for Children and the Park District Environmental Outreach Educator. Contact David MacDonald at (630) 942-7266 or <u>dmacdonald@gepark.org</u> with questions.

# **Programs & Requirements**

# 2-Year-Olds

Children must be 2 as of Mar. 15, 2024, for the Monday-Thursday classes or as of June 15, 2024, for the Friday class.

Geared toward having a successful first school-away-from-caregiver experience while preparing for the three-year-old program. Emphasis is placed on socialization skills and introduction to a structured class. In case of potty accidents, caregivers will be notified.

# **3-Year-Olds**

### Children must be 3 as of Sept. 1, 2024.

Geared toward having a successful first school experience. Emphasis is placed on social skills, fine motor skills,

shapes, colors, name recognition, following direction, sharing, and play. Must be able to use the restroom independently.

# 4-Year-Olds

Children must be 4 as of Sept. 1, 2024.

Designed for developing readiness and success in kindergarten. Emphasis is placed on the development of academic skills through structured activities, including math concepts, lower/upper case letters, letter sound recognition, writing/sight words, and developing independence. Classes may also include students age 5 that are not yet ready for kindergarten in the fall.

# Registration

# **Priority Registration**

Priority registration for returning participants will take place in January. Notifications regarding registration will be sent to current participants following winter break.

# **Open Registration**

Registration for new families will begin February 5. New families registering for the Preschool Program may do so online at <u>gepark.org/register</u>, or in person at the Spring Avenue or Main Street Recreation Centers. Adults/ caregivers must submit a copy of their child's birth certificate when registering in person. If registering online, birth certificates can be submitted to the office or by email to <u>dmacdonald@gepark.org</u> by March 31, 2024. If a copy of your child's birth certificate is not received by March 31, your spot in the selected class may be forfeited.

# Schedule

The 2024-2025 preschool year begins the week of September 2, 2024, and concludes the week of May 12, 2025. Classes will not meet on legal public holidays as determined by the District 41 school calendar. There may be additional dates, which will be stated in your Glen Ellyn Park District Preschool Calendar.

# Payment

Preschool uses automatic billing/payments. A separate nonrefundable commitment fee of \$125 will be required upon registration. The yearly class fee listed is divided into six equal amounts charged to your credit card each month July-December. You may also pay for the entire year at registration. Registration cancellations for the school year must be made prior to August 1st. Cancellations made August 1st and thereafter will be assessed additional cancellation fees. (dm)

Class	Location	Room	Days/Dates	Time	R/NR Annual or Installment Fees	#/ Link
<b>2-Year-Old</b> as of 6/15/24	Spring Avenue	Multi B	Fridays, Sept. 13-May 16	9-11am	\$681/\$813 annually or \$113.50/\$135.50 six installments	<u>130942</u>
<b>2-Year-Old</b> as of 3/15/24	Spring Avenue	Multi B	M/W, Sept. 9-May 14	9-11am	\$1,341/\$1,605 annually or \$223.5/\$267.50 six installments	<u>130943</u>
<b>2-Year-Old</b> as of 3/15/24	Spring Avenue	Multi B	Tu/Th, Sept. 10-May 15	9-11am	\$1,341/\$1,605 annually or \$223.5/\$267.50 six installments	<u>130944</u>
3-Year-Old	Main Street	Room 204	Tu/W/Th, Sept. 3-May 15	12:15-2:45pm	\$2,100/\$2,517 annually or \$350/\$419.50 six installments	<u>130946</u>
3-Year-Old	Spring Avenue	Preschool Room	M/W/F, Sept. 4-May 16	8:45-11:15am	\$2,100/\$2,517 annually or \$350/\$419.50 six installments	<u>130948</u>
3-Year-Old	Main Street	Room 204	Tu/Th, Sept. 3-May 15	8:45-11:15am	\$1,407/\$1,683 annually or \$234.50/\$280.50 six installments	<u>130947</u>
3-Year-Old	Main Street	Room 204	M/W/F, Sept. 4-May 16	8:45-11:15am	\$2,100/\$2,517 annually or \$350/\$419.50 six installments	<u>130945</u>
3-Year-Old	Spring Avenue	Preschool Room	Tu/Th, Sept. 3-May 15	8:45-11:15am	\$1,407/\$1,683 annually or \$234.50/\$280.50 six installments	<u>130949</u>
4-Year-Old	Main Street	Room 114	M-Th, Sept. 3-May 15	8:45-11:15am	\$2,925/\$3,507 annually or \$487.5/\$584.50 six installments	<u>130951</u>
4-Year-Old	Main Street	Room 106	M-Th, Sept. 3-May 15	12:15-2:45pm	\$2,925/\$3,507 annually or \$487.5/\$584.50 six installments	<u>130952</u>
4-Year-Old	Spring Avenue	Preschool Room	M-Th, Sept. 3-May 15	12:15-2:45pm	\$2,925/\$3,507 annually or \$487.5/\$584.50 six installments	<u>130953</u>
4-Year-Old	Main Street	Room 106	M-F, Sept. 3-May 16	8:45-11:15am	\$3,651/\$4,377 annually or \$608.50/\$729.50 six installments	<u>130950</u>





Ayes 5-4 This structu

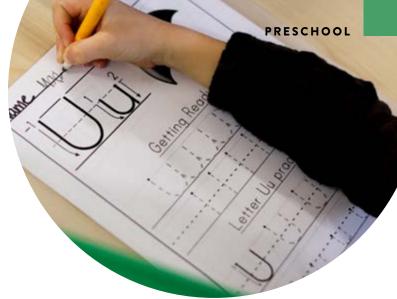
This structured after school playtime program at Main Street Recreation Center (Room 114) includes free play, crafts, games, and gym time for your little one to further explore school. Register from one to four days per week for the full school year. Billing is on a monthly basis, beginning September 1. Space is limited per day. Please choose your day(s) upon registration.

Priority registration for Preschool Playtime will take place for current families in January. Registration forms are available at Spring Avenue or Main Street Recreation Centers, or you can request one by emailing <u>dmacdonald@</u> <u>gepark.org</u>. Registration for new families will open on February 5 and can also be completed online. Min/Max: 8/14. (dm)

### Full School Year (32 Weeks)

### **R/NR**-\$596/\$716 (\$74.50/\$89.50 monthly)

#/Link	Day	Date	Time
<u>130958</u>	Μ	Sept. 9-May 12	11:45am-2:15pm
<u>130959</u>	Tu	Sept. 10-May 13	11:45am-2:15pm
<u>130960</u>	W	Sept. 11-May 14	11:45am-2:15pm
<u>130961</u>	Th	Sept. 12-May 15	11:45am-2:15pm



# **Kindergarten Enrichment**

Ages 5-6 (must be born by 9/1/19, and enrolled in kindergarten) The Glen Ellyn Park District offers a quality enrichment experience for kindergarten-age children attending half-day Kindergarten. This popular program, held at Main Street Recreation Center (Room 304), is designed to enrich and enhance the regular district Kindergarten program in the areas of motor skills, language arts, music, and creative arts. The goal is to allow each child to mature academically and socially in a creative, encouraging, and challenging learning environment.

Classes offer a balance of both structured and unstructured activities. Activity areas to choose from include building, quiet time, dramatic play, small and large motor activities as well as areas for music, art, literacy, and science/discovery. We will provide a space for kids to eat lunch after (AM) or prior (PM) to KE. Please send a sack lunch if you plan to have your child eat lunch at KE.

Priority registration for Kindergarten Enrichment will take place for current families in January. Registration for new families will open on February 5 and may also be completed online. Min/Max: 8/12. (dm)

**Two Days R/NR**-\$1,803/\$2,157 annually or \$300.50/\$359.50 six installments plus a separate \$125 nonrefundable deposit.

**Three Days R/NR**-\$2,694/\$3,231 annually or \$449/\$538.50 six installments plus a separate \$125 nonrefundable deposit.

#/Link	Day	Date	Time
<u>130956</u>	Tu & Th	Sept. 3-May 15	8:45-11:30am
<u>130957</u>	Tu & Th	Sept. 3-May 15	12:30-3:15pm
<u>130955</u>	M/W/F	Sept. 4-May 16	8:45-11:30am
<u>130954</u>	M & W	Sept. 4-May 14	12:30-3:15pm



# early childhood interest

## who to contact:

- (bt) Brad Thomas, <u>bthomas@gepark.org</u>
- (dm) David MacDonald, <u>dmacdonald@gepark.org</u>
- (ks) Katy Speck, <u>kspeck@gepark.org</u>

### SHINING STAR PRODUCTIONS Little Actors Club

### Ages 3-6

Children love this innovative drama class that develops their imagination and introduces little actors to the performing arts in a fun and creative atmosphere. Each week is an exciting adventure into the imagination with changing themes, music, costumes, and props, as well as games. Club members learn theatre terms and gain enhanced spontaneity, creativity, and self-esteem. Location: Main Street Recreation Center. Min/Max: 6/16. (ks)

#/Link	Day	Date	Time	R/NR
<u>131251</u>	W	4/3-5/15	5:30-6:15pm	\$73/\$88

# Music, Animals, and Art

Ages 3-5

Bring along your imagination as we talk, walk, and squawk like the animals in a very musical way. Join Miss Monica on a journey of discovery of our animal friends and the music they have inspired. Each week, we will learn about an animal in Saint-Saëns' Carnival of the Animals. Students develop critical listening skills as we explore and discover animal sounds in classical music. Through movement, stories, art, and song, we will make connections between art, animals and music. Students should bring a nut-free snack and water bottle to be enjoyed prior to the music class. Those enrolled in Main Street preschool morning classes will be escorted to the program room. Location: Main Street Recreation Center. Min/Max: 6/12. (dm)

#/Link	Day	Date	Time	R/NR
<u>131327</u>	Tu	2/13-3/19	11:15am-12:45pm	\$120/\$150



### Ages 3-6

This interactive class focuses on promoting safetyconscious thinking and making safe choices both at home and in the surrounding environment. Children will learn what to do in emergency situations, when to call 911, and how to handle encounters with strangers. Each child will receive a safety packet to take home, reinforcing the lessons learned. Location: Spring Avenue Recreation Center. Min/Max: 6/10. (dm)

#/Link	Day	Date	Time	R/NR
<u>130747</u>	Tu	2/27	4-5pm	\$28/\$40
<u>131335</u>	Tu	4/16	4-5pm	\$28/\$40

# Safe Kids with First Aid

Ages 3-6

Safety and first aid go hand in hand. In this program, children will not only learn to think safely and make safe choices but also receive basic first aid instruction. They will be equipped with knowledge about treating minor cuts, bumps, bruises, nosebleeds, and minor burns. Each child will receive a safety packet and create a small first aid kit to take home. Location: Spring Avenue Recreation Center. Min/Max: 6/10. (dm)

#/Link	Day	Date	Time	R/NR
<u>130749</u>	W	2/28	4-5pm	\$28/\$40
<u>131336</u>	W	4/17	4-5pm	\$28/\$40

# T-REXPLORERS Dino Hour

### Ages 3-5 with adult

Bring your little one for an hour of dinosaur discovery fun. Children will have the opportunity to explore real dinosaur fossils, listen to a captivating story, create a craft to take home, and engage in a hands-on activity where they'll dig in the sand to assemble dinosaur puzzle pieces. Location: Main Street Recreation Center. Min/Max: 8/12. (dm)

#/Link	Day	Date	Time	R/NR
130745	W	2/21	4:30-5:30pm	\$40/\$50
<u>131337</u>	Sa	4/27	10-11am	\$40/\$50
<u>131338</u>	Sa	4/27	11:30am-12:30pm	\$40/\$50

C 024 · 23

# WEE HEART MUSIC Music Together Family Classes

Ages 5 and under with adult

Enjoy eight weeks of music, movement, learning, and growth as you sing, dance, and play music together. Each semester introduces a new song collection. Tuition includes materials for at-home listening and play. There is a \$50 discount for the second child. Siblings under 9 months at the time of registration are free. Location: Main Street Recreation Center. Min/Max: 5/12. (ks)

#/Link	Day	Date	Time	R/NR
<u>131234</u>	Μ	4/1-5/20	9:15-10am	\$190/\$228
<u>131235</u>	Μ	4/1-5/20	10:15-11am	\$190/\$228
<u>131236</u>	Μ	4/1-5/20	11:15am-12pm	\$190/\$228
<u>131237</u>	Th	4/4-5/23	9:15-10am	\$190/\$228
<u>131238</u>	Th	4/4-5/23	10:15-11am	\$190/\$228
<u>131239</u>	F	4/5-5/24	9:15-10am	\$190/\$228
<u>131240</u>	F	4/5-5/24	10:15-11am	\$190/\$228
<u>131241</u>	Sa	4/6-5/25	9:30-10:15am	\$190/\$228
<u>131242</u>	Sa	4/6-5/25	10:30-11:15am	\$190/\$228

# MUSICREATORS Sing and Clap with Me

Ages 1-4 with adult

Share in a music class that will help your child develop confidence and social skills while participating in activities that improve memory skills, literacy development, and listening skills. Children will be introduced to many new instruments such as drums, shakers, sticks, and xylophone bars to teach musical skills. Using scarves, hoops, and stick ponies, you will move with your child, enjoying music time together and improving gross and fine motor coordination. Every session is filled with new songs and activities. Location: Main Street Recreation Center. Min/Max: 5/13. No class on 4/30 or 5/7. (ks)

#/Link	Day	Date	Time	R/NR
<u>131248</u>	Tu	4/16-5/28	9:30-10am	\$75/\$90
<u>131249</u>	Tu	4/16-5/28	10:15-10:45am	\$75/\$90

# ROCK N' KIDS Baby, Tot, and Kid Rock

Ages 5 and under with adult

These interactive classes have everyone on their feet. We all learn together while engaging in fun, creative, musicbased activities, using rhythm instruments and movement props. Activities are age-appropriate by class and include songs and rhymes, rhythm and coordination, fine and gross motor skills, imagination and sensory play, and listening and following directions. Baby Rock is the newest Rock N' Kids class offering that provides a unique combination of sensory experiences with stimulating music and exercises to help strengthen and stretch your baby. Please bring a blanket or mat to Baby Rock classes. All children must be accompanied by an adult. Location: Main Street Recreation Center. Min/Max: 4/16. (ks)

#/Link	Day	Date	Time	R/NR	
Baby Rock: Ages 3-12 months with adult (non-walkers)					
<u>131247</u>	F	4/12-5/24	11:50am-12:20pm	\$76/\$91	
Tot Rock: Ages 12-30 months with adult					
<u>131243</u>	F	4/12-5/24	8:45-9:25am	\$80/\$96	
<u>131244</u>	F	4/12-5/24	9:30-10:10am	\$80/\$96	
Kid Rock I:	Ages 2-3	8 with adult			
<u>131245</u>	F	4/12-5/24	10:15-10:55am	\$80/\$96	
Kid Rock III: Ages 1-5 with adult					
<u>131246</u>	F	4/12-5/24	11-11:40am	\$80/\$96	

# MUSICREATORS Songs of The Season

Ages 3-5 with adult

Nurture growing independence through singing, instrument playing, chants and rhymes, listening activities, group dancing, literature, and stories that are creatively brought to life on xylophones and percussion instruments. Musical concepts (tempo, dynamics, and steady beat) are taught through songs, stories, movement, and instrumental activities that are hands-on and centered on the current season, outdoor fun, and nature. Location: Main Street Recreation Center. Min/Max: 5/12. No class on 4/30 or 5/7. (ks)

#/Link	Day	Date	Time	R/NR
<u>131250</u>	Tu	4/16-5/14	11-11:40am	\$85/\$102

# **Messy Fingers**

Ages 2.5-5 with adult

Children will enjoy exploring the world of art through painting with different kinds of brushes, stamps, sponges, and other materials. They will have the opportunity to create a multitude of unique art projects, fostering their discovery and appreciation of art. We anticipate some messiness, so please bring a paint smock or an extra change of clothes. Only children need to register but must be accompanied by an adult. Location: Main Street Recreation Center. Min/Max: 3/8. (dm)

#/Link	Day	Date	Time	R/NR
<u>131331</u>	Μ	4/1-4/22	11:15am-12pm	\$40/\$55
<u>131332</u>	Th	4/4-4/25	10-10:45am	\$40/\$55
<u>131333</u>	Μ	4/29-5/20	11:15am-12pm	\$40/\$55
<u>131334</u>	Th	5/2-5/23	10-10:45am	\$40/\$55

# LITTLE MEDICAL SCHOOL Little Doctor School Pre-K

### Ages 4-6

Our youngest future doctors will use a real stethoscope and other medical instruments, learn how muscles and nerves work together, cast a broken bone, and how to properly scrub their hands before surgery. Location: Main Street Recreation Center. Min/Max: 8/16. No class on 3/28. (dm)

#/Link	Day	Date	Time	R/NR
<u>131328</u>	Th	3/7-4/18	4:15-5:15pm	\$150/\$175

# LITTLE MEDICAL SCHOOL Little Veterinarian School Pre-K

#### Ages 4-6

After "adopting" their very own plush puppy, students will role-play the key responsibilities of a veterinarian, including how to properly perform a nose-to-tail exam. These future veterinarians will learn how to sew stitches, remove ticks, make healthy treats, and vaccinate their dog. Location: Main Street Recreation Center. Min/Max: 8/16. (dm)

#/Link	Day	Date	Time	R/NR
<u>131329</u>	Th	4/25-5/30	4:15-5:15pm	\$155/\$180

# LITTLE MEDICAL SCHOOL

### Little Veterinarian School Dog Camp Ages 4-6

Camp participants will role-play the key responsibilities of a veterinarian and learn how to care for a dog. These future veterinarians will learn how to remove ticks, perform a nose-to-tail exam, understand proper animal nutrition and hydration, suture lacerations, and more! Location: Main Street Recreation Center. Min/Max: 8/16. (dm)

#/Link	Day	Date	Time	R/NR
<u>131330</u>	M-F	3/25-3/29	9am-12pm	\$250/\$275

# Adult & Tot Open Gym at Main Street

Ages 1.5-4 with adult

Children can stay active during the winter months and play in the Main Street Recreation Center Gymnasium. This safe and fun environment is the perfect place for your child to interact with you and other peers. Sports and other recreational equipment will be provided. No preregistration is necessary for single-day drop-ins. Children must be accompanied and supervised by an adult. Location: Main Street Recreation Center. Min/Max: 10/30. No open gym on 2/19. (dm)

Day	Date	Time	Daily R/NR
Μ	11/27-3/20	9:30-11:30am	\$5/\$8

# Stay & Play Open Gym

Children (4 years of age or younger) can stay active and play in the Spring Avenue Gymnastics Center. This safe and fun environment is the perfect spot for your child to interact with you and other peers. Pre-registration is not required, but arrive early as space is limited to the first 30 participants. Children must be accompanied and supervised by an adult. Pay inside the Gymnastics Center. No open gym on 2/16, 3/22, and 3/25-3/30. (bt)

Day	Date	Time	Daily R/NR	10-Visit Punch Card
Tu & F	Now-4/12	9-11am	\$5/\$8	\$45/\$72
Tu & F	4/22-5/24	9-11am	\$5/\$8	\$45/\$72



youth and teen interest

## who to contact:

(dm) David MacDonald, <u>dmacdonald@gepark.org</u>

- (ks) Katy Speck, <u>kspeck@gepark.org</u>
- (Is) Lisa Semetko, <u>Isemetko@gepark.org</u>
- (rb) Rebecca Brush, <u>rbrush@gepark.org</u>



# Laser Tag Tournament

### Ages 8-14

You bring your A-game, we'll bring the fun of laser tag to Ackerman Sports and Fitness Center. Dodge laser blasts, maneuver around obstacles, and strategize with teammates to lead your team to victory. Take advantage of a Nerf obstacle course to practice in-between rounds. Each team must have a minimum of two players and a maximum of six. First place winners will receive a commemorative medal. All laser tag equipment is provided. Registration is completed on a team basis. The team captain should register your team. Location: Ackerman SFC. Min/Max: 10/15. (rb)

#/Link	Day	Date	Time	R/NR
<u>130582</u>	F	3/8	6-8pm	\$135/team

# **Tween Night**

### Ages 8-12

Tweens will take over the gym and turf at Ackerman SFC for a night of sports, games, and other fun activities. We will have pizza for all participants. Adults must accompany their child for check-in and check-out. Location: Ackerman SFC. Min/Max: 20/75. (rb)

#/Link	Day	Date	Time	R/NR
<u>131188</u>	F	3/15	6-9pm	\$30/\$35

# May the Course Be with You Mini Golf Tournament

### Ages 3-12 with adult

Don your robes and make sure to bring your lightsaber to this battle against the dark side. We'll complete challenges, play some golf, and finish with a hotdog, chips, and soft drink on our patio. Prizes for best individual costume, best group costume, and most creative costume will be awarded. Kids must be accompanied by an adult; only kids need to register. Location: Holes & Knolls. Min/Max: 10/50. (Is)

#/Link	Day	Date	Time	R/NR
<u>131099</u>	Sa	5/4	4-6pm	\$15/\$25



# Kids on the Course

### Ages 6-12

Kids can swing on over to Holes & Knolls for a night out with their friends. They'll participate in challenges, compete to win prizes, and then have pizza and a soft drink of their choice. Adults must accompany their kids for check-in and check-out. Location: Holes & Knolls. Min/Max: 20/50. (Is)

#/Link	Day	Date	Time	R/NR
<u>131094</u>	F	5/10	6-8pm	\$25/\$40

# Kids' Night Out

### Ages 5-12

Children will enjoy a night out with friends while playing games, sports, and arts and crafts under the supervision of the Ackerman SFC team. Participants will receive pizza and water. Adults must accompany their children for check-in and check-out. Location: Ackerman SFC. Min/Max: 20/75. (rb)

#/Link	Day	Date	Time	R/NR
<u>131200</u>	F	5/17	6-8pm	\$30/\$35

# **Tween Golf**

Ages 9-12

Want an awesome night on the course with your friends? At Tween Golf, we'll have unlimited mini golf, prizes, and each ticket comes with pizza, pop, and chips. Adults must accompany their kids for check-in and check-out. Location: Holes & Knolls. Min/Max: 20/50. (Is)

#/Link	Day	Date	Time	R/NR
<u>131095</u>	F	5/24	6-8pm	\$25/\$40

# **Ackerman Arts & Crafts**

### Ages 6-12

If your child loves to draw, paint, experiment with model clay, or is interested in any kind of creative art, this class is for them! We will engage with different mediums to enhance art skills and bring home projects like friendship bracelets, sculptures, landscape paintings, and more. All materials are provided. Location: Ackerman SFC. Min/Max: 10/15. (rb)

#/Link	Day	Date	Time	R/NR
<u>131207</u>	Sa	3/9-3/23	12-1pm	\$40/\$55
<u>131208</u>	Sa	4/6-4/27	12-1pm	\$35/\$45
<u>131209</u>	Sa	5/4-5/25	12-1pm	\$40/\$55

# **Clay Creations**

### Ages 6-12

See what is possible with a little bit of clay and a lot of imagination! Participants will learn various techniques in hand building, including coil, slab, slumping, and glazing, to transform wet clay into fun and functional seasonal ceramic pieces. Items will be kiln-fired and ready for pick up two weeks after the class meeting date. Location: Ackerman SFC. Min/Max: 7/15. (rb)

#/Link	Day	Date	Time	R/NR
<u>130525</u>	Su	3/10	11am-12:30pm	\$45/\$55
<u>131202</u>	Su	4/21	11am-12:30pm	\$45/\$55
<u>131203</u>	Su	5/19	11am-12:30pm	\$45/\$55

# DO ART PRODUCTIONS Poetry Workshop

### Ages 7-15

At the Do Art Poetry workshop, we will explore creative writing as we discuss the tools of poetry (like imagery and metaphor) as well as the structure of the haiku. We emphasize the power of words to evoke expression and fun, and as with all our workshops, we use audience participation to inform and inspire. The audience will also be able to type on a typewriter provided by us to add a line of their own to a completely original poem that we create together! By the end we will all be writing our own poetry as well as poetry with each other. Location: Main Street Recreation Center. Min/Max: 10/25. (dm)

#/Link	Day	Date	Time	R/NR
<u>131347</u>	Sa	4/6	11am-12pm	\$25/\$30

# DO ART PRODUCTIONS Comic Book Workshop

#### Ages 7-15

We'll delve into the language of comics, from character expressions to speech bubbles. Learn how simple lines can convey emotions and apply this knowledge to your favorite cartoons. To add fun and creativity to the experience, you'll witness pandas juggling and axolotls playing the guitar, among other ideas we'll brainstorm. Together, we'll create a six-panel comic and explore the art of storytelling in comics. Leave with stickers, bookmarks, and more! Location: Main Street Recreation Center. Min/Max: 12/25. (dm)

#/Link	Day	Date	Time	R/NR
131346	Th	3/28	1-3pm	\$25/\$30

# **Fashion Illustration**

### Ages 9-13

Does your tween have a passion for fashion? This class teaches foundational skills for fashion illustration including figure drawing, fashion stylization, fabric rendering, and providing context with lessons in fashion history. Participants will experiment with a variety of mediums to develop their personal style and create a final project that will showcase their creative talents. All supplies are provided. Location: Ackerman SFC. Min/Max: 10/15. (rb)

#/Link	Day	Date	Time	R/NR
<u>131204</u>	Tu	3/5-3/26	4-5pm	\$50/\$60
<u>131205</u>	Tu	4/9-4/30	4-5pm	\$50/\$60
<u>131206</u>	Tu	5/7-5/28	4-5pm	\$50/\$60

### YOUNG REMBRANDTS Double the Fun Drawing

#### Ages 5-12

Awaken your inner artist in this fun and engaging drawing class. From basic drawing techniques to portraits, action scenes, and cartooning, participants will learn a variety of skills and complete different projects. Get ready to draw whimsical characters, animals, everyday objects, and dynamic action scenes. Location: Main Street Recreation Center. Min/Max: 7/12. (ks)

#/Link	Day	Date	Time	R/NR
<u>131252</u>	Sa	3/2-3/23	10am-12pm	\$130/\$150
<u>131253</u>	Sa	4/6-4/27	10am-12pm	\$130/\$150
<u>131254</u>	Sa	5/4-5/25	10am-12pm	\$130/\$150

# Learn To Draw - Animals

### Ages 7-14

Have fun learning how to draw animals with pencil and pen. With cross thatching and other strokes of the pencil and pen, the picture can be completed. If color is desired, colored pencils or markers can be used. Bring photos of your pets or stuffed animals if you like. Other animal references will be supplied. All supplies are included. Location: Main Street Recreation Center. Min/Max: 5/12. No class on 3/28. (dm)

#/Link	Day	Date	Time	R/NR
131339	Th	3/7-4/4	4:15-5:15pm	\$60/\$75
<u>131340</u>	Th	4/18-5/9	4:15-5:15pm	\$60/\$75

# SHINING STAR PRODUCTIONS Young Actors Club

### Ages 6-8

Immerse yourself in the world of drama and imagination in this fast-paced club. With changing themes, music, and games each week, children will explore theatre terms, enhance spontaneity, build self-esteem, and have a blast. Expect to learn a short song and a new joke every week! Each session offers unique content, ensuring a fresh experience for returning participants. Location: Main Street Recreation Center. Min/Max: 6/16. (ks)

#/Link	Day	Date	Time	R/NR
131260	W	4/3-5/15	6:30-7:15pm	\$73/\$88

# SHINING STAR PRODUCTIONS

### Ages 9-13

Laugh out loud and embrace your spontaneity in this exciting improvisation class. Develop comedic timing, quick thinking, and the ability to create characters on the spot while playing fun theatre games. Location: Main Street Recreation Center. Min/Max: 6/16. (ks)

#/Link	Day	Date	Time	R/NR
131261	W	4/3-5/15	7:30-8:15pm	\$73/\$88

# Sew Simple

### Ages 5-7

Discover the wonderful world of sewing and watch your child's fine motor skills flourish while cultivating patience and building confidence. Join us in this beginner-level class where participants will learn the art of hand sewing. Through step-by-step instructions, children will create fun projects while mastering various hand stitches, threading a needle, and sewing on buttons. Location: Spring Avenue Recreation Center. Min/Max: 3/8. (dm)

#/Link	Day	Date	Time	R/NR		
Theme: Shamrock						
<u>131364</u>	Tu	3/12	4-5 <b>:</b> 30pm	\$22/\$30		
Theme: Tooth Fairy Pillow						
<u>131365</u>	Tu	3/19	4-5 <b>:</b> 30pm	\$22/\$30		
Theme Spring Flower						
<u>131366</u>	Tu	4/16	4-5 <b>:</b> 30pm	\$22/\$30		
Theme: Dog Finger Puppet						
<u>131367</u>	Tu	5/14	4-5 <b>:</b> 30pm	\$22/\$30		

# Learn to Sew – Machine Sewing and Hand Stitch Combo

### Ages 9-13

Learn to sew using a sewing machine in this beginner class. We will be teaching you first how to use a sewing machine, and students will make a pillow cover to take home and use. Next, participants will hand stitch and sew on a button then finish your pillow using a sewing machine in this twosession class. All supplies included. Bring your own sewing machine or use one of ours. Location: Spring Avenue Recreation Center. Min/Max: 2/8. (dm)

#/Link	Day	Date	Time	R/NR
132048	Th	3/14 & 3/21	4:15-5:45pm	\$75/\$100

# Doll Quilt Sewing – Machine Sewing

### Ages 8-12

Keep your favorite doll or stuffed animal warm this winter with a handmade quilt. In this two-session class, participants will sew a doll-sized quilt using a sewing machine. Bring your own sewing machine or use one of ours. Fabric and supplies provided. Location: Spring Avenue Recreation Center. Min/Max: 2/8. (dm)

#/Link	Day	Date	Time	R/NR
<u>130875</u>	Th	2/8 & 2/15	4:15-5:45pm	\$80/\$100

# Create a Fleece Hat: Machine Sewing

### Ages 7-12

Show 'em you are someone that wears many hats this winter! Flex your sewing skills and create your own fleece hat using a sewing machine in this one-day workshop. Bring your own sewing machine or use ours. All supplies provided. Prior sewing machine experience is recommended. Location: Spring Avenue Recreation Center. Min/Max: 2/8. (dm)

#/Link	Day	Date	Time	R/NR
131400	F	3/15	4-5:45pm	\$40/\$60

# Stuffed Animal: Machine Sewing

### Ages 8-12

Come and design your very own stuffed animal to take home to show all your family and friends. Bring your own sewing machine or use ours. All supplies provided. Prior sewing machine experience is recommended. Location: Spring Avenue Recreation Center. Min/Max: 2/8. (dm)

#/Link	Day	Date	Time	R/NR
<u>131401</u>	Th	4/18 & 4/25	4:15-5:45pm	\$75/\$100

# **Tote Bag: Machine Sewing**

#### Ages 9-12

Create your very own tote bag to carry books, overnight items, or anything you like. Students will have many options to design and personalize the outside of the bag as well. All supplies provided. Prior sewing machine experience is recommended. Location: Spring Avenue Recreation Center. Min/Max: 2/8. (dm)

#/Link	Day	Date	Time	R/NR
131402	F	4/12	4:15-6pm	\$45/\$65

# GLITZY GIRLZ Peace and Love Dance Party

Ages 4-11

Join Glitzy Girlz staff for a retro evening of peace and love. Participants will be pampered with a hairdo, makeup sparkle, and nail polish makeover. Decorate a craft and bracelet with hearts, peace signs, and rainbow accents. The night will end with a retro dance party and goodie bag. Location: Spring Avenue Recreation Center. Min/Max: 6/25. (ks)

#/Link	Day	Date	Time	R/NR
<u>130447</u>	Th	3/7	6-7:15pm	\$38/\$55

# GLITZY GIRLZ May Memories

### Ages 3-11 with adult

Whether you are an adult and child coming to make gifts for someone special or an adult wanting to spend an evening crafting with your child, this is a class to celebrate spring. Each adult and child pair will make three surprises: ceramic, wooden, and beaded with accents and charms. Items will be specially wrapped to conceal any surprises. Location: Spring Avenue Recreation Center. Min/Max: 6/25. (ks)

#/Link	Day	Date	Time	R/NR
<u>131255</u>	Tu	5/9	6-7pm	\$38/\$55

**24** • *30* ion for blue code numbers begins at 9am on February 3, 2024

SPRINC



# PINHEAD PIANO Introduction to Guitar

### Ages 6-14

Embark on a ten-week introductory journey into the world of guitar playing. Learn scales, chords, solo techniques, how to read music, and even play a song with audio accompaniment. Participants must bring their own guitar to class. Location: Main Street Recreation Center. Min/ Max: 2/5. (ks)

#/Link	Day	Date	Time	R/NR
<u>131259</u>	Th	4/11-6/13	7-7:45pm	\$162/\$210

### MONICA CORBETT

# **Piano for Kids: Private Lessons**

### Ages 7-18

Start or continue your piano journey with Ms. Monica. Choose between in-person 1:1 private lessons or 2:1 semiprivate lessons at Main Street Recreation Center. Ms. Monica uses the Faber Adventures Curriculum (purchased by the student) and supplements it with a variety of piano learning resources. Students will have the opportunity to play songs and learn about the treble and bass clef, key signatures, scales, and tempo.

Lessons for the spring session are scheduled privately based on instructor availability, priced at \$36/\$44 (R/NR) per lesson. To schedule, contact Katy Speck at <u>kspeck@</u> <u>gepark.org</u> starting on February 3rd. Location: Main Street Recreation Center. Min/Max: 1/2. (ks)



### Ages 6-10

For students who have completed one session of Beginner 1 Group Lessons or are currently using the Faber Primer Book (purple), this class is designed to prepare them for a successful transition to the Faber Level 1 Lesson Book (red). Throughout the course, students will participate in enjoyable musical games, activities, and exercises that further enhance their understanding of notes, values, time signatures, and reading of the treble and bass clef. A \$20 materials fee is due the first day of class. Location: Main Street Recreation Center. Min/Max: 4/8. No lessons on 5/27 and 5/29. (ks)

#/Link	Day	Date	Time	R/NR
<u>131256</u>	Μ	4/29-6/24	6:15-7pm	\$167/\$200
<u>131257</u>	W	5/1-6/26	4:15-5pm	\$167/\$200

# MONICA CORBETT Piano: Rockin' with Chords

### Ages 10-17

Learn to read a pop music lead sheet in this exciting new piano class. Students will acquire the skills to play left-hand chord progressions on the piano and gain a deeper understanding of the underlying music theory. It is recommended that students have reached at least a Faber 2A level or higher in their piano studies. This class can be taken independently or as a valuable addition to their regular weekly private lessons. For any inquiries or questions, contact the instructor, Ms. Monica, at <u>bsharpmusic@comcast.net</u>. A \$20 materials fee is due the first day of class. Location: Main Street Recreation Center. Min/Max: 4/8. No lessons on 5/27. (ks)

#/Link	Day	Date	Time	R/NR
<u>131258</u>	Μ	4/29-6/24	7:15-7:50pm	\$190/\$228



# LISA LOMBARDI Incredible Edible ICEE Experience

Ages 5-13

This class is an avalanche of ICEE spring fun! Kids will create their own outrageous ICEE concoction and then slurp it up while learning the history and science of this beloved sweet treat. Did you know ICEES were invented by accident? There is so much cool history about the famous ICEE. Kids will end the class with the most outrageous ICEE slurping contest in town. Who will be crowned ICEE King or Queen? Location: Main Street Recreation Center. Min/ Max: 10/18. (dm)

#/Link	Day	Date	Time	R/NR
<u>131361</u>	Th	4/18	6-7pm	\$33/\$45

# LISA LOMBARDI Exterminating A.N.T.S at Your Picnic

### Ages 6-13

Nobody wants summer ants at their picnic. We also don't want A.N.T.S. (automatic negative thought system) in our daily picnic of life. When we are anxious or sad, negative thoughts tend to crawl into our mind. Let's not end the school year feeling this way. This workshop will teach how to flip A.N.T.S. this summer off your party of life and proceed with a positive outlook. Dramatizations and group games like "Spritz It,", "Flip-a-roni," and "Balloon Bust" will make this class memorable, meaningful, and social. Location: Main Street Recreation Center. Min/Max: 10/22. (dm)



# LISA LOMBARDI Meet Me at the Donut Bar

### Ages 5-13

National Donut Day is coming June 7th, and we are celebrating early! Have you ever wondered where the idea for a donut originated? We will learn about the history of the donut while nibbling on an assortment of decadent donuts all while being social with new friends. We will also learn when we have a "hole" in our life and how to strategically handle it, whether it be sadness, stress, friendships, or other issues. We are calling on some of our favorite donut makers to provide gourmet donuts for this novel workshop. Location: Main Street Recreation Center. Min/Max: 10/18. (dm)

#/Link	Day	Date	Time	R/NR
131363	Th	5/16	6-7pm	\$33/\$45

# Intergenerational Ageless Grace® 77700/

### Ages 5-12 with adult

We welcome all families to join us for a morning of an exciting new fitness program good for both body and brain. The class will be presenting 21 simple exercise tools used in 4EverFit4KIDZ <sup>™</sup>. The class will be done seated with shoes off. The instructor will use music throughout the class with fun and laughter guaranteed. Only children must be registered, accompanied by an adult. Location: Main Street Recreation Center. Min/Max: 5/20. (dm)

#/Link	Day	Date	Time	R/NR	#/Lin	c Day	Date	Time	R/NR
131362	F	5/10	5:30-6:30pm	\$33/\$45	13134	<u>8</u> F	3/1	10-10:45am	Free w/registration

# STICKY FINGERS COOKING 'Cool'inary Cooking Club

### Ages 6-11

Your kids can have a blast every week discovering how easy and fun it is to cook tasty, healthy, globally inspired recipes! Our interactive cooking classes incorporate S.T.E.A.M., culture, language, geography, history, and more. Sticky Fingers Cooking offers young chefs the chance to explore exciting tastes and nourish their bodies and minds. Our talented and experienced Chef Instructors bring all the ingredients, equipment, and supplies to lead engaging, fun, and interactive cooking classes with your young chefs in training. Location: Spring Avenue Recreation Center. Min/Max: 8/12. No class on 3/28. (dm)

#/Link	Day	Date	Time	R/NR
<u>131349</u>	Th	3/14-5/16	4-5pm	\$225/\$250

# MAGIC TEAM OF GARY KANTOR Abracadabra: Magic Class

Ages 5-12

Prepare for an exciting adventure in the world of magic as you learn age-appropriate tricks using cards, ropes, coins, and mind-reading techniques. Although the tricks may appear challenging, they are easy to learn and perform. All materials are provided, and each child receives a magic kit to take home, allowing them to continue their magical journey beyond the class. Location: Spring Avenue Recreation Center. Min/Max: 5/40. (dm)

#/Link	Day	Date	Time	R/NR
<u>131350</u>	W	5/15	5:15-6:10pm	\$22/\$33

# **Fantastic Magic**

### Ages 9-13

Build confidence and engage with a lively community of fellow magicians. The Great Toddini of Glen Ellyn will introduce participants to the wonder and excitement of magic. Every student will learn sleight of hand, impromptu tricks with props, and more. Different themes and skills will be showcased every week. The final session will include a live performance from every student (caregivers are encouraged to attend). No previous experience required. Location: Ackerman SFC. Min/Max: 8/15. (rb)

#/Link	Day	Date	Time	R/NR
<u>130523</u>	Μ	2/12-3/18	6-7pm	\$70/\$85

# CHESS WIZARDS Checkmate

### Ages 6-12

At Chess Wizards, we are committed to providing an engaging and interactive learning experience that helps kids develop their critical thinking skills, boost their confidence, and foster a love for the game of chess. Our highly trained Wizard Instructor will work with your children to develop their chess skills and ensure that they have a great time doing it. Location: Main Street Recreation Center. Min/Max: 10/14. (dm)

#/Link	Day	Date	Time	R/NR
<u>131358</u>	Th	4/4-5/23	4-5pm	\$200/\$225

# **Babysitting for Success**

### Ages 10-15

Become the best babysitter you can be through engaging discussions, role-playing, and practical experiences. Learn essential skills such as diapering, feeding, playing with children, understanding child development, handling emergencies, and administering first aid. Bring a snack and a doll to class, and upon completion, receive a certificate of achievement. Resource materials are included to support your learning. Location: Spring Avenue Recreation Center. Min/Max: 8/12. (dm)

#/Link	Day	Date	Time	R/NR
<u>131351</u>	Tu/Th/Tu	3/26-4/2	3/26 & 3/28: 4-7pm 4/2: 4-6pm	\$100/\$140
<u>131352</u>	Tu/Th/Tu	5/7-5/14	5/7 & 5/9: 4-7pm 5/14: 4-6pm	\$100/\$140

# DUNHAM WOODS FARM Horsemanship for Kids

### Ages 10-17

Join the fun with beginner riding lessons! Explore proper grooming, tacking, and horse handling. Learn riding basics at the walk and trot. Lessons held in our indoor arena during bad weather. Make-up class at the end of six weeks. The first day is orientation and groundwork. Wear jeans or Jodhpur pants, hard-soled riding or hiking boots with a low heel, and an approved riding or bicycle helmet. Location: Dunham Woods Farm. Min/Max: 1/3. (dm)

	#/Link	Day	Date	Time	R/NR
5	<u>131354</u>	Sa	4/6-5/11	1:30-2:30pm	\$195/\$250

# LITTLE MEDICAL SCHOOL Little Doctor School

### Ages 6-10

These future doctors will learn about prescriptions, explore the brain and spine, and learn about vital bodily functions through hands-on activities and role-play. Students will build a first-aid kit and create models of the brain and spine. Location: Main Street Recreation Center. Min/Max: 8/16. No class on 3/28. (dm)

#/Link	Day	Date	Time	R/NR
<u>131341</u>	Th	3/7-4/18	5:30-6:30pm	\$155/\$180

# LITTLE MEDICAL SCHOOL Little Veterinarian School Dog

Ages 6-10

Students will role-play the key staff functions performed at a veterinary office and how to keep their "adopted" plush puppy healthy. These future veterinarians will explore digestion, the different parts of the canine eye, animal body language, and how X-rays are used to diagnose and treat common illnesses. Location: Main Street Recreation Center. Min/Max: 8/16. No class on 3/28. (dm)

#/Link	Day	Date	Time	R/NR
131342	Th	3/7-4/18	6:45-7:45pm	\$155/\$180

# LITTLE MEDICAL SCHOOL Little Nursing School

#### Ages 6-10

Students will discover the important responsibilities of a nurse and identify the primary instruments used. These future nurses will learn about the importance of immunizations, the role a nurse plays before/during/after surgery, parts of blood, and how to treat broken bones. Location: Main Street Recreation Center. Min/Max: 8/16. (dm)

#/Link	Day	Date	Time	R/NR
131343	Th	4/25-5/30	5:30-6:30pm	\$145/\$170

# LITTLE MEDICAL SCHOOL STEM Sleuths

### Ages 8-12

Our STEM Sleuths program is a 6-hour course designed to expose students to the forensic science used to solve a crime. Students will conduct experiments on fingerprinting, collecting shoe prints, chromatography, composite drawing, facial reconstruction, toxicology, and handwriting analysis. The class culminates in the forensic student team working together to solve a crime. Location: Main Street Recreation Center. Min/Max: 8/16. (dm)

#/Link	Day	Date	Time	R/NR
<u>131344</u>	Th	4/25-5/30	6:45-7:45pm	\$150/\$175

# LITTLE MEDICAL SCHOOL

# Little Veterinarian School Dog Camp

Ages 6-10

Camp participants will role-play the key responsibilities of a veterinarian and learn how to care for a dog. These future veterinarians will learn how to remove ticks, perform a nose-to-tail exam, understand proper animal nutrition and hydration, suture lacerations, and more. Location: Main Street Recreation Center. Min/Max: 8/16. (dm)

#/Link	Day	Date	Time	R/NR
<u>131345</u>	M-F	3/25-3/29	1-4pm	\$250/\$275

# NEXPLORE Build-a-Bot Workshop

Ages 7-12

Students will construct a variety of robots, each operating with a unique mechanism and serving a distinct purpose. These creations include the Drawing-Bot, Crawling Bot, Walking Bot, Spider Bot, propeller and solar cars, and more. Our program is fully aligned with NGSS standards, and best of all, students will have the opportunity to keep and play with their robot creations. Location: Main Street Recreation Center. Min/Max: 6/12. (dm)

#/Link	Day	Date	Time	R/NR
<u>130736</u>	Tu	2/6-2/27	4:30-5:30pm	\$130/\$160

YOUTH & TEEN INTEREST

# NEXPLORE 3D Printing

### Ages 7-12

Using 3Doodler's 3D printing pens, students break down complex topics into hands-on, approachable concepts, bringing science, technology, engineering, math, and design concepts to life. 3Doodler bridges differences in learning styles and engages students in a way that promotes teamwork, creative thinking, self-expression, and focus. After only using 3Doodler's 3D printing pens for a short time, students will become engineers, designers, and scientists in their own classrooms or learning groups. Location: Main Street Recreation Center. Min/Max: 6/12. (dm)

#/Link	Day	Date	Time	R/NR
<u>130737</u>	Th	2/8-2/29	4:30-5:30pm	\$130/\$160

# COMPUTER EXPLORERS Robot Engineers

### Ages 7-12

This course builds knowledge of simple machines, engineering, programming, and teamwork using the LEGO® WeDo Robotics System. Students use an intuitive, icon-based programming environment to bring their models to life. Location: Main Street Recreation Center. Min/Max: 6/12. (dm)

#/Link	Day	Date	Time	R/NR
<u>130797</u>	Th	2/29-3/21	6-7:15pm	\$100/\$120

# COMPUTER EXPLORERS

#### Ages 5-7

Using unique software, we'll learn to create simple animations using stick figures. With collaboration and imagination, our stick figures will come to life. Children love exploring the possibilities to make an animated story. Location: Main Street Recreation Center. Min/Max: 6/10. (dm)

#/Link	Day	Date	Time	R/NR
<u>131355</u>	Th	4/4-4/25	6-7pm	\$80/\$105



# COMPUTER EXPLORERS Minecraft Madness

### Ages 7-12

Explore the world of Minecraft, one of the most popular video games in history that offers an amazing world of endless possibilities. Let your imagination transform your Minecraft experience into a unique world YOU create! Students will discover how to expand their worlds' possibilities using popular game-enhancing mods. Build traps, arrow launchers, faster rail systems, and more and participate in building challenges! Learn the fundamentals of computer networking through this unique Minecraft experience that also allows you and your friends to work in multiplayer mode as you mine, craft, and build together to survive. Location: Main Street Recreation Center. Min/ Max: 6/10. (dm)

#/Link	Day	Date	Time	R/NR
131356	Th	5/2-5/23	6-7 <b>:</b> 15pm	\$100/\$120

# MAD SCIENCE NASA – Mission to Space

### Ages 6-12

NASA and Mad Science collaborate to educate the next generation. Children go on a voyage of discovery with unique hands-on activities and amazing demonstrations that explore the sun and stars, space technology, rocket science, the atmosphere, planets, moons, and more. Location: Main Street Recreation Center. Min/Max: 8/16. No class on 3/25. (dm)

#/Link	Day	Date	Time	R/NR
<u>131357</u>	Μ	3/4-4/15	4:30-5:15pm	\$175/\$200



# BRICKS 4 KIDZ LEGO® STEM Workshops – Transportation Timeline

### Ages 5-9

Students will explore the history of transportation from horse and buggy and trains to the development of the automobile and flight. Each lesson introduces terminology related to each mode of transportation, like "lift and propulsion" for the airplane, as well as describes how each "vehicle" works. Students will use our proprietary project kits and model plans to build exciting moving LEGO® creations. Our one-of-a-kind models incorporate gears, axles, motors and battery packs. Students will follow our step-by-step model plans to create their vehicle, then customize it to their own specifications and take a mini figure for a ride. Location: Main Street Recreation Center. Min/Max: 10/16. (dm)

#/Link	Day	Date	Time	R/NR
<u>131359</u>	Μ	4/8-4/29	5-6pm	\$85/\$100

# BRICKS 4 KIDZ LEGO® STEM Workshops – Jurassic Brick Land

### Ages 5-9

Are you ready for a dinosaur adventure! You're about to enter Jurassic Brick Land! Students will build a world that comes to life with gentle Brontosaurus, ferocious Velociraptor, terrifying T. Rex, and more. Each week students will learn fascinating facts about amazing dinosaurs and other extinct animals that roamed the earth and swam the seas during the age of dinosaurs. Our proprietary kits and model plans incorporate gears, axles, motors, battery packs, remote controls, and other technic Lego® components. Our specialized project kits and model plans are sure to challenge all grade and skill levels. Location: Main Street Recreation Center. Min/Max: 10/16. (dm)

#/Link	Day	Date	Time	R/NR
<u>131360</u>	W	5/8-5/29	5-6pm	\$85/\$100



# adult interest

#### who to contact:

- (dm) David MacDonald, <u>dmacdonald@gepark.org</u>
- (ks) Katy Speck, <u>kspeck@gepark.orc</u>
- (Is) Lisa Semetko, <u>Isemetko@gepark.org</u>
- (rb) Rebecca Brush, <u>rbrush@gepark.org</u>

## **Vase Making and Flower Arranging**

#### Ages 10 and up with adult

Make memories and more during this activity that is just in time for Mother's Day! Participants will learn how to make their own personalized ceramic vase before getting a lesson in flower arranging. The perfect gift for the mother in your life and a meaningful experience for children. Registration includes one vase for each adult/child pair. Location: Ackerman SFC. Min/Max: 10/25. (rb)

#/Link	Day	Date	Time	R/NR
<u>131210</u>	Su	5/5	1-3pm	\$60/\$75

## **Community CPR/AED and First Aid**

#### Ages 15 and up

This Ellis and Associates certification class is designed to provide students with the core knowledge and hands-on skills to provide care for the injured until EMS arrives. This course includes training and certification for CPR and AED use for adults, children, and infants, along with first-aid techniques. A written test is required to pass the course. Upon successful completion each participant will receive a two-year certification card. Location: Maryknoll Clubhouse. Min/Max: 5/20. (Is)

#/Link	Day	Date	Time	R/NR
<u>131322</u>	Th	5/9	6-8pm	\$35/\$50

## DUNHAM WOODS FARMS Adult Horsemanship

#### Ages 18 and up

Join in the fun at Dunham Woods Farm with beginner riding lessons. You'll learn the proper techniques for grooming, tacking, and handling horses. In the saddle, you'll be introduced to the basics of riding at the walk and trot. Lessons will take place in our indoor arena during inclement weather. Riders are advised to wear jeans or Jodhpur pants and hard-soled riding or hiking boots with a small, low heel. Remember to bring an approved riding helmet or bicycle helmet. A makeup class will be held at the end of the six-week session. Location: Dunham Woods Farm. Min/Max: 1/3. (dm)

#/Link	Day	Date	Time	R/NR
<u>131353</u>	W	4/3-5/8	7-8pm	\$195/\$250

## **Seated Tai Chi**

#### Age 18 and up

Practice Tai Chi for clear-mindedness and better health. Improve breathwork, balance, and upper body strength and flexibility with certified instructor Yvonne Czarniak. Location: Wheaton Park District - Mary Lubko Center. Min/Max: 1/3. (dm)

#/Link	Day	Date	Time	R/NR
<u>130812</u>	Th	2/22-3/28	10-11am	\$57/\$71
<u>131408</u>	Th	4/18-5/23	10-11am	\$59/\$73

## Learn to Sew – Machine Sewing

#### Ages 14 and up

Always wanted to sew or just want to be able to mend clothing and operate your machine? Feel free to bring your own refreshments. Bring your own machine or use ours. Supplies included. Location: Spring Avenue Recreation Center. Min/Max: 2/6. (dm)

#/Link	Day	Date	Time	R/NR
<u>131404</u>	Μ	3/4-3/18	6:30-8pm	\$100/\$125

## **Stencil & Paint: Tote Bag**

#### Ages 8-12

Create your own personalized tote bag in this make it and take it class. Have fun with paint and fabric creating a one-of-a-kind bag to carry your treasures. Supplies will be provided. Location: Spring Avenue Recreation Center. Min/Max: 2/8. (dm)

#/Link	Day	Date	Time	R/NR
<u>131405</u>	Tu	4/23	4:15-5:45pm	\$35/\$50

## **Adult & Child: Machine Sewing**

#### Ages 7-12 with adult

Learn to sew with your children right before Mother's Day in this sewing machine-based class. Make matching items you will cherish for years. Bring your sewing machine or share one of ours. Supplies will be provided. Only children need to be enrolled accompanied by an adult. Location: Spring Avenue Recreation Center. Min/Max: 2/6. (dm)

#/Link	Day	Date	Time	R/NR
<u>131406</u>	Sa	5/11	10am-12pm	\$50/\$75

### DANCIN' FEET West Coast Swing

#### Ages 18 and up

West Coast Swing (WCS) is a popular form of swing dancing that has spread across the world. Although its history and roots come from Lindy Hop, part of the appeal of WCS is that it is an adaptable dance; it can be danced to a variety of musical styles and genres. In addition, the dance itself creates room for improvisation and interaction between the partners like a conversation. Location: Spring Avenue Recreation Center. Min/Max: 4/12. (ks)

#/Link	Day	Date	Time	R/NR
<u>131262</u>	W	4/3-5/8	7-8pm	\$63/\$76
<u>131263</u>	W	5/15-6/19	7-8pm	\$63/\$76

### DANCIN' FEET Swing Dance

#### Ages 18 and up

Swing dance, known also as Jitterbug and East Coast Swing, is a popular and versatile dance. This class will teach you how to dance swing with ease and confidence. Basic lead and follow techniques will be covered, in addition to many popular patterns. The class is open to couples as well as singles. Location: Spring Avenue Recreation Center. Min/Max: 4/12. (ks)

#/Link	Day	Date	Time	R/NR
131264	Th	4/4-5/9	6:30-7:30pm	\$63/\$76
<u>132046</u>	Th	5/16-6/20	6:30-7:30pm	\$63/\$76

#### DANCIN' FEET Ballroom Dance

#### Ages 18 and up

Learn the basics of Waltz and Foxtrot. Register with your favorite partner or individually for this enjoyable, fun, and energy-packed dance session. You'll be ready to hit the dance floor in no time. Location: Spring Avenue Recreation Center. Min/Max: 4/12. (ks)

#/Link	Day	Date	Time	R/NR
<u>131265</u>	Th	4/4-5/9	7:30-8:30pm	\$63/\$76
<u>132045</u>	Th	5/16-6/20	7:30-8:30pm	\$63/\$76

## **Adult Beginner Tap**

#### Ages 18 and up

Tap dance is an American art form that is not only entertaining to watch (and hear), but it's also fun and easy to learn. Tap teaches rhythm, improves balance, and provides a great workout. This class includes warmups, basic steps, and traveling combinations. Tap shoes are required and available for purchase through the Park District. Email <u>kspeck@gepark.org</u> for questions regarding shoe purchase. Location: Spring Avenue Recreation Center. Min/Max: 4/20. No class on 3/26. (ks)

#/Link	Day	Date	Time	R/NR
<u>131368</u>	Tu	3/12-4/30	7:10-7:55pm	\$77/\$95

## **Adult Beginner Ballet**

#### Ages 18 and up

A perfect class for those getting started or revisiting ballet again as an adult. This class will focus on alignment, the foundation of technique, and movement quality. Location: Spring Avenue Recreation Center. Min/Max: 4/20. No class on 3/28. (ks)

#/Link	Day	Date	Time	R/NR
131369	Th	3/14-5/2	7-7:45pm	\$77/\$95

## VANCE DANCE Ballroom Dance – Latin

#### Ages 18 and up

Learn four fun, accessible, world-famous Latin dances with award-winning instructor Gesi Vance. Salsa, Cha Cha, Rumba, and Bachata are known for their signature hip and body movements. Come with a partner or as an individual to learn basic patterns and combos to dance the evening away. Location: Spring Avenue Recreation Center. Min/ Max: 4/20. (ks)

#/Link	Day	Date	Time	R/NR
<u>131370</u>	W	4/3-5/8	5:30-6:25pm	\$91/\$118



active older adults

## who to contact:

(dm) David MacDonald, <u>dmacdonald@gepark.org</u> (rb) Rebecca Brush, <u>rbrush@gepark.org</u>

## AARP Tax-Aide Free!

#### Ages 60 and up

Free tax assistance for the elderly will be available on Mondays from AARP Tax-Aide volunteers. The volunteers are trained and certified through an Internal Revenue Service program. Be sure to bring all your tax information from the prior tax filing year and all your tax documents for the current tax filing year to your appointment. Location: Main Street Recreation Center. (dm)

#### Appointments are required by calling (630) 858-2463.

Day	Date	Appointment Times (Subject to change)	R/NR
Μ	2/5-4/8	8:30am, 9:30am, or 10:30am	Free w/appointment

## **AARP Driver Safety**

#### Ages 55 and up

Sharpen your defensive driving skills and become a safer driver. This class combines discussion and text, and completion entitles you to a reduction on your automobile insurance premium. A payment of \$20 for current AARP members and \$25 for non-members is payable to AARP at the first meeting (cash or check only). No refund after attending the first meeting. Location: Main Street Recreation Center. Min/Max: 5/25. (dm)

#/Link	Day	Date	Time	R/NR
<u>130795</u>	W-Th	2/28-2/29	9am-1pm	See description

#### **ILLINOIS SECRETARY OF STATE**

## Rules of the Road Free!

#### Ages 65 and up

The Rules of the Road Review Course is designed to give drivers, especially senior citizens, the knowledge and confidence needed to renew or obtain a driver's license. The course combines an explanation of the driving exam with a practice written exam. Location: Main Street Recreation Center. Min/Max: 5/20. (dm)

#/Link	Day	Date	Time	R/NR
<u>130796</u>	F	2/23	10-11:30am	Free w/registration

## American Mah-Jongg Lessons

Learn how to play American Mah-Jongg, a tile game that originated in China. This four-week class will cover the basics of the game, the rules, and the National Mah-Jongg League card. Participants must attend all four weeks. You will be able to play the game upon completion of the lessons. Location: Main Street Recreation Center. Min/Max: 4. (dm)

#/Link	Day	Date	Time	R/NR
<u>131403</u>	Sa	3/16-4/6	11am-1pm	\$50

## **Shamrock Luncheon**

#### Ages 55 and up

Enjoy a catered holiday luncheon from Shannon's Deli while listening to your favorite St. Patrick Day hits. Food will be served at 12:30pm. Plan to wear as much green as possible as prizes will be awarded to the best dressed. Games and other activities will be enjoyed by registrants. Fee includes lunch, drink, entertainment, and dessert. Location: Main Street Recreation Center. Min/Max: 10/40. (dm)

#/Link	Day	Date	Time	R/NR
<u>131407</u>	W	3/13	12-2pm	\$12



## The Gazette

Subscribe to receive The Gazette, a newsletter for seniors and active older adults, to your home! This FREE printed newsletter is mailed out quarterly to subscribers ages 60 and older. Please be sure to include your email address if you would also like to receive each edition via email.

Questions? Please contact David MacDonald at <u>dmacdonald@gepark.org</u> or (630) 942-7266.



## Friday Night Senior Bingo

#### Ages 55 and up

Let's get together for bingo! Join us on the first Friday of every month from 6:30-8:30pm at Ackerman Sports & Fitness Center for Senior Bingo. Play several rounds of bingo for a chance to win gift cards, candy, home décor, and a grand prize for the final game. First come, first serve for sweet treats! No registration required. \$1 per card. No meeting on 5/8. (rb)

## Donuts and Bingo Free!

#### Ages 55 and up

Enjoy bingo, coffee, and donuts at Main Street Recreation Center on the 2nd Thursday of each month. Games are from 10:30-11:30am. One bingo card per participant. Coffee, donuts, and bingo cards are provided, and prizes will be awarded to the winners. This free drop-in program is offered in partnership with Glen Ellyn Public Library. Min/Max: 5/40. (dm)

## Ageless Grace Free!

#### Ages 50 and up

Improve cognitive and physical health functions in this free drop-in program every Tuesday at 10-10:45am. The class focuses on activating all five functions of the brain: strategic planning, memory/recall, analytical thinking, creativity, and kinesthetic learning. For more information, please call (630) 858-2463. (dm)



## **MSRC Senior Clubs**

MSRC Senior Club offerings for all those over the age of 60. Club meetups take place at the Main Street Recreation Center, 501 Hill Avenue. (dm)

#### American Mah-Jongg Club Free!

Join the American Mah-Jongg Club every Friday between 10am and 1pm to play this tile-based game. It's best to have a basic understanding of the game before joining.

#### Bound to Read (BTR) Book Club Free!

Are you an avid reader who loves discussing books? Join our monthly book club, which meets on the 3rd Monday of each month from 10-11am. Snacks are provided. Get books from the Glen Ellyn Public Library.

Feb. 19: "The Personal Librarian" by Marie Benedict & Victoria Christopher Murray
Mar. 18: "Hello Beautiful" by Anne Nepolitana
Apr. 15: "Hamnet" by Maggie O'Farrell
May 20: "This Tender Land" by William Kent Krueger

#### Poker Plus Club Free!

Join us for poker and other favorite games on the 1st and 3rd Tuesday of each month from September through May, between 2-4pm. All experience levels are welcome. Card decks and chips are provided.

#### Trivia and Social Club Free!

Our trivia and social club meet on the 3rd Thursday of every month at 11am-12pm. Join us to play a game, learn something new, and test your knowledge with themed trivia. Snacks and treats are served.

Feb. 15: National Gumdrop and Hippo Day Trivia
Mar. 21: International Women's Day Trivia
Apr. 18: National Pet Day Trivia
May 16: Food & BBQ Trivia

# day trips



## **Glen Ellyn Cruisin' Crew**

Join us as we venture to Aurora to celebrate St. Patrick's Day. This is a great chance to socialize and meet new people in the area while enjoying local fare. Following lunch at Ballydoyle's, participants will have the opportunity to walk and tour downtown Aurora. Take a ride on the Park District bus for just \$5. Participants responsible for all costs at different locations. Registration required for all attendees. The bus will depart from Main Street Recreation Center. Min/Max: 5/12. (dm)

#### Register by 3/5

#/Link	Day	Date	Time	R/NR
<u>131409</u>	Th	3/14	12-3pm	\$5

## Milwaukee's Fish Fry Tour and Lunch

#### Ages 21 and up

We will begin our day with a docent-led tour of one of Milwaukee's beautiful Catholic churches. Following the docent-led tour, we will make multiple stops to sample some of the the city's fish fry hot spots for generous portions of fish plus sides. Additionally, we'll visit a brewery for a talk and samples while we raise a toast to the original Milwaukee beer brewers who helped shape Milwaukee and the fish fry tradition we know and enjoy today. The tour will conclude with a stop for custard. This trip will involve minimal walking, and participants must be able to enter/ exit the bus multiple times during the day. The fee includes transportation, a step-on guide, guide gratuity, food/ drink as outlined above, as well as gratuities at each of the restaurants. Departs from Main Street Recreation Center. Min/Max: 8/12. (dm)

#### Register by 2/29

#/Link	Day	Date	Time	R/NR
<u>130794</u>	F	3/15	8:30am-6pm	\$169/\$174

## Horseshoe Hammond Casino Indiana

Ages 21 and up

Beat the winter blues and leave the driving to us! Located just 20 minutes from downtown Chicago, Horseshoe Casino offers over 1,800 of the hottest slots in Chicagoland, table games, weekly poker tournaments, and full-service sports betting at Caesars Sportsbook. Please note that the trip fee includes transportation only. Any gambling or food purchases are on your own. Be sure to bring a valid driver's license (not expired) or state ID with you on the day of the trip. Min/Max: 4/7. (dm)

#### Register by 3/20

#/Link	Day	Date	Time	R/NR
<u>131410</u>	W	3/27	10am-3:30pm	\$20/\$25

## Klairmont Kollections Tour and Lunch

#### Ages 21 and up

Founded by WWII veteran and entrepreneur, Larry Klairmont, Klairmont Kollections Automotive Museum is home to one of the Midwest's finest car collections. Featuring over 300 award-winning and historic vehicles from the early 1900's to the present day, there is sure to be something of interest for everyone within this 100,000 square feet of automotive history. After visiting the museum, we'll head across the street to New Delta Restaurant, a diner-style establishment, for lunch on your own. Fee includes admission to the museum and transportation. Min/Max: 4/7. (dm)

#### Register by 4/12

	,			
#/Link	Day	Date	Time	R/NR
<u>131411</u>	F	4/19	8:30am-2:30pm	\$39/\$44

## Beautiful: The Carole King Musical at Paramount Theatre

#### Ages 21 and up

Before she was the Carole King we know today, she was a young songwriter from Brooklyn trying to make a name for herself. Beautiful tells the inspiring true story of King's remarkable rise to stardom as part of the hit songwriting team with her husband Gerry Goffin and going on to become one of the most successful singer, songwriter, and musician in popular music history. Along the way, she made more than beautiful music, she wrote the soundtrack to a generation. Fee includes transportation and main floor seating. Min/Max: 4/7. (dm)

#### Register by 4/8

#/Link	Day	Date	Time	R/NR
<u>131412</u>	W	5/1	12:30-5pm	\$54/\$59

Spring Avenue

gl

## **Field Museum Tour & Lunch**

#### Ages 21 and up

Take a trip downtown to enjoy the Field Museum which is located along Chicago's iconic Lake Michigan. The Field Museum opened its doors in 1894 and now has a collection of 40 million artifacts and specimens. Participants will get to explore all the exhibits and learn about the natural world plus the human story. The fee includes transportation, selfguided exhibits, and a lunch voucher. Departs from Main Street Recreation Center. Min/Max: 8/12. (dm)

#### Register by 5/1

#/Link	Day	Date	Time	R/NR
<u>131413</u>	Th	5/23	9am-3pm	\$70/\$75

## WHERE PETS COME TO PLAY.

Unleash some fun at this popular outdoor park where dogs can exercise, play, and socialize off-leash. Your four-legged friend will pawsitively love it. Starting at **335** for residents

#### SPRING 2024 · 44

23



## **Preschool Nature Outings**

Ages 2-5 with adult

Engage your little ones in the wonders of nature this spring. Each class will focus on a different topic, accompanied by a story, a craft or project, and an exploratory hike tailored to their abilities. Join us for these enriching outings that encourage a love for the natural world. Min/Max: 4/12. (lb)

#/Link	Day	Date	Time	R/NR	
Animal Vale	ntines at M	aryknoll Parl	ć		
<u>130562</u>	F	2/16	10-11am	\$10/\$12	
Maple Syrup at Lake Ellyn Park					
<u>131104</u>	F	3/1	9-10am	\$10/\$12	
<u>131105</u>	F	3/1	10:30-11:30am	\$10/\$12	
Under a Log	at Churchi	ll Park			
<u>131106</u>	F	4/5	9-10am	\$10/\$12	
<u>131107</u>	F	4/5	10:30-11:30am	\$10/\$12	
Robins at M	aryknoll Pa	rk			
<u>131108</u>	F	4/19	9-10am	\$10/\$12	
<u>131109</u>	F	4/19	10:30-11:30am	\$10/\$12	
Ducks at Lal	ke Ellyn Par	k			
<u>131110</u>	F	5/3	9-10am	\$10/\$12	
<u>131111</u>	F	5/3	10:30-11:30am	\$10/\$12	
Pond Life at Churchill Park					
<u>131112</u>	F	5/24	9-10am	\$10/\$12	
<u>131113</u>	F	5/24	10:30-11:30am	\$10/\$12	

## DuPage River Sweep: Lake Ellyn Clean-up Free/ Volunteer Opportunity

#### All ages

Please join us as we continue our tradition of helping facilitate the annual DuPage River Sweep. Our efforts this year will focus on Lake Ellyn, whose waters enter the river system. Lend a hand and help remove trash from the shoreline and throughout the park. If you have rubber boots or hip waders, please bring them. We will provide buckets, gloves, garbage bags, and a limited number of garbage pickers. Registration through The Conservation Foundation is required at <u>theconservationfoundation.org/sweep</u>. Presented by Glen Ellyn Park District and The Conservation Foundation. Children must be accompanied by an adult. Location: Lake Ellyn Park. Min/Max: 4/60. (lb)

Day	Date	Time	R/NR
Sa	5/4	9am-12pm	Free w/registration

ATURE

## Nature Walking Club Free!

#### Ages 18 and up

Join fellow nature enthusiasts for leisurely walks as we explore our natural heritage on local trails. These relaxed outings offer a wonderful opportunity to appreciate the natural treasures that surround us and to learn about the seasonal changes taking place. Held rain or shine, these walks will leave you feeling inspired by the beauty of nature and its ever-changing wonders. Min/Max: 4/12. (Ib)

#/Link	Day	Date	Time	R/NR			
Winter Bird	ls at Man	or Park					
<u>130567</u>	F	2/9	9-10am	Free w/registration			
Neighboring Park: Lambert Lake							
<u>131114</u>	F	3/22	9-10:30am	Free w/registration			
Spring Wile	Spring Wildflowers at Churchill Park						
<u>131115</u>	F	4/12	9-10am	Free w/registration			
Neighboring Park: Glacial Ridge							
<u>131116</u>	F	5/17	9-10:30am	Free w/registration			

## **Restoration Workday** Free!

#### **Volunteer Opportunity**

#### Ages 8 and up

Make a positive impact on the environment. Activities include clearing invasive plants, cutting and stacking brush, planting native flowers, trees, and seeds, and maintaining trails, among other tasks. Please bring your own work gloves and a water bottle. If you have any questions, contact Laurie Bellmar at <a href="mailto:lbellmar@gepark.org">lbellmar@gepark.org</a>. Min/Max: 4/12. (lb)

#/Link	Day	Date	Time	R/NR		
Manor Park						
<u>130570</u>	Sa	2/17	9-11am	Free w/registration		
Churchill Po	ırk					
<u>131117</u>	Sa	3/16	9-11am	Free w/registration		
Earth Week	Voluntee	er Day at A	ckerman Wood	s		
<u>131118</u>	Sa	4/20	9-11am	Free w/registration		
Trees for Glen Ellyn at Lake Ellyn						
<u>131119</u>	Sa	5/18	9am-12pm	Free w/registration		



## Migration Mornings Free!

#### Ages 18 and up

Join us as we experience the wonder and awe of the spring bird migration. Whether you are new to birding or have years of experience, you are welcome to practice your observation and identification skills with us. Thousands of birds pass through our area on their journey north. Take a casual walk with us to catch a glimpse of these beautiful birds and learn why they are so amazing. A limited quantity of binoculars will be available for Ioan. Min/Max: 4/12. (cg)

#/Link	Day	Date	Time	R/NR
Churchill P	ark			
<u>131124</u>	Th	4/11	8:30-10am	Free w/registration
Ackerman	Park			
<u>131125</u>	Th	4/18	8:30-10am	Free w/registration
Manor Parl	k			
<u>131126</u>	Th	4/25	8:30-10am	Free w/registration
Churchill P	ark			
<u>131127</u>	Th	5/2	8:30-10am	Free w/registration
Ackerman	Park			
<u>131128</u>	Th	5/9	8:30-10am	Free w/registration
Manor Parl	k			
<u>131129</u>	Th	5/16	8:30-10am	Free w/registration
Churchill P	ark			
<u>131130</u>	Th	5/23	8:30-10am	Free w/registration
Ackerman	Park			
<u>131131</u>	Th	5/30	8:30-10am	Free w/registration

## **Wild Valentines**

#### Kids Day Off Program

#### Ages 5-12

Take a walk in the natural areas to look for animal inspiration, then come inside for a cozy crafternoon. Warm up your creativity and sense of humor making "punderful" valentines for your favorite local wildlife. Location: Maryknoll Park. Min/Max: 4/12. (lb)

#/Link	Day	Date	Time	R/NR
<u>130604</u>	F	2/16	1:30-3pm	\$15/\$18

## **Woodland Valentine Hunt**

#### All ages

We are giving animals some love this Valentine's Day. Follow the trail to find valentines to all the woodland animals. Follow clues to a hidden treat to leave for the wildlife, then find a valentine prize for you! Fee is per child. Adult accompaniment is required, as this is self-guided. Location: Churchill Park. Min/Max: 10/70. (Ib)

#/Link	Day	Date	Time	R/NR
<u>130605</u>	Sa	2/17	1-2pm	\$10/\$12



## **Family Full Moon Hike**

#### All ages

The full moon will be rising during this brisk and crisp winter walk. Grab the kids, bundle up, and join us for a night hike at Churchill Park. Learn which mammals and birds stay active during the winter, what they eat, where they find shelter, and how they stay warm. The fee is per person, and children must be accompanied by an adult. Location: Churchill Park. Min/Max: 6/30. (lb)

#/Link	Day	Date	Time	R/NR
<u>130607</u>	Sa	2/24	7-8pm	\$5/\$7

## **Buckthorn Walking Stick Workshop**

## Kids Day Off Program

Ages 5-12

Buckthorn is an unwanted shrub that invades our natural areas, creating a dense understory in our woodlands and preventing native shrubs and wildflowers from thriving. Use hand tools to remove and repurpose this invasive brush into a fun and useful walking stick. Try it out on the trail through Ackerman Woods. Location: Ackerman SFC. Min/Max: 4/12. (lb)

#/Link	Day	Date	Time	R/NR
<u>131120</u>	F	3/1	2-3:30pm	\$15/\$18

## Little Boathouse: Maple Sugaring Session

#### Ages 5-12

Inspired by the beloved "Little House on the Prairie" book series, this after-school program offers a three- week adventure filled with heritage skills. In this session, topics will center around maple sugaring. We will identify and tap maple trees, learn how to build and start a fire, make pancakes, and sample maple syrup. Participants will also create pioneer toys and explore the natural world just as the early settlers did. Location: Lake Ellyn Park. Min/Max: 8/15. (lb)

#/Link	Day	Date	Time	R/NR
<u>131121</u>	Μ	3/4-3/18	3:45-5pm	\$45/\$54



## Trail Trial

#### **Kids Day Off Program**

Ages 5-12

Get off the beaten path during this program. Be one of the first to try a brand-new trail built during the winter. We will also follow deer trails to explore some secluded corners of the park. Location: Churchill Park. Min/Max: 4/12. (lb)

#/Link	Day	Date	Time	R/NR
<u>131123</u>	F	3/22	2-3:30pm	\$10/\$12

## **Eclipse Observation**

#### All ages

View a ninety-four percent eclipse of the sun from the lawn at Maryknoll Park. Make a model to understand the science behind the phenomenon. Viewing glasses will be provided. Children must be accompanied by a registered adult. Location: Maryknoll Park. Min/Max: 4/20. (lb)

#/Link	Day	Date	Time	R/NR
<u>131122</u>	Μ	4/8	1:30-2:30pm	\$5/\$7

#### **LIITA FORSYTH**

### **Nature Maker Art**

#### Ages 7-14

Unleash your creativity with Nature Maker Art sessions led by Liita Forsyth—an artist, naturalist, and teacher from The Little Bits Workshop. Experience the wonders of nature firsthand at Lake Ellyn, and then delve into art classes inside the Boathouse. Discover various art styles, techniques, and fine motor skills while embracing the beauty of the natural world. Location: Lake Ellyn Boathouse. Min/Max: 8/15. (lb)

Earth	
ly celebrate earth da	ay and arbor day
	GLEN ELLYN PARK DISTRICT

## Earth Week: Volunteer Day Free!

#### Volunteer Opportunity

#### Ages 8 and up

Celebrate the Earth by participating in a day of service. Volunteers will cut and remove invasive brush, improving the quality of our natural areas. Dress in warm layers. We will have work gloves and tools to loan. Under age 14 must be accompanied by an adult. Location: Ackerman Woods. Min/Max: 4/20. (lb)

#/Link	Day	Date	Time	R/NR
<u>131118</u>	Sa	4/20	9-11am	Free w/registration

## Earth Week: Forest Bathing Wellness Walk

#### Ages 18 and up

Reconnect to the Earth through forest bathing. This wellness practice creates healing and rest for body and mind. Jeanne lovinelli, a certified nature and forest therapy guide, will provide gentle invitations that awaken the senses, encourage mindfulness, and connect you with the natural world. A tea ceremony (made with foraged herbs) concludes each experience, leaving participants replenished and revitalized. Location: Churchill Park. Min/Max: 4/12. (lb)

#/Link	Day	Date	Time	R/NR	#/Link	Day	Date	Time	R/NR
131132	Μ	4/15-5/6	3:45-5pm	\$65/\$78	<u>131175</u>	Su	4/21	1-3pm	\$15/\$18



## Earth Week: Library Storytime Tree!

Ages 5 and under with adult

Honor Earth Day with the Glen Ellyn Park District and Glen Ellyn Public Library at a storytime in the park. Listen to books and participate in activities that celebrate caring for our Earth. Children should be accompanied by an adult. Location: Maryknoll Park (Rain Location: Glen Ellyn Public Library). Min/Max: 4/40. (lb)

#/Link	Day	Date	Time	R/NR
<u>131176</u>	Μ	4/22	10:30-11am	Free w/registration

## Earth Week: Wildflower Walk Free!

#### Ages 18 and up

Many spring wildflowers bloom before the trees leaf out and are gone shortly afterwards. Take a walk to admire these ephemeral beauties and learn the adaptations that allow them to survive. We will also visit Benjamin Gault Bird Sanctuary, the only Park District natural area where skunk cabbage can be seen. Location: Lake Ellyn Park. Min/Max: 4/12. (Ib)

#/Link	Day	Date	Time	R/NR
131177	Tu	4/23	9-10:30am	Free w/registration

## Earth Week: Trees for Glen Ellyn Free!

#### **Volunteer Opportunity**

#### Ages 8 and up

Join the Park District's forestry team to learn about an exciting new volunteer opportunity. Participate in planting and caring for trees in our parks. Learn the correct way to plant a tree and take an active role in growing Glen Ellyn's tree canopy. Make a positive impact on the environment for generations to come. Under age 14 must be accompanied by an adult. Please bring your own work gloves and a water bottle. Location: Newton Park. Min/Max: 4/20. (pz)

#/Link	Day	Date	Time	R/NR
<u>131178</u>	W	4/24	9am-12pm	Free w/registration

## Earth Week: Migration Morning Free!

#### Ages 18 and up

Experience the hunt for spring warblers during a guided bird walk. Spotting these yearly visitors to our natural areas will make this Earth Week memorable. A limited quantity of binoculars will be available for Ioan. Location: Manor Park. Min/Max: 4/12. (cg)

#/Link	Day	Date	Time	R/NR
<u>131126</u>	Th	4/25	8:30-10am	Free w/registration

## Earth Week: Breakfast with the Birds

#### All ages

Many birds are resting and refueling on their journeys north to breeding grounds. Join us as we celebrate them with donuts and hot chocolate or coffee. Participants will receive a bird passport to check off how many birds you can identify on a walk through the park. Each passport can be entered in a drawing to win a gift basket. The fee is per person, and children must be accompanied by a registered adult. Location: Churchill Park. Min/Max: 10/70. (lb)

#/Link	Day	Date	Time	R/NR
<u>131179</u>	F	4/26	9-10:30am	\$5/\$7

## Earth Week: Arbor Day Experience

#### Ages 5-12

Get the inside scoop on Arbor Day by spending the afternoon with the Park District Forester. Participants will assist in the planting of trees at Lake Ellyn. They will observe and experience each step, from planning and digging the right size hole to mulching and watering. Also, hug a tree, play tree tag, and learn to identify trees on a walk around the lake. Location: Lake Ellyn Park. Min/Max: 4/12. (lb)

#/Link	Day	Date	Time	R/NR
<u>131180</u>	F	4/26	1:30-3pm	\$10/\$12

## **Homegrown National Park**

Ages 18 and up

Update your home landscape with the latest trend of incorporating native plants? Learn how making small changes on your property can improve your garden's health (and its appearance), nourish your soil, attract and feed pollinators, and manage water. Come hear ideas and experiences from members and friends of the Glen Ellyn Garden Club. You'll come away with a simple plan that you can expand to fit your space. You will also get to shop a native plant sale on site (for participants only). Location: Spring Avenue Recreation Center. Min/Max: 10/30. (lb)

#/Link	Day	Date	Time	R/NR
<u>131181</u>	Th	5/2	7-8:30pm	\$10/\$12

## **Nature Play Afternoons**

Ages 5-12

"Every child should have mudpies, grasshoppers, water bugs, tadpoles, frogs, mud turtles, elderberries, wild strawberries, acorns, chestnuts, trees to climb, animals to pet, hay fields, pinecones, rocks to roll, sand snacks, huckleberries, and hornets. Any child who has been deprived of these, has been deprived of the best part of their education." -Luther Burbank. This series will provide much of what Burbank lists above with supervised childdirected play in a natural area. Participants will develop motor skills, social skills, and imagination, in addition to learning first-hand about the natural world. Bring a water bottle and dress appropriately for the weather. Location: Churchill Park. Min/Max: 4/12. (Ib)

#/Link	Day	Date	Time	R/NR
<u>131182</u>	Th	5/9-5/23	3:45-5pm	\$30/\$36

## **Endangered Species Day**

Ages 5-12

On Endangered Species Day, take action for local endangered animals and plants with a restoration project, educational activities, and art. Learn about local scientists and the work they are doing to save threatened species. Location: Churchill Park. Min/Max: 4/12. (lb)

#/Link	Day	Date	Time	R/NR
<u>131183</u>	F	5/17	3:45-5pm	\$10/\$12



## Trees for Glen Ellyn Free!

#### Volunteer Opportunity

Ages 8 and up

Join the Park District's forestry team to learn about an exciting new volunteer opportunity. Participate in planting and caring for trees in our parks. Learn the correct way to plant a tree and take an active role in growing Glen Ellyn's tree canopy. Make a positive impact on the environment for generations to come. Under age 14 must be accompanied by an adult. Please bring your own work gloves and a water bottle. Location: Lake Ellyn Park. Min/Max: 4/20. (pz)

#/Link	Day	Date	Time	R/NR
131119	Sa	5/18	9am-12pm	Free w/registration

### Wild Edible and Medicinal Plants: Tea Workshop and Walk

#### Ages 18 and up

Marcy Lautanen-Raleigh, owner of Backyard Patch Herbs who has more than twenty years of experience growing and using herbs, will discuss how herbal teas are created. As we walk through Churchill Park, she will identify which wild plants make good tea, teach how to formulate your own teas, and review the various medicinal properties discovered throughout time of many native plants. Pictures will be included to help with identification. We will create our own tea blend to sample during the program. Location: Churchill Park. Min/Max: 6/20. (Ib)

#/Link	Day	Date	Time	R/NR
<u>131185</u>	Sa	6/1	10-11:30am	\$20/\$24

# dance academy



Please contact Katy Speck at <u>kspeck@gepark.org</u> with questions.

## Adult/Tot Dance

Designed for our youngest dancers, this class introduces basic ballet, coordination, and gross motor skills through creative movement and interactive songs with a caregiver present. Ballet shoes are optional for adults/caregivers.

## **Tiny Tot**

Your child will learn dance concepts and develop rhythm, coordination, and balance while moving and grooving to music and using creative props to inspire imagination. Adults must stay within the building during each class; no exceptions. Children must be able to attend class without an adult/caregiver present.

## **Creative Movement**

This class develops motor skills, balance, cognitive awareness, creativity, rhythm, musicality, and self-esteem. Adults must stay within the building during each class; no exceptions. Children must be able to attend class without an adult/caregiver present.

## **Creative Hip Hop**

This class develops creativity and musicality with a special

focus on the rhythm, muscle memory, and coordination found in this urban dance style. Adults must stay within the building during each class; no exceptions. Children must be able to attend class without an adult/caregiver present.

### **Pre-Ballet**

Your child will be taught the core concepts, ageappropriate technique, and vocabulary of beginner ballet. This class serves as the foundation of ballet instruction within the Dance Academy.

## Pre-Tap/Jazz

Your child will learn core concepts from both tap and jazz. Both techniques will be taught in class at an ageappropriate level.

## Ballet 1

This class will build a solid foundation of ballet terms and technique. Your child will learn to incorporate musicality into their movement and gain strength. We will focus on core ballet concepts and build upon their previous dance knowledge.

## Ballet 2

This class will build upon the foundations established in Ballet 1, continuing to expand your child's knowledge and ballet technique. They will learn more complex movements and skills.

### Jazz 1

This class focuses on jazz technique and style, fostering growing confidence in movement. Your child will learn basic technique to rhythmic songs while also discovering their own unique way of moving.

## Tap 1

Your child will be taught core concepts, age-appropriate technique, and vocabulary in tap.

## Hip Hop 1

Your child will learn the basics of hip hop in this class. This high-energy style of dance encompasses many different urban dance styles and focuses on rhythm, muscle memory, and coordination. Gym shoes or sneakers are usually worn.

## Lyrical/Modern

This class centers around modern and lyrical techniques, emphasizing finding your dancer's center. It helps dancers find meaning in the movements they perform and express it outwardly. This class explores new ways of moving while building core strength and flexibility.

## Instructional Class Schedule

Instructional dance classes are offered seasonally. Participants in these programs do not participate in the annual spring dance recital. Download the Dance Academy Guide, which includes dance class dress codes, at <u>gepark.org/dance</u>. Location: Spring Avenue Recreation Center. No class from 3/25-3/30. (ks)

#/Link	Class	Day	Age	Date	Time	Min/Max	R/NR
<u>131371</u>	Adult/Tot	Μ	18-36 mo.	3/11-4/29	4:45-5:15pm	5/12	\$72/\$86
<u>131372</u>	Нір Нор 1	Μ	6-9	3/11-4/29	5:20-6:05pm	5/12	\$77/\$92
<u>131373</u>	Tiny Tot	Tu	2.5-3	3/12-4/30	4:10-4:40pm	5/8	\$72/\$86
<u>131375</u>	Pre-Ballet	Tu	4-5	3/12-4/30	4:45-5:30pm	5/12	\$77/\$92
<u>131376</u>	Pre-Tap/Jazz	W	4-5	3/13-5/1	9:35-10:20am	5/12	\$77/\$92
<u>131377</u>	Creative Hip Hop	W	3-4	3/13-5/1	4:30-5:15pm	5/12	\$77/\$92
<u>131379</u>	Adult/Tot	Th	18-36 mo.	3/14-5/2	9:15-9:45am	5/12	\$72/\$86
<u>131374</u>	Tiny Tot	Th	2.5-3	3/14-5/2	9:50-10:20am	5/8	\$72/\$86
<u>131378</u>	Creative Movement	Th	3-4	3/14-5/2	10:30-11:15am	5/12	\$77/\$92
<u>131380</u>	Ballet 1	Sa	5-6	3/16-5/4	9-9:45am	5/12	\$77/\$92
<u>131381</u>	Jazz 1	Sa	6-9	3/16-5/4	9:50-10:35am	5/12	\$77/\$92

## Spring Break Dance Academy Mini Camp

#### Ages 5-8

Experience 4 days of dance activities, including arts and crafts, group games, story time, and basic dance technique. No dance experience is necessary to join this camp. Dancers should wear comfortable clothing with dance shoes and bring a snack with a water bottle. On the last day of camp, our dancers will show off their new moves for friends and family. Location: Spring Avenue Recreation Center. Min/Max: 6/20. (ks)

#/Link	Day	Date	Time	R/NR
<u>131266</u>	M-Th	3/25-3/28	9:30-11:30am	\$85/\$125

#### **VANCE DANCE**

## Kids Pre-Ballroom – Swing

Ages 3-5

Learn basic patterns, combos, and lead-and-follow techniques for three fun All-American dances: Single Swing, Triple Swing, and Lindy Hop. Award-winning instructor Gesi Vance will tailor each class to the student's needs, building confidence and having fun in this beginners' class. Location: Spring Avenue Recreation Center. Min/ Max: 4/30. (ks)

#/Link	Day	Date	Time	R/NR
<u>131385</u>	W	3/6-4/10	6:30-7:25pm	\$91/\$118
<u>131386</u>	W	4/17-5/22	6:30-7:25pm	\$91/\$118

## VANCE DANCE

## Kids Ballroom – Latin

#### Ages 5-13

In this energetic, introductory class, participants will learn three Latin dance styles: Salsa, Merengue, and Bachata. Build confidence while learning the core patterns and ageappropriate techniques of each style, practice leading and following, and develop a vocabulary of Latin dance terms. Location: Spring Avenue Recreation Center. Min/Max: 4/30. (ks)

#/Link	Day	Date	Time	R/NR
<u>131387</u>	Th	3/7-4/11	6:30-7:25pm	\$91/\$118
<u>131388</u>	Th	4/18-5/23	6:30-7:25pm	\$91/\$118

## **Dance Party Rentals**

Ages 3-12

Host your next party in our Dance Room and Craft Lab with our wonderful dance instructors. Instructors are excited to create custom dance class parties for the little dancers in your life. Choose a 30-, 45-, or 60-minute time slot for the entertainment of your party and host the remainder of the party in our Craft Lab space. To schedule, contact Katy Speck at <u>kspeck@gepark.org</u>. Location: Spring Avenue Recreation Center. (ks)

Private Lessons

## **Private Tap Dance Lessons**

#### Ages 7 through adult

Personalized tap lessons are available with dance instructor Marissa Banker. These 30-minute one-on-one lessons are tailored to meet your individual needs and goals. Lessons are scheduled privately based on room and instructor availability, priced at \$35/\$42 (R/NR) per lesson. To schedule, contact Marissa at <u>cacoordinator@gepark.org</u>. Location: Spring Avenue Recreation Center. (ks)

## Private Ballroom Dance Lessons

Ages 7 through adult

Prepare for your wedding dance, enjoy a fun date night, get ready for a special event, or learn a fun new skill. Join award-winning Ballroom and Latin dance instructor, Gesi Vance, for private lessons tailored to any occasion and suitable for students of all skill levels. Location: Spring Avenue Recreation Center. (ks)

#/Link	Day	Date	Time	R/NR
<u>131382</u>	Sa	4/6-5/18	10-10:55am	\$78/\$100
<u>131383</u>	Sa	4/6-5/18	11-11:55am	\$78/\$100
<u>131384</u>	Sa	4/6-5/18	12-12:55pm	\$78/\$100

# gymnastics





Renovations at Ackerman SFC, as part of the 2022 voter-approved referendum, are underway!

The renovations will include a brand-new 6,000-square-foot gymnastics center, significantly expanding gymnastics opportunities.

LEARN MORE ON PAGE 56.

Proper attire is mandatory for all gymnastics participants. Options for girls include gymnastics leotards, shorts, and t-shirts. Boys are welcome to wear shorts or sweatpants with a t-shirt. Please refrain from wearing tights or jewelry. All participants should perform activities with bare feet.

Our instructors have the discretion to transfer participants to a different class if they determine that they are not yet developmentally ready for their current class. New registrations will not be accepted after the second week of class. If you have any questions, contact Brad Thomas at <u>bthomas@gepark.org</u>.

## **Adult/Tot Gymnastics**

#### Ages 18-36 months with adult

This fun-filled adult/tot play time program introduces your child to the exciting world of tumbling and gymnastics. Adult/Tot features tumbling and gymnastics equipment, balls, hoops, circles, and parachute play. Active adult participation is required. Please no siblings. Location: Spring Avenue Recreation Center. Min/Max: 5/12. (bt)

#/Link	Day	Date	Time	R/NR
131448	Μ	4/22-5/20	9-9:30am	\$60/\$90
<u>131449</u>	W	4/24-5/22	9:15-9:45am	\$60/\$90
<u>131450</u>	Th	4/25-5/23	9:15-9:45am	\$60/\$90
<u>132046</u>	Sa	4/27-5/18	8:15-8:45am	\$48/\$72
<u>131451</u>	Sa	4/27-5/18	9-9:30am	\$48/\$72

## Tiny Tumblers Gymnastics

This introductory gymnastic class helps develop gross motor skills and body awareness and teaches selfconfidence while having fun. A variety of gymnastic and tumbling stations will be set up each week to introduce your gymnasts to the basic skills used in this sport. Children must be able to attend without an adult present. Location: Spring Avenue Recreation Center. Min/Max: 5/10. (bt)

#/Link	Day	Date	Time	R/NR
<u>131453</u>	Μ	4/22-5/20	9:45-10:15am	\$60/\$90
<u>131454</u>	W	4/24-5/22	10-10:30am	\$60/\$90
<u>131455</u>	Th	4/25-5/23	11-11:30am	\$60/\$90
<u>131456</u>	Sa	4/27-5/18	9:45-10:15am	\$48/\$72
<u>132041</u>	Sa	4/27-5/18	10:30-11am	\$48/\$72



## Preschool & Kindergarten Gymnastics

#### **Preschool Gymnastics**

Ages 4-5 (as of 9/1)

A variety of gymnastics and tumbling stations will be set up each week to introduce your gymnast to the basic skills used in this sport. Children must be enrolled in Preschool and able to attend class without a caregiver present. Location: Spring Avenue Recreation Center. Min/Max: 5/12. (bt)

#### **Kindergarten Gymnastics**

#### Ages 5-6 (as of 9/1)

This class is designed to help refine and develop the gross motor skills taught in previous classes. A higher skill level of gymnastics stations will be set up each week to increase strength, flexibility, and coordination. Children must be enrolled in Kindergarten. Location: Spring Avenue Recreation Center. Min/Max: 5/12. (bt)

#/Link	Day	Date	Time	R/NR			
Preschool							
<u>132042</u>	W	4/24-5/22	4-4:45pm	\$65/\$97			
<u>131459</u>	W	4/24-5/22	5-5:45pm	\$65/\$97			
<u>131460</u>	Th	4/25-5/23	10-10:45am	\$65/\$97			
<u>131461</u>	Sa	4/27-5/18	11:15am-12pm	\$52/\$78			
Kindergart	Kindergarten						
<u>131457</u>	W	4/24-5/22	6-6:45pm	\$65/\$97			
<u>131458</u>	Sa	4/27-5/18	12:15-1pm	\$52/\$78			
Preschool/	Kindergo	rten (Combined	Class)				
<u>131462</u>	Μ	4/22-5/20	10:30-11:15am	\$65/\$97			
<u>131463</u>	Μ	4/22-5/20	1:30-2:15pm	\$65/\$97			
<u>131464</u>	Tu	4/23-5/21	2:30-3:15pm	\$65/\$97			
<u>131465</u>	W	4/24-5/22	10:45-11:30am	\$65/\$97			



## **Pre-Developmental Gymnastics**

1st grade to age 12 (as of 9/1)

The focus of this beginner program will be on floor exercise, springboard skills, bars, and beam. Stretching and conditioning for muscle tone will be included. Location: Spring Avenue Recreation Center. Min/Max: See online. (bt)

#/Link	Day	Date	Time	R/NR
<u>131469</u>	Tu	4/23-5/21	4:30-5:30pm	\$88/\$132
<u>131470</u>	Th	4/25-5/23	4-5pm	\$88/\$132

## **Developmental Gymnastics**

#### Ages 8-12

This program is a continuation of Pre-Developmental Gymnastics. Participants must be able to perform roundoffs, cartwheels, forward/backward rolls, handstand, and a bridge in order to register. Location: Spring Avenue Recreation Center. Min/Max: See online. (bt)

#/Link	Day	Date	Time	R/NR
131467	Tu	4/23-5/21	5:45-6:45pm	\$88/\$132

## **Middle School Gymnastics**

#### Grades 6th-8th

Led by Glenbard West Assistant Coach Sam Gehringer, this program will focus on building skills on the floor, beam, uneven bars, and vault. Location: GBW Gymnastics Balcony. Min/Max: 6/12. (bt)

#/Link	Day	Date	Time	R/NR
<u>131474</u>	Tu/Th	4/9-5/16	6-8pm	\$180

## **Tumbling 1**

#### Ages 7-14

No prior experience necessary. Start out learning the proper way to perform handstands, cartwheels, and more. Participants will build on their skills each session. Location: Spring Avenue Recreation Center. Min/Max: See online. (bt)

#/Link	Day	Date	Time	R/NR
<u>131472</u>	Th	4/25-5/23	5:15-6pm	\$65/\$97

## **Tumbling 2**

#### Ages 8-14

Participants must possess basic skills such as cartwheel, roundoff, forward/backward rolls, handstand, and bridge. Location: Spring Avenue Recreation Center. Min/Max: See online. (bt)

#/Link	Day	Date	Time	R/NR
<u>131473</u>	Th	4/25-5/23	6:15-7:15pm	\$75/\$113

## Stay & Play Open Gym

Children (4 years of age or younger) can stay active and play in the Spring Avenue Gymnastics Center. This safe and fun environment is the perfect spot for your child to interact with you and other peers.

Pre-registration is not required, but arrive early as space is limited to the first 30 participants. Children must be accompanied and supervised by an adult. Please pay inside the Gymnastics Center. No open gym on 2/16, 3/22 and 3/25-3/30. (bt)

Day	Date	Time	Daily R/NR	10-Visit Punch Card
Tu & F	Now-4/12	9-11am	\$5/\$8	\$45/\$72
Tu & F	4/22-5/24	9-11am	\$5/\$8	\$45/\$72

## Coming Soon ! New Gymnastics Center

Renovations at Ackerman SFC, as part of the 2022 voter-approved referendum, are underway!

The renovations will include a brand-new 6,000-square-foot gymnastics center, significantly expanding gymnastics opportunities. The existing gymnastics studio at Spring Avenue Recreation Center will be repurposed to meet other current needs.

Additionally, Ackerman SFC's renovations include a multi-purpose room, two new group fitness studios, outdoor pickleball courts, various interior aesthetic enhancements, and improvements to create a more customer-friendly front desk and lobby area.

We will continue to provide updates on the progress throughout the renovations at <u>gepark.org/projects</u>. The expected completion date for the project is summer 2024.





# sports

## who to contact:

- (dt) Dan Tripp, <u>dtripp@gepark.org</u>
- (da) Darshan Addanki, <u>daddanki@gepark.org</u>
- (dm) David MacDonald, <u>dmacdonald@gepark.org</u>
- (ks) Katy Speck, <u>kspeck@gepark.org</u>
- (rb) Rebecca Brush, rbrush@gepark.org

# early childhood

## All Star Sports Adult/Tot Super Sports Jr.

#### Ages 2-4 with adult

Enhance your child's motor skills, including catching, throwing, batting, shooting, passing, and running, while improving hand-eye coordination. Adults actively participate alongside their child in soccer, basketball, hockey, T-Ball, and other exciting sports. Equipment will be provided for your convenience. Come and enjoy quality time together through the joy of sports. Location: Main Street Recreation Center. Min/Max: 5/16. (dm)

#/Link	Day	Date	Time	R/NR
<u>131441</u>	Sa	4/6-5/18	9:15-10am	\$91/\$115
<u>131440</u>	W	4/10-5/22	9:15-10am	\$91/\$115

## Ackerman Adult and Tot Sports

#### Ages 2-5 with adult

Adults play an integral part in helping their tots develop basic sports movement and motor skills. Motor skills activities focus on hand-eye and hand-foot coordination. Sports equipment and instruction are provided to help guide your child through an introduction to organized sports. Adult participation is required. Location: Ackerman SFC. Min/Max: 5/25. (rb)

#/Link	Day	Date	Time	R/NR
<u>130541</u>	Sa	3/9-3/23	10-10:45am	\$34/\$45
<u>131214</u>	Sa	4/6-4/27	10-10:45am	\$34/\$45
<u>131215</u>	Sa	5/4-5/25	10-10:45am	\$45/\$60

## All Star Sports Super Sports

Ages 3-6

Kids will stay active, improve their balance, motor skills, and hand-eye coordination while learning the fundamentals of baseball, football, floor hockey, soccer, basketball, and more. Each class focuses on a new sport, where participants will learn basic rules, mechanics, and engage in fun games that keep everyone moving. All necessary equipment will be provided. Super Sports Skills takes your game to the next level after completing Super Sports. Location: Main Street Recreation Center. Min/Max: 5/16. (dm)

#/Link	Day	Date	Time	R/NR
Ages 3-4				
<u>131435</u>	Th	4/4-5/16	10-10:45am	\$91/\$115
<u>131436</u>	F	4/5-5/17	2:30-3:15pm	\$91/\$115
<u>131437</u>	Sa	4/6-5/18	11:45am-12:30pm	\$91/\$115
<u>131434</u>	Tu	4/9-5/21	12-12:45pm	\$91/\$115
Ages 4-6				
<u>131438</u>	Th	4/4-5/16	10:45-11:45am	\$91/\$115
<u>131439</u>	F	4/5-5/17	1:30-2:30pm	\$91/\$115

## All Star Sports Floor Hockey Skills

Ages 5-7

Master stick handling, puck control, passing, and shooting in floor hockey. Learn offensive and defensive strategies. Bring a bike helmet and gloves. Shin, knee, and elbow pads are optional. Floor Hockey Skills is the next level of Floor Hockey Jr. Location: Main Street Recreation Center. Min/ Max: 5/16. (dm)

#/Link	Day	Date	Time	R/NR
<u>131427</u>	Th	4/4-5/16	5-6pm	\$91/\$115

## All Star Sports Basketball Jr. & Basketball Skills

#### Ages 3-8

Designed to teach the game of basketball at a basic level while ensuring active engagement of the players. Fun, basketball-like games are played to teach the importance of each skill. Trainers build confidence through mechanics and add challenges as players progress. Participants will work on dribbling with both hands, improving passing and shooting techniques, and developing an understanding of basic offense and defense strategies. Basketball Skills is the natural progression from the Junior program, allowing players to further enhance the foundational skills learned in Basketball Jr. Location: Main Street Recreation Center. Min/Max: 5/16. (dm)

#/Link	Age	Day	Date	Time	R/NR		
Basketba	Basketball Jr.						
<u>131428</u>	3-4	W	4/10-5/22	11-11:45am	\$91/\$115		
<u>131429</u>	3-5	F	4/5-5/17	10-10:45am	\$91/\$115		
<u>131430</u>	4-5	Th	4/4-5/16	3-3:45pm	\$91/\$115		
<u>131431</u>	4-6	W	4/10-5/22	10-11am	\$91/\$115		
Basketba	II Skills						
<u>131432</u>	5-7	Th	4/4-5/16	3:45-4:45pm	\$91/\$115		
<u>131433</u>	5-7	F	4/5-5/17	10:45-11:45am	\$91/\$115		

## All Star Sports Golf Jr. & Golf Skills

#### Ages 4-7

Players will participate in several fun drills and games that help them learn the complicated golf swing, rules, and proper etiquette. Equipment will be provided but feel free to bring your own. Golf skills is the next level of the Junior program and will build upon the basic skills learned in Golf Jr. Location: Main Street Recreation Center. Min/Max: 5/16. (dm)

#/Link	Day	Date	Time	R/NR
Golf Jr: A	ges 4-6			
<u>131416</u>	Th	4/4-5/16	11:45am-12:30pm	\$91/\$115
Golf Skills	s: Ages 5	-7		
<u>131417</u>	W	4/10-5/22	3-3:45pm	\$91/\$115

## All Star Sports Lacrosse Jr. & Lacrosse Skills

#### Ages 4-7

This class is designed to teach the game of lacrosse in a fun and safe environment. Many mechanical skills will be taught while also covering game time situations and strategies. Equipment: Bike helmet, eye protection, and gloves. Lacrosse skills is the next level of the Junior program and will build upon skills learned. Location: Main Street Recreation Center. Min/Max: 5/16. (dm)

#/Link	Day	Date	Time	R/NR
Lacrosse J	lr: Ages 4	-5		
<u>131414</u>	W	4/10-5/22	4-4:45pm	\$91/\$115
Lacrosse S	Skills: Age	rs 6-7		
<u>131415</u>	W	4/10-5/22	4:45-5:45pm	\$91/\$115

## All Star Sports Soccer Jr. & Soccer Skills

#### Ages 3-7

There is no sitting and waiting in the action-packed game of soccer. The game is taught through fun games and association techniques tailored to each player's level. We cover simple foot skills, dribbling, passing, shooting, basic rules, and even field spreading. Kids also learn teamwork and sportsmanship. Equipment is provided. Soccer Skills is the next level of Soccer Jr. Location: Main Street Recreation Center. Min/Max: 5/16. (dm)

#/Link	Day	Date	Time	R/NR		
Ages 3-4						
<u>131423</u>	F	4/5-5/17	11:45am-12:30pm	\$91/\$115		
<u>131424</u>	Sa	4/6-5/18	10-10:45am	\$91/\$115		
<u>131422</u>	Tu	4/9-5/21	10-10:45am	\$91/\$115		
Ages 4-6						
<u>131425</u>	Tu	4/9-5/21	10:45-11:45am	\$91/\$115		
Soccer Skills: Ages 5-7						
<u>131426</u>	Sa	4/6-5/18	10:45-11:145am	\$91/\$115		



## Future Pros Adult/Tot Lakers Soccer

#### Ages 2-3 with adult

This class offers a fun and active bonding experience with your little one. This class offers a perfect blend of fun activities and soccer basics, allowing adults and tots to enjoy quality time together while learning fundamental soccer skills. Get ready to kick, laugh, and score great memories in this dynamic and inclusive class! Each participant receives a soccer ball. Location: Ackerman SFC. Min/Max: 8/20. (da)

#/Link	Day	Date	Time	R/NR
<u>131568</u>	F	4/5-6/7	9:30-10:15am	\$120/\$180

## **Future Pros Little Lakers Soccer**

#### Ages 3-5

Introduce your young athletes to the exciting world of soccer. Designed for kids ready to learn and have a blast, this class combines essential soccer skills with pure enjoyment. Watch your child kick off their soccer journey in a positive, energetic, and supportive environment! Each participant receives a soccer ball. Location: Ackerman SFC. Min/Max: 8/30. (da)

#/Link	Day	Date	Time	R/NR
<u>131569</u>	F	4/5-6/7	10:30-11:15am	\$120/\$180

## **Ackerman Tot T-Ball**

#### Ages 3-5 with adult

This class will introduce baseball fundamentals and game play including batting, catching, throwing, and base running. Participants will also learn the importance of good sportsmanship in a non-competitive, fun atmosphere. Adult participation is required. Location: Ackerman SFC. Min/ Max: 5/25. (rb)

#/Link	Day	Date	Time	R/NR
130538	Sa	3/9-3/23	9-9:45am	\$34/\$45
<u>131211</u>	Sa	4/6-4/27	9-9:45am	\$34/\$45
<u>131212</u>	Sa	5/4-5/25	9-9:45am	\$45/\$60

## All Star Sports T-Ball Jr.

#### Ages 3-6

T-Ball can be a boring game if taught incorrectly. This approach to baseball is one that engages players regardless of skill level. They learn basic building blocks in a fun, safe environment. The program keeps players moving and learning even while in the dugout! Mechanics and hand-eye coordination are the keys to early success. Players gain confidence as they learn the proper mechanics of catching, throwing, fielding, base running, and batting. Participants must bring their own gloves. Location: Main Street Recreation Center. Min/Max: 5/16. (dm)

#/Link	Day	Date	Time	R/NR
Ages 3-4				
<u>131420</u>	F	4/5-5/17	3:15-4pm	\$91/\$115
<u>131419</u>	Tu	4/9-5/21	3-3 <b>:</b> 45pm	\$91/\$115
Ages 4-6				
<u>131421</u>	Tu	4/9-5/21	3:45-4:45pm	\$91/\$115

## All Star Sports Baseball Skills

#### Ages 6-9

Kids learn the importance of proper throwing mechanics, rotational hitting, bunting, fielding, pitching, and catching. Speed and agility techniques are added to increase core strength and mobility for added bat speed, range in the field, and linear speed for base running. In-game strategies are included to increase each player's overall knowledge. Participants must bring their own gloves. Location: Main Street Recreation Center. Min/Max: 5/16. (dm)

R	#/Link	Day	Date	Time	R/NR
D/\$180	<u>131418</u>	Tu	4/9-5/21	4:45-5:45pm	\$91/\$115



## **Special Skater**

#### Ages 3 and up

This class will follow the Learn to Skate USA Adaptive and Basic Skills curriculum and is designed for individuals with disabilities. Skating helps to foster social skills, balance, a team atmosphere, a sense of achievement, and fun. Location: Center Ice of DuPage. Min/Max: 1/20. No class on 3/30, 4/20, or 6/8. (ks)

#/Link	Day	Date	Time	R/NR
<u>131289</u>	Sa	3/2-4/27	12-12:40pm	\$135
<u>131290</u>	Sa	5/4-6/22	12-12:40pm	\$135

## Adult/Tot Hockey

Ages 3-4 with adult

Adults and tots are on the ice together. Both must wear skates. This class teaches coordination, balance, and agility in a fun atmosphere. Location: Center Ice of DuPage. Min/Max: 1/20. No class on 3/30, 4/20, or 6/8. (ks)

#/Link	Day	Date	Time	R/NR
<u>131267</u>	Sa	3/2-4/27	9:10-9:40am	\$169
<u>131268</u>	Sa	5/4-6/22	9:10-9:40am	\$169

## Little Hockey 1

#### Ages 3-5

For participants who have had no formal instruction. Kids will learn ice coordination, balance, and agility in a fun atmosphere while wearing hockey equipment. Hockey skates and helmet required. Hockey stick is optional. Location: Center Ice of DuPage. Min/Max: 1/20. No class from 3/27-3/30, 4/17-4/20, or 6/6-6/8. (ks)

#/Link	Day	Date	Time	R/NR
<u>131269</u>	W	2/28-4/24	9:40-10:10am	\$159
<u>131270</u>	Th	2/29-4/25	4:30-5pm	\$159
<u>131271</u>	Sa	3/2-4/27	9:10-9:40am	\$159
<u>131272</u>	W	5/1-6/5	9:40-10:10am	\$149
<u>131273</u>	Th	5/2-6/20	4:30-5pm	\$159
<u>131274</u>	Sa	5/4-6/22	9:10-9:40am	\$159

## Adult/Tot Ice Skating

#### Ages 3-4 with adult

Adults and tots are on the ice together. Both must wear skates. This class teaches ice coordination, balance, and agility in a fun atmosphere. Location: Center Ice of DuPage. Min/Max: 1/20. No class from 3/28-3/30, 4/17-4/20, or 6/6-6/8. (ks)

EARLY CHILDHOOD SPORTS

#/Link	Day	Date	Time	R/NR
<u>131275</u>	Th	2/29-4/25	4:30-5pm	\$169
<u>131276</u>	Sa	3/2-4/27	10-10:30am	\$169
<u>131277</u>	Sa	3/2-4/27	11-11:30am	\$169
<u>131278</u>	Th	5/2-6/20	4:30-5pm	\$169
<u>131279</u>	Sa	5/4-6/22	10-10:30am	\$169
<u>131280</u>	Sa	5/4-6/22	11-11:30am	\$169

## Ice Skating Tot 1

#### Ages 4-5

This class teaches progressive levels 1 to 4, providing children with ice orientation, balance, agility, and fun. Skate rentals are available. Location: Center Ice of DuPage. Min/Max: 1/20. No class from 3/27-3/30, 4/17-4/20, or 6/6-6/8. (ks)

#/Link	Day	Date	Time	R/NR
<u>131281</u>	W	2/28-4/24	9:40-10:10am	\$159
<u>131282</u>	Th	2/29-4/25	4:30-5pm	\$159
<u>131283</u>	Sa	3/2-4/27	10-10:30am	\$159
<u>131284</u>	Sa	3/2-4/27	11-11:30am	\$159
<u>131285</u>	W	5/1-6/5	9:40-10:10am	\$149
<u>131286</u>	Th	5/2-6/20	4:30-5pm	\$159
<u>131287</u>	Sa	5/4-6/22	10-10:30am	\$159
<u>131288</u>	Sa	5/4-6/22	11-11:30am	\$159

# youth & teen

## Ackerman Sports & Fun Day-Off School Camp

Ages 5-12

Keep your child active, entertained, and having fun during days off school. We'll keep campers engaged with gym games, organized sports, arts and crafts, board games, and more! Location: Ackerman SFC. Min/Max 15/50. (rb)

#/Link	Day	Date	Time	R/NR
<u>130555</u>	F	3/22	9am-12pm	\$35/\$40
<u>130556</u>	F	3/22	12:30-3:30pm	\$35/\$40
<u>130557</u>	M-F	3/25-3/29	9am-12pm	\$150/\$175
<u>130558</u>	M-F	3/25-3/29	12:30-3:30pm	\$150/\$175
<u>131225</u>	F	4/26	9am-12pm	\$35/\$40
<u>131226</u>	F	4/26	12:30-3:30pm	\$35/\$40
<u>131227</u>	Μ	5/27	9am-12pm	\$35/\$40
<u>131228</u>	Μ	5/27	12:30-3:30pm	\$35/\$40
<u>131229</u>	F	5/31	9am-12pm	\$35/\$40
<u>131230</u>	F	5/31	12:30-3:30pm	\$35/\$40

## Youth Dodgeball Tournament

#### Grades 3rd-6th

Dip, duck, and dive! The Glen Ellyn Youth Dodgeball Tournament is loaded with fun and competition. Brackets will be divided up based on age. Format is single elimination. Teams can have a maximum of 8 players; the maximum number of players allowed on the court at any given time is 6. The fee is per team and registration is completed on a team basis. The team captain should register your team. Location: Ackerman SFC. Min/Max: 6/12 teams. (rb)

#/Link	Grade	Day	Date	Time	R/NR
131216	3rd-4th	Su	5/12	11am-2pm	\$75
<u>131217</u>	5th-6th	Su	5/12	2-5pm	\$75

## **Skateboard Lessons**

#### Ages 5-13

Appropriate for beginners and intermediate levels. Beginners will learn how to start, stop, turn, perform basic ramp riding, and tricks. Intermediate skaters will develop skills based on their abilities. Skaters must bring a drink and wear a helmet, and the use of knee, elbow, and wrist guards is encouraged. For inquiries about the appropriate skateboard for this class, please email <u>fpteamskateboard@yahoo.com</u>. Location: Newton Park. Min/Max: 4/10. No class on 5/27. (dt)

#/Link	Day	Date	Time	R/NR
Ages 5-7				
<u>131158</u>	Μ	4/8-4/29	4:15-5:15pm	\$135
<u>131160</u>	Μ	5/6-6/3	4:15-5:15pm	\$135
Ages 8-13				
<u>131159</u>	Μ	4/8-4/29	5:15-6:45pm	\$195
<u>131161</u>	Μ	5/6-6/3	5:15-6:45pm	\$195

## Fencing – Olympic Swordplay

Ages 7-14

Discover the art of fencing, a unique sport that emphasizes strategy and skill. Ideal for children and teens, fencing enhances agility, strength, coordination, and critical thinking. Equipment is not provided and is available through the Fencing Club. Contact (630) 678-0035 before the start of the class. Location: Main Street Recreation Center. Min/Max: 4/12. (dt)

#/Link	Day	Date	Time	R/NR
<u>131139</u>	Sa	4/13-5/18	11:15am-12:10pm	\$80/\$120

## Chicago Union Ultimate Frisbee Clinic

#### Ages 9-12

This co-ed clinic will focus on the basic skills of throwing, catching, cutting, and sportsmanship. Participants will engage in throwing drills for accuracy, catching games, and lots of scrimmaging to keep them active throughout the clinic. The clinic is open to all levels of players, including beginners. Instructors are from the Chicago Union Ultimate Frisbee team. Location: Ackerman Park. Min/Max: 12/36. (dt)

#/Link	Day	Date	Time	R/NR
<u>131475</u>	Sa	5/18	12-2pm	\$15

## **Rising Star Rookies Basketball**

#### Grades 2nd-4th

Rising Stars Rookies Basketball is designed for aspiring basketball players to embark on a transformative journey into the world of basketball. Players will learn foundational skills such as dribbling, layups, shooting, passing, and defense. This class is created to provide a nurturing and skill-building environment for beginners who are eager to embrace the sport and take their first steps toward becoming rising stars. Location: Ackerman SFC. Min/Max: 5/20. No class on 5/27. (rb)

#/Link	Day	Date	Time	R/NR
<u>131560</u>	Μ	4/1-4/29	5-6pm	\$80/\$120
<u>131561</u>	Μ	5/6-6/3	5-6pm	\$80/\$120

## **Rising Star Basketball**

Grades 5th-8th

Rising Stars Basketball is the premier destination where young basketball talents come to ignite their potential and shine on the court. This class is designed for intermediatelevel players who have already built a solid foundation and are eager to sharpen their skills and elevate their game. The program focuses on improving ball handling, finishing, shooting, footwork, and defensive prowess. Participants will engage in targeted skill sessions followed by immersive game scenarios. Location: Ackerman SFC. Min/Max: 5/20. No class on 5/27. (rb)

#/Link	Grade	Day	Date	Time	R/NR
<u>131562</u>	5th-6th	М	4/1-4/29	6-7pm	\$80/\$120
<u>131563</u>	7th-8th	М	4/1-4/29	7-8pm	\$80/\$120
<u>131564</u>	5th-6th	М	5/6-6/3	6-7pm	\$80/\$120
<u>131565</u>	7th-8th	М	5/6-6/3	7-8pm	\$80/\$120

## **Ackerman Youth Flag Football**

#### Ages 8-12

Participants will be taught the fundamentals of football on the offensive and defensive sides of the ball and will go through a variety of drills, games, and contests to develop their football skill set. Location: Ackerman SFC. Min/Max: 5/40. (rb)

#/Link	Day	Date	Time	R/NR
<u>131219</u>	Th	3/28-4/18	4-5pm	\$45/\$60
<u>131220</u>	Th	4/25-5/16	4-5pm	\$45/\$60
<u>131221</u>	Th	5/23-6/13	4-5pm	\$45/\$60

## RISE Field Hockey Spring Recreational League

#### Grades 1st-8th

During the first two weeks, participants will focus on basic skill building and team formation. The remaining four weeks will be small-sided games. The full games schedule will be released in mid-April. Athletes need to purchase a reversible pinnie for practice (\$15) and will need to bring a stick, mouthguard, and shin guards. Pinnies will be available at first practice. Location: Ackerman SFC. Min/Max: 10/50. No class on 5/2. (dt)

#/Link	Grade	Day	Date	Time	R/NR
<u>130361</u>	1st-4th	Th	4/4-5/16	6:30-7:30pm	\$110
<u>130360</u>	5th-8th	Th	4/4-5/16	7:30-9pm	\$155

## Lightning Running Club Spring Season 2024

Ages 6-14

Kids will improve endurance and learn proper form while training for 2K-3K distances. This informal co-ed club assigns groups based on birth year and ability level. Registration includes practice time, a team t-shirt, and an end-of-season meet. Participants should register based on their birth year (2009-2017) and gender.

To ensure the quality of practices, registration is limited by the availability of volunteer coaches. Interested in coaching? Email <u>dtripp@gepark.org</u>. A meeting for adults/ caregivers will be held after the first practice to introduce coaches and discuss the season. Practices are held twice weekly at Ackerman Park, Newton Park, or Maryknoll Park and start on Saturday, April 13. Min/Max: 4/10. (dt)

#/Link	Birth Year	Day/Time	Date	R/NR
Boys				
<u>131170</u>	2015-2017	Varies	4/13-6/1	\$65
<u>131169</u>	2013-2014	Varies	4/13-6/1	\$65
<u>131168</u>	2011-2012	Varies	4/13-6/1	\$65
<u>131167</u>	2009-2010	Varies	4/13-6/1	\$65
Girls				
<u>131174</u>	2015-2017	Varies	4/13-6/1	\$65
<u>131173</u>	2013-2014	Varies	4/13-6/1	\$65
<u>131172</u>	2011-2012	Varies	4/13-6/1	\$65
<u>131171</u>	2009-2010	Varies	4/13-6/1	\$65

## Youth Yoga

#### Ages 10-17

We are excited to offer this program tailored to the youth of our community in a fun and educational environment. The class focuses on teaching safe and effective breathing techniques and introductory yoga postures to strengthen and balance both the body and mind gracefully. Stress relief and relaxation techniques are offered at the end of each class. Location: Ackerman SFC. Min/Max: 10/20. (rb)

#/Link	Day	Date	Time	R/NR
<u>131062</u>	W	4/3-4/24	4-4:50pm	\$100/\$150

## Ackerman Speed Academy

#### Ages 8-12

Speed, agility, and quickness (also known as SAQ) are three of the top athletic qualities required to excel in many sports. Ackerman SFC personal training staff will lead a small group of athletes each week through exercises to increase the time it takes to cover a distance between two points (speed), the ability to change directions as fast as possible (agility), and the ability to react efficiently (quickness). This special training helps improve spatial awareness and motor skills for all sport types. Location: Ackerman SFC. Min/Max: 5/25. (rb)

#/Link	Day	Date	Time	R/NR
<u>130434</u>	W	2/28-3/20	4:30-5:20pm	\$100/\$125
<u>131057</u>	Μ	4/1-5/6	4:30-5:20pm	\$140/\$175
<u>131059</u>	W	4/3-5/8	4:30-5:20pm	\$140/\$175

## Fit Start Personal Training

#### Ages 13 and up

The perfect option for those not seeking long-term personal training but are in search of guidance. Private Fit Start Personal Training consists of three sixty-minute sessions. It begins with getting to know you and understanding what you aim to achieve in terms of health and fitness. Additionally, it includes an initial workout to assess your current fitness level. The next two sessions are tailored to your specific needs and include education on why these exercises are optimal for reaching your individual health and fitness goals. Ackerman SFC staff will contact you to schedule sessions based on your availability, starting March 1. Location: Ackerman SFC. Min/Max: 10/20. (rb)

#/Link	Date	R/NR
<u>131061</u>	3/1-4/30	\$185/\$240



## Elite Performance Training

Ages 10-17

Tailored training designed for athletes to elevate your game. This program, led by the Ackerman SFC team of experienced fitness professionals, will focus on speed, agility, strength, mobility, and injury prevention. Whether it's on the court, field, floor, diamond, mat, or ice, our coaches will be teaching youth athletes the skills that will help them perform better at their sport and reduce the chance of injury. Location: Ackerman SFC. Min/Max: 10/20. No class on 3/25 and 3/27. (rb)

#/Link	Day	Date	Time	R/NR
<u>130431</u>	Μ	3/4-4/15	5:30-6:20pm	\$125/\$150
<u>130432</u>	W	3/6-4/17	5:30-6:20pm	\$125/\$150

## Spring Break Ultimate Ninjas Beginner Obstacle Course Racing

#### Ages 6-12

The Beginner Ninja class will focus on tackling the obstacles we've all seen on NBC's American Ninja Warrior! Ninjas are not required to have any prior experience with obstacles; they will learn how to approach new challenges safely while having fun and exploring movements. Instructors set goals and challenges for students, helping them gradually develop solid fundamental skills. Students will be grouped according to age. Closed-toe tennis shoes are required, along with athletic apparel. A water bottle is recommended for hydration breaks. Location: Ultimate Ninjas Naperville. Min/ Max: 10/30. (rb)

#/Link	Day	Date	Time	R/NR
<u>131052</u>	Μ	3/25	12:45-3:30pm	\$55/\$80
<u>131053</u>	Tu	3/26	12:45-3:30pm	\$55/\$80
<u>131054</u>	W	3/27	12:45-3:30pm	\$55/\$80
<u>131055</u>	Th	3/28	12:45-3:30pm	\$55/\$80
<u>131056</u>	F	3/29	12:45-3:30pm	\$55/\$80

## Golden Eagles Non-Competitive Sideline Cheer

Grades K-8th (as of 8/1/2024)

Teams will practice one or two times per week through October and will participate in monthly cheer clinics at Ackerman Sports & Fitness Center with DuPage Cheer and Power Tumbling (DCA). As football season begins, teams will practice once per week and cheer at weekly football games and halftimes. Teams will also participate in an endof-season Cheer Showcase for friends and family alongside the Golden Eagles competition teams to highlight what they have learned. If your athlete wants to participate in both Sideline/Football Cheer and Competitive Cheer, please only sign them up for Competitive Cheer. If you are interested in being a volunteer coach or for more information, email kspeck@gepark.org.

**Practices:** Week of August 1 to October **Mandatory Adult & Athlete Meeting:** April 11, Time TBA

#### **Registration & Fees**

The cheer program will reuse uniforms, bows and poms from the 2023 season. The program registration fee and program uniform fee are separate for the 2024 season. The uniform fee includes uniform shell and skirt, poms, and bow and the expected fee is \$150. Any athlete needing a new uniform will attend a uniform fitting in April. All athletes must provide their own white gym shoes and will receive a program T-Shirt new to the 2024 season.

No refunds will be issued effective 6/1. Please register based on the grade that the athlete will be in during the 2024-2025 school year. Min/Max: 10/20. (ks)

**Registration:** Ends 3/31 (first come, first serve) **Late Registration:** 4/1 or later (if athletes are needed)

		-
#/Link	Grade	R/NR
<u>131397</u>	К	\$150/\$180
<u>131389</u>	1st	\$150/\$180
<u>131390</u>	2nd	\$175/\$210
<u>131391</u>	3rd	\$175/\$210
<u>131392</u>	4th	\$175/\$210
<u>131393</u>	5th	\$175/\$210
<u>131394</u>	6th	\$175/\$210
<u>131395</u>	7th	\$175/\$210
<u>131396</u>	8th	\$175/\$210

## DCA Golden Eagles Competitive Cheer

Grades 3rd-8th (as of 8/1/2024)

In partnership with DuPage Cheer and Power Tumbling (DCA), Golden Eagles Cheerleading is excited to offer a Super Recreational cheer program competing at Illinois Cheer Association-sanctioned competitions. DCA will provide professional coaching and training to athletes wanting to take their skills to the next level. Depending on the grade, teams will practice 2 to 3 times per week at Ackerman Sports and Fitness Center. Team evaluations will take place April 13-17 and teams will be assigned by DCA. Teams will compete in three competitions during the season and will compete in the State Championship in early December if a bid is achieved.

**Practices:** June to TBD; Tuesdays and Thursdays between 4-9pm, Sundays between 10am-7pm. Each team will have an assigned practice timeslot on these days at Ackerman Sports and Fitness Center. An informational Zoom will be held January 29 from 7-8pm. Use code <u>#131443</u> to register.

#### **Registration & Fees**

The cheer program will reuse uniforms, bows and poms from the 2023 season. The program registration fee and program uniform fee are separate for the 2024 season. The uniform fee includes uniform leotard and skirt, poms, and bow and the expected fee is \$350. Any athlete needing a new uniform will attend a fitting in April. All athletes must provide their own white cheer shoes. The cheer program provides professional coaching and choreography, stunt clinics, training, practice space, early-season competition fees, and an organization t-shirt. Program fee does not include the State Championship registration fee if bid is achieved. No refunds will be issued effective 5/15. A payment plan is available. Please register based on the grade that the athlete will be in during the 2024-2025 school year. Min/Max: 38/76. (ks)

#### **Registration:** Ends 3/31 (first come, first serve)

#/Link	Grade	R/NR
<u>131442</u>	3rd-8th	\$1300



## Lakers FC Travel Soccer

Ages 7-14

The Glen Ellyn Lakers Travel Soccer Program is operated by the Glen Ellyn Park District with support from the Lakers Volunteer Committee and dedicated club volunteers. Teams compete at a variety of skill levels in leagues across the Chicago area. The Club is committed to fostering a positive environment that nurtures athletes' development, ensuring they not only enjoy, but truly understand and are motivated to succeed in soccer. All age groups are trained by Future Pros professional training staff. (da)

#### **Lakers Program Fees**

Uniform fees are not included in the fees below.

Birth Year	Fees	Includes
2017	\$1,450	Pre-season 3-day camp, training 2x week for 10 weeks in fall and spring, 2 tournaments, winter indoor turf training, winter indoor leagues, foot skill training, goalkeeper training.
2016-2015	\$1,550	Pre-season 5-day camp, training 2x week for 10 weeks in fall and spring, 2 tournaments, winter indoor turf training, winter indoor leagues, foot skill training, goalkeeper training.
2014-2011	\$1,550	Pre-season 5-day camp, training 2x week for 10 weeks in fall and spring, 2 tournaments, winter indoor turf training, winter indoor leagues, foot skill training, goalkeeper training.
2014-2011 Premier	\$1,950	Pre-season 5-day camp, training 3x week for 10 weeks in fall and spring, 3 tournaments, winter indoor turf training, winter indoor leagues, foot skill training, goalkeeper training.

#### 2024/25 Team Tryouts

Tryouts are a two-day process and a requirement for any player interested in playing on a Lakers team, including current Lakers players. All players must attend both days of tryouts to be eligible to make a team. Age groups are determined by the birth year of the player. All tryouts will be held at Ackerman Park and conducted by Future Pros trainers. Please contact <u>daddanki@gepark.org</u> for any additional questions. All players must pre-register at <u>gepark.org/register</u>. Players have 24-hours to respond to their tryout invitation.

- Selected players will be notified via email no later than two days after the final tryout dates.
- A \$300 commitment fee is due 24 hours after teams are announced.

#/Link	Birth Year	Date	Time
<u>131575</u>	2017 Boys	4/29-4/30	4:30-6pm
<u>131576</u>	2016 Boys	4/29-4/30	4:30-6pm
<u>131577</u>	2015 Boys	4/29-4/30	4:30-6pm
<u>131578</u>	2014 Boys	4/29-4/30	6-7:30pm
<u>131579</u>	2013 Boys	4/29-4/30	6-7:30pm
<u>131580</u>	2012 Boys	4/29-4/30	6-7:30pm
<u>131581</u>	2011 Boys	4/29-4/30	6-7:30pm
<u>131582</u>	2017 Girls	5/6-5/7	4:30-6pm
<u>131583</u>	2016 Girls	5/6-5/7	4:30-6pm
<u>131584</u>	2015 Girls	5/6-5/7	4:30-6pm
<u>131585</u>	2014 Girls	5/6-5/7	6-7:30pm
<u>131586</u>	2013 Girls	5/6-5/7	6-7:30pm
<u>131587</u>	2012 Girls	5/6-5/7	6-7:30pm
<u>131588</u>	2011 Girls	5/6-5/7	7:30-9pm

## **Midwest FC Travel Soccer**

#### Ages 13-18

The Midwest FC travel soccer program strives to provide a positive, competitive environment to produce soccer players who have the desire to compete at the high school level. Teams will train locally, participate in college showcase tournaments, and work with licensed strength and conditioning trainers to create well-rounded soccer players. Teams will compete across the Chicagoland area in league play as well as attending out of state tournaments. All teams are trained and coached by a member of Future Pros, our professional training staff. Teams will also have league games and tournament games recorded on video for players to utilize for college recruitment. (da)

#### **Midwest FC Program Fees**

Uniform fees are not included in the fees below.

Birth Year	Fees	Includes
High School Boys (2010-2006)	\$2,050	Winter indoor turf training 2x week, winter indoor leagues, training 3x week for 10 weeks in spring, 3 tournaments, strength and conditioning training, foot skills training, goalkeeper training, and Trace video analysis for players to utilize for college recruitment purposes.
High School Girls (2010-2006)	\$2,050	Preseason 5-day camp, training 3x per week for 10 weeks in fall, 3 tournaments, winter indoor turf training 2x week, winter indoor leagues, strength and conditioning training, foot skills training, goalkeeper training, and Trace video analysis for players to utilize for college recruitment purposes.

#### 2024/25 Team Tryouts

Tryouts are a two-day process and a requirement of any player interested in playing on a Midwest FC team. All players must attend both days of tryouts to be eligible to be selected for a team. Due to US Club Soccer mandates, age cutoffs follow the birth year for all players. All tryouts are conducted by Future Pros trainers. All players must preregister at <u>gepark.org/register</u>.

#/Link	Birth Year	Date	Time
131589	Boys (2010-2006)	5/1-5/2	7:30-9pm
<u>131590</u>	Girls (2010-2006)	5/6-5/7	7:30-9pm

## **Future Pros Junior Lakers Soccer**

#### Ages 5-7

Each class is specially crafted to enhance both individual and team soccer skills. We personalize the experience by dividing groups based on skill levels, ensuring every player receives tailored training. Players bring their own ball, cleats, shin guards, and water. Location: Ackerman SFC. Min/Max: 8/30. (da)

#/Link	Day	Date	Time	R/NR
131570	F	4/5-6/7	4-5pm	\$160/\$240

## **Future Pros Lakers Academy**

#### Grades 1st-4th

This program is the stepping-stone for the full-time Glen Ellyn Lakers travel soccer program. Led by Future Pros travel soccer trainers, each session is crafted to enhance skills and strategic understanding. From dribbling and passing to shooting, defending, and offensive attacking, our instruction, drills, and games cover it all. Players bring their own ball, cleats, shin guards, and water. Location: Ackerman SFC. Min/Max: 8/30. (da)

#/Link	Day	Date	Time	R/NR			
Grades 1st-2nd							
<u>131571</u>	Th & Sa	4/4-5/25	Th: 4:30-6pm Sa: 2-4pm	\$300			
Grades 3rd	d-4th						
<u>131572</u>	Th & Sa	4/4-5/25	Th: 6-7:30pm Sa: 2-4pm	\$300			

## **Future Pros Instructional Soccer**

Ages 5-11

This program is the perfect opportunity to keep your soccer skills sharp. Each week, players will focus on honing a specific skill, followed by a scrimmage at the end of each class. Taught by Future Pros trainers, this class promises top-notch instruction. Players bring their own ball, cleats, shin guards, and water. Ackerman SFC. Min/Max: 15/70. (da)

#/Link	Day	Date	Time	R/NR
Ages 5-7				
<u>131573</u>	Th	6/13-8/1	4:30-5:30pm	\$128/\$192
Ages 8-11				
<u>131574</u>	Th	6/13-8/1	5:30-7pm	\$192/\$288



## Taekwondo

New students are required to purchase a uniform (\$50) prior to the first class. This fee is not included in the registration fee. Colored belt students are required to have complete sparring gear.

## Little Dragons Taekwondo

#### Ages 4-5

This introductory class is designed to captivate the interest of our youngest students. Skills are developed through gentle instruction and appropriate games suitable for their abilities. This class focuses on developing balance, coordination, and respect for the discipline of martial arts training. Open to all belt levels. Location: Spring Avenue Recreation Center. Min/Max: 4/15. No class on 5/25. (dt)

#/Link	Day	Date	Time	R/NR
<u>131165</u>	Sa	4/6-6/1	11:30am-12:20pm	\$140/\$210

## **Early Taekwondo**

#### Ages 6-7

Designed especially for children aged 6-7 years, this program helps kids develop conditioning, coordination, listening skills, and self-confidence through creative activities. Open to all belt levels. Location: Spring Avenue Recreation Center. Min/Max: 4/12. No class on 5/25. (dt)

#/Link	Day	Date	Time	R/NR
<u>131163</u>	Sa	4/6-6/1	11:30am-12:20pm	\$140/\$210

## Adult/Child Taekwondo

Ages 7 and up with adult

This class provides families with a fun opportunity to spend time together while improving physical and mental conditioning through cardiovascular drills, calisthenics, and traditional Taekwondo techniques including punching, kicking, and blocking. The fee is listed per person. Open to all belt levels. Location: Spring Avenue Recreation Center. Min/Max: 4/15. No class on 5/25. (dt)

#/Link	Day	Date	Time	R/NR
<u>131162</u>	Sa	4/6-6/1	12:25-1:15pm	\$140/\$210

## Youth Taekwondo

#### Ages 8-13

This program includes a balanced cardiovascular workout, incorporating punching, kicking, and blocking skills, following the Taekwondo tradition and emphasizing selfcontrol. Participants will improve their coordination, power of concentration, balance, and both physical and mental discipline. Open to all belt levels. Location: Spring Avenue Recreation Center. Min/Max: 4/12. No class on 5/25. (dt)

#/Link	Day	Date	Time	R/NR
<u>131164</u>	Sa	4/6-6/1	12:25-1:15pm	\$140/\$210

## Shotokan Karate

## **Pre-Karate**

Ages 4-6

Children will develop flexibility, strength, and coordination through fun and creative activities. Watch your child blossom while learning karate and having a blast at the same time! Uniforms and belt testing are optional and available through the instructor for an additional fee. Min/ Max: 5/10. (dt)

## Adult/Child Karate

Ages 7 and up

Learning martial arts is an excellent opportunity to spend quality time with your child while improving muscle conditioning, coordination, and cardiovascular fitness. Uniforms and belt testing are optional and available through the instructor for an additional fee. Fees are per person. Min/Max: 5/15. (dt)

## Youth Karate

#### Ages 7-14

Youth karate classes offer a mix of strength training, cardiovascular exercises, and flexibility training. Children will increase their coordination, agility, and poise, as well as learn valuable personal safety skills. They will also benefit from the mental stimulation of learning the choreographed moves of the kata and the discipline of following class rules. Min/Max: 5/15. (dt)

## **Adult Karate**

Ages 15 and up

In addition to teaching self-defense skills, karate develops flexibility, muscle tone, and core strength. Continuing students will need to purchase additional protective gear. Uniforms and belt testing are optional and available through the instructor for a fee. Min/Max: 8/25. (dt)



#/Link	Level	Day	Date	Time	R/NR		
Pre-Karate at W	Pre-Karate at Wheaton Park District Community Center						
<u>131150</u>	Beginner/Continuing	W	4/3-6/5	4:30-5:15pm	\$145/\$218		
<u>131166</u>	Inter/Adv.	W	4/3-6/5	5:15-6pm	\$145/\$218		
Adult/Child Kar	ate at Wheaton Park District Community Cente	r					
<u>131148</u>	Beg./Nov. White-Orange	Sa	4/6-6/8	2-2:55pm	\$145/\$218		
<u>131149</u>	Intermediate Yellow-Purple	Sa	4/6-6/8	3-3:55pm	\$145/\$218		
<u>131147</u>	Advanced Brown & Up	Sa	4/6-6/8	4-4:55pm	\$145/\$218		
Youth & Adult K	arate at Main Street Recreation Center						
<u>131155</u>	Beg./Nov. White-Yellow	W	4/3-6/5	6:45-7:40pm	\$145/\$218		
<u>131151</u>	Int./Adv. Blue-Black	W	4/3-6/5	7:45-8:40pm	\$145/\$218		
Youth Karate at	Wheaton Park District Community Center						
<u>131153</u>	Beg./Nov. White-Orange	Sa	4/6-6/8	2-2:55pm	\$145/\$218		
<u>131154</u>	Intermediate Yellow-Purple	Sa	4/6-6/8	3-3:55pm	\$145/\$218		
<u>131152</u>	Advanced Brown & Up	Sa	4/6-6/8	4-4:55pm	\$145/\$218		
Adult Karate at Main Street Recreation Center							
<u>131146</u>	Int./Adv. Blue-Black	W	4/3-6/5	8:45-10pm	\$163/\$245		



## Ice Skating: Basic 1

#### Ages 6-13

Intended for students with no previous formal instructions. Participants will learn 1- and 2-foot glides, forward and backward swizzles, and backward wiggles. Skate rentals are available. Location: Center Ice of DuPage. Min/Max: 1/20. No class from 3/27-3/30, 4/17-4/20, or 6/6-6/8. (ks)

#/Link	Day	Date	Time	R/NR
<u>131291</u>	W	2/28-4/24	9:40-10:20am	\$169
<u>131292</u>	Th	2/29-4/25	4:30-5:10pm	\$169
<u>131293</u>	Th	2/29-4/25	5:30-6:10pm	\$169
<u>131294</u>	Sa	3/2-4/27	10-10:40am	\$169
<u>131295</u>	Sa	3/2-4/27	11-11:40am	\$169
<u>131296</u>	W	5/1-6/5	9:40-10:20am	\$159
<u>131297</u>	Th	5/2-6/20	4:30-5:10pm	\$169
<u>131298</u>	Th	5/2-6/20	5:30-6:10pm	\$169
<u>131299</u>	Sa	5/4-6/22	10-10:40am	\$169
<u>131300</u>	Sa	5/4-6/22	11-11:40am	\$169

## **Beginner Hockey**

#### Ages 6-13

For participants who have had no formal instruction. Kids will learn basic forward and backward skating while wearing hockey equipment. Hockey skates and helmet required. Hockey stick is optional. Location: Center Ice of DuPage. Min/Max: 1/20. No class from 3/27-3/30, 4/17-4/20, or 6/6-6/8. (ks)

#/Link	Day	Date	Time	R/NR
<u>131301</u>	W	2/28-4/24	9:40-10:20am	\$169
<u>131302</u>	Th	2/29-4/25	4:30-5:10pm	\$169
<u>131303</u>	Sa	3/2-4/27	9:10-9:50am	\$169
<u>131307</u>	W	5/1-6/5	9:40-10:20am	\$159
<u>131308</u>	Th	5/2-6/20	4:30-5:10pm	\$169
<u>131309</u>	Sa	5/4-6/22	9:10-9:50am	\$169
Girls				
<u>131304</u>	Th	2/29-4/25	4:30-5:10pm	\$169
<u>131305</u>	Sa	3/2-4/27	9:10-9:50am	\$169
<u>131310</u>	Th	5/2-6/20	4:30-5:10pm	\$169
<u>131311</u>	Sa	5/4-6/22	9:10-9:50am	\$169



## **Beginner Hockey: Teen/Adult**

#### Ages 14 and up

This class is "at your own pace" and is perfect for beginners, continuing adult skaters, or skaters who are returning to the ice after years of hiatus. Location: Center Ice of DuPage. Min/Max: 1/20. No class on 3/30, 4/20, or 6/8. (ks)

#/Link	Day	Date	Time	R/NR
<u>131306</u>	Sa	3/2-4/27	8:10-9:10am	\$179
<u>131312</u>	Sa	5/4-6/22	8:10-9:10am	\$179

## Ice Skating: Teen/Adult Basic 1

#### Ages 14 and up

This class is "at your own pace" and is perfect for beginners, continuing skaters, or skaters who are returning to the ice after years of hiatus. Location: Center Ice of DuPage. Min/Max: 1/20. No class from 3/28-3/30, 4/17-4/20, or 6/6-6/8. (ks)

#/Link	Day	Date	Time	R/NR
<u>131313</u>	Th	2/29-4/25	4:30-5:10pm	\$169
<u>131314</u>	Th	2/29-4/25	5:30-6:10pm	\$169
<u>131315</u>	Sa	3/2-4/27	10-10:40am	\$169
<u>131316</u>	Sa	3/2-4/27	11-11:40am	\$169
<u>131317</u>	Th	5/2-6/20	4:30-5:10pm	\$169
<u>131318</u>	Th	5/2-6/20	5:30-6:10pm	\$169
<u>131319</u>	Sa	5/4-6/22	10-10:40am	\$169
<u>131320</u>	Sa	5/4-6/22	11-11:40am	\$169



# adult

## Adult Dodgeball Tournament

#### Ages 18 and up

Relive your memories of middle school gym class! Run, throw, dodge, and duck your way to victory in our Adult Dodgeball Tournament at Ackerman SFC. Teams are guaranteed two matches followed by playoffs for those teams that qualify. There is an 8-player minimum per team as matches are played with 6 on a court. The fee is per team and registration is completed on a team basis. The team captain should register your team. Location: Ackerman SFC. Min/Max: 6/12 teams. (rb)

#/Link	Day	Date	Time	R/NR
<u>131218</u>	Su	5/12	11am-2pm	\$75

## **Co-Ed 4's Sand Volleyball Leagues**

Ages 21 and up

Teams play an 8-game regular season followed by a singleelimination postseason tournament. Team captains will register teams and must submit a roster with signed waivers prior to the first game. The league rules, schedule, and roster form will be emailed to team captains. Each team must consist of a minimum of four players, with two members of the opposite gender required to be on the court at all times. The league will be self-officiated; however, final scores will be reported to a site supervisor. Location: Ackerman SFC. Min/ Max: 6/8 teams. No games on 7/1 and 7/3. (rb)

#/Link	Day	Date	Time	R/NR
<u>131566</u>	Monday (Competitive)	6/10-8/5	6-10pm	\$375
<u>131567</u>	Wednesday (Non-Competitive)	6/12-8/7	6-10pm	\$375

# racquet sports



## Platform Tennis Center Memberships

Open year-round, the Glen Ellyn Platform Tennis Center features six courts and modern Paddle Hut. A membership is required to use the facility, but non-members are welcome to sign up for private lessons and classes (when available). Platform tennis is the only racquet sport that players can enjoy outdoors in any climate. You don't need to have prior knowledge of the game as it's easy to learn.

## **Member Benefits**

- No additional court fees to play year-round.
- Unlimited access to court time when not programmed with leagues, lessons or events.
- Access to the Paddle Hut between 7am and 11pm.
- Privilege of making court reservations 7 days in advance.
- Note: four courts are reserved for the Glen Ellyn Platform Travel Club on Tuesday, Wednesday, and Thursday evenings from October-March.
- Discount on lessons.

## 2023/24 Partial Year Membership Rates

#### Valid January 1 to August 31, 2024 | On Sale Now

Туре	Resident	Nonresident	Add'l Child
Adult (18 and up)	\$200	\$260	-
<u>Junior (6-17)</u>	\$50	\$75	-
<u>Family</u>	\$450	\$540	\$15/child

Family includes 2 adults (same household) or 2 adults and 2 children (age 17 and under) per household. Youth members must be accompanied by an adult and do not receive a key to the Paddle Hut.



### Platform Tennis Private Lessons

Our Platform Tennis Professional, Mark Cunnington, can tailor lessons to your specific needs. Mark comes to the Park District highly skilled in the sport of platform tennis as well as tennis. USPTA and PPTA certified, Mark has over 10 years' experience in coaching platform tennis. To get started, email <u>mcunnington@gepark.org</u>. Pricing below is listed per person; semi-private lessons are for two players.

Type and Duration	Member	Nonmember
Private 30-Minute	\$35	\$40
Private 60-Minute	\$70	\$80
Semi-Private 30-Minute	\$18	\$22
Semi-Private 60-Minute	\$35	\$40
3 & A Pro 30-Minute	\$15	\$20
3 & A Pro 60-Minute	\$25	\$30
5 Private 60-Minute	\$300	\$360

## **Quick Start Paddle**

#### Ages 21 and up

This is a fun and dynamic crash course covering all the basics of Platform Tennis, including court positioning, stroke technique, screen play, communication, scoring, and rules of the game. Best for beginners and advanced beginners. Location: Platform Tennis Center. Min/Max 4/12. (bt)

#/Link	Day	Date	Time	R/NR
Women				
<u>131476</u>	Μ	4/15-5/13	6-7pm	\$125/\$150
<u>131477</u>	Tu	4/16-5/14	9:30-10:30am	\$125/\$150
Men				
<u>131478</u>	Tu	4/16-5/14	6-7pm	\$125/\$150



## Monday Spring Co-Rec In-House League

Ages 21 and up

This popular league is open to Glen Ellyn Platform Tennis Center members only and is designed to help introduce new players to the game and enhance the experience for advanced beginners. Registration is on a first-come, first-served basis. Players will be ranked by the Platform Tennis Pro and placed on teams. All games are played on platform tennis courts at Maryknoll Park. Email mcunnington@gepark.org for more information. Location: Platform Tennis Center. Min/Max: 16/84. (bt)

#### Register by 4/8

5				
#/Link	Day	Date	Time	R/NR
<u>131479</u>	Μ	4/15-5/20	7-10pm	\$90/\$115

## Wednesday Spring In-House Women's League

#### Ages 21 and up

This league is specifically designed for female players. Members will be evaluated by our Platform Pro and assigned to teams. Teams will play a match every week on our courts with other Glen Ellyn Park District Paddle Members. To participate in this league, you must hold a Glen Ellyn Platform Tennis Membership. For more information, please contact Platform Tennis Pro Mark Cunnington at mcunnington@gepark.org. Location: Platform Tennis Center. Min/Max: 16/40. (bt)

#### Register by 4/8

#/Link	Day	Date	Time	R/NR
131480	W	4/17-5/22	5-6:30pm	\$90/\$115



# Pickleball

## Pickleball In-House League

#### Ages 18 and up

Interested in joining one of the fastest growing sports? Join this recreational league where participants will receive basic instruction during the first week of the session. Players will be divided up in teams by our staff with match schedules to be played for the remainder of the season. Players are required to provide their own paddle. Location: Village Green Park. Min/Max 8/32. (bt)

#/Link	Day	Date	Time	R/NR
Beginner				
<u>131501</u>	W	4/10-5/22	5-6:30pm	\$75/\$105
Advanced				
<u>131502</u>	W	4/10-5/22	6:30-8pm	\$75/\$105

## **Pickleball Start/Restart**

Ages 18 and up

Are you interested in joining one of the fastest-growing sports? Whether you're new to Pickleball or in need of a refresher, our Pickleball Start/Restart program is designed to teach you the fundamental skills, grips, and strategies of the game. Players are required to bring their own paddle. The Beginner class will focus on learning the game, including rules, scoring, and basic skills. The Intermediate class will focus on learning specific shot types, strategies, and coached match play. Match play will focus on instruction, game rules, scoring, and more. Location: Village Green Park. Min/Max 6/12. No class on 5/27. (bt)

#/Link	Day	Date	Time	R/NR
Beginner				
<u>131481</u>	Μ	4/15-5/6	10-11am	\$90/\$135
<u>131483</u>	Th	4/18-5/9	10-11am	\$90/\$135
<u>131485</u>	Μ	5/13-6/10	10-11am	\$90/\$135
<u>131487</u>	Th	5/16-6/13	10-11am	\$90/\$135
Intermediate	8			
<u>131482</u>	Μ	4/15-5/6	11am-12pm	\$90/\$135
<u>131484</u>	Th	4/18-5/9	11am-12pm	\$90/\$135
<u>131486</u>	Μ	5/13-6/10	11am-12pm	\$90/\$135
<u>131488</u>	Th	5/16-6/13	11am-12pm	\$90/\$135



# Tennis

## **Spring Youth Tennis Classes**

Looking to get a jump start on your tennis skills? This is the perfect activity to learn in five short weeks. Please bring a racquet to class or you can purchase one online for \$30 at gepark.org/register. All ability levels are welcome. Location: Sunset Park. Min/Max: 4/14. (bt)

#/Link	Day	Date	Time	R/NR		
Red Blast: A	ges 4-6					
<u>131511</u>	Μ	4/15-5/13	4-5pm	\$110/\$150		
<u>131512</u>	W	4/17-5/15	4-5pm	\$110/\$150		
Orange Blas	Orange Blast: Ages 7-8					
131509	M	4/15-5/13	5-6pm	\$110/\$150		
<u>131510</u>	W	4/17-5/15	5-6pm	\$110/\$150		
Green Blast:	Ages 9-10					
<u>131505</u>	Tu	4/16-5/14	4-5pm	\$110/\$150		
<u>131506</u>	Th	4/18-5/16	4-5pm	\$110/\$150		
Junior Competitive: Grades 6th-8th						
131507	Tu	4/16-5/14	5-6pm	\$110/\$150		
<u>131508</u>	Th	4/18-5/16	5-6pm	\$110/\$150		

## Saturday Adult/Child Tennis

Ages 5-10 with adult

Adult/child tennis classes are a great opportunity to learn tennis together in a fun environment. All ability levels are welcome. The class will focus on learning the game in a unique and friendly environment. Fee is per adult/child couple.Location: Glenbard West Tennis Courts. Min/Max: 4/36. (bt)

#/Link	Day	Date	Time	R/NR
<u>131513</u>	Sa	6/8-6/29	9-10am	\$120/\$160
<u>131514</u>	Sa	7/13-8/3	9-10am	\$120/\$160

## **Summer Youth Tennis Lessons**

Ages 4-10

Our outdoor group tennis lessons on the courts at Glenbard West focus on teaching ball skills, fundamentals, and making sure your child loves tennis. All ability levels are welcome. Most lessons are held Monday through Thursday with weather make-up days on Fridays. Register by the week or purchase a 10- or 20-lessons pack. Please bring a racquet to class or you can purchase one online for \$30 at <u>gepark.org/register</u>. Each participant in the summer program receives a t-shirt. Min/Max: 4/36. (bt)

#/Link	Day	Date	Time	R/NR
Red Blast:	Ages 4-6			
<u>131533</u>	M-Th	6/10-6/14	9-10am	\$90/\$130
<u>131534</u>	M-Th	6/17-6/21	9-10am	\$90/\$130
<u>131535</u>	M-Th	6/24-6/28	9-10am	\$90/\$130
<u>131536</u>	M-W	7/1-7/3	9-10am	\$65/\$95
<u>131537</u>	M-Th	7/8-7/12	9-10am	\$90/\$130
<u>131538</u>	M-Th	7/15-7/19	9-10am	\$90/\$130
<u>131539</u>	M-Th	7/22-7/26	9-10am	\$90/\$130
<u>131540</u>	M-Th	7/29-8/2	9-10am	\$90/\$130
Orange Blo	ast: Ages 7-8	8		
131525	M-Th	6/10-6/14	10-11am	\$90/\$130
<u>131526</u>	M-Th	6/17-6/21	10-11am	\$90/\$130
<u>131527</u>	M-Th	6/24-6/28	10-11am	\$90/\$130
<u>131528</u>	M-W	7/1-7/3	10-11am	\$65/\$95
<u>131529</u>	M-Th	7/8-7/12	10-11am	\$90/\$130
<u>131530</u>	M-Th	7/15-7/19	10-11am	\$90/\$130
<u>131531</u>	M-Th	7/22-7/26	10-11am	\$90/\$130
<u>131532</u>	M-Th	7/29-8/2	10-11am	\$90/\$130
Green Blas	t: Ages 9-10	)		
<u>131517</u>	M-Th	6/10-6/14	11am-12pm	\$90/\$130
<u>131518</u>	M-Th	6/17-6/21	11am-12pm	\$90/\$130
<u>131519</u>	M-Th	6/24-6/28	11am-12pm	\$90/\$130
<u>131520</u>	M-W	7/1-7/3	11am-12pm	\$65/\$95
<u>131521</u>	M-Th	7/8-7/12	11am-12pm	\$90/\$130
<u>131522</u>	M-Th	7/15-7/19	11am-12pm	\$90/\$130
<u>131523</u>	M-Th	7/22-7/26	11am-12pm	\$90/\$130
<u>131524</u>	M-Th	7/29-8/2	11am-12pm	\$90/\$130
Lesson Pac	ks			
<u>131515</u>	10-Class	\$240		
<u>131516</u>	20-Class	\$380		

## **Junior Competitive**

#### Grades 6th-12th

This program is offered for beginner through intermediate players who are looking for a summer-long experience at learning and improving their tennis skills. Players will achieve success as they progress through a series of gamebased drills. Players will be instructed in game strategy, while also focusing on improvement on form, footwork and sportsmanship. There will be opportunities to play other tennis clubs in the area on Fridays. Varsity session is for Varsity level players or top JV1. This session will be fast paced drills with matchplay. This program will be taught by Glen Ellyn Park District tennis professional, Mark Cunnington, and Glenbard West coaches, Kevin Graham and Tad Keely. Location: Glenbard West Tennis Courts. Min/ Max: 8/36. No class from 7/1-7/4. (bt)

#/Link	Day	Date	Time	R/NR
Grades 61	th-8th			
<u>131541</u>	M/W	6/3-7/24	12-1:30pm	\$215/\$240
<u>131542</u>	Tu/Th	6/4-7/25	12-1:30pm	\$215/\$240
<u>131544</u>	Summer P	ass (attend all N	1-Th classes)	\$350/\$400
<u>131543</u>	20-Class F	Pack (come to a	ny 16 classes)	\$285/\$310
Grades 91	th-12th (Beg	inner/JV2 Level)		
<u>131545</u>	M/W	6/3-7/24	1:30-3pm	\$215/\$240
<u>131549</u>	Summer P	\$350/\$400		
<u>131548</u>	20-Class Pack (come to any 160 classes)			\$285/\$310
Grades 91	th-12th (JV1)	(Varsity Level)		
<u>131546</u>	Tu/Th	6/4-7/25	1:30-3pm	\$215/\$240
<u>131549</u>	Summer P	\$350/\$400		
<u>131548</u>	20-Class Pack (come to any 16 classes)			\$285/\$310
Grades 91	th-12th (Varsity Level)			
<u>131547</u>	M/W	6/3-7/24	10-11:30am	\$215/\$240
<u>131549</u>	Summer P	\$350/\$400		
<u>131548</u>	20-Class F	Pack (come to a	ny 16 classes)	\$285/\$310

## **Adult Start/Restart**

#### Ages 18 and up

This class is designed for beginner through intermediate level tennis players. Focus is on developing consistency and control in your game while learning singles and doubles strategies. The class will include drills and point play in a relaxed and friendly environment. Location: Glenbard West Tennis Courts. Min/Max: 4/40. No class on 7/4. (bt)

#/Link	Day	Date	Time	R/NR
<u>131550</u>	Tu	6/4-7/23	6-7pm	\$155/\$185

# **Adult Practice/Play**

#### Ages 18 and up

This class is designed for the beginner through intermediate level tennis player. The program will focus on fast-paced drills, advanced technical instruction, strategy at the singles and doubles level and much more. This is a perfect environment to get in good playing time while improving your game. Location: Glenbard West Tennis Courts. Min/ Max: 4/40. No class on 7/1 and 7/2. (bt)

#/Link	Day	Date	Time	R/NR
<u>131551</u>	Μ	6/3-7/22	7-8am	\$155/\$185
<u>131552</u>	Μ	6/3-7/22	7-8pm	\$155/\$185
<u>131553</u>	Tu	6/4-7/23	10-11am	\$155/\$185
<u>131554</u>	Tu	6/4-7/23	7-8pm	\$155/\$185

## **Adult Cardio Tennis**

#### Ages 18 and Up

This class is designed for all levels of tennis and will focus on moving and hitting tennis balls at a fast-paced level with the pro. Sign up for this aerobic workout and improve your cardio fitness while enjoying the game of tennis. Location: Glenbard West Tennis Courts. Min/Max: 4/40. No class on 7/1 and 7/4. (bt)

#/Link	Day	Date	Time	R/NR
<u>131555</u>	Μ	6/3-7/22	6-7pm	\$155/\$185
<u>131556</u>	Tu	6/4-7/23	5-6pm	\$155/\$185
<u>131557</u>	W	6/5-7/24	6-7pm	\$155/\$185
<u>131558</u>	Th	6/6-7/25	7-8am	\$155/\$185



## Clay Tennis Court Season Passes

A season pass, valid April 1 to November 1, must be purchased annually to use the clay tennis courts at Lake Ellyn Park. Pass holders will receive a roster of other players and volunteer for minor court maintenance. The courts are open daily, dawn to dusk.

The season pass fee may be paid online or at Spring Avenue Recreation Center starting March 1; however, members must pick up their key in-person at Spring Avenue Recreation Center. (bt)

**R/NR:** \$55/\$80 #/Link: <u>131559</u>



# Outdoor Tennis Courts

Hard court tennis courts are free for public use when they are not scheduled for Park District programs or lessons. Nets are taken down each winter and replaced each spring in mid-March, weather permitting. Outdoor tennis court lights, where available, are on from mid-March through mid-November.

#### **George Ball Park**

800 Elm Street. Six tennis courts with timer-controlled lights. Close daily at 10pm.

#### Sunset Park

483 Fairview Avenue. Two tennis courts with timer-controlled lights. Close daily at 10pm.

#### **Newton Park**

707 Fairview Avenue. Two unlighted courts. Close daily at dusk.



## Outdoor Pickleball Courts

Outdoor pickleball courts are free for public use when they are not scheduled for Park District programs or lessons. Nets are taken down each winter and replaced each spring in mid-March, weather permitting. Courts are available on a first-come, first-served basis. Please limit play when courts are in demand as a courtesy to other players.

#### Village Green Park

130 S. Lambert Road. Six unlighted pickleball courts.

#### **Newton Park**

The unlighted tennis courts at Newton Park, 707 Fairview Avenue, are also lined for pickleball. Note, the nets cannot be lowered.

#### **George Ball Park**

The lighted courts at George Ball Park, 800 Elm Street, also have three courts lined for pickleball. Note, the nets cannot be lowered.

# ackermansec.com

# ackerman SFC facility hours

#### **Fitness Center/Walking Track**

Monday-Thursday	. 4:30am-10pm
Friday	. 4:30am-9pm
Saturday	. 6am-7pm
Sunday	.7am-7pm

#### **Front Desk**

Monday-Friday	5am-9pm
Saturday	6am-5pm
Sunday	7am-5pm

#### Holidays

March 31	7am-1pm
May 27	7am-1pm

# what's in the gym

- PRECOR Adaptive Motion Trainers
- PRECOR EFX Ellipticals with Crossramp
- Matrix and Life Fitness Treadmills
- NuStep Recumbent Steppers
- Matrix, Octane, & Life Fitness Ellipticals
- Matrix ARC Trainers
- Matrix Bikes (Recumbent/Upright/Hybrid)
- Matrix Single Station Strength Machines
- Gauntlet Stairmasters
- Scifit Pro2 Trainers
- Concept 2 Rowing Machines
- Xerball & Medicine Ball
- Free Weights & Core Conditioning
- Stretching & CrossFit Area w/TRX Straps
- Cable Cross Weight Machines

# amenities

7,000+ square foot fitness center, 3 court gymnasium, 45-yard by 60-yard indoor turf field, 2 lane indoor track (10.3 laps = 1 mile), group fitness studio, Ackerman Training Room with batting cages, locker rooms and shower facility, and free Wi-Fi.

#### Group Fitness Schedule »

Personal Training Packages »



# membership rates and benefits

#### **\$0 ENROLLMENT FEE**

- Fitness center and indoor track access
- Free weekly group fitness classes
- Open court/turf time
- Orientation with a personal trainer
- Bring a guest on the first Wednesday of the month
- Use of the Spring Avenue Fitness Center

We will automatically charge your membership fees to the credit/debit card you place on file each month.

Membership Type*	Resident	Nonresident
Teen (14-17)	\$21	\$23
Senior (60+)	\$21	\$23
Active Military	\$21	\$23
Individual (18-59)	\$30	\$35
Couple	\$50	\$55
Family	\$60	\$65

\*Residents are defined as those living within Glen Ellyn Park District boundaries. Must provide proof of age if requested. A teen is defined as a person age 14-17 (age 11-13, if certified). Waiver must be signed by a legal guardian. An individual is defined as a person age 18 and up. A senior is defined as a person age 60 and up. A family is defined as up to six immediate family members residing in the same household and children 26 years and younger living at home. Other relatives and individuals in the same household are not included in the family pass. Children 10 years and under have access to open court and turf. Children 8 to 13 can access the track with an adult. Fitness center is available for children 14 years and older (age 11-13 after orientation; see front desk to set up an appointment). A couple is defined as two people living at the same address.

# Student & Teacher Special Offers

# 90 Days for \$90

Stay committed to your workouts during summer break. Teachers and students (ages 14+) can sign up for an Ackerman SFC membership good for 90 days for only \$90 any time between May 1 to June 15, 2024.\* (br)

# \$15 Spring Break Passes

Don't go on break from your workout. Teachers and students (ages 14+) can purchase a 1-week membership for just \$15 at Ackerman SFC. Sign up for an Ackerman SFC membership good for 7 days for only \$15 any time between March 1 to April 20, 2024.\* (br)

\*A valid school ID or proof of employment is required at time of purchase. Must be 14 years of age or older. 30-day memberships do not renew automatically.

## work in glen ellyn?

Ackerman SFC offers special membership rates to Glen Ellyn employees and teachers with proof of employment. Call or visit the Ackerman SFC front desk for details.

# group fitness classes

Group fitness classes are included as part of the Ackerman SFC member fee. With more than 50 options to choose from each week, you're sure to find a class to fall in love with. Classes do not require registration, and may take place on the court, turf, or in the 2nd floor fitness studio.

Group Fitness Schedule »

# walking track

The track is free for Ackerman members. Ages 8-13 must be accompanied by a member age 18 years or older to use the walking track.

#### DAILY DROP-IN

Ackerman	SFC r	nember	·	•••••	Free
R/NR Daily	y Dro	p-in			\$5/\$7

#### **ANNUAL PASSES**

Resident (Ages 8-59)	\$35
Nonresident (Ages 8-59)	
Senior (Ages 60 & Up)	\$25

# open pickleball

Using a paddle, low net and a plastic ball with holes, this unique sport is enjoyed by people of all ages and athletic abilities thanks to its ease of play and straightforward rules.

#### SCHEDULE

To view the schedule, visit: ackermansfc.com/pickleball

#### FEES

Ackerman SFC member	Free
R/NR Daily Drop-in	\$5/\$7
R/NR 5-Visit Punch Card	\$20/\$30

# open court & turf

No reservations required. Please call the Ackerman SFC front desk for daily available open gym times. Open to both members and non-members.

#### DAILY DROP-IN FEES

Ackerman SFC member	Free
Youth R/NR Daily Drop-in	\$4/\$5
Adult R/NR Daily Drop-in	\$5/\$6

# personal training packages

Packages are for members only. Individual, 60-minute sessions are \$86 for non-members. Non-members may purchase individual sessions at the Ackerman SFC front desk (not available for purchase online). (br)

#### **PERSONAL TRAINER**

Program	Price Per Session	Total Package Price
1x60 mins private	\$50	\$50
6x60 mins private	\$47.50	\$285
12x60 mins private	\$45	\$540
1x30 mins private	\$32.50	\$32.50
6x30 mins private	\$30	\$180
12x30 mins private	\$27.50	\$330
1x60 mins partner	\$32.50	\$32.50
6x60 mins partner	\$30	\$180
12x60 mins partner	\$27.50	\$330

#### MASTER TRAINER

Program	Price Per Session	Total Package Price
1x60 mins private	\$65	\$65
6x60 mins private	\$62.50	\$375
12x60 mins private	\$60	\$720
1x30 mins private	\$37.50	\$37.50
6x30 mins private	\$35	\$210
12x30 mins private	\$32.50	\$390
1x60 mins partner	\$37.50	\$37.50
6x60 mins partner	\$35	\$210
12x60 mins partner	\$32.50	\$390

# sports training

Visit the Ackerman SFC front desk for more information or to schedule your sessions.

#### SPORTS PERFORMANCE TRAINING

Sports Performance Coach Krystina Sarff can help players in all sports programs increase their athleticism. Sessions focus on the three major goals of improving athletic performance, reducing athletic injuries, and teaching lifelong fitness and movement skills. You'll receive a customized workout plan to target different areas of the body and learn how to properly use workout equipment. Sessions start at \$29.

#### **VOLLEYBALL TRAINING**

All-State Coach Christine Giunta-Mayer offers private lessons for student athletes in 5th grade through college. Private lessons are perfect for players who want to focus on specifics of their game. Sessions start at \$70.

#### **BASKETBALL TRAINING**

Sign up for private lessons from Skill Development Coach Brett Love. Brett has high school and collegiate level playing experience with the credentials to train players to take their skills to the next level. Sessions start at \$45.

## MEMBERSHIP ADD-ON college of dupage lap swimming

Active Ackerman SFC fitness members (ages 16+) may purchase a lap swimming monthly membership to swim at College of DuPage's indoor pool for just \$20 per member per month. Members aged 16-17 must have an adult/ guardian sign the College's waiver of liability. Walking track only members are not eligible for this offer. To sign up, visit the College's Member Service Office where they will set up your membership. C.O.D. indoor pool hours are available at: gepark.org/cod



# rentals & parties

# facility rentals

#### **ACKERMAN SFC**

Three full-size basketball courts and an indoor artificial turf field are available to rent for practices, games, and more. The facility also features an outdoor volleyball court, training room, fitness/dance studio, and a party room. Call (630) 317-0134 or email <u>bthomas@gepark.org</u> for details.

#### **CIVIC CENTER WIEDNER AUDITORIUM**

From March 16 through August 31, 2023, you can rent the Civic Center gymnasium through the Park District. Call (630) 317-0134 or email <u>bthomas@gepark.org</u> for details.

# batting cage rentals

Four batting cage tunnels are available to rent at Ackerman SFC. Rental includes use of a batting cage tunnel and one L screen. This facility requires visitors to bring their own sport-specific ball. Guests of high school age and older may use the batting cages independently. Guests in 8th grade and below must be accompanied by an adult at all times. Please note, the use of batting cages is not included with memberships, punch cards, or daily drop ins. Batting cages can be reserved in advance by calling (630) 317-0134 or emailing <u>bthomas@gepark.org</u>.

# **birthday parties**

Our party packages are bursting with activities for kids in an environment that is fun, safe, and truly unique. Choose from a wide variety of age-appropriate themes for kids ages 3 and up. Explore our package options at <u>ackermansfc.com/</u> <u>birthday-parties</u>. For more information and to book your party, email <u>sgallagher@gepark.org</u>.

Ackerman SFC members use Spring Avenue Fitness Center for free as part of their membership!

# spring avenue, GLEN ELLYN • (630) 858-2462

# membership fees

Annual memberships are valid for one year from the date of purchase.

Ackerman SFC fitness members have full access to Spring Avenue Fitness Center and group fitness classes.

#### **INDIVIDUAL FEES (AGES 14-59)**

Annual Pass	.\$245R/\$365NR
3-Month Pass	.\$135R/\$195NR
1-Day Pass	.\$7R/\$8NR

#### SENIOR FEES (AGES 60 & UP)

Annual Pass	\$120R/\$180NR
1-Day Pass	\$4R/\$6NR

## center hours

Monday	8:30am-5pm
Tuesday	8:30am-5pm
Wednesday	8:30am-7pm
Thursday	8:30am-7pm
Friday	8:30am-5pm
Saturday	9am-12pm
Sunday	Closed

Visit our website to check for any special hours, holiday closures, or adjustments.

# what you'll find

- Treadmills, Ellipticals, Rowing Machine
- Recumbent Bikes
- Free Weights
- Dual-Station Strength Machines
- Lockers and Showers
- Equipment Orientation



## **SilverSneakers**

If your Medicare health plan, Medicare supplement carrier, or group retiree plan includes SilverSneakers as part of your benefit package, you can work out at no extra cost. Visit the Spring Avenue front desk to learn more.

# Glen Ellyn Park District ScholarShip PARKS & ACTIVITIES FOR EVERYONE

The scholarship program is available to all Glen Ellyn Park District residents that qualify. Scholarship funds can be used for non-contractual camps and classes, pool passes, trips, preschool, fitness, athletics, etc., where fees are required. Funds are not eligible for equipment purchases or rental fees. Residents who qualify are eligible to receive up to \$400 maximum per person per calendar year (January 1-December 31) based on need and availability of funds.

Applicants must be able to provide proof of residency and income as defined on the application. Copies of the application are available at <u>gepark.org/financial-aid</u> or by visiting the Spring Avenue (185 Spring Avenue) or Main Street (501 Hill Avenue) Recreation Centers.

A completed application form along with copies of supporting documents must be returned in person or mailed to: Scholarship Program, Glen Ellyn Park District, 185 Spring Avenue, Glen Ellyn, IL 60137. Please allow up to 3 weeks for the application process. Applicants will be notified by letter or phone of the decision made concerning the scholarship. If you have questions, email <u>scholarships@gepark.org</u>.

# **The Fun Starts Here**



Western DuPage Special Recreation Association **Community-Based Recreational Programs and** Inclusion Services For Park District Programs

# WDSRA RECREATIONAL & SOCIAL PROGRAMS: IN-PERSON & VIRTUAL

WDSRA provides fun, engaging recreational and social programs, trips, and special events for children, teens, and adults with special needs. Programs are structured to allow everyone to participate at their own ability level. Through WDSRA each individual has the opportunity to grow personally, connect with their community and discover their potential.

- Sports
- Special Olympics
- Music and Dance
- Art and Drama
- Bowling
- Social Clubs

- Special Events
- Adaptive Sports
- Overnight Outings
- Weeklong Trips
- And much more!

### **INCLUSION SERVICES**

Inclusion Services are designed to provide the least restrictive environment while providing the maximum opportunity to participate in regular park programs. There is no charge for WDSRA support. To register for services, simply indicate that special accommodations are needed on the park district registration form. Two-week advance notice is requested for inclusion support.



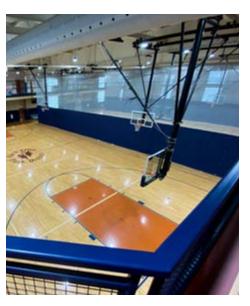
Western DuPage Special Recreation Association 630-681-0962 • www.wdsra.com

# rentals

Planning your next big event? We offer a wide variety of affordable indoor and outdoor venues. Deposits may be required for some rentals. Space is available on a first-come, first-served basis.







# **Ackerman SFC & Civic Center**

800 St. Charles Road, Glen Ellyn

Ackerman SFC has three full-size basketball courts, an indoor artificial turf field, and four batting cages available to rent for practices, games, parties and more. The facility also features an outdoor sand volleyball court and outdoor turf field. From March 16 through August 31, 2023, you can rent the Civic Center gymnasium through the Park District. **Contact:** Brad Thomas at (630) 317-0134



# Spring Avenue Recreation Center

185 Spring Avenue, Glen Ellyn Spring Avenue Recreation Center can accommodate a variety of events. A single classroom (up to 25 people) or the craft lab (up to 40 people) are available to rent. **Contact:** Katy Speck at (630) 942-7268



# Main Street Recreation Center

501 Hill Avenue, Glen Ellyn

Conveniently located near downtown Glen Ellyn, the Main Street Recreation Center offers rental options for various spaces, including single classrooms (up to 30 people), double classrooms (up to 50 people), and an elementary-sized gymnasium. **Contact:** David MacDonald at (630) 942-7266



# **Athletic Fields**

The Glen Ellyn Park District has fields available for soccer, baseball or softball: Ackerman Park, 800 St. Charles Road; Village Green, 130 S. Lambert Road; or Newton Park, 707 Fairview Avenue.

Village Green & Newton Parks: (630) 942-7290

#### Ackerman Park: Grass Fields: (630) 317-0134 Synthetic Turf Field: (630) 317-0134



# **Sunset Pool**

**483 Fairview Avenue, Glen Ellyn** Private pool rentals are perfect for picnics, neighborhood parties, birthdays, group outings, and more. The pool is available to rent on Friday and Saturday evenings from early June through late August. **Contact:** Lisa Semetko at (630) 942-7264





# Maryknoll Clubhouse Party Room

#### 845 Pershing Avenue, Glen Ellyn

Enjoy a gathering with friends, family, and co-workers. Room rental includes tables and chairs. Renter may bring in own food, and alcohol is permitted with a liability contract. Maximum number of guests is 50. Room size is 25' x 40'.

# Maryknoll Park Pavilion & Shelter

#### 845 Pershing Avenue, Glen Ellyn

Two covered outdoor venues are available to rent. Each can accommodate up to 50 guests. Renters receive special discounts on splash park entry and/or rounds of mini golf.

# Maryknoll Splash Park

#### 845 Pershing Avenue, Glen Ellyn

Rental includes private use of the splash park for groups of 50 or less outside of normal business hours. Available June through September (no rentals accepted for July 4).

**Contact:** Lisa Semetko at (630) 942-7264 for Maryknoll Park rentals.





# Boathouse 645 Lenox Road, Glen Ellyn

Located just 25 miles from downtown Chicago, this unique landmark house was built in 1937 as a community facility and was fully restored to its historic beauty in 2016. Beautifully placed along Lake Ellyn, the Boathouse has been home to numerous wedding ceremonies, receptions, anniversary parties, birthdays, and more.

# **NOW BOOKING**

Email <a href="mailto:leboathouse@gepark.org">leboathouse@gepark.org</a> for more details.

N

RT. 53

0

# explore your arks arks arks parks 1 Greenbriar Park

1

0

LINDEN

GENEVA

n

ANTHONY

- 2 Spalding Park
- 3 Churchill Park
- 4 Stacy Park
- 5 Ackerman Park
- 6 George Ball Park
- 7 Joseph Sam Perry Nature Preserve
- 8 Babcock Grove Park
- Benjamin Gault Bird Sanctuary 9
- 10 Lake Ellyn Park
- 11 Ellynwood Nature Preserve
- 12 Walnut Glen Park
- 13 Frank Johnson Center
- Danby Park 14
- 15 Prairie Path Park
- 16 Pfuetze Park
- Glen Oak Park 17
- 18 Marie Ulhorn/President's Park
- 19 Glen Ellyn Manor Park
- 20 Sunset Park
- Newton Park 21
- 22 Surrey Park
- Village Green Park 23
- 24 Co-Op Park
- Panfish Playground 25
- 26 Maryknoll Park
- Lake Foxcroft Park 27

# facilities

- Ackerman SFC Δ 800 St. Charles Road
- В Lake Ellyn Boathouse 645 Lenox Road
- C **Main Street Recreation Center** 501 Hill Avenue
  - D Sunset Pool 483 Fairview Avenue
- e E **Spring Avenue Recreation Center** 185 Spring Avenue
  - F Holes & Knolls, Maryknoll Splash Park, and Platform Tennis Center 845 Pershing Road

# schools

- G Ben Franklin School
- н Forest Glen School
- Т **Churchill School**
- Hadley Junior High J
- κ **Glenbard South**
- Glenbard West L
- Glen Crest Μ
- Ν Lincoln School
- Memorial Field 0 P





DND

151

Û

ELM C

CRESCENT BLVD.

		ths/Trail		Baseball/Softball Field	Court	Tennis Court (Hard Court)	Court	ennis	/ball Court	Synthetic Turf Athletic Field	Open Play Area/Grass Fields	Outdoor Fitness Equipment	ter	loc			ΚI	NFC	D R M		ON
park features	<ul> <li>Denotes also lined for Pickleball</li> </ul>	Walking Paths/Trail	Playground	Baseball/So	Basketball Court	Tennis Cou	Pickleball Court	Platform Tennis	Sand Volleyball Court	Synthetic T	Open Play /	Outdoor Fi	<b>Picnic Shelter</b>	Outdoor Pool	Fishing Pier	Splash Park	Mini Golf	Disc Golf	Skate Park	lce Skating	Sled Hill
Ackerman Park	800 St. Charles Rd.	•	•	•		-			•	•	•	•									
Babcock Grove Park	324 Linden St.		•								•										
Churchill Park	271 St. Charles Rd.	•											•								
Co-Op Park	515 Wilson Ave.		•								•										
Danby Park	280 Duane St.	•	•								•										
Ellynwood Preserve	801 Ellynwood Dr.																				
Benjamin Gault	625 N. Main St.	•																			
George Ball Park	801 Elm St.					•					•		•								
Glen Ellyn Manor Park	375 Illinois St.	•	•								•										
Glen Oak Park	350 Woodstock Ave.		•								•										
Greenbriar Park	430 Second Place Glendale Heights	•	•								•		•								
Frank Johnson Center	490 Kenilworth Ave.		•								•										
Lake Ellyn Park	645 Lenox Rd.	•	•								•				•					•	
Lake Foxcroft Park	2S540 Lambert Rd.	•	•								•		•		•					•	
Main Street Rec. Ctr.	501 Hill Ave.		•		•						•										
Maryknoll Park	845 Pershing Ave.	•	•					•			•		•			•	•	•			
Newton Park	707 Fairview Ave.		•	•	•	•				•	•		•						•	•	•
Panfish Playground	Maintained by GEPD		•								•										
Joseph Sam Perry Preserve	735 Grand Ave.																				
Pfuetze Park	400 N. Park Blvd.										•										
Prairie Path Park	565 Steward Ave.																				
President's Park	265 Cumnor		•								•										
Spalding Park	22W325 2nd St.		•								•		•								
Spring Avenue Rec. Ctr.	185 Spring Ave.										•										
Stacy Park	50 Geneva Rd.		•		•						•		•						•		
Sunset Park	483 Fairview Ave.		•			•					•			•							
Surrey Park	95 Surrey Dr.		•		•						•										
Village Green Park	130 S. Lambert Rd.		•	•	•	•	•				•		•			•					
Walnut Glen Park	860 Walnut St.		•																		

# district policies

#### **DEFINITION OF RESIDENCY**

Not all Glen Ellyn residents are in the Park District. Anyone living within the geographic boundaries of the Glen Ellyn Park District is considered a resident. Glen Ellyn Park District residents, via property taxes, make financial contributions to the operation of the park system. Non-residents are charged higher fees for programs than residents to compensate for property tax disparity.

Residents of Glen Ellyn who are not residents of the Glen Ellyn Park District or any other park district may receive all the privileges of belonging to the Glen Ellyn Park District by paying the equivalent of Park District taxes annually. This membership allows for priority registration, pool passes, and any other services provided to our residents at the resident rate.

#### WAIVERS OF LIABILITY

To participate in any Glen Ellyn Park District program, you must sign a waiver releasing the Park District of any liability.

#### **REFUNDS, CANCELLATIONS**

The Glen Ellyn Park District reserves the right to cancel, postpone or combine classes, or change instructors. If insufficient enrollment causes a class to be canceled, notification will be given 7 days in advance, and full tuition refunded. Withdrawals prior to the start of a class will be assessed at minimum a \$5.00 service charge. Refunds for moving, injury/illness, or schedule changes will be pro-rated according to the date the request for a refund is made.

#### **COMMITMENT TO QUALITY**

Io encourage first time participation as well as repeat participation, the Park District has a refund policy highlighted by a satisfaction guarantee. This special refund policy provides us with timely feedback about dissatisfaction regarding our services. We can then take prompt action to improve services. If you are not completely satisfied, tell us and we will either: invite you to repeat the class at no charge; allow you a credit that can be applied to another program; issue you a full refund.

Our guarantee is based on fulfilling our promise to deliver the published expectations describing the service you have used. A refund will be granted if you were dissatisfied with the experience due to circumstances under the Park District's control.

Requests for the above-mentioned options must be made before the midpoint of the program or within two weeks of a single meeting activity. All refund requests must be submitted in writing and returned to the Spring Avenue Recreation Center or the Main Street Recreation Center. Satisfaction Guarantee does not apply to trips, special events with prepaid admissions and tickets, and athletic programs where equipment has already been ordered.

#### **FINANCIAL ASSISTANCE**

The Glen Ellyn Park District recognizes there are community residents who may suffer economic setbacks that might preclude their participation in Glen Ellyn Park District programs. Financial assistance forms are available at the Spring Avenue and Main Street Recreation Center. All requests remain confidential. If you have questions, please call (630) 858-2462 or email <u>scholarships@gepark.org</u>.

A referral for additional scholarship assistance is also available to qualified resident children under the age of 18 through the Milton Township Youth Committee's Family Youth Scholarship Fund.

#### INSURANCE

The Glen Ellyn Park District does not provide medical insurance coverage for individuals who participate in our programs or use our facilities. To do so would make programs and user fees cost prohibitive.

#### AMERICANS WITH DISABILITIES ACT

The Americans with Disabilities Act (ADA) prohibits discrimination on the basis of a disability. The Glen Ellyn Park District will make reasonable accommodations in recreation programs to enable participation by an individual with a disability that meets essential eligibility requirements for that leisure program and facility.

If you have questions or believe you have been unfairly discriminated against by the Park District, please contact Nick Cinquegrani at (630) 942-7257. Those who use the Telecommunications Device for the deaf may reach the Park District by calling the Illinois Relay Line at (800) 526-0844.

#### NON-DISCRIMINATION STATEMENT

The Glen Ellyn Park District prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, marital or family status.

#### **BEHAVIOR POLICY**

Participants are always expected to exhibit appropriate behavior. The following guidelines have been developed to help make Park District programs safe and enjoyable for all participants. Additional rules may be developed for specific programs and athletic leagues as deemed necessary by staff. Participants shall:

1. Show respect to all participants and staff, take direction from staff.

- 2. Refrain from using abusive or foul language.
- 3. Refrain from causing bodily harm to self, other participants or staff.
- 4. Show respect for equipment, supplies and facilities.

A positive approach will be used regarding discipline. Staff will periodically review rules with participants during the program session. If inappropriate behavior occurs, prompt resolution will be sought specific to each individual situation. The Park District reserves the right to dismiss a participant whose behavior endangers the safety of themself or others.

#### **ADULT'S CODE OF ETHICS**

- I will encourage good sportsmanship by demonstrating positive support for players, coaches, and officials at every name and practice
- I will place the emotional and physical well-being of
- my child ahead of my personal desire to win. • I will insist that my child play in a safe and healthy environment.
- I will require that my child's coach be trained in the
- responsibilities of being a youth sports coach. • I will remember that the game is for youth – not
- adults. • I will do my very best to make youth sports fun for
  - ny child.
- I will ask my child to treat other players, coaches, and officials with respect regardless of race, gender, creed, or ability.
- I agree with these rules and understand that the Glen Ellyn Park District Associations have adopted a Zero-Tolerance Policy and that not abiding by these rules may restrict me from attending future games and practices.

#### **PETS AT EVENTS**

The Glen Ellyn Park District asks that everyone please exercise good judgment and leave pets at home when attending events that draw large crowds. Please show respect for other people, yourself and your pet by helping the Park District maintain a safe and healthy environment where all people have the opportunity to participate and enjoy themselves.

#### NOTICE OF POSSIBLE CHANGES IN PLAYBOOK LISTINGS

The policies, procedures, requirements, programs, fees and facility availability contained in this Playbook represent Park District program and policies at the time of publication. Sometimes changes in the programs (including fees, locations, times, etc.) and policies are necessary after Playbook publication but prior to program commencement or facility operation.

To provide the best services, programs and facilities to the public, the Park District reserves the right to add, to change, modify or delete any program or policies after they have been published. The Park District will attempt to make a reasonable effort to give prompt public notice of any material changes in the programs and policies, but notice cannot be assured. We apologize for any inconvenience this may cause and appreciate your understanding and cooperation.

#### **PHOTO/VIDEO POLICY**

The Glen Ellyn Park District uses pictures or videos of participants to publicize recreation opportunities in our social media, print, and online marketing. If you do not want a picture taken, please tell our photographer. If the picture has already been taken, please contact the Park District at (630) 942-7260.